

September changes [as of 9/26]	
C FUND	+ 3.63 percent
I FUND	+ 3.29 percent
S FUND	+ 2.66 percent



## AOG honors Kroesen with Thayer Award

Retired Gen. Frederick Kroesen, Jr. [right standing], Lt. Gen. Buster Hagenbeck and Cadet 1st Captain Jason Crabtree Troop the line during the Thayer Award Review. Kroesen, the 50th Thayer Award recipient, was presented the award Sept. 20 for his more than four decades of military service and the defense of freedom, all of which exemplify his personal devotion to the ideals expressed in the West Point motto, "Duty, Honor, Country." **ERIC BARTELT/PV**

## Army to launch Integrated Family Support Network

Compiled by Kathy Eastwood  
Staff Writer

Secretary of the Army Pete Geren and Army Chief of Staff Gen. George Casey announced Sept. 18 that they were implementing The Army Integrated Family Support Network. The new program provides assistance to Soldiers and their Families in geographically dispersed areas.

"In this era of persistent conflict, we can expect continuing deployments and to sustain this effort, we have to eliminate the old way of supporting Families, and replace it with a system to support all Army Families with means that respond to a globally networked society communicating in mobile ways," Geren said.

When fully implemented sometime in fiscal year 2008, the global network will address Family issues head on by providing a single, holistic institutional network of standardized services. The network is being specifically designed with geographically dispersed Soldiers and their families in mind, in both the active and reserve component, from mobilized Soldiers, to recruiters, to Families located outside reasonable driving distances of military facilities..

This program capitalizes on the use of the Internet and links military and civilian agencies to ensure Army services are available to Families closest to where they live, said Galatea Badger, mobilization and deployment program manager for West Point's Army Community

Service.

"We have been proactive in this endeavor here because this is the type of service we have been providing for more than a year, not just for the Army, but for all military services," she said.

Badger said that the programs offered by ACS here help Families throughout the local area.

"The program of support we have through ACS, such as pre-deployment, post-deployment and children's events like Month of the Military Child, are not just for residents of West Point," she explained. "These extend to military members and their Families off-post who are residing in the local area no matter what branch of the armed services they are with.

"I go out to the reserve units to

## House passes continuing resolution through Nov. 16

WASHINGTON [Fed Times] -- The House passed a resolution Wednesday to fund the government at fiscal 2007 spending levels through Nov. 16. The Senate is expected to pass a similar measure today.

The measure, which passed 404-14, allows Democrats to further delay a battle over spending levels with President George W. Bush. It continues funding for every agency and the war in Iraq and Afghanistan at levels authorized for the current fiscal year.

It also temporarily reauthorizes the State Children's Health Insurance Program, the Federal Aviation Administration's ability to collect fees and taxes and the Trade Adjustment Assistant Program.

Congress has passed a continuing

resolution every year since 1997. The Senate has so far passed only four of 12 spending bills. Senate staff said there currently are no plans to roll pending spending bills into a single omnibus bill.

They said plans for when and in what order the remaining bills will be considered have not been set and will likely be handled just before they leave for their week-long fall recess, Oct. 8.

The president has threatened to veto all but two spending bills -- the Veterans Affairs and military construction bill and the State and foreign operations bill.

At issue is the Democrats' plan to spend \$23 billion more than the \$933 billion the president's fiscal 2008 request.

## All new Soldiers to become combat-lifesaver certified

By Mike A. Glasch

FORT JACKSON, S.C. [Army News Service] -- The Army is about to change the way it ensures

Soldiers injured on the battlefield receive access to life-saving techniques.

"Soldiers who were recently redeployed, and those who are currently deployed, told us that the first 10 minutes are the most critical for keeping a wounded Soldier alive," said Fort Jackson's Deputy Commander Col. Kevin Shwedo.

Beginning Oct. 1, Soldiers entering Basic Combat Training will receive Combat Lifesaving

See CERTIFIED on page 3

## INSIDE



VB beats Navy,  
page 14-15

make them aware of what services we have available for them," Badger added.

The local area includes parts of western Connecticut, northern Pennsylvania, and northern New Jersey, in addition to the areas surrounding the installation, she said.

"I work with reserve, National Guard and Marine groups and the personnel in those areas and myself are a team, we all work together to support our Soldiers and their Families," Badger said.

For more information on The Army Integrated Family Support Network or the services offered by ACS, call 938-5654.

[Editor's note: Some information compiled from a Sept. 18 ARNEWS article.]

# Community Point-of-View

## September is National Preparedness month

**Commentary by  
Henry Cervantes  
Emergency Plans Specialist  
DPTMS**

### Financial readiness

When it comes to preparing for emergency situations, financial readiness is as important as a flashlight with fully-charged batteries.

Emergencies can be stressful, but knowing that your financial documents are up-to-date, in one place and portable can make a big difference at a tense time.

Two ways to protect your records and other irreplaceable items from disaster are to store them in a safe deposit box at a bank or place them in a home safe. Consider using a bank that is some distance from your home to decrease the chances of the bank being affected by the same disaster.

Records to safeguard include: birth, death and marriage certificates; passports; military records; social security cards; copies of drivers' licenses; stocks and bond certificates; car titles; list of insurance policies; copies of power of attorney, living will and other medical powers.

A home safe is a convenient place to store important papers, but

could it withstand a fire or flood? At the very least, buy a safe that can withstand temperatures up to 1,700 degrees. Be sure to keep the safe locked at all times and tell someone you trust where you keep the key or combination to the safe.

Think about the records you would want to take with you if you suddenly had to evacuate your home during an emergency. These records should go into a disaster supply kit that you could grab and take wherever you go during an emergency.

Consider making copies of all the records you have stored and put them in a portable, fire-resistant, water-proof box that you keep handy at all times. Other records to include in your disaster supplies kit are a letter of instruction to your loved ones in case you are not there to help them; Federal and state tax returns; copies of important medical information; credit card records; recent checking, savings, and investment statements; household inventory; rental agreement/lease and/or mortgage documents.

You should also send copies of vital records to an out-of-town friend or relative, as well as to anyone named in a document, such as a trustee or a beneficiary. Additionally, you should maintain a

written and photographic inventory of your possessions. Remember to include your property's exterior, your vehicles, and the contents of your garage, closets and attic.

You need to set aside enough money for your family to get by for three days if you cannot get home or to banks and ATMs are unavailable, because power is out, etc.

The money should be in the form of cash, traveler's checks and a roll of quarters.

### Estate-planning documents

Your "estate" is everything you own. You need estate-planning documents to ensure that it is distributed according to your wishes. In addition, they can cover your health-care wishes and who should care for children and pets. Consider getting the following estate-planning documents in place and tell someone you trust where they are located:

■ A will names your heirs and appoints a guardian if you have young children. Originals of wills should not be kept in a bank

safe deposit box, because the box may be temporarily sealed after a death. Keep original wills with your lawyer or in another safe, accessible place.

■ A durable power of attorney names the person [or other entity] you want to pay your bills and manage your money if you are unable to make these types of decisions. The person or entity working on your behalf is your representative, also known as your attorney-in-fact [not to be confused with your lawyer, who is a member of the legal profession].

See PREPARE on page 7

### Letter to West Point community

As you know, the start of the Army-Tulane football game Oct. 6 is now at 7 p.m.

I understand that this late start has caused disruptions in many of your plans and affects your ability to bring children to the game. I am also not delighted with this time. We told ESPN that we would prefer an afternoon kickoff.

However, to maximize exposure, we signed a contract with ESPN through 2009 to play at least one game per year on Thursday or Friday, and potentially two contests in Saturday primetime -- 7 p.m. is primetime.

Let me assure you that we will take all this into consideration when we renegotiate the contract in two years.

Prior to 1995 we had never

appeared on national television more than three times a season. This year 10 games will be nationally televised. The exposure West Point gets from these national telecasts is enormous. The exposure the corps will get Saturday with the First Captain's scheduled interview on the ESPN halftime show is enormous.

West Point must continue to battle for positive media coverage in order to continue to attract top quality cadets.

I ask you to understand the value of this exposure as well as the cost. No one wants a 7 p.m. kickoff, but our homecoming game will be nationally televised.

Thanks for all you do for the Corps and for America.

Go Army! Beat Navy!

**Lt. Gen. Buster Hagenbeck,  
Superintendent**

## SAPR-P

The members of the Sexual Assault Prevention and Response Program are Col. Jeanette McMahon, Shelley Ariosto [Garrison], Maj. Maria Burger [USCC], Maj. Kim Kawamoto [ODIA] and Lt. Col. Robbie Williams [Dean]. Community members can e-mail McMahon at [Jeanette.McMahon@usma.edu](mailto:Jeanette.McMahon@usma.edu) for advice or to offer any recommendations on the program here.

Cadets can also call the sexual assault support helpline at [845] 591-7215.

West Point Soldiers and civilians needing assistance can call [845] 938-3369.

### Weekly Sudoku by Chris Okasaki, D/EECS

		5			2			
			6					
4				7	5	8		
	8				3	1	2	
			1	6				
9	1	2					7	
	4	9	8					7
				5				
		3			6			

Rules: Fill in the empty cells with the digits 1-9 so that no

digit appears twice in the same row, column, or 3-by-3 box.

Difficulty: Medium

See Solution on Page 11

## POINTER VIEW®

**Lt. Gen.  
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Superintendent**

**Lt. Col. Bryan Hilferty,  
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# Local and National News

## Latest version of Army combat shirts debuts

By Debi Dawson

WASHINGTON [Army News Service] -- In response to Soldier feedback, Program Executive Officer-Soldier has designed the new Army Combat Shirt to be even more breathable.

The flame-resistant ACS is in development for use under body armor. It is designed to replace two layers, the Army Combat Uniform jacket and moisture-wicking T-shirt, thus reducing bulk and heat stress.

"As providers of the world's best equipment to the world's best Soldiers, we collect and rely on Soldiers' input and ideas to

constantly improve all of our products," said Brig. Gen. R. Mark Brown, Program Executive Officer Soldier. "All of our clothing and equipment is battle-proven and live-fire tested. Those labels can't be earned in a laboratory."

The ACS features a mock-turtleneck, long sleeves in the universal camouflage pattern, flat seams that reduce bulk and chafing and built-in anti-abrasion elbow pads. The shirt is moisture-wicking, anti-microbial and odor-resistant.

The latest version of the shirt includes upgrades based on Soldier feedback collected since the shirt was first distributed in the spring for limited-user evaluations.

### CERTIFIED, cont. from page 1

Training and be CLS certified before graduation. The change adds seven-and-a-half hours to the current curriculum.

Soldiers will learn how to perform advanced first aid and conduct potentially lifesaving procedures - from controlling bleeding, conducting CPR and reintroducing fluids into the body - to keep a serious injury from worsening until professional medical help arrives.

"That means you are going to have to start an IV in your buddy and your buddy is going to have to

start one in you," Shwedo said.

The deputy commander said the change has benefits.

"One, we are training Soldiers on mission-essential tasks that will keep them and their buddies alive in combat," he said. "Not only will they be able to save a life, but they will have the confidence that their buddies can do the same for them."

Previously, only 20 percent of Soldiers in each unit were required to be Combat Lifesaver certified.

[**Editor's Note:** Glasch writes for the Fort Jackson *Leader*.]

"Even though we developed the Army Combat Shirt to be lighter, more comfortable and breathable, we listened to Soldiers who tested it and said they wanted it to be even more breathable and comfortable," said Maj. Clay Williamson, assistant product manager for clothing and individual equipment. "The fabric that made up the torso of the ACS was replaced with a fabric that provides breathability that is off the charts."

However, to retain modesty, the original fabric was maintained in the mid-chest area. Both fabrics have a four-way stretch.

Another change that increased breathability was replacing the elastic cuffs designed to keep out sand with adjustable cuffs similar to ACU jacket cuffs. The cuffs can be loosened for ventilation or tightened to keep out sand and other debris. Changes were also made to

the neck band.

Although the ACS was designed to be worn under the Interceptor Body Armor, test participants noted the short breaks between patrols made it impractical to change into the ACU jacket. They wanted changes to the ACS that would identify them and their unit. In response, hook and loop tape was added to the right sleeve to accommodate a name tape, rank and infrared flag. The left sleeve also sports hook and loop tape for a unit patch.

The ACS with the most recent improvements will be available in late September for follow-on user evaluations. The shirt is still a developmental garment and further fielding will be determined by the Department of the Army.

[**Editor's Note:** Dawson works for the PEO Soldier Strategic Communications Office.]



**The new Army Combat Shirt**  
PHOTO BY PEO SOLDIER

# Changing global environment drives accelerated leader development

By John Harlow

FORT MONROE, Va. [Army News Service] -- The global operational environment Army leaders face today is forcing the U.S. Army Training and Doctrine Command to enhance and accelerate the way it develops leaders.

"When you consider the changes in globalization, communications, technology and an ever-changing, thinking and adaptive threat, you can see the environment our leaders are operating in today -- and tomorrow -- is changing rapidly," said Gen. William Wallace, TRADOC commanding general.

"It seems to me that we are in a decade or two of persistent conflict. That means we have to make adjustments not only in the way we train our Soldiers," he said, "but the way we develop leaders to operate effectively and efficiently in an era of persistent conflict."

General George W. Casey Jr. spent his first 100 days as chief of staff of the Army assessing the state of the Army. His transition team identified the need to accelerate leader development at all levels, and a working group was formed and co-chaired by Wallace and Deputy Undersecretary of the Army Thomas E. Kelly III.

To date, the working group has identified six major objectives and 21 key actions that, when implemented, will speed the development of multi-skilled, adaptive, innovative and culturally aware leaders, both military and civilian, at every level.

"We are looking at how we make leadership development better," said Col. Chuck Rogerson, director, leader development and education, TRADOC G-3/5/7. "We

are looking forward to what we can do to accelerate our systems that are in place and add a couple key things."

Objectives influencing the ability to accelerate leader development include: Army Force Generation, which will set the timing of when schooling can take place; Army Leadership for the 21st Century, which is changing officer and noncommissioned officer leadership training; and the operational environment, which has grown increasingly complicated.

"If you look at the spectrum of conflict, it ranges all the way from peace support operations to major combat operations and everything in between," Wallace said. "What we, within the Army, have to do is develop leaders and Soldiers that are capable of operating any place along the spectrum without a tremendous amount of training and preparation time. We have learned that leaders have to be pretty agile and be able to move from major combat operations to stability operations to irregular warfare and all across that spectrum and be prepared for circumstances to change almost continuously."

Training must be flexible, adaptive and provide leaders the skills they need to be successful in their difficult work environments, said Lt. Gen. Thomas Metz, TRADOC deputy commanding general.

"The world is changing so quickly. Mankind is in a period where the human has to be able to think very quickly," he said. "Information travels around the globe in a matter of seconds. Being able to deal with a tremendous amount of change and the complexity of the world is what is



Sgt. Richard Olivas and Staff Sgts. Kevin Goddard, Ernesto Cuellar and Boone Carter maneuver into position during urban warfare training in July at Camp Atterbury, Ind. Changes in the global operation environment Army leaders face today will soon result in changes in such training.

putting the demand on us to train these very innovative, agile and adaptive leaders."

Preparing Soldiers to immediately contribute to the organizations they become a part of is key, Wallace said, and that is a major change in the way the Army develops Soldiers.

"Back in the old days, we used to send a Soldier off to their first unit of assignment with a job book that said we have accomplished

training in about 65 percent of the areas where this Soldier has to be proficient in, but the other 35 percent are things that the operational Army will have to devote time, energy and resources to make that apprentice-Soldier a fully contributing member of your organization," he said.

"Today, we don't have that time or luxury," Wallace continued. "We, in the training base, have to develop Soldiers who have all the

U.S. ARMY PHOTO BY SGT. EDWARD I. SIGUENZA

techniques, skills and technical capabilities to allow them to contribute to the unit as soon as they arrive."

The leader-development changes are also expected to impact Department of Army Civilians, he said, through an education system that mirrors that of NCOs and officers.

[Editor's Note: Harlow works for the U.S. Army Training and Doctrine Command.]

# America Supports You: Foundation gives back to military Families

By Samantha L. Quigley  
American Forces Press  
Service

WASHINGTON -- Military Families have a new partner in their efforts to understand and cope with having a loved one in a battle zone.

The Blewitt Foundation focuses on helping children experiencing loss, serious injury or related anxiety or fear.

“Our primary mission is to provide special comfort, enjoyment

and enrichment opportunities for U.S. military Families through partnerships with unique recreational and educational programs,” said Joe Cantafio, the foundation’s vice president of programs.

“The cornerstone of our Family-based program is fun, but not just any kind of fun,” he said. “The Blewitt Foundation provides all-expense-paid resort-style fun.”

The Virginia-based Blewitt Foundation recently held its first “Destination R&R,” its main effort. The week-long program centered

on recreation and leisure activities for Family members of all ages, Cantafio said.

This inaugural event, held in August at Maryland’s Turf Valley Resort, included activities like computer training, European spa treatments, Baltimore Orioles baseball games and trips to the National Aquarium in Baltimore. It also included swimming, pony rides, arts and crafts and games for the children.

The foundation has partnered with the National Military Family

Association, University of Maryland University College and the Josephson Institute of Ethics in its troop-support endeavors. “Our collective support transforms fun into sharing, connections and healing for Families and among Families,” Cantafio said.

The Blewitt Foundation recently became a supporter of America Supports You, a Defense Department program that connects citizens and corporations with military personnel and their Families serving at home and

abroad.

“The Blewitt Foundation will benefit tremendously from our relationship with America Supports You,” Cantafio said. “As a new foundation, the exposure, along with the credibility America Supports You [lends], will be a tremendous asset to what we are doing for our servicemembers and their families.”

The National Military Family Association also is a supporter of the America Supports You program.

## New compact, eat-on-the-move First Strike Ration heading to warfighters

By Soldier Systems  
Center - Natick

NATICK, Mass. [Army News Service] -- A new compact, eat-on-the-move assault ration is well on its way to warfighters’ hands.

“The First Strike Ration is intended for the first-on-the-ground, first-to-fight warfighter,” said Barbara Daley, food technologist and FSR project officer, Combat Feeding Directorate, U.S. Army Natick Soldier Research, Development and Engineering Center.

Usually when warfighters are issued two or more Meals, Ready-to-Eat they “field strip” them to lessen the bulk and weight they are carrying.

Personnel at NSRDEC found that not only were warfighters tossing what they considered extra weight, such as the flameless ration heater and Tabasco sauce, but they were also tossing food items. According to the Product Optimization and Evaluation Team at NSRDEC, if a warfighter is given 3,600 calories, he or she will often strip it down to 2,500 calories.

The FSR attempts to reduce this stripping by providing a lighter, smaller package with eat-on-the-go items that also enhance

performance. These items are calorically dense and provide appropriate nutritional content and energy to warfighters for short durations of highly mobile, highly intense combat operations.

Items included in the FSR include pocket sandwiches, First Strike energy bars, Zapplesauce™-a carbohydrate-enhanced applesauce, high-energy drinks, pouches of tuna and chunk chicken and caffeinated gum.

The FSR is designed to be about half the size of the three MREs it replaces and it provides, on average, 2,900 calories per day. “It is not intended to sustain the warfighter for long periods of time,” Daley emphasized.

Because of its lower caloric content, the FSR is classified by the Office of the Surgeon General as a restricted ration. As such, it can only be used as a sole source of food for 10 days or less in accordance with Army Regulation 40-25.

CFD conducted user evaluations on the FSR in Nevada and Germany in fiscal 2004 and in Afghanistan and Iraq in fiscal 2005. When compared with a field-stripped MRE in Iraq in 2005, more than 70 percent of Soldiers said the FSR was more convenient to carry and

consume than the MRE.

“The best feedback we have received to date has been from warfighters participating in OIF/OEF in the mountains of Afghanistan and Iraq. They loved it,” Daley said.

More than 6,500 FSRs have been used in theater in response to urgent requests by 25th Infantry Division and the Marine Corps, and modifications have been incorporated based on warfighter’s feedback.

Lt. Col. David Exton, 25th Infantry Division, told CFD: “You have created something great here. Do not fail in this ration. Need to

make these happen for the Soldiers who go outside the wire. Could not get enough of them into theater.”

In July 2006, CFD conducted an operational test at Fort Bragg, N.C. With more than 100 Soldiers participating from an Airborne Infantry Battalion, one group consumed the FSR for three days while the other group consumed MREs for three days. Then the groups switched. From monitoring what the Soldiers ate and what they threw out, CFD saw less waste and greater consumption with the groups eating the FSR.

Based upon these successful tests and the introduction of this

ration in-theater, the demand for the FSR is immense.

In November 2006, a Joint Services Decision Board consisting of the Army, Marine Corps and Defense Logistics Agency approved the FSR for procurement and fielding.

NSRDEC was able to compress the acquisition process by nearly 30 percent while maintaining support for all other ration platforms in order to maintain the schedule of 3rd quarter fiscal 2007 procurement by Defense Logistics Agency/Defense Supply Center Philadelphia, with delivery in 4th quarter fiscal year 2007.

# Community Features and Photos

## Combined Federal Campaign begins Monday

By Catherine L. St. Pierre  
Admin. Services Branch  
Adjutant General

Autumn...ah... that wonderful time of year with its brilliant foliage against the backdrop of an azure blue sky... is also time for the West Point/Orange/Rockland/Sullivan Combined Federal Campaign that runs Oct. 1 through Nov. 16.

The mission of the CFC is to support and promote philanthropy

through a voluntary program, providing all Federal employees the opportunity to improve the quality of life for all.

The Campaign raises funds for more than 22,000 national, international and local charities including Army Community Service, Better Opportunities for Single Soldiers, Child Development Services and West Point Youth Services.

The most successful fundraising

model of its kind in the world, the CFC was established at the request of Federal employees, and is the only way charitable organizations can solicit employees in the federal workplace. In 2006, Federal employees around the world raised more than \$271.6 million for these charitable institutions.

Brigadier Gen. Verle L. Johnston, Jr., Commander, 105th Airlift Wing New York Air National Guard, is this year's Chairman. Any

Federal employee, including active duty military, National Guard and civilians, are eligible to participate in one of two ways -- either by a one-time check or cash donation, or through payroll deductions.

Thanks to the benevolence of 2,134 donors last year, Orange County's eleven Federal Agencies raised over \$336,307 with West Point contributing \$229,002.22.

"Help Our World Forward" is this year's Campaign theme and expresses that all of us working

together, moves us toward making a significant difference. Your gift will provide the means to help those less fortunate in their deepest need and enrich the lives of those living in our communities and the world.

Choose the charity or organization most important to you, plant your seeds and reap a harvest.

[Editor's Note: CFC runs from Mon. until Nov. 28. Contact your rep or St. Pierre with questions.]

## West Point bi-annual Yard Sale draws crowd

Story and photo by  
Kathy Eastwood  
Staff Writer

A gray sky and the threat of rain didn't keep the die-hard yard salers away Saturday for the bi-annual West Point event.

Community members displayed their clothes, toys, dishes and furniture in the hopes of making more room in their quarters and a little money in the process.

"I've been coming here every year for years, to both the spring and fall [yard sales]," said Colleen Woodbeck of Cornwall, N.Y. "I always come away with something. [Every yard sale] is always a hit and miss, but this is baby land. If anyone needs baby toys or clothes, this is the place to get it."

Kimball Parker from Rockland County looked over the books that Kelsey Waters, 12, was selling and driving a hard bargain in the process, with the help of her mom.

"I'm retired and do a lot of traveling," Parker said. "I get children's books whenever I can



Community members emptied their closets and quarters of articles to sell at the bi-annual yard sale Saturday. 'Make me an offer' was the phrase of choice throughout the day's event.

and send them to China for those children who are learning English. Often I hear Chinese children asking what American children like and books like these help them to understand American children better."

Waters said she participates in the yard sale every year.

"I'm not used to bartering," she said. "I've done some, but not much. I think it's fun."

In the end, despite the bartering prowess of Waters, Parker was happy with the several books he purchased.

"I think Waters has her parents to thank for her bartering powers," Parker said with a wink.

### Delivery problems?

FOR PV HOME DELIVERY PROBLEMS CONTACT  
VALERIE MULLANE AT THE POUGHKEEPSIE  
JOURNAL AT (845) 437-4730 OR BY E-MAIL  
AT VMULLANE@POUGHKEE.GANNETT.COM.

From the  
West Point  
DOIM

*Guarding  
personal  
information*

Personally Identifiable Information or Personally Identifying Information is any piece of information which can be used to uniquely identify, contact or locate a single person.

PII has become much more important as information technology and the Internet have made it easier to collect and resell this type of information. With enough identifying information about an individual, a criminal can take over their identity and submit false applications for loans and credit cards, withdraw from bank accounts, use the victim's telephone calling cards or obtain costly goods or privileges.

If the criminal takes steps to ensure the bills for the falsely obtained credit cards or bank statements are sent to an address other than the victim's, the victim may not become aware of what is happening until the criminal has already inflicted substantial damage on their assets, credit and reputation.

To reduce or minimize the risk of becoming a victim of identity theft or fraud, there are some basic steps you can take. For starters, just remember the word SCAM:

- S** Be *stingy* about giving out personal information to others unless you have a reason to trust them.
- C** *Check* your financial information regularly and look for unauthorized transactions.
- A** *Ask* periodically for a copy of your credit report.
- M** *Maintain* careful records of your banking and financial accounts.

# 9/11 survivors relate experience to firsties

Story and photo by  
Eric S. Bartelt  
Sports Editor

It was a picturesque bright and clear blue skied Tuesday morning and Tom Sullivan was sending out e-mails to his friends announcing that he and his wife were expecting twins. Then, on the heels of that promise of great hope in the months ahead, came stark reality and tragedy crashing into his life.

The time was 8:45 a.m., the date Sept. 11, 2001. Sullivan was at his office on the 95th floor of the South Tower at the World Trade Center. He had just finished telling his boss the great news when something outside the office window caught his eye.

"... I broke eye contact and was looking north of [New York City] and noticed something strange," Sullivan said. "In a matter of seconds it became clear it was a very large aircraft and [then] it impacted the North Tower in front of our faces.

"We went to get down on the ground, but it blew up before we got out of our seats," he added.

That began Sullivan's 9/11 experience, one he shared Sept. 20 with Class of 2008 cadets here.

Sullivan, a captain in the Army Reserve and commander of the

773rd Transportation Company at Fort Totten, N.Y., was accompanied by 1st Sgt. Vincent Mannion, the company's first sergeant. They came to share their recollections of post-9/11 events and their recent deployments to Iraq with the cadets.

"Remember 9/11: Our Nation at War" was the theme of Sullivan's presentation. He said he wanted the cadets to understand that honoring the fallen from that day and all those from the Global War on Terrorism should never be far from their minds.

"The day should be remembered like we do Pearl Harbor," he said. "Respect the day and respect the people it impacted the most."

Sullivan then told the Firsties how he was making his way to the 65th floor that day when the second plane hit the South Tower about 14 floors above him. He said he and roughly 16,000 others slowly made their way down to the lobby, but it was 55 minutes before they saw daylight.

Once outside, Sullivan said, he saw that everything was engulfed in flames and there was debris and plane parts everywhere. He headed up Broadway and stopped at a friend's office to try to phone his family, but the building was locked.

## PREPARE, cont. from page 2

■ A health care proxy names a person who will make decisions about your health care if you get sick and cannot make those decisions. Make sure your doctor has a copy of your health care proxy.

■ A living will explains what types of medical treatment you want or don't want, assuming you get sick and are unable to communicate your wishes.

■ Beneficiary documents name beneficiaries for your life insurance, retirement accounts and other types of investments. The beneficiaries you name will override a will, so check that your will and beneficiary designations agree with your wishes.

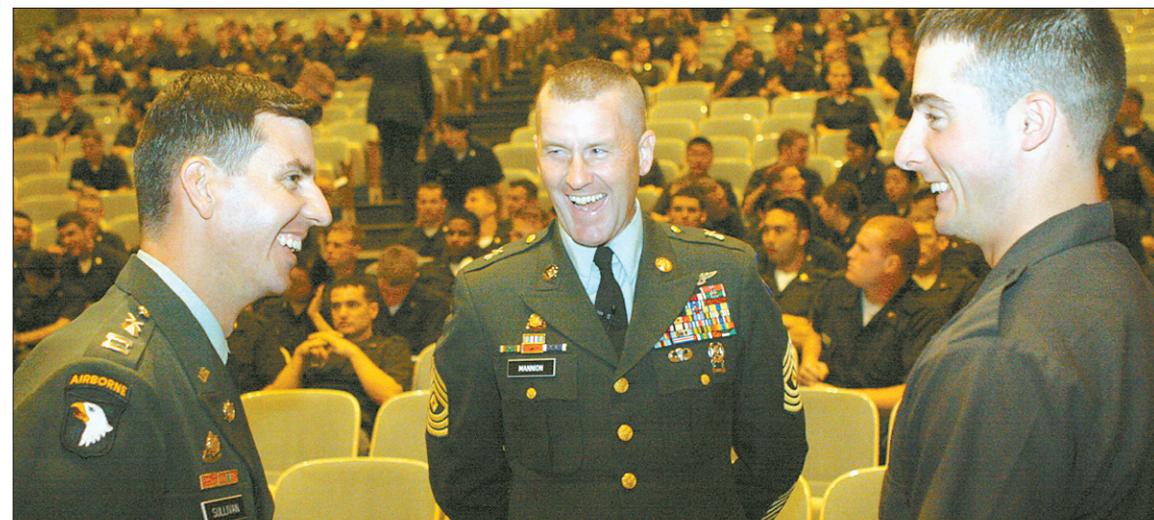
You should go through your safe and your disaster supplies kit annually to ensure your records are up to date.

Review your beneficiary designations whenever there is an important change in your life, such as a marriage, divorce, birth of a child or death in the family.

Coping with the after effects of a disaster is difficult under any circumstance, but when vital records are lost, the trauma compounds. If you haven't done so already, take a few hours to organize your important documents and put them in a safe place.

Even if you never experience a disaster, the peace of mind gained from organizing your records is well worth the few hours spent on this important task.

Contact the Staff Judge Advocate office at [845] 938-



Captain Tom Sullivan [left], 1st Sgt. Vincent Mannion and First Captain Jason Crabtree share a moment of humor Sept. 20 at Robinson Auditorium. Sullivan and Mannion spoke to the class of 2008 about 9/11 and their time in Iraq.

After pausing for a second, he said, he heard a frightening sound.

"I thought it was another plane coming in from somewhere, but, as it turned out, it was the South Tower collapsing," he explained. "I heard the noise and was instantly caught in a dust cloud. I just turned around and ran.

"I pictured the building coming down sideways -- not the perfect collapse, or pancake as it's called. I was just hoping I was running in the right direction," he added.

Mannion, on the other had,

worked uptown that morning with the transit police department. In the days after 9/11 he pulled 12-hour shifts protecting the subway system. Over the next five months, he also worked nights at Ground Zero with the bucket brigade.

"Emergency workers, cops, firemen, ironworkers -- you name it," Mannion said. "We all worked feverishly taking debris off the many stories of rubble.

"I just remember finding a lot of identifications, shoes and, if we couldn't dig through something, the K-Saw would be brought up to cut it so we could manually lift debris away," he added. "It was a very slow process."

Mannion said the people walking uptown looked like a scene out of the *Night of the Living Dead* movie.

"They looked like zombies, all covered in dust and just asking 'How do we get out of Manhattan?'" he said. "We just kept pointing them north."

Sullivan and Mannion first crossed paths as they became commander and first sergeant, respectively, of the 773rd Transportation Company.

They returned from a 12-month deployment to Iraq in April, where the unit transported bulk fuel, water and various items to bases from Baghdad to points north.

The unit conducted 248 combat logistics patrols, traveled more than 984,000 miles in Iraq and survived 46 improvised explosive device attacks, while losing one Soldier during the deployment, Mannion said. He told the cadets he was very impressed by his Soldiers and saw them go from being 'green' young kids to seasoned adults.

Sullivan and Mannion also told the Firsties it's critical to have all the Soldiers in the unit working as a cohesive group. That starts with the commander and the first sergeant.

"Where we are most successful is [when] we're a cohesive team," Sullivan said. "Nothing can come between our relationship.

"The sooner you realize you have the lives, welfare and happiness of the Soldier[s] in your hands as a commander, first sergeant or platoon sergeant, the better off you'll be as a leader and the better off the company will be," he added.

## SE's Army CARES software field tested to help streamline casualty assistance process

By Lt. Col. Brian K. Sperling  
Systems Engineering

The death of a loved one causes grief and stress unparalleled to many of life's normal stresses. For the Family who unexpectedly loses a loved one, the consequences are drastic and their lives will never be the same.

The ways organizations "respond to a death can influence coping in either a positive or negative direction," according to the Walter Reed Army Institute of Research.

The military has a long history of dealing with deaths. To help the surviving Family members deal with the loss of a loved one in a positive manner, the U.S. Army has developed many programs and policies aimed at assisting the survivors. This collection of programs and policies form the U.S. Army Casualty Assistance System.

The Department of Systems Engineering's Operations Research Center of Excellence spent the last

two years developing software designed to conserve valuable resources within the casualty assistance system in order to maximize Family care during a time of bereavement

This software, the Army Casualty Assistance Readiness Enhancement System [Army CARES], has gone through a number of revisions during its development and is now ready for a field test. ORCEN hosted individuals from 16 Casualty Assistance Centers from Fort Lewis, Wash., to Heidelberg, Germany, and representatives from the Casualty Memorial Affairs Operation Center in Washington, D.C., at West Point Sept. 18 and 19 to train them on the system and to have them conduct field testing.

The training seminar, conducted by Lt. Cols. Brian Sperling and Dale Henderson and SE programmer James Cook, included the development metrics of success through group discussion and teaching the CACs how to install and use the software. All trainees were provided a laptop to bring

back to their centers to ensure that at least one computer in each test center had the software properly installed and working.

The CACs were further charged to use the software for case management for the next 90 days and then provide feedback to ORCEN through a collaboration portal developed specifically for this field test.

After the field testing and reporting period end in January, an after action report will be completed and necessary changes implemented in the software. In February 2008, Army CARES will be distributed to the remainder of the Army casualty office personnel for their use.

Because many Soldiers' Family members have little interaction with military personnel, the assistance from CACs that the Family receives, either positive or negative, may form the sole basis of their opinion of the military.

Therefore, while the casualty assistance process is a complex matter, it is one that requires great



Lieutenant Col. Robert Amico, the chief of training at the Casualty Memorial Affairs Operation Center in Washington, D.C., takes the Army CARES training. PHOTO BY CAPT. JULIA OH/SE

attention for the benefit of the Family receiving assistance.

General George C. Marshall identified this years ago saying, "There's no more effective way of creating bitter enemies of the Army than by failing to do everything we can possibly do in a time of bereavement, nor is there a more effective way of making friends for the Army than by showing we are personally interested in every casualty which occurs."

The casualty assistance system has expanded rapidly with the Army's mobilization for the Global War on Terrorism. Casualties from the GWOT have approximately doubled the number of active duty Soldier casualties from the rate that

existed throughout the 1990s.

In addition to a higher overall load on the system, the war has seen an expansion to the benefits and information routinely made available to the Families of service members who die on active duty. Policy on casualty assistance has also evolved as a consequence of the perception that the public demands a very high level of emphasis on casualty assistance and a high level of support to the Families of fallen Soldiers.

Systems Engineering and the Operations Research Center will continue to work on this program to help ensure that the Families receive the best care the Army can provide.

## Girl Scouts hold annual investiture, re-dedication ceremony

By Peggy McCourry and  
Rachel Schmoyer  
West Point Girls Scouts

On Sept. 16, the entire West Point Girl Scout community came together for its annual Investiture and Rededication Ceremony at West Point's historic Fort Putnam. The Investiture is to welcome the new girls into Girl Scouting and the Rededication is to welcome back the returning girls.

These ceremonies may be held individually, however, the West Point Girl Scout Service Unit prefers to hold them together as one event. This promotes cohesion within the Girl Scout community, remind the older girls where they came from by seeing the younger

troops and shows the younger troops their future in Girl Scouting.

Each year a Senior Troop is responsible for planning and leading the ceremony. This year Senior Troop 269 was in charge. They began the activities with a Flag Ceremony and a Color Guard that involved each level of Girl Scouting from the youngest group of Daisies [Kindergarten age group] through the Senior Troop level [10th to 12th grade age group].

The Girl Scout Pledge and Law were recited along with some

fun songs. Lori Smith was bid a fond farewell as the West Point Girl Scout Community Volunteer Chair and Peggy McCourry was welcomed as the new Chair.

The event ended with all the Girl Scouts joining hands in Friendship Circles and singing the song, "Day is Done."

The Investiture and Rededication Ceremony is just one of the many Girl Scout ceremonies and formal events that allow girls to learn the importance of Girl Scouting in their lives.



Junior Girl Scouts from Troops 118 and 280 sing during the West Point Girl Scout investiture, re-dedication ceremony Sept. 16 at Fort Putnam. PHOTO BY ANGELA BURKE/WPGS

### RCI questions?

Check the West Point  
Resident Guide at  
www.

westpointfamilyhousing.com

Take the resident survey.  
Visit the Q&A section.  
Bring your questions to the

**Town Hall meeting**

Monday, 7 to 8:30 p.m.

Grand Ballroom,  
West Point Club

# West Point celebrates Hispanic Heritage Month with annual Festival

Story and photos by  
Kathy Eastwood  
Staff Writer

September 15, the anniversary of independence for five Latin American countries -- Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua -- begins a month-long celebration honoring the contributions of the more than 35 million people of Hispanic origin.

West Point celebrated the month with its annual Hispanic Festival Sept. 21 at the Riverside Café at Eisenhower Hall, a change to the previous years' outside events. Participants enjoyed a variety of foods -- to include tacos, burritos and flautas -- a guest speaker, salsa music for dancing and entertainment by a professional dance group from New York City.

"There was a problem with the weather last year when it got rather cold," said Simon Center for Professional Military Ethics Director Col. Douglas Boone. "This year it is more convenient for the cadets and community, especially in terms of parking."

The event is sponsored by the SCPME, Respect Club, U.S. Military Academy Diversity Office, Office of the Dean and the Cadet Spanish Club.



Five-year-old Tulio Huggins shows off his dancing skills during open dancing. Tulio was born at West Point, but his sister Gabriela was born in Panama. They both danced the evening away and enjoyed the many diverse cultures.



Spanish Club cadets and community members dance to Salsa music at the Riverside Café at Eisenhower Hall here Sept. 21 during the annual Hispanic Heritage Festival in honor of Hispanic Heritage Month. Hispanic Heritage Month runs from Sept. 15 to Oct. 15.

The festival included the guest of honor, retired Maj. Gen. Alfred A. Valenzuela. Valenzuela spent 33 years on active duty and was recognized in 2001 as the highest-ranking active duty Hispanic officer in the military prior to his retirement in 2004. He was also the guest speaker and spoke about what it means to be Hispanic in the Army. His presentation was another change to the former program, which evolves each year, as this is the first time a guest was asked to

speak at the Festival.

Valenzuela questions the term Hispanic when it is applied to all Spanish groups.

"I am not sure if being classified as Hispanic is correct," Valenzuela said. "There are different Hispanics. There are those that come from Spain, Cuba and Mexico, there are 100 dialects all in this one classified group and there are different foods and cultures to each of the groups."

Valenzuela spoke about the

choices offered with regard to race on many forms.

"I was considered 'other' for the first 10 years in the Army, then someone decided that it was incorrect and said I was white," he said. "I didn't care, but then after another 10 years, they decided that I was Hispanic."

Valenzuela has a new book coming out in December titled *No Greater Love: The Life and Times of Hispanic Soldiers*.

The proceeds, Valenzuela said, will be going to the families of the 21 Soldiers 'he buried' during the Global War on Terrorism.

The dance group, Piel Caneia Dance Company from New York City, entertained participants with their dance demonstrations and by giving salsa lessons.

"This is always a good time," said Spanish Club member Cadet 2nd Class Jesus Maldonado. "It's a great way of making people aware of the Spanish culture, different foods, traditions and customs. After graduation, it helps us [be good leaders] to have a general open-mindedness."

Cadet 2nd Class Kenneth Saffold said he enjoys the festival and also attended once before.

"I really love the food. It's a very



Retired Maj. Gen. Alfred A. Valenzuela was the guest speaker at the Hispanic Heritage Festival. He spent 33 years in the Army and held key leadership positions including Commander of the 10th Mountain Division and was recognized as the highest-ranking active duty Hispanic in the military before his retirement in 2004.

nice environment," he said. "I have learned some salsa [dancing]."

## New employment site empowers potential West Point job candidates

By Jim Leppa  
AAFES

WEST POINT, N.Y. -- Applying for a job with the Department of Defense's oldest and largest exchange service is now easier than ever, thanks to an expanded, online career center. With opportunities in retail, food service, procurement, information systems and more,

the Army & Air Force Exchange Service's revamped career center offers targeted entry-level, hourly and management opportunities that are searchable by keyword, job title, area of interest and location.

"AAFES is a worldwide military command," said the West Point PX's Human Resource Manager Samantha Foster. "As a result, we have career opportunities everywhere from the Middle East to Maine for those ready to serve what we consider to be 'the best customers in the world,' America's Soldiers and airmen as well as their Families."

The updated system allows entry-level and management applicants to quickly search and apply for available positions across the AAFES system and even check on the status of jobs previously

applied for. Once an initial profile is complete, a "Job Agent" can be created to notify applicants of new positions that match their career interests.

AAFES' revamped career center is available under the "AAFES employment" link at [www.aafes.com](http://www.aafes.com). Current posted opportunities, specific to West Point, range from regular part-time employment at Burger King to full- and part-time customer service associates in the main PX. In fact, an exciting position exists for a full-time food activity foreman at Burger King.

"Employment at the PX is much more than just a 'job.' It's a career in which people can truly make a difference," Foster said. "We're excited about anything that provides greater opportunities for friendly, engaging and customer-

focused individuals to join the AAFES team."

AAFES employs more than 90 associates at four retail and food establishments at West Point.

Interested applicants can visit [www.aafes.com](http://www.aafes.com) to view current available opportunities or contact the local AAFES Human Resources Office at [845] 446-5446.

### Soldiers Magazine photo contest

Soldiers Magazine is looking for photos to support their annual "This is our Army" photo spread for the January issue.

This is your opportunity to highlight your unit, organization, post and Families. You can highlight programs which support initiatives such as the Residential Communities Initiative, Army Medical Action Plan and Modernization to name a few.

These and other initiatives are hot topics right now and photos showing the success of these types of programs while highlighting our Soldiers and their Families would be great!

Also, Soldiers is looking for material that has not been overused. Material shot especially for this project is preferred.

The deadline for submission is Oct. 15.

All submissions need to be clearly labeled as "This is our Army" material and should either be posted in the CORE, or sent to:

[assignmentdesk@smc.army.mil](mailto:assignmentdesk@smc.army.mil)

Photos need to be at least 5x7 at 300 dpi resolution and should focus on the following areas:

Soldiers and Family Members at play; Community Life; Soldiers at Work [cooks, electrical, carpentry, mechanical, etc.]; The Unusual [Period costumes, Soldiers on horseback, golfing in the desert, etc.]; Medical; Rebuilding schools, roads, etc.; Photos from HOA, Kosovo, Bosnia, Honduras, Sinai, etc Operation photos OIF/OEF

## Scout Day event Sat. after parade

By Cadet 1st Class  
Caroline Odell

Saturday is the 10th annual West Point Scout Day. Almost 100 Cadets and 1,200 scouts will be

participating in the event, which will take place on Daly Field immediately following the parade, which begins at 9 a.m. There will be tours, demos and a BBQ.

All are welcome to attend.

### NOW SHOWING in the movie theater at Mahan Hall, Bldg. 752

FRIDAY -- THE SIMPSONS MOVIE, PG-13, 7:30 P.M.

SATURDAY -- THE INVASION, PG-13, 7:30 P.M.

SATURDAY -- WAR, R, 9:30 P.M.

OCT. 5 -- RUSH HOUR 3, PG-13, 7:30 P.M.

OCT. 6 -- HAIRSPRAY, PG, 7:30 P.M.

OCT. 6 -- SUPERBAD, PG, 9:30 P.M.

OCT. 12 -- MR. BEAN'S HOLIDAY, G, 7:30 P.M.

OCT. 13 -- BALLS OF FURY, PG-13, 7:30 P.M.

OCT. 13 -- DEATH SENTENCE, R, 9:30 P.M.

THE THEATER SCHEDULE CAN ALSO BE FOUND AT [WWW.AAFES.COM](http://WWW.AAFES.COM).

# What's Happening

## Red Cross tailgate

The American Red Cross in Greater New York - Putnam/West Point will host a tailgate Saturday from 11 a.m. to 1:30 p.m., in front of the ARC/GNY-Putnam/West Point area office, Bldg. 2104, near the Visitor's Center in Highland Falls.

Call [845] 938-4100 for ticket information.

## Arvin CPDC locker renewal

Arvin Cadet Physical Development Center is conducting their annual renewal of the staff and faculty lockers through the end of September.

A yellow locker renewal slip will be placed inside each assigned locker. Occupants need to fill out the yellow slip and return it to the front desk no later than Sunday.

Failure to comply by this date will result in the loss of your assigned locker.

## BRATS: Our Journey Home

The National Purple Heart Hall of Honor in New Windsor, N.Y., is hosting a free film screening Sunday at 2 p.m. of the movie *BRATS: Our Journey Home*.

BS&L instructor Morten Ender is a featured interview in the movie and will be available after the screening along with the film's director, Donna Musil, for questions and discussion.

For more info., call [845] 561-1765 or go to [www.thepurpleheart.com](http://www.thepurpleheart.com).

## DUSA events

The Daughters of The United States Army are accepting applications for fall continuing education grants through Wed.

Applicants must be DUSA members by Sunday to qualify.

A grant application may be obtained by e-mailing Linda Frey at [gfrey@hvc.rr.com](mailto:gfrey@hvc.rr.com) or at the DUSA gift shop. Call Linda Frey

at 859-4186 for more information.

DUSA Golf outing Oct. 9 starting at 11:30 a.m. To sign-up for this two-person best ball nine-hole tournament call Lisa Adams at 859-4220 for info.

## Stony Gate road painting

DPW will be re-painting the road markings at Stony Gate Tues. beginning at 9 a.m. until 3 p.m., weather permitting.

This work will be accomplished during normal duty hours with limited traffic interference. One lane of traffic for both in-bound and out-bound traffic will be maintained at all times.

To complete the project, work may extend into the next business day [weather permitting].

Community members should expect delays at Stony Gate during the work.

For information, contact DPW Customer Relations, 938-4407.

## MCCW

The Military Council of Catholic Women's Ladies of Most Holy Trinity group welcomes you to the program "Talking about God or Talking to God" by author Mary Ronan on Tues., from 9 to 11 a.m., at the Post Chapel.

Childcare is provided.

## WPS Board Meeting

The next regular school board meeting is scheduled for Wednesday at 4:30 p.m.

It will take place in the Middle School Conference Room, Building 705.

Agendas will be sent out prior to the meeting, which is open to the public.

## KACH Closure

All Outpatient Clinics, Laboratory, Pharmacy and Radiology will be closed Oct. 8.

The emergency room will remain open.

## Ski/snow board instructors needed

Ski and snow board instructors

are needed for Victor Constant Ski Slope. Training and benefits are available.

Call or e-mail Bob Ryan before Mon., at 938-7817 or 446-3908.

## WPS PTO Book Fair

West Point Elementary and Middle Schools' PTO Scholastic Book Fair is Oct. 15-18 from 8 a.m. to 4 p.m.

Our Family events are Oct. 17 starting with Sunrise Shopping from 7 to 8 a.m., and then Family Night from 5:30 to 8 p.m. All Book Fair events take place in the WPS New Gym Lobby.

West Point community families are invited to attend and help raise funds for the West Point Schools.

### Solution to Weekly Sudoku

7	9	5	3	4	8	2	6	1
2	3	8	6	5	1	7	4	9
4	6	1	2	9	7	5	8	3
5	8	6	9	7	4	3	1	2
3	7	4	1	2	6	8	9	5
9	1	2	5	8	3	4	7	6
6	4	9	8	3	2	1	5	7
1	2	7	4	6	5	9	3	8
8	5	3	7	1	9	6	2	4

# MWR Blurbs

## Shoppette Gas Station open

The PX Shoppette Gas Station is back open. The Grand Re-Opening will be Oct. 5, at 9 a.m.

## BOSS Poker tournament

There will be a BOSS Poker Tournament, tonight, from 6:30 to 11 p.m., at the Buffalo Soldier Pavilion.

The event is free and open to the West Point Community. Prizes for 1st and 2nd place winners.

For more info., call 938-3812.

## Command Channel 8/23

### Sept. 28 - Oct. 5

#### FRIDAY

8 A.M. CFC 2007 VIDEO  
 8:30 A.M. ARMY NEWSWATCH  
 NOON CFC 2007 VIDEO  
 1 P.M. ARMY NEWSWATCH  
 3 P.M. CFC 2007 VIDEO  
 6 P.M. ARMY NEWSWATCH  
 7 P.M. CFC 2007 VIDEO

#### MONDAY-TUESDAY

8:30 A.M. ARMY NEWSWATCH  
 9 A.M. CFC 2007 VIDEO  
 1 P.M. ARMY NEWSWATCH  
 1:30 P.M. CFC 2007 VIDEO  
 3 P.M. CFC 2007 VIDEO  
 4 P.M. ARMY NEWSWATCH  
 6 P.M. ARMY NEWSWATCH  
 6:30 P.M. CFC 2007 VIDEO

#### WEDNESDAY

8:30 A.M. ARMY NEWSWATCH  
 9 A.M. CFC 2007 VIDEO  
 10 A.M. CFC 2007 VIDEO  
 1 P.M. ARMY NEWSWATCH  
 1:30 P.M. CFC 2007 VIDEO  
 6 P.M. ARMY NEWSWATCH  
 6:30 P.M. CFC 2007 VIDEO

#### THURSDAY

8:30 A.M. ARMY NEWSWATCH  
 9 A.M. CFC 2007 VIDEO  
 11 A.M. CFC 2007 VIDEO  
 1 P.M. ARMY NEWSWATCH  
 1:30 P.M. CFC 2007 VIDEO  
 6 P.M. ARMY NEWSWATCH  
 6:30 P.M. CFC 2007 VIDEO

#### OCT. 5

8 A.M. CFC 2007 VIDEO  
 8:30 A.M. ARMY NEWSWATCH  
 NOON CFC 2007 VIDEO  
 1 P.M. ARMY NEWSWATCH  
 3 P.M. CFC 2007 VIDEO  
 6 P.M. ARMY NEWSWATCH  
 7 P.M. CFC 2007 VIDEO

## Combined Arms Tailgate

The entire West Point Community is invited to attend the Combined Arms Tailgate Saturday at Howze Field, immediately following the home football game. Pay at the door. Admission includes food and drink. For more info., contact your branch rep or call 938-4307.

## Round Pond

There will be a Fall Festival and Volksmarch Sunday at the Bonneville Cabin at Round Pond Rec Area.

Registration is 10 a.m. to 3 p.m. Volksmarch ends at 6 p.m.

Discover the scenic trails at Round Pond. Relax at Bonneville Cabin with an Oktoberfest-style cookout. Browse local food, jewelry and craft vendors.

For more info., call 938-2503.

## Haunted Hayride volunteers

Like to scare people? Enjoy painting or building? Volunteers are needed to create scenes and participate in Round Pond Rec Area's Oct. 31 Haunted Hayride.

Props and costume donations gladly accepted. Sign-up by Oct. 10.

For more info., call 938-2503 and ask for Pete or Rob.

## Harvest Cruise

Harvest Cruise up the Hudson with the West Point Club Oct. 27, from 1:30 to 4:30 p.m. The boat sets sail promptly at 1:30 p.m.

Enjoy a relaxing afternoon on the Hudson and experience the beauty of the Valley's foliage.

Cash bar, live music and buffet included. For more info., call 938-5120.

## Haunted Hayride Oct. 31

The MWR Haunted Hayride is Oct. 31, from 6:30 to 9 p.m., at Bonneville Cabin, Round Pond Rec Area.

Come in your Halloween costume, get 1/2 off admission.

Open to the West Point, Highland Falls and Fort Montgomery communities.

For more info, call 938-2503.

## AFAP issue submission boxes

Help improve the Army's future and quality of life -- make plans to attend the Army Family Action Plan Conference, Oct. 23-24, at the West Point Club.

The Teen Conference is Oct. 20

at the Youth Center.

Submit issues online at [www.westpointmwr.com](http://www.westpointmwr.com) or via issue boxes at the following locations: PX, Commissary, Shoppette, Grant Hall, West Point Library, Fitness Center, Child Development Center, Youth Center, Five Star Inn and Keller Army Hospital.

Issues must be received by Monday. Volunteers are needed. For more info. or to volunteer, call 938-3655.

## Readiness training

ACS Employment Readiness Resource Center is holding three classes Oct. 25 aimed at those entering the civilian or federal work market: "Look Sharp/Speak Sharp," 9:30 to 10:30 a.m.; "I

Need a Job," 11 a.m. to noon; and "Secrets to Resume Success," 2 to 3 p.m.

Registration for all classes is required by Oct. 18. For more info, call [845] 248-4719.

## MWR Fitness Center classes

Boot Camp -- Wed., 9 a.m.

Intro. to Strength Training for Women -- Four one-hour classes [Tues., Thurs., Oct. 9, 11].

Tred and Shed, Oct. 17 at 9 a.m. Register at the Fitness Center or call 938-6490.

## Macy's Parade tickets

ITR now has tickets on sale for transportation to Macy's Thanksgiving Day Parade Nov. 22. Seats are limited. For more

info., call 938-3601.

## Radio City Christmas show

Tickets are now on sale at ITR [Bldg. 695] for the Radio City Music Hall Christmas Spectacular, Dec. 3, 4 and 11. For more info., please call 938-3601.

## Pre-school story hour

The West Point Post Library will begin the fall pre-school story hour Oct. 16.

The sessions are held every Tuesday at 10 a.m. and 1:30 p.m., and are open to all community children ages 3-5.

Pre-registration will be required on a weekly basis. Call 938-2974, or stop by the library in Bldg. 622 for details.

# Army and Community Sports

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## Army returns home, faces winless Temple

Story and photo by  
**Eric S. Bartelt**  
Sports Editor

Army [1-3] returns to Michie Stadium Saturday to try to halt a two-game losing streak as they face Temple.

While the Owls may not strike fear like Army's previous opponent, Boston College, the 0-4 team is still hungry to get its first victory of the season and the Black Knights are well-prepared for them.

"I watched them on film and they're a quick team. They do some good things on the offensive side of the ball, so when you're playing a team like this you can't look at the

record," said senior safety Caleb Campbell. "We're not going to take it easy. We're going to have to come out like we're playing Boston College or Wake Forest. That's the way we should prepare for the game Saturday."

The Temple player to watch for is junior quarterback Adam Dimichele. He has completed 63 percent of his passes for 801 yards and seven touchdowns this season.

"[Their] quarterback is probably more accurate outside the pocket and [we'll have to contain him]," said Army head football coach Stan Brock. "It will be a big challenge for us here at Michie Stadium."

The Black Knights will have to come at them hard and the defense has been spurred on by the solid play of their linebackers, specifically senior Brian Chmura.

Chmura, who is third on the team in tackles with 30, returned a pass from Boston College quarterback Matt Ryan last week for a touchdown.

"I was in shock for awhile, it was an awesome feeling [to score a TD]," Chmura said. "It'll be cool to tell my kids one day that I picked [Matt Ryan] off when I'm older."

Brock is high on his linebacking corps for what they've accomplished so far this season, especially since senior Charlie Rockwood was the only returning starting linebacker.

"I am very proud of those guys. They are playing so hard," Brock said. "They are outstanding kids. To watch that linebacker corps, actually, watch the whole defense, they all fly around and make things happen."

Campbell, who is the last line of defense as the safety, gets a great view of how the linebackers have been making a difference in the Army's defense.

"They've stepped up big time," Campbell explained. "This is Chmura's first season starting and

he's getting big time reps, so he's stepped up and knows his role. He's taken it upon himself to put the extra work in to make sure he's doing enough to contribute to the Army defense."

The Michie Stadium faithful will see sophomore quarterback Carson Williams under center once again as senior quarterback David Pevoto continues to rehabilitate his injured ankle.

While Brock doesn't believe Williams has played his best, he does see improvement in his young signal caller.

"He is getting better and more comfortable in the things we are asking him to do and the reads we are asking him to make," Brock stated. "It goes to practice. We have to practice to build his confidence. The offensive line needs to protect for him [and allow] him to go back and set his feet to where he has the confidence [to do it]."

"At practice, we have to have the offensive line protect him and he has to believe the receivers will run the correct route," Brock added. "It's not as simple as you would like it to be."

Campbell has had a good view of him during practice and has also seen Carson's progression in the

last two games.

"He's calm back there, I think he's making good progression with his reads," Campbell said. "I feel sorry for him sometimes because the quarterback gets blamed for everything, but, as a football player, when we watch film that it isn't the case."

"Carson has taken everything in and is learning from his mistakes," he added, "and he's continuing to improve each week, which is a positive thing."

Saturday's game will be aired on ESPN2 [Channel 170 on West Point] starting at noon, and the game will be broadcast by Clay Matvick and Larry Coker. The Army game can also be heard on the Army Sports Network through WABC 770-AM New York and Sirius Satellite Radio on Channel 107 beginning at noon, with John Minko and Dean Darling as the play-by-play man and color analyst, respectively.

The 90-minute "Army football Tailgate Show," hosted by Rich DeMarco and Bob Outer, begins at 10 a.m., with pre-game coverage starting at 11:30 a.m., on the Army Sports Network stations. Stadium gates will open at 10 a.m., and Black Knight Alley will open at 9 a.m.



Linebackers [from left to right] senior Brian Chmura, senior Charlie Rockwood and junior Frank Scappaticci have been solid in the middle of Army's defense this season. In four games, the three starting linebackers have combined for 80 tackles, six tackles for losses, one and a half sacks, a fumble recovery and an interception return for a touchdown.

# VOLLEYBALL SHINES TO EARLY 13-3 MARK

By Eric S. Bartelt  
Sports Editor

Winning is contagious with a strong team outlook and solid player base to work with. For the third straight season, Army Women's Volleyball began the year with a 13-3 record after defeating Navy in four games [30-25, 17-30, 30-28, 30-26] Sunday at Gillis Field House.

The team is talent-laden with returning All-Patriot League starters junior outside hitter Elizabeth Lazzari and sophomore setter Maureen Bannon. Leading the squad that features four juniors and a senior in the starting lineup is first-year head coach Alma Kovaci.

Kovaci, a native of Albania and former two-time Atlantic 10 Player of the Year at Temple, has smoothly taken over the team reigns from Glen Conley. She transitioned into the head coaching position after spending four years as Conley's top assistant.

After one year of playing professionally in the United States

Professional Volleyball League in 2002, the league folded and she began searching for other options and applied for the Army assistant job. Conley talked to her former coach at Temple, Bob Bertucci, who started Army's women's program in 1978, and found a perfect match for his style.

"I came to my interview and the coach had the same philosophy [on volleyball] and I fell in love with this place," Kovaci said. "I love the cadets and the people you meet here. It's been four years and I'm still here."

Kovaci has inherited a highly competitive team from Conley, but she has had first-year head coaching jitters despite the stellar start.

"It's been nerve-racking and there's a lot of pressure taking over a successful program," Kovaci stated.

She won her first matches against Air Force and Navy, which will help any first time coach at the U.S. Military Academy. The victory against Navy was on the heels of a loss to American, a school that has won the Patriot League title every

year since the Eagles joined the Patriot League in 2001.

"There will be adversity. Without adversity, we're not going to get stronger," Kovaci explained. "Beating Navy was a huge win and not just because it was Navy, but it was a great win coming off a loss to American. When you have a loss like that, you have to be careful preparing your team and having the confidence to come back strong."

"Beating Navy puts a lot of pressure on the team, which makes us a little nervous," she added. "But we wanted to prove we were the better team. I'm proud of them that they worked hard, kept their emotions in check and won the match."

The unquestioned leader of this year's team, and its only senior, is right-side hitter Lauren Teal. She has impressed her first year coach with her blossoming leadership style.

"I can't say enough about Lauren," Kovaci said. "She is a true leader as she not only takes care of things that happen on the court, but off the court as well. She is the team mother. She makes sure the freshmen and sophomores are okay ... her leadership is absolutely amazing. I see a huge difference from last year."

"She was quieter last year, but Lauren has blossomed," she added. "She is more of a vocal leader now and having the underclassmen see that is great. She's a great influence."

Kovaci said that Teal is very strong at the net on a team that's strength is up the middle, although the team plays very well above their natural limitations.

"We're not the tallest team. We don't have the power, but we have five to six players who can hit the ball," Kovaci said. "Right now, we're spreading the wealth of hitting the ball and we're having our [middle blockers] lead the attack."

"Every game we approach, we talk about peaking," she added. "You want to peak at the championship level. We talk about our goals, we want to hit at .280 percent [kills], we want to get 18 kills per game, so we focus on practice and everything will take care of itself."

Teal loves playing for Kovaci and believes the transition has gone very smoothly. She is glad that the school kept within the ranks for its new head coach.

"It was nice to have a coach



**First-year head coach Alma Kovaci, who was an assistant under former coach Glen Conley for four years, has lead Army to a 13-3 early season mark.**

JOHN PELLINO/DOIM MMB

who already knew us and we knew about her methods on coaching," Teal said. "Coach Conley coached me for three years so it's a difficult change, but it was nice to have Coach Kovaci because we trust her as a coach."

Teal has focused on her blocking to help the defense on

the court while trying to handle her responsibility as team leader.

"I haven't found it intimidating [being the only senior] because I've seen how other girls have handled it," Teal said. "I think when it becomes your turn; you embrace it because you know you can help

**See VOLLEYBALL on page 15**



**Senior right side hitter Lauren Teal [left] and junior middle blocker Rachael Breinling jump to block at the net.**

MADY SALVANI/AAC

# WAR defeats Northeastern

By Cadet 2nd Class  
Marissa Readinger  
WAR

This past Saturday, Women's Army Rugby traveled to Boston to face Northeastern for a second time in a week.

The A-side saw Northeastern last week at the Beantown tournament, beating them there 43-0. The second meeting ended in another win for Army, 34-5, with tries

scored by juniors Katie Pulliam, Alexis McLaughlin and Roberta Usher, just to name a few.

Army B-side dominated the pitch in their game, emerging victorious, 77-0. Plebes Alex Bradshaw, Terry Williams and Kim Shine were three of the 15 who played an exceptional match.

*Goff on Rugby* currently rates Women's Army Rugby the third best team in the nation, a promising start to a great season.

## Sports calendar

### Corps Squad

TODAY -- USMAPS FOOTBALL VS.

MILFORD ACADEMY, MICHIE STADIUM,  
5 P.M.

SATURDAY -- GOLF VS. NAVY,

ANNAPOLIS, MD., 9 A.M.

SATURDAY -- FOOTBALL VS. TEMPLE,

MICHIE STADIUM, NOON, [ESPNU]

SUNDAY -- GOLF VS. NAVY,

ANNAPOLIS, MD., 9 A.M.

SUNDAY -- WSOC VS. BROWN,

CLINTON FIELD, 1 P.M.

TUESDAY -- WSOC VS. STONY BROOK,

CLINTON FIELD, 7 P.M.

OCT. 5 -- USMAPS FOOTBALL VS.

ARMY JV, MICHIE STADIUM, 5 P.M.

OCT. 5 -- WSOC VS. LAFAYETTE,

CLINTON FIELD, 7 P.M.

OCT. 5 -- SWIM/DIVE VS. STONY

BROOK [M/W], VERMONT [W],

CRANDALL POOL, 6 P.M.

OCT. 6 -- FOOTBALL VS. TULANE,

[HOMECOMING], MICHIE STADIUM,

7 P.M. [ESPNU]

### Club

SATURDAY -- W.A.R. VS. MASS. -

AMHERST, ANDERSON RC, 5 P.M.

SUNDAY -- SKEET & TRAP VS.

WESTON GUN CLUB,

RANGE 10, 10 A.M.

SUNDAY -- EQUESTRIAN, INTERCOLLEGIATE

HORSE SHOW ZONE II, MORGAN FARM,

8:30 A.M.

OCT. 6 -- WATER POLO, HOME

TOURNAMENT, ARVIN, 6 A.M.

## VOLLEYBALL, cont. from page 14

the team out.”

Beating American in 2005, the only time American has been beaten in Patriot League play since 2001, is one of Teal's highlights because to her it's important to strive to be the best in the Patriot League. However, her most memorable moment was playing in a loss against Navy because of what it meant in the end.

“It was devastating [to lose] to Navy [in 2005] because we didn't play as well as we should have -- especially when our fans came out to support us,” the environmental geography major said. “We lost to them again at [their] place, but then we beat them in the Patriot League Tournament. That showed we had the determination and didn't quit, despite the fact they came here and beat us [earlier in the season].”

Sunday was another great game against Navy. Teal said it was the largest, most raucous crowd she has seen since she came here. But, at the same time, with all that is involved with the Navy matches she likes to put Navy and any other game in its truest perspective.

“So much is put on beating Navy that it can become hard to focus on the game,” said Teal, about putting pressure on themselves. “To

me, take it for what it is ... it's just another conference game.”