



DPE STANDARD

Set The Standard...Maintain The Standard



Arvin Cadet Physical Development Center's Grand Opening

*By CPT Derrick Stanton
DPE Instructor*

The newly renovated Arvin Cadet Physical Development Center (ACPDC) marked its grand opening on August 13, 2005. The Superintendent, LTG Lennox, Master of the Sword, COL Greg Daniels, and several other dignitaries and former graduates attended the ceremony, which marked the culmination of a seven year project. Outside of the pomp and circumstance that surrounded the event, what truly made the day great was that it marked a significant milestone in the Physical Program that cadets will participate in during their 47 months at the United States Military Academy (USMA).

Over the years, the USMA Department of Physical Education has provided an outstanding Physical Program to the Corps of Cadets. However, during renovations of their facilities, DPE had to do so in less than optimal conditions. With the opening of the new Arvin CPDC, cadets will now reap its benefits and see great improvements in their 4th class instruction, lifetime sport courses, intramurals, and club sports.

Fourth Class instruction probably benefited the most from the renovations, as the department's new boxing and aquatics facilities are two of the crown jewels of the ACPDC. The two new boxing rooms include two flat and one raised boxing rings, 24 heavy bags that can be raised and lowered using electri-



Plebes utilizing One of Arvin's two new boxing Rooms

cal hoists, and a sound system to pump-up cadets during warm-up and shadow boxing. These additions, along with continued outstanding boxing instruction, combine to create what Director of Boxing, Dr. Ray Barone, calls "the best boxing facility in the nation, to include the World Class Training Facility in Colorado Springs." Mr. John McVan, Director of Aquatics, echoes similar sentiments about the new facilities that his committee inherited.

The 4th Class Aquatics facilities tripled in size from one to three pools, with the biggest addition being the Combat Water Survival Swim Laboratory (CWSSL). The CWSSL allows Mr. McVan and his committee to add realism to their instruction through environmental changes. Instructors can now incorporate waves, rain, lightning, fog, direct and indirect fire sound effects, and limited visibility into their lessons, thus preparing cadets for the challenges

that they might encounter as leaders of Soldiers in today's Army. Not to be outdone, upperclassmen can also look forward to changes and additions in their Lifetime Sport classes.

The biggest change will be seen in PE 430 (Rock Climbing). Thanks to the generosity of the USMA Class of 1979, PE 430 has gone from being a 9-lesson course taught outdoors during the fall and spring rounds only, to an 18-lesson course taught year round on a 48-foot high state of the art climbing wall. This change will provide more cadets the opportunity to gain the critical knowledge and experience inherent in this relevant military skill. Additions to the Lifetime Sport courses will be PE 428 (racquetball) and PE 429 (pickleball/badminton), which have returned as a result of 6 new racquetball courts and new gymnasiums on the 2nd and 4th

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Colonel's Corner

By the Master of the Sword,
COL Greg Daniels



Warm regards from West Point. Despite some recent unusually wet weather, we are enjoying another breathtaking fall in the Hudson Valley. The department remains as busy as ever, especially since the Arvin Cadet Physical Development Center is now fully operational. Many distinguished visitors to USMA have requested a tour of Arvin on their itineraries. We have quickly discovered that the new facility will greatly enhance our capability to improve the Physical Program. For example, during Plebe Survival Swimming we now conduct Survival Gate #4 in the new wave pool, a.k.a. the Combat Water Survival Swim Lab. This event consists of swimming in BDUs with load bearing equipment and weapon in 1.5' high waves, dimmed lights, artificial lightning and rain, and the sounds of battle in the air. And Mr. John McVan, Director of Aquatics, is working to add artificial fog to the environment. Who says DPE doesn't love the Corps!

A major initiative for this academic year centers on a comprehensive review of the DPE curriculum. Our current distinguished visiting professor, Dr. Angela Lumpkin, has graciously agreed to chair an ad hoc committee to examine this issue. Of course, the committee has representation from DPE, but I've also included members from the Academic Program and the Corps of Cadets to benefit from additional insight in the process. The committee will examine the scope and sequencing of the entire 47-month curriculum, in addition to key topics such as the feasibility and relevance of DPE teaching a major. This committee's work will have long-reaching impact on continuing to produce warrior leaders of character for the Army. The next edition of the DPE Standard will feature the outcome of this project.

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DPE Welcomes Visiting Professor Dr. Angela Lumpkin

EDUCATIONAL BACKGROUND

University of North Carolina	1986-1989	M.B.A.
The Ohio State University	1972-1974	Ph.D.
The Ohio State University	1971-1972	M.A.
University of Arkansas	1968-1971	B.S.E.

By Dr. Chip East
DPE Professor

Dr. Lumpkin is a professor in the Department of Health, Sport and Exercise Sciences at the University of Kansas, where between 2001 and 2004 she served as Dean of the School of Education. She previously served as Dean of the College of Education at State University of West Georgia, Department Chair for physical education at North Carolina State University, as well as Chair of NC State's faculty, and professor of physical education at the University of North Carolina at Chapel Hill. She holds a bachelor's degree from the University of Arkansas, a master's degree and Ph.D. from The Ohio State University, and a M.B.A. from the University of North Carolina at Chapel Hill.

Dr. Lumpkin is the author of eight books, including three in multiple editions, and over 35 scholarly publications. She has shared her expertise through over 150 professional presenta-



Professor Angela Lumpkin

tions. She has served as President of the National Association for Sport and Physical Education as well as two state professional organizations. She has received several professional recognitions, including the Honor Award from the American Alliance for Health, Physical Education, Recreation and Dance and selection as an American Council of Education Fellow.

We welcome Dr. Lumpkin and relish the opportunity to learn from her.

DPE Welcomes New Faculty And Staff For AY2005-2006

By MAJ Ryan McCausland
DPE Instructor

A sincere welcome is extended to our new faculty and staff:

	<u>DUTY POSITION</u>	<u>ARRIVING FROM</u>
LTC Joe Doty	Rotating PhD	Northern Colorado
MAJ Dan Lorenzen	Rotating Military Officer	The Ohio State University
CPT Dennis Terry	Rotating Military Officer	University of Florida
CPT Chris Hennigan	Rotating Military Officer	University of Florida
CPT Elizabeth Robinson	Rotating Military Officer	Indiana University
Mr. Kevin Mazzella	Editorial Assistant	1 st REG, BTD
Ms. Lorie Rizzo	Recreation Assistant	Newburgh, NY

Congratulations on joining the Department with a Heart!

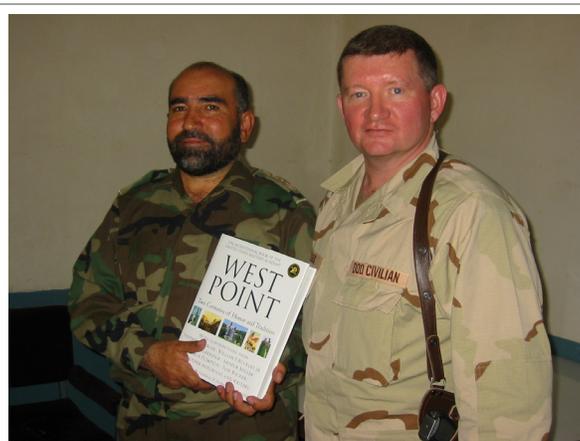
DPE Faculty Supports Operation Enduring Freedom in Afghanistan

By Dr. Larry Butler
DPE Professor

Dr. Ray Wood and Dr. Larry Butler voluntarily deployed to serve as members of a USMA Support Team which helped establish and maintain the new National Military Academy of Afghanistan (NMAA). They worked under the purview of the Office of Military Cooperation- Afghanistan in Kabul along with the Afghan Ministry of Defense. The International Coalition, under the provisions of the Bonn II agreement, is building the Afghan National Army (ANA) from the bottom up. The ANA and the new military academy are now one of the first institutions of national unity in the country. Indeed, it may well be that the most important long-term role of the new academy is to provide Afghanistan with leaders who will serve the nation in peace as well as in war. The new academy will not only train junior officers for the ANA, but it will also provide a broad professional education so that ANA officers will be capable of leading the army across the operational spectrum, from combat to nation building.

Dr. Wood spent 8 weeks during the summer of 2005 in Afghanistan developing the physical program for NMAA from scratch. He created the physical education curriculum, a sport education program, outcome goals, a physical education budget, and other key documents which will guide the physical program in the future. The program consists of a fitness and health course which covers a variety of health topics (average life expectancy is 42 years of age – infectious disease). In addition, Dr. Wood developed a combatives program as well as a physical fitness test for assessment purposes. He also mentored the Head of the Department of Physical Education on a daily basis.

Dr. Butler, first deployed in August of 2004 for 12 weeks along with COL Gary Krahn, Math Dept Head, and



Above: Dr. Larry Butler (right) with MG Sharif, Superintendent of the new National Military Academy of Afghanistan.

Below: Dr. Ray Wood (right) with LTC Steve Fleming, Instructor from the Geography and Computer Engineering Department at USMA.



COL Raymond Winkel, Physics Dept Head, as part of a three-person team who continued the work already begun by several former USMA faculty in implementing a four-year curriculum of professional education and training that leads to a university-level bachelor's degree, basic branch qualification, and a commission as a second lieutenant in the Afghan National Army. The desired end-state was to admit 125 highly-qualified young men in February 2005 who represented the ethnic diversity of Afghanistan. When Dr. Butler

began, there were war-torn buildings with many mines on the site. The team worked on the initial faculty hiring, admissions, selecting textbooks which will be translated into Dari, as well as all other aspects of starting an academy. Dr. Butler briefed the senior leaders of the Afghan Ministry of Defense, including Minister of Defense Wardak, concerning the selection and nomination process for the accessions of the first 53 faculty members. This also included the selection process of the seven senior academy leaders (General Officers and Department Heads). Dr. Butler developed the interview protocol and the team interviewed over 170 Afghan Officers drawn from a review of 1,023 Afghan Officer files. Seeing the importance of professional development for the commander of the military academy, Dr. Butler coordinated visits involving the Minister of Higher Education and the President and Deans of Kabul University. In March of 2005, the first class of 109 cadets entered the new Afghan Academy and the newly selected Afghan teachers began teaching!

Dr. Butler was asked to return in the summer of 2005 to serve as the Chief of the 13 member support team which consisted of senior Officers, senior NCOs from the reserve, and several USMA civilians. He directed the next accessions effort in hiring the next round of Afghan Officers, connected with other Afghan educational institutions, and mentored the Afghan Superintendent on a daily basis. Although both professors operated in a war zone, it was the most professionally rewarding experience of their careers. Being involved in the creation of a new academy is the experience of a lifetime and both are committed to this project for life.

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floors. In the areas of intramural and club sports, cadets will also see changes and additions to their programs.

Four new combatives studios and a wrestling room have allowed the combatives and wrestling programs to move from Cullum Hall and establish permanent residences for their intramural, club, and corps squad teams within the CPDC. Additionally, the new gym, pool, and court facilities have given the Competitive Sports Office the opportunity to bring back basketball and swimming as intramural sports and also add additional Brigade Open events, such as indoor soccer, floor



Arvin's 48-foot high state of the art climbing wall

hockey, racquetball, and dodgeball, just to name a few.

Overall, the new facility has improved the USMA Physical Program and

the cadet physical experience by leaps and bounds. Even outside of DPE executed events, cadets can utilize the 3rd floor weight and cardio rooms, Class of 1962 Room (Winter 2005), and run the stairs that ascend from the basement to the 4th floor. Over the past several years, donors, architects, and laborers have worked hard to ensure that USMA cadets have a physical development center that is second to none, while the Department of Physical Education has continued to provide a physical program that is no less impressive. As a result, USMA cadets have a lot to look forward to during their 47 months at the academy.

They will be taught and trained by some of the best instructors and in one of the best facilities of its kind in the world.



(Left to Right) Dr. Tom Horne, Dr. Ralph Pim, and Dr. Jeff Coelho

The "Department with a Heart" Promotes Three Members

During the USMA Academic Convocation on August 18th, Dr. Jeff Coelho and Dr. Tom Horne were promoted to Professor; Dr. Ralph Pim was promoted to Associate Professor.

These three members of the DPE Faculty have provided nearly 50 years of service to the Department and USMA.

Congratulations and Thank You!

The views presented herein are those of the author and do not necessarily represent the views of the DD or its components.

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Inside: What's Happening in DPE