

POINTER VIEW

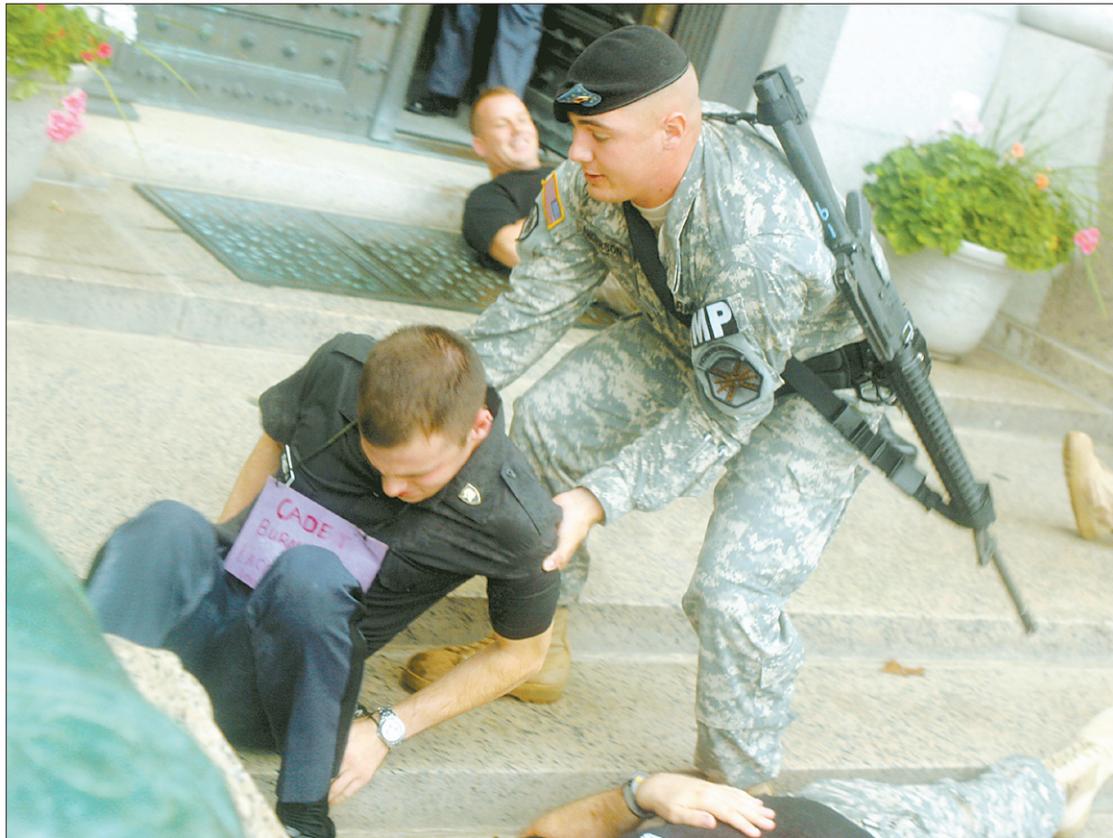
TSP TICKER

August changes (as of 8/29)	
C FUND	+2.43 percent
I FUND	+2.76 percent
S FUND	+1.79 percent

VOL. 63, NO. 34

SERVING THE COMMUNITY OF THE U.S. MILITARY ACADEMY

SEPTEMBER 1, 2006



Antiterrorism exercise

A military policeman helps up a cadet hostage after a simulated suicide bombing during the annual antiterrorism exercise Tuesday. The scenario involved terrorists holding hostages inside of Cullum Hall until officials met their demands. The incident allowed West Point to not only refine their own procedures during a terrorist attack, but work with outside agencies.

SPC. BENJAMIN GRUVER/PV

Army to begin utility billing for privatized housing

WASHINGTON (Army News Service) -- Some families living in privatized housing on Army installations will become responsible for their utility consumption starting today.

Residential Communities Initiatives will begin billing for electricity at five installations where a yearlong mock billing program was recently completed. The mock billing program established a baseline for electricity consumption through consumption patterns, housing type and size.

Residents who use less energy than what was established by their baseline will earn a rebate or credit. Those who exceed their baseline will be required to pay the difference. Residents should see their first bill on or around Oct. 1, 2006.

The installations where billing will begin are: Fort Carson, Colo.; Fort Hood, Texas; Fort Meade, Md.; Fort Lewis, Wash.; and Fort Campbell, Ky.

Only those residents living in new and fully renovated houses will receive energy bills.

"These homes feature Energy Star appliances, as well as additional insulation and energy-saving windows," said Ivan Bolden, RCI Assistant for Policy and Program manager. "Energy Star is the housing industry's highest energy-saving rating."

"The majority of old homes are not individually metered so it would be difficult to gauge energy consumption," he said. "But once they are fully renovated, they will be included in the billing program."

Congress passed the Military Housing Privatization Initiative in 1996, allowing the services to privatize family housing. Guidance published by the Office of the Secretary of Defense in 1998 required service members in privatized housing to be responsible for the utilities they consumed.

The billing program was established by the Department of Defense to conserve energy and track energy usage. Eventually all military branches will require residents living in privatized housing to be responsible for their energy use.

See UTILITY on page 3

Deadline approaching for filing body armor claims

ARLINGTON, Va. (Army News Service) -- Soldiers have until Oct. 3 to file reimbursement claims for private purchases of such protective and safety equipment as body armor.

"A provision of the 2005 Defense Authorization Act allows for the reimbursement if service members weren't issued equivalent equipment prior to deployment in Operations Noble Eagle, Enduring

Freedom or Iraqi Freedom," said Maj. Paul Cucuzzella, U.S. Army Claims Service.

The Army began reimbursing Soldiers in November for private purchases of protective body armor, combat helmets, ballistic eye protection, hydration systems, summer weight gloves and knee and elbow pads, Cucuzzella said.

Such purchases qualify for reimbursement if they were made

between Sept. 11, 2001, and April 1, 2006, and if they were made in anticipation of or during the service member's deployment to Iraq or Afghanistan.

Claims should be filed with the Soldier's current unit. Former Soldiers should mail their claims to the U.S. Army Claims Service at Fort Meade, Md., with a postmark date of Oct. 3.

More information on the

reimbursement program -- including qualifying details, instructions on how and where to file a claim, and a copy of the requisite claims form -- is available at www.jagcnet.army.mil. Follow the link to the "Protective Gear Reimbursement Program."

Soldiers also may contact Maj. Paul Cucuzzella at (301) 677-7009, ext. 431, or by e-mail at paul.cucuzzella@emh1.ftmeade.army.mil.

Committee examines issue of women separating from military

By Steven Donald Smith
American Forces Press Service

WASHINGTON (Army News Service) -- Female military doctors, lawyers and chaplains are more likely than their male counterparts

to leave the military after serving five-to-eight years. The Defense Department Advisory Committee on Women in the Services wants to know why.

By examining these three career fields, the committee hopes to

understand why female service members in general have such higher rates of military separation, Mary Nelson, chairwoman of DACOWITS, told the Pentagon Channel Aug. 25.

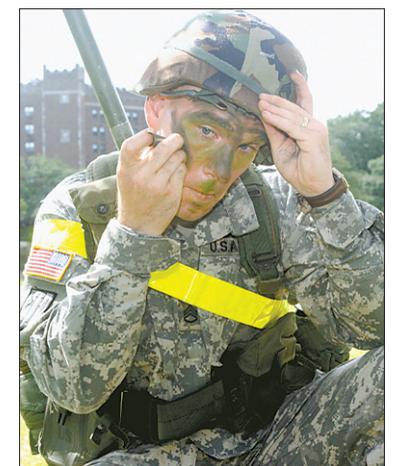
Nelson said it's important

to retain more women, and understanding why they leave may help to accomplish this.

The main reason women are getting out after five-to-eight years of service is to start a family, she

See WOMEN on page 3

INSIDE



Soldier/NCO of the Year,
see page 5

Are you really ready for retirement?

Commentary by
Karen Rutzick
Govexec.com

Sometimes retirement isn't really retirement -- especially when you're a federal employee. A new survey reveals that 75 percent of civil servants plan to do paid work after they leave government.

A quarter of respondents said they plan to work five-to-nine years and 20 percent said they want to work 10-to-14 years after leaving the federal workforce. Another 26 percent said they "want to work as long as possible."

The Office of Personnel Management produced the survey at the request of Congress, which passed a 2004 law requiring OPM to step up retirement-focused financial education for federal employees. The crux of the survey is whether employees are financially and psychologically ready for retirement -- have they

saved and scrimped and invested as they should have?

Employees think so. Eighty percent said they were "on track or ahead of schedule in planning and saving for their retirement years." It's probably easy to feel that way when retirement means receiving a monthly government pension on top of a private-sector paycheck. Even employees in lower income brackets, making less than \$50,000 a year, felt that way.

Because most workers expect to move into the private sector after retirement, it's not surprising that only 10 percent plan to retire from the government after the age of 65. The most common age bracket for expected retirement is 55 to 59.

Still, there's the second stage of retirement to save for -- the one where employees actually stop working.

OPM's survey shows that half of employees think they will need less than \$4,000 a month, or \$48,000 a

year, to maintain the same lifestyle they live now. While employees think they're on the right track for savings, and may be when they initially leave government, that may not be the case for the long term.

That point is supported by another survey finding: Only half of workers have given either "a great deal of thought" or "a lot

of thought" to the actual amount of money they will receive from government pensions.

How much do your peers have tucked away in savings outside the Thrift Savings Plan and their set pensions? For late career employees earning more than \$50,000, it's spread fairly evenly.

Fifteen percent have between \$10,000 and \$49,000 in savings.

Thirteen percent have between \$50,000 and \$99,000. Another 11 percent have between \$100,000 and \$149,000, 16 percent have between \$150,000 and \$249,000, 15 percent have \$250,000 to \$500,000 and 12 percent have \$500,000 or more.

OPM plans to use the survey results to formulate its financial literacy project. The education will only help those who realize they need it.

SARP INFO

The members of the Sexual Assault Response and Prevention Team are Col. Jeanette McMahan, Shelley Ariosto (Garrison), Maj. Samantha Breton (USCC), Maj. Kim Kawamoto (ODIA) and Catherine Ruvolo (Dean).

Community members can e-mail McMahan at Jeanette.McMahan@usma.edu for advice or to offer any recommendations on the program here.

Cadets can also call the sexual assault support helpline at (845) 591-7215.

West Point Soldiers and civilians needing assistance can call (845) 938-3369.

Weekly Sudoku by Chris Okasaki, D/EECS

					9	4	1	
6								8
	2	8		4	6	9		
		9	8					
			3		5			
					2	3		
		5	7	9		1	6	
3								5
	7	1	6					

Rules: Fill in the empty cells with the digits 1-9 so that no

Difficulty: Medium

digit appears twice in the same row, column, or 3-by-3 box.

See Solution on Page 12

POINTER VIEW®



Lt. Gen.
Franklin L. Hagenbeck,
Superintendent

Lt. Col. Kent P. Cassella,
Director, Public Affairs

Irene D. Brown
Chief, Command Info.,
938-8366

Jim Fox
Editor, 938-8365

Eric S. Bartelt
Asst. Editor, 938-3883
Spc. Benjamin Gruver, Staff Writer

Kathleen Eastwood, Staff Writer

This civilian enterprise newspaper is an authorized publication for members of the U.S. Government, the Department of Defense, the U.S. Army, USMA or West Point.

The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the Department of Defense or the United States Military Academy of the firms, products or services advertised.

The Pointer View® is an unofficial publication authorized by AR 360-1. Editorial content is prepared, edited and provided by the Public Affairs Office of USMA.

The Pointer View® is printed by the Poughkeepsie Journal, a private firm in no way connected with the Department of the Army, under exclusive contract with USMA. The views and opinions expressed herein are not necessarily those of the USMA or the Army.

The Pointer View® is published weekly by the USMA Public Affairs Office, Bldg. 600, West Point, N.Y. 10996 (845) 938-8366

Printed weekly by the
Poughkeepsie
Journal
85 Civic
Center Plaza
PO Box 1231,
Poughkeepsie, N.Y. 12602
POUGHKEEPSIEJOURNAL.COM

For information, call
(845) 437-4789

Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user, or patron. A confirmed violation or rejection of this policy of equal opportunity by an advertiser will result in the refusal to print advertising from that source.

Local and National News

UTILITY, cont. from page 1

Under the RCI program, more than 72,000 family housing units at 33 Army installations have been turned over to private developers. The companies manage the housing and collect rent through Soldiers' Basic Allowance for Housing. In return, the companies provide property management services, renovate existing homes and build new housing.

Dollars saved through conservation will mean more money for construction of new homes and community facilities at the installation; the savings will stay local.

"It's all about providing quality housing for the Soldiers and their families and using our nation's energy wisely," Bolden said.

WOMEN, cont. from page 1

said. "They don't want to have a two-week-old (baby) and have to be deployed."

A possible solution to the problem, she said, is "on-off-ramps," or points at which service members can take a leave of absence from the military. While calling the concept a good idea, Nelson acknowledged that it comes with some issues.

"If we have these off-ramps, where people can get out and take a two-year leave, then it becomes an issue of when they come back, where are they?" she said. "Are they still with the same class they entered with? If so, then they're at a great disadvantage and aren't going to be promoted through the ranks. So as they come back, adjustments have to be made to their date of rank so that they're competitive again.

"It seems like we have provisions for people to leave for

educational reasons, then come back in, so maybe this could be extended," she added.

Because survey data never tells the full story, DACOWITS members go to installations and hold focus groups among female service members, Nelson said. Committee members ask a broad range of questions to help them understand the problems these women face and their reasons for wanting to leave the military.

When meeting with these women, the committee members are eager to illicit possible solutions from the women, Nelson said.

The committee's 2005 report studied issues related to work/life balance and found that most women put their families first. "They're making the decision based on their family as well as their deep desire to serve their country," she said.

For example, the committee

Engineering Expo Sept. 8

By Maj. Wes Williamson
C/ME

Now an on-going tradition at West Point, the Fourth Annual USMA Engineering Exposition is slated for Sept. 8, from 6 to 9 p.m., in the Eisenhower Hall Ballroom.

The science and engineering programs of West Point will highlight what each program has to offer, showcase cadet projects from the previous year and the

contributions of various cadets and faculty throughout the past summer.

The event is open to USMA cadets, staff and faculty, as well as students of all ages interested in science and engineering from the surrounding community.

This year's event is again sponsored by a grant from the American Society of Mechanical Engineers to foster diversity and outreach in professional

organizations, engineering, math and sciences.

The Program Executive Office Soldier will be on hand to display the latest military equipment being fielded to Soldiers of an Army at war. Representative's from various professional societies and industry will also have displays and be available to answer any questions.

Other Army agencies expected to be represented are the Army

See EXPO on page 5

concluded that female service members garner great satisfaction from overseas assignments, but consider their families' needs first, Nelson said. "I think that really was the focus of our report last year," she said. "How can people balance their work, their career and the needs of their families?"

Numerous high-ranking military officials of both genders stressed to Nelson that women offer something the military would not

have without them.

"They offer a different perspective. They offer a different way of looking at things, a different way of communicating, a different way of gathering points of view and getting consensus," she said. "It's a different way of doing things, and it's something the military members I've talked to feel very strongly that the military needs."

The Defense Department Advisory Committee on Women

in the Services was established in 1951 by then-Secretary of Defense George C. Marshall.

The committee is comprised of civilian women and men appointed by the secretary of defense to provide advice and recommendations relating to the recruitment and retention, treatment, employment, integration and well-being of highly qualified professional women in the armed forces.

DODEA to set new strategic direction for '06 - '11

Submitted by
West Point Schools

ARLINGTON, Va. -- The Department of Defense Education Activity announced Aug. 22 that it will implement a revised Community Strategic Plan. This plan contains the strategic direction for DODEA for the years 2006-2011 and updates the strategic planning process that began in 2001. This plan provides the strategic direction for all DODEA schools, yet provides the flexibility to address unique issues and challenges that each program and each community must address.

The process used to develop this five-year plan included representation from DODEA constituencies around the globe. This leadership team of parents, military leaders and educators used a process characterized by intensity, focus and consensus. They reviewed and re-evaluated the existing plan and supporting research. The revised plan was reviewed in June by the Dependents

Education Council, consisting of senior military members from commands worldwide. The final document includes a vision, mission, guiding principles, four goals, outcomes, measures and milestones.

In announcing the launch of the revised plan, DODEA Director, Joseph Tafoya said, "The new CSP will help us continue to better target resources to effectively leverage student achievement, measure system effectiveness, guide education policy and plan for the challenges the system will face in the future."

Tafoya noted that the CSP has served as a springboard for educational, funding, and organizational improvements.

"It has also been the catalyst for change in the teaching and learning process and helped to raise the standard of learning to ensure excellence," he said.

As a result of the strategic planning process, DODEA was able to expand early intervention programs such as Sure Start, develop

curriculum content standards based on national standards, increase availability of computers in the classroom, improve connectivity, initiate major improvements in secondary programs and in special education, emphasize accountability through a system-wide school improvement process, provide staff development to improve skills of teachers and increase the graduation requirements and the range of rigorous courses available to high school students.

"These and other successful initiatives are directly attributable to the Community Strategic Plan," Tafoya said.

At the community level, the DODEA CSP guides the work of local schools as they identify areas for improvement. The process is data driven with school-measuring progress against the CSP goals by

using results from standardized test results and other assessment tools. Of the four goals in the CSP, the first is the most important -- focusing on the highest possible student achievement.

Schools identify areas of improvement and design strategies to improve instruction and ensure increased achievement for all students. The remaining three goals are support goals. They are focusing on management systems, the workforce and partnerships to support achievement.

DODEA's CSP is being prepared for printing and a communication plan implemented to ensure that employees, parents, students, and interested community members are fully aware of the strategic direction that DODEA has chosen for the next five years.

"As we head into the new school

year, we will regularly inform teachers, parents and community leaders about the plan," Tafoya said. "More importantly, we will renew our efforts to seek the involvement of parents and commanders at all levels in the school improvement process."

The process at the grassroots level, according to Tafoya, develops strategies to address local school needs and limitations.

"I welcome the interest, support and involvement of entire communities as we initiate this new plan," Tafoya said. "As educators and parents, we share a mutual obligation to ensure success and make a difference for all children in our military communities."

Details on the revised CSP are available at every DODEA school, or go to <http://www.dodea.edu/csp>.

O'NEILL HIGH SCHOOL BUS SCHEDULE WEST POINT STUDENTS SY 2006-2007

Route 11 (Blue)
6:51 a.m.

Greene Place, Kosciuszko Place, Meigs Place, Lord Stirling Place, Webb Place, Heath Loop (bus shelter entrance), Radiere Loop (entrance), Patterson Loop (entrance)

Route 12 (Yellow)
6:46 a.m.

Merritt Rd/Post Chapel, Merritt Rd/Sladen Place, Bailey Loop, Worth Rd/Washington Rd

Route 13 (Red)
6:44 a.m.

Bowman Loop/Lee Rd (near Qrtrs 286), Bowman Loop/Lee Rd (near Qrtrs 266), Beauregard Place, Barnard Loop/Lee Rd (near Qrtrs 243), Barnard Loop/Lee Rd (near Qrtrs 225), Barry Rd/ Lee Rd, Gardner Loop/Lee Rd

Route 14 (Green)
6:36 a.m.

Qrtrs 34 Thayer Rd (rear-service road/Mills Rd), Qrtrs 378 Mills Rd, Partridge Place/Schofield Place, Partridge Place/Stewart Rd, Qrtrs 525 Merritt Rd, Qrtrs 122 Washington Rd, Qrtrs 112 Washington Rd, Qrtrs 109 Washington Rd, Qrtrs 5 Thayer Rd, Qrtrs 25 Thayer Rd (rear-service road), Kinsley Hill Rd/Wilson Rd, Smith Pl/Wilson Pl, Qrtrs 45 Wilson Rd

All students should have received a bus pass and letter, showing their bus stop time.

If you have any questions or concerns, please call the Transportation Department at 446-9575, extension 223 or 225.

Please visit the Web site www.transfinder.com, to find out bus stop locations and times, as well as register to receive information on any changes in bus schedules.

Submitted by
West Point Schools

ARLINGTON, Va. -- Beginning this fall, the Department of Defense Education Activity will introduce Spanish as a foreign language at selected elementary schools across the system and introductory Chinese courses at selected middle schools and high schools.

The elementary school Spanish offerings are titled, Foreign Language in the Elementary School or FLES. A total of 27 schools will begin the program, including the West Point Elementary School.

By introducing this new program, DODEA hopes to build capacity in Foreign Languages by starting language learning at the earliest age possible.

The FLES pilot will test the

feasibility of foreign language as an integral part of the core curriculum for all K-8 students. Officials note that the continued implementation of the Foreign Language Initiative in future years is dependent upon funding. Throughout this pilot year, the program's implementation will be evaluated by headquarters' leadership in order to support the program and make necessary adjustments along the way.

School officials believe that all students can enjoy and be successful in learning foreign languages. The curriculum establishes new foreign language standards based on the American Council on the Teaching of Foreign Languages Standards and sets attainable proficiency expectations.

Both the FLES program and the Chinese program support

the national "Call to Action and Leadership" developed by the President to implement a national foreign language strategy. This movement promotes "a vision in which the United States is a stronger, global leader through proficiency in foreign languages and understanding of the cultures of the world."

DODEA hopes to increase the level of language proficiency and number of students participating in all foreign languages in grades 9-12. Officials plan, in the future, to add more new languages to those currently offered and provide sufficient time and intensity for students to reach high levels of proficiency by graduation.

For more information on the DODEA FLI, contact Taffy Corrigan at (703) 588-3104.

John J. Lease

3 x 3.0

(0098)

Samsel, Cintron named post NCO/Soldier of the Year

Story and photos by
Spc. Benjamin Gruver
Staff Writer

The Noncommissioned Officer and Soldier of the Year for West Point were announced Tuesday during an awards luncheon at the West Point Club.

Staff Sgt. Jeremy J. Samsel, a squad leader for the Military Police Honor Guard, won the NCO of the Year, while Spc. Melanie Cintron, a licensed practical nurse at Keller Army Community Hospital, won the Soldier of the Year.

Samsel and Cintron took the top honors after competing against other NCOs and Soldiers who won each of the post's four quarter boards during a competition held July 12 through 14 for the year title. Competition included competing in common task training skills, marksmanship qualification, day and night land navigation, a physical fitness test, a 100-question exam, a written essay and a formal board.

Command Sgt. Maj. Dennis M. Carey, the 15th command sergeant major of U.S. Army Forces Command, spoke at the ceremony talking about commitment.

"When you think about the word commitment," Carey said, "think about what it means to your Soldiers and think about Soldiers that competed for this competition.



Spc. Melanie Cintron

EXPO, cont. from page 3

Research Laboratory, Engineering Research and Development Center and the Cold Regions Research and Engineering Laboratory.

Each of the engineering programs at USMA will be represented, along with several science programs: chemical engineering, chemistry and life sciences, civil engineering, computer science, electrical engineering, engineering management, environmental engineering, geography,

Very few people probably helped them. They did most if it on their own."

Carey noted that because of the make up of West Point there is not as much enlisted support for Soldiers who compete as there are at other installations.

"They had to go out and pass a PT test. They had to do well with a rifle. They had to compete against all different people at different levels," Carey said. "Think about the commitment that takes."

The FORSCOM command sergeant major also called on everyone at the ceremony to think about their own commitment to the Army and the nation.

"If you commit yourself to be the best, the Army is going to be the best," Carey said. "We have a whole generation of people who have done that, probably two generations, who committed themselves to be the best so the Army is the best.

"The Army is the best it has ever been and why?" Carey continued. "Because of Staff Sgt. Samsel, because of Spc. Cintron, and because of many other Soldiers like them."

Samsel, of Warsaw, N.Y., said he began competing in the NCO boards to help prepare him for the staff sergeant promotion board, but wound up going a lot further.

"I lost the second quarter board and that irritated me bad," Samsel said. "That drove me to compete again."

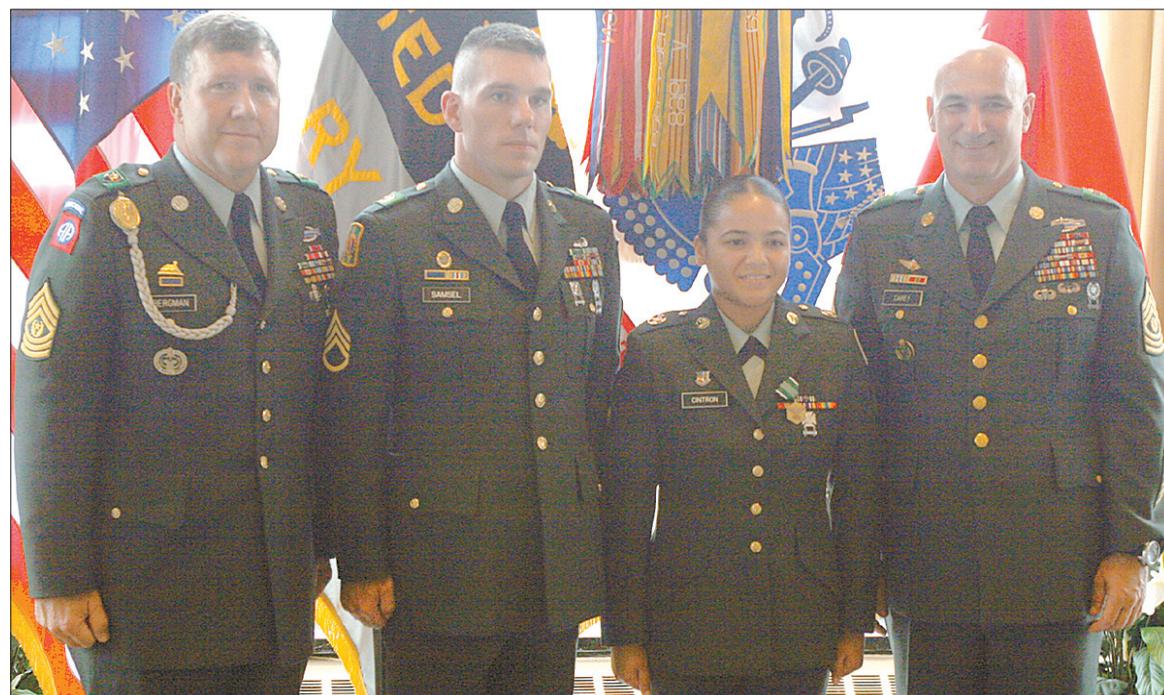
Being competitive is what Samsel said is in his nature. The NCO went back to compete in the third quarter board and has yet to lose since, going beyond just winning at West Point to win at the National Capital Region. He is scheduled to compete at the Department of the Army's NCO of the Year competition in October.

The 29-year-old said winning NCO of the Year at West Point, "provided real good preparation for the NCR board because it followed

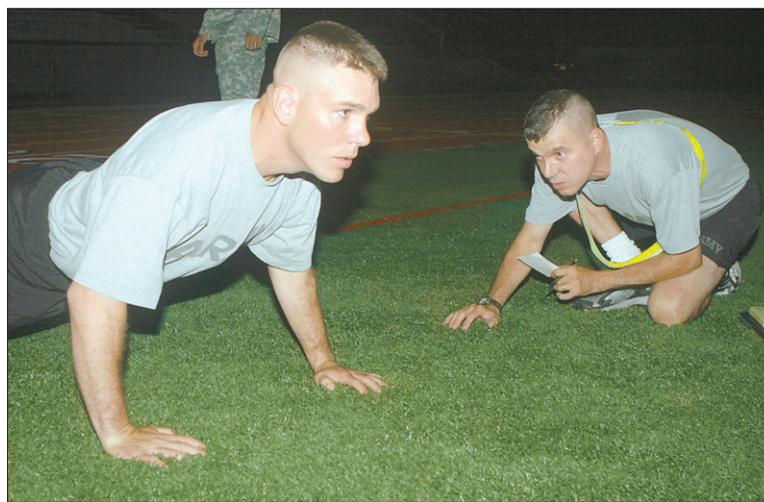
mathematics, mechanical engineering, nuclear engineering, physics and systems engineering.

A new addition to this year's program is engineering psychology from the Department of Behavioral Sciences and Leadership. Cadets are encouraged to come out and see the various departments' offerings, which include displays of recent cadet capstone projects as well as faculty research.

Students from high schools



U.S. Military Academy Command Sgt. Maj. Michael Bergman, left, Staff Sgt. Jeremy J. Samsel, Spc. Melanie Cintron and FORSCOM Command Sgt. Maj. Dennis M. Carey.



Staff Sgt. Jeremy J. Samsel also won the NCR NCO board.

right in line with their board."

That preparation was important, Samsel admitted, because it was a bit intimidating moving on to the next level.

"I didn't know how I would stack up against those who had really studied," Samsel said, who has nearly 11 years experience in the Army. "I had so much going on at work and with family I wasn't

able to study as much as I would have liked to."

In retrospect, after winning the NCR competition, Samsel said it was nice to see he was able to do so well against other very good NCOs and it has given him the confidence that he can win the Army's NCO of the Year.

"I know I can compete with the best down there," he explained.

In the meantime, Samsel is preparing a team of MPs for the Warfighter Competition.

Cintron, a Miami native who joined the Army in February of 2004, said it surprised her that she won as she needed a little nudge from her NCOIC to go to a board in the first place.

"It wasn't really something I wanted to do," Cintron said. "But my thing is, if I am going to do something I might as well do it to the best of my ability, and I ended up winning all the competitions that

I went to."

It was also a surprise to her because keeping up with her Soldier skills have been minimal since she started training to be an LPN and started working at KACH. The year competition, she explained, was a good refresher course.

"I liked that it wasn't just based on an oral board," Cintron said, speaking of the Soldier of the Year competition. "... This was all hands on and knowing your stuff and it made me feel like a Soldier again."

Winning the Soldier of the Year competition is just one more positive experience for Cintron who said she has no regrets in her decision to join the Army.

"I have had fun while I've been in, and from a nursing point of view I couldn't have gotten better experience," Cintron said. "In the nursing program I was in on the civilian side they don't really let you have as much hands on experience that the military gave me, so it is awesome."

Cintron is currently working toward her resident nursing license, finishing up school while working at the hospital.

"I am a couple of clinicals away from being able to sit for my board to become an RN and then my bachelor's is not too far after that," Cintron said. "So I am hoping that by the beginning of next year I'll be an officer already."

Both Soldiers were awarded the Army Commendation Medal, given a USMA command sergeant major certificate of achievement and coin along with other gifts from organizations around post.

Community Features and Photos

New Commandant wants his cadets to learn from their mistakes

Story and photo by
Eric S. Bartelt
Assistant Editor

“Originally, my heart’s desire was to be back in Iraq or Afghanistan, that’s where I really wanted to be. But I am very glad to be back at West Point,” said Brig. Gen. Robert L. Caslen, Jr., the U.S. Military Academy’s commandant of cadets.

Outwardly, Caslen’s demeanor seems to be that of a laid back man, maybe the type of person who seems to be too calm, cool and collected to handle the chore of heading the Corps of Cadets.

Don’t let the coolness fool you.

Much like his desire to be back in the middle of the action overseas, there’s a burning desire within him to lead the next generation of Army leaders on the road to moral consciousness in dealing with the Global War on Terrorism.

“If you look at the Global War on Terrorism and understand what’s happening from a strategic perspective, there are so many ethical dilemmas that challenge our junior leaders,” Caslen said. “It doesn’t matter how many A’s you have on your chest, it doesn’t

matter what your GPA is ... as a leader you must be able to make the right decisions and must be guided by a bedrock set of principles.

“Those principles are Duty, Honor, Country, the seven Army values, and the Warrior Ethos and if (the cadets) understand that it will guide them through any situation they will be involved in,” he added.

The 1975 West Point graduate and Infantry officer spent his last assignment embedded in the GWOT as the deputy director for the War on Terrorism with the Strategic Plans and Policy Directorate at the Pentagon. Within that role, he recognized first hand how moral and ethical issues can play a big part in how terrorists are spurred into their cause.

“We’ve created more suicidal jihadi’s as a result of Abu Ghraib than any other policy the United States has had due to the bad behavior of some key junior leaders and the integrity they compromised,” Caslen explained. “When you compromise your moral authority there’s a great population of Islamists that are waiting in the balance of whether they want to be an extremist, with the extreme radical interpretation of Islam, or the moderate interpretation of Islam.

“(With bad judgment) we lose or compromise our moral authority that takes a majority of Islamists and slides them to the right because they are repulsed by our behavior,” Caslen added.

That’s one of the big reasons why he is a great proponent of cultural immersion and training within the Corps. He encouraged former chairman of the Joint Chiefs of Staff, Air Force Gen. Richard

B. Myers, to encourage the same throughout the ranks of officers and noncommissioned officers in all the services.

“It is exactly what we need to do in this war against terrorism and how our cadets need to understand and train,” Caslen stated.

Caslen’s career has put him in the middle of action in Honduras, Haiti, Operations Desert Shield/Desert Storm and more recently as the chief of staff under current USMA Superintendent, Lt. Gen. Franklin L. Hagenbeck, with the 10th Mountain Division in Baghrum, Afghanistan.

Being a part of those actions is one of the reasons why he wants to be in the middle of it again, but in his heart the most rewarding assignment is dealing with cadets.

Caslen served as a tactical officer in the 1980s and was also the officer representative for the Army football team during that time.

“I always felt that the greatest contribution I could make to the future of the Army was to be able to have some influence in its next generation of leaders,” Caslen said. “My cadets, when I was a TAC, are now in brigade command or are completing successful tours as battalion commanders in combat and that’s gratifying to see.

“I wouldn’t mind a bit if one of them ended up being a two- or three-star general who I would work for someday,” Caslen added. “Now, that I’m back here as the commandant, I’m able to have an impact on the next generation of future Army leaders.”

Caslen’s leadership style was shaped during his formative years as a yearling cadet, Will Grooms, helped a struggling plebe through



Commandant of the Corps of Cadets Brig. Gen. Robert L. Caslen, Jr., talks with Cadet 2nd Class Anton McDuffie during preparation for R-Day activities in late June. Caslen enjoys getting out of the office to meet with cadets and the staff and faculty because he’s a leader that wants to be seen and not just heard.

math. Grooms took it upon himself in a time before team leaders to help his squad mate pass math.

“He realized I was having trouble and on his own he would bring me to his room every day to tutor me in plebe math,” Caslen said. “He did that until I finally figured it out and was able to pass.”

Caslen also recalls a former physics instructor, Bob Steele, who realized that the former two-year starting center for Army football was having a hard time balancing football and a hard subject such as physics.

“That was the best example of leadership that I ever met because he saw a cadet in need, a cadet who was struggling and he had the capability of meeting that need,” Caslen said. “That is a great example of servant leadership.”

Taking on the responsibility of commandant for Caslen is humbling and an honor.

“I can’t think of another job that any general officer can hope to have (that would help guide) the next generation of leaders (more) for our Army.”

Caslen spent last year dealing with the academy from the outside as a parent, as his son, Jeffrey, was going through his plebe year here. He’s noticed the changes over the years with the academy, many changes that are for the better -- one’s that will teach better leadership skills to future leaders

such as his son.

“There are traditions that are gone, which are good, such as hazing because we don’t treat Soldiers in the Army like I was treated when I was a plebe,” Caslen said. “If I had anyone who treated Soldiers in the Army the way I was treated as a plebe I wouldn’t want them in my battalion or brigade.

“Therefore, we’re teaching the correct leadership style that these cadets can learn and practice while here as cadets that they’re going to practice while in the Army as lieutenants,” he added. “It makes them more effective leaders.”

The most effective way of creating a comfortable leadership environment is by letting people make mistakes and learn from them, Caslen said. Caslen likes to be laid back because he wants his junior leaders to be comfortable around him, which creates a more workable environment.

“If you make (people) feel uncomfortable, then they’re afraid to make a mistake and as a result they don’t exercise initiative because they only respond when they are asked and only do what they are told,” Caslen said. “If you create an environment where it’s okay to make a mistake and there is the freedom to make a mistake then people take initiative and are heading in a direction where they want to contribute and you will see a lot more work and productivity as a result.”

Women's Equality Day panel discusses today's Army

Story and photo by
Spc. Benjamin Gruver
Staff Writer

Six women officers talked to the West Point community about the progress of women's roles in the Army during a discussion panel Aug. 25 in honor of Women's Equality Day at Mahan Hall's Arnold Auditorium.

Saturday marked the 86th anniversary of the ratification of the 19th Amendment that guaranteed women the right to vote throughout America, and in a proclamation by the president it was declared a day to celebrate the milestone and to pay tribute to those who stepped forward and asked the nation to live up to its founding principle of equality for all.

For that reason the U.S. Military Academy's Equal Opportunity Office, along with the Dean's Office and the Respect Program of the Simon Center for the Professional Military Ethic hosted the panel titled "Women: Leaders in Today's Army."

Each of the six officers work at USMA. They reiterated their experiences as women in the Army to an audience of both men and women.

"For 25 years now I've been in the Army and I feel completely accepted as a Soldier -- not as a woman," said Col. Daisie Boettner, a USMA professor and the director of mechanical engineering. "I don't have to be distinguished as a woman, but just as a Soldier. I am a member of a team and the little part I play is important to the overall team effort. So, I think the Army has come a long way since the time I began in the Army, and I would like to see it continue to integrate everybody no matter what their background, ethnicity or gender."

While Boettner, a USMA '81 graduate, expressed the general sentiment of the panel members, many talked about the importance of being promoted on merit and not on race, ethnicity, creed or gender.

"We are where we should be in the Army in the sense that we are making progress," said Col. Patricia A. Dooley, deputy department head of Chemical and Life Sciences. "We have not backslid in my opinion with respect to what extent women (have been) integrated because we serve in every branch with the exception of the branches of the pack mules that kill (combat arms)."

Not only are women serving in just about every branch, but have

also served in combat, Dooley explained.

One major topic of discussion demonstrating how far women have come in the Army was on reporting of sexual assault and harassment. Several officers told of incidences where they were put in awkward situations.

"We have done a lot to improve

reporting procedures," said Lt. Col. Lauren Barone, a branch chief for Military Science Curriculum. "We are not perfect, but we do have a system in place now that we didn't have before and I think that is a sign of progress."

Barone emphasized to the women in the audience that they have to let people know when they

are offended.

"You know when it doesn't feel good because your gut tells you," Barone said. "If you are getting that feeling you need to nip it in the bud."

In closing remarks, Staff Judge Advocate Col. Robin Swope told cadets and staff and faculty to challenge the Army to better itself.

"If you see something you don't like, challenge it," Swope said. "Don't accept the answer, 'That's the way we've always done it.'"

The remarks of the officers resonated with many of the attending cadets.

"It is just empowering to hear success stories instead of hearing a lot of cynicism," said Cadet 1st

Class Abby Arp.

Another cadet liked a comment made by Barone about true equality not being achieved in the Army until there is a woman chief of staff.

"She was very open putting that out there and I think her comments were really great," said Cadet 1st Class Tari Glowacki.

"I just liked the comments about challenging the status quo and continuing to do so as a female," Glowacki continued, "ensuring that your unit, as well as anyone you come in contact with, are using a good standards-based achievement method rather than looking at people by their sex, race, creed or origin. That they are looking at you as a Soldier and what you can do for the unit and not who you are."



Colonel Jeanette McMahon, left, answers a question during Tuesday's Women's Equality Day panel at Mahan Hall.

Healthwatch: September is Five-A-Day Month

Submitted by
Army Public Health Nursing

September is Five-A-Day Month, when we are reminded that vegetables and fruit are essential to good nutrition and how it's easy to enjoy the healthful benefits.

The Five-A-Day for Better Health Program is sponsored by the Centers for Disease Control and Prevention and private partnerships to raise awareness that healthy nutrition is one of the best things you can do for yourself. Five-to-nine servings of vegetables and fruit every day reduces the risk of many cancers, high blood pressure, heart disease, diabetes, stroke and other chronic diseases.

The 2006 theme is "Energize and Mobilize -- Eat Fruits and Vegetables and Be Active." The theme calls attention to the fact

that healthy nutrition provides the energy to live life to the fullest, especially when combined with the benefits of regular physical activity.

Men, women and children of different age groups each have their own vegetable and fruit needs. Teenage boys and men need at least nine daily servings. Children, teen girls and active women need at least seven. Children ages two to six should eat at least five daily servings.

Almost three-quarters of New Yorkers do not eat the recommended number of servings of vegetables and fruit. According to a 2002 CDC survey, 72.3 percent of New Yorkers eat four or fewer servings of vegetables and fruit daily. Almost one-third of New Yorkers eat two or fewer servings.

"People who eat five-to-nine

servings of vegetables and fruit a day as part of a physically active lifestyle can reduce their risk for colon cancer, prostate cancer and other types of cancer and improve their overall health. The CDC estimates that almost one-third of cancer deaths in America are related to nutrition," said Keller Army Community Hospital registered nurse Christine Polao, Public Health Nursing.

It is also important to remember that obesity has risen at an epidemic rate in the United States during the past 20 years. This is due in large part to simply eating more calories and it is likely that these extra calories are coming from foods high in sugar and fat. Choosing five-to-nine servings of vegetables and fruits instead of highly processed, less nutritious foods is an easy way to help control weight and reduce

high blood pressure.

"A fast food meal of a double patty cheeseburger, extra-large fries and 24-ounce soft drink is about 1,500 calories. It would take five hours of walking to burn those calories," Polao said.

"Eight ounces of 100 percent vegetable or fruit juice or low-fat milk, a large salad and fruit and raw vegetable snacks are much lower in calories and more nutritious choices than traditional fast food meals. Vegetables and fruit also taste great. With the variety of choices and unlimited ways to serve them, it is easy to consume the recommended number of servings," she said.

A serving is smaller than you may think. One serving should fit in the palm of your hand. For example, a serving can be one medium fruit, ½ cup of raw or cooked vegetables,

¾ cup (6 oz.) of 100 percent fruit or vegetable juice, ½ cup of beans, ¼ cup of dried fruit, or one cup of raw, leafy greens. A large salad can count as two or three servings of vegetables.

Fresh, frozen, dried, canned and juiced vegetables count toward the recommended daily number of servings.

Here are some tips to help you enjoy the benefits of five-to-nine daily servings of vegetables and fruit:

- Make vegetables and fruit visible in your home.

- Have fruit or 100 percent vegetable or fruit juice at breakfast daily.

- Grab a piece of fruit, like an apple or banana, to eat on the go.

- Snack on raw veggies, like baby carrots, pepper strips, broccoli and celery with low-fat dip.

West Point's emergency responders tackle AT exercise

Story and photos by
Spc. Benjamin Gruver
Staff Writer

If you had a chance to face a drenching rain and walk along Cullum Road by the baseball field Tuesday around 3 p.m., you may have noticed the military police in action, arresting terrorists who were held up in Cullum Hall.

The MPs were arresting role players during the annual antiterrorism exercise.

The scenario began Aug. 24 when the Federal Bureau of Investigation supposedly alerted New York State of a possible suicide bombing. Monday, West Point was alerted the target was a military installation, and Tuesday eight terrorists took over Cullum Hall with four hostages.

After an hour of negotiations with West Point's emergency responders, the suicide bomber detonated at the front door, killing himself, another terrorist and wounding four others. The terrorists then surrendered and were taken into custody by the MPs.

During the exercise West Point responded by heightening security and coordinating efforts not only among on-post agencies, but with the FBI, the Rockland County EOD and the New York State Mobile Reaction Team.

"It enabled us to help confirm our ability to respond to an incidence immediate response and establish an emergency command post," said Director of Emergency



MPs search the captured terrorists outside of Lincoln Hall once the incident was under control.

Services Lt. Col. Bob Brown.

It was the first year a mobile incident command post was on site of the emergency. One of the biggest difficulties in this year's exercise, according to Brown, was time.

"From an emergency response stance dealing with a situation such as a hostage negotiation, it takes [more time], the timeline was too short," Brown explained. "I think we got it to a point where we established the command post, but our truncated timeline didn't really allow us to work processes to incorporate outside agencies."



An MP keeps his sights on Cullum Hall after responding to a call of a hostage situation during the annual antiterrorism exercise Tuesday. MPs blocked off Cullum Road and directed bystanders away from the building.

In real time, according to Brown, it would take the FBI two hours to make it on post, and it would take the NYS police an hour-and-a-half.

Overall the exercise allowed them to come away with some lessons learned, added Brown, explaining that is the point of going through the exercise.

"You never know in a moments notice when a real situation is going to happen such as this," Brown said. "We've got to be prepared,

postured and ready to deploy an emergency response and take appropriate action. If we don't train on that, refine our skills and identify

our problem areas we will never be able to appropriately respond and be efficient in our response capability."



A wounded terrorist tries to tell the first responding MPs of the explosion while another exits Cullum Hall and surrenders.



A role playing terrorist is taken into custody by an MP after a simulated suicide bombing occurred on the steps of Cullum Hall Tuesday.



SEPTEMBER MWR COMMUNITY CALENDAR

Visit MWR online at www.usma.edu/mwr

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<p>ACS, bldg. 622 w 938-4621 AEC, bldg.683 w 938-3762 Arts & Crafts, bldg. 648 w 938-4812 Auto Crafts, bldg. 648 w 938-2074 BSP/BOSS, bldg. 628 w 938-6497 Bowling Ctr., bldg. 622 w 938-2140 CDC, bldg. 1207 w 938-4798/4523 CDS, bldg. 1207 w 938-2092/2035 Community Rec Div w 938-2401 Delafield Pond w 938-5139/5158 Fitness Center, bldg. 683 w 938-6490 Golf Course w 938-2435/2327 Holleder Center w 938-4236</p>		<p>ITR, bldg. 695 w 938-3601/2401 AVC, bldg. 2104 w 938-3655 Morgan Farm, bldg. 2036 w 938-3926 Outdoor Rec w 938-2503 Post Library, bldg. 622 w 938-2974 Round Pond w 938-2503/3860 School Age Services, bldg. 1207 w 938-8530 West Point Club, bldg. 603 w 938-5120, 446-5506 Ski Lodge w 938-3726/3727 Youth Services, bldg. 500 w 938-3727 Veterinary Clinic, bldg. 630 w 938-3817 PLEASE NOTE: For more information, contact the office listed for each activity.</p>				<p>The Bowling Center will be temporarily closed for renovations.</p> <p>We look forward to providing you an improved facility in the near future.</p>	<p>1</p> <p>WP Club Championship, 0630-1300, WP Golf, Day 1</p>	<p>2</p> <p>WP Club Championship, 0630-1300, WP Golf, Day 2 USMA Band Labor Day Concert, 1800, Trophy Point</p>
<p>3</p> <p>WP Club Closed</p> <p>WP Club Championship, 0630-1300, WP Golf, Day 3</p>	<p>4</p> <p>LABOR DAY</p> <p>Labor Day Holiday</p> <p>All MWR activities closed except for Round Pond, Morgan Farm, Delafield Pond</p>	<p>5</p> <p>Dance Awareness, 0930, Kinderygm, 0930, Tap II, 1745, Tap III, 1850, Advanced Jazz, 1940, YS, Tuesdays in September</p>	<p>6</p> <p>Matinee Theater Van to Broadway, 0900-1700, ITR</p> <p>e-Entry Workshop, 1030, Newcomers Welcome, 0930, ACS</p>	<p>7</p> <p>Quarterback Luncheon, 1130, WP Club</p> <p>Targeting Stress, 1130-1300, ACS</p>	<p>8</p> <p>BOSS Labor/Patriot Day Party, Time TBA, BSP</p>	<p>9</p> <p>Army vs Kent State, Bowling, Auto, Crafts, MWR Fitness Center and Post Library closed all day on home football games</p> <p>NY Mets v LA Dodgers at Shea Stadium, NYC, depart BSP 1100, BOSS</p>		
<p>10</p> <p>Tour NYC, 0900-1700, ITR</p>	<p>11</p> <p>Video Teleconference, 0800-1630, ACS Wee Ones Play Group, 0930-1100, ACS Tae Kwon Do Beginner & Advanced, 1800, YS (grades 6 & up)</p>	<p>12</p> <p>Volunteer Advisory Council Mtg., 1300-1400, AVC</p> <p>Preseparation Briefing, 1400, ACS</p>	<p>13</p> <p>Financial Readiness Training, 0830, ACS</p> <p>NY Yankees vs Tampa Bay Devil Rays, 1700-2330, ITR Tae Kwon Do Beginner & Advanced, 1800, YS (grades 6 & up)</p>	<p>14</p> <p>Quarterback Luncheon, 1130, WP Club Briefing on all ACS Programs, 1330, ACS</p>	<p>15</p> <p>Firearm Hunter Safety Course, 1800-2200, R Pond (day 1) Membership Appreciation Night, 1630-1900, WP Club</p>	<p>16</p> <p>Firearm Hunter Safety Course, 0900-1600, R Pond (day 2) The Feast of San Gennero, 1100-1800, ITR</p>		

MWR Blurbs

Child care during home football games

The West Point Child Development Center will be offering child care for Army home football games.

Game	Deadline
Sept. 30	Sept. 20
Oct. 7	Sept. 27
Oct. 21	Oct. 11
Nov. 3	Oct. 25

Bowling Center renovations

The West Point Bowling Center will be closed for renovations until further notice.

Call 938-2140 for more information.

Quarterback luncheon tickets

Quarterback luncheon tickets are on sale at the West Point Club.

For more info., call 938-5120 or 446-5506.

Youth hockey registration

Youth hockey registration is ongoing at Youth Services, Bldg. 500.

For more information, call 938-

8896/3550.

BOSS baseball trip

See the N.Y. Mets play the Los Angeles Dodgers with BOSS Sept. 9.

Open to the entire West Point community.

Transportation leaves Buffalo Soldier Pavilion at 11 a.m.

Free admission to the game for active duty military.

Call 938-6497 for more information.

Red Cross training

The American Red Cross is offering a Babysitting Training Course Sept. 16 from 9 a.m. to 4:30 p.m.

To register call 1-800-514-5103.

Oktoberfest '06

Come join us Sept. 29 from 7 to 11 p.m. for a night of German Food, dancing and fun at the West Point Club.

Advanced ticket purchases are recommended.

Tickets will be available at the door.

Call 938-5120 or 446-5504 for further details.

Volksmarch

Volksmarch '06 will be Oct. 1 at Round Pond. Registration is from 10 a.m. to 3 p.m. with the event ending at 6 p.m.

Hike along a variety of scenic trails from one-to-four miles. A small fee will be charged to include food. Leashed pets are welcome.

For more information call Round Pond at (845) 938-2503.

ITR

More great Disney Cruise Line rates just in to ITR.

For more information on rates, expert travel advice and to book your next cruise, call Deb at 938-2401.

Wee Ones play group

Family Advocacy's New Parent Support Program is hosting the Wee Ones Play Morning for infants through three years of age every Monday from 9:30 to 11 a.m. at the Post Chapel Nursery in Bldg. 791. For more info. call, 938-6497.

Beginning Sept. 18, the Wee Ones play group will change location.

The group will meet at the ACS training room, Bldg. 622, instead of the Post Chapel Nursery. Hours remain the same.

Call Family Advocacy at 938-3369 for details.

Immunization records must be up-to-date and brought with you to your first visit.

CVSG

ACS hosts the Combat Veterans

Support Group for all service members at West Point who are veterans of Operations Enduring and Iraqi Freedom.

The group meets on the third Thurs. each month at the ACS, Bldg. 622, from 4 to 5:30 p.m.

For more information call Sgt. 1st Class Raymond Persaud at 938-4114 or Capt. Bobby Sidell at 938-3441.

Crafts

The MWR Craft Shop has just expanded its services. Take advantage of great prices on custom framing, engraving or logo design.

Conveniently located in Bldg. 648, behind the West Point Post Office, adjacent to the Auto Craft Shop.

For more info., call 938-4812/4915.

Keller Corner

KACH Closures

All Outpatient Clinics, Laboratory, Pharmacy and Radiology will be closed today and Monday.

The hospital will be conducting a mass casualty exercise today.

The Emergency Room will remain open.

Refractive Surgery Seminar

The KACH ophthalmology service will conduct a Refractive Surgery Seminar Tues. at 7:15 p.m. in Robinson Auditorium.

This seminar is open to first and second class cadets and active duty Army personnel interested in obtaining laser vision correction.

Find out how laser surgery works, the pros and cons of surgery and how to get treated here.

For more information on the Cadet Refractive Eye Surgery Program, visit our Web page on the internal USCC Web site or call 938-2207.

New Lab hours

KACH Laboratory will be open Mon., Tues. and Wed. from 7 a.m. to 5 p.m. and Thurs. from 7 a.m. to 1 p.m. and then from 3

to 5 p.m.

Patients who need fasting blood work done are advised to arrive between 7 and 9 a.m.

Late policy

All patients are asked to arrive 15 minutes prior to their scheduled appointment time for screening. Patients arriving 10 or more minutes later than their scheduled appointment will be asked to reschedule or, if needed, will be seen at the end of the clinic at the provider's discretion.

Clinical Breast study

Women ages 30 to 45 with military benefits are invited to participate in an ongoing clinical breast study.

The study is intended to test a new non-invasive scanning device to identify women at risk for breast cancer.

You may participate once or on a yearly basis.

Contact Joyce Epstein-Ross for more information at 938-8387.

Epstein-Ross' office is located on the KACH second floor in the OB/GYN clinic.

To schedule an appointment, call 938-7992.

What's Happening

Relocation, re-registration of vehicles/boats from D-Lot

Residents with boats, cars, trailers and recreational vehicles currently stored in D-Lot should prepare now to relocate them prior to the beginning of football season.

All vehicles must be cleared by today. No exceptions.

Owners of recreational vehicles that reside on the installation and store their vehicles on the installation are required to re-register them with the Military Police.

Vehicles can be relocated to one of three temporary holding areas.

Two of these are located along the service road designated for delivery trucks servicing the Commissary and PX.

The entrance to the service road is located about 100 meters inside Stony Lonesome Gate.

The third area is just north of the Stony Fire Station and can be accessed using the same service road.

The holding areas are identified by signs and yellow marking tape.

Do not park in the hazmat parking area.

All vehicles stored on the installation are required to be registered at the Military Police station. Vehicles of any type that are non-operational are not authorized to be parked in any public parking lot.

For more information, call GC Command Sgt. Maj. Violet C. McNeirney at 938-2319/7731 or Military Police Capt. Alan Pearson at 938-7543.

IDs needed

The Directorate of Emergency Services now requires that all personnel, including cadets, who are running or bicycling off post must show identification when returning to post.

Building Commandant's meeting cancelled

The Building Commandant meeting scheduled for Sept. 12 on the USMA Master Schedule

has been cancelled. It will be rescheduled at a later date.

West Point Fall Yard Sale

The Fall Yard Sale is Sept. 16 with a rain date of Oct. 28.

4th Class sponsorship program

The 4th Class sponsorship program is now accepting sponsors for the Class of 2010.

To sign up for the program log on to <http://www-internal.uscc.usma.edu/>

This is an excellent program for cadets to gain exposure to military family life and for the sponsor to gain an insight into cadet life.

Sponsors must be either military Sgt. 1st Class or above; civilian GS-9 or above, Title X instructors or competitive sport coaches.

Sponsors must also either live on West Point, or within cadet walking privileges, or within several other geographic boundaries.

Call 938-8804/8145 for more information.

West Point Women's Club

The WPWC Gift Shop is open on the Web at www.shopthepoint.com and will be open every Wed. from 10 a.m. to 2 p.m. beginning Wed.

For more information call 446-8798 or 446-1099.

WPWC has table decorations and other party items to rent.

Call 446-2974 for a complete listing of rental items.

WPWC is looking for community organizations, local and home-based businesses to participate in the WPWC's Super Sign-Up Sept. 18 at 7 p.m. at the West Point Club.

Call Heidi at 446-2615 if you are interested in having a table.

Moms and Tots will have a playgroup Sept. 14 at the Post Chapel playground.

For more information about Moms and Tots e-mail westpointmoms@hotmail.com.

Meet and Eat will meet Tues. at 11:30 a.m., at the Thayer Hotel. Call Lisa Evans at 446-3095 for more information.

At Your Leisure

Catholic religious education

If you are new to West Point or an old-timer who has not yet registered or re-registered your children for religious education, stop by the Religious Education Office in the Cloister Room of the Catholic Chapel.

Opening day is Sept. 10. Most Holy Trinity offers classes for children four years old through 12th grade.

Classes for K-12 are held Sunday mornings on the third floor of Thayer Hall from 9:15 to 10:30 a.m.

Pre-K classes meet Sunday mornings in the Cloister Room at MHT from 9 to 10 a.m.

A Catechist orientation meeting will be held Monday at 7 p.m. in the Cloister Room at MHT.

RCIA Inquiry Night

Anyone interested in learning more about becoming a fully initiated member of the Catholic community is invited to an Inquiry Night Tuesday at 7:30 p.m. in Washington Hall's Room 5326.

For more information on any of these programs call Cindy Ragsdale at 938-8761.

Protestant Sunday School

Protestant Sunday School resumes Sept. 10 from 9 to 10 a.m. on the third floor of Thayer Hall.

Parking is available on the roof of Thayer Hall.

Nursery care is provided and classes for ages pre-K to high school are available.

Selected cadets energetically teach your children and thoroughly enjoy interacting with the kids.

Three adult classes are also offered.

Christian Principles for Daily Life, Integrating Faith, Family and Profession and Old/New Testament study.

Registration will occur at the Protestant Chapels beginning Sunday or call Chaplain Cynthia Lindenmeyer at 938-3412 or e-mail her at Cynthia.Lindenmeyer@usma.edu.

DUSA

The Daughters of the U.S. Army will hold a Meet & Greet and Membership Drive Sept. 10 from 2 to 4 p.m. at the West Point Museum

- DUSA Gift Shop.

Members receive 30 percent off purchases. Call Jessica Kirby at 446-1385 or Kim Paine at 859-4182 for more info.

DUSA Continuing Education grants for the fall will be accepted from Sept. 1 until Oct. 15. Call Heidi Robbins at 446-2615.

DUSA Employment Opportunities

Full-time store supervisor wanted. Thirty-five to 40 hours per week. Retail experience a must.

Part-time sales associate wanted. Twelve to 25 hours per week.

Call 446-0566 for more information.

God's Gang

The God's Gang Wyldlife Family kick-off is Sept. 17 from 3 to 5 p.m. at Camp Buckner's Barth Hall.

The event is for sixth through eighth graders and their families. Call 938-5386 for more info.

Solution to Weekly Sudoku

7	5	3	2	8	9	4	1	6
6	9	4	1	3	7	5	2	8
1	2	8	5	4	6	9	3	7
5	3	9	8	6	4	2	7	1
4	1	2	3	7	5	6	8	9
8	6	7	9	1	2	3	5	4
2	4	5	7	9	8	1	6	3
3	8	6	4	2	1	7	9	5
9	7	1	6	5	3	8	4	2

Command Channel
8/23

Sept. 1 - Sept. 8

FRIDAY

9 a.m. Army Newswatch
6 p.m. Army Newswatch

MONDAY
No programming

SEPT. 5 - SEPT. 8

9 a.m. Army Newswatch
6 p.m. Army Newswatch

MWR Week Grand Prize Winner

Joel Flowers of the Information, Ticketing and Registration office congratulates MWR Week Grand Prize winner Cathy Gilewitsch. Gilewitsch submitted an MWR Week entry form at the Fitness Center and won an overnight trip to New York City, including hotel, dinner and Broadway tickets for two, courtesy of Morale, Welfare and Recreation.

Liz HARRINGTON/MWR

NOW SHOWING in the movie theater at Mahan Hall, Bldg. 752

Fri. -- You, Me and Dupree, PG-13, 7:30 p.m.
Sat. -- Monster House, PG, 7:30 p.m.
Sat. -- My Super Ex-Girlfriend, PG-13, 9:30 p.m.
Sept. 8 -- Lady In The Water, PG-13, 7:30 p.m.
Sept. 9 -- The Ant Bully, PG, 7:30 p.m.
Sept. 9 -- Miami Vice, R, 9:30 p.m.

The theater schedule can also be found at www.aafes.com.

Army and Community Sports

West Point 5K/10K spirited by "Team Deployment"

Story and photos by
Kathy Eastwood
Staff Writer

Despite the rain and the decided chill in the air Saturday, the West Point 5K/10K races saw 460 runners participate, up more than 50 percent from last year's race. This is the second year the race had been held since it was cancelled in 2001 after 9/11 for security reasons.

This year a one-mile "fun run" for children of deployed parents called "Team Deployment" was added. Children wore T-shirts they decorated on the front, while a photo of the deployed parent adorned the back of their shirts.

"Team Deployment was developed as a way for children of deployed Soldier's to honor their parents who are currently overseas and to create a spirit of cooperation and camaraderie among children who share a similar situation," said Galatea Badger, relocation and deployment readiness program manager for Army Community Services.

Michael Hickey, whose father Maj. Chris Hickey is in Baghdad, and Katie Smith, whose dad Maj. Ken Smith was deployed to Kuwait last month, were two of the 28 children with their dad's photo.

"This is cool," Hickey said.

In the 5K, 14-year-old Neeraj



Twenty-eight children of deployed parents participated in a "Team Deployment" fun run at the 5K/10K race here Saturday. The children decorated T-shirts and had a photo of their deployed parent on the back.

Suryanarayanan and Brandon Freyer, who are cross country and track teammates at Brewster High School, Brewster, N.Y., came in first and second, respectively, in the 5K run.

Suryanarayanan ran with an overall time of 18:30 and Freyer ran 10 seconds behind him. Jeffrey Vizethann, 39, of Cornwall, N.Y. was third with a time of 20:14.

"This was pretty fair," Suryanarayanan said. "The hardest part was going up hill by the Cadet Chapel."

His teammate, who is running in this race for the second time, had the exact opposite impression.

"I think going downhill is worse," Freyer said. "You can get going too fast."

The overall female winners in the 5K were: Christine Anyetei-Vog, 28, of Poughkeepsie, N.Y. with a time of 22:30. Camille Creary, 35, of North Bergen, N.J., came in second with a time of 25:28 and Melissa Doyle, 31, of West Point, N.Y., came in third with a time of 25:53.

The overall male winners in the 10K run were: Aj Savoia, 17, from Haverstraw, N.Y., with a time of 34:58. Andy Latincics, 40, of Newton, N.Y., was second with a time of 35:53 and Cadet 3rd Class Andy Cahoy was third with a time of 37:14.

The overall female winners in the 10K were: Kathy Baloga, 32, from New Windsor, N.Y., with a time of 38:04.

Coming in second with a time of 41:10 was Riva Johnson, 43, from West Point, N.Y. and third was Pamela White, 42, from Rhinebeck, N.Y., with a time of 43:45.

"It was great," Baloga said. "My husband is a coach at North

Rockland High School and I was running with one of his teammates, but then he just took off."

The grand prize drawing, sponsored by Allegiant Air, was a round trip ticket from Stewart International Airport to Orlando, Fla., was won by Peter Engelhardt of Paterson, N.J.

For complete race results go to www.superracesystems.com.



Major Matt Armstrong, an instructor in the C&LS Department here, ran the 10K race in 39:58. More than 460 people participated 5K/10K race.

Army opens season Saturday, McMahand to start

Story and photos by
Eric S. Bartelt
Assistant Editor

The opening kickoff to the 2006 college football season is here and the excitement is building toward the 7 p.m. start Saturday against Arkansas State in Jonesboro, Ark.

Both teams met last Nov. 19 at Michie Stadium as Army won 38-10 over the Sun Belt Conference champions from a season ago.

Arkansas State will have a different look on offense with a new starting quarterback and running back.

Sophomore quarterback Travis Hewitt and freshman running back Reggie Arnold will each be making their first collegiate starts.

"They'll be playing with an inexperienced quarterback, much like we will, and in that respect it's pretty equal," Army head coach Bobby Ross said.

As for Army's inexperience at quarterback and running back, junior David Pevoto and sophomore Wesley McMahand will both make their first collegiate starts Saturday.

Ross gave both glowing reviews from training camp and expects both to continue their progress against Arkansas State.

"The biggest thing offensively in my mind has been the development

of David Pevoto," Ross stated. "That was something that had to happen. Ultimately, we've still got to play the game and that's where we make our judgments, but David has had a really good camp.

"He's running the ball well (and) he's managing the offense well," Ross added. "He's throwing the ball consistently. He's been above 60 percent throughout the entire camp in his completion percentage."

Ross was worried about the running back position before camp opened because he needed to replace two running backs who graduated, Carlton Jones and Scott Wesley, who carried the load in the backfield last season.

McMahand, despite his size at 5'6", 171 pounds, stood out in camp because of his explosiveness getting to the holes and finding openings to gain extra yardage. Ross was very pleased with his camp performance as he was with all the backs.

"I think the biggest difference (is) the speed that he has," Ross said. "Wes' speed is probably the difference maker (in his getting the starting nod) and he has that little second gear where he gets into an open spot and then he turns it on -- he has that. The other night in our last scrimmage, you could see him start to pull away from a guy



Senior defensive end Cameron Craig had a career day last year versus Arkansas State as he registered a career high in tackles (9) and also notched a sack and forced a fumble.

... I saw the acceleration of him pulling away and that's the big part of starting him."

McMahand is excited about the opportunity to start and is thrilled that the coaches see the talent in him to start.

"I tried to go out there and be consistent every day and play as hard as I could every day," McMahand said. "The coaches make the decisions, so I guess they saw something they liked in me."

Because of his stature, McMahand will count heavily on his experienced line and his running instincts to avoid the big hit against much bigger opponents.

"I think a lot of it is just being smart," McMahand explained. "Go where the play is designed to go, see the creases and the holes the offensive line makes. When it comes time to take on someone who may be twice as big as me I just have to run hard and rely on my instincts."

Having the experienced line is of a great benefit for McMahand as he tries to get comfortable in his role as a starting running back and all the responsibilities that comes with it.

"This line is great. They've helped me out with the blocking schemes," McMahand said.

"They're very smart and don't really make any wrong reads. They're always on top of things and I think it's going to help me come (Saturday)."

On the defensive side of the ball, Army will have an unexpected starter at the cornerback on the other side of senior corner Sean Grevious.

Due to academic NCAA ineligibility issues, at least for week one, sophomore Darren Newson will not get the start at cornerback and will be replaced by junior Kevin Opoku. Ross is comfortable in Opoku's ability to take Newson's place.

"Kevin has had a very good camp," Ross said. "Here's a young guy who walked onto our program and now, all of a sudden, he's the starting corner."

"He's a very intense kid, a very physical player and I like that part of him particularly to the closed side of the field, which is where we play him," he added. "I think Kevin will play well and I have confidence that he will play very well for us."

Army opens its 117th football season looking for its first opening game win since 1996, which was the last time they made a bowl game. Ross is focused on getting

the team started out right so they can move toward those six needed victories to become bowl eligible.

"We're going to work hard to get to that point," Ross said. "We're going to take it one day at a time and one game at a time."

Saturday's game will not be televised, but it can be heard on WABC (770-AM, New York), WBNR (1260-AM, Beacon, N.Y.) or WLNA (1420-AM, Peekskill, N.Y.).



Army junior quarterback David Pevoto makes his first collegiate start Saturday at Arkansas State.

S&F Flag Football sign-ups

Sign-ups for Staff and Faculty Flag Football runs until today.

Play will begin Wednesday with a slate of exhibition scrimmages. The regular season will start Sept. 11.

League play will be on Monday and Wednesday evenings.

Teams wishing to enter should contact Jim McGuinness at 938-3066 or e-mail him at Jim.McGuinness@usma.edu.

The league is open to all USMA departments and units. The Stewart Marines are also invited to participate and units may combine personnel.

Six wins mean Army is Poinsettia Bowl bound

Story and photo by
Eric S. Bartelt
Assistant Editor

Army is setting its sights on its first bowl appearance in 10 years as it enters the 2006 season and if they win the required six games needed they will have a destination -- the Poinsettia Bowl.

It was announced Tuesday that Army will be guaranteed an at-large bid, if bowl-eligible, to play against a team from the Mountain West Conference Dec. 19 at Qualcomm Stadium in San Diego.

"We're really looking forward to the opportunity to have the United States Military Academy come out to the West Coast in December," said Poinsettia Bowl executive director Bruce Binkowski.

Army athletic director Kevin Anderson talked to other bowl representatives, but the Poinsettia Bowl was the best opportunity for Army because it guaranteed a spot in a bowl, if eligible.

"We're very excited that we've reached this agreement," Anderson said. "We believe with the progress of the football team that we have a great chance of being bowl qualified ... it'll be fantastic for the Army team and for the city of San Diego."

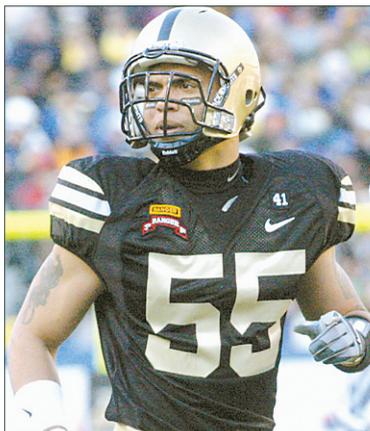
It would be a homecoming of sorts for Army head coach Bobby Ross, who coached the NFL's San Diego Chargers for five seasons from 1992 to 1996; however, Ross is not looking that far ahead.

"To me, it's all what lies ahead. I don't want us to look too far ahead down the road, but it is an added incentive," Ross said. "My focus will be to get there. I think it's a great opportunity for our program ... it will be a great goal to shoot for."

The excitement around Army football is building nationally and Anderson said this is one of the big reasons why a deal was worked out with a guarantee.

"I asked (the people on the bowl committee) how good they think we were going to be and most of them said we wouldn't be talking to you if we didn't think you were going to qualify," Anderson explained. "Some threw out some numbers that we could be 7-5. That goes to show what they think of Coach Ross and the team, and the progress we've made over the past couple of years."

As the players rolled into practice Tuesday and started getting



Senior linebacker Barrett Scruggs is excited about the bowl announcement and ready to lead the team to six wins.

wind of the chance waiting for them at the end of the season, smiles were running from ear to ear.

"Wow, that's really good," said senior team captain linebacker Barrett Scruggs, upon hearing the word of the Poinsettia Bowl possibility. "It's our goal as a team to get a winning season and get to a bowl game. Now that we have this opportunity to, if we have a winning season, it makes me feel really good."

"It makes me want to push harder knowing that the opportunity is out there," Scruggs added. "I'm ready to go get it."

U.S. Military Academy Band
West Point, New York

Music Under the Stars
Free and Open to the Public

1812 Overture Concert
Hellcats, Jazz Knights, Concert Band, the Soldiers' Chorus of the U.S. Army Field Band, Fireworks and Cannon

6 p.m. Sept. 2 (Rain date Sept. 3)

Trophy Point Amphitheatre
845-938-2617 www.usma.edu/band