

West Point receives hydraulic hunting stand



Standing with the Huntmaster hunting stand donated to the West Point Directorate of Family and Morale Welfare and Recreation outdoor recreation division by the Paralyzed Veterans of America are retired Brig. Gen. Fergal Foley, Chief Operating Officer of American Defense Systems, Inc.; 1st Lt. Robert Burke, West Point Warrior Transition Unit; retired Brig. Gen. Patrick Garvey, Chairman of the Board for U.S. Cavalry, Inc.; Jim Zumbo, national spokesman for Paralyzed Veterans of America's Outdoor Recreation Heritage Fund; retired Lt. Col. Lew Deal, Director of Outdoor Programs and Support Services, Paralyzed Veterans of America; and Col. Dan Bruno, West Point Garrison Commander.

APRIL ANDERSON/FWMMR

**By April Montcrief
Director, Soldier and Family
Assistance Center**

West Point Garrison Commander Col. Dan Bruno accepted the donation of a Huntmaster hydraulic, battery-powered lift from the Paralyzed Veterans of America during a ceremony held at Round Pond Nov. 14.

The hunting stand will enable wounded Soldiers and disabled veterans to enjoy the sport of hunting.

In his remarks, Bruno said, "This Huntmaster will improve the quality of life for many disabled veterans over many years to come. Considering that November is Warrior Care Month, this is an especially timely event for our installation. This donation symbolizes what the Army (Family) Covenant is all about. I am proud to accept this on behalf of this installation."

Donations to PVA's Outdoor Recreation Heritage Fund from U.S. Cavalry, Inc., American Growler, Inc. and American Defense Systems, Inc. allowed the PVA to donate the equipment, valued at about \$15,000, to West Point. The system has the ability to raise 20 feet by the push of a button and is trailer-mounted, so it

can be moved to different locations when needed. It is nearly silent and particularly well suited to those with mobility challenges.

Its greatest value is that it enables wounded Soldiers and disabled veterans access to a sport they may have enjoyed before their injuries, but because of their current mobility impairment, they would be unable to do now.

Because of the generosity of the PVA, West Point's Family and Morale, Welfare and Recreation directorate is able to offer the Huntmaster to those who need it as a viable hunting solution, and break down one more barrier these disabled veterans and wounded Soldiers face.

Jim Zumbo, outdoor writer, TV host of the Outdoor Channel's "Jim Zumbo Outdoors" and national spokesman for the PVA's Outdoor Recreation Heritage Fund, came from his Wyoming home to participate in the donation ceremony and spent Saturday and Monday deer hunting with 1st Lt. Robert Burke, a wounded warrior assigned to the West Point Warrior Transition Unit, while using the Huntmaster system.

Burke, wounded five times during an engagement in Iraq
See HUNTMASTER, page 4

Army-Navy Week information

**Submitted by Directorate of
Plans, Training, Mobilization
and Security**

Nov. 30-Dec. 6 is Army-Navy Week at West Point, and various activities and force protection measures are ongoing.

Nov. 30 (First Captain's briefing):

Traffic along Washington Road in front of the superintendent's quarters and Ruger Road, from the traffic dummy to the Washington and Jefferson Road intersection, will be blocked for about 20 minutes beginning at 7 p.m. to support formations moving to Eisenhower Hall.

Dec. 1-2 (March-on Rehearsal):

Traffic along Washington Road in front of the superintendent's quarters and along Ruger Road leading to Shea Stadium will be blocked because of the formations marching to the stadium.

Traffic will be blocked near Shea throughout the rehearsal.

The rehearsal for both days is 4-6:30 p.m. Members of the work force who park in the Eisenhower Hall parking lots and around Bldg. 667A may be delayed by marching units from approximately 4-4:30 p.m. and again from 6:30-7 p.m.

Dec. 3 (Goat-Engineer Games/Cadet Barbecue):

The Goat-Engineer football games will be played at Michie Stadium. The women's game starts at 5 p.m. and the men's at 6:30 p.m.

Stony Lonesome Road will be blocked at the following areas the cadet march up from about 4-4:20 p.m.:

- Michie Stadium;
- Stony Lonesome and Washington Road intersection;
- Stony Lonesome and Merritt Road intersection;
- Stony Lonesome and Fenton Road intersection;
- Mills Road and Howze Place intersection.

After the march up, Fenton Road will remain open for movement

during the games.

Mills Road in front of Michie Stadium from the intersection with Stony Lonesome Road to the Howze Place will be closed to traffic from 3:30 p.m. until the activities end at about 8:15 p.m.

Off-post personnel coming to the games are encouraged to enter through Stony Lonesome gate and park in the A, AAA and C Lots. Gate 3 will be open to access Michie Stadium.

Dec. 4 (Bonfire/Army Team Send Off):

The events begin about 7 p.m. on Daly Field, and the team leaves about 8 p.m. Events include the bonfire, the departure of the Marathon Team with the game ball and lots of other spirit activities.

Parking is allowed in Clinton and Doubleday Lots during the bonfire. The first row of parking closest to Daly Field will be blocked.

Vehicles leaving Clinton and Doubleday Lots during the activities must turn right onto Cullum Road

See ARMY-NAVY, page 2

INSIDE



Come See Army Rugby BEAT NAVY!

7 p.m. Friday

Anderson Rugby Center - Target Hill Field (by railroad tracks)

See RUGBY, page 13

Holiday shopping safety tips

By Joe Senger
 Directorate of Plans, Training,
 Mobilization and Security

The month of November starts the holiday shopping season and with it comes "Black Friday," one of the busiest shopping days of the year. The hustle and bustle of the holiday season can easily create a distraction for people. However, during this festive time, it is important to pay special attention to the things going on around you. As always, situational awareness is paramount to ensure you have a safe and happy holiday shopping experience since you can never be too careful.

Here are some safety tips to keep in mind and share with Family and friends to help reduce the chances of becoming a victim.

- Coordinate shopping trips with a friend or Family member -- there is safety in numbers.

- Park in a well-lit space. Be sure to lock the car. Close the windows and hide shopping bags and gifts in the trunk. Have keys out and ready before you get to your car. As you approach your vehicle, scan the area, glance underneath the vehicle and take a quick look inside before entering.

- Dress down while shopping instead of wearing expensive clothing and jewelry, which can attract thieves.

- Return to the mall or store for assistance if you spot suspicious activity near your vehicle. If someone approaches and you feel threatened, get in and lock the car until they leave the area. If they loiter, drive away.

- As you shop, be alert in crowded places. Favorite places for pickpockets are revolving doors, jammed aisles, elevators and public transportation stops and vehicles, especially at rush hour.

- Be extra careful with purses and wallets. Carry a purse under your arm. Keep wallets in an inside pocket. Men should carry their wallet in their front pocket.

- Thieves often target food courts. Don't leave handbags or gifts unattended. Women should not hang their purses across a chair, but rather keep them between their feet while seated.

- Teach children to go to a store clerk or security guard and ask for help if they become separated in a store or shopping mall.

- Avoid carrying large amounts of cash. Pay for purchases with checks, credit, charge or debit

cards.

- Be aware of where your purse is when you go to restaurants or hotel lounges. Thieves prey on purses hung over the back of a chair or left on the floor.

When using an ATM, choose an active location during daylight hours or one inside a mall. Don't waste time. Have your card ready, complete your transaction and leave as soon as possible. Don't flash cash around. Withdraw only the amount of cash you need.

While this is not an all-inclusive list, these are a few measures to remember as you prepare for holiday shopping trips. Developing personal habits and practices such as those above can frustrate criminals and also go hand-in-hand with combating terrorism. Incorporating these measures along with the Level I Antiterrorism Awareness training measures will help effectively reduce terrorists' advantage.

Also, as a standard procedure, remember to promptly report suspicious people, vehicles and crimes to the local law enforcement agency.

For additional information or assistance, contact the DPTMS Antiterrorism/Force Protection Office at 938-8859/3650.

ARMY-NAVY, cont. from page 1

toward the West Point Club.

Blocking positions on Cullum Road at the 101 intersection and in the vicinity of the Cadet Library will stop traffic to the Trophy Point area starting about 6:45 p.m.

Parking also is available on Thayer Roof.

In support of Army-Navy Week activities, West Point residents can expect increased air operations, tactical vehicle movement and other

military spirit operations taking place in the Plain area throughout the week.

The point of contact for this information is Joe Senger at 938-8859.



As the Thanksgiving holiday week approaches, Judy and I wish you and yours a wonderful Thanksgiving weekend full of food, fun, football and Family.

The first National Day of Thanksgiving was proclaimed by George Washington in 1789, but we trace this Thanksgiving to the Pilgrims celebratory feast giving thanks for surviving the harsh Plymouth, Mass., winter. So for almost 400 years, Americans have paused to express thanks for the bounty of blessings we enjoy and to spend time with Family and friends. In want or in plenty, in times of war or times of peace, America truly has reason to be thankful.

America remains a land of abundance, promise and hope. But we must never take for granted the things that make our country great: a firm foundation of freedom, justice, and equality; a belief in democracy and the rule of law; and our fundamental rights of life, liberty and the pursuit of happiness.

So as those of us who are blessed to be with our Families this year celebrate and give thanks, we will not forget those deployed Soldiers and their Families. We will offer a prayer of thanksgiving for the service of those Soldiers who are content with a turkey sandwich or a bite of stuffing served at remote firebases in Afghanistan and Iraq.

Personally, I am thankful for the cadets, faculty and staff here who continue to work together to make this America's premier leadership institute and best public college. I am thankful for the support of our Families and our local community.

As the busiest travel weekend of the year and with the holiday shopping season beginning, please keep the safety of you and your loved ones in mind. Drive safely and take precautions wherever you might travel. Enjoy the weekend and come back ready to finish out this half of the academic year with our future leaders in a blaze of glory and BEAT NAVY!

The Supe

Lt. Gen. Buster Hagenbeck

**There will be no Pointer View
 Nov. 27. The next issue is Dec. 4. The copy
 deadline is Dec. 1.**

Weekly Sudoku by Chris Okasaki, D/EECS

Rules: Fill in the empty cells with the digits 1-9 so that no

	2				4		8	5
							4	6
						9		
2					3			
		3	2	1	7	5		
			9					7
		5						
1	9							
7	4		6					2

Difficulty: Hard

digit appears twice in the same row, column, or 3-by-3 box.

See SOLUTION, page 10

SAPR-P

The members of the Sexual Assault Prevention and Response Program are Col. Jeanette McMahon, Shelley Ariosto (Garrison), Dan Toohey (Victim Advocate), Maj. Maria Burger (USCC), Capt. Vanara Nevels (ODIA) and Maj. Elizabeth Sicoletti (Dean).

Community members can e-mail McMahon at Jeanette.McMahon@usma.edu for advice or to offer any recommendations on the program here.

Cadets also can call the sexual assault support helpline at (845) 591-7215. West Point Soldiers and civilians needing assistance can call (845) 938-3369.

POINTER VIEW®

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Local and National News

Get ready for winter weather

By Christopher G. Hennen
Directorate of Plans, Training,
Mobilization and Security

Winter is on its way, and the Hudson Valley will soon experience the season's harsh conditions. Accumulated snow and ice can create treacherous conditions and generate concern for the health and safety of everyone at West Point.

The Directorate of Plans, Training, Mobilization and Security is responsible for monitoring weather conditions and, with the assistance of other garrison support organizations, providing the garrison commander information and advice to help keep the community safe.

"We monitor New York Alert, the state's Web-based, all-hazards alert and notification system, the National Weather Service's forecasts and warnings, alerts from the New York State Emergency Management Office in Poughkeepsie and local news outlets," said Joe Colombo, DPTMS's chief of plans and operations. "But along with the information we gather from these sources, we also get information from the IMCOM Operations Center – Northeast Region on short- and long-range forecasts.

"Our intent is to know what's coming and when it will arrive, then provide that information to the emergency crews and to the decision-makers. So far, this system has worked well," he continued.

The process begins with a conference call among representatives of DPTMS; the Directorates of Public Works, Emergency Services, Communications and Family and Morale, Welfare and Recreation and the West Point Schools.

"Based on the gathered recommendations, we get the garrison commander on the conference call and tell him the situation," Colombo explained. "We give him the weather conditions and overall situation, for example, that the storm is expected to be hitting at 6 in the morning and, based on

that information, we recommend whether to initiate a **Code White** or **Code Red** or to have no change to normal operations."

After a brief consultation with the West Point Chief of Staff, the garrison commander makes the decision whether to implement USMA Policy 40-03, Leave During Adverse Weather."

If possible, the decision to modify the hours of operations will be made before 5 a.m. on the scheduled workday, before most employees depart for West Point.

Unless otherwise advised, all employees are to assume they are to report to work as scheduled, even though adverse conditions may exist.

While some winter-related conditions may make it more difficult to get to work, they do not necessarily create the need to modify operations at West Point.

More severe conditions may constitute a situation that prevents employees in significant numbers from reporting for duty.

For a situation to be considered an emergency in this context, it must be general rather than personal in scope and impact, and existing and developing conditions must make it unreasonable for employees to safely report to (or stay at) work.

The health and safety of employees are the prime concern when making these decisions.

During adverse weather conditions that start before the workday, three basic alerts are used:

- "**West Point is CODE WHITE until (stated time, or, all day)**" means that the LDAH policy is in effect until the stated time or all day. Employees who might be prevented from reporting to work or who believe that they might not be able to return home if they come to work should be granted annual leave, accrued compensatory time or leave without pay if they prefer. Advance approval of the leave is not necessary. Specific procedures for requesting leave

in these circumstances are at the discretion of each Activity Director. Employees in weather essential positions are expected to report at their normally scheduled time.

- "**West Point is CODE RED until (stated time)**" means that part of the installation is closed until the

announced time, and employees should not report until that time. Supervisors will excuse absences without charge to leave for all employees affected whether or not leave was previously approved. Employees who do not report for work by the announced time will

be charged leave for the remainder of their absence if it was properly requested and approved.

Employees in weather-essential positions are expected to report at their normally scheduled time.

- "**West Point is Code Red all** See WINTER, page 5



Grad in space

Astronauts Lt. Col. Shane Kimbrough, USMA class of 1989, and Sandra Magnus, both STS-126 mission specialists, work with their shuttle launch and entry suits on the middeck of Space Shuttle Endeavour during post-launch activities Nov. 14. STS-126 is the 27th shuttle mission to the International Space Station and Kimbrough is scheduled to participate in space walks to service the station's solar alpha rotary joints to ensure adequate solar power can be provided to the expanding space station.

NASA PHOTO

HUNTMASTER, cont. from page 1

while serving with the 10th Mountain Division said, "This is a great opportunity for the wounded Soldiers who come to West Point."

Zumbo, a Newburgh native, began his wildlife

career at West Point more than 40 years ago when he served as the post forester and game warden where he was responsible for the hunting and fishing programs.

His job enabled him to

spend virtually all of his time outdoors on the reservation, including 14,000 acres of prime woodlands, plus many lakes and miles of streams.

In 1974, he accepted a position as a wildlife biologist

with the Bureau of Land Management in Utah.

"I am extremely honored to return to West Point after all these years and have the privilege of participating in an event that will support

wounded Soldiers in a way that was previously not possible. Some of my fondest memories and outdoor experiences occurred right here on the post and ultimately helped guide my path to a long career as an outdoor writer."

Zumbo has spent several years working with wounded military veterans returning from overseas as well as disabled veterans from previous conflicts.

"I have the utmost respect for these men and women -- Soldiers, sailors, airmen, Coast Guard and Marines," he said. "They unselfishly put themselves in harm's way every day defending our freedoms in the War on Terrorism. God bless them and their Families."

After the ceremony, the Huntmaster was taken by FMWR's Outdoor Recreation Department to its location for the weekend hunting event, which was also filmed for The Outdoor Channel's show "Jim Zumbo Outdoors."

Questions about the availability and use of the new Huntmaster should be directed to Peter Spinning, West Point's Outdoor Recreation Coordinator, at 938-2503. Anyone interested in supporting wounded Soldiers at West Point can contact the Soldier and Family Assistance Center at sfac@usma.edu.

For more information about the PVA's Outdoor Recreation Heritage Fund, go to their Web site at www.pvaheritagefund.org.



First Lt. Robert Burke, a member of the West Point Warrior Transition Unit, tests the Huntmaster hunting stand in preparation for his hunting event with Jim Zumbo Saturday and Monday. Zumbo, a Newburgh native, began his wildlife career at West Point more than 40 years ago when he served as the post forester and game warden. He was responsible for the hunting and fishing programs. He is the host of The Outdoor Channel's show "Jim Zumbo Outdoors," which filmed the hunting experience with Burke, and is also the national spokesman for the Paralyzed Veterans of America's Outdoor Recreation Heritage Fund, which donated the Huntmaster system to West Point at a ceremony Nov. 14 at Round Pond.

APRIL ANDERSON/FMWR

WINTER, cont. from page 3

day" means only employees in weather essential positions should report for work. Employees in non-weather-essential positions should not report to work until their next regularly scheduled workday.

When adverse weather conditions develop during

duty hours, the garrison commander may decide to institute the LDAW policy for employees who are on duty. Such decisions will be conveyed to major activity directors who are responsible for notifying all activities under their control.

Tenant unit commanders

or a designee will make the decision for tenant employees. The announcements will be made as follows:

- "West Point is Code White effective (stated time)" means the LDAW policy is in effect at the stated time.

- "West Point is Code Red effective (stated time)"

means the LDAW policy is in effect at the stated time. All employees who are not weather-essential and are on duty at the time of the Code Red should be placed on administrative leave.

This is true if they were scheduled to take leave later in the day. Employees who were on duty, but chose to leave before the effective time of the Code Red, should be charged leave from the time of their departure through the remainder of their workday.

No excused absence is authorized for these employees. Employees who would normally report for duty after the time of the dismissal should call their supervisors for instruction.

On weekends, if necessary, the garrison commander may direct a Code Red when weather conditions make travel in and around West Point unsafe.

Once DPTMS is alerted to the possibility of a weekend winter weather event, the above procedure occurs.

During adverse weather

conditions, West Point employees can obtain weather, road conditions and operations information by calling 938-7000 or by looking for announcements on the Command Channel 8/23.

Employees also can go to the West Point Web site for DES updates at www.westpoint.edu/WeatherConditions/ or listen to area radio stations for updated weather notifications. Individual activities (e.g., Band, DCA, DIA, Ski Slope, West Point Club, Thayer Hotel) all have hotline numbers patrons can call to determine if an event is cancelled.

When a storm occurs, it's important that snow removal operations are not impeded.

The snow removal plan has five priorities ranging from the main roads and main parking lots to the smallest nook on post.

Critical to conducting these operations efficiently is the cooperation needed from everyone to try to park off

the main roads when adverse conditions are approaching.

Another key aspect of snow cleanup and safety is the role of designated building commandants in assisting in clearing of snow and ice from around their buildings and immediate areas. Many find it useful to include building occupants in their clean-up plans.

"It's also important for them to get the equipment they'll need -- snow shovels, de-icer, etc. that they can get at the Self-Service Supply Center, but they should go get it now while supplies are in abundance," Colombo said.

In addition to the problems with ice and snow removal, winter weather can wreak havoc with buildings, and, with the RCI Initiative, the method has changed for military housing residents to report problems.

Contact Balfour Beatty Communities at 938-4500 for any needed snow removal and repairs or winter-related issues involving on-post housing.



Dunwoody first woman 4-star

U.S. Army Gen. Ann E. Dunwoody (center) smiles as Chief of Staff of the Army Gen. George W. Casey (left) and her husband, Craig Brotchie, pin the rank of general on her during her promotion ceremony in the Pentagon on Nov. 14. Dunwoody is the first female in the U.S. military to achieve the rank of four-star general. Dunwoody received a direct commission as a second lieutenant after graduating from the State University of New York at Cortland in 1975. She has graduate degrees in national resource strategy and logistics management. Her family has a long history of military service, including her husband, who is a retired U.S. Air Force colonel. West Point also played a big role in her military background. Her great grandfather, Henry HC, was a member of the USMA class of 1866; her grandfather, Halsey, was a member of the class of 1905; her father, Harold H., a retired brigadier general, was class of June 1943; and her brother, Harold H. Jr., was a member of the class of 1970.

DoD PHOTO BY PETTY OFFICER 2ND CLASS MOLLY A. BURGESS, U.S. NAVY

Volunteers tackle West Point's sexual assault prevention strategy

By Emily Tower

Volunteers from organizations across post met recently to streamline West Point's sexual assault prevention strategy and form suggestions for turning the existing plan from a victim-centered reactive design to one of prevention.

West Point's second Sexual Assault Prevention Summit was held Nov. 12 and involved more than two dozen volunteers representing cadets, Soldiers, officers and Department of the Army civilians.

The volunteers were tasked with coming up with ideas for implementing four objectives that are to be put into effect at West Point, upon leadership approval, over the next five years, Maj. Maria Burger, sexual assault prevention officer for the U.S. Corps of Cadets, said.

The four objectives -- committed Army leadership; Armywide conviction; achieve cultural change; and sustainment, refinement and sharing -- are how the Army plans to make its I A.M. Strong sexual assault prevention campaign a success.

The I A.M. Strong

campaign encourages Soldiers to intervene when a sexual assault threat exists, act to protect others from sexual assault and be motivated to prevent sexual assault.

Each Army installation is in charge of determining how best to fulfill those objectives so the plan is tailored for each community, Burger said.

Several ideas already are being considered by West Point's leadership from the first summit, which Burger said demonstrates the beginning of fulfilling the first objective.

"I think we already have committed leadership because of this program and because we have been funded to have these summits," Burger said.

Ideas from the summits cannot yet be released because they are pending leadership approval and have not yet been written into plans, Burger said.

The garrison's senior noncommissioned officer promised the attention of senior post leadership when it comes to such a serious issue.

"The Army's leadership and the leadership here at West Point is committed to having an Army that is sexual-

harassment and sexual-assault free," Command Sgt. Maj. Violet McNeirney, also a summit volunteer, said.

Having the opportunity to contribute to such an important plan was significant for many summit volunteers, especially cadets who had their own panel and also were dispersed among panels containing Soldiers and civilians.

"I'm glad to be able to include the cadet side," Cow Catherine Gibbs said. "It's good to know decisions are not being made without our side being heard."

In fiscal year 2007, the latest statistics available, there were about 2,600 reported sexual assaults involving a military victim or accused perpetrator. Forty of those were reported at the five service academies, according to Department of Defense statistics.

Delivery problems?

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Community Features and Photos

Cadet Scoutmasters jump with Sports Parachute Team

By Lt. Col. John Graham
Scoutmasters Council
Officer-in-charge

Fourteen members of the cadet Scoutmasters Council Club tried their hand at skydiving Nov. 8.

While it was a fun experience, the scouts viewed it as another leadership challenge, especially after reading some excerpts from Behavioral Science and Leadership Department head Col. Tom Kolditz's book "In Extremis Leadership" that gave insights about the tandem jump experience.

In the book, he talks about how skydiving and other dangerous activities help develop important leadership qualities with several stories that illustrate how leaders learn to focus outside themselves in dangerous environments and how that focus can be used to help one's self and others control their fear.

"Our common bond as a club is a desire to continue the challenges that Boy and Girl Scouts provided before we came to West Point," said Firstie Matt Devers, club trip organizer. "We learned that the Cadet Parachute Team often trains at the Ranch in Gardiner, N.Y., and now skydiving is one of those challenging things we can mark off our lives' 'to do' list."

From the time the club arrived in Gardiner until all 14 had completed their first jump, just 90 minutes had passed. "We did not have to go through hours of pre-training because we did a tandem-jump," said Yearling Matt

Mitchell.

When making a tandem skydive, the student is actually attached to an experienced, highly trained, certified and qualified Tandem Jumpmaster. After a 20-minute airplane ride to get to 12,000 feet, the tandem jumpmaster and student exit the aircraft together, doing a freefall of 35-45 seconds, and then the student opens the chute. Together, the student and tandem instructor steer the parachute built for two down to a landing on the airstrip they started upon.

"I was definitely pumped up when I found myself looking down at the clouds as we jumped out," said Cow Nate Sheehan. "I felt kind of calm when we were free falling, but before I knew it, I had opened the chute and we were heading back to the runway."

The landing was done from a sitting position so the instructor and student don't get wrapped into each other. Everyone finished with high fives and a trip down the road for a late morning breakfast.

So what is the next challenge for the club?

"We plan on helping out with the rebuilding of New Orleans during spring break, and we run a huge national camporee in May," said Firstie Matt Schlesinger, club cadet-in-charge. "In the near term, we are thinking about a trip to learn (to play) polo and then a ski excursion to Colorado."



Fourteen members of the Cadet Scoutmasters Council joined the Cadet Sport Parachute Team to try their hand at skydiving. All 14 CSC members completed successful tandem jumps.

PHOTO BY COW NATE SHEEHAN

Citibank cards effective Nov. 30

Citibank is the Department of Defense Government Travel Charge Card provider. All users need to be aware of the following important transition dates and instructions:

- Card receipt verification: As cards are received, verify receipt immediately, by calling 888-514-2922 or online at www.citimanager.com/DoDYTravel;
- Outside the U.S. call 1-706-494-5028 collect. Remember, cards will not be valid for use until Nov. 30;
- Customize personal identification numbers now for ATM cash withdrawals at 800-200-7056;

Contact the individuals below with any questions.

- A/OPC Mission Patty Catello 938-6508
- GC/IMCOM Zaida Claudio 938-3115
- MEDDAC/DENTAC Lisa Killough 938-6651

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Do not open the attachment. Remember, Citibank will not solicit any information from cardholders regarding the GTC via e-mail, so this is the primary indication that the e-mail is a phishing scam.

Forward the e-mail to the appropriate DRM representative listed above and she will send the e-mail and attachment to the Citibank authorities for proper action.

Cadets' Spanish lesson goes culinary

Story and photo by Emily Tower

The ambiance was one they were used to. This group of U.S. Military Academy cadets had eaten at the cadet mess hall hundreds of times. The fare, however, was not their typical choice.

The result? Learning the word "yum" means the same in Spanish.

"Awesome," is all Cow Andrew Branch could say as he sampled his way through a plate filled with bread, lomo ensalado, plantains and flan de queso -- a creation so incredible, Branch didn't know how to describe it.

The cadets, who are studying beginner's Spanish, met for class Nov. 13 in the kitchen of Washington Hall. Their lesson for the day was sampling dishes from Mexico, Peru, Puerto Rico and Venezuela.

"Part of learning the language is learning the culture as well," Elizabeth Goldberg, basic Spanish course director, said. "This brings us together more as a community, and it's great they are exposed to native speakers."

All the while, the cadets got to put their Spanish skills to the test to get to know the cooks who prepared the food. They each were required to learn a certain number of things about the cooks, such as where they are from and what their hobbies are, and could only find out by asking questions in Spanish.

Cooks Javier Lazu and Nelson Arroyo grew up in Puerto Rico and taught cadets about some of the ingredients they used.

"It feels great to show other people what our culture is," Lazu said.

Lazu and Arroyo used ingredients such as yuca, a root vegetable similar to potatoes, and plantains, a banana relative, to make Family recipes they learned from their mothers.

"This is beautiful for me," Arroyo said. "It is a very good experience. You know, you're

happy when you know people want to learn your culture."

Lazu, Arroyo and a handful of other cooks served up a several-course meal. They made different types of bread, some from the yuca.

They also demonstrated the versatility of plantains by frying some and stuffing others with a ground beef mixture. Lomo ensalado is a dish made from beef, red onion, potatoes, cilantro, tomatoes and a spice mixture called adobo.

Cadets also enjoyed tortillas, rice, guacamole, salsa roja and salsa verde made with tomatillos and a Puerto Rican sauce typically served over fish or with plantains made from ketchup, mayonnaise, garlic and vinegar.

Flan de queso, which is made with cream cheese, condensed milk and sugar, was served for dessert.

Once the cadets finished their heaping plates of food, they tried out their Spanish skills with the cooks. Some were a little hesitant about conversing with native speakers at first.

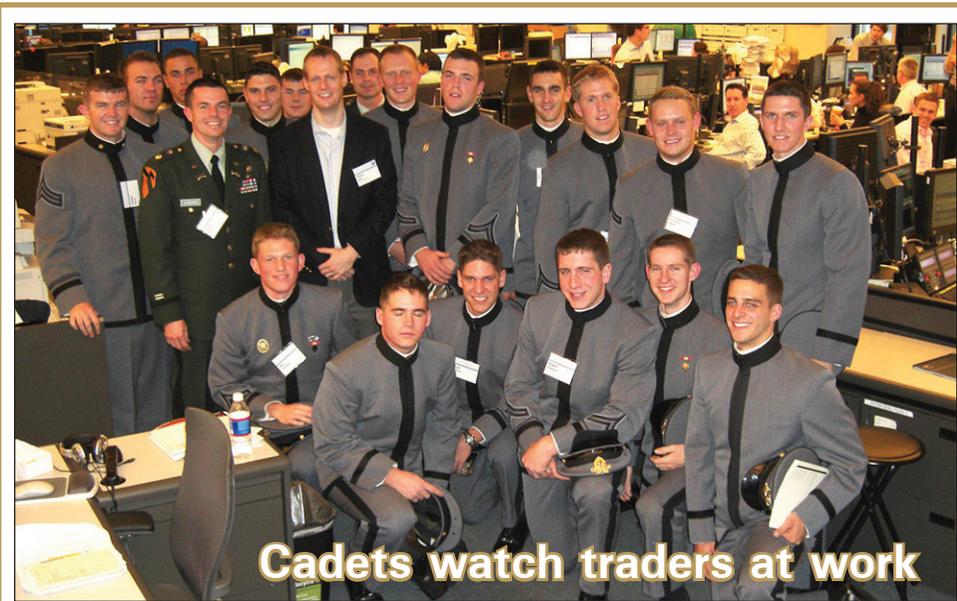
"But you learn from your mistakes," Branch said. "I don't think they mind if we mess up. They understand. I think they appreciate we are trying to learn the language."

Branch compared talking with native speakers in a Spanish class with taking a lab in a physics class.

"You can study it all day long, but until you are immersed in it, you won't totally grasp it," he said.

Yearling Matt Bolian thought the day's lesson was a good opportunity.

"It's great we can really interact with them," Bolian said. "This is the first time we really get to have a conversation with native speakers."



Cadets watch traders at work

The Cadet Investment Club/Finance Forum took an educational trip to New York City Nov. 14, visiting the New York Mercantile Exchange, where commodities (such as oil) are traded; the New York Stock Exchange where they walked the trading floor with brokers and observed several stock trades up close; and Goldman Sachs, where Steve Bock, USMA Class of '80, and Chris Wren, USMA Class of '03, (in suit) led a discussion about Goldman's operations and provided a tour of their trading floors. The NYSE also treated the club to lunch during which broker David Williams, USMA Class of '83, discussed the current financial environment on Wall Street.

PHOTO PROVIDED



USMA cadets studying Spanish tasted a variety of foods from Mexico, Puerto Rico, Peru and Venezuela Nov. 13 and used their Spanish skills to converse with the native-speaking cooks who prepared the food at the cadet mess hall.

Safety tips for a safe Thanksgiving Day

Compiled by Kathy Eastwood

Thanksgiving is traditionally the beginning of the holiday season as everyone watches the Macy's Thanksgiving Day parade march down Fifth Avenue and prepares a holiday feast for family and friends -- usually with a good-sized turkey, yams, potatoes and that ever-present cranberry sauce.

Though this is a festive time of year, it is important as people rush around shopping, preparing meals with a million other things running through the mind to be reminded about safely preparing food and keeping visitors safe.

If the turkey is frozen, never thaw it at room temperature as it can promote the growth of bacteria. The safest way to thaw turkey is in the refrigerator.

The rule of thumb is to allow one day for every five pounds of turkey. Be sure to remove the neck and giblets, which will help the thawing process go a bit quicker.

Turkeys can be thawed in the microwave if the bird fits. Turkeys also can be thawed in cold water. Allow 30 minutes per pound to thaw properly, according to www.dupagehealth.org.

If the family will be feasting on a fresh turkey, cook it within two days of purchase unless it is frozen -- then it should be cooked within four days.

Always wash your hands with soap and water when handling any poultry before and after handling the bird or any food. Wash all utensils, including the cutting board, after each use.

Keep vegetables and other foods separate from poultry and make sure the counter top is washed after each food preparation to avoid cross-contamination.

Keep the kitchen off-limits to the young ones in the household and adults who are not helping with the preparations. This will reduce the possibility of kitchen accidents such as burns. Cook on the back burners

if possible with pot handles turned in to lessen the possibility of someone accidentally knocking into the pot.

The cook should not wear clothes with loose or long sleeves or dangling jewelry. Clothes can catch fire and jewelry can catch on pot handles causing splashes and burns.

The U.S. Department of Agriculture recommends that stuffing be prepared separately for optimum safety, but if stuffing the bird is preferred, it should be prepared when the turkey is ready to be stuffed and cooked immediately.

Always use a food thermometer, even if the turkey has an internal pop-up temperature indicator. The turkey is done when the internal temperature reaches 165 degrees.

Deep frying a turkey has become very popular during the past few years according to Underwriters Laboratories at www.ul.com.

It may be dangerous because the cooking units may easily tip over; the pot can be overfilled with oil; and there are no thermostat controls, so the pot can overheat. The pot, lid and handles get very hot, which might cause a burning hazard.

Turkey fryers should always be used outdoors a safe distance from buildings or other structures that can burn. Never use fryers on wooden decks or in garages. Fryers should be used on a flat surface.

Never overfill the fryer to avoid spillover and use well insulated potholders or oven mitts.

Handles and the top of the fryer can remain very hot hours after use. If possible, use safety goggles to avoid hot oil splashes, and never leave the cooker unattended.

Make sure the turkey is thawed and dried, plus be very careful with marinades. Water can cause oil to spill over causing a fire or an explosion.

Leftovers such as vegetables, potatoes and cranberries should be put into separate dishes and refrigerated.

Turkey meat should be cut off the bones



and placed in a shallow container and then refrigerated. Always reheat leftovers to 165 degrees.

If traveling any distance during the holidays, don't ignore safety.

Be sure to check the air pressure of tires, check fluids -- including windshield fluid -- and refill if necessary. Also check tires for wear and tear.

Make sure the windshield wipers are in good shape. Keep blankets, matches, candles,

food packets, shovels and kitty litter (for traction if stuck in snow) in the car trunk for emergencies.

Call friends and families before leaving so they will know when to expect you.

Thanksgiving is a great time to bond with family and friends, to remember those that have gone before us and to be thankful for blessings received.

With a little common sense, it can be a safe and happy holiday.



Black and Gold volunteers

The Black and Gold Volunteer Awards Ceremony was held Nov. 6, and pictured are (front row from left to right) Garrison Commander Col. Dan Bruno and recipients Carolyn Copeland, Darlene Johnson, Cathy Gilewitsch and Ann Weber. Back row (left to right) awardees are Jamie Copeland, Heather Chadwick, Lt. Col. John Ingram, Katya Viar, Amy Cuvillo and Cow Michael Bertha. The Volunteer of the Month for November was Bertha.

PHOTO PROVIDED

Command Channel 8/23

Nov. 20 - Dec. 4

Thursday - Friday 8:30 a.m. Army Newswatch 1 p.m. Army Newswatch 7 p.m. Army Newswatch	Nov. 27 Thanksgiving -- no programming
Monday - Wednesday 8:30 a.m. Army Newswatch 1 p.m. Army Newswatch 7 p.m.	Nov. 28 and Dec. 1-4 8:30 a.m. Army Newswatch 1 p.m. Army Newswatch 7 p.m. Army Newswatch

NOW SHOWING

in the movie theater at Mahan Hall, Bldg. 752

Friday	--	The Dark Knight, PG-13, 7:30 p.m.
Saturday	--	Lakeview Terrace, PG-13, 7:30 p.m.
Saturday	--	Eagle Eye, PG-13, 9:30 p.m.
Nov. 28	--	Max Payne, PG-13, 7:30 p.m.
Nov. 29	--	The Secret Life of Bees, PG-13, 7:30 p.m.

THE THEATER SCHEDULE ALSO CAN BE FOUND AT WWW.AAFES.COM

What is crime prevention? Things to think about

By Sgt. Ashley Gallagher
Directorate of Emergency Services

A criminal must possess the desire, ability and opportunity to commit a crime for it to occur. Soldiers, veterans, Family members or those who work at West Point or another military installation should be aware that crimes can occur, but that a crime's form, location, time and victimology can be anticipated. That means people should take action to reduce the chances of it happening to them. This practice is known as crime prevention.

Crime prevention involves tactics to reduce a criminal's ability to commit a crime.

The Physical Security Branch of the

Directorate of Emergency Services supports the West Point community in the crime prevention arena by:

- providing services such as announced and unannounced inspections in accordance with AR 190-13 and USMA Regulation 190-13;
- coordinating McGruff the Crime Dog appearances at schools and other important events;
- actively supporting Operation Identification through coordinating the use of electronic engravers for marking and identifying property;
- coordinating the annual bike rodeo during which parents are encouraged to fingerprint their children and register their bicycles with the military police and presenting

bicycle safety courses for the children;

- processing and maintaining all found property turned over to the MPs;
- processing all security-related work orders.

Every person has the ability to decrease the potential for being victimized.

A large share of responsibility of reducing criminal opportunity belongs to everyone.

It starts with recording serial numbers for personal and government property, which will increase the chances that any stolen property will be returned and also to aid with any insurance claims.

The Personal Property Record (DA Form 4986) is one way to record serial numbers of high-value items. Make sure to update this record periodically.

Military equipment should be stored and secured properly and that your vehicles and quarters should be secured at all times -- even when you are home.

Crime prevention also includes operational security.

Only discuss Army-related issues at work or where appropriate. Do not discuss deployments or training where any non-mission related personnel may overhear vital information.

Remember to use instincts and common sense. If something doesn't seem right, it probably isn't. Try to stop it and report it to the MPs.

Contact the Installation Crime Prevention Officer, Christopher Shaw, at 938-2042 for more information.

What's Happening

Red Cross sponsoring mail to wounded Soldiers program

The American Red Cross is sponsoring a program to send mail to wounded Soldiers.

Send a Christmas card or letter to wounded warriors or Family members at Holiday Mail for Heroes, P.O. Box 5456, Capitol Heights, MD 20791-5456.

This address is genuine and comes from the Red Cross Web site at <http://www.redcross.org/email/saf>.

Army/Navy Rugby event

In conjunction with the Army/Navy Rugby match at 7 p.m. Friday at the Anderson Rugby Complex, there will be activities and food for children and adults to enjoy.

Directorate of Cadet Activities Alley will be open from 5-7 p.m.

The DCA Alley will offer a Kids Zone with interactive games with the Men's and Women's Rugby teams.

There will be a heated concessions tent to include gourmet pizza and adult beverages.

There is also entertainment with the Oldies Band, "Hot Rod." And, there will be free giveaways throughout the evening.

USMA Bookstore events

Photographer Roger Miller and writer Linda Foster will be at the USMA Bookstore, Thayer Hall Fourth Floor for the signing of their book "West Point: An Inside Look at the Long Grey Line" from 9:15 a.m.-noon and 1-4 p.m. today.

This book's photos were taken from 2005-07.

A USMA Bookstore open house is scheduled for Monday. The bookstore will have extended hours through 7:30 p.m., and refreshments will be served.

A book signing is scheduled for 9:15 a.m.-noon Dec. 4 at the bookstore.

The featured author is Norman Bussel, who wrote "My Private War," a book about a World War II prisoner of war's journey.

'Letters Home' performance

A production of "Letters Home: Voices of American Troops from the Battlefields of Iraq" is scheduled for 8 p.m. Friday at the Paramount Center for the Arts in Peekskill.

The production is an oral history of American Soldiers in Iraq and Afghanistan and is based on Frank Schaeffer's book "Voice from the Front: Letter's Home from America's Military Family."

Group discounts are available. For more information, call 914-739-2333.

Piano recital

The Department of Foreign Languages is presenting a free formal piano recital at 6 p.m. Friday in the Eisenhower Hall Ballroom. Albert Stanziano, who has been playing piano since he was 8 years

old and was trained by Julliard, is scheduled to perform at this black-tie event.

For more information call 534-5489.

Environmental Assessment and Draft Finding of No Significant Impact

The Environmental Assessment and Draft Finding of No Significant Impact for the 2005 Base Realignment and Closure at the U. S. Army Garrison West Point is available for public review and will undergo a 30-day public comment period from Friday through Dec. 22.

During the 30-day period, the public may obtain information from and/or submit written comments on the EA and Draft FNSI to George H. Markt, P.G., NEPA Coordinator, Installation Support Division, United States Army Garrison, West Point IMNE-MIL-PWF, 667A Ruger Road, West Point, NY 10996-1592. Markt can also be reached via phone at 938-4459, fax at 938-2529 or e-mail at George.Markt@usma.edu.

The EA and Draft FNSI also are available for review on the Web at http://www.hqda.army.mil/acsim/brac/env_ea_review.htm and at the following locations:

- Village of Highland Falls, 303 Main St. in Highland Falls;
- West Point Community Library, 622 Swift Road;
- Village of Cold Spring, 85 Main St. in Cold Spring;
- Julia L. Butterfield Memorial Library, 10 Morris Ave. in Cold Spring;
- The Alice Curtis Desmond and Hamilton Fish Library in Garrison;
- Woodbury Public Library, 23 Smith Clove Road in Central Valley.

Hunting areas closed

All hunting areas will be closed Saturday because of a training exercise. This will not include the J Areas 2/3/4/5.

Any questions regarding this can be referred to Sgt. 1st Class Erich Kreiter, PMO Operations, at 938-0436.

Coat and food drive

Boy Scouts will pick up coats and non-perishable foods from all quarters on West Point beginning at 1 p.m. Sunday.

The coats and food collected will benefit local Families. Those wishing to donate may place new or used coats for men, women and children on their front porch. Food should be placed in a bag.

Coat donations will be taken to Sacred Heart Church in Highland Falls and will be organized into a coat distribution center for the needy. Food donations go to West Point Soldiers and area food pantries.

This project is part of an Eagle Scout project. For more information, call David at 446-9058.

Storm water program

As required by West Point's New York State Municipal Separate Storm Sewer Systems General Permit (GP-0-08-002), the Environmental Engineering Branch will conduct the annual public briefing about the most recent MS4 annual report and announce upcoming activities as a part of the November Community Action Council meeting beginning at 9:30 a.m. Monday at the Jewish Chapel.

Community members will be given the opportunity to make comments, ask questions and express any concerns related to the program and are encouraged to attend and actively participate in the West Point storm water programs.

For information about the MS4 or any West Point environmental program, contact the Environmental Management Division at 938-3224/8000.

Thanksgiving worship service

There will be a communitywide protestant Thanksgiving worship service in the Cadet Chapel at 7:30 p.m. Tuesday.

All are welcome to attend. Call the cadet chaplain's office at 938-3412 for more information.

Noncommissioned Officer Professional Development

West Point Noncommissioned Officer Professional Development is scheduled for 6:30-8:30 a.m. Tuesday at the West Point Club.

Attendance is mandatory for all West Point noncommissioned officers.

Palisades Parks conservancy event

The Palisades Parks Conservancy will celebrate the 225th anniversary of the evacuation of the United States by British troops by symbolically lighting five beacon sites that replicate the original signal locations used by the Continental Army during the Revolutionary War.

The celebration is set for 5-9 p.m. Tuesday.

The five locations are at Bear Mountain State Park, Storm King Mountain State Park in Cornwall, Washington's Headquarters State

Historic Site in Newburgh, Scenic Hudson's Mount Beacon in Beacon and Scenic Hudson's Spy Rock (Snake Hill) in New Windsor. For more information, contact Susan Smith, Palisades Parks Conservancy at 786-2701, ext. 239; Mark Castiglione, Hudson Valley Greenway, (518) 473-3835; and/or Jay Burgess, Scenic Hudson, 473-4440, Ext. 222.

Holiday schedule for Arvin CPDC

For the week of Thanksgiving, Arvin Cadet Physical Development Center will be open 5:30 a.m.-4 p.m. Wednesday, 8 a.m.-4 p.m. Nov. 28-29 and 1-11 p.m. Nov. 30.

ACPDC will be closed Thanksgiving day.

Protestant Women of the Chapel

PWOC presents the musical comedy "I Could Really Use a Silent Night" featuring singer Jamie Scott of the Christian rock group Beloved from 9-11 a.m. Dec. 3 at the Post Chapel. A brunch will follow the program. For more information, contact Cheryl at (914) 420-6373 or cmkwest@yahoo.com.

DIMHRS

In preparation for DIMHRS implementation March 1, all Soldiers are required to review their ORBs/ERBs, SGLV, DD93 and OMPF.

Soldiers are required to make an appointment with the MPD to review and update their files.

All Soldiers are required to complete this no later than Dec. 19. Appointments are available 7 a.m.-5:30 p.m. weekdays.

For more information or to set an appointment, contact the Military Personnel Division at 938-5060/8491/8489/2035/3005/3703 or e-mail laura.perez1@us.army.mil.

Before your appointment, review your ORB/ERB and OMPF.

Any changes that need to be made require documentation being provided at the appointment.

The new DD Form 93 is now uploaded into eMILPO.

Do not use the form on AKO.

West Point Retiree Council

The West Point Retiree Council

is meeting at 9:30 a.m. Dec. 13 at Bldg. 622 (ACS).

All military retirees, spouses and widows/widowers are invited to attend.

Contact Will Plumley, Deputy Garrison Commander, at 938-4268 or wilfred.plumley@usma.edu for more information.

Eisenhower Hall events

Eisenhower Hall Theatre will host the Moscow Ballet's Nutcracker at 2 p.m. Saturday.

Ike Hall will feature Christmas with Amy Grant and Vince Gill at 8 p.m. Dec. 6.

Solution to Weekly Sudoku

9	2	6	1	3	4	7	8	5
5	1	7	8	9	2	3	4	6
3	8	4	7	6	5	9	1	2
2	7	9	5	8	3	4	6	1
4	6	3	2	1	7	5	9	8
8	5	1	9	4	6	2	3	7
6	3	5	4	2	1	8	7	9
1	9	2	3	7	8	6	5	4
7	4	8	6	5	9	1	2	3

The
West Point Band
presents

**Music at
West Point**

Trumpet Recital: "Alone Together- Breaking the Mold of Classical Music Performance,"
Staff Sgts. Denver Dill & Jon Leonard, Sunday,
November 23,
3:00 p.m.,
Jewish Chapel.

Hudson Valley Holiday:
Saturday, December 13
at 7:30 p.m. & Sunday,
December 14 at 3:00 p.m.,
Eisenhower Hall Theatre.

Free & Open to the Public
845-938-2617
www.westpoint.edu/band

FMWR Blurbs

BOSS holiday food drive

The Better Opportunities for Single Soldiers Holiday Food Drive began Nov. 16.

The Boy Scouts already dropped off bags to fill with non-perishable items and will pick them up Sunday.

For more information, call 938-6497.

Employment Readiness workshops

ACS' Employment Readiness Program is hosting a medical transcription information session from 10-11:30 a.m. Friday.

Reservations are required and can be made by calling 938-5658.

Family-style breakfast

The West Point Club's Family-style breakfast grand opening is set for 9 a.m.-1 p.m. Sunday.

The event is scheduled to feature Macaroni the Clown from 9 a.m.-noon and Flowers the Face Painter from 10 a.m.-noon.

Soldiers ranked specialist and below receive member prices.

For more information, call 938-5120.

ITR trips

ITR is hosting a trip Wednesday to New York City's Museum of Natural History and the adjacent Macy's Thanksgiving Parade Balloon Inflation.

Transportation departs West Point at 11 a.m. and returns at 6 p.m.

ITR is hosting a trip to see Macy's Thanksgiving Day Parade Nov. 27 and Radio City's Christmas Spectacular at 5 p.m. Dec. 8.

Call 938-3601 for more information.

Thanksgiving feast

There is a Thanksgiving Day feast at the West Point Club Nov. 27. First seating is at noon in the Pierce Dining Room.

A second seating is at 2:30 p.m. in the Grand Ballroom.

To make reservations, call 938-5120.

Photography contest

The 2008 All Army Digital Photography Contest is now accepting entries.

To enter, go to <https://artscrafts.fmwrc.army.mil>, complete a profile and upload photos.

Submission deadline is Dec. 7.

The contest is open to active-duty and Army civilians.

For more details, go to the Web site above or call the Craft Shop at 938-4915.

Employment Readiness classes

ACS' Employment Readiness Program is hosting two classes Dec. 4. Preparing a Federal Resume is scheduled for 10-11:30 a.m., and Interview and Dress for Success Workshop is scheduled for 1:30-3 p.m.

Both classes are held at ACS, Bldg. 622. Register by calling 938-5658.

Holiday tree lighting ceremony

The annual West Point Holiday Tree Lighting Ceremony takes place at 6 p.m. Dec. 8 at Buffalo Soldier Field.

Keller Corner

Flu vaccine update

Flu shots are scheduled for DOD civilian employees at the Employee Health Benefit Fair 9 a.m.-3 p.m. Tuesday at Eisenhower Hall.

Active-duty military, their Families and retirees may get a flu shot 9 a.m.-4 p.m. Dec. 8-10 at Eisenhower Hall.

KACH closure

All outpatient clinics, laboratory, pharmacy and radiology will be closed Nov. 27 for Thanksgiving and Nov. 28 for the training holiday.

The emergency room will remain open.

KACH employment opportunity

A Keller Army Community Hospital obstetrical unit licensed practical nurse position is available.

Light the community tree and sing carols. Then enjoy refreshments and visits with Santa inside The Thayer Hotel.

There will be special performances by the USMA Band and the Cadet Glee Club. For more information, call 938-6497.

Marketing Yourself ACS seminar

Army Community Service is sponsoring a professional lecture entitled "Marketing Yourself for a Second Career," from 9-11:30 a.m. Dec. 10 at ACS (Bldg. 622).

An expert on transitioning from the military to civilian employment will be presenting this seminar for interested officers, NCOs and Family members.

All attendees will have the opportunity to ask questions and will receive a free copy of the publication "Marketing Yourself for a Second Career."

If you have questions or to register, call 938-5658.

Focus group meeting

The AAFES/Commissary focus group meeting is scheduled for 4 p.m. Dec. 11 at ACS, Bldg. 622. It is open to the entire West Point community.

For more information, call 938-3620.

Holiday party

The West Point Club's annual holiday party is scheduled for 7-11 p.m. Dec. 12 and includes a cocktail hour, buffet, dessert bar and dancing.

A cash bar will be available. Reservations and advance payment are required. For more information, call 446-5545.

Golf end of season sale

The golf end of season sale runs through Dec. 21 at the West Point Golf Course Pro Shop.

Save money on a selection of golf gear and equipment. Call 938-2435 for more details.

Education survey

Take the Department of Defense Education Activity survey through Feb. 28 at www.dodea.edu.

The survey provides feedback about the quality of education and areas needing improvement.

FMWR community skate program

FMWR is holding a community skate program from 3:30-5 p.m. every Sunday at Tate Rink through March 8.

Call 938-3066 for more information.

Lifeguards needed

FMWR is looking to hire Red Cross (or equivalent) certified lifeguards to monitor swimmers at Crandall Pool for a noon weekdays lap swimming program.

Those who are interested should submit an application to NAF Civilian Personnel, which can be reached at 938-2822.

For more information, call 938-8249.

Weekly job listings

The Employment Readiness Program offers weekly job listings to military Family members living on West Point and in the surrounding community.

This is a free service. To list your available openings with the Employment Readiness Program, please e-mail amyjo.johnson@usma.edu.

Experience in the care of postpartum mothers, newborns and gynecological patients is preferred.

This is a full-time, rotating shifts position to include weekends, nights and holidays.

Interested applicants should call Deborah Peddy, nurse manager of the obstetrical unit, at 938-3210.

Thank you

Thank you for participating in the influenza immunization and mini-SRP at Thayer Hall in October.

KACH staff appreciates the feedback the community provided on the blue customer comment card. If patients have any concerns they wish to address further, they should call 938-5874.

Again, thank you for maintaining your medical readiness and for all you do as staff at the U.S. Military Academy.

Post Library fall story hour

The West Point Post Library's fall story hour is currently ongoing.

The sessions will be held at 10 a.m. and 1:30 p.m.

Daily sessions are open to all West Point community children ages 3-5.

Pre-registration is required each week. For more information, call 938-2974.

Hockey program

West Point Sports Office Staff and Faculty Hockey Program has begun.

Sessions are 9-10:30 p.m. Wednesdays and 7-8:30 p.m. Sundays. For more information call 938-3066.

CYSS SKIES

Child, Youth and School Services SKIES Instructional Program sessions are ongoing.

For more information, visit, www.westpointmwr.com or call 938-3727/8893.

Child care co-op

The child care co-op at the FMWR Fitness Center is open from 8:45-11:15 a.m. Monday-Friday in accordance with the West Point Elementary School calendar to parents with FMWR Fitness Center and CDC/CYSS privileges.

Parents must complete a brief VCCUS Training administered by the CDC, and children must be registered with CDC/CYSS.

For more information, call 446-5140.

Krafts 4 Kids

Krafts 4 Kids takes place 10 a.m.-noon Saturdays at the Craft Shop, Bldg. 648.

To pre-register or for more information, call 938-4812.

ACS volunteers wanted

ACS can help build marketable skills to incorporate into resumes. Volunteer and develop professional references and community networks while giving back to the Army community.

Volunteer areas include Financial Readiness, Employment Readiness, Army Family Action Plan and Relocation.

Child care costs will be covered. For more information, call 938-5658.

Military Appreciation Month

In honor of Military Family Appreciation month, the West Point Bowling Center is offering free shoe rentals through the end of November.

Also the Thayer Hotel, www.thethayerhotel.com, is offering a 20 percent discount this month.

The Garrison House in Fort Montgomery is offering half off a second-night stay in November. Call 446-2322 for more information.

The Mad Jester Woodworks is offering 10 percent off any item in the store except refinishing service through the end of the month.

Party Time Productions is offering free karaoke, 20 percent off all parties and 25 percent off all jumpers with November parties. Call 446-3826 for more information.

The FMWR Fitness Center has a group fitness unlimited monthly membership of \$30.

All of these discounts are available only to active-duty military and their Families.

Appropriate ID cards are required to receive the discounts.

BOSS resale lot

Do you have a vehicle you want to sell? Consider the BOSS Resale Lot located in the Commissary Parking lot.

Call 938-6497 for more information.

TSP TICKER

NOVEMBER weekly changes (as of 11/17)

C FUND	-	0.92	percent
I FUND	-	1.37	percent
S FUND	-	1.34	percent



Brownie Troop gives to community

From left to right are Hannah Johnson, Liza Barbee, Abigail McCulloh, Emily Rothenbush, Sophia Billie, Brittany Mack and Caitlin Shekleton, who are a part of third-grade Brownie troop (191) from West Point. They visited a food pantry in Monroe Nov. 7 to promote a sense of giving to one's community. The girls learned the food pantry provides emergency food assistance to individuals and Families. The food pantry obtains its food from donations and the community food bank. The girls were able to ask questions and also presented their individual food donations to the pantry.

PHOTO PROVIDED



Making a difference

National Make a Difference Day campaign ran Oct. 25-Nov. 14. Balfour Beatty Communities had a food drive to assist Military members and their Families who are in need. BBC collected enough food to make two food baskets, which included a 14-pound turkey for each Family and delivered them to two Military Families at West Point. In addition, BBC received 20 cases of Snyder Pretzels and donated them to Waiting Families Support Group, Warrior Transition Unit at West Point, Boy Scout Troop 23 for their coat and food drive, and the rest will be sent to Iraq to the troops. Debbie Peterson (right), Louise Ennesser (standing) and Jody Gellman from Balfour Beatty are seen here working on a food drive box.

PHOTO BY JEN PAGIO/ACS VOLUNTEER COORDINATOR

Reflective Vest/Headphone use

Reflective vests required at West Point, especially during limited visibility hours for all runners and walkers. No headphones/earphones are to be used while crossing any streets or roadways. Enforcement is in effect.

Army and Community Sports

Rugby seeks undefeated fall versus Navy

Story and photos by
Eric S. Bartelt

A battle of two titans on the pristine Anderson Rugby Complex pitch welcomes fans to venture out and watch Army clash against academy rival Navy at 7 p.m. Friday.

Army's A-side will put its undefeated fall season record on the line as they will try to avenge a couple of two-point losses from a year ago versus the Midshipmen.

Last season, Army fought hard with a young group of ruggers, but came up short in 34-32 and 19-17 losses. Now, a more seasoned team is ready to take the pitch and prove they are the better squad.

"We've got to be physical," said Army head men's rugby coach Rich Pohlidal. "We need to establish that we're going to be as direct as we need to be with them. We're going to win the point of contact whether it's on defense or on a tackle or running the ball."

"We have an arsenal that's the width of the field where we can use the kick, the corners and we can use pass-catch in the middle of the field," he added. "We have a lot of different weapons ... I'm excited to see how we're going to do and when Navy stands up with us at the line, I want to see us overpower them, three-step them, get around them, get our shoulders through and win the point of contact."

Pohlidal is impressed with his 8-0 group and how many of them have continued to progress in the face of learning on the fly, especially Yearling flyhalf Dave Geib.

Geib started last fall as a plebe and took control of the team like he was the quarterback, Pohlidal said, and with his measure of success, Pohlidal is astounded at how good of a player Geib is with so little

experience.

"You tell (Geib) to do something and he does it and does it well. It's almost too easy to coach him because he's very gifted as an athlete," Pohlidal explained. "He was our 10 (flyhalf) last year against Navy in the fall not having played that position prior to that. His first opportunity to play that position was under the lights in front of a huge crowd here after we won the Northeast (Rugby Union Men's Collegiate) Championship."

"He didn't contribute to that Northeast championship on the field, but he was a consistent performer on the developmental side and at that point he was a freshman who had only played rugby for 3 1/2 months," he added. "It was a leap of faith, but it was the right choice. He's probably one of the top 10s (flyhalf) in the country right now."

Army has a staple of quality athletes that Pohlidal has credited with the team's success this year to include Geib's older brother, Dan, who is a flanker, and firsties 8 man Austin McNaul, scrumhalf John Wagner, center Michael Fleming and Cows fullback Josh Minton, prop Mark Wilson, flanker Matt Wasilewski and outside center Michael Sheehan.

The team's success is not just limited to those players, as many of the team's forwards and backs have contributed this season. One of the biggest contributors has been Firstie hooker Tom Sandonato.

Sandonato is a mild mannered team captain who has the heart of a lion and brings a lot to the field for the Black Knights.

"I love the guy. I get emotional just talking about him," Pohlidal said. "He's very spirited. He knows how to deal with situations and his interpersonal skills are fantastic. He's bright, he's well thought of by

the team and within the corps.

"Tom is a tough, strong kid, but he doesn't come off that way," he added. "Don't let (his big) smile fool you, he's tough as nails."

One of the highest compliments Sandonato received was from his coach when he said he has Maj. Richard Winters' qualities. Winters is well known as the commander of Company E, 506th Parachute Infantry Regiment, 101st Airborne Division, also known as the "Band of Brothers," that fought across Europe after dropping into Normandy on D-Day.

"Tom has Maj. Winters' attributes, and he keeps himself in a posture where he motivates from a quiet reserved position, but he has a lot of strength ...," Pohlidal said. "The team and the coaching staff have the ability to push to a very high level, which is stressful for anyone involved, and Tom keeps the team together through those pains."

"It's a difficult position where he has to be the boundary between the coaches and the rest of the team, but he has his own way of motivating people," he continued. "And keeping their spirits and confidence up is his strength."

The Wheatfield, Ind., native came to the team his yearling year after spending his plebe year on the powerlifting team. He wanted to be a part of a sport that was more team oriented and found a niche with rugby.

Sandonato works hard at improving his game, but he finds the work ethic in other guys to be quite motivating.

"A guy like Mike Sheehan has one of the hardest work ethics on the team," Sandonato said. "He's always doing something to better himself and you look at him and go, 'Man, Mike is never going to quit, is he.'"

Sandonato also has a strong work ethic that led to him being named team captain and also earned him a chance to go overseas last fall to France for the Semester Abroad Program.

He got to work on his game in France, but found it to hard to miss Army's games.

As much as he can't wait to deal Navy a loss, he's already helped settle a few scores this year with an early season victory against Harvard.

Sandonato missed last year's Harvard match, which Army lost, but he returned this year and scored two tries in Army's 34-12 win against the Crimson.

"It was our first match and it was special because we lost to them last year for the first time in awhile, which was our first conference loss in a long time as well," Sandonato explained. "There was a big chip on our shoulder to beat them this year. We came out and played really well



Cow outside center Michael Sheehan impresses his teammates with his work ethic and his coach calls him the "unsung hero of the team."

against them and took the game."

They finished with a 12-5 record a year ago, but every loss stuck with the team, especially the two they had in the Sweet Sixteen tournament against Cal Poly and Tennessee, the latter in triple overtime.

If the Harvard loss created a chip, the Navy and Sweet Sixteen losses created a two-by-four on their shoulder that they want to knock off.

"It's still etched in our minds thinking about if we were in good enough shape and such last year and now we're trying to gear up and build the foundation -- focused on weight training and conditioning," Sandonato said. "(Losing a tough game to Tennessee) helps you not get too complacent. You can't become complacent because there will always be other teams training to get better than you and that puts it into perspective."

"We've got to work for everything we get, so we should take advantage of any extra time we have to improve ourselves and leave everything on the field," Sandonato added. "We should have that kind of attitude."

Sandonato is pumped about Friday's match against Navy and is looking forward to having plenty of fans come to the picturesque

complex and have a good time.

"We look forward to all the support we're hopefully going to have for Navy," Sandonato said. "I'm really excited about introducing a lot of people to the sport, and I think once they see it, they will like it."

Pohlidal said everyone from the West Point and local communities is welcome to come join the celebration. With help from the Directorate of Cadet Activities, the rugby team will offer pointers to children on how to play rugby and a concessions tent that offers pizza and adult beverages to those who come to the field to watch the rugby match.

"This is about reaching out to the community and let them know we appreciate them being down here and, hopefully, ... they'll recognize rugby as a flourishing sport," Pohlidal said. "Watching our guys perform is a great opportunity for a lot of people to (enlighten) themselves about cadets. It would be nice to have witnesses to what they do down here day in and day out, because rugby is a physical sport and these kids are putting their bodies on the line out there. They are doing it for each other, but when there are other people here to see them, they do it for them, too."



Firstie hooker Tom Sandonato prepares for the Navy match Friday during practice with a teammate during a pass-catch drill.



Brigade champs!

The Company D-1 Ducks and friends (above) celebrated their 4-2 victory over Company G-3 following the brigade championship soccer game at Daly Field Monday. Brigade wrestling and basketball championships were held in Arvin Gymnasium Tuesday, and championship football and biathlon matchups took place on Daly Field Wednesday.

(Right photo) Firstie Reed Timme (front), Company H-2, holds the Frisbee during the brigade championship ultimate Frisbee matchup against Company B-4. "Happy Deuce" defeated the Buffaloes 14-7, winning the championship with an 11-1 record in the season.

SGT. VINCENT FUSCO/PAO



Flag Football Playoffs

*Final playoff results

Playoff quarterfinals:

- MEDDAC 27, USCC/BTD 12
- 105TH ANG 8, Marines #2 6
- MPs 20, Marines #1 6

Playoff semifinals:

- 105TH ANG 26, MPs 21
- ODIA 24, MEDDAC 0

Flag Football Championship:

- ODIA 34, 105TH ANG 6

Congratulations to the 2008 Flag Football champions: ODIA

Corps

Sports calendar Nov. 20 - Dec. 6

SATURDAY -- FOOTBALL @ RUTGERS, PISCATAWAY, N.J., NOON (SPORTSNET NEW YORK -- CHANNEL 70, HD CHANNEL 770.)

SUNDAY -- SWIMMING AND DIVING VS. COLUMBIA, CRANDALL POOL, NOON.

SUNDAY -- WOMEN'S BASKETBALL VS. LOYOLA, CHRISTL ARENA, NOON.

SUNDAY -- MEN'S BASKETBALL VS. PRINCETON, CHRISTL ARENA, 2:30 P.M.

NOV. 29 -- WOMEN'S BASKETBALL @ AIR FORCE, COLORADO SPRINGS, COLO., 4 P.M.

DEC. 1 -- MEN'S BASKETBALL VS. PRESBYTERIAN, CHRISTL ARENA, 7 P.M.

DEC. 3 -- WOMEN'S BASKETBALL VS. ALBANY, CHRISTL ARENA, 7 P.M.

DEC. 4 -- SWIMMING AND DIVING VS. NAVY, CRANDALL POOL, 3:45 P.M.

DEC. 6 -- FOOTBALL VS. NAVY @ PHILADELPHIA, NOON (CBS)

Club

FRIDAY -- MEN'S RUGBY VS. NAVY, ANDERSON RUGBY COMPLEX, 7 P.M. (ACTIVITIES AND CONCESSIONS AREA OPEN TO PUBLIC FROM 5-7 P.M. BEFORE THE ARMY/NAVY RUGBY MATCH.)

SATURDAY -- JUDO TEAM, USMA JUDO TOURNAMENT, ARVIN GYM (2ND FLOOR), 8 A.M.

CLUB RESULTS

• **Cycling Team:** The USMA Cycling team competed in the U. S. Grand Prix of Cyclocross last weekend in West Windsor, N.J.

Described as the premier cyclocross series in the United States, the race course and a field of world-class competitors lived up to all expectations. Cows Erik Wilburn and Joseph Grimm, Yearlings Nicole Hilaire and Judith Li and Plebes Gregory Keith and Caitlin Mcardle all raced in the prestigious two-day event.

Two noteworthy performances were that of Hilaire and Grimm. Hilaire had a breakout weekend as she took on the challenging and muddy course and finished first for the women's team both days.

Grimm, in his best race of the season, earned a podium spot with a solid third-place finish on the second day of racing in the Category 4 men's race.