

June changes [as of 6/20]	
C FUND	- 1.11 percent
I FUND	- 0.37 percent
S FUND	- 1.29 percent



232nd Army Birthday

The youngest officer, 2nd Lt. Saddie Randall [left], Dean of the Academic Board Brig. Gen. Patrick Finnegan, USMA Command Sgt. Maj. Michael Bergman and the youngest Soldier, Spc. Rebekah Abrams, cut the Army birthday cake June 14 celebrating Army's 232nd birthday at the West Point Club.

KATHY EASTWOOD/PV

SOSH's Gallagher named White House Fellow

Story and photo by
Eric S. Bartlett
Sports Editor

It was Veterans Day 1988 when President Ronald Reagan spoke at Fort Myer, Va., home of the Old Guard and the Tomb of the Unknowns, and part of his captivated audience was a young private by the name of John Gallagher.

Gallagher grew up in San Jose, Calif., as an undisciplined young man who wasn't sure he had the potential to do bigger things with his life. But, it was the moments he spent at the Old Guard and Reagan's speech when he realized he had a greater purpose.

"The year I spent with the Old Guard changed my life and was

the defining period when I started to grow up from a young surfer in California to becoming a Soldier and a leader," said Gallagher, whose job was part of the official ceremonial unit and escort to the president with the 3rd U.S. Infantry Regiment [Old Guard]. "When Reagan spoke about the importance of veterans and the importance of serving, it made me realize there's more to my service than college money."

The once immature high school surfer/skateboarder is now finishing up three years at West Point as an assistant professor in the Social Sciences Department and as the director of the U.S. Military Academy Scholarship Program and will now be in the vicinity of a president once again, as he earned



Maj. John Gallagher

one of the prestigious White House Fellowships.

Fifteen highly motivated Americans, including Maj. Gallagher, will be serving as White House Fellows this year. See FELLOW on page 3

Supe announces new study group

By Irene Brown
Chief, Command Information

U.S. Military Academy Superintendent Lt. Gen. Buster Hagenbeck recently announced that retired Gen. Tom Schwartz, a member of the USMA Class of 1967, will head a study group to conduct a comprehensive review of the Army football program and its relationship to the total West Point experience.

"The group will conduct an unbiased and strategic analysis of the factors affecting the competitive success of the program," Hagenbeck explained. "Their recommendations will be vetted against the mission, vision and goals of the academy."

According to Col. Kelly Kruger, West Point's Director of Policy, Planning and Assessment, the panel is being convened because football is such an integral part of academy life.

"Football is important to the academy and to the Army. It provides developmental opportunities for the Corps of Cadets and the revenues generated support the entire athletic program," he said. "More importantly, winning in sports teaches the cadets the lifelong value of being a winner, how it takes a total team effort to achieve positive results and presents the Army and West Point in a very positive manner to the public."

The panel, consisting of many former Army athletes, as well as notables in collegiate and professional sports, will objectively evaluate all the components that influence the success of the football program and provide recommendations for potential changes, Kruger explained.

Serving on the panel will be Schwartz, retired Gen. David Bramlett, retired Rear Adm. Tom Lynch [USN], retired Brig. Gen. Pete Dawkins, Harry Walters, David Harkins, Rob Healy, C. "Rollie" Stichweh and coaches

Jim Young, Mike Krzyzewski and Bob Sutton. The group initially met shortly after graduation and will reconvene before the new academic year begins.

"General Schwartz has brought together an impressive team," Kruger continued. "Most played Army football or lettered in other Army sports and all are dedicated to improving the entire academy, not just the football program."

"Their objective is to review the football program as part of the total academy experience," Kruger added. "Additionally, this study is not simply about football, but part of the superintendent's total transition strategy. The concepts that emerge will benefit the entire institution and the development of every cadet."

This is not the first time a panel has been selected to review the Army football program. Former superintendent, retired Lt. Gen. William Lennox convened one five years ago. That panel contained several highly respected members

See PANEL on page 10

INSIDE



SUMMER SOFTBALL,
pages 13-14

Community Point-of-View

Tips to help reduce the chance of Sexual Assault

FORT BELVOIR, Virginia -- Although Sexual Assault Prevention month was in April, the U.S. Army Criminal Investigation Command, wants to keep sexual assault prevention in the forefront by sharing ways to prevent becoming the victim of sexual assault.

According to CID Special Agent Stephanie James, sexual assault is a crime that occurs between two or more people. There are numerous ways individuals, particularly

females, can minimize the chance of becoming a victim.

James said people should always be alert and learn to trust their instincts in all situations.

"If a place or person makes you feel unsafe, it probably is," emphasized James who has successfully investigated hundreds of cases throughout her career. "People should always look for signs of trouble, such as strangers in private areas or persons loitering in suspicious places, or people who make you feel uncomfortable. If you sense trouble, trust your instincts and get to a safe place as soon as possible. If you feel you are in danger, attract help anyway you can."

According to the Rape, Abuse and Incest National Network and the Army's Sexual Assault Prevention Program's Web site, about two-thirds of sexual assault victims in the United States knew their assailants. "Acquaintance rape," which includes date rape, refers to those rapes that occur between people who know one another. "Date rape" refers to situations in which a person goes on a date and then is raped.

Another statistic backed by numerous studies indicates that about half of all U.S. sexual assaults involve the use of alcohol by the

Some ways to minimize the chances of becoming a victim include:

- Be aware of your surroundings -- who's out there and what's going on.
- Be prepared -- stay in groups, travel with a buddy and know there is safety in numbers.
- Walk with confidence. The more confident you look, the stronger you appear.
- Always safeguard your personal information.
- Remember: "No" means "No." Use a confident voice and body posture.
 - Match your body language to your words.
- Do not just "go along" for the wrong reasons.
- Watch out for warning signs or "red flags" from your partner in intimate situations
- Don't let drugs or alcohol cloud or hinder your judgment.
- Be assertive -- don't let anyone violate your space.
- Don't prop open self-locking doors.
- Never leave your home key at an auto repair shop with your car key.
- Watch your keys. Don't lend them. Don't leave them. Don't lose them.
 - Don't put your name and address on the key ring.
- Watch for unwanted visitors. Know who's on the other side of the door before you open it.
- Be wary of isolated spots, like underground parking garages, offices after business hours and apartment laundry rooms.
- Avoid walking or jogging alone, especially at night. Vary your route.
 - Stay in well-traveled, well-lit areas.
- Have your key ready to use before you reach the door -- home, car or work.
- Park in well-lit areas and lock the car, even if you'll only be gone a few minutes.
- Drive on well-traveled streets, with doors and windows locked.
- Never hitchhike or pick up a hitchhiker.
- Keep your car in good shape with plenty of gas in the tank.
- In case of car trouble, call for help on your cellular phone. If you don't have a phone, put the hood up, lock the doors and put a banner on the rear-view mirror that says, "Help. Call police."

SAPR-P

The members of the Sexual Assault Prevention and Response Program are Col. Jeanette McMahon, Shelley Ariosto [Garrison], Maj. Samantha Ross [USCC], Maj. Kim Kawamoto [ODIA] and Lt. Col. Robbie Williams [Dean]. Community members can e-mail McMahon at Jeanette.McMahon@usma.edu for advice or to offer any recommendations on the program here.

Cadets can also call the sexual assault support helpline at [845] 591-7215.

West Point Soldiers and civilians needing assistance can call [845] 938-3369.

offender, the victim or both.

If a victim wants to report a sexual assault to law enforcement, it should be done as soon as possible after the assault. Victims can notify Military Police, civilian police, their chain of command or CID directly. The victim should remember to preserve as much evidence as possible.

CID officials recognize how traumatic and difficult a sexual assault can be for victims, but at the same time stress how vital evidence

can be.

"It is very important for us to obtain as much information and evidence as possible and as soon as possible," James cautioned. "The victim should not shower or brush their teeth or touch or disturb anything at the crime scene," she continued. "If possible, it's important [that] a victim write down every detail they can remember right away.

"If the victim has sustained an injury, they should seek immediate

medical attention and let the medical personnel contact the appropriate law enforcement agency," James added.

"Bottom line, we want to do everything possible to ensure we bring to justice anyone who has committed a sexual assault and more importantly we want to help prevent it from happening in the first place," James said.

For more information on policy, prevention and training, visit the CID Web site at www.cid.army.mil and click on Victim's Assistance.

Weekly Sudoku by Chris Okasaki, D/EECS

	9					1	6	
7				6	5	3		2
		4				6	9	
	2		3		1		5	
	5	3				8		
8		9	1	4				7
	4	5					1	

Rules: Fill in the empty cells with the digits 1-9 so that no digit appears twice in the same row, column, or 3-by-3 box.

Difficulty: Medium

See Solution on Page 10

POINTER VIEW®

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Local and National News

FELLOW, cont. from page 1

Gallagher, will participate in the year-long program, which starts in September. The program offers these exceptional individuals the chance to work at the highest levels of the federal government as special assistants to the senior White House staff, the Vice President, cabinet secretaries and other top-ranking government officials.

The White House Fellowship program, started in 1964, is designed to give these 15 individuals first-hand experience in the process of governing the Nation and a sense of personal involvement in the leadership of society.

"It feels like a privilege and a responsibility to be given this exceptional opportunity to gain a perspective on how the federal government works," Gallagher said. "It is a year intended to equip young leaders and public servants to continue leading and serving. The thought that I can gain this perspective while being equipped with new skills that will allow me to serve and lead the Army is greatly valuable."

Gallagher, who had been competing with more than 1,000 applicants since February, learned June 15 that he earned one of the 15 White House Fellow slots.

The infantry officer and Army strategist, who served with the 82nd Airborne Division and the 1st Armored Division, is honored at the opportunity because it gives military members who are chosen the opportunity to be exposed to the policy process and increases the chances of the military having a better voice in policy making.

However, to get a chance at the

year-long fellowship was a daunting process that included writing five essays, submitting five letters of recommendation and providing extensive detailed autobiographical information. The process narrowed the number of applicants down to 110 people for the regional finals, which for Gallagher took place in San Francisco.

After making it into one of the final 32 positions, the finals were held in Annapolis, Md. Gallagher, a 1994 USMA graduate and graduate of the U.S. Military Academy Preparatory School, found a hint of irony involved in going to the U.S. Naval Academy to earn his fellowship.

"I never thought I would be so excited to go down to Navy," Gallagher explained. "We conducted the final interviews during a three-day event that included three social events, which were part of the competition -- to see how well we engaged with our peers and the presidentially appointed commissioners."

According to Gallagher, he was involved in nine interview panels that lasted about 20-to-25 minutes each involving questions ranging from long-term goals and what would you do with 20 million dollars to what would you do about China, Russia and India forming certain economic and political alliances. In the end, it was a great chance to meet some special people.

"What I learned during the national and regional finals is there are so many people out there, whether you win a fellowship or not, who are committed to public

service, committed to serving the Nation, some in uniform [one other Army officer and three Air Force officers were selected for this group], some who are not in uniform and it's really inspiring," Gallagher stated. "During the regionals and the finals, I competed with an orthopedic surgeon, a journalist, a Marine from Korea, a state trooper from Washington, a bunch of folks who I might not run into very often, but I became good friends with them.

"It was quite an interesting dynamic to be in a room with all those leaders and exceptional people from many different fields [trying to grab the few fellowship slots available]," he added, "yet we were all working together and sharing our experiences with one another."

Gallagher studied terrorism and political Islam at the University of Chicago for his master's degree and would like to follow that path

within the fellowship program by working with the National Security Council or the State Department.

While at West Point as an assistant professor, he got the chance to use his knowledge from his substantive academic work in terrorism and counter-terrorism to teach cadets. Gallagher is appreciative of the many people along the way that helped him achieve his fellowship, especially retired Col. Rob Gordon and Col. Maggie Belknap, Director of Economics here, for their guidance, but most of all, he believes the cadets were his biggest inspiration.

"It's been truly the highlight of my career to work with these exceptional cadets," Gallagher explained. "To be in a classroom teaching these cadets, who know full well the dangerous world that awaits them, but who are committed after graduation to lead, inspire and protect our Soldiers on the ground -- that's the highlight of

my professional career.

"To tie it to the White House Fellowship, there is no greater preparation program for this highly competitive fellowship than spending two-to-three years working with the top cadets at West Point," he added. "Teaching them about policy issues and the Army and mentoring them and developing their life visions for leadership and public service, while in the process they're helping to develop us as a faculty, has been a blessing for me. My success in the White House Fellowship Program in many ways is a product of the relationship I've had with these cadets over the past three years."

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COM.

Military combat eye protection program, approved protective eyewear list

By Capt. Eric Spotts
KACH Optometry

Are you deploying soon? Do you value your sense of sight?

Eye injuries currently account for more than 10 percent of all combat-related injuries from OEF and OIF. The most common causes of injury are small, high velocity fragmentations from improvised explosive devices.

In an effort to decrease the devastating eye injuries returning from theater, the military initiated a program to ensure its Soldiers are wearing eye protection which meets specific military ballistic standards. Commercial protective eyewear which passes strenuous impact and field-testing is placed on the Authorized Protective Eyewear List. The result is an approved list of eyewear that combines superior ballistic protection with style and function in an attempt to increase Soldier safety and mission readiness.

In the past four years the Military Combat Eye Protection Program has grown from a small unrecognized program to a genuine shift in Army culture, with combat eye protection mandated in theater. Latest surveys of optometrists in theater indicate that 95 percent of Soldiers wear military combat eye protection "outside the wire" and Soldiers are increasingly aware of the value of eye protection whenever their eyes may be in jeopardy.

Combat eye protection is currently being issued to initial entry Soldiers and to those deploying through the rapid fielding initiative. Made aware of the combat eye protection choices, units may choose to purchase a preferred APEL item. All APEL items have national stock numbers assigned and can be ordered via DOD EMALL, normal supply channels through the Defense Supply Center Philadelphia General and Industrial [S9I] or the DSCP Prime Vendor Contract.

Units purchasing combat eye protection should plan to take a full complement of replacement parts for their chosen MCEP item to theater. Units should choose APEL eyewear that supports optical inserts for their Soldiers that require prescription lenses [look for the words "Rx Capability" under the description].

Soldiers wishing to purchase combat eye protection should

consult the APEL and choose a product from that list. Again, note - if you have a prescription for glasses, pick a product stating "Rx Capability." A P E L eyewear at Clothing Sales is identified with a sticker stating "APEL Approved." A P E L eyewear is also commercially available and can be found at other retailers.

Deploying Soldiers needing prescription inserts for their APEL approved combat eyewear can order their inserts from their local military optometry clinic. Soldiers should bring their approved ballistic eyewear and prescription with them to the clinic when ordering inserts to ensure the correct carrier is ordered.

Despite efforts to train and supply the fighting force with combat eye protection from the Authorized Protective Eyewear List, optometrists from theater are still reporting that Soldiers are arriving there with non-APEL eyewear. Remember, non-APEL combat eye protection has not passed the military's stringent testing and is not approved. Other common problems include Soldiers deploying with ballistic eyewear

that does not accept a prescription insert, deploying without inserts for their protective eye wear and, finally, deploying without replacement parts for their specific MCEP item in case of damage or loss.

Soldiers following the basic steps outlined in this article and using the APEL when buying

protective eyewear can be assured they are maximizing protection to their eyes. An updated APEL, published by the Program Manager-Clothing and Individual Equipment, provides information for ordering

the new eyewear. The list can be found at <https://www.peosoldier.army.mil/pmequipment/eyewear.asp>.

For more info., call the KACH Optometry staff at 938-2206.

Authorized Protective Eyewear List (APEL)



UVEX XC (Rx capability)
(4240-01-516-5361)

BODY SPECS PISTOL
(Rx capability)
(4240-01-526-9637)

WILEY-X SGT
(4240-01-504-0994)

WILEY-X PT-1
(4240-01-510-7853)

ESS ICE 2 SPECTACLES
(Rx capability)
(4240-01-525-5085)

OAKLEY SI BALLISTIC
M FRAME
(4240-01-525-3095)

REVISION SAWFLY
(Rx capability)
(4240-01-527-4051 Reg)
(4240-01-527-4018 Irg)

ESS LAND OPS GOGGLES
(4240-01-504-0052)

ESS VEHICLE OPS GOGGLES
(4240-01-525-5101)

ESS LOW PROFILE GOGGLES
(4240-01-504-5706 OD)

ARENA FLAKJAK
(4240-01-527-4076)



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Community Features and Photos

Community member active in 'Puppies behind bars' program

Story and photo by
Kathy Eastwood
Staff Writer

Dogs have provided services to humans for centuries. They are employed as sled dogs providing transportation, to keep sheep and cattle in line on a farm or ranch and for search and rescue to help locate missing people.

Today, the employment opportunities for dogs have expanded with many now working as guide dogs for the blind, companions, protection dogs and explosive sniffers. Much of the training of these service dogs is provided by volunteers like Trudy Clark, occupational health nurse in preventive medicine here at Keller Army Community Hospital.

She is working to socialize an eight-month-old Golden Retriever named Lily. Clark is also the case manager of the recently established wounded warrior program at KACH.

Lily comes from the Fishkill Correction Facility in Beacon, N.Y., where she is being raised by a prisoner and is part of the Puppies Behind Bars program.

"Lily is only one of 16 dogs prisoners are raising there," Clark said June 15. "The prisoners receive the dogs at the age of eight weeks and keep them for 16 months. The dogs are 'furloughed' two or three weekends a month to volunteers who help socialize the dogs -- to get them used to sights and sounds they won't find in prison, such as riding a bus, being around children or hearing the sound of a can opener. I have Lily for a day and will be taking her back to the prison this evening."

The PBB program was started by Gloria Gilbert Stoga who was part of New York City Mayor Rudy

Guillani's Youth Empowerment Service Commission until she left to found the PBB in 1997.

"The program began with five puppies at the Bedford Hills Correctional Facility in Bedford Hills, N.Y.," Clark said. "The prisoners are thoroughly screened, undergo psychological testing and are usually trustees. They also receive intensive puppy-raising training and are located in a segregated area of the prison."

Clark said the dogs are trained in several phases.

"The dogs are primarily raised by the prisoners, but are sent out to other volunteers for socialization for a day or two. After 16 months with the prisoners, the dogs are sent for testing and five or six more months of [additional] training," she said. "The program started with training guide dogs for the blind, but has expanded to include service dogs for people with disabilities and bomb detection."

Clark is also very interested in obtaining service dogs for Soldiers who are wounded or suffering from post traumatic stress disorder and has worked in starting a community volunteer program for the PBB that will begin training volunteers in July.

Clark's cousin works at the Bedford Hills Correction Facility, which is how she learned about the PBB program.

"I became so enamored with the idea of seeing the dogs at Bedford," Clark said. "I just thought it was a great idea so I volunteered. Lily is the fifth dog I've had and it's the second time I've had Lily. She is just so charming and pleasant."

The program has been a great success, according to PBB. There are more than 100 dogs in training in various local prisons including Mid-Orange Correctional



Security guard John Bertrand [right], stops to talk with Trudy Clark, occupational head nurse for preventive medicine, while she walks Lily, an eight-month old Golden Retriever here June 15. Lily is part of the Puppies Behind Bars program that has prisoners raise and help train the animals to become guide dogs for the blind, companions and bomb sniffers.

Facility in Warwick, N.Y., Wallkill Correctional Facility in Wallkill, N.Y. and Otisville Correctional Facility in Otisville, N.Y.

"The PBB has been beneficial to the prisoners as well as the dogs," Clark said. "The prisoners take on the responsibility of caring

[for] and training the dogs and have a companion with them 24 hours a day. They are often very sad to give the dogs up after 16 months."

Cadets visit 'Incredible India' as part of AIAD

Story and photos by
Maj. Brian Doyle
Asst. Professor
G&EnE

"Incredible India" is the marketing slogan used by the Indian Ministry of Tourism. Over the course of 16 days, Cadets 1st Class Mary Ann Kearney, Jeff Nichols, Mark Seelen and Sara Drane along with Cadet 2nd Class Deanna Comstock, and Department of Geography and Environmental Engineering Assistant Professor Maj. Brian Doyle, got to find out exactly how incredible India is.

This trip, sponsored by G&EnE, gave the cadets a better understanding of the cultural diversity of the second most populous country on Earth.

The five cadets were chosen from a large and very qualified applicant pool based on their academic performance as well as their interest in and enthusiasm for visiting India. Comstock, Kearney, Nichols and Seelen are all Human Geography majors and Drane is an Environmental Science major.

The trip spanned many different regions and environments as it covered over 1,515 miles of railroad, highway and airspace across the sub-continent. Time was spent in major urban areas including New Delhi, Mumbai and Hyderabad, as well as smaller cities and rural villages.

The cadets were able to discern the significant differences between the densely populated government center of New Delhi, the more cosmopolitan business-oriented city of Mumbai and the growing technology center that is the city of Hyderabad.

Throughout the trip, the rich cultural history of India was evident in the architecture and landscapes encountered. The travelers observed and studied this history as it transitioned from Hindi, Mongol, British and the present-day global influences.

As part of the initial orientation to India, the cadets were invited to the U.S. Embassy in New Delhi where Lt. Col. Rick White [USMA '84] arranged an informational brief from the embassy staff to include the Political and Economic Affairs division, U.S. Agency for International Development, the Drug Enforcement Administration and the Military Attache's office. This provided an excellent base of knowledge for the cadets to truly begin their exploration of India within the context of its role with the United States.

Cadets gained a tremendous appreciation for the religious diversity in India, visiting a Sikh temple, Islamic mosques, a Baha'i house of worship, Buddhist temples and many Hindu temples. They interacted with many of the people visiting and working in these places



Cadets 1st Class Mark Seelen [left riding elephant] and Mary Ann Kearney catch a ride off the road to Khajuraho, India. Five cadets and a G&EnE faculty member visited India for 16 days.

of worship and all walked away with a tremendous understanding of the common ground amidst the diversity.

Although many beautiful monuments were visited -- including the Taj Mahal -- the true value of this trip was found in the interaction with the local people. Traveling by bicycle rickshaw, the cadets navigated the narrow streets of Old Delhi, still vibrant and teeming with people. The common comment heard from all the cadets was a feeling of sensory overload, as the sights and smells of this city bombarded them with every turn of the head. This same scene was repeated in many other cities and villages, as simply meanderings among the crowded stalls and booths of a vegetable or spice market turned into a global awareness of the differences and commonalities between all of us.

In Hyderabad global connections were made all the more obvious as the tour included many of the new technology-related businesses that populate that city, including software companies with customers spanning the globe and the call centers that were receiving inquiries from the global market.

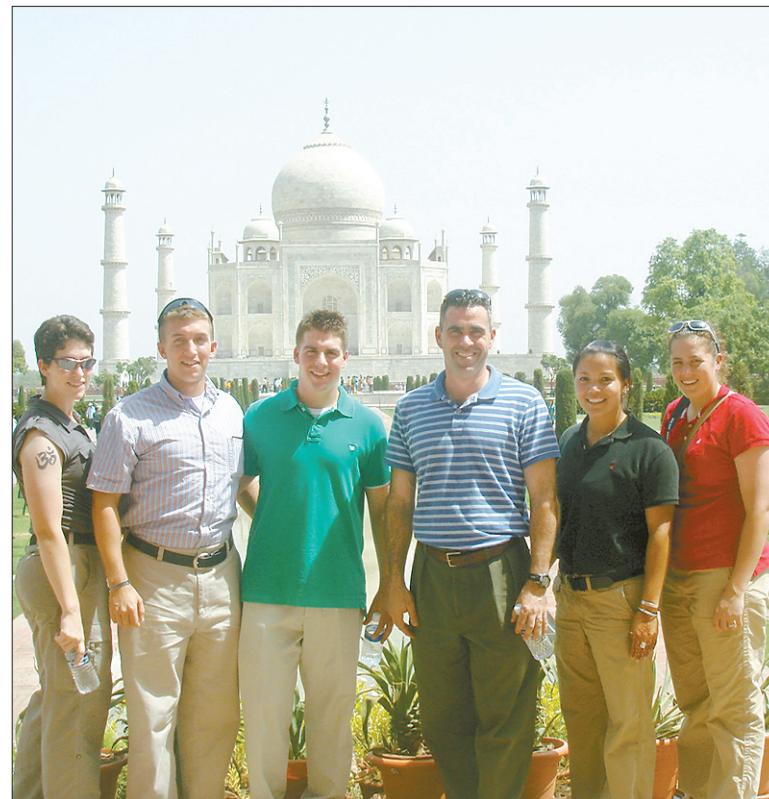
Above all, this trip brought to life

many of the themes that these cadets have been studying and reading about over the course of their time as G&EnE majors. India provided

them with an understanding not only of global diversity, but of the diversity even within the countries that make up the world.



Cadets 1st Class Sara Drane [left], and Mary Ann Kearney speak with women in Orchha, India.



Cadets 1st Class Sara Drane [left], Mark Seelen, Jeff Nichols, Maj. Brian Doyle, Mary Ann Kearney and Cadet 2nd Class Deanna Comstock visit the Taj Mahal.

Reducing stigma key to better mental health

By Jim Garamone

WASHINGTON [Army News Service] -- The key to improving mental health care in the military and in America is to reduce the stigma associated with seeking help, Defense Department medical officials said June 15.

The officials spoke during the release of the latest department Mental Health Task Force Report at the Pentagon.

Ward Casscells, assistant secretary of defense for health affairs, said reducing stigma associated with servicemembers and their Families seeking mental-health help is crucial to success in this effort.

"We need all the input we can get," Casscells said. "We're out there talking to Soldiers, line commanders, people in the corporate world, people in the university world, [and the] Institute of Medicine."

Casscells said the message he is trying to get to commanders and troops is that it is all right to seek help. He said many famous people in history have suffered from depression.

"Martin Luther, Gandhi, Beethoven, Sigmund Freud, Patton, Churchill, Abraham Lincoln - every one of them had bouts of depression through their life, and every one of them became a great success in some way," he said.

Better screening of servicemembers for possible mental health problems is part of the effort, Casscells said.

"We've got these post-deployment questionnaires that you fill out when you leave theater," he said. "When I left Iraq, I filled out a questionnaire that said: Were you near an IED that went off? Are you having trouble sleeping? Are you having trouble controlling your feelings? And so forth, and so on. A lot of people check 'no' because they want to get home."

New methods seek to assure troops that "even if they check 'yes,' they're going to get home and get care when they get home, that they can fill this thing out honestly," he said.

Another issue is follow-up care.

See STIGMA on page 9

Girl Scout earns Gold Award

By Lara and Rachel Schmoyer
Junior Girl Scout Troop #118
Member and Leader

Brittany Ransbottom, 17, a Senior Girl Scout with Troop #28, was honored Tuesday in a ceremony at Trophy Point to receive her Girl Scout Gold Award. Troop #28 is a combined group of scouts from Cornwall and West Point.

The Gold Award is the highest award that Girl Scouts ages 14 to 18 may earn and is the Girls Scout equivalent of the Eagle Scout Award for Boy Scouts. Someone once described the Gold Award as being "what you really want to be remembered for" in Girl Scouting.

Brittany accomplished many tasks to earn the award, including earning certain merit badges as well as performing 30 hours of leadership tasks, which she achieved mostly through Vacation Bible School, Sunday School and working with other Girl Scout troops and their activities. Forty hours of career exploration were also required. To accomplish this, Brittany with Troop #28 became the advertising company for the Cornwall Central High School drama "Me and My Girl." Brittany gathered ads, worked on layouts and posted signs and posters.

The intent of the Gold Award is to make a lasting change in the community. On April 28 Brittany completed her final requirement for the Award by hosting a "Girls in Engineering Day," held at Thayer Hall for all 7th to 10th grade girls who wished to attend.

The program gave the attendees a chance to learn about the different engineering fields and how young women of today can succeed and become the engineers of tomorrow. The event, set up in a round-robin format, allowed the different groups ample time to

both view and participate in each science.

Some of the favored activities were the Robotics activity conducted by the Electrical Engineering and Computer Science Department, the Bridge-builder program hosted by the Civil and Mechanical Engineering Department and the making of Silly Putty with the Chemistry Department. It was a wonderful opportunity for the girls to see engineering in action and to work side by side with cadets.

For many, the leadership skills, organizational skills, sense of community and commitment that come from "going for the Gold" set the foundation for a lifetime of active citizenship. Fewer than 6 percent of eligible Girl Scouts successfully earn the Gold Award, where awardees are honored at council-wide ceremonies.

The Gold Award recipients have demonstrated their capacity for leadership, organization and commitment to the community. Another benefit of achieving the Girl Scout Gold Award is that the recipients who join the U.S. military may receive advanced rank upon enlistment.

Also, some universities and colleges offer scholarships to Gold Award recipients. Yearly, GSUSA selects 10 girls to be Young Women of Distinction based on their Gold Award projects.



Lori Smith, West Point Girl Scout Service Unit Manager, [left], presents the Gold Award certificate to Brittany Ransbottom Tuesday during a ceremony at Trophy Point. Her parents, Senior Troop #28 Leader Valerie Ransbottom and Lt. Col. Scot Ransbottom, are also present.

PHOTO BY LARA SCHMOYER/WPGS JUNIOR TROOP #118

Brittany, who is also a National Honor Student, will be honored at a formal ceremony for Gold Star awardees held by the Sarah

Wells Girls Scout Counsel in August. This special ceremony was held so Brittany's father, Lt. Col. Scot Ransbottom, former

EE&CS Assistant Professor, had the opportunity to see his daughter honored before he deploys for Kuwait.

STIGMA, cont. from page 7

“We are getting some retired Soldiers, including chaplains and psychologists, who are going to make it their business to contact people at six months and say, ‘I just want you to know that we haven’t forgotten your service. I’m a veteran. And don’t forget there are all these things available to you. And by the way, I’m here to talk to you. I struggled with this or that. And you can call me confidentially because I’m not in the chain of command,’” Casscells said.

“But we want to make sure that, at six months, we’ve got everybody contacted,” he said. “And so we are working toward that goal.”

Rear Adm. John Mateczun, Navy deputy surgeon general, said the stigma of mental-health problems is a pervasive problem.

“We hope to find new ways to be able to deal with the questions that people have in their mind about seeking mental-health support,” he said.

The admiral said the Navy is reviewing policies about care for mental health and what that means for deployment.

“We have a lot of people who may not seek mental-health care appropriately,” Mateczun said. “One of the results of Operation Desert Storm and the reviews that went on about mental-health care after that conflict was that there were a number of people who actually deployed with diagnoses, with medications that they had received from private practitioners that we didn’t know anything about.”

The services need to make sure that people with diagnoses who are able to deploy, are given the proper medications and treatment, Mateczun said.

“We’ve reviewed our weapons qualifications policies and ... have modified our physical qualifications criteria so that those people who are on routine medications and doing well can continue to qualify and bear arms.”

Ease of access to care concerns Maj. Gen. Gale S. Pollock, commander of U.S. Army Medical Command.

“One of the changes that we’ve made is a program that we’ve called respect.mil,” she said. “Instead of requiring Soldiers or Family Members to go to a designated location because they’re getting behavioral-health care, it’s now done inside the primary care area so that we can do the assessment,

and people can just come to the clinic for behavioral-health issues the same as they would come for any physical health [issue].”

Navy Vice Adm. Donald Arthur, co-chairman of the task force, said the group has finished its work and presented the finished

report to Defense Secretary Robert M. Gates. The Defense Department will have six months to develop and begin to implement

an action plan.

[**Editor’s Note:** Garamone writes for the American Forces Press Service.]

What's Happening

WPWC

The WPWC Gift Shoppe, located next to the MWR Fitness Center, is open on the Web at www.shopthepoint.com and is open every Wed. in June from 10 a.m. until 2 p.m.

The Shoppe will be closed in July and August.

The Shoppe is always open by appointment by contacting Julie at 446-2950 or Pam at 446-2517.

Cannon practice

The USMA Honor Guard will have a live fire cannon practice Tues. from 9 to 11 a.m. at North Athletic Field in preparation for the Independence Day Concert July 7 at Trophy Point.

Fort Putnam open this summer

Historic Fort Putnam will be open throughout the summer every Fri., Sat. and Sun. from 11 a.m. to 4 p.m.

Vacation Bible School

West Point Vacation Bible School this year is June 25-29, from 9 a.m. to noon daily.

VBS needs volunteers in all areas: crafts, games, drama, kitchen, crew leaders, set up/clean up, decorating and registration.

Call Jen Lyle to volunteer at 446-5542.

Registration ends today. Forms are available at any church on post or at the Post Chapel Annex.

Call 938-2003 for more information.

American Red Cross Youth Leadership Conference

The American Red Cross is hosting a Youth Leadership Conference in New York City June 29 from 9 a.m. until 5 p.m.

Anyone interested should call 938-4100 for more information.

Free summer camp for kids

Operation Purple offers free summer camp for military youth. Camp Deer Run, located in Pine Bush, N.Y., runs July 1-14 for children ages 13 to 15 and from July 16-22 for ages 10 to 12.

All applicants must go online [www.operationpurple.com] to register.

Upcoming Triathlons

The 3rd annual Kid's Triathlon is Aug. 18 and the 18th Annual West Point Triathlon is Aug. 19 at Camp Buckner. Register for both at active.com.

BOSS resale lot moved

Are you looking to sell your automobile, van, truck, motorcycle, boat, trailer, or small motor home? Are you an Active Duty service member, DOD civilian, retiree or a family member?

For \$20 a month, the BOSS Resale Lot has slots available

for rent. The BOSS Resale Lot is now located on the left side of the Commissary parking lot.

All vehicles, boats, trailers and motor homes must be less than 24 feet.

For more info., call 938-6127/6497.

Harry Potter reservations

Come by the USMA Bookstore at Thayer Hall to put in your reservation for the newest Harry Potter book "Harry Potter and the Deathly Hallows" by J.K. Rowling. The book is due out July 21.

Anyone interested should complete a form at the cashier's booth.

The USMA bookstore, located in Thayer Hall on the fourth floor,

is open from 8 a.m. to 4 p.m., Monday through Friday.

Mine Torne Road closures

Mine Torne Road will be closed at various times this summer during Cadet Summer Training.

Field artillery will be firing now until June 30 and July 1. On those

days MTR will be closed from 6 a.m. to 9 p.m.

Convoy training will be conducted July 5, 7 and 8, as well as from July 16 to 27 and from July 30 to Aug. 3 and Aug. 7 and from Aug. 9 to 11. On these days MTR will be closed from 6 a.m. to 8 p.m.

NOW SHOWING in the movie theater at Mahan Hall, Bldg. 752

Friday -- Spider-Man 3, 7:30 p.m., PG-13

Saturday -- Lucky You, PG-13, 7:30 p.m.

June 29 -- 28 Weeks Later, R, 7:30 p.m.

June 30 -- Shrek the Third, PG, 7:30 p.m.

July 6 -- Shrek the Third, PG, 7:30 p.m.

The theater schedule can also be found at www.aafes.com.

Command Channel 8/23

June 22 - June 29

Friday

8:30 a.m. Army Newswatch
1 p.m. Army Newswatch
6 p.m. Army Newswatch

Monday - June 29

8:30 a.m. Army Newswatch
1 p.m. Army Newswatch
6 p.m. Army Newswatch

Solution to Weekly Sudoku

4	9	2	8	3	7	1	6	5
7	8	1	9	6	5	3	4	2
5	3	6	2	1	4	9	7	8
1	7	4	5	2	8	6	9	3
6	2	8	3	9	1	7	5	4
9	5	3	4	7	6	8	2	1
2	1	7	6	5	3	4	8	9
8	6	9	1	4	2	5	3	7
3	4	5	7	8	9	2	1	6

PANEL, cont. from page 1

of the football coaching fraternity, including former Nebraska head coach and U.S. Congressman Tom Osborne and former Dallas Cowboys head coach Bill Parcells, who served as an assistant coach at the academy under Tom Cahill from 1967 to 1969. The decision to withdraw the Army football program from Conference USA was based on the recommendations of the 2003 panel.

Keller Corner

KACH closures

All outpatient clinics, laboratory, pharmacy and radiology will be closed July 4 in observance of Independence Day.

The emergency room will remain open.

Blood Drive kick-off

There will be a Kick-Off Campaign meeting July 20 from 2 to 4:30 p.m. in Bldg. 626, Training Room #1, in preparation for the up-coming Hudson Valley Blood Services Program Aug. 20-23 Blood Drive.

Appointed key personnel from

each activity should attend this meeting.

Names of personnel attending should be submitted to Mary Mandia by either calling her at 938-2583 or e-mailing her at Mary.Mandia@na.amedd.army.mil or Capt. Gerald Keller at 938-6804, Gerald.Kellar@amedd.army.mil before July 20.

To prevent health care errors, patients are urged to SPEAK UP

Speak up if you have questions or concerns. If you still don't understand, ask again. It's your

body and you have a right to know.

Pay attention to the care you get. Always make sure you're getting the right treatments and medicines by the right health care professionals. Don't assume anything.

Educate yourself about your illness. Learn about the medical tests you get and your treatment plan.

Ask a trusted family member or friend to be your advocate [advisor or supporter].

Know what medicines you take and why you are taking them. Medicine errors are the most

common health care mistakes.

Use a hospital, clinic, surgery center or other type of health care organization that has been carefully checked out.

For example, the Joint Commission visits hospitals to see if they are meeting the Joint Commissions' quality standards.

Participate in all decisions about your treatment. You are the center of the health care team.

Clinical Breast Study

Female military health care beneficiaries between 30 to 45 years of age are invited to participate in an ongoing clinical breast study

MWR Blurbs

Summer Reading Rodeo

The West Point Post Library is conducting a "Summer Reading Rodeo" until July 28.

The program is open to all West Point community children ages 3 to 12. Registration ends today.

To sign up, stop by the Post Library, Bldg. 622, or call 938-2974.

Junior Golf Clinic

Registration runs until today for the Junior Golf Clinic June 25-29 at the WPGC. The event is for children 8 years and up.

Call 938-2435 for more info.

BOSS Aloha Cruise

The cruise is June 30 from 4 to 7 p.m. on the Supe's ferry at South Dock.

The event is open to the entire West Point community ages 18 years or older.

There will be food, beverages and a DJ.

Contact Connie Woodley at 938-6127 for more info on any of these BOSS events.

R-Day Buffet at WPC

There will be a Reception Day Buffet at the West Point Club's Grand Ballroom July 2 from 11 a.m. until 1:30 p.m.

For more info., call 938-5120.

Arts & Crafts

Classes begin soon at the West Point Arts & Crafts Shop.

Basic Stained Glass: June 30, July 7 from 10 a.m. to Noon.

Stained Glass Stepping Stones: Thursday, July 5 and July 12 from

6 to 8 p.m., as well as, June 30 and July 7 from 1 to 3 p.m.

For more info., call 938-4812.

Vendors needed

Come help us celebrate the spirit of Oktoberfest Sept. 30 from 10 a.m. to 3 p.m. at Round Pond.

Vendors are welcome on a first come, first served basis. Be sure to get your applications in by Aug. 1. Call April Anderson at 938-8185 for more info. and to register.

Executive Transition Workshop

Register now for the upcoming Executive Transition Workshop being held July 9-11 from 7:30 a.m. to 4:30 p.m. [attendance is required at all three days of the workshop] at Army Community Service [Bldg. 622].

Seating is limited, so reserve your spot today.

Attendance at this workshop will meet the requirement for Pre-separation Counseling [DD2648].

For more information, contact Jan Meert, ACS Employment Readiness Program Manager, at 938-5658 or janeatta.meert@usma.edu.

Financial readiness classes

Army Community Services is now offering a variety of financial readiness classes. Call Joyce Harris at 938-5653 for more information.

Dog grooming at Morgan Farm

Morgan Farm is now offering a dog grooming service at very reasonable prices.

Grooming is by appointment only.

Call 938-3926 or go to www.westpointmwr.com for more info.

USMA 5k/10k, Kids Fun Run

Registration is now open for the 2007 U.S. Military Academy 5k/10k and Kids Fun Run Aug. 25.

Register early and receive a free T-shirt.

For more information and to register, go to: <http://www.westpointmwr.com/EVENTS/10K/index.htm>.

Franklin Institute Science Museum

The Franklin Institute Science Museum in Philadelphia is offering

free admission to all military [active, Reserves and retirees] July 4.

The King Tut exhibit is also buy one ticket, get one free. Active duty military must present their military ID at the ticket counter to receive this special offer.

WPGC now open

The West Point Golf Course and Driving Range are open. Hours of operation are 7 a.m. to dusk.

For more information, call 938-2435.

To book your tee time, call 938-2435.

to evaluate a new non-invasive imaging technology for its ability to identify young women who may be at an increased risk for breast cancer.

Contact Joyce Epstein-Ross FNP at 938-8387.

U. S. Military Academy Band West Point, New York

Music Under the Stars

Hellcats, Jazz Knights and Concert Band, *Alumni Showcase*, June 24, 6:30 p.m. (Inclement site Eisenhower Hall).

Concert Band, *Great American Classics* with guest soloist Joseph Alessi, principal trombonist of the New York Philharmonic, July 1, 7:30 p.m.

Concert Band, *Independence Day Concert*, July 7 (Rain date July 8), 8:00 p.m.

Concert Band, *A Night at the Movies*, July 15, 7:30 p.m.

Trophy Point Amphitheatre

Free and Open to the Public

See schedule at www.usma.edu/band or call 845-938-2617

Secret to good customer service is no 'Mystery' at the Post Exchange

Submitted by James Leppla
West Point PX

WESTPOINT, N.Y.--Operating more than 3,100 facilities in more than 35 countries and 49 states requires the Army & Air Force Exchange Service to employ a variety of methods to track and improve customer service.

The AAFES' customer service department, for example, is engaged in an ongoing dialog with more than 11.5 million authorized military shoppers. In fact, the AAFES' customer comment program receives an average of

17,836 comments via telephone, mail and Internet each year.

In addition to this direct communication, AAFES also proactively surveys some 40,000 authorized customers each year through its Customer Service Index program.

The final tool in AAFES' customer service arsenal enlists authorized shoppers who, as they go about their normal shopping activities, function as Mystery Shoppers to confirm good service and shed light on issues in need of correction. For taking the time to fill out three sets of surveys concerning

their shopping experiences, AAFES Mystery Shoppers receive a \$30 gift certificate.

"An automated program identifies authorized exchange customers who are willing to tell us about their experiences at the Shoppette, Burger King, Subway and Main Store and other local exchange facilities," said the West Point PX's Main Store Manager Rick Evans. "Worldwide, we currently have 487 active Mystery Shoppers monitoring exchange facilities at 139 Air Force, Army and Marine installations across the globe."

Becoming a Mystery Shopper is a twofold process. Completing the online registration at www.aafes.com is the first step; the second step is being "invited" to be an active Mystery Shopper.

Every six months, a computer program randomly selects, from the registrant data base, a representative sample of shoppers at each installation to determine who will be a Mystery Shopper.

"The customer comment, Customer Service Index and Mystery Shopper programs allow

AAFES to monitor customer service on a local level," Evans said. "All of these efforts offer snapshots in time of daily store operations, providing valuable feedback to AAFES' military and civilian leadership."

Additional details concerning the Mystery Shopper program as well as information on how to provide feedback directly to AAFES are available under the "Become a Mystery Shopper" and "Contact Us" links at www.aafes.com.

R-Day rehearsal volunteers needed June 29

Volunteers should be at Eisenhower Hall's Crest Hall no later than 9:45 a.m. June 29.

Parking is available at Eisenhower Hall, Gillis Field House and Buffalo Soldier Field.

The rehearsal starts promptly at 10 a.m. and concludes at approximately 1 p.m.

Lunch will not be provided; you are welcome to bring a snack and carry it in your bag along with a bottle of water if desired.

Volunteers must be between ages 14 - 55. It is guaranteed to be a fun-filled day you will enjoy for generations to come. To register call [845] 938-2825/2826.

ONAP Fortification Tours

As part of the Orientation of Newly Arrived Personnel, West Point Fortification tours will be offered July 23 and 27 from 8 a.m. to 1 p.m. beginning at South Dock.

Anyone interested should contact the History Department's Melissa Mills at 938-3561.

Wear comfortable attire -- you will be walking.

Army and Community Sports

IM Softball heats up, MEDDAC soars



Marines second baseman Russ Carpenter ripped a three-run home run against the Directorate of Intercollegiate Athletics to help the Marines win 9-4 Monday.

ALL PHOTOS BY ERIC S. BARTELT/PV



Directorate of Public Works pitcher Joe Hofstra held the MPs 2nd Platoon to seven runs while hitting a decisive two-run homer in the top of the seventh to lead DPW to a 9-7 victory Monday.



DPW shortstop Tony Davis flips ball to 2nd baseman Ray Hart.

IM Softball heats up cont.



Intramural Softball

[As of Wed. games]

North Division	W - L
1. MEDDAC	6 - 0
2. DPW	5 - 0
3. ODIA	5 - 2
4. Stewart Marines	4 - 3
5. 1st/1st	3 - 2
6. USMA Band	2 - 2
7. MPs 2nd Platoon	2 - 4
8. W.P. Security	1 - 4
9. Bldg. 606	1 - 5
10. Mint	0 - 7

South Division	W - L
1. Dean/DOL	4 - 0
2. D/Law	4 - 2
3. Math	4 - 2
4. DPE/EECS	4 - 3
5. History	3 - 3
6. Engineers	2 - 2
7. BS&L	3 - 4
8. DOIM	1 - 4
9. CLS	0 - 5

Regular Season ends June 28. No games from July 2-5. Playoffs begin July 9 with a best 2 of 3 series in each round beginning with the 8th and 9th place teams meeting each other in the North and South Divisions.

MPs 2nd Platoon first baseman Dan Harbin knocked a single to help keep his team ahead for six inning versus DPW. However, DPW rallied dropping the MPs to 2-3 as of Monday's game. With the win, DPW stayed undefeated at 4-0.