

Quick and Easy directions to Primary Care Appointing on TRICARE on Line

Log on using your individual TOL Account.

Click on the Appointments Link on the Top tool bar.

Select an appointment type:           New Problem/Not Urgent  
  New Problem/Urgent  
  Follow up PCM visit  
  Pap Smear (females only)

Click View Available Appointments, list of appointments will be displayed. You have the option of clicking on the link to display additional appointments with your PCM or with additional providers in the Cadet Health Clinic.

Click on an appointment time that meets your needs, wait while the system verifies that appointment is still available.

Enter your Reason for Appointment,

Click on I'll Take It button

Print your appointment confirmation notice.

To cancel an appointment that you booked on TOL,  
Click on the appointments link on the top tool bar  
Appointments booked on line will be displayed  
Click on the Cancel this appointment link, wait for confirmation that the appt was cancelled.

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If you experience problems booking on line you should call 845-938-7992 to book your primary care appointments.

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**Orthopedic Appointing (conducted in Bldg 606)**

Sick call procedures are not changing for Orthopedics.

If you are seen by an Orthopedic physician and told to book an appointment for care at the Orthopedic Clinic conducted in bldg 606, you must call 845-938-7992 identify yourself as a Cadet and state that you are booking a Self Referral appointment to Orthopedics.

Follow up appointments will be booked by the Orthopedic staff prior to your departure from the clinic whenever possible. If you are told to follow up in 6 weeks, you may need to follow the instructions above and call 845-938-7992.