

POINTER VIEW

**Army-Navy
Sprint Football
1 p.m. Sunday
Shea Stadium**

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SERVING THE COMMUNITY OF THE U.S. MILITARY ACADEMY AT WEST POINT

SEPTEMBER 26, 2008

Jackson receives Nininger Award for Valor Sept. 17

By Emily Tower

A peace settled on then-2nd Lt. Bryan Jackson as he ignored his own gunshot wounds to perform first aid on another Soldier and return fire to an enemy hidden somewhere in a neighborhood in the Al Anbar Province of Iraq.

He was ready to die.

He had been shot once in the left thigh and once in the left index finger with another gunshot wound to his left thigh to come. His commander had been shot through the femoral artery and was hemorrhaging. His first sergeant had severely broken bones.

Still, the machine gun fire came from somewhere.

"All three of us didn't know if we were going to survive," said Jackson, now a captain, Sept. 17 about the battle that took place two years ago. "It's a hard thing to say that you were prepared to die."

Jackson, who was his unit's fire support officer at the time, mustered the strength to do all he thought he should -- apply first aid the best he could and continue to shoot back. He figured he'd die there and wanted to "go out in a blaze of glory" instead of submitting to insurgents.

But, he didn't die. Neither did his commander or first sergeant. Instead, the 2005 U.S. Military Academy graduate received the Distinguished Service Cross, the nation's second-highest award for

combat valor. He is the seventh servicemember to receive the award since the Vietnam War.

He also received the Alexander R. Nininger Award for Valor at Arms, which is presented to a USMA graduate who has shown exceptional heroism. The award was presented last week by the West Point Association of Graduates.

Jackson, who now serves as a personnel officer in Korea, said he was honored to be recognized. He was selected for the award because he has received the highest valor award among recent graduates and was available to come to West Point and address the Corps of Cadets, said Duston Saunders, chief of alumni support operations.

While his fellow USMA alumni consider his actions that day in Iraq to be valorous, Jackson said he did what he felt was right and called another lieutenant the hero of the battle.

It began when Jackson and a team of dismounted Soldiers were sent to support a combat outpost that had been hit with mortars. While surveillance was being conducted and detainees were being taken into custody, Jackson's commander's vehicle got stuck in the mud.

While they worked to free the vehicle, Jackson noticed a couple of details that made him nervous. A car had stopped abruptly in the street ahead of them, and the driver abandoned it. Many locals knew a car parked in that fashion signaled



Capt. Bryan Jackson, USMA class of 2005, receives the Nininger Award from Brig. Gen. Michael Linnington, commandant and USMA class of 1980, and retired Lt. Gen. Theodore Stroup, USMA class of 1962, during a presentation Sept. 17 at Washington Hall. BEV COOPER/DOIM MMB

danger was about to come into the area, Jackson said. He also saw two men on scooters ride through the area, a common reconnaissance tactic used by insurgents.

Then machine gun fire "came out of nowhere," from two directions, Jackson said. The block they were in provided little coverage because of how buildings were arranged. Jackson's commander and first sergeant used the fence-like wall in front of a house for as much cover as they could get as they returned fire.

Jackson was shot in the leg and finger almost immediately after he began helping his wounded first sergeant. He knew his commander had been shot, too, but he checked each over and thought his first sergeant needed more urgent attention. Jackson thought his first sergeant had a severe fracture in his leg, serious cuts and a broken shoulder.

Jackson's dismounted team kept watch over the detainees and began work on finding and suppressing whoever was shooting at them. They didn't know Jackson was hurt

because he didn't tell them.

Once Jackson's commander and first sergeant finally could be evacuated, Jackson began to notice how much strength had left him. He couldn't change magazines in his weapon. Still, he continued to treat the first sergeant's wounds and managed to stand up when the evacuation team asked him to help get the first sergeant to safety. That's when he was shot for the third time -- his second leg wound.

As the medic went to work on the first sergeant, Jackson admitted

See NININGER, page 4

Saturday is the Post Fall Yard Sale

By Joe Senger
DPTMS

The West Point Fall Yard Sale is Saturday from 9 a.m.-3 p.m., so residents should expect increased traffic flow throughout the installation, especially in the housing areas, during those hours.

Residents and guests are reminded to remain cautious while driving since vehicle and foot traffic will be greater than usual.

There also will be a larger number of Military Police patrols.

In accordance with Force Protection directives, all vehicles entering post without the proper identification will be searched. Drivers with DOD stickers and either the CAC or military ID card may want to enter the installation through Washington Gate to avoid possible lines during the morning rush of shoppers.

Residents are reminded to remain

vigilant and report any suspicious people or acts that they observe, such as people taking atypical photographs or asking abnormal questions about the installation, to the MP Desk at 938-3333 immediately.

If the sale is delayed by rain until Oct. 4, the same force protection measures will apply that day.

For more information, contact DPTMS at 938-8859.

PV pub date and publishers change next week

Just a reminder. This is the last "Pointer View" that will come out on Fridays as we are changing publishers from the "Poughkeepsie Journal" to the "Times Herald-Record." We have enjoyed the six years we have worked with the "Journal" and thank them for all their hard work on our behalf.

We also look forward to working with the "Record." Check out our new format, size and Web page next week.

Remember -- copy deadlines are now noon on Monday for that week's Thursday paper.

Housing Market Analysis survey date extended

Compiled by Linda Mastin

Did you wonder when you heard that under the Residential Communities Initiative the number of houses on West Point was cut by more than 100 units, why it happened?

Did you think it was just the way things were?

At least part of the reason is because many of those residing at West Point did not complete the Housing Market Analysis survey in previous years and did not indicate any interest in living on post.

When Department of the Army looked at the results and worked out numbers for the RCI contract solicitation, that helped justify having fewer sets of quarters at West Point.

Why are we telling you this now? Because fewer than 50 percent of the assigned military

personnel at West Point have completed the current survey.

The date for completing it has been extended until Oct. 3.

Please go to the site below, complete the survey and get yourself heard. Remember, if you are not part of the solution, you are part of the problem.

All military personnel (married, bachelor, accompanied or unaccompanied) assigned to West Point need to complete a Housing Market Analysis Personnel Survey at <http://survey.rdniehaus.com>.

To get in, the user name is "West Point" and the password is "housing."

It only takes about four minutes to complete.

If you have any questions or concerns about the survey or need access to a computer, contact Eileen Kaczkin, RCI Office, at 938-2500.



Calculus can be fun! Hands-on learning of projectile motion

As a way to add interest to his yearling integral calculus class, Capt. Robert Nowicki of the Department of Mathematics did some hands-on training to illustrate projectile motion. He had Stephen Simmons throw the ball while Joshua Sandhaus measured the angle of the throw with an angular protractor, Jett Gambill used a stopwatch to measure the time of flight and Lawrence Griffith used a tape measure to determine the distance. These three measurements are used to determine the initial velocity of each throw. Each cadet took a turn recording data in a spreadsheet that automatically calculates speed as well as the "x" and "y" components of the position and velocity vectors. They got immediate feedback on their throws seeing that higher angles result in larger values for the "y" component versus the "x" component which illustrates Newton's Second Law.

CAPT. ROBERT NOWICKI/DMATH

SAPR-P

The members of the Sexual Assault Prevention and Response Program are Col. Jeanette McMahon, Shelley Ariosto (Garrison), Dan Toohey (Victim Advocate), Maj. Maria Burger (USCC), Capt. Vanara Nevels (ODIA) and Maj. Elizabeth Sicoletti (Dean).

Community members can e-mail McMahon at Jeanette.McMahon@usma.edu for advice or to offer any recommendations on the program here. Cadets also can call the sexual assault support helpline at (845) 591-7215. West Point Soldiers and civilians needing assistance can call (845) 938-3369.

Weekly Sudoku by Chris Okasaki, D/EECS

Rules: Fill in the empty cells with the digits 1-9 so that no

							9	4
1		9	4					
	3	8	1				5	
9				6	3			
			8	1				6
	9				5	8	2	
					4	6		7
6	7							

Difficulty: Medium

digit appears twice in the same row, column, or 3-by-3 box.

SOLUTION, see page 12

POINTER VIEW®

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DIMHRS overview fact sheet gives basics for new system

Submitted by Directorate of Human Resources

What does DIMHRS mean to me?

On March 1, the Army will implement the new Defense Integrated Military Human Resources System, a pay and personnel system designed to streamline Department of Defense Human Resources processes.

What is DIMHRS?

DIMHRS is a Congressionally mandated program designed to provide the Army with an integrated, multi-component personnel and pay system, which will create one personnel record per servicemember for their entire career and automate pay procedures so that personnel actions automatically trigger associated pay events.

Personnel records will be available online to HR professionals, combatant commanders, personnel and pay managers and other authorized users throughout the Army 24 hours a day.

It will provide each user with a single, comprehensive record of service and will feature a self-service capability that allows them to update portions of their personal information.

In addition, personnel actions in DIMHRS (e.g., promotions or activations) will automatically compute associated pay events, leaving fewer opportunities for error.

What is changing in DIMHRS?

• Pay

Effective March 1, all servicemembers will be paid on the 1st and 15th of each month in DIMHRS.

Bonuses and incentives will be paid on those days, and they can elect to have their discretionary allotments sent either once or twice a month.

It will create pay slips for all servicemembers, replacing the Leave and Earnings Statement currently accessed through MyPay.

Using DIMHRS self-service functionality, servicemembers will be able to view and print their pay slips.

Retirees and DOD federal civilians will continue to view pay information through MyPay.

• Access

At Initial Operating Capability, servicemembers will be able to access their own personnel and pay records using DIMHRS' self-service function from any computer with Internet access.

The self-service capability will allow them to view their pay slips, change their direct deposit, residence information, enroll in a thrift savings plan, track personnel actions and conduct other pay and personnel activities in one place.

Certain supervisors and managers, as well as HR service providers, and pay personnel, will require access to multiple records in DIMHRS.

At implementation, those whose job functions require them to access multiple records will use a Common Access Card to enter the system, which will protect information by ensuring that only those authorized to access records will be able to do so.

About September 2009, all users will be able to access DIMHRS Self-Service from any computer using either a password or a CAC.

At this time, multiple records will become accessible only using a DOD computer.

Any access from a non-DOD system will revert to self-service, meaning that servicemembers will continue to be able to maintain and monitor their own information from any computer.

• Terminology

DIMHRS is based on a commercial-off-the-shelf product, Peoplesoft®, which is used successfully by major commercial corporations. Adopting COTS technology requires adjusting to terminology used within the program.

This will mean that some terms familiar to military personnel will be changed to the new language used in DIMHRS.

The most prominent of these new terms is the "pay slip," which replaces the current LES.

How will DIMHRS affect me?

•DIMHRS for Commanders

An integrated personnel and payroll system, DIMHRS will eliminate the need for duplicate payroll input to maintain records and will place most Army HR functions into a single system.

It will provide the capability to effectively manage those in all components of the military

across the full operational spectrum during peacetime, war, through mobilization and demobilization and also support access to real-time information for individuals in multi-component and multi-service units.

Joint commanders will have access to accurate and timely data within DIMHRS, including the number, competencies, location and status of all assigned personnel.

The system also will provide predictive decision support capabilities, personnel accounting and strength management, and timely integration of personnel requirements for deployment, sustainment, and replacement operations.

Strength accounting and reporting will be available by unit and location for personnel assets in-transit or scheduled for the combat theater.

The system also will provide the capability to generate ad hoc and preformatted reports.

DIMHRS does not replace the Deployed Theater Accountability Software.

In deployed theaters, DTAS will contain personnel information that requires strict security restrictions.

• DIMHRS for servicemembers

DIMHRS will yield a real-time response to personnel and pay activities along with the capability to monitor actions within the system.

The self-service options allow servicemembers to update personal information, submit an Action Request (previously Personnel Action Request), select benefits options, enroll in a thrift savings plan, change direct deposit information and perform many other pay and personnel actions.

The implementation of a single system for all HR and pay activities means that they will see the same information as, school boards and

other evaluating bodies see.

Servicemembers can have confidence that one correction to the system fixes the error service-wide, and that emergency data is the same regardless of category serving. They will have one record forever, regardless of component or status, enabling smooth transitions within the DOD.

•DIMHRS for HR Specialists

HR specialist is a generic DIMHRS term used to describe an individual (military or civilian) who provides personnel or pay support to servicemembers.

All authorized HR specialists will have DIMHRS access based on system-defined roles and permissions.

An HR specialist would be the current personnel operators with an increased capability to manage military pay, and includes military personnel, DA civilians and possibly contractors.

Jefferson Hall dedication



Brig. Gen. Todd Semonite (right), Commander and Division Engineer of U.S. Army Corps of Engineers North Atlantic Division; retired Gen. Richard Cody, former Army vice chief of staff; Lt. Gen. Buster Hagenbeck, West Point Superintendent; Robert McClure, President and CEO, West Point Associations of Graduates; and retired Col. Barney Forsythe, former Vice Dean, cut one half of the ribbon Wednesday to open Jefferson Hall. Brigadier Gen. Michael Linnington, Commandant of Cadets; John Charles Thomas, a member of the Thomas Jefferson Foundation board of trustees; Brig. Gen. Patrick Finnegan, Dean of the Academic Board; retired Brig. Gen. Daniel Kaufman, former Dean of the Academic Board; and First Captain Benjamin Amsler (not pictured) cut the other half of the ribbon. Attendees at the ceremony also had the opportunity to tour the new building after the ceremony. The building, which houses more than 1 million books on approximately 19 miles of shelving, opened for "business" Aug. 20. It is home of the USMA Library, the Center for Teaching Excellence, the Center of Enhanced Performance and also features a small coffeehouse near the front door. The ceremony included speeches by Hagenbeck, Cody, Finnegan and Thomas.

EMILY TOWER/PV

NININGER, cont. from page 1

he was hurt, too. But he insisted the medic continue to treat the first sergeant instead of him.

"I thought I could wait until we got to the field hospital," Jackson said.

There, he was treated and prepared for evacuation to a hospital in Germany. All the while, what Jackson called the real heroics were just beginning.

The battle, which began when Jackson, his commander and first sergeant were wounded, lasted eight hours. Jackson's fellow lieutenant,

the one he called the hero of the battle, was there from the start.

He was shot in the arm when he ran from safety into the line of fire to recover Jackson's commander's rifle, which had been left behind when he was taken away for medical treatment.

The lieutenant accompanied the more seriously wounded back to the field hospital, had his wound bandaged and went right back to the battle. He received the Silver Star, the nation's third-highest award for combat valor, for his actions

that day.

Jackson thought it took extreme courage to return to the firefight. What he did was simply following his training, he said. All he did was "(turn) off an emotional switch" and use logic instead of emotion to make decisions.

Nowadays, after more than 12 surgeries, Jackson, who was a pre-law major at USMA, tries not to take life so seriously and also doesn't take things for granted.

"Every day is a blessing," he said.



Civilians recognized

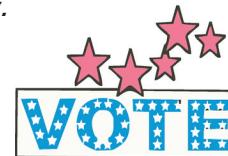
More than 50 civilians were recognized at the Garrison Award Ceremony in Crest Hall at Eisenhower Hall Sept. 17. Awards for dedication, service and excellence included the Commanders Award for Civilian Service, the Achievement Medal for Civilian Service, Certificates of Achievement, Certificates of Appreciation and Length of Service Awards.

VINCENT GUARIGLIA/DOIM MMB

Voting Assistance

For 2008 voting assistance questions, call the West Point Voting Assistance NCOIC, Sgt. 1st Class Harold Lang at 938-8450.

For more information about absentee voting, you can go to the Federal Voting Assistance Program Web site at www.fvap.gov.



TSP TICKER

SEPTEMBER weekly changes
(as of 09/24)

C FUND	- 0.29 percent
I FUND	+ 0.48 percent
S FUND	- 0.12 percent

Community Features and Photos

Employment Readiness inaugurates career fair

Story and photo by
Kathy Eastwood

Employment Readiness at the Army Community Service department of the Family and Morale, Welfare and Recreation inaugurated a career workshop for community members, Soldiers, Family members and civilians with post access Sept. 17 at ACS.

Tangela Hatcher, human resource manager for the Army and Air Force Exchange Service, manned the employment booth for the post exchange, and Torre Parker-Lane, associate broker for Exit More Real Estate in Henderson, presented a workshop on real estate. A workshop on medical transcription was also provided with hands-on demonstrations and the opportunity to speak with a medical transcriptionist after the workshop.

"The workshops provided

attendees the opportunity to explore portable and flexible careers," said Amy-Jo Johnson, employment readiness program manager. Johnson replaced Janeatta Meert in July.

"We help spouses of Soldiers, civilians and community members obtain jobs by offering classes on how to prepare a military resume, interviewing skills, dressing for success and business etiquette. We will also offer a Youth Service Center teen employment workshop in May," Johnson added.

Adrienne Berry, a community member from Highland Falls, has been coming to the employment resource center here two or three times a week.

"I always come here to see what is available," Berry said. "I think everyone is very nice (and helpful)."

Shari McFadden, a community member whose husband is a military

policeman and just arrived here three weeks ago from Colorado Springs, Colo., checked out the PX booth.

"We get more female spouses looking for positions than male spouses," Johnson said. "But we also get male Soldiers looking to take classes to prepare for positions when they leave the Army. We generally have about 10 spouses a week here looking for employment."

The Employment Readiness Program is offering four workshops in October from 10-11:30 a.m. on the dates below:

- Secrets to Resume Success -- Oct. 2;
 - Interviewing Skills and Dress for Success -- Oct 8;
 - Preparing a Federal Resume -- Oct 23;
 - Business Etiquette -- Oct 30.
- All classes are at ACS, Bldg. 622.



Community member Adrienne Berry gets some information on volunteering from Jen Pagio, ACS Volunteer Coordinator.

Hatcher said they are looking for people to fill several positions at the PX here, including cashiers, associates for the electrical and clothing departments and supervisor of customer service.

"We are planning another career fair March 26 and plan to invite

many employers from outside of West Point," Johnson said. "We are also planning a teen career fair in May and a larger career fair in the fall."

For more information or to register for a workshop, call Johnson at 938-5658.

WPES kicks off Presidential Physical Fitness Challenge

Story and photo by
Kathy Eastwood

The children from West Point Elementary School's kindergarten through fourth grade classes kicked off this year's Presidential Physical Fitness Challenge Monday with the fourth grade class leading the rest of the school in the exercises. U.S. Military Academy Command Sgt. Maj. Martin Wells spoke to the group to inspire the children to exercise.

"The president's challenge is a challenge that helps promote the habit of being physically active," said Joanne Woodworth, physical education specialist for the elementary school. "We strongly encourage the West Point community to be physically active 60 minutes per day, five days per week for an eight-week time period."

The Presidential Physical Fitness Challenge began when President Dwight Eisenhower enacted the President's Council on Youth Fitness July 16, 1956.

President Lyndon Johnson enhanced the council's mission to include sports and changed the name to The President's Council on Physical Fitness

and Sports, according to www.presidentschallenge.org.

"Current research indicates that students who are physically active do better in school," Woodworth said.

Woodworth's aim is to become a demonstration or role model school. The school will need 35

percent documented participation in physical exercise of 60 minutes per day, five times a week, for eight weeks to achieve that goal.

"The children need to log in their exercises on a weekly basis," she said. "This can be helped with parents becoming involved and help motivate their children to be

physically fit. Families can make it an outdoor Family exercise (by walking or taking a hike). Parents should know from their jobs the need for physical exercise."

At the successful completion of the challenge, children will receive certificates signed by President Bush sponsored by the West Point Booster Club.



Kindergarten through fourth graders kick off the Presidential Physical Fitness Challenge Monday.

Scouts and Big Brothers/Sisters spend day with cadet clubs

By Lt. Col. John Graham
Scoutmaster's Club Officer-in-Charge

In advance of the arrival of autumn, 1,389 scouts descended on West Point Sept. 20 for Army Scout Day.

"This was the biggest turnout for Army Football Scout Day since I have been at West Point," said Firstie Matt Schlesinger, cadet-in-charge of the operation.

The event is scheduled by the Directorate of Intercollegiate Activities and the Army Ticket Office to provide a special day for Boy and Girl Scouts to come to West Point and take in a game. Scout troops come in from as far as Ohio to spend the weekend camping at Camp Smith and traveling the West Point campus.

Special ticket packages make it affordable for large groups of scouts to take in the weekend.

West Point's Directorate of Cadet Activities supports the event

through the Cadet Scoutmaster's Council Club.

"Our cadet club organizes other cadet clubs that show the visiting scouts the full range of life as an academy student. The Women's Lacrosse, War Lords, In-Line Hockey, Judo, Mixed Martial Arts, Infantry Tactics, Cavalry Scout, Motorcycle, Parachute, Chemistry, Orienteering, Radio, Robotics and Hunting clubs all sent 170 of their best leader developers to interact with the visitors," said Firstie Derek Brown, deputy for Scout Day.

Col. Craig Flowers, director of cadet activities, said the event helped put into practice service, which he called a critical component of all clubs.

"These participating sports and activities clubs volunteered their time and resources to develop our nation's next leaders," Flowers said. "The 'insider' tours are invaluable to communicating the whole cadet picture. They may have even influenced a few scouts

to apply to USMA."

This year, DCA budgeted enough money so that every scout who participated in demonstrations earned cadet brass.

A hit of the tour this year was the Department of Military Instruction's War Center. Each troop could take on another troop in a simulated leadership challenge on the War Center's network of computers.

The teamwork and leadership lessons were then translated to an obstacle challenge on Daly Field.

The event is also a tune-up for the scoutmaster club leadership in preparation for the annual West Point Camporee May 1-3.

Every year, the club selects new leaders to oversee this huge operation.

"The Army Scout Day is a chance to test my leader team and work out communication issues. By May, we have to be able to put on an operation that is triple the size and triple the number of days," Schlesinger said.

The Sept. 20 event was "a blast," said Plebe Haley Johnson "In five hours I probably did 600-plus push-ups with the scouts and their parents so they could earn their cadet brass."



Robotics Club equipment was a huge hit with the younger and older scouts.

PHOTO BY PLEBE STANLEY HARRIS



Marina Performs

Marina Arsenijevic performed Thursday at Eisenhower Hall Theatre with the U.S. Military Academy Band and the West Point Glee Club. The performance was termed, "A Symphonic Powerhouse of Patriotism and Passion."

EMILY TOWER/PV

Cadet lives dream by working at NASA

By Emily Tower

Almost four decades after Neil Armstrong was there, a West Point cadet has left her own mark on the moon.

The next time astronauts travel to that portion of the final frontier, maybe in four to 10 years, they will take with them results from research done by Cow Elizabeth Connors.

And while she won't be going with them to the moon, her summer Advanced Individual Academic Development trip to NASA reinforced her desire to perhaps be part of the first team to land on Mars.

Connors worked for four weeks

at the Johnson Space Center in Houston and had a part in two potentially history-altering projects. She researched the Apollo 16 mission to the moon and studied how to streamline future trips, and she observed development of a pressurized lunar rover.

To study the Apollo 16 mission, the physics major watched video and listened to recordings made during the 1972 mission, the fifth to land on the moon.

She categorized each moment of the three space walks made by Apollo 16 commander John Young and Charlie Duke, who piloted the mission's lunar module.

"It was unbelievable to see all the movies," Connors said.

"Listening to Charlie Duke was hilarious. He'd say, 'Hey, Houston, watch me jump.' He was like a 10-year-old boy playing outside."

Along with enjoying witnessing history, Connors created charts to demonstrate where time could have been used more effectively during the mission so future missions will be more streamlined.

Also during her time working at the space center, Connors sat in on meetings for the development of a pressurized lunar rover, which NASA hopes to use on a future mission to the moon and perhaps later on Mars.

The rover contains living accommodations, such as beds, and equipment central to astronauts'

mission. Connors compared it to an RV and said the astronauts wouldn't want to live in it permanently but could certainly travel around the moon in it and be comfortable.

NASA's hope is to take the invention to the moon and have astronauts live there for six months to test the rover's capabilities before taking it to Mars from the moon, Connors said.

She and the Naval Academy midshipmen with whom she worked at NASA did a little figuring and decided the timing would be about right in their careers, education and training to possibly be part of the team going to Mars.

While she realizes it's a tough road to becoming an astronaut, Connors has been working toward that goal, which she has had since she was a little girl.

"I think when you are little and hear about the stars, you decide you want to be an astronaut," she said. "I think most people outgrow that.

"I never outgrew it," she continued with a laugh.

She's still fascinated by the stars, outer space and the unknown.

"I could look at the stars forever," she said. "Being close to them would be great. Just being

surrounded by a black night with tons of specks makes you feel so small."

Being a physics major is part of her plan to help her get close to those stars, as is choosing to work at NASA again next summer instead of attending Airborne School, which was a tough decision.

But, one of the most valuable lessons she learned at NASA was considering what it takes to fulfill her goal versus her military career. Lt. Col. Shane Kimbrough taught her that.

Kimbrough, USMA class of 1989, is an astronaut who is scheduled to go into space in November.

Connor shadowed Kimbrough while she was at the space station -- her favorite part of the experience -- and learned about the gamble he took.

Kimbrough told her he applied to NASA five times before he was accepted.

He was later offered a job for a second cycle, which he knew could hurt his Army career. Still, he was willing to make that sacrifice, which paid off.

Connors is planning to go back to Houston to watch Kimbrough's liftoff from the space center.



Cow Elizabeth Connors helps Lt. Col. Shane Kimbrough gear up for a NASA training mission at the Johnson Space Center in Houston this summer during her Advanced Individual Academic Training. Connors shadowed Kimbrough, U.S. Military Academy class of 1989, during his training as an astronaut. Kimbrough, who applied to NASA five times before he was accepted, is scheduled to go into space in November.

PHOTO COURTESY OF COW ELIZABETH CONNORS

Cadets team up with Water for People

By Kathy Eastwood

It started when Ari Herrera, a volunteer for Water for People spoke with Maj. Adam Czekanski, instructor in the Department of Geography and Environmental Engineering, about the volunteer organization.

Herrera worked for WFP on monitoring missions in Honduras and Bolivia and is a friend of Czekanski's. WFP is an international, non-governmental organization that helps people in developing countries improve the quality of their drinking water and sanitation facilities and promotes health and hygiene education programs.

That piqued Czekanski's interest, and he went to work organizing six cadets for an Advanced Individual Academic Development project and flew to Guatemala July 27 for 17 days to do the first monitoring of some of those water projects there.

Before the projects were in place, people in the area had to walk quite a distance for water, and some still do during the dry season. WFP has been active in Guatemala since 1994 providing small water and sanitation projects enacted by Guatemalan organizations, according to www.waterforpeople.org.

"The projects we looked at in this area primarily involved mountain springs that had been capped to send water through a distribution system to taps outside of individual homes," Czekanski said.

With Czekanski were Cows Will Brant, an environmental engineering major; Melissa Magana, environmental science major; Ashley Morgan, human geography major; Andres Pazmin, a Latin American studies major, and Firsties Russ Cowley, international and strategic history major, and Colin Jones, an environmental engineering major. The team advisor was Gerard Dalziel, a professional engineer working in San Diego.

"The team was split into four teams of four people to carry out the surveys in the outlying rural areas near Santa Cruz and Nebaj," Czekanski said. "The team's responsibility was to survey the water systems, interview people in the community and test for chlorine residual in the system."

The cadets observed a variety of interesting problems in the communities they surveyed.

"Financial management seems to be a problem," Jones said. "Each community is assigned a water committee who is responsible for repairs. The community pays a

small monthly fee for water, which goes back into the water system to pay for maintenance and repairs, but it's hardly enough."

Some continuity issues were also noticed in the management of water in the various areas.

"People were more reactive than proactive and reactions were slow," Cowley said.

An example of this was in replacing the community's water committee when necessary.

"Most of the areas we went to were agrarian cultures," Pazmin said. "When (the in-place) water committee members left there was no system in place to select new members."

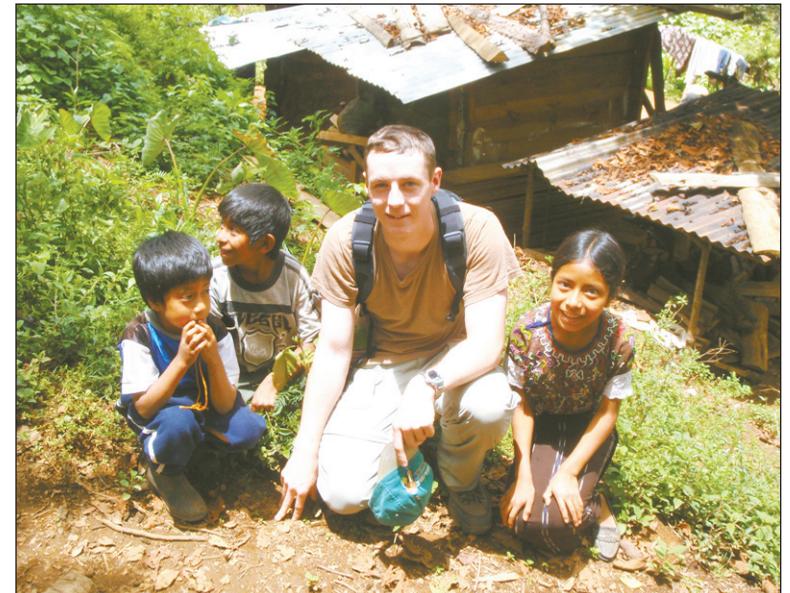
Another management problem noticed was the lack of resources for water system hygiene.

"I tested the water for chlorine, (which is used as a disinfectant) and only a small fraction of the villages used it," Morgan said.

Other issues included the lack of understanding about personal hygiene. According to the cadet's Water Monitoring Report, soap was available, but most didn't fully understand the proper methods or times for hand washing.

All of the cadets said they enjoyed the Guatemalan people and though they live a hard-scrabble life and are poor, seem to be content.

"Guatemala was an eye opener



Cow William Brant worked in Guatemala for the Water for People volunteer group, which monitored water projects in rural areas. Brant poses with Guatemalan children. The huts in the background are where their Families lived.

for me," Brant said. "I really didn't know what kind of people are out there."

Magana said happiness to them is their child going to school and having clean water.

Pazmin said the experience was fulfilling because they all directly contributed something.

"There is a huge population of indigenous people who did not speak Spanish but spoke in a variety of dialects. Most are farming Families and they maintain

their Families with what seems little to us," he said.

"They barter and trade with neighbors. The goal is to have our work influence more support from the government," Pazmin added.

The cadets developed 90 percent of the information in the Monitoring Report and detailed their findings.

The final report was sent to the international headquarters of Water for People and to the Guatemalan in-country staff.



The cadet volunteer team poses for a group photo with some of the Water for People volunteers during their trip to Guatemala.

PHOTOS COURTESY OF GUATEMALA AIAD CADETS

Military Police at West Point receive radar training

By Sgt. Patrick Miller
Traffic NCOIC, DES

Members of the Orange County Sheriff's Department, including Sheriff Carl E. Du Bois, recently held their quarterly radar/LIDAR Certification Course here for the Military Police.

This training ensures that the MPs who are doing speed enforcement on the installation are certified and trained by local law enforcement.

Police Sgt. George R. Haas from the OCSD and Police Sgt. Dean Markowitz from the Town of Ramapo Police Department helped by instructing the course, which included 32 hours of classroom

lecture on the functions and operation and field training on visual vehicle speed estimation and operation of the unit.

The course certifies MPs through New York state and the Department of Criminal Justice Services to be visual vehicle speed estimate experts for speeds that are plus or minus 5 mph.

It also certifies them to use radar and LIDAR in the state of New York.

Haas and Markowitz both have more than 20 years of law enforcement experience and more than 10 years in radar/ LIDAR certification training.

The cooperation between the West Point MPs and the local law

enforcement agencies not only extends in the training realm, but is also a very big part of day-to-day activities.

Lieutenant Col. Thomas Hawes, Emergency Services Director, said, "I really appreciate the time taken out of their busy schedules by the Orange County Sheriff's Department and the Town of Ramapo Police Department to update the training of our MPs. Their expertise and professionalism is to be commended."

A West Point Military Policeman gets training on radar during a certification course held by the Orange County Sheriff's Department recently.

PHOTO PROVIDED



Keller Corner

KACH Closure

All Outpatient Clinics, Laboratory, Pharmacy and Radiology will be closed Oct. 13 Columbus Day.

The Emergency Room will remain open.

Periodic Health Assessment

The Periodic Health Assessment implementation transition period has been extended to Nov. 1.

After completing your online assessment, please call central

appointments at 938-7992 to schedule your appointment. Please do not call physical exams.

Free Developmental/Hearing Screenings

Not all children develop the same way. Some need extra help.

If you have concerns about your child's communication skills, motor skills, self-help skills, learning, behavior and/or social interactions, please join us at our free developmental/hearing screenings.

The screenings will be conducted at the CDC in conjunction with Audiology, EDIS and West Point School for children up to 5 years old. They will be held from 8:45 a.m.-1:45 p.m. Tuesday by appointment only.

To schedule an appointment, call 938-6868/2698.

Temporary Relocation of Preventive Medicine & Wellness Services

With the ongoing renovation of Bldg. 606, Preventive Medicine and Wellness will be temporarily relocated to trailers located in the parking lot at the end of DeRussy Road, former site of Bldg. 720.

PM&W includes Occupational Health, Public Health Nursing, Industrial Hygiene and Environmental Science.

For more information, call 938-3055 for Occupational Health or 938-2676 for other services.

Behavioral Health Provider Locator and Appointment Assistance Center

The TRICARE behavioral health program is making it easier

for active duty servicemembers and Family members to get help finding and making routine and urgent appointments with behavioral health care providers.

Health Net Federal Services operates TRICARE North's Behavioral Health Provider Locator and Appointment Assistance Center.

This special call center is open from 8 a.m.-6 p.m. Monday through Friday, excluding holidays.

All calls to 1-877-747-9579 are confidential. While staff members cannot provide behavioral health services, they can engage the beneficiary in a conference call with a civilian network provider to

NOW SHOWING

in the movie theater at Mahan Hall, Bldg. 752

- Today** -- Mamma Mia, PG-13, 7:30 p.m.
Saturday -- Star Wars: The Clone Wars, PG, 7:30 p.m.
Saturday Oct. 3 -- Tropic Thunder, R, 9:30 p.m.
Oct. 3 -- Star Wars: The Clone Wars, PG, 7:30 p.m.
Oct. 4 -- The Longshots, PG, 7:30 p.m.
Oct. 4 -- Death Race, R, 9:30 p.m.
Oct. 10 -- Mirrors, R, 7:30 p.m.
Oct. 11 -- Disaster Movie, PG-13, 7:30 p.m.
Oct. 11 -- Traitor, PG-13, 9:30 p.m.

THE THEATER SCHEDULE ALSO CAN BE FOUND AT
WWW.AAFES.COM

ensure that appointment scheduling is satisfactory. Active duty usually receive their behavioral health services at Keller's Community Mental Health Office.

Questions about referral and authorization requirements can be answered by the assistance center staff or Keller's health benefits advisors at 938-4838.

The West Point Band presents
Music at West Point

Trombone Recital: Master Sgt. Martin Tyce, Sunday, September 28, 3:00 p.m., Jewish Chapel

Clarinet Recital: Staff Sgt. Sam Kaestner, Sunday, October 5, 3:00 p.m., Jewish Chapel

Clarinet Recital: Sgt. 1st Class Shawn Herndon, Sunday, October 12, 3:00p.m., Jewish Chapel

Free and Open to the Public
 845-938-2617
www.westpoint.edu/band

DPW NOTES

Erosion Damage Repair -- Sinclair Pond Brook

A DPW contractor is expected to begin repair work in mid-October on storm-related erosion along Sinclair Pond Brook, which is the small stream that runs between Merritt Road and Washington Road, parallel to Sladen Place, next to the Youth Activity Center (Bldg. 500).

The project should take three to four weeks to complete, weather permitting.

Since the contractor will be using

heavy construction equipment, the area along the stream bank is off-limits to all community members during the project.

The contractor also will be temporarily storing the equipment and materials on site in a fenced area.

Parents should supervise their children so that they remain clear of the stream and the construction vehicles performing this work.

For more information, contact Martha Hinote, DPW Customer Relations, 938-4407.

What's Happening

West Point Yard Sale

The West Point fall yard sale is from 9 a.m.-3 p.m. Saturday throughout West Point.

Individuals without DOD stickers or identification are reminded that they must enter West Point through either Stony Lonesome or Thayer gates.

Also, everyone in the vehicle who is 16 years old or older must have photo identification.

Book signings

Michael A. Newton will sign his book "Enemy of the State --The Trial and Execution of Saddam Hussein" from 9:15 a.m.-noon Wednesday.

Kurt Muse will be signing his book "Six Minutes to Freedom" from 3-4 p.m. Oct. 3.

Both signings are at USMA Bookstore, Thayer Hall, fourth floor.

Moms and Tots

Moms and Tots is meeting from 9:30 a.m.-11 p.m. Thursday to play at the New Brick Playground (sand playground).

Join Moms and Tots in the CYSS gym at 9:30 a.m. Oct. 10 for their new Fun Gym program.

Newcomers and members welcome.

For information, call Andrea at 859-4567 or e-mail her at usmamomsandtots@hotmail.com.

Arvin Locker Renewal

The Arvin Cadet Physical Development Center will be conducting its annual renewal of

the staff and faculty lockers through Tuesday.

A blue locker renewal slip will be placed inside assigned lockers. Please fill out the blue slip and return it to the Arvin front desk no later than Tuesday.

Failure to comply by this date will result in the loss of assigned lockers.

DUSA Education Grants

Daughters of the United States Army will be accepting applications for their fall continuing education grants through Oct. 3.

Applicants must be DUSA members by Tuesday to qualify.

A grant application may be obtained by e-mailing Karen Schlicht at rkaschlicht@yahoo.com or at the DUSA gift shop in the museum.

Call Schlicht at 446-1006 for more information.

Living History Display at West Point Museum

Duffle Bag Associates will bring static displays of militaria and military vehicles from 10:30 a.m.-4 p.m. Oct. 4 in front of the West Point Museum for all to view and enjoy.

There is no rain date.

Highland Falls Fall Foliage Festival

The annual Highland Falls Fall Foliage Festival is from 9 a.m.-4 p.m. Oct. 4 along north Main Street

in Highland Falls.

Come see the various vendors and enjoy the numerous activities for all ages.

Commemoration of the Battle of Fort Montgomery

The commemoration of the Battle of Fort Montgomery will be held from 10 a.m.-5 p.m. Oct. 4 at the Fort Montgomery State Historic Site.

The event includes a battle re-enactment, cannon and musket firings and tours of the site.

For more information, contact the FMSHS at 446-2134.

Volkssport Club of West Point

The Volkssport Club of West Point will hold a special event walk Oct. 5 in Beacon.

Registration is from 9 a.m.-noon at the start point in Riverfront Park behind the Beacon/Metro North Train Station.

There will be 10-kilometer and 5-kilometer trails for a self-guided walk. Water and restrooms are available.

The trail is moderate and suitable for strollers but not wheelchairs.

The walk is free. AVA credit is \$3. There is no award for this event.

For more information, call Joan Kimmel at 462-6845.

West Point School PTO Book Fair

West Point Elementary and

Middle Schools' PTO Scholastic Book Fair is from 8 a.m.-4 p.m. Oct. 6-9 in the WPS New Gym Lobby.

The PTO Family events start Oct. 8 with the Sunrise Shopping from 7-8 a.m. and then Family Night from 5:30-8 p.m.

The West Point community is invited to attend and help raise money for West Point Schools.

Basic Motorcycle Rider Course

The West Point Safety Office is offering the basic motorcycle rider course.

Riders must attend both days of the two-day course and complete the course to register a motorcycle at West Point.

The BMRC dates are:

- Oct. 6-7;
- Oct. 16-17;
- Oct. 18-19 (Cadet class, others if space available);
- Oct. 20-21;
- Nov. 8-9 (Cadet class, others if space available.)

For more information and to sign-up, call the Safety Office at 938-3717.

Memorial Run/Walk

The public is invited to participate in a memorial run/walk being held Nov. 9 at PNC Bank Arts Center off Garden State Parkway in Holmdel, N.J., in honor of 1st Lt. Dennis Zilinski, U.S. Military Academy class of 2004,

who was killed in Iraq in 2005.

Register by Oct. 31 to get reduced registration fees or register at the event.

Proceeds are donated to various programs important to Zilinski.

Previous race proceeds have been donated to the Fisher House, New Jersey National Guard Family readiness groups, the Freedom Alliance and Zilinski's high school, which used the money to purchase phone cards for troops deployed overseas.

Registration forms and more information can be found at www.runwithdennis.org.

Highland Falls Farmers Market

The Vision-sponsored Farmers Market in Highland Falls, located in the Municipal Parking Lot across from Sacred Heart Church on Main Street, is open 9 a.m.-2:30 p.m. every Sunday through Oct. 26.

West Point Class of 1929 Gallery

The West Point Class of 1929 Gallery is presenting an exhibition by Newburgh watercolor realist artist Mary E. Whitehill through Nov. 9.

Located on Eisenhower Hall's fifth floor, the Gallery is open weekdays from 9 a.m.-4 p.m. and before all Eisenhower Hall Theatre performances.

For more information, call 938-6772.

Command Channel 8/23

Sept. 26 - Oct. 3

Friday

8:30 a.m. Army Newswatch
1 p.m. Army Newswatch
7 p.m. Army Newswatch

Saturday-Sunday
No Programming

Monday-Thursday

8:30 a.m. Army Newswatch
1 p.m. Army Newswatch
7 p.m. Army Newswatch

Oct. 3

8:30 a.m. Army Newswatch
1 p.m. Army Newswatch
7 p.m. Army Newswatch

FMWR Blurbs

Grand Opening

The grand opening of the West Point Club's Hudson Room patio is 5-8 p.m. today.

There will be a ribbon-cutting ceremony, free barbecue for all who attend, live entertainment and a cash bar.

For more information, call 938-5120.

Ballroom Dance Lessons

Ballroom dance lessons are available starting Tuesday at Cullum Hall.

The class meets 6:30-7:30 p.m. each Tuesday for six weeks.

Single students are welcome. Register at ITR, 695 Buckner Loop, or call 938-2401 with your credit card number.

For all other information, please call 938-6127.

CDC Football Child Care

The West Point Child Development Center is offering child care for Army home football games for a fee.

Reservations are required nine days before gameday. For more information, call 938-3921.

Krafts 4 Kids

Krafts 4 Kids takes place 10 a.m.-noon Saturdays at the Craft Shop, Bldg. 648.

To pre-register or for more information, call 938-4812.

CYSS SKIES

Child, Youth and School Services SKIES Instructional Program Registration for Session 2 begins Oct. 6.

Check the CYSS Web site for flyers at www.westpointmwr.com

or call 938-3727/8893 for more information.

Military Appreciation Day

Military Appreciation Day is at the Round Pond Recreation Area from 12:30-6 p.m. Oct. 9.

It is open to all active duty military and their Families. Adult sports teams are now forming.

R.S.V.P. your team to *Jim. Liney@usma.edu* by Oct. 7.

For information, call 938-6497.

West Point Club Breakfast

An all new Family-style breakfast takes place 9 a.m.-1 p.m. every Sunday at the West Point Club.

Treat your Family to Sunday breakfast without breaking the bank. Children 6 years old and younger eat for free.

For more information, call 938-5120.

Quarterback Luncheon Tickets

Tickets for the Quarterback Luncheons at West Point Club are currently on sale.

The food line opens at 11:30 a.m. Thursdays, and the luncheon begins at noon.

For more information, call 938-5120.

Boot Camp at Fitness Center

Boot Camp is available at the FMWR Fitness Center at 9 a.m. every Monday.

This one-hour class is ideal for anyone who wants a more challenging workout.

Beginner's Running Group

The FMWR Fitness Center has a beginner's running group from 9-9:30 a.m., Mondays, Wednesdays and Fridays through Oct. 24.

Meet at South Dock. Strollers are welcome.

Beginning runners will work toward a two-mile goal.

Runs will be led by Certified Personal Trainer Andrea Ingram.

Contact *everywomanfitness@hotmail.com* or the FMWR Fitness at 938-6490 to sign up or to get more information.

Cross Training Challenge

A new cross training challenge will be offered at the FMWR Fitness Center.

The Brick, is a 30-minute indoor spin/30-minute outdoor run class that will be held 5:40-6:40 a.m. Tuesdays and Thursdays.

Classes will be held rain or shine. All ability levels are welcome.

Reflective belt and running watch are recommended.

For more information, call 938-6490.

Post Library Fall Story Hour

The West Point Post Library will begin its fall story hour Oct. 14.

The sessions will be held at 10 a.m. and 1:30 p.m.

Daily sessions are open to all West Point community children ages 3-5.

Pre-registration is required each week. For more information, call 938-2974.

U.S. Army Soldier Show

The 2008 U.S. Army Soldier Show comes to Eisenhower Hall at 5 p.m. Oct. 19.

The show is free to the general public. For information, call 938-6497.

CYSS Babysitting Classes

West Point Child, Youth and School Services is offering babysitting classes at ITR, Bldg. 695.

The classes run from 9 a.m.-4 p.m. Oct. 30-31 for ages 12 and older. To register, call 938-3921.

Haunted Hayride

The Haunted Hayride at the Bonneville Cabin at Round Pond is from 6:30-9 p.m. Oct. 30.

Children's activities and refreshments are available. Come in a Halloween costume and get half off admission. For information, call 938-2503.

Child Care Co-op

The child care co-op at the FMWR Fitness Center is open from 8:45-11:15 a.m. Monday-Friday in accordance with the West Point Elementary School calendar to parents with FMWR Fitness Center and CDC/YS privileges.

Parents must complete a brief VCCUS Training administered by the CDC, and children must be registered with CDC/YS.

For more information, call 446-5140.

CYSS Coaches Needed

CYSS Sports is currently looking for volunteer coaches in the following sports for the fall/winter seasons: soccer -- all levels and ages, peewee hockey and wrestling.

For more information about volunteering, call 938- 8896.

Army Family Team Building

Volunteers are needed for the Army Family Team Building program.

Opportunities are available for AFTB instructors and master trainers. Call 938-5654 for more information.

Fitness Instructors Needed

Les Mills Body Combat instructors are needed.

Contact the FMWR Fitness Center at 938-6490 for more information.

ITR Trips

Register now with ITR for a trip to see the Macy's Thanksgiving Day Parade Nov. 27. Tickets are also now on sale at ITR for Radio City's Christmas Spectacular.

Performance dates are Dec. 1 and Dec. 8. Both shows are at 5 p.m. Call 938-3601 for more information.

Solution to Weekly Sudoku

5	6	7	2	3	8	1	9	4
1	2	9	4	5	7	3	6	8
4	3	8	1	9	6	7	5	2
9	4	1	7	6	3	2	8	5
7	8	6	5	4	2	9	1	3
2	5	3	8	1	9	4	7	6
3	9	4	6	7	5	8	2	1
8	1	5	9	2	4	6	3	7
6	7	2	3	8	1	5	4	9

Army and Community Sports

Anderson focused on making NCAAs

Story and photo by
Eric S. Bartelt

The defining moment of Firstie Jon Anderson's collegiate running career came last spring when he won the 2008 Patriot League championship in the 5,000-meter and 10,000-meter runs at the PL track and field championships.

His two long distance victories were built off of a great end to the 2007 cross country season where he finished eighth at the Patriot League Championships.

With that kind of success in his back pocket, he has a chance to build a resume that can rival former teammates John Mickowski, a 2008 graduate who reached the NCAA championships in cross country and track and field last year, and Philip Sakala, a 2006 graduate who also was an NCAA participant in his firstie season.

Getting to the NCAAs is the ultimate step for any athlete in cross country, and Anderson is trying to follow the steps of his former teammates to reach that goal.

"Jon Mickowski and Philip Sakala taught me that it is important to do two-a-days," Anderson said, "and I've been able to do that this

year."

He wakes up at 5:50 a.m. Monday through Friday to run two to four miles and then will run nine to 10 miles in the afternoon with the team. It's a commitment he didn't previously have and one he made during the summer after his great success in the spring. He finally incorporated Mickowski's and Sakala's work ethic into his own workout routines to better himself for this season.

"I put in 60-70 miles a week in the summer, and I'm up to 80 miles a week right now, and I'm trying to capitalize on that," Anderson said. "One of the things I learned from (former Army cross country) coach (Jerry) Quiller is that you have to look at different training philosophies and test them out and see which one works for you.

"Mickowski and Sakala are both milers, and I'm more of a 5,000-meter guy, but I'm trying to do the stuff they did to help my versatility because I believe a good 1,500-meter runner can also be a good 5,000-meter runner," Anderson added. "Phil is really big into cross training and doing that once a week, and John was always getting on us about the milers,

being focused and taking time to recover and getting out there and fighting every weekend."

After missing the season opener at the Army Open Aug. 29 because of a sore throat and fever, Anderson came back with a seventh place finish in the dual meet versus Cornell Sept. 12. Despite missing a few two-a-days because of his illness, he feels he's back on track for a strong showing Saturday at the Roy Griak Invitational in Minneapolis.

Injuries during training hurt Anderson his first two years at West Point, which led him to lose his focus and caused him to hurt academically.

At one point, he felt like he wanted to leave the academy but decided to stay because he wanted to prove he can be just a good as Mickowski and Sakala.

"Sakala is in the WCAP Program, which is a goal of mine, and Mickowski and I were on the same recruiting trip, and I was faster than the both of them in high school," Anderson said. "But, during their college careers, they worked a lot harder than I did. So watching them succeed over the past three years and knowing that I wasn't working as hard kind of helped me realize what I needed to do to get back on my game."

Army cross country coach Laura Kirchgarber has seen Anderson grow into a terrific runner and was impressed by his seventh place finish against Cornell.

"Jon did a great job," Kirchgraber said. "He had been very ill at the beginning of the season, and he just started looking like himself again (a week ago) in practice. Given the training time he lost, it was just remarkable."

She believes his victories in the 5,000-meter and 10,000-meter runs last spring can be his confidence booster for this season.

"Anytime you can come off a good track season, you feel a little faster and you have that kind of success, you just want to build off that," Kirchgraber explained. "Jon is very talented, and I think he's a lot stronger. He has tremendous drive now, both mentally and physically, to win, and he brings that mental toughness and leadership to the table."



Firstie Jon Anderson looks to build off the 5,000-meter and 10,000-meter victories he had at the Patriot League Championships last spring during this cross country season.

The Cinnaminson, N.J., native is focused on beating Navy this year, which Army hasn't done since his plebe year, and said that it is, "very important to us and something we think about every day."

The history major, who hopes to branch field artillery, has a strong feeling the squad will place better than their predicted third place conference finish this fall.

He said Kirk Chitwood should make a strong return his cow year after an injury-plagued yearling season. He talked about how Cows Greg Griffith and Zac Reiter, who each competed with the Nike (National) Team, bring, "the knowledge from a national level team that is going to help us this year."

Anderson said what is most important to this year's success will be the guidance of the firstie class to get them running as a team.

"I think the team is more focused than in years past," Anderson said. "During our workouts, the entire team tries to work as a pack rather than in the past where everyone just went out and did their own workout, so there's more of a focus

on the team this year."

Part of that team focus is the guidance of Firsties Fitz-William Taylor and team captain Andrew Catalano, who have been vital during the absence of a men's coach until Troy Engle takes his post Oct. 1.

"Taylor is one of those great seniors who's always pushing it in the workouts and every day is out there working hard and motivating the freshmen," Anderson said. "Catalano is doing a great job as captain. When he talks to us, he's level-headed and is not just out there yelling at us to do something or just spitting out orders -- he's a great leader."

Anderson, a former U.S. Military Academy Preparatory Schooler, has come a long way from his decision to stay at the academy, and to this day, he has never regretted that decision.

"I don't think I'll ever be unhappy with my decision to stay because I thought long and hard about it," Anderson remarked. "It's a little bit harder than most places, especially with challenging yourself, but it's something I always wanted to do."

ARMY / NAVY SPRINT FOOTBALL

Firstie wide receiver Geoffrey Phillips, who scored five touchdowns last season including two against Navy, will lead the Army Sprint Football team against the Midshipmen at 1 p.m. Sunday at Shea Stadium. The Black Knights are looking to bounce back from a 2-5 record a year ago under new head coach Lt. Col. Mark West. They enter the game 1-1 after a loss Sept. 21 to Wagner 17-10.

JOHN PELLINO/DOIM MMB





Valiant effort

Firstie right side hitter/middle blocker Briana Stremick (#11) paced the Army offense with fellow Firsties Jamie Clark and Elizabeth Lazzari with seven kills apiece during their match with No. 5-ranked Southern Cal Sept. 19. USC won the match in three games 25-18, 25-16, 25-14, as Army dropped its season record to 11-2.

ERIC S. BARTELT/PV

Kendo Club Cadets 'fight' for Charity

By Lt. Col. Brian Imiola
Kendo Officer-in-Charge

Cadets from the West Point Kendo Club traveled to Fort Meade, Md., Saturday to participate in the Sgt. Luis Rosa-Valentin Kendo Tournament.

Kendo translates from Japanese as "the way of the sword" and was originally developed as a training method for Japanese Samurai. Today, it is a popular martial arts discipline and competitive sport.

Last weekend's tournament was a charity event in support of the Wounded Warrior Project, a non-profit organization founded to assist members of the armed forces who have been severely injured in Afghanistan or Iraq and was named in honor of Rosa-Valentin, who was wounded in an improvised explosive device attack while serving with Task Force 1-66 Armor, 4th Infantry Division, in Baghdad.

As a result of the attack, Rosa-Valentin lost both his legs and most of his left arm. The cadets met Rosa-Valentin and his Family and talked with them about their experience

and plans for the future.

"Meeting Sgt. Rosa-Valentin today put the West Point experience into perspective," said Firstie Mike Kearnes. "Our job is to lead and take care of Soldiers both on the battlefield and after the battle."

After the tournament, the cadets also met with a large contingent of JROTC cadets from the Fort Meade area to answer questions about West Point.

During the tournament, cadets battled fellow kendoka from the University of Maryland, George Washington University and Maryland clubs.

Cow James Quigg fought his way to second place from a field of 26 competitors in the mudansha, or Intermediate Division.

"The tournament was a great opportunity to do something I love (Kendo) while being able to help our Soldiers," Quigg said after his final match.

The invitational tournament served as a great tune up for the team's Oct. 18 tournament at Cornell, where they will face off against host Cornell, Harvard, NYU and Rutgers.

CLUB RESULTS

• **Water Polo** -- The Water Polo Team took part in the Eastern Regional Tournament in the New York Division Saturday and Sunday at NYU.

The team won its first game of the tournament with a comfortable 12-1 victory over RPI.

The next game, Army faced Columbia and had its hardest-fought game as they won 9-8.

In the final minute of the Columbia game, the score was deadlocked at eight when Yearling Marco Orozco scored to put Army ahead.

Firstie Kyle Davis made a save with five seconds left to secure Army's 9-8 victory.

Army then faced Colgate and had their finest offensive output of the weekend as they won 18-8.

The final game of the tournament pitted Army versus NYU, the N.Y. State champions.

Army's inability to stop NYU's offensive attack led to their first defeat of the weekend at 15-9.

Army finished a respectable 3-1 at the two-day tournament.

• **Men's Rugby** -- Army Men's Rugby's Premier team faced Yale Saturday in New Haven, Conn., and defeated their top squad 67-0.

Eleven different players scored tries during the match led by Cow Bobby O'Neill's two tries.

Army dominated the scrums and lineouts throughout the game.

Army's second XV routed Yale 95-0 in the second game of the day.

Eleven players provided the scoring for Army as three players, Cows Mark Wilson, Joe Gardner and Dan Webb, chipped in multiple tries.

Wilson was Army's strongest force by scoring three tries while making big tackles.

• **Women's Rugby** -- Women's Army Rugby traveled to Providence, R.I., Saturday to face Providence College.

WAR defeated Providence 32-0 behind tries from Firstie Nicole Myers (2), Plebe Jessica Sexauer (2) and Cows Marissa Readinger and Nicky Harrell.

Sports calendar

Sept. 26 - Oct. 8
Corps

FRIDAY-SUNDAY -- WOMEN'S TENNIS, EASTERN CHAMPIONSHIPS, LICHTENBERG/MALEK TENNIS CENTERS, ALL DAY.

FRIDAY -- SWIMMING AND DIVING, BLACK AND GOLD SCRIMMAGE, CRANDALL POOL (ARVIN GYM), 5 P.M.

FRIDAY -- WOMEN'S SOCCER @ MARIST, POUGHKEEPSIE, 7 P.M.

SATURDAY -- FOOTBALL @ TEXAS

A&M, COLLEGE STATION, TEXAS, 12:35 P.M. (VERSUS)

SATURDAY-SUNDAY -- CROSS COUNTRY @ ROY GRIAK INVITATIONAL, MINNEAPOLIS-ST. PAUL, MINN., 1:10 P.M. (SAT.) & 1:55 P.M. (SUN.)

SATURDAY -- MEN'S SOCCER VS. AMERICAN, CLINTON FIELD, 1 P.M.

SATURDAY -- VOLLEYBALL @ LEIGH, BETHLEHEM, PA., 4 P.M.

SUNDAY -- SPRINT FOOTBALL VS. NAVY, SHEA STADIUM, 1 P.M.

SUNDAY -- WOMEN'S SOCCER VS. CENTRAL CONNECTICUT,

CLINTON FIELD, 1 P.M.

TUESDAY -- MEN'S SOCCER VS. YALE, CLINTON FIELD, 7 P.M.

OCT. 3 -- CROSS COUNTRY, PAUL SHORT INVITATIONAL, BETHLEHEM, PA., 11 A.M.

OCT. 3 -- SWIMMING AND DIVING VS. VERMONT (WOMEN), CRANDALL POOL (ARVIN GYM), 5 P.M.

OCT. 3 -- VOLLEYBALL VS. BUCKNELL, GILLIS FIELD HOUSE, 7 P.M.

OCT. 3 -- SPRINT FOOTBALL VS. PRINCETON, SHEA STADIUM, 7 P.M.

OCT. 4 -- MEN'S SOCCER VS.

COLGATE, CLINTON FIELD, 1 P.M.

OCT. 4 -- WOMEN'S SOCCER @ LAFAYETTE, EASTON, PA., 1 P.M.

OCT. 4 -- VOLLEYBALL VS. COLGATE, GILLIS FIELD HOUSE, 4 P.M.

OCT. 4 -- FOOTBALL @ TULANE, NEW ORLEANS, 3 P.M. (COX SPORTS TELEVISION)

OCT. 4-5 -- GOLF VS. NAVY, WEST PONT GOLF COURSE, TBA

OCT. 8 -- VOLLEYBALL @ NJIT, NEWARK, N.J., 7 P.M.

Club

FRIDAY -- BOXING, FRIDAY NIGHT FIGHTS, SOUTH BOXING ROOM (ARVIN GYM), 4:30 P.M.

SATURDAY -- EQUESTRIAN TEAM, JUMP CLINIC, MORGAN FARM, 9 A.M.

SATURDAY -- MEN'S RUGBY VS. NORWICH, ANDERSON RUGBY COMPLEX, NOON.

SUNDAY -- WOMEN'S RUGBY VS. CONNECTICUT, ANDERSON RUGBY COMPLEX, 2 P.M.

OCT. 3 -- WATER POLO TEAM, WEST POINT INVITATIONAL VS. N.Y. DIVISIONAL RIVALS, ARVIN GYM, 7 P.M.

Ultimate Frisbee Standings

*Standings through Monday

	W - L
1. DPE/EECS	10 - 0
2. DMI	8 - 2
3. BTD	8 - 2
4. SOC. SCI.	6 - 3
5. SYS. ENG.	6 - 4
6. C/ME	4 - 3
7. PHYSICS	5 - 5
8. DFL/GENE	4 - 4
9. HISTORY	4 - 5
10. MATH	4 - 5
11. ENGLISH	3 - 5
12. BS&L	1 - 8
13. MEDDAC/CHAP	1 - 9
14. C&LS	1 - 10

Flag Football Standings

*Standings through Monday

	W - L - T
1. ODIA	4 - 0 - 0
2. MPs	2 - 1 - 0
3. 105TH ANG	2 - 2 - 0
4. STEWART MAR. #1	1 - 1 - 1
5. STEWART MAR. #2	1 - 2 - 0
6. MEDDAC	1 - 3 - 0
7. USCC/BTD	0 - 2 - 1