

After Action Reports-27 Sept-4 Oct. 2009

The West Point Tournament Paintball team Beat Navy for first place in the National Collegiate Paintball Associations Blue Crab Classic.



Paintball

Middletown DE
18 Sep 09



Potter Photo
By: Michael Potter



Potter Photo
By: Michael Potter



The West Point Tournament Paintball team Beat Navy for first place in the National Collegiate Paintball Associations Blue Crab Classic this past weekend. The team entered three squads and coming out of the pre-lims, Gold Squad was in 1st place and Black Squad was 3rd. The all Plebe Silver squad won two of their 8 games and show a lot of promise for the team's future. The final game against navy was a best two out of three format with Navy taking the first win on a technical penalty (no Navy players were left on the field at game end!) and West Point took the second game. The third game came down to a one on one match with both players eliminating each other simultaneously, forcing a fourth and final game. West Point swept the field of Navy players in convincing fashion with four Cadets left standing at game end for first place!

Paintball

Lehigh Vally PA
26 Sep 09

The West Point Tournament Paintball Team attended the first event of the National Collegiate Paintball Associations North East Conference this past weekend. The team traveled to Lehigh Valley Paintball in PA and competed in three matches. The Black Knights beat Northeastern University 7-2 but dropped the next games to Rutgers and Drexel in two very hard fought matches.



Team Handball Team: Men

West Point

Men's Team Handball Handball Club and the New (Boston) this weekend in a The guys did well in their experienced Black team time defending national victory of an experienced Gold team played excellent, the first team handball game for many of the players, but lost both games: 21-29 to NYC and 23-30 to NE. Team Captain Jason Borchik led all Army players with 11 goals, followed closely by fellow Firstie TJ Giordano with 10, and AF exchange Zoomie Ryan Nichol with 9. The team gained valuable experience for our upcoming record tournaments in North Carolina and Chicago coming up in October.

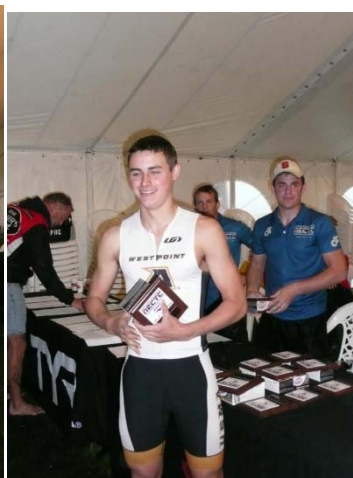


hosted New York City Team England Freeze THC 5-game round robin event. first competition. The more split, with a 16-26 loss to 2-champion NYC, and a 32-16 NE team. The very young especially since this was



Triathlon Team

Montauk NY



For the second week in a row, the triathlon team overcame challenging weather to dominate their competition. This past weekend, West Point Triathlon bested 17 other collegiate triathlon teams to win the 2009-2010 Northeast Collegiate Triathlon Conference (NECTC) Championships (see picture) Despite sending only team captain Bryan Lagasse and ten rookie team members, both the men and women finished at the top of their collegiate divisions. The NECTC Championship race took place in Montauk, New York. On Saturday, Montauk resembled more of a rainforest during monsoon season than a vacation resort destination.



The hard rain started early and did not relent, making for rough seas and a treacherous bike route. However, the team was unfazed, taking four of the top six men positions and two of the top five female positions. The team was led by captain Bryan Lagasse, F4. Bryan was one of only two athletes to complete the course in under the one-hour mark. Plebe Alex Habecker (E2) used an improved bike split to finish third overall. By earning third in the NECTC in his first season, Alex won the NECTC top new triathlete award (see picture). The men's strong performances did not end there. Nate Pendleton, E2, (See picture) set the tone with the best swim split in the entire field and sprinted down the home stretch to tie for 4th. Dan Livolsi, C3, continued to show strong improvement enroute to a 6th place finish. The West Point female contingent did not seem to miss their veteran team members. MacKenzie "Macca" Vaughn, E2 finished third in her first NECTC Championships. Sarah Haight (E3) finished 5th and won the best young female tri-athlete award. Shaye Haver (E3), Katie Miller (G3) and Vanessa Mose (E2) used improvement bike times to help lead the team to victory. The Tri team's performance at the NECTC Championship guarantees the team a spot at the Colligiate National Championship in Lubbock, Texas next April.



Marathon Team

Crystal City VA

Marathon team's participation in the 25th Anniversary Army Ten Mile race was a great success. Three male cadets posted times under 60 minutes and several others crossed the finish line between 60 and

61:30. The ladies team also performed well with one cadet under 70 minutes and several others finishing between 70 and 74 minutes. The team arrived back at West Point at 1845 on 4 Oct 09.



Racquetball Team

Allentown PA

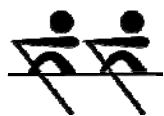
The West Point Racquetball team competed in the first of four tournaments of the 2009-2010 Eastern Collegiate Racquetball Conference season in Allentown, PA from October 2nd through the 4th. The first day of the tournament saw 14 of 16 first round victories by West Point cadets, unprecedented in recent West Point Racquetball history. Cow Cezerina Viqueira won the Women's #2 Gold Division Championship with an impressive 15-5, 15-0 victory. Yearling Christopher Bonner won the Men's #4 Gold Division Singles and was partnered up with Cow Steve Dexter on the championship team for Men's #4 Doubles Gold Division. Firstie Andrew Roberts lost a hard fought Men's #2 Gold Division Singles final match in a tie-breaker 11-8. Overall, the West Point Racquetball team represented themselves and the academy in remarkable fashion. Truly, on the path to becoming a Team of Significance built from the ground with Warrior Athletes of Character!



Rugby Team (Women)

West Point

1st XV West Point 74, Providence 0 4 October 2009 Anderson Rugby Complex Try Scorers: Sylvia Thomas (Team CPT) 3, Jessica Sexauer 3, Ashley Miller 2, Krystle Harrell 2, Giovanna Camacho, Marie Timm Conversion: Ashley Miller 5-8, Marie Timm 2-4 Penalty Kicks: None taken Match Notes: The score was 74-0 at halftime, so the opposing coach agreed to call it at that point. Our 2nd XV then outscored the Providence 1st XV 27-5. Overall we saw improvement in both the backline attack and our work at the tackle contest. Our forwards won 7 out of 8 scrums when Providence had the put in. Our lineouts were less than perfect mostly due to inaccurate throws. The next few weeks will focus more on our 2nd XV to ensure we have the depth well need to be successful in the playoffs. Next Match: Dartmouth, 10 OCT 2009, 1330, Hanover, NH 2nd XV West Point 27, Providence 5 4 October 2009 Anderson Rugby Complex Try Scorers: Scostia Peterson 2, Anne Lee 2, Triada Cross Conversion: Emily McCarthy 1-5 Penalty Kicks: None taken



Crew Team

Poughkeepsie NY

This Saturday, 3 October 2009, Army competed at Poughkeepsie, New York, for a reenactment of the national championship race held in the early 1900s as part of a celebration of the Poughkeepsie's celebration of the 400th anniversary of the discovery of the Hudson River by Henry Hudson. All five of the original steward schools (Navy, Cornell, Columbia, Penn, and Syracuse) that hosted this national championship regatta until 1949 attended this regatta.



In addition, Marist College (who hosted this event), Vassar College and the US Military Academy were invited to attend even though their crews did not even exist when this regatta was operating. The team sent two varsity boats, men's and women's, that raced early Saturday morning. The women's varsity eight was the first event. The boat was coxed by Murphy Pfohmann Class of 2012, along with Sierra Rooney, a Naval exchange cadet, Katie Willson, Lara Senteno, Lauren Bullis, Sonja Butler, and Brooke Withers, all Class of 2011, and Laura Yuengert and Tori Lundberg, both Class of 2012. The boat had a successful race and finished fifth overall, beating Vassar College and Marist College. The varsity men launched, coxed by Phill Rangitsch, Class of 2010 along with rowers Nick Glenn, Tom Mangan, Tiernan Still, Ian McBride, and Craig Maddy, all members of the class of 2010 and Lars Griffith and Thomas Mussman, members of the class of 2011 in addition to Stephen Hopkins, class of 2012, Stephen Hopkins. The men finished second overall, earning a silver medal that was a replica of the original national championship medals. They had to battle Marist and Columbia for the first 3 miles, finally rowing through Columbia and holding off Marist in the last 500 meters. It was a very successful day for Army crew despite the rough water and muggy weather.



Hartford CT



On Sunday, 4 October, Army Crew had a strong showing at the Head of the Riverfront Regatta in Connecticut. Army boats won a total of five medals in the 3.2 mile race, the one gold coming from the women's novice 8. Other medals came from the women's novice 4 (2nd place), the men's varsity 8 (2nd place by 7 seconds), the men's JV 8 (3rd place by 0.15 seconds), and the men's novice 8 (3rd place). Other Army boats performed well, defeating a fellow service academy (Coast Guard) in nearly every race. The women's varsity 8, the JV women's 8, and the women's novice 4 all took 4th place in their respective races. Overall it was a great day of racing for Army Crew, and they look forward to continuing their success at the Navy Day Regatta in Philadelphia next weekend.



Orienteering Team

Hancock NH



This past weekend, the Competitive Club Orienteering Team traveled to Peterborough and Hillsborough, New Hampshire to compete in the annual Boulder Dash Orienteering Meet. The team had strong performances on both of the races during the two-day event despite poor conditions. CDT Nick Lewis-Walls (10 B1) and Hannah Burgess (12 B4) led the team as the top female and male finishers during their respective races. Several younger runners, including CDTs Matt Letarte, Joseph Steinlage, and Charles Houk advanced in their respective age groups by meeting qualifying times during their races. These results will help push the team to another Intercollegiate Championship in February.



Rugby Team

West Point



West Point First XV 17- NYAC 17 Try Scorers: Andrew Dill, Ben Leatigaga Conversions: Dom Latino 1 of 1, Dave Geib 1 of 1 Penalties: Dom Latino 1 of 2, Dave Geib 0 for 1 Match Notes: This was First XV's first match of the year, and capped off the team's lengthy preseason preparations. Army started off the match aggressively, spending much of the first half inside NYAC's 22. However, NYAC was able to tighten up and prevent Army from capitalizing on most of their position. NYAC started the scoring with a try off of a scrum from the Army 5 meter. The scrum was Army's but NYAC stole it and dove in for the try. The conversion failed to make the score 0-5. West Point's players were well drilled and forced NYAC to make mistakes which they did in the form of penalties. While missing their first shot at goal due to a penalty, Army answered quickly with Dom Latino's kick for points due to a NYAC offside call near the 22m, making the score 3-5. Unfortunately, on the ensuing kickoff, NYAC would win possession, run several phases and score their second try, bumping the lead back up to now 3-12. Not to be outdone going into the half, Army was able to apply pressure as they had in the early going and scored a try from 40 meters out. On a first phase possession, Army ran a great set of lines, putting the ball in the hands of fullback Latu Vahai in space who made 2 defenders miss before passing to wing Ben Leatigaga in space. He then made it around the outside of the NYAC defense to score the try. The conversion was made and the score was 10-12 going into the locker room at half. The second half was hard fought with both sides struggling to gain the upper hand. A series of early efforts got Army inside the NYAC 5 meter line, but even with NYAC's 3 penalties in a span of 2 minutes, Army could not convert the errors into points. Extra energy was squeezed out of the team when a host of four impact substitutions came on at the 10-15 minute mark. It was then that the team began to go forward again, this time to within the NYAC 5 meter. To get there, Army flyhalf Dave Geib kicked a beautiful chip and chase to inside the NYAC 10, which wing Joe Gardner used to apply huge pressure on the return. As NYAC tried to clear their lines with their own kick, Geib burst around the breakdown to block the kick. In the ensuing ruck, the ball popped out and bounced into the hands of center Andrew Dill, who acted quickly and used a strong leg drive through tackles to score the try and put Army ahead. The try was converted and Army was ahead 17-12. As time was running out NYAC was able to even the score. They used size to their advantage and mauled off of a lineout from about ten meters out all the way in for the try. The conversion failed and the whistle was immediately blown signaling the end of the game. It was a hard fought game and it

ended in a tie 17-17. Next Match: West Point's First XV next play on 17 October 2009 when they host their first league match against Northeastern at Anderson Rugby Complex.



Rugby Team

West Point

West Point Colts 36 - Fordham 10 Try Scorers: Dan Webb, Andrew Hansche, Kyle Palmer, Trevor Mitchell, Zach Akes Drop Goals: Kyle Palmer 1 of 2 Conversions: Kyle Palmer 4 of 5 Match Notes: On Sunday, October 4th, Army's Colts A side took on Fordham's A side at Warrior Field in West Point, NY. The match proved to be a tougher rematch of the first meeting of these two teams, which ended with a 27-0 victory for Army. Army came out strong in the first half, playing the ball mostly in Fordham's half of the field. Army's defense proved to stay strong keeping Fordham's attack to minimal gains. Penalties hindered both teams during the 1st half of the match. The forwards for Army's Colts A side had their work cut out for them at the breakdowns and in the set pieces. They remained strong and pushed through the first half into the second half. As for the scoreline, Army gave up two tries to the Fordham Scarlet Knights, one in each half. Army's scoreline proved to be a longer story. The first try of the match was scored after an offload from flyhalf Kyle Palmer to outside center Dan Webb who ran through numerous would-be tacklers 20 meters for the try. Further into the first half, prop, Andrew Hansche took the ball in for the try after a few phases of Army forwards picking the ball around the breakdown. Army went into the half leading Fordham. The Colts came back the second half with a bit more. After a penalty inside Fordham's 22 meter, scrumhalf Trevor Mitchell took the quick tap and off loaded to Palmer who broke through the line for the try. Not long after this, Army was awarded a scrum on the Fordham 5 meter where the pack forced its way toward the try zone. Mitchell scooped the ball in the scrum and dove in placing the ball in the try zone. Army keeping pace with the push to stay inside Fordham's 50 meter, kept the pressure on. After gaining an advantage from a sloppy Fordham breakdown, Army ran a phase to gain more ground. Then, Mitchell moved the ball back to Palmer who scored a rare drop goal from just inside the Fordham 22 meter. The last try to lock the game was scored by a string of open field play from the Colts, with numerous offloads. The try was finally scored by prop Zach Akes. Fordham came ready for the rematch with the Colts A side and put up a good fight. Army's pace and control of possession allowed the Colts to come away with a 36-10 victory over the Scarlet Knights. Next Match: West Point's Colts are tentatively scheduled for their next contest at Kings Point, NY against the United States Merchant Marine Academy on 11 October 2009.



Climbing

New Paltz NY

Gunks AAR 4OCT09 Situation: The climbing team departed from CGR on Sunday morning. Arriving at the Gunks around 0730. The team had already been broken into pairings. Each pair was tasked to complete at least two multi-pitch trad lead climbs. This consists of placing your own pro into the wall as you lead climb up. Every team spread out and worked on their chosen climbs separately. Every team was able to complete this task by early afternoon.



When the team joined back together, some top ropes were thrown up on harder routes in order to focus on strength development. Once the team was done we departed back to west point Sustains: - Many of the beginners had never trad lead climbed before, therefore they learned a very valuable climbing asset - Many of the veterans on the team have not trad lead climbed in a couple months so this was a good refresher - Multi pitch climbing builds endurance Improves: - Learn to place gear - Work on endurance - Teach new members how to place gear and how to second a route.



Sport Parachute Team

Nashua NH

Training at the Wind tunnel was very successful. All cadet's skills improved. The biggest improvements were seen in the Class of 2012. This class has not had much freefall time and the wind tunnel greatly improved their skills. This type of training should not only continue but also happen more often.



Marathon Team

Army 10 Miler

The Army Ten Miler, on Sunday, October 4th, was a great race overall for the Army Marathon Team. For the men's team, Colin Chapman ('13) placed first with a time of 57 minutes and 50 seconds. Not far behind was Jake Chaput ('11) with a time of 0:59:53; Mike Fanelli ('10) in at 1:00:55; Ben Troxell ('11) at 1:01:05; Kyle Cobb ('11) with 1:01:15; and Steve Digangi ('10) in with 1:01:54. Also coming in fast and doing well for the men were the two Matts: Matt Ryan ('12) at 1:02:36, and Matt Cincotta ('10) with 1:02:55; John Bassette ('10) in at 1:03:57; Bill Groves ('10) with a time of 1:04:38; and Ben Karn ('13) finishing in 1:04:50.

The women's team had a great showing, as well. Firstie Diana Bunjovac was the first of the team to cross the line in a time of 1:09:11. She was followed by Sarah Binder ('12) at 1:10:06 and Ashley Ehasz ('10) in at 1:11:42. Also racing strong, and placing well in their divisions were Ginger Recinos ('10) coming in at 1:12:25; Kelly Macdonald ('11) at 1:13:42; Meg-Ann Braun ('12) at 1:14:22; and Janet Noreen ('11) finishing well at 1:27:19.