

## First "mom" of DAD nominated

Story and photo by  
**Eric S. Bartelt**  
Sports Editor

Monday the Academic Board nominated Colonel Deborah McDonald to become the fifth Director of Admissions at the U.S. Military Academy, to replace retired Col. Mike Jones.

She is the first woman to be nominated as a major activity director here and to hold the DAD post.

While McDonald isn't the first woman at West Point to become a 'first' and attain a senior leadership role, that doesn't make the accomplishment any less special, as she was selected over almost a dozen highly qualified candidates.

"It was a lengthy process with the selection and it certainly wasn't a foregone conclusion that I was going to be selected and nominated," said McDonald, who has been acting DAD since Oct. "I've just been blessed and am thankful that I was selected and nominated for the position ... but I don't think it's quite sunk in yet."

The 1985 USMA graduate is thrilled the academy leadership has the confidence in her to do the job and carry out the future mission of admissions.

"It's my job to keep the functionality of the office headed into the future," McDonald explained.

"Where do we need to be 10, 15, 20 years from now? It's my vision



**Colonel Deborah McDonald**

and goal to take us forward and increase (West Point's) recruiting in the new information technology world.

"Today's kids are all on the computers -- MySpace, YouTube and all the Internet activities they are involved in. Our marketing has always been focused more in literature, magazines and static types of material," she added. "So I'm looking at a more three-dimensional marketing approach."

While the admissions' budget has been focused on media, movies and other similar tools within a marketing strategy that hasn't changed since the 1980s, McDonald believes that there's a great untapped marketing potential with the World Wide Web.

Having served at West Point for all but three years since 1995, McDonald first worked extensively with computer systems and data when she was the admissions information management officer from 1995 through 1998.

"It was during that time frame -- from 1995 to 1998 -- that the academy changed its information

architecture," McDonald stated. "We went from a hierarchical database to relational database. So if you really want to understand something, change it or try to change it."

"During the transformation process, I really learned the admissions process from the nuts and bolts of it and how it all interconnected," she added. "It allowed me to be successful when I came back as the associate director of support (from 2001 to 2004) and in understanding the bedrock foundations of what we do here ... it was a building block for me as I moved up along the rank structure at admissions."

Opportunities came her way as she was promoted and former DAD, Jones, was the most influential person in her career.

"I worked for him as a captain in the mid-'90s and he promoted me to the rank of major, lieutenant colonel and then colonel," McDonald said. "He really helped shape who I am and my vision for admissions. He's been an inspiring figure for me."

See DAD, page 3

## Jefferson Hall almost 90 percent done

Story and photo by  
**Eric S. Bartelt**  
Sports Editor

The Jefferson Hall landscape is nearing its end state as the project that began more than two years ago is looking more like the chiseled granite form in the original artist rendering.

Tabbed at \$59 million, the future state-of-the-art library and learning center -- that will be the center of cadet excellence -- is on budget and is nearly 90 percent complete, according to Butch Mulligan, J. Kokolakis Contracting Inc., superintendent of the project.

"We're working on doing the finishes, which is the painting, doors, hardware and getting prepared for the carpeting (on the inside of

the building)," Mulligan said. "Outside, we're dressing up and putting some of the finishing pieces to the windows, the curtain wall systems, which is the beauty cap, where we take off the temporary pieces and put on the finished mullions and verticals."

There's still work to be done on each level of the seven-floor library, six stories and a basement. The approximately 150,000 square foot building will also house the Center for Enhanced Performance and the Center for Teaching Excellence.

At this time, 95 percent of the roof is complete and, even with some weather complications during the past couple of months, the project has gone according to plan.

"It's gone relatively smooth,"



**Water main break**

Al Zytowski (left) and Randy McMurtrie, Directorate of Public Works project managers, check out the damage from a water main break on Cullum Road under the Mahan Tunnel Tues. The break, which occurred Mon., shutting off water to Mahan for much of the day, has been repaired, but additional work is needed to repair water damage to the road. Traffic should be normal according to Douglas Mann, DPW engineer technician for the Utilities and Facilities Department. Any road closures will be of short duration while moving equipment.

KATHY EASTWOOD/PV

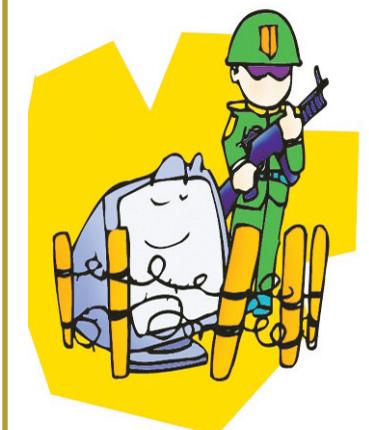
## INSIDE

Mulligan said. "It's a typical project of this size that always has its challenges and stuff, but we're doing the finishes and we're working our way to the completion (of the building)."

There are currently around 110 workers, made up of subcontractors, who work on the site. Mulligan, as the superintendent who is in charge of the field operations, has been pleased with the way everybody has been working hand-in-hand.

"We appreciate everything (the Army Corps of Engineers) has allowed us to do," Mulligan explained. "We work with the Corps of Engineers field personnel and they coordinate with the other groups."

Also, West Point's Directorate of  
See JEFFERSON, page 4



See COMPUTER SECURITY,  
page 3

# Your "Pointer" View

Which team -- the N.Y. Giants or the New England Patriots -- do you think will win Super Bowl XLII?



Cadet 1st Class  
Jade Brown  
Company H-3

*"I'll take the Patriots. They are undefeated and they are my family's team."*



Cadet 2nd Class  
Michael Simmons Jr.  
Company D-3

*"I don't have any real preference but I think the Giants will win because they are the underdogs."*



Spec. Adrian Gonzalez  
Human Resources Specialist  
DENTAC

*"I'm a little biased, but I want New England to win because I am actually a Cowboy fan and I don't like the fact that the Giants beat them."*



Jeanine Smith  
Grant Hall  
DCA

*"I want the Patriots to win because they have had such a perfect season so far. I want to see if they can keep it up."*



Maj. Brian Tierney  
Tactical Officer  
Company F-1

*"I want the Giants to win. I grew up in New York and it is 'New York Pride'. Everyone may love the Patriots, but I am not one of them."*

## SAPR-P

The members of the Sexual Assault Prevention and Response Program are Col. Jeanette McMahon, Shelley Ariosto (Garrison), Dan Toohey (Victim Advocate), Maj. Maria Burger (USCC), Maj. Kim Kawamoto (ODIA) and Lt. Col. Tasha Williams (Dean).

Community members can e-mail McMahon at [Jeanette.McMahon@usma.edu](mailto:Jeanette.McMahon@usma.edu) for advice or to offer any recommendations on the program here.

Cadets can also call the sexual assault support helpline at (845) 591-7215. West Point Soldiers and civilians needing assistance can call (845) 938-3369.

### Weekly Sudoku by Chris Okasaki, D/EECS

	1				5			
3		4						
2	6			1		9		
			5			2	1	8
	8	5				7	6	
4	2	6			8			
	7		2				8	3
					1			5
		1					4	

Rules: Fill in the empty cells with the digits 1-9 so that no

digit appears twice in the same row, column, or 3-by-3 box.

Difficulty: Easy

See Solution on Page 5

## POINTER VIEW®

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Buster Hagenbeck,  
Superintendent

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# Community Features and Photos

## TSP TICKER

## Computer security -- every user's responsibility

By Paul Scullion  
Director, Directorate of  
Information Management

Computer security is every user's responsibility. A weakness or vulnerability on one computer or an unsafe computing practice by one user can be exploited to gain access to other computers and information on our networks.

The ramifications of any breach can be significant, as West Point

experienced recently. When several computers on the installation were compromised by an unknown element outside the installation, Army computer security personnel deployed to West Point to assist.

The response team conducted collection and analysis of computer files to piece together information that could ultimately lead to the prosecution of the individuals responsible. The team's analysis is ongoing and is just part of the

total man-hours and financial resources expended in response to this event.

While the goal must always be to prevent these types of incidents, this recent event serves as a reminder for all users at West Point of the need to implement and enforce good computer security practices.

Here are some key ones for all users to follow:

- Use strong, complex

passwords. Use of names, dates and other dictionary words or word combinations are easier to crack than complex passwords. A complex password is a combination of 10 or more letters, numbers and special characters in a random arrangement (e.g. x\$TloTBn2!). Army policy mandates the use of complex passwords for those situations where the userid/password method is necessary

See **COMPUTER**, page 5

January changes [as of 1/31]

C FUND	- 7.55 percent
I FUND	- 9.33 percent
S FUND	- 8.14 percent

### Delivery problems?

FOR PV HOME DELIVERY PROBLEMS  
CONTACT VALERIE MULLANE AT THE  
POUGHKEEPSIE JOURNAL AT (845)  
437-4730 OR BY E-MAIL AT  
VMULLANE@POUGHKEE.GANNETT.COM.

## DAD cont. from page 1

As the Director of Admissions, McDonald believes her mission, with a consideration to the academy's cadet mission, is, "to educate, train and inspire the candidate population to apply to West Point, and select those who are not only inspired to apply, but are qualified with all the right attributes to complete their program of instruction and to become leaders of character."

McDonald is dug in deep and believes her role is critical in getting West Point's name out and inspire future cadets to consider West Point just like she was inspired while watching a television movie about women at West Point back in the 1970s.

The youngest of three daughters of a career Army officer, retired Col. Gilbert Green, she pursued something that he never thought would have happened.

"He didn't have any sons and I was the youngest of his three daughters. I don't think he ever expected any of his children to be in the military," McDonald said. "You never know the course or path that your life's going to take."

"I never in my wildest dreams thought I would make the Army a career," she added. "For me to be here still, 23 years later, and to achieve the same rank my father did and have him share his eagle wings and to pin them on me was phenomenal."

The transportation officer, who served as a company commander with a Fort Devens, Mass., unit during Desert Storm, almost didn't have that chance as she decided to resign from the academy before her junior year in 1982. Now, where West Point is in 'her soul,' then she wasn't too sure about an Army career.

"I realized within a week or two (after her resignation) that I made the worst mistake in my life, because there's something about West Point ... once you become a part of it, it becomes a part of you and you're forever connected," McDonald said.

"I re-applied and was able to get back in. I consider that fate, because I eventually met my husband, Lt. Col. Ken McDonald, and graduated the same year with him and we've had multiple assignments back here since ... I didn't realize it at the time, but West Point has made a dynamic change in my life."

McDonald uses her experiences to help guide cadets who are 'lost' themselves at this point in their lives and are seeking to leave the academy for one reason or another.

"It's a difficult time for them -- ages 17-to-22 -- there're a lot of changes going on and everything is new to them right now," she said. "When I made my choice to leave, I didn't really have a plan and I was fortunate enough that I was able to get accepted again."

"Cadets sometimes don't realize how difficult it was for them to get into the academy in the first place and don't appreciate the uniqueness and special nature of West Point until they are on the outside," she added.

"Whatever it was they were trying to leave here for is a momentary problem and not the right reason to leave. This place is so special and so unique that they'll never find that anywhere else."

Just like her love for West Point, family is very important to McDonald. Her husband is currently in Basrah, Iraq, working as the Deputy District Engineer commander of the Gulf Region

South and returns in June after a two-year assignment overseeing there.

Son Joshua is in JROTC at James I. O'Neill High School and is 'keeping his options open' about becoming a cadet, while daughter Anna is a sophomore at Seton Hall and part of the ROTC program there.

With her family's support she has taken on many challenges at the academy, but she doesn't tout being a woman as the be all and end all of the status she now holds.

"I think it's special just being in this position, regardless of gender," McDonald explained.

"But, I always go back to when I was a cadet when people would

ask me, 'Is it hard being a woman at West Point?' and I would say, 'You know, I've never been a man at West Point, so I'm not really sure what the difference is.'

"So I've gone through my Army career as an officer with the fact that I'm a woman just like I have blue eyes and brown hair -- it's another attribute," McDonald concluded.

# The whys and wherefores of the cow loan program

Story and photo by  
Kathy Eastwood  
Staff Writer

Members of the Class of 2009, or cows, usually apply for 'cow loans' during the month of January. The cow loan program was set up to allow the class, as a private organization, to accept bids and select a financial institution for career starter loans.

"The cow loan program is administered by the Commandant and is a private relationship between the banks and the cadets who will be graduating," said Col. Michael Meese, Department head of the Department of Social Sciences. "It is normally run by the class treasurer for the class and has taken place for a long time. I received a loan, which I used for my car when I graduated... in 1981."

Early in their junior year, the class treasurer gets a loan ceiling

approved by the Commandant for the maximum loan amount that cadets can accept from a bank as part of this program, according to junior class treasurer Cadet 2nd Class Gary Bowman.

"This year, the ceiling is at \$35,000," Bowman said. "As class treasurer, I developed a bid request letter and got it legally reviewed. Then I sent the letter to prospective banks, negotiated with the banks' points of contact and then collected the final bids. The bank that presents the best bid is selected to provide the cow loan."

Cadet 1st Class David Marold, president of the cadet Investment Club, advises cadets that the first thing they need to do is assess their financial goals and make a plan for how they would like to use the money and to consider paying off some debts.

"The next thing we advise is to contribute the maximum

amounts to a Roth IRA account for both tax years 2007 and 2008," Marold said. "While it would be great for a cadet to be able to invest all of the money, we understand that this is not necessarily realistic and that everyone has different needs and wants. It is a good idea, however, to pay off all credit card debt before doing anything, because of the high interest charges."

This year the cadets signed their notes Tues. and Wed., as most of them had already applied for the loans, according to Dean Dudley, Ph.D., Acting Director of Economics in the SOSH Dept. and instructor for the cadet financial briefings.

"The cow loan is to help cadets meet the financial obligations



associated with their transition from West Point to the Army," Dudley said. "An officer will need reliable transportation, Army uniforms and initial household or apartment set-up."

Before the cadets apply for their loans, the economics faculty, sponsors briefings for them about the responsible use of the loan. The first of these briefings took place Jan. 21. The financial briefings program was developed by the economics faculty in conjunction with the Commandant and the U.S. Corp of Cadets.

"There is no class, per se, for the cow loans," Dudley said. "We have a set of briefings that we present to the cadets before they receive this loan to help them understand the seriousness of the responsibility they accept when they choose to accept the loan contract."

Dudley said the structure of the loan agreements are presented in these briefings as well as advise on having a well thought out plan for the money before accepting the loan.

"We then break out into company briefings, (one-third were at the Jan. 21 briefing) and one-third was Jan. 25 and the last third was Tuesday," Dudley said. "Those briefings provided fundamental financial education, including how to set up a personal budget, fundamentals in the purchase of depreciating durable goods such as a car (and) the different savings options such as savings accounts, equity funds, bond funds and IRA's. We advise cadets to only sign a financial contract if they truly understand the costs and benefits. The last two briefings are mandatory."

The cadets are given sound advice about how to use their loans wisely, to develop a financial plan for the future and to create a budget that covers known short-term expenses and some long-term expenses like class rings, car insurance and creating an emergency fund. Cadets are also warned about not investing in something they won't need, such

See COW LOAN, page 5

## JEFFERSON, cont. from page 1

Public Works has been overlooking the project and their office has been impressed with the way the project has gone.

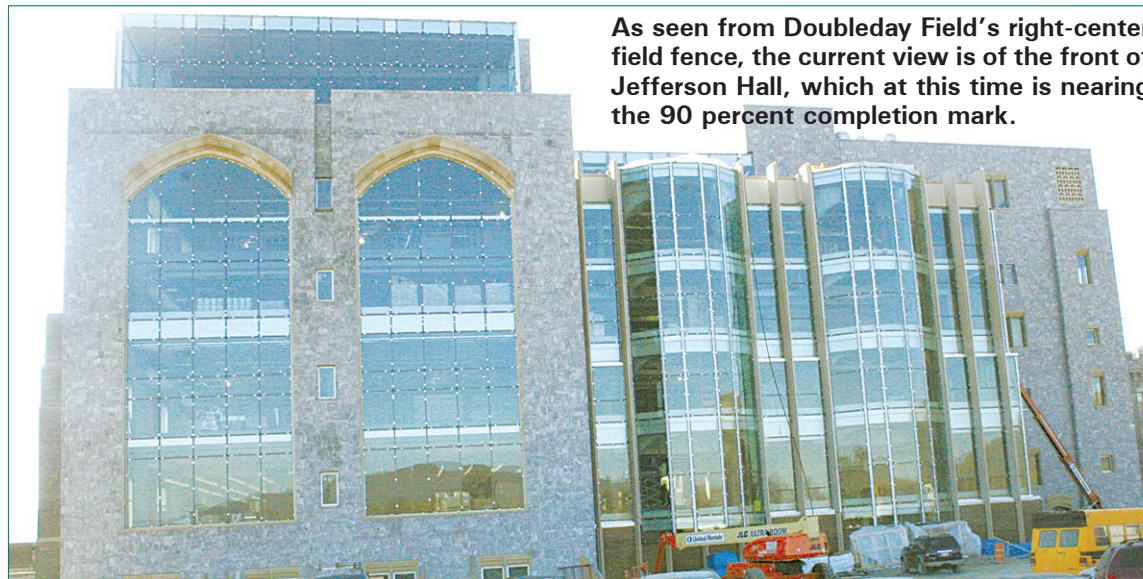
"The project has gone very well with the Corps of Engineers (leading the way)," said Bob Haimelin, DPW engineering branch chief. "We have a great team with the Dean's folks, DPW folks, contractors and the COE, which has made it a great success story ... it's a feather in the cap of West Point history."

One of the great successes of the project were the terrazzo crests, which are detailed crests that will occupy the floor of the entranceway of Jefferson Hall.

"It's a gorgeous building with a beautiful setting -- it's something to be proud of," Mulligan stated. "There are components inside the building such as the terrazzo crests that I'm sure will be up for some (construction/architecture) awards."

Mulligan would not commit to a March completion date when library equipment was projected to start flowing into Jefferson Hall. However, he did say that when it is complete, it will be something the cadets, staff and faculty and the library workers will be proud to call their own and he's thrilled to be a part of it.

"This is a very prominent project," he said. "It fits into the footprint of the area with the granite,



As seen from Doubleday Field's right-center field fence, the current view is of the front of Jefferson Hall, which at this time is nearing the 90 percent completion mark.

the windows, the curtain wall, and (for J. Kokolakis Contracting, Inc.) this is by far one of our most (distinguished construction operations)."

### Voting Assistance

Contact the West Point  
Voting Assistance NCOIC,  
Sgt. 1st Class John  
Castillo at 938-8450.

# Law enforcement tactics club trains with DEA and FBI

Story and photo by  
Maj. Steve Caruso  
LETC Officer-in-charge

Thirty-three members of the Law Enforcement Tactics Club traveled to Quantico, Va., where both the Drug Enforcement Administration Training Academy and the Federal Bureau of Investigation Training Academy are located, Jan. 17-18.

While there, each cadet experienced and participated in training from both DEA and FBI Special Agents and senior instructors.

The group's two-day trip included a tour of the Academy grounds and the DEA's training facilities, a tour of the Emergency Vehicle Operator's Course and a briefing from both a senior instructor and DEA Special Agent about the education and training that



**LETC cadets practice building entry and room clearing at the DEA Academy shoot house in groups -- four clearing and four acting as the "bad guys" under the direction of an instructor.**

each basic DEA agent experiences during the 19 weeks they are at the Academy.

On day two the cadets focused on tactical and firearms training, learning how the DEA conducts

room clearing and searches. This training was another great opportunity for the club members to use simulation paint rounds, which enhances the realism of the training.

After the tactical instruction, the cadets went to a firing range overseen by seven of the senior firearms instructors at the DEA Academy.

Each cadet had the chance to fire any of the three different weapons available -- the 12-gauge shotgun, the Glock 40 caliber pistol and the 9mm sub-machine gun. The firearms instructors provided their expert guidance on how to improve one's accuracy and speed.

The last event of the second day was a presentation by one of DEA's Foreign-Deployed Advisory Support Team, or FAST.

These teams are deployed all around the world to places like

Afghanistan, Colombia and Iraq. In the briefing, the team members focused primarily on the operations that were ongoing in Afghanistan.

Overall, the visit to Quantico was a success and every cadet left with a better understanding of the roles, training and tactics of the DEA. The club members had a great time and are already looking forward to their visit next year.

**Solution to Weekly Sudoku**

9	1	7	4	8	2	5	3	6
3	5	4	6	9	7	8	2	1
2	6	8	3	5	1	4	9	7
7	9	3	5	4	6	2	1	8
1	8	5	9	2	3	7	6	4
4	2	6	1	7	8	3	5	9
5	7	9	2	1	4	6	8	3
6	4	2	8	3	9	1	7	5
8	3	1	7	6	5	9	4	2

## COMPUTER, cont. from page 3

for authentication. Additionally, passwords must be changed every 90 days at a minimum.

■ Use Common Access Cards and Personal Identification Numbers. The implementation of CAC logon offers better protection from unauthorized computer access. This method of two factor authentication -- something you have (CAC) and something you know (PIN) -- significantly improves the security of our information technology systems. The Army continues to expand the use of CAC logon and all users will ultimately use CAC logon as the only method available for access to DOD systems.

■ Keep your computer patches up to date. Manufacturers issue patches on a regular basis to address security weaknesses in their software. The best way to ensure computers are patched is to log off but leave the computer power up each night. Automated systems will install patches to your computer. Also ensure that you reboot your computer at least once a week. Some patches do not take effect until the computer is restarted. Computer scans run by information assurance personnel at West Point will identify those computers that are not patched, so steps can be taken to correct the vulnerability.

■ Check e-mails and attachments before opening. Use extreme caution when opening e-mails and attachments from unknown senders. The simple act

of opening the e-mail can enable a malicious element to install software on a user's computer. The malicious software then performs the function the hacker designed it to do. Users must carefully scan and screen e-mails and attachments, opening only those from known senders. Digital signatures on e-mail also offer some protection as they positively identify the sender of the email.

■ Protect personally identifiable information. This is not limited to just computers. E-mail and file sharing make the dissemination of

PII very easy. Everyone must take the extra precaution necessary to protect your own PII.

Computer security is a team effort. Everyone must follow the proper procedures as part of the in-depth defense concepts used for information system security. The information on our networks is valuable to us, which makes it enticing for others to steal. Working together, we can keep our perimeter secure and protect our information resources. If you have questions contact the information assurance professional in your activity.

## COW LOAN, cont. from page 4

as additional life insurance.

Dudley said in addition to the formal loan briefings, the cadets do a personal finance lab during their yearling year that includes discussion of the cow loan repayment as part of the case study.

The Investment Club also hosts an information session open to the entire Corps.

The cow loan is not mandatory according to Bowman -- cows do not have to take advantage of the

loan offering. "It has become a trend for each class treasurer to try to negotiate a low interest loan for their class," he said.

"The class treasurer is also responsible for the planning of major class events such as military balls like 500th Night.

During cow year, if it is decided to try to get a loan for his or her class, that year ends up being the busiest, hardest-working period for the class treasurer," Bowman added.

## What's Happening

### Protestant Sunday School

The West Point Protestant Sunday School program is a community-wide chapel program led by cadets.

Classes range from Pre-K to senior high.

Three adult/cadet classes are also offered and take place on the third floor of Thayer Hall (Hudson River side) from 9 to 10 a.m. beginning Sunday.

For more info., contact Chaplain Paige K. Heard, 938-3412, [paige.heard@usma.edu](mailto:paige.heard@usma.edu).

### Mandatory civilian training

Monday -- Alcohol and Drug Abuse Prevention Training, 10 to 11:30 a.m., Eisenhower Hall.

### FAST classes in Feb.

The Army Education Center is offering Functional Academic Skills Training (FAST) from Mon. through Feb. 25 from 12:30 to 4:30 p.m., at the Education Center.

The course is designed to help Soldiers raise their General Technical score on the Armed Forces Classification Test (AFCT).

The class needs a minimum enrollment of eight Soldiers.

### Prayer Breakfast

A National Prayer Breakfast will be held Wednesday from 6 to 7:20 a.m. at the West Point Club.

The guest speaker will be Chief of Chaplains Maj. Gen. Doug Carver.

For more info., call 938-3412/2003/3316.

### Book signing

Authors Gabriel Costa and John T. Saccoman will be available to sign their book "Understanding Sabermetrics," Thursday from 10:15 a.m. until 12:15 p.m., at the USMA Bookstore, located on Thayer Hall's fourth floor.

### DUSA grant applications

The 2008 Community Welfare Grant Season of the West Point Chapter of the Daughters of the United States Army runs until Feb. 15.

Any organization wishing to apply for a grant must complete a 2008 Community Grant Application and return it postmarked by Feb. 15, 2008.

Applications are available at the DUSA Gift shop located in the West Point Museum.

### DUSA Gift Shop sale

The DUSA Gift Shop at the West Point Museum is having a Customer Appreciation Sale open to all visitors from Mon. to Wed. This is a nice opportunity to get those items you've been eyeing at 30 percent off.

### Garrison Awards ceremony

Everyone is cordially invited to attend the Garrison Awards Ceremony Feb. 13 at 2 p.m., at Eisenhower Hall's Crest Hall.

### WPWC

Applications are now available for scholarships and community grants offered by the West Point Women's Club.

Pick up copies at the WPWC shop, ACS, or visit the Web site: [www.shopthepoint.com](http://www.shopthepoint.com). Applications are due Feb. 29, 2008.

### Viva! Las Vegas Night

The West Point Women's Club will host their annual fund raiser, Viva! Las Vegas Night, Feb. 22 from 7 p.m. until midnight at the Thayer Hotel.

### Military Council of Catholic Women

Nationally renowned speaker Christopher West is coming to West Point Feb. 26 to discuss "Theology of the Body."

Adults, teens and cadets are invited. Join us at 7 p.m., in Robinson Auditorium.



### Royal Military College Weekend

This official exchange weekend is Thursday through Feb. 10. Although RMC is sending cadets here, the primary events will take place in Canada this year. Visitors to West Point will follow the schedules of their host cadets.

## Command Channel 8/23

Feb. 1 - 8

FRIDAY	
8:30 A.M.	ARMY NEWSWATCH
NOON	RCI TOWN HALL MTG
1 P.M.	ARMY NEWSWATCH
7 P.M.	RCI TOWN HALL MTG
MONDAY	
8:30 A.M.	ARMY NEWSWATCH
1 P.M.	ARMY NEWSWATCH
6 P.M.	ARMY NEWSWATCH
TUESDAY	
8:30 A.M.	ARMY NEWSWATCH
1 P.M.	ARMY NEWSWATCH
6 P.M.	ARMY NEWSWATCH
7 P.M.	RCI TOWN HALL MTG
WEDNESDAY	
8:30 A.M.	ARMY NEWSWATCH
NOON	RCI TOWN HALL MTG
1 P.M.	ARMY NEWSWATCH
6 P.M.	ARMY NEWSWATCH
THURSDAY	
8:30 A.M.	ARMY NEWSWATCH
9 A.M.	RCI TOWN HALL MTG
1 P.M.	ARMY NEWSWATCH
6 P.M.	ARMY NEWSWATCH
FEB. 8	
8:30 A.M.	ARMY NEWSWATCH
1 P.M.	ARMY NEWSWATCH
6 P.M.	ARMY NEWSWATCH
7 P.M.	RCI TOWN HALL MTG

## Keller Corner

### KACH closure

All outpatient clinics, laboratory, pharmacy and radiology will be closed Feb. 18. The emergency room will remain open.

### Free Developmental/Hearing Screenings

Not all children develop the same way. Some need extra help. If you have concerns with your child's communication skills, motor skills, self-help skills, learning, behavior, and/or social interactions please join us at our Free Developmental/Hearing Screenings.

The screenings will be conducted at the Child Development Center in conjunction with Audiology, EDIS, and West Point School for ages birth to 5 years old March 4, from 8:45 a.m. until 1:45 p.m.

By appointment only -- call to schedule at 938-6868/2698.

### Childbirth Preparation Classes

Four-class series -- March 5, 12, 19 and 26 or May 7, 14, 21 and 28 from 6:30 to 8:30 p.m., in the 2nd Floor Classroom at Keller Army Community Hospital.

Call OBU at 938-3210 to register.

Start classes by your 32nd week of pregnancy.

### Pneumonia Vaccine

Attention patients, the Allergy/Immunization Clinic reminds you to protect yourself from pneumonia.

If you are 65 or older and have not received the pneumococcal vaccine, please stop by the KACH Immunization Clinic to receive your vaccine.

For more info., call the clinic at 938-8476.

# MWR Blurbs

## Polar Fest

The 2008 Polar Fest returns to the West Point Ski Area Feb. 23 from Noon until 9 p.m.

Bring the whole family for a day of downhill races, kids' crafts, a pig roast, a live band and more.

Tickets go on sale today at the Ski Sales Office. Admission is free for Families of deployed Soldiers.

For more info, go to [westpointmwr.com](http://westpointmwr.com).

## Right Arm Night

Bring your "right arms" to Right Arm Night -- every last Thursday of the month at 4:30 p.m., at the West Point Club's Benny Haven's Lounge.

The event is open to all departments and directorates.

## Defensive Driving class

The next Defensive Driving Class will be held Sat., from 8 a.m. to 3 p.m., in Building 622 (ACS). Register at ITR by calling 938-2401/3601.

## Ballroom Dancing Classes

Don't miss your chance to take on-post ballroom dancing lessons!!

Class registration has been extended, but hurry -- registration will close once classes are filled.

Beginners start Feb. 11, advanced starts Feb. 12. All classes are held in Cullum Hall, one class/week for six weeks.

To register, call 938-6127.

## Sam Adams Night

Samuel Adams Beer Dinner & Dancing will be held Feb. 8 at the West Point Club from 6 to 10 p.m.

Each course will be paired with a different hand-crafted Samuel Adams beer selection.

Reservations required. For more info., call 938-5120.

## NYC food tour

Join ITR Sat. for an International Food Tour of four of the different boroughs of New York City.

The tour leaves West Point at 10 a.m., and returns at 5 p.m. For more info., call 938-3601.

## AFAP Commander's Steering Committee meeting

The Army Family Action Plan Commander's Steering Committee meeting is Tuesday from 12:30 to 4:30 p.m., at the Jewish Chapel and is open to all members of the West Point Community.

The AFAP Committee will review new AFAP issues derived from the 2007 West Point AFAP Conference and will also receive updates on outstanding local AFAP issues.

For information on AFAP, please contact Jennifer Pagio at 938-3655.

## Get Ready to Run!

MWR Fitness announces two new running groups starting in March.

Beginners will work up to 2 miles and Advanced runners will train for the New Jersey Half Marathon.

The training will be led by Certified Personal Trainer, Andrea Ingram.

Contact 446-5878 or MWR Fitness at 938-6490 to sign-up or for more information

## Tax help

Military OneSource ([www.militaryonesource.com](http://www.militaryonesource.com)) will provide free tax preparation services to servicemembers and their Families for the 2007 tax season.

## Belly dancing classes

Belly dancing classes start Thursdays in Feb. at the MWR Fitness Center from 6:15 to 7:15 p.m.

Call 938-6490 for more information.

## Upcoming ACS classes

The ACS Employment Readiness Program has two classes coming in Feb. "How to put together a Federal Resume," Wed. from 2 to 3 p.m., and "Interviewing Tips & Dress for Success," Thursday from 2 to 3 p.m., in the ACS Training Room. Registration is required by today, by calling (845) 248-4719.

## BOSS Super Bowl party

BOSS (Better Opportunities for Single Soldiers) is hosting a Super Bowl Party at the newly renovated Buffalo Soldier Pavilion Sun. Watch the big game on two 62" TVs. The party will begin at 4 p.m. until late. For info., call 938-2445.

## FCC needs child-care providers

Family Child Care is looking for high quality child-care providers to provide child care in their government quarters for authorized family members of children from four weeks to 12 years of age.

Call 938-3921 for more information and to begin training

## Spring Story Hour

The West Point Post Library's Spring Story Hour will be held Tuesdays at 10 a.m. and 1:30 p.m. from Feb. 12 through April 29 Story Hour is open to all WP community children ages 3-5.

Registration will be required on a weekly basis. For info, stop by the Library or call 938-2974.

## Crandall Pool

Due to Cadet programs, Crandall Pool will be closed for community swim on Feb. 11, 13, 20, 25 and 27.

**West Point Gospel Choir and the USCC EO Office  
Presents:**

**Shout!**

*Expressing Black History and Culture through Art*

**FREE**

Come join us in our Celebration!

Who: West Point and Surrounding Communities

What: African American/Black History Observance

When: February 8, 2008 at 1900 (7PM)

Where: Robinson Auditorium, Thayer Hall

Why: To educate the community on the relationship between Art and Black History

Refreshments will be served at 1800 (6PM)

**FREE**

**FREE**

**\*\*\*Cadets who attend will be exempt from mandatory ESP\*\*\***

Guest Performances by:



Ms. Jeannine Davis



The ARC Gospel Choir



Harambee Dance Company



BLACK  
POETS

*Community Mayors needed*

Community Mayors are needed for Old English (N & S), Lee Area, Old Brick and Stony II (Enlisted). Call 938-7731.

*At Your Leisure*

**NOW SHOWING**

in the movie theater  
at Mahan Hall,  
Bldg. 752

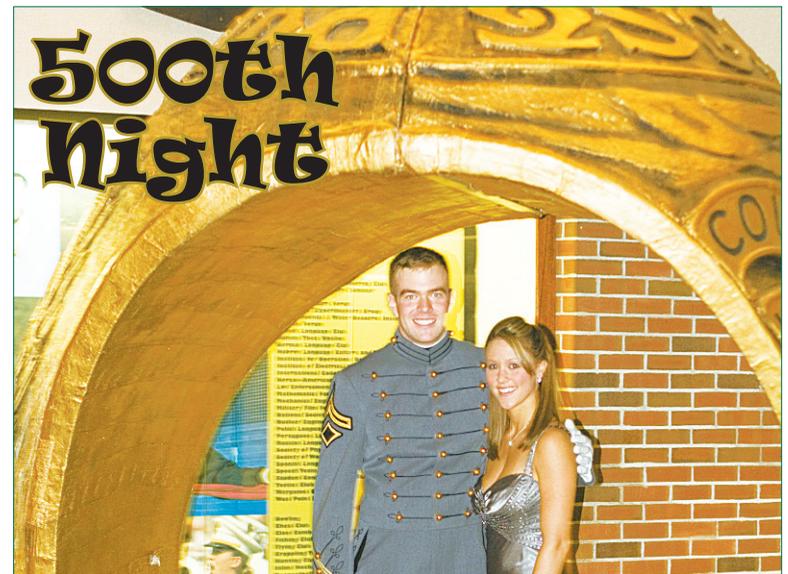
**Fri. -- National Treasure:  
Book of Secrets,  
PG-13, 7:30 p.m.**

**Sat. -- Enchanted, PG,  
7:30 p.m.**

**Sat. -- I am Legend,  
PG-13, 9:30 p.m.**

THE THEATER  
SCHEDULE CAN ALSO  
BE FOUND AT

[WWW.AAFES.COM](http://WWW.AAFES.COM)



Cadet 2nd Class Walton Gouldin and Brittany Burns posed for a photo in the big ring in Crest Hall during the dance portion of the 500th Night festivities, which also included a banquet with guest speaker and commemorates 500 nights until graduation day for the Class of 2009.

PHOTO BY CADET 3RD CLASS Yo LI/HOWITZER

# Army and Community Sports

## Army diver McLain returns from broken neck

By Eric S. Bartelt  
Sports Editor

Crandall Pool was the venue of a Patriot League swimming and diving match up between rivals Bucknell and Army Jan. 19. The Bison downed Army 155-145 that day. However, making waves at the event was junior Zach McLain who made his first appearance of the season.

His third place finish in the one-meter dive and fourth place finish in the three-meter dive were more remarkable than the placements showed. Flashback to July, a short six-plus months ago, at McLain's

grandparents' mountain cabin in Pennsylvania -- where his family vacations during the summer. It was where Zach's life could have ended or been permanently changed forever when he and his brothers were diving into the swimming hole near the cabin.

"We were just goofing around being kids jumping off a cliff," said McLain of his dives off the three-meter cliff. "I took a head first dive and after that I don't remember anything."

McLain remembers that before the dive off the cliff -- a cliff they regularly jumped off every summer -- that he and his one brother were

goading each other to do crazy dives and after his plunge he returned to the surface doing what resembled a 'dead man's float.'

"My brothers thought I was only playing possum when they saw me float to the top, but I was bleeding," McLain said. "When I hit the bottom I knocked myself out and my brothers thought I was joking until they saw the blood. My brother Nick pulled me out of the water."

Although he has no recollection of doing it, Zach walked to the car under his own power and slightly remembers being asked the, 'what is your name, where are you from,' questions. At the hospital, he learned his injury was a bit more serious when he had x-rays done, which showed he had broken four vertebrae in his neck. He spent the next eight weeks in a neck brace.

"The doctor who looked at my X-rays said he never seen this type of injury from diving that hasn't resulted in paralysis or being quadriplegic," McLain explained.

The road to recovery was rough at first, but his parents and his high school diving coach, Allison Turnbull, were very supportive in his recovery.

"I put diving on the back burner, but I talked to them and they wanted me to continue diving as soon as possible," he said. "The doctors thought I would make a 100 percent recovery, so they were pretty optimistic."

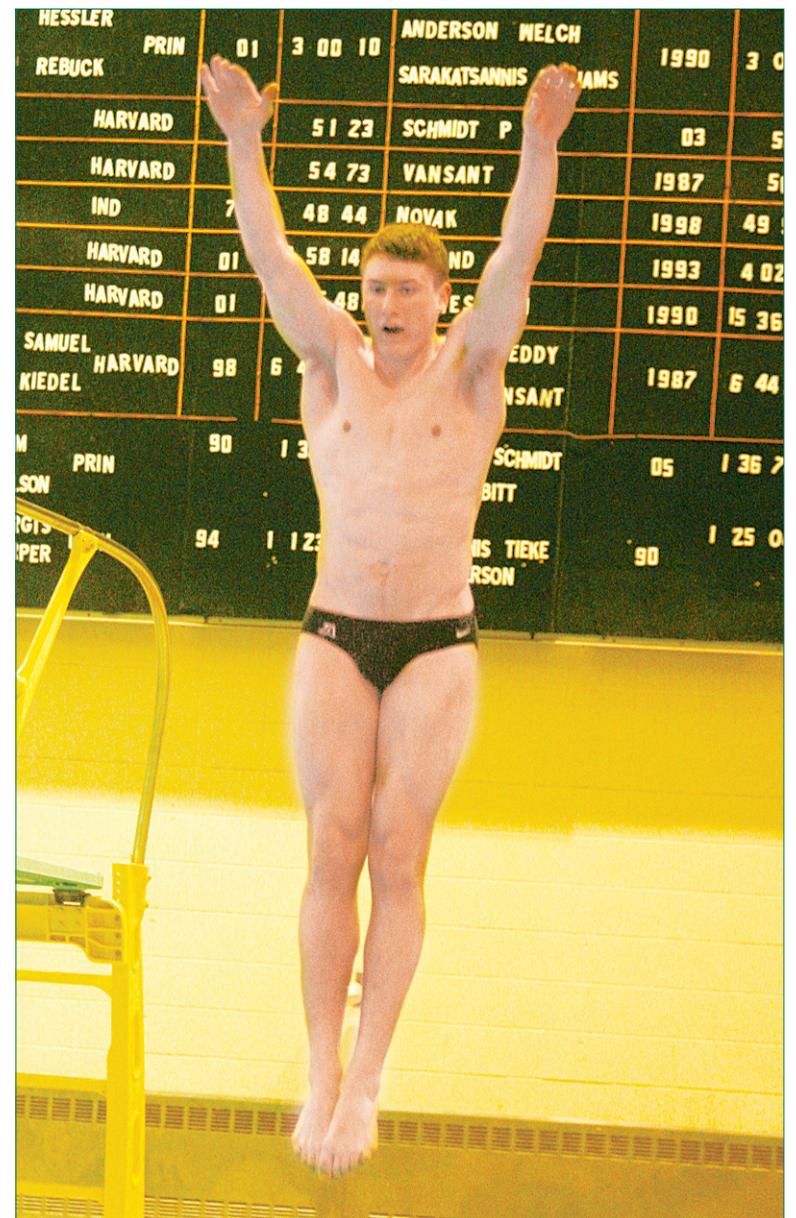
He was especially grateful to his mom, Andrea, who helped him through the first trying days after the injury.

"It's kind of funny, but you don't realize how self-sufficient you are until you have to sit around and can't do anything for awhile," McLain said. "She worked during the day, but when she got home she helped me out a lot, she was really there for me."

Exactly a month after his accident, McLain went to the Air Force Academy as an academy exchange student during the first semester, not missing any school.

"I still had a few more weeks in the neck brace," said McLain, who is a Dean's List student. "So I showed up there looking ridiculous, but I didn't miss any school."

Simple freedoms were still tough -- he couldn't drive while



**Junior Zach McLain has been a team inspiration after competing against Bucknell Jan. 19. With only two weeks of practice under his belt, he competed for the first time after breaking four vertebrae in a diving accident in July and spent the next eight weeks in a neck brace.** PHOTOS COURTESY OF ATHLETIC COMMUNICATIONS

his neck was broken and it was extremely frustrating not being able to do normal everyday things. He would eventually lift weights to strengthen his body while at Air Force, but he didn't attempt anything in the pool.

He didn't return to training until two weeks before the Bucknell meet, although the rest the team had been practicing since August.

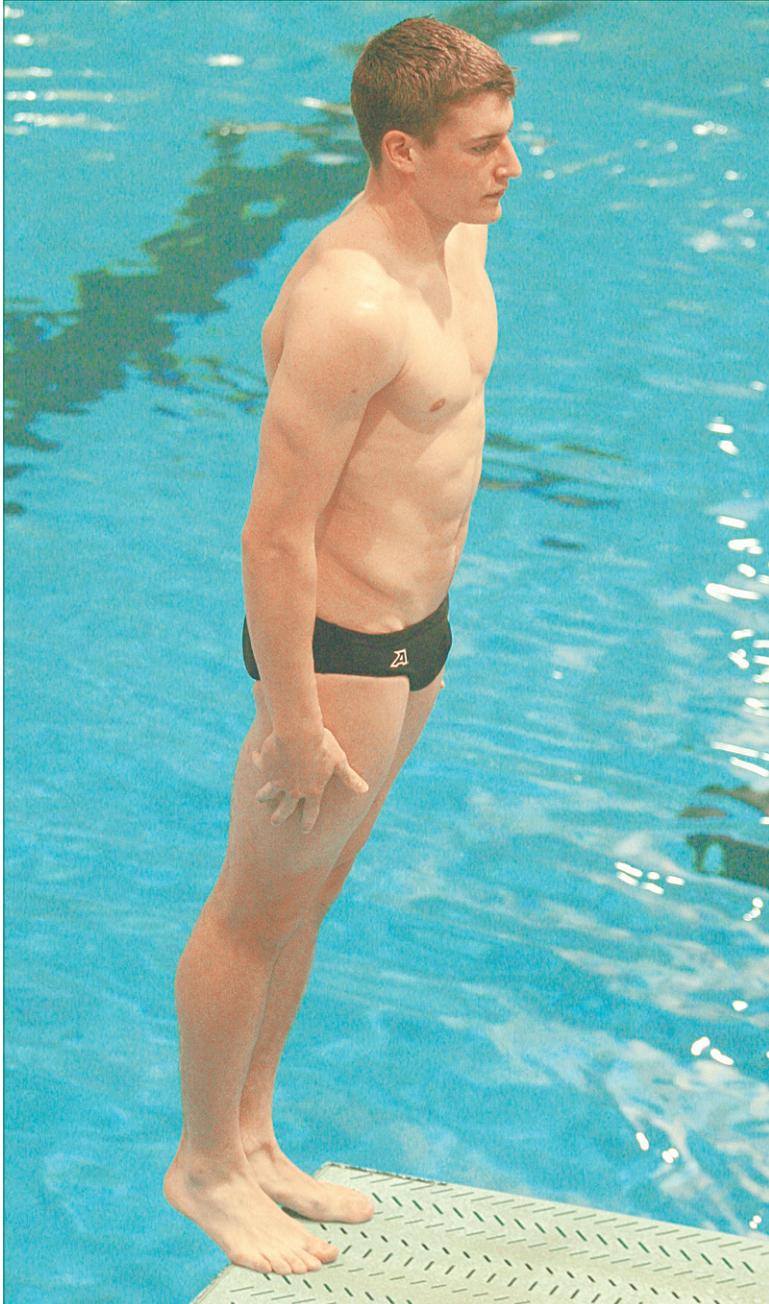
"Zach's done a tremendous job (since his return)," said Army head swimming and diving coach Mickey Wender. "He's a great representative of this team in the pool and on campus as a tremendous student."

"He's been inspirational in the way he's overcome his injury," he added. "Most guys coming off something like that would be very likely to throw in the towel, but he's worked through it and is very positive."

In a physical aspect, Wender thinks McLain's return is nothing short of great, but it's his mental makeup that is truly extraordinary to him.

"I think the mental aspect of what he's doing impresses me more than the physical because every time he gets up on that board he risks crashing," Wender

**See McLain on page 11**



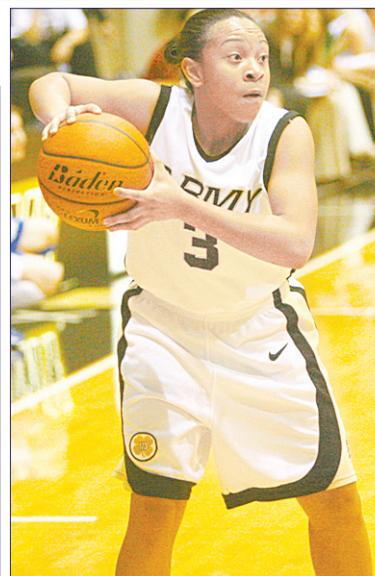
**Junior Zach McLain prepares for a dive after returning to the Army diving lineup six-plus months after breaking his neck.**

# Army sweeps Air Force and Navy



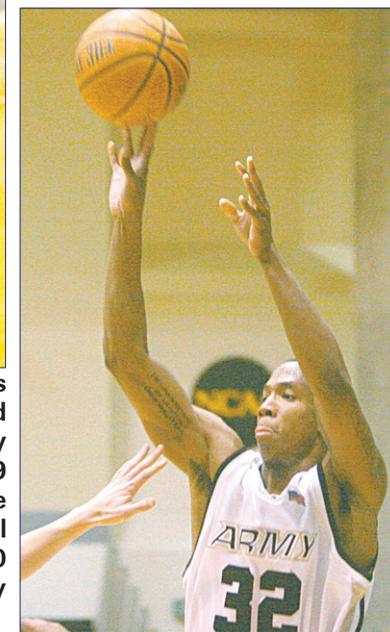
Junior goaltender Josh Kassel stopped 58 of 60 shots against #20-ranked Air Force to lead Army to a pair of 2-1 victories Jan. 25 and Sunday. His stellar play led to being named Atlantic Hockey Association 'Goalie of the Week' Monday.

PV PHOTO BY PAUL RADER



Senior guard Jarell Brown scored a career-high 35 points including the winning basket with 13.4 seconds remaining to lead Army past Navy 69-67 at Annapolis, Md., Sunday.

BASKETBALL PHOTOS BY ERIC S. BARTELT/PV



Freshman guard Nalini Hawkins (above) scored 15 points and added six assists to help Army down academy rival Navy 58-49 Sunday at Annapolis, Md. The combined wins from basketball and hockey gave Army a 4-0 weekend against academy opponents.

## Sports calendar

Feb. 1 - Feb. 10

### Corps

FRIDAY -- WTEN vs. NJIT, LITC, 2 P.M.; vs. BINGHAMTON, 6 P.M.

FRIDAY -- GYMNASTICS vs. AIR FORCE, GROSS CENTER, 6 P.M.

FRIDAY -- HOCKEY vs. UCONN., TATE RINK, 7:05 P.M.

SATURDAY -- WRESTLING HOSTS ALL ACADEMY CHAMPIONSHIPS, CHRISTL FROM 9:30 A.M.

SATURDAY -- MTEN vs. DARTMOUTH, LITC, 1 P.M.

SATURDAY -- SWIM/DIVE @ COLGATE W/LAFAYETTE, HAMILTON, N.Y., 1 P.M.

SATURDAY -- MLAX @ FAIRFIELD (SCRIMMAGE), FAIRFIELD, CONN., 1 P.M.

SATURDAY -- HOCKEY vs. UCONN., TATE RINK, 7:05 P.M.

SATURDAY -- M&W INDOOR TRACK & FIELD @ NAVY, ANNAPOLIS, MD. M: WT. THROW -- 11 A.M., FIELD EVENTS 11:30 A.M.,

RUNNING EVENTS, NOON. W: WT. THROW 9:45 A.M., FIELD EVENTS 2:10 P.M., RUNNING EVENTS 2:10 P.M.

SUNDAY -- WTEN vs. RUTGERS, LITC, NOON.

SUNDAY -- MBB @ BUCKNELL, LEWISBURG, PA., NOON.

SUNDAY -- WBB vs. BUCKNELL, CHRISTL ARENA, 1 P.M.

FEB. 8 -- MTEN vs. STONY BROOK, LITC, 4 P.M.

FEB. 8 -- HOCKEY vs. HOLY CROSS, TATE RINK, 7:05 P.M.

FEB. 9 -- MTEN vs. STONY BROOK, LITC, 9 A.M.

FEB. 9 -- RIFLE @ NAVY, ANNAPOLIS, MD., 9 A.M.

FEB. 9 -- MBB vs. COLGATE, CHRISTL ARENA, 1 P.M.

FEB. 9 -- MLAX vs. UMASS (SCRIMMAGE), MICHIE STADIUM, 1 P.M.

FEB. 9 -- WBB @ COLGATE, HAMILTON, N.Y., 2 P.M.

FEB. 9 -- GYMNASTICS @ NAVY, ANNAPOLIS, MD., 3 P.M.

FEB. 9 -- WTEN vs. FAIRLEIGH DICKINSON, LITC, 4 P.M.

FEB. 9 -- HOCKEY vs. HOLY CROSS, TATE RINK, 7:05 P.M.

FEB. 10 -- MTEN & WTEN vs. UCONN, LITC, 9 A.M. & NOON.

### Club

FRIDAY -- PISTOL, COLLEGIATE MATCH, TRONS RUE MARKSMANSHIP CENTER, 4 P.M.

SATURDAY -- PISTOL, COLLEGIATE MATCH, TRONS RUE MARKSMANSHIP CENTER, 8 A.M.

SATURDAY -- BOXING vs. NAVY, ARVIN GYM, 2 P.M.

SATURDAY -- VOLLEYBALL, NORTH DIVISIONAL MATCH, ARVIN, 8 A.M.

FEB. 8 -- PISTOL, COLLEGIATE MATCH, TRONS RUE MARKSMANSHIP CENTER, 4 P.M.

FEB. 9 -- PISTOL, COLLEGIATE MATCH, TRONS RUE MARKSMANSHIP CENTER, 8 A.M.

## McLAIN, cont. from page 9

explained. "For him, to get up there time and time again and have the composure and the ability to focus is tremendous."

Wender is amazed that Zach has worked his way back to scoring for the team and believes he has tremendous potential, although he'll have big shoes to fill next year when the team's top diver, Greg Seivers, graduates at the end of this academic year.

McLain feels he could have

done better versus Bucknell, but is still surprised that he picked diving back up so quickly.

"On the one-meter board, I basically did my same diving move as last year," he said. "With the three-meter board, I made my dive a bit easier because it's a little higher and those dives are painful right now, but overall it's not that bad."

With the Patriot League championships around the corner in three weeks, the Red Lion, Pa.,

native is looking for improvement for the rest of the year and is keeping his goals attainable.

"I think I'm right where I want to be as far as dives, but not where I should be to compete for a Patriot League Championship," McLain stated. "I want to get close to where I was diving at the end of last year and get myself prepared for next year to where I can place in the Patriots ... I think I'm on the right track in getting there."

## Handball hosts West Point Invitational

By Cadet 1st Class  
Jonathan Harmeling  
Team Captain, Handball

During Martin Luther King Jr. weekend, the Army Men's Team Handball club hosted an international tournament that featured teams from four countries.

With representation from Germany, Canada, Mexico and the U.S., the West Point Invitational proved to be the most competitive tournament in North American history.

Featuring professional and former professional handball players from all 14 teams, the competition was top of the line and West Point was proud to host the contest.

The Army team knew they would face very tough competition throughout the weekend as they participated in their first tournament of the season. Opening the competition Jan. 18 was a hard fought battle between Army and Air Force.

Both military academies used their aggressive, fast-paced style to wear down the opposing teams. However, it was Army who proved to be in better shape in the end. With a close score all game, Army pulled ahead at the end to finish the game with a 12-point victory.

The next day proved to be a difficult challenge for the young Army team as they took on a seasoned Montreal handball club. Montreal kept a steady lead of two-to-five goals the whole game until the last few minutes of the match.

The Army team huddled together and motivated each other to overcome a four-goal deficit with just minutes left, and they accomplished their goal. The players pushed themselves and were able to tie Montreal with just



Army Men's Team Handball Club

PHOTO BY TIMOTHY WAGNER

seconds left to finish the game.

Avoiding a loss, the Army team was excited to overcome the challenge set before them. Later that evening, they faced Montreal again which proved to be a neck-and-neck fight to the finish. The match resulted in another tie, which continued into overtime because it was a playoff game. After five more minutes of play, the score was tied again, and both teams were headed to a shootout.

From seven meters away, one by one, each team sent a player to face the opponent's goalie. In the end, Montreal nosed out Army by winning the shootout and they moved on to the bronze medal game.

Army would then face Champlain, a tough Canadian team they have faced in the past. The Jan. 20 game against Champlain was a great opportunity for Army to try new plays and defensive techniques against a tough competitor.

New players to the Army team received some game time experience, which helped them become more comfortable with the speed of the game and the difficulty of the competition. Although they lost to Champlain, Army saw many areas of success as well as identifying some weaknesses they plan to work on during upcoming practices.

When put into perspective, the Army team was happy with

their performance during the West Point Invitational, yet they were not satisfied. Army Men's Team Handball is looking to win their third consecutive national title later this season and is determined to defeat its opponents.