

September changes (as of 9/6)	
C FUND	- 0.21 percent
I FUND	- 0.15 percent
S FUND	- 0.82 percent



Ready for the worst

Two victims scream for help as another lays motionless on the ground after a terrorist detonated himself outside a food stand at Michie Stadium during a mass casualty exercise Sept. 1. Twenty-five participants played victims in a scenario that involved the bombing of Michie Stadium and the contamination with a calcium carbonate substance of the spectators in the area. After the victims were triaged at the scene, they were sent to Keller Army Community Hospital to be decontaminated.

ERIC S. BARTELT/PV

HRC reps here Sept. 28-29

Submitted by the Adjutant General's Office

Representatives from the Human Resources Command Officer Branch will be here Sept. 28 and 29 to conduct career management interviews. West Point's Adjutant General's Office said the representatives would conduct those interviews in the Riverside Café at Eisenhower Hall.

Anyone wishing to schedule an interview should go to the AG Internal Web page at <http://www-internal.usma.edu/ag/>. Once there, select AHRC Assistance Visit; scroll down to select a branch representative, scroll across to select an available date and time, click on the e-mail link at the bottom of the screen and e-mail the

request to ye3228@usma.edu.

Participants should include the following information: branch representative name, interviewee name, date and time. The interview sheets cannot be modified and need to be sent to the AG, officials explained.

"E-mail all four data elements to ye3228@usma.edu and your interview time will be posted immediately," AG officials said. "If the time you requested is not available, we will contact you to schedule another time."

Participants can sign up for interviews through Sept. 15, they added.

West Point officers can also attend an Officer Personnel Management Briefing Sept. 28. The OPM, HRC director, Col. George Lockwood, will give the briefing

from 12:45 to 1:45 p.m. in Mahan Hall's Arnold Auditorium.

Representatives from the Human Resources Command Enlisted Career Advisor Team will also be here Sept. 28 and 29 to conduct career management interviews with all interested enlisted personnel. Those interviews will be held from 8:30 to 11:30 a.m. and from 12:30 to 4:30 p.m., in the ACS Training Room, Building 622.

Sgt. Maj. Gabriella Russum from the Enlisted Personnel Management Directorate, HRC, will give an Enlisted Personnel Management Briefing, Sept. 28, from 4 to 5 p.m. in Mahan Hall's Arnold Auditorium.

For more information, call Sgt. 1st Class John Castillo, AG, Strength Management, at 938-8450.

Dental, vision benefits coming in November

WASHINGTON (govexec.com) -- After temporarily shelving its original awards for federal dental and vision insurance contracts in order to reassess them, the Office of Personnel Management announced this week that the original companies would still get the contracts.

OPM said in June that it was reconsidering bids for insurance providers after Blue Cross Blue Shield of America's Federal Employee Program, the largest

provider in the OPM-run Federal Employee Health Benefits Program, filed a protest with the Government Accountability Office. Blue Cross Blue Shield was given a contract to offer the vision benefits, but not the dental.

But the second time around, Blue Cross Blue Shield still was not given a dental contract. MetLife, GEHA, United Concordia, Aetna, GHI, CompBenefits and Triple-S will provide the service. Blue Cross Blue Shield, Spectera Inc., and Vision Service Plan will provide vision benefits.

OPM did not say why it did not award Blue Cross Blue Shield the dental contract, and the company declined to comment.

The new insurance will be available to federal employees alongside regular health insurance during the 2006 open season, from Nov. 13 to Dec. 11. By law, OPM has to offer the new benefits, which are voluntary and not supplemented by agencies, by the end of the calendar year.

Providers:

Dental

MetLife, GEHA, United Concordia, Aetna, GHI, CompBenefits and Triple-S.

Vision

Blue Cross Blue Shield, Spectera Inc., and Vision Service Plan.

Online access to DD-93 coming soon

WASHINGTON (Military Review) -- Soldiers will soon be able to get online access to their DD-93, the form that names beneficiaries and designates next of kin for casualty notification.

Soldiers traditionally fill out their DD-93 form in the weeks or days before deploying to a war zone, but all Soldiers are required to have an updated form on file.

Inaccurate or missing information has occasionally caused delays in finding family members, said Army casualty officers.

The availability of the form online will enable Soldiers to review and modify their preferences as often as they feel they need to.

Soldiers should expect to have access by January.

INSIDE



Buffalo Soldier Memorial, see page 5

Patriot Day: Army intern reflects on dad's sacrifices

Commentary by
Katisha Draughn

WASHINGTON (Army News Service) -- The attacks of Sept. 11, 2001, have shaped my view of America's Soldiers.

My father, retired Command Sgt. Maj. Carnell Draughn Sr., served 30 years in the Army. Growing up, I watched him come and go to different duty assignments and then deploy to Iraq. I didn't know much about military operations at the time, and I certainly didn't understand the importance of war.

Now I work at the Pentagon as an intern with Department of the Army Public Affairs, and I see the effects of Sept. 11 unfold in front of me.

September 11 began as a typical day for me. I went to class that morning at Norfolk State University and heard about the terrorist attacks from my classmates in the hallway. I was in shock. How could this be

real? Was the world coming to an end?

My father was stationed at Fort Meade, Md., at the time, but had taken a week of leave to spend time with our family in Virginia. He heard about the attacks in a phone call from his first sergeant.

Dad's first reaction was to cut his leave short and go back to Fort Meade, but he was told not to. When he returned to work, he sent his Soldiers to the Pentagon to help locate bodies and clean up the debris.

Although my father submitted his retirement papers in January 2001, he pulled them to stay in four more years after the terrorist attacks.

At first I thought he was crazy. Four more years in the Army? What was he thinking? Now that I work for the Army, I completely understand why.

It's called sacrifice.

"I didn't feel I could leave

the Army when our country was preparing for war," Dad told us.

So he sacrificed being away from his family to join his Soldiers in fighting terror. He finally retired last July.

My work as an Army intern further opened my eyes to how 9/11 affected America, and how it

changed our military. Installations worldwide have tightened security, equipment has become increasingly high-tech, and our Soldiers now get some of the toughest, most war-specific training ever offered.

But one thing that remains the same since pre-9/11 -- that needs no change -- is the inspiring sense

of duty our Soldiers still carry five years after most physical signs of 9/11 have disappeared. Despite injuries, they still volunteer to serve, some back in Iraq or Afghanistan where they lost buddies and limbs.

I can't see myself enlisting in the Army, but I have so much respect for those who do in order to ensure our safety.

As the five-year anniversary of Sept. 11 approaches, we should all take the time to reflect on what America lost that day and pray for the victims and their families. We should also take the time to do something special for our Soldiers overseas to show them how much we appreciate what they are doing for our country.

God Bless our Soldiers, and God Bless America.

Tribute to Army football

Dear Editor:

As the opening of this year's Army football season starts, I would like to tell the team and the Corps of Cadets that the people I represent are proud of the Army football team.

We support the Black Knights of Army in their efforts to win.

Army football means pride in being part of something special. Army football means faith in every aspect of the program and, most importantly, yourselves. Army football means taking responsibility for your preparations, to work smart, and letting go of criticism by showing trust in yourselves.

You, Army football, have a hundred reasons to believe that this is your season. You have talent, you have desire, you have work ethics, great coaches and great facilities.

In closing, the cadet motto "Duty, Honor, Country" has always been exemplified on the field, at the academy, as well as, in our community.

We are your ardent supporters. Army football, you are the best. And remember -- we want that trophy.

Joseph D'Onofrio
Highland Falls
Mayor

SARP INFO

The members of the Sexual Assault Response and Prevention Team are Col. Jeanette McMahon, Shelley Ariosto (Garrison), Maj. Samantha Breton (USCC), Maj. Kim Kawamoto (ODIA) and Catherine Ruvolo (Dean).

Community members can e-mail McMahon at Jeanette.McMahon@usma.edu for advice or to offer any recommendations on the program here.

Cadets can also call the sexual assault support helpline at (845) 591-7215.

West Point Soldiers and civilians needing assistance can call (845) 938-3369.

Weekly Sudoku by Chris Okasaki, D/EECS

1		6						
				5	9	2	7	
		7	4					
			6				3	
	2						6	
	8				9			
				3	7			
5	4	9	2					
						8		5

Rules: Fill in the empty cells with the digits 1-9 so that no

Difficulty: Hard

digit appears twice in the same row, column, or 3-by-3 box.

See Solution on Page 12

POINTER VIEW®



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Local and National News

CID issues 'Nigerian Scam' warning

**By Criminal Investigations
Command Public Affairs**

FORT BELVOIR, Va. (Army News Service) -- The U.S. Army Criminal Investigation Command released an advisory Sept. 1 warning Soldiers and family members of a so-called Nigerian Fraud Scam or advanced fee fraud, using unsolicited faxes, e-mail or letters. The advisory also warns of the criminal implications for Army personnel who actively facilitate the scheme.

The Nigerian Scam starts with

someone from Nigeria, or another country, making unsolicited contact with unsuspecting victims requesting their help in disposing of gold or money recovered in Iraq, or oil revenues from Nigeria or Russia, or lottery winnings from some overseas location.

Other contacts request help to negotiate U.S. Postal Money Orders or Traveler's Checks that later turn out to be forgeries or counterfeit. The perpetrator uses false names or steals another person's identity and fraudulently uses that identity.

In most instances, if victims

respond to the proposals they are asked to do something to show good faith with the person who sent the original mail.

In the case of money orders and traveler's checks, the person is asked to negotiate the checks, told to keep a percentage of the funds for themselves and to send the remaining money to a Nigerian address.

In the case of gold or money dispositions, the victim is sometimes asked for personal identification, to include bank account numbers, or as the scam progresses, the victim is asked to send money to pay for unexpected fees (hence the name, advance fee fraud) that are needed to bribe an official or free up a process so that the gold or money can be transferred.

Soldiers and civilians who knowingly participate in the negotiation of fraudulent money orders or travel checks in furtherance of fraud schemes are subject to Title 18 of the U.S. Code, Section

1343, "Fraud by Wire, Radio or Television."

The title states that individuals who devise schemes to defraud, obtain money or property under false pretenses, representations or promises will be fined or imprisoned for not more than 20 years, or both. Violators who affect financial institutions can be imprisoned not more than 30 years, fined not more than \$1 million, or both.

According to CID Special Agents, e-mail fraud provides unique challenges for law enforcement personnel, Soldiers, Army civilians and family members. Criminals can mask their identities, locations and cover their tracks quickly.

Web sites can easily be established and removed in very little time, allowing scam artists to strike quickly and disappear even faster.

CID officials remind individuals to never provide their personal identification, bank account numbers or other financial information to an

unsolicited request.

The unknown source could use the information to the financial harm of the victim. Never travel to foreign locations to meet with the individuals conducting these schemes for any reason.

Victims have often been robbed, kidnapped, or even killed, when lured to other countries.

The U.S. Secret Service and U.S. Postal Service are primary U.S. law enforcement agencies in dealing with these types of scams. U.S. citizens or residents who have not suffered a financial loss and want to report a scam may forward unsolicited e-mails to the Secret Service at 419.fcd@uss.s.treas.gov.

U.S. citizens and residents who have suffered a financial loss should contact the nearest field office of the Secret Service by phone.

Victims are advised to continue reporting these fraudulent scams to law enforcement agencies when they are attempted.

Armed Forces Voters Week focuses on electronic options

By Sgt. Sara Wood
American Forces
Press Service

WASHINGTON-- The Defense Department is focusing efforts to ensure servicemembers stationed overseas and in the United States know their options for voting in the 2006 congressional and local elections.

Sept. 3-9 is Armed Forces Voters Week. Officials caution that this is the last safe week to submit a Federal Post Card Application, or request voter registration forms and absentee ballots that meet most state deadlines.

The Defense Department is responsible for ensuring the right to vote for military members and their families, and also for U.S. citizens living overseas. It accomplishes this through the Federal Voting Assistance Program, said Michael L. Dominguez, principal deputy undersecretary of defense for personnel and readiness. Under the Federal Voting Assistance Program, the department uses three general programs: an outreach program to state and local election officials, an outreach to the voters and a program to build capacity and improve mechanisms to get information to voters and enable them to vote, he said.

In the last several years, DOD has had a special challenge of reaching deployed servicemembers on the battlefield, whose particular circumstances make it hard for them to participate in the by-mail absentee voting process, Dominguez said. DOD officials have been working on this problem for several years, he said, noting that servicemembers and U.S. citizens living overseas now have an ever-expanding array of electronic voting options available.

DOD has launched a new Web site outlining electronic voting options for residents of each state. The Integrated Voting Alternative Site, which was launched Sept. 1, includes information from all 50 states and U.S. territories on the various electronic ballot requests and delivery alternatives available to U.S. citizens living overseas covered under the Uniformed and Overseas Citizens Absentee Voting Act, said Scott Wiedmann, deputy director of the Federal Voting Assistance Program. The IVAS can be found on the Federal Voting Assistance Program Web site, and will be updated to reflect changes to state laws, he said.

“What we wanted to do was to

use our Web site to communicate, as we had done for several years, out to the citizens covered by the act, all the electronic alternatives offered to them by their home state,” Wiedmann said. “So they would be aware of all this, if they’re on the move or in a remote location. We wanted to let them know that mail is not the only option from every state.”

Most states allow at least part of the voting process by fax, and states are slowly embracing the use of e-mail for ballot requests and delivery, said Polli Brunelli, director of the Federal Voting Assistance Program. Currently, 50 voting jurisdictions allow the use of fax for the registration process; 34 states allow the faxing of blank



ballots to the voter; and six-to-10 states are interested in using Web technologies for the voting process, she said.

DOD has developed two Web-based tools that states can use in the voting process, Wiedmann said. Both involve an online, automated version of the Federal Post Card Application, which is the form used for voter registration and request of

absentee ballots. Both are designed for individuals who are already registered to vote in their home states. The first tool would allow registered voters covered under the overseas act to log into a secure Web site, fill out automated Federal Post Card Applications, and e-mail them to their local election officials, Wiedmann said. The second tool would allow the registered voters to upload the completed applications to a secure server, where the local election officials can log on and download the forms and then possibly upload blank ballots to the same site for the voters to access, he said.

Both of these tools would only be open to military members and their families and DOD civilian

employees and contractors stationed overseas, Wiedmann said. Security of this site would be ensured because individuals in these categories already have unique identifiers from DOD that could be used for verification, he said.

In addition to electronic voting options, DOD continues to work with the U.S. Postal Service and the military postal system to ensure ballots are delivered on time to military members and U.S. citizens living overseas, Brunelli said. Brunelli said she has been working with state and local election officials, encouraging them to send ballots out early, so overseas voters have plenty of time to complete and return them to be counted.

Community Features and Photos

West Point celebrates Buffalo Soldier Memorial

Story and photos by
Kathy Eastwood
Staff Writer

The 45th annual wreath laying ceremony honoring the Buffalo Soldiers of the 9th and 10th U.S. Cavalry Regiments was held here Sunday at Buffalo Soldier Field. The detachments once served at the U.S. Military Academy in support of cadet riding instruction and mounted drills conducted on Buffalo Soldier Field from 1907 until 1946 when Congress disbanded the unit.

The name 'Buffalo Soldiers' was given to these African-American troops by the Kiowa's, Comanche's, Ute's, Cheyenne's and other Indian foes. It's a name they accepted with pride.

Retired Major Gen. Fred A. Gorden, USMA class of 1962 and the first African-American

Commandant of Cadets from 1987 to 1989, was the keynote speaker.

"When I graduated, this monument was not here yet," Gorden said. "As you ride around West Point, you will see very impressive statues that bare witness to the historical significance of West Point, but this simple memorial stands steadfast written in stone."

The event coordinator and former Buffalo Soldier, Sanders Matthews, said he enjoys speaking at this event that honors the men he used to serve with.

"I see a lot of familiar faces here every year," said the 85-year-old Matthews. "It brings back a lot of memories about the way things once were."

Walter Height, at 96, is the oldest Buffalo Soldier here, according to Matthews.

"That is just a rumor," Height said. "But I can tell you that being a member of the Buffalo Soldiers

was the most memorable thing I have ever done."

The Dean of the Academic

Board, Brig. Gen. Patrick Finnegan, presented all attending Buffalo Soldier's a Dean's coin.



Former Buffalo Soldier Will Harris Jr. thanks the Dean of the Academic Board, Brig. Gen. Patrick Finnegan, after he received a Dean's Coin at the wreath laying ceremony Sunday.



Former Buffalo Soldier Sanders Matthews (left), the USMA Honor Guard's Sgt. Marcos Ortiz and retired Maj. Gen. Fred A. Gorden, former Commandant of Cadets and keynote speaker, salute the memorial to the Buffalo Soldiers at the 45th annual wreath laying ceremony Sunday.

DeCA emphasizes 'Family Day' with contest

By Bonnie Powell
Defense Commissary Agency

FORT LEE, Va. (Army News Service) -- One military family will win a trip to New York and a special dinner courtesy of a worldwide contest to draw attention to "Family Day -- A Day to Eat Dinner with Your Children."

Created by The National Center on Addiction and Substance Abuse at Columbia University, "Family Day" is the fourth Monday of September each year. This year it falls on Sept. 25. According to CASA research, the more often children eat dinner with their families, the less likely they are to smoke, drink or use drugs. And they get better grades.

Commissary shoppers can go to the DeCA Web site at www.commissaries.com to access links to the contest, make a "symbolic" pledge to have a family dinner on Sept. 25, get more information about "Family Day" or find healthy recipes. The contest is open Sept. 1-30.

Last year 1.3 million Americans "pledged" to have dinner with their children on "Family Day."

"The military community certainly has a strong sense of family, but focusing on an event like this reminds us just how important something as simple as eating dinner together is to the health of our families," said Patrick Nixon, director of the Defense Commissary Agency.

To draw even greater attention

to Family Day, the military sales team of the Coca-Cola Company is sponsoring a three-day, two-night trip to New York. The winner will also get a family dinner cooked by Sandra Lee, best-selling author and host of the Food Network show "Semi-Homemade with Sandra Lee." Lee's latest cookbook "Semi-Homemade Grilling" will be awarded to second-place winners.

"This is a unique event for us," said Doug McAlister, director of the Coca-Cola worldwide military sales team. "Coca-Cola is the national corporate sponsor of 'Family Day,' but the military sales team is taking it a step further for the benefit of the entire military community. Conducting the contest

online gives military retirees, Guard/Reserve and active duty a chance to enter -- whether they are in Germany or Guam, Illinois or Iraq."

Being the eldest of five children, Lee appreciates the importance of family dinners. "Growing up in a small town in Washington State, we always ate dinners together," she said. "It gave us a chance to talk about school, our day -- and I think it made a difference in my life."

Lee specializes in meals made by spicing up everyday, store-bought products. "We requested she prepare a 'healthy' meal for the winner and she agreed immediately," McAlister said.

Coincidentally, Lee is working on a new cookbook for 2007

focusing on light and healthy cooking. "That is certainly the trend for America right now," she said. "People have busy lives and not a lot of time to spend on cooking, but there isn't any reason light and healthy meals can't also be fast and delicious."

"That's great," Nixon said. "It really fits in with DeCA's 'It's Your Choice, Make it Healthy' initiative encouraging military families to think of the commissary as the place for healthy food, healthy savings and healthy family."

DOD schools, TRICARE and family organizations such as the National Military Family Association as well as military Web sites and many others are supporting the "Family Day" concept.

Combined Federal Campaign runs Oct. 2 - Nov. 10

By Catherine I. St. Pierre
Adjutant General's Office

The glorious days of autumn with the promise of colored foliage against the backdrop of hot blue skies and cool crisp night, also brings the start of the annual West Point/Orange/Rockland/Sullivan Combined Federal Campaign that runs from Oct. 2 through Nov. 10.

Since its inception in 1961, the CFC has raised over \$5.5 billion in funds for over 20,000 non-profit local, national and international charities. Established at the request of Federal employees, the CFC is the only authorized solicitation of employees in the Federal workplace on behalf of charitable organizations and the most successful fundraising model of its kind in the world. It



is our opportunity to support and improve the quality of life in our communities, our nation and our world.

West Point Mint Plant Manager Ellen McCullom is this year's Chairman. Any Federal employee, including active duty military, National Guard and civilians are eligible to participate in one of two ways -- either by a one-time check or cash donation or through payroll deductions.

Last year, our nine Federal Agencies raised \$312,593.10

with West Point contributing \$216,392.57.

"Every One of Us Can Be the Miracle" is this year's Campaign theme. The generosity of your gift will provide the means to assist others less fortunate and afford you the opportunity to choose the charity or organization most important to you.

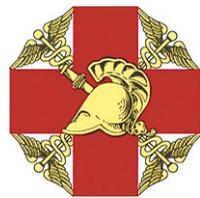
Will you be the Miracle?

Delivery problems?

FOR PV HOME DELIVERY PROBLEMS CONTACT VALERIE MULLANE AT THE POUGHKEEPSIE JOURNAL AT (845) 437-4730 OR BY E-MAIL AT VMULLANE@POUGHKEE.GANNETT.COM.

Healthwatch: Your home pharmacy

Submitted
by Keller
Army
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Health
Nursing



Symptom

Over-the-counter medicines

For more information contact the KACH Public Health Nurse,
Christine Polao at (845) 938-7586 or e-mail her at Christine.Polao@AMEDD.ARMY.MIL

Aches and pains
Fever
Headache

Aspirin (Bayer, Bufferin, Ecotrin)
Acetaminophen (Tylenol)
Ibuprofen (Advil, Motrin), naproxen (Aleve)
Acetaminophen/aspirin/caffeine (Excedrin)

Stuffy nose/congestion

Oral decongestants: pseudoephedrine
(Contact) Non-Drowsy, Simply Stuffy (Sudafed)
Decongestant nasal sprays:
oxymetazoline (Afrin, Neo-Synephrine, Sinex)
and phenylephrine (Neo-Synephrine, Sinex)

Note: Decongestant nasal sprays may work more quickly, but they have a rebound effect if you use them more than 3 to 5 days. They are best for short-lived colds and not for persistent allergies.

Cough with sputum or phlegm

Expectorant: guaifenesin (Robitussin)

Dry cough

Menthol throat lozenges: Halls,
Robitussin, Vicks
Liquid cough suppressant:
dextromethorphan (Benylin, Delsym,
Robitussin DM, Simply Cough, Vicks 44)

Sore throat

Sore throat lozenges: Chloraseptic,
Luden's Sucrets
Anesthetic spray: dyclonine
(Cepacol), phenol (Chloraseptic)
General pain killers: acetaminophen
(Tylenol), ibuprofen (Advil, Motrin)

Allergies

Non-sedating antihistamines: loratadine
(Alavert, Claratin, Dimetapp ND)
Sedating antihistamines:
diphenhydramine (Benadryl),
chlorpheniramine (Chlor-Trimeton),
brompheniramine (Dimetapp), or
clemastine (Tavist)
Preventive nasal spray: Cromolyn
sodium (NasalCrom)

Skin rashes and itching

hydrocortisone cream (Cortaid,
Cortizone 10), Domeboro

Cuts and scrapes

Antibiotic creams: bacitracin,
Neosporin, Polysporin
Antiseptics: Bactine, Betadine,
hydrogen peroxide solution,
Lanacane First Aid Spray

Diarrhea

Anti-diarrheal: loperamide
(Imodium), bismuth (Kaopectate,
Pepto-Bismol)
Rehydration fluids: Enfalyte,
Pedialyte

Nausea and vomiting

Emetrol, Pepto-Bismol
Rehydration fluids: Enfalyte,
Pedialyte
Motion sickness: dimenhydrinate
(Dramamine)

For common minor symptoms and illnesses, over-the-counter medicines are available.

Always follow the manufacturer's directions and warnings when using these products.

If you have any questions, consult with your doctor before starting a new over-the-counter drug.

All medications lose their effectiveness (expire) over time and eventually should be replaced. Check the expiration date before using any product.

Remember that storing medicines improperly shortens their "shelf life." Store medicines in a cool, dry area.

The heat from kitchens and the moisture from bathrooms decrease the effectiveness of a medication. Store all medications out of reach of children.

Do not give aspirin to children under 12.

Consult your health care provider before giving aspirin, ibuprofen, or similar medicines to children.

Pepto-Bismol contains aspirin-like salicylates, so talk with your doctor before giving it to children.

Women should consult with their doctor before taking over-the-counter medicines while pregnant or breastfeeding.

Always remember that misuse of over-the-counter drugs can have serious consequences.

Do not assume that a product is safe because it doesn't require a prescription.

The following list includes some examples of over-the-counter medicines for common symptoms.

This list is not comprehensive, nor does it imply an endorsement of some brands over others.

Many of these have less expensive "store brand" equivalents. Always look at the ingredients.

There are many "multi-symptom" combination versions -- you should select products with the fewest ingredients needed to address your actual symptoms.

West Point Fall Yard Sale
Sept. 16, 9 a.m. to 3 p.m.

MASCAL Ready: Keller

Story and photos by
Eric S. Bartelt
Assistant Editor

A suicide bomber explodes himself in a crowd of hungry, thirsty football game spectators at Michie Stadium leaving trauma victims to lay motionless or writhing in pain on the ground.

Near the explosion site also laid a couple of bags of lime that got all over the spectators in the vicinity, so the victims were also chemically contaminated.

This simulated situation happened during a mass casualty exercise Sept. 1 at Michie Stadium and Keller Army Community Hospital to help train Keller personnel and outside agencies to coordinate their efforts during dire circumstances.

The Town of Highlands Ambulance Corps, the West Point Directorate of Emergency Services, which includes the fire and police, and hospital personnel participated in the terrorist explosion scenario that involved the running of different MASCAL stations to treat priority victims, a decontamination station at the hospital and a mobile triage team.

“Everyone from the hospital is involved from the commander all the way down to lowest private as well as the civilians,” said Keller Army Community Hospital’s Emergency Management Director



A medic from Keller Army Community Hospital checks the legs of a wounded victim during a mass casualty exercise Sept. 1 at Michie Stadium.

Personnel prepare for worst

Joseph Pfanzelter. “We have to do it like that because you never know who’s going to be available when an incident does occur, so we have to train everybody.”

With a situation that involves a stadium filled with 40,000 people, if the blood-curdling screams of more than 100 casualties were to occur then it’s important for Keller Hospital to get help from other agencies off post.

“We’re a small hospital and we can’t handle everything (in a mass situation). Mutual aide is very important,” Pfanzelter said. “It’s good practice to keep in touch with our local partners, so they know how we operate and we know how they operate. So when an incident occurs nothing would be new and it’s all been done before.”

Keller Hospital has a constant influx of new personnel, and these exercises help give them a working knowledge of how the hospital operates in a mass casualty situation.

“It’s really valuable to folks who have never done it before,” Pfanzelter explained. “It’s also valuable to those who have done it before because there’s always somebody new to work with, so you get to learn how they operate and for them to learn how you operate.”

Sgt. John Boamah, an emergency room medic, has been involved in previous MASCALS

before; however, it helps refresh his memory of working his specialty skills under adverse conditions.

“It helps reinforce the critical skills that we’ve been taught should a life and death situation occur,” Boamah said. “We’re at a post where we don’t see a lot of field time, so an exercise like this keeps up our confidence. It has been well-received because it helps the medics’ better treat the community.”

For Boamah, the most important thing is knowing how to triage patients, so he and his fellow medics can prioritize the victims by one-to-four, worst to least.

“We got to know which (victims) we can save and which ones that we can’t do much for,” Boamah stated. “The ones you know you can save you want to get to them first, while the ones who are pretty much far gone and there’s nothing you can do about you pretty much try to keep them comfortable until they are ready for transport.”

The annual mass casualty exercise was the first led by new KACH commander, Col. Norvell Coots.

Although, certain aspects of the exercise, Coots explained, such as the decon station, are trained at some level on a monthly basis or on a quarterly basis, whether it’s the full decontamination set much like the mass casualty exercise setup or a hasty decontamination station



Victims during the mass casualty exercise, much like a real-world situation, were prioritized by the seriousness of their injuries.

located outside the emergency room, and there is always some kind of training in decon or some other aspect of the mass casualty that is ongoing.

All the personnel at Keller got a taste of every aspect of the mass casualty in a round-robin format in the morning.

“(All personnel) went through all the different sites, all the different holding areas within the hospital as well as the two decon sites and mobile triage team unit,” Coots said. “To get the personnel through that and get them trained was an outstanding opportunity. But, listening to the quality of presentations by these subject-

matter experts in their areas I was really impressed by the level of competence and knowledge everyone has here.”

All personnel got to rotate from section to section and that exposure, according to Coots, makes the interoperability within the hospital better so everyone is familiar with what everyone else is doing during a mass casualty situation.

“When we hear a report that three people are being decontaminated, two litter, one ambulatory, one patient minimal, one patient triage that we can visualize those areas and know what exactly is going on,” Coots explained. “So with

that level of fidelity and familiarity it is critical to the timeliness of an operation like this because it makes it second nature to (all personnel) because they know what’s going on.”

Once the exercise was over, all the teams got together to go over what worked or what needed improvement and those after action reviews can be critical to saving lives in the future.

“Everyone has a chance to give their ideas on how to improve this and how to makes things better,” Coots said of the AARs, “so we can make it run that much smoother the next time and that’s the value of all this.”



(Left photo) Keller personnel lift a casualty onto an ambulance during the mass casualty exercise that simulated a terrorist bombing and a chemically contaminated area. (Above photo) Keller personnel at the hospital worked the decontamination station where the casualties were cleansed of lime that sprayed on the victims after a terrorist explosion.



SEPTEMBER MWR COMMUNITY CALENDAR

Visit MWR online at www.usma.edu/mwr

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>ACS, bldg. 622 w 938-4621 AEC, bldg. 683 w 938-3762 Arts & Crafts, bldg. 648 w 938-4812 Auto Crafts, bldg. 648 w 938-2074 BSP/BOSS, bldg. 628 w 938-6497 Bowling Ctr., bldg. 622 w 938-2140 CDC, bldg. 1207 w 938-4798/4523 CDS, bldg. 1207 w 938-2092/2035 Community Rec Div w 938-2401 Delafield Pond w 938-5139/5158 Fitness Center, bldg. 683 w 938-6490 Golf Course w 938-2435/2327 Holleder Center w 938-4236</p>		<p>ITR, bldg. 695 w 938-3601/2401 AVC, bldg. 2104 w 938-3655 Morgan Farm, bldg. 2036 w 938-3926 Outdoor Rec w 938-2503 Post Library, bldg. 622 w 938-2974 Round Pond w 938-2503/3860 School Age Services, bldg. 1207 w 938-8530 West Point Club, bldg. 603 w 938-5120, 446-5506 Ski Lodge w 938-3726/3727 Youth Services, bldg. 500 w 938-3727 Veterinary Clinic, bldg. 630 w 938-3817 PLEASE NOTE: For more information, contact the office listed for each activity.</p>		 <p>The Bowling Center will be temporarily closed for renovations.</p> <p>We look forward to providing you an improved facility in the near future.</p>		<p>8 BOSS Labor/Patriot Day Party, Time TBA, BSP</p> 	<p>9 Army vs Kent State, Bowling, Auto, Crafts, MWR Fitness Center and Post Library closed all day on home football games</p>  <p>NY Mets vs LA Dodgers at Shea Stadium, NYC, depart BSP 1100, BOSS</p>
<p>10 Tour NYC, 0900-1700, ITR</p> 	<p>11</p>  <p>Video Teleconference, 0800-1630, ACS Wee Ones Play Group, 0930-1100, ACS Tae Kwon Do Beginner & Advanced, 1800, YS (grades 6 & up)</p>	<p>12 Volunteer Advisory Council Mtg., 1300-1400, AVC</p>  <p>Preparation Briefing, 1400, ACS</p>	<p>13 Financial Readiness Training, 0830, ACS</p>  <p>NY Yankees vs Tampa Bay Devil Rays, 1700-2330, ITR Tae Kwon Do Beginner & Advanced, 1800, YS (grades 6 & up)</p>	<p>14</p>  <p>Quarterback Luncheon, 1130, WP Club Briefing on all ACS Programs, 1330, ACS</p>	<p>15</p>  <p>Firearm Hunter Safety Course, 1800-2200, R Pond (day 1) Membership Appreciation Night, 1630-1900, WP Club</p>	<p>16 Firearm Hunter Safety Course, 0900-1600, R Pond (day 2) The Feast of San Gennaro, 1100-1800, ITR</p> 	
<p>17 America's Kids Day Celebration, 1300-1600, YS (grades 1-12)</p> 	<p>18 Golf Course Closed for Outside Event Tae Kwon Do Beginner & Advanced, 1800, YS (grades 6 & up) BOSS Poker Tournament, 1900, BSP</p> 	<p>19</p>  <p>Spinning, 0540, Cardio Kickbox, 0900, Cardio Blast & Spinning, 1700, Butts, Guts & More, 1800, Awesome Abs, 19, Every Tuesday at the MWR Fitness Center)</p>	<p>20 Bronx Zoo/Brooklyn Botanic Gardens, 0900-1530, ITR</p>  <p>Initial PCS Move, 1330, Checking Accounts, 1445, TAP Workshop, 0830-1630 (day 1) ACS</p>	<p>21 TAP Workshop, 0830-1630 (day 2) Consumer Rights, 0830, Credit, 0945, ACS</p>  <p>Quarterback Luncheon, 1130, WP Club</p>	<p>22 TAP Workshop, 0830-1630 (day 3) ACS Mongolian BBQ, 1700-2100, WP Club</p> 	<p>23 Defensive Driving, 0800-1500, Register at ITR</p>  <p>The Feast of San Gennaro, 1100-1800, ITR</p>	

MWR Blurbs

Child care during home football games

The West Point Child Development Center will be offering child care for Army home football games.

Game	Deadline
Sept. 30	Sept. 20
Oct. 7	Sept. 27
Oct. 21	Oct. 11
Nov. 3	Oct. 25

Quarterback luncheon tickets

Quarterback luncheon tickets are on sale at the West Point Club.

For more info., call 938-5120 or 446-5506.

Youth hockey registration

Youth hockey registration is ongoing at Youth Services, Bldg. 500.

For more information, call 938-8896/3550.

BOSS baseball trip

See the N.Y. Mets play the Los Angeles Dodgers with BOSS Sunday.

Open to the entire West Point community.

Transportation leaves Buffalo Soldier Pavilion at 11 a.m.

Free admission to the game for active duty military.

Call 938-6497 for more information.

ITR baseball trip

Take a trip to see the New York Yankees take on the Tampa Bay Devil Rays Wednesday. Leave West Point at 5 p.m.

For more information, call 938-3601.

Hunting Safety Courses

Outdoor Recreation is offering a pair of two-day Safety Courses.

Both are free and will be held at Bonneville Cabin at Round Pond.

Participants must be over 12 years of age for both courses.

The Hunting Safety Course is Sept. 15 from 6 to 10 p.m. and on Sept. 16 from 9 a.m. until 4 p.m.

A Bow Hunter's Safety Course will be held Sept. 21 from 6 to 10 p.m. and Sept. 22 from 6 to 10 p.m.

Bow Hunter's Safety Course participants must bring their bows and three arrows on the second day of class.

Participants must have prerequisites from both Hunter's Safety Courses to obtain a hunting license.

Register at the Round Pond office between 8 a.m. and 5 p.m. or call 938-2503.

Red Cross training

The American Red Cross is offering a Babysitting Training Course Sept. 16 from 9 a.m. to

4:30 p.m.

To register call 1-800-514-5103.

Oktoberfest '06

Come join us Sept. 29 from 7 to 11 p.m. for a night of German Food, dancing and fun at the West Point Club.

Advanced ticket purchases are recommended.

Tickets will be available at the door.

Call 938-5120 or 446-5504 for further details.

Hiking Trail renovation

Volunteers are needed to help renovate the hiking trail at Round Pond Sept. 30 from 9 to 4:30 p.m.

Refreshments will be served from noon to 1 p.m.

Volunteers may bring a side dish.

To volunteer for this event, call 938-8580/4281 by Sept. 25.

Please provide group name, number or participants and volunteers hours (half day, full day).

Group or individual volunteers are welcome. Any youth groups must be adult supervised.

Volksmarch

Volksmarch '06 will be Oct. 1 at Round Pond. Registration is from 10 a.m. to 3 p.m. with the event ending at 6 p.m.

Hike along a variety of scenic trails from one-to-four miles. A small fee will be charged to include food. Leashed pets are welcome.

For more information call Round Pond at (845) 938-2503.

ITR

More great Disney Cruise Line

rates just in to ITR.

For more information on rates, expert travel advice and to book your next cruise, call Deb at 938-2401.

Wee Ones play group

Family Advocacy's New Parent Support Program is hosting the Wee Ones Play Morning for infants through three years of age every Monday from 9:30 to 11 a.m. at the Post Chapel Nursery in Bldg. 791. For more info. call, 938-6497.

Beginning Sept. 18, the Wee Ones play group will change location. The group will meet at the ACS training room, Bldg. 622, instead of the Post Chapel Nursery. Hours remain the same. Call Family Advocacy at 938-3369 for details.

Immunization records must be up-to-date and brought with you to your first visit.

Keller Corner

Free developmental screenings

Free developmental screenings will be conducted at the Child Development Center in conjunction with Audiology, EDIS and West Point School Sept. 28 from 8:45 a.m. until 2 p.m. for ages birth to five years.

Screenings are by appointment only. Call 938-6868 to schedule one.

Thank you

The KACH Laboratory, along with Hudson Valley Blood Services and the C.W. Bill Young Bone Marrow Donor Program, wish to thank all those who participated in the Aug. 21-24 Blood Drive. Because of your unselfish efforts we were able to achieve a very successful blood drive.

New Lab hours

KACH Laboratory will be

open Mon., Tues. and Wed. from 7 a.m. to 5 p.m. and Thurs. from 7 a.m. to 1 p.m. and then from 3 to 5 p.m.

Patients who need fasting blood work done are advised to arrive between 7 and 9 a.m.

Clinical Breast study

Women ages 30 to 45 with military benefits are invited to participate in an ongoing clinical breast study.

The study is intended to test a new non-invasive scanning device to identify women at risk for breast cancer.

You may participate once or on a yearly basis.

Contact Joyce Epstein-Ross for more information at 938-8387.

Epstein-Ross' office is located on the KACH second floor in the OB/GYN clinic.

To schedule an appointment, call 938-7992.

What's Happening

IDs needed

The Directorate of Emergency Services now requires that all personnel, including cadets, who are running or bicycling off post, must show identification when returning to post.

Concession opportunity

The Directorate of Cadet Activities needs non-profit groups to support Army sports by operating a concession stand or booth. You staff, we train, and your group profits.

Contact Maria Hoagland to receive the Concession Profile Request or if you have any questions at maria.hoagland@usma.edu or call her at (845) 938-5490.

Catholic religious education

If you are new to West Point or an old-timer who has not yet registered or re-registered your children for religious education, stop by the Religious Education Office in the Cloister Room of the Catholic Chapel.

Opening day is Sunday. Most Holy Trinity offers classes for children four years old through 12th grade.

Classes for K-12 are held Sunday mornings on the third floor of Thayer Hall from 9:15 to 10:30 a.m.

Pre-K classes meet Sunday mornings in the Cloister Room at MHT from 9 to 10 a.m.

A Catechist orientation meeting will be held Monday at 7 p.m. in the Cloister Room at MHT.

RCIA Inquiry Night

Anyone interested in learning more about becoming a fully initiated member of the Catholic community is invited to an Inquiry Night Tuesday at 7:30 p.m. in Washington Hall's Room 5326.

For more information on any of these programs call Cindy Ragsdale at 938-8761.

Protestant Sunday School

Protestant Sunday School resumes Sept. 10 from 9 to 10 a.m. on the third floor of Thayer Hall.

Parking is available on the roof of Thayer Hall.

Nursery care is provided and classes for ages pre-K to high school are available.

Selected cadets energetically teach your children and thoroughly enjoy interacting with the kids.

Three adult classes are also offered.

Christian Principles for Daily Life, Integrating Faith, Family and Profession and Old/New Testament study.

Registration will occur at the Protestant Chapels beginning Sunday or call Chaplain Cynthia Lindenmeyer at 938-3412 or e-mail her at Cynthia.Lindenmeyer@usma.edu.

Building Commandant's meeting cancelled

The Building Commandant meeting scheduled for Tuesday on the USMA Master Schedule has been cancelled. It will be rescheduled at a later date.

Constitution Training Sept. 15

All U.S. Military Academy and West Point Military Reservation military including cadets and Department of Defense civilian personnel, are required to conduct the 15-minute Web-based Constitution and Citizenship Day training Sept. 15.

Go to <http://constitutionday.cpmos.osd.mil> to complete the training.

West Point Fall Yard Sale

The Fall Yard Sale is Sept. 16 from 9 a.m. until 3 p.m. with a rain date of Oct. 28.

Farmer's Museum

The Orange County Farmer's Museum, located in Montgomery, N.Y., at the intersection of Route

17K and Berea Road, will hold a Garden Tractor Pull Sept. 16 at 2 p.m.

There will also be a chicken BBQ and Tractor Pull Sept. 17.

Call (845) 457-2959 for more information.

Teen Fellowship

There will be a Teen Fellowship Youth group Meeting Sept. 17 from 5 to 6:30 p.m. at Sacred Heart School. All are welcome.

Contact Catholic Chapel of the Most Holy Trinity Youth Ministry Coordinator Brother Carlos Hernandez at 938-3621 for more information.

Privately Owned Weapons Ranges

Range Control will hold Privately Owned Weapon ranges at Range 5 from 9 a.m. to 4 p.m. Sept. 21 and 27; Oct. 12 and 14 and on Nov. 3 and 9.

4th Class sponsorship program

The 4th Class sponsorship program is now accepting sponsors for the Class of 2010.

To sign up for the program log on to <http://www-internal.uscc.usma.edu/>

This is an excellent program for cadets to gain exposure to military family life and for the sponsor to gain an insight into cadet life.

Sponsors must be either military Sgt. 1st Class or above; civilian GS-9 or above, Title X instructors or competitive sport coaches.

Sponsors must also either live on West Point, or within cadet walking privileges, or within several other geographic boundaries.

Call 938-8804/8145 for more information.

West Point Women's Club

The WPWC Gift Shop, located next to the MWR Fitness Center, is open on the Web at www.shopthepoint.com and will be open every Wed. from 10 a.m. to 2 p.m. beginning Wed.

For more information call 446-8798 or 446-1099.

WPWC has table decorations and other party items to rent.

Call 446-2974 for a complete listing of rental items.

Moms and Tots will have a playgroup Thursday at the Post Chapel playground.

For more information about Moms and Tots e-mail westpointmoms@hotmail.com.

WPWC will host their Community Welcome and Super Sign-Up Sept. 18 from 7 to 9 p.m. at the West Point Club.

There will be door prizes and complimentary hor d'ouvres. Reservations are not required.

Call Heidi at 446-2615 for more information.

DUSA

The Daughters of the U.S. Army will hold a Meet & Greet and Membership Drive Sept. 10 from 2 to 4 p.m. at the West Point Museum - DUSA Gift Shop.

Members receive 30 percent off purchases. Call Jessica Kirby at 446-1385 or Kim Paine at 859-4182 for more info.

DUSA Continuing Education grants for the fall will be accepted from Sept. 1 until Oct. 15. Call Heidi Robbins at 446-2615.

DUSA Employment Opportunities

Full-time store supervisor wanted. Thirty-five to 40 hours per week. Retail experience a must.

Part-time sales associate wanted. Twelve to 25 hours per

week.

Call 446-0566 for more information.

God's Gang

The God's Gang Wyldlife Family kick-off is Sept. 17 from 3 to 5 p.m. at Camp Buckner's Barth Hall.

The event is for sixth through eighth graders and their families. Call 938-5386 for more info.

Family Day

The West Point Alcohol and Drug Control Office wants to remind everyone that Sept. 25 is Family Day.

Family Day is a national promotion of parental involvement to reduce youth and teen substance abuse by engaging in quality family activities.

Since 2001, Family Day has been recognized annually on the fourth Monday in September.

According to the National Center on Addiction and Substance Abuse the more often families eat together the less likely youths and teens are to use illegal substances, smoke and drink.

For more information about Family Day call ADCO/ASAP at (845) 938-5847.

Tennis leagues, clinics

Lichtenberg Tennis Center has open courts Monday through Fridays from 9 a.m. until 3 p.m.

Call 938-6015 for court rates and to make reservations.

NOW SHOWING

in the movie theater at Mahan Hall, Bldg. 752

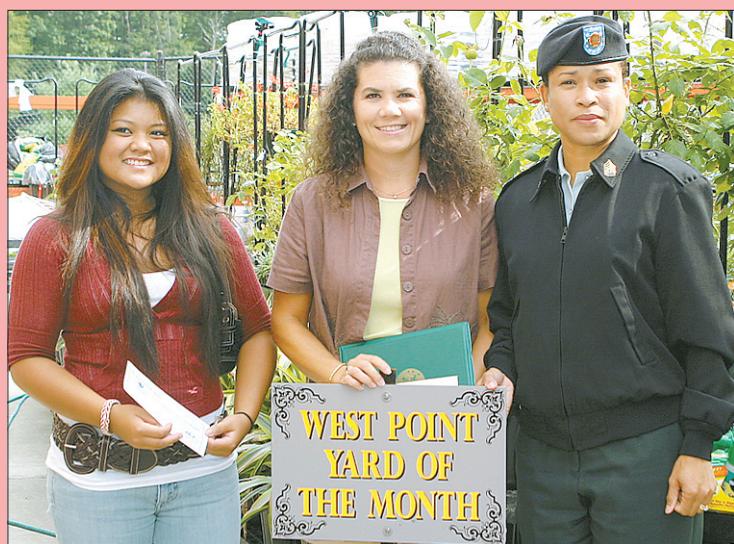
- Friday -- Lady In The Water, PG-13, 7:30 p.m.
- Saturday -- The Ant Bully, PG, 7:30 p.m.
- Saturday -- Miami Vice, R, 9:30 p.m.
- Sept. 15 -- Superman Returns, PG-13, 7:30 p.m.
- Sept. 16 -- Barnyard, PG, 7:30 p.m.
- Sept. 16 -- Talladega Nights: The Ballad of Ricky Bobby, PG-13, 9:30 p.m.
- Sept. 22 -- Talladega Nights: The Ballad of Ricky Bobby, PG-13, 7:30 p.m.
- Sept. 23 -- Step Up, PG-13, 7:30 p.m.
- Sept. 23 -- Snakes on a Plane, R, 9:30 p.m.

The theater schedule can also be found at www.aafes.com.

Solution to Weekly Sudoku

1	5	6	7	9	2	3	8	4
4	3	8	1	6	5	9	2	7
2	9	7	4	3	8	1	5	6
9	1	5	6	7	4	2	3	8
7	2	3	8	5	1	4	6	9
6	8	4	3	2	9	5	7	1
8	6	1	5	4	3	7	9	2
5	4	9	2	8	7	6	1	3
3	7	2	9	1	6	8	4	5

Yard of the Month Winners



The Yard of the Month winner and runner up for the month of August were, left, Sharon Goda, runner up, and winner Amy Yates, along with Garrison Command Sgt. Maj. Violet C. McNeirney. Sharon is the wife of Col. Bryan Goda, of 118A Washington Road, Old English housing area. Amy is the wife of Lt. Col. Dennis Yates of 556A Connor Road, New Brick housing area.

KATHY EASTWOOD/PV

Army and Community Sports

Army looks for first home opening win since 1996

Story and photos by
Eric S. Bartelt
Assistant Editor

Trying to rebound from a season-opening 14-6 loss to Arkansas State last weekend, Army's home opener Saturday is against Mid-American Conference opponent Kent State at 1:05 p.m. at Michie Stadium.

Kent State (0-1) opened their season with a 44-0 loss at home to Minnesota, but did come away with some positives on the offensive side of the ball despite the shutout.

Freshman running back Eugene Jarvis ran for 115 yards on 15 carries and at 5'6", 158 pounds, much like his running back counterpart at Army, he uses his speed to make up for what he lacks in size.

"On Saturday afternoon, we will have the two smallest running backs in the country playing, but I will tell you that they're both jack rabbits," said Army head coach Bobby Ross. "Jarvis is a lot like our guy (Wesley McMahan) in that he's very quick and has great explosion. When he hits into the seam he just accelerates."

Army is going to pay close attention to the running game this week after giving up 222 yards on the ground to Arkansas State. They don't want to make the same mistakes twice.

"They have more of a pass-oriented offense, but their running

back is shifty and fast and like every game it's important to shut down the running game," said senior defensive end Cameron Craig. "It's a team's base, if they can establish a running game then they can control the game. If we can shut (Jarvis) down then it makes them more one-dimensional, so it's going to be important to shut down their running game."

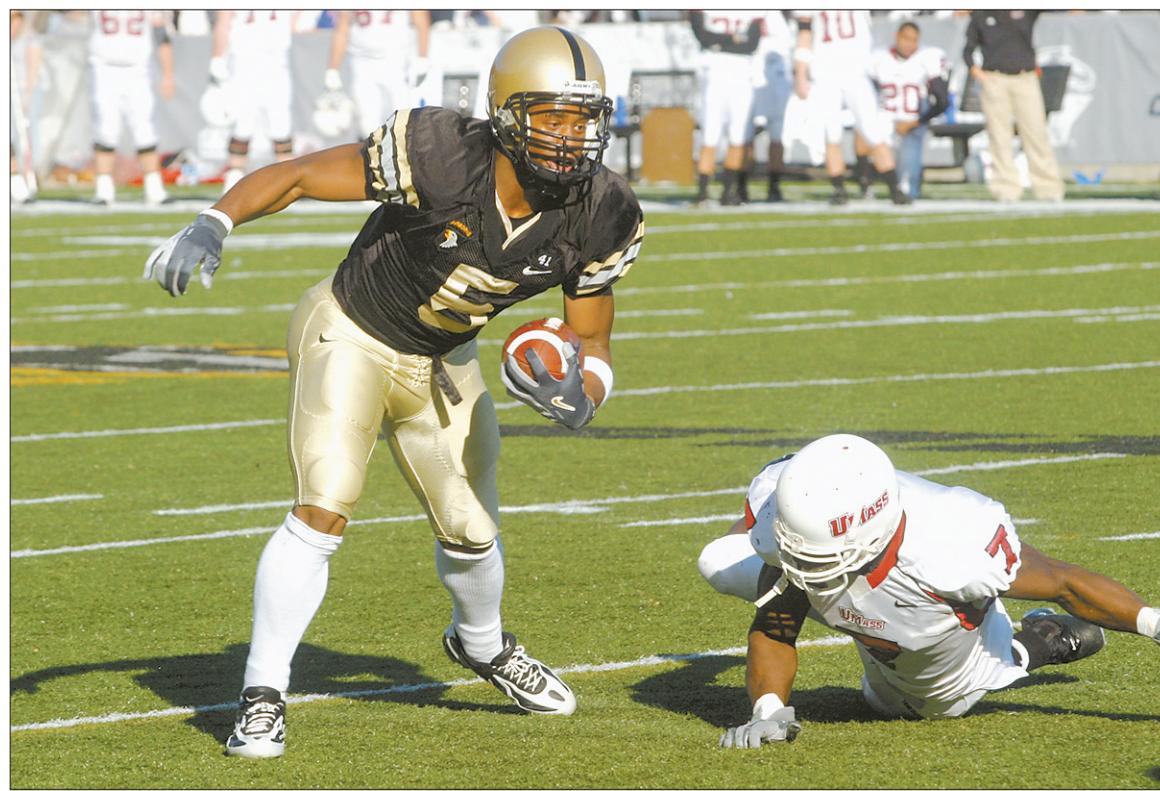
Despite the rushing yardage piled up by ASU, the defensive line made steady improvements as the game progressed, forcing three fumbles and sacking the Arkansas State quarterback three times.

Craig had two sacks, including a school-record sack (12), and was a bright spot to Ross in the first game.

"Cameron had an outstanding game, both against the run and the pass," Ross said. "He was up against their best offensive lineman (tackle Matt Mandich) and he did a really good job on him and more than held his own."

Craig had help on the other side of the line as junior John Wright recorded a sack and added six tackles. Wright and Craig combined for 15 tackles total.

"A very positive part of our game was the pass rush out of our ends, which we haven't gotten much in the past," Ross explained. "(Wright) always plays hard and he's a disruptive player who makes



Junior wide receiver Jeremy Trimble led the Black Knights in receptions against Arkansas State with six. He also returned punts and had a 6.5 yards per return average on six punts.

things happen ... he's always going to give you 100 percent effort."

Wright may start again this week due to junior defensive end Brandon Thompson's bruised shoulder, but Ross is hoping he'll get in there this week.

"We don't know yet (on Thompson's status). He did workout some (Monday), but not at full speed," Ross said. "He has a badly bruised shoulder that is slow in coming around and hopefully we can get him back soon. He's a disciplined football player and plays extremely well (and) we can use him."

On the other side of the ball, Army had a rough time moving the ball while junior quarterback David Pevoto completed 12 of 23 passes for only 95 yards and a back-breaking interception toward the end of the game at Arkansas State's 22-yard line. But, Pevoto is moving on and looking toward his first chance at redemption Saturday against Kent State.

"I was upset. It was a mental mistake (the interception at the end of the game)," Pevoto said. "We had an opportunity to score there to tie and possibly go into overtime. We've just got to go out there and play as good as we can, execute well and minimize our mistakes."

Pevoto found a security blanket in junior wide receiver Jeremy Trimble who caught six passes for 60 yards and he also returned six punts for 39 yards. Unfortunately, he had a 26-yard return taken away by a holding penalty.

"Trimble played a very fine football game," Ross said. "I thought our punt return game looked very good and Trimble did a fine job with it."

Trimble, who hasn't returned punts since he's been at West Point, found his groove after the first couple of returns.

"I was a little nervous the first time back there, but after you get a couple under your belt you feel confident," Trimble explained,

"and by the end I was getting the hang of it. Hopefully I'll get the good blocks and break one open this week."

In spite of the opening day loss, the Black Knights as a whole, have a positive outlook heading into this weekend and they are ready to go out and perform well for the home crowd.

"I'm excited. I'm glad we're at home this week and have the home crowd on our side cheering for us," Craig said. "I'm definitely looking to get a win Saturday because it's been a while since we won a home opener."

Army has not won its home opener since a 37-20 victory over Ohio to start the 1996 season.

Saturday's game is televised on ESPN Classic with a 1:05 p.m. kickoff start.

The game can also be heard on the radio through the Army Sports Network on 77 WABC (770-AM), WBNR (1260-AM) and WLNA (1420-AM).



Senior Cameron Craig opened the season last week with two sacks, which included breaking the Army career sack record. He also finished second on the team in tackles during the game with nine and three of those tackles were for a loss.

Miscellaneous Game Day notes

- America's Tailgate at Black Knight Alley will open at 10 a.m.
- The gates to Michie Stadium will open at 10 a.m.
- West Point parking lots will open at 6 a.m. for tailgating.
- The Cadet Review on the Plain will begin at 10 a.m.
- Shuttle buses across post for game day begins at 8 a.m.
- Discounted tickets are available for all military personnel and their families at the Army Ticket Office or online at www.goARMYsports.com.

Force protection, shuttles buses, notes for game day

Compiled by Jim Fox
Editor

In order to better protect West Point residents and the Corps of Cadets during the home football game Saturday versus Kent State, the following force protection measures and restrictions will be in effect:

Military Police will patrol the housing areas throughout the day. Housing area residents are requested to notify the Provost Marshal of any suspicious activity in the housing areas on game day. Residents are reminded to ensure their quarters are secured while attending the football games.

The following areas are “**No Parking Areas**” in support of football operations and Force Protection. Any vehicles remaining after 10 p.m., tonight, may be towed:

Jefferson Road, Brewerton Road, Scott Place, Doubleday Lot, Clinton Lot, Cullum Road, Tennis Court Lot, Kosciusko Statue Lots, Lettered Lots AAA, A, B, C, D, E, F, G, H, K (Old PX/Fitness Center), WP School, and J Lot, Buffalo Soldier Field and Hotel Thayer Lots, Bldg 639 Lot, South Dock (All Areas), Lots surrounding Garrison Headquarters, Eisenhower Hall Lots, Keller Hospital Lots, Townsley Road and Upton Road on the East Side of Gillis Field House.

All employees and West Point residents requiring access to the Central Area are encouraged to park in the Upper parking lot near Building 606 and along Thayer Road.

Road Restrictions and Closures:

1. Cullum Road from the

entrance to Thayer Hall roof to the Intersection of Washington Road and Parke Road in front of the Commandant’s quarters. This portion of Cullum Road will be closed to all through traffic during the parade ceremony from approximately 9:50 a.m. until the completion of the parade.

2. All roads leading to Michie Stadium will be blocked near the stadium beginning around 8:30 a.m. Only vehicles with a proper vehicle exception pass or under MP escort will be allowed past the blocking positions around Michie Stadium.

3. Fenton Place will be one-way south from Engineer Platoon Headquarters to Mills Road effective 8:30 a.m. -- until traffic departs.

4. Delafield Road is open both ways for personnel traveling to the CDC, PX and Stony Lonesome Housing Area. No parking on roadway.

5. Stony Lonesome Road will be one-way North from the Delafield Road intersection to the Washington Road intersection for approximately 30 minutes after the game to facilitate the Blue Route shuttle.

Handicapped parking and shuttle services are available in H Lot (PX/Commissary Lot).

General Information:

1. Stadium gates open at 10 a.m.

2. Those attending the game at Michie Stadium will first pass through security checkpoints in the vicinity of gates 1, 3, 6, 6A and 7. Each security point will have an “EZ Pass” lane set aside for DOD personnel (both military and civilian) with DOD ID. They must

accompany family members and guests. Family members and guests must be able to present photo ID (16 years of age and older).

3. All bags and purses will be searched at the security checkpoint.

4. No weapons or alcohol are allowed in the stadium

5. RV parking is available at North Dock.

6. Walking and using shuttle buses are highly encouraged.

For more information about force protection issues call Joe Senger at 938-8859.

Shuttle bus service

Shuttle bus service will be operated by contract school buses. No fares will be collected. The shuttle transports spectators from outlying areas to the Central Post Area for the Brigade Review and then to Michie Stadium. Buses begin operating one-and-a-half hours prior to the start of the review. Buses will stop shuttling at the start of the review.

Return trips to the outlying areas will commence immediately after the review. Each lot is color-coded corresponding to each color-coded bus route.

Post-game Shuttle Service

The post-game shuttle bus service transports spectators from Michie Stadium to the parking and housing areas. Buses will be staged at the stadium and will depart when fully loaded.

1. **Handicapped Shuttle Service** (H-Lot/Commissary lot): Gate 3 and Gate 6.

2. **Blue Route, Lee and 500 Area:** Buses will stage on Stony Lonesome Road, in the vicinity of the Flight Memorial.

3. **Red Route and Stony Lonesome Housing:** Buses stage in front of Howze Field.

4. **Green Route** (South Areas): Buses will stage on Howze Place.

For more information on shuttle buses call Carmine Rizzo at 938-2808.

Michie Stadium Information

Prohibited Items

The following items are prohibited from Michie Stadium: bags (except diaper bags), backpacks, umbrellas, artificial noisemakers, laser pointers, containers of any kind, coolers, bottles, cans and animals (except service animals to aid guests with disabilities). The possession or consumption of alcoholic beverages is also prohibited inside Michie Stadium.

Lost and Found

Following the game, all inquiries regarding lost items should be made to the Provost Marshal’s Office,

Bldg. 616, or by phoning (845) 938-5207 or (845) 938-3333. During the game, contact your nearest usher for information on retrieving lost items.

Handicapped Services

Handicapped parking accommodations are located in H Lot. A handicapped license plate, state registration or handicapped parking pass is required to gain entrance to the area.

Shuttle buses depart regularly from H Lot to Michie Stadium. A wheelchair-accessible bus will transport fans to Gate 6. Fans, without wheelchairs, in need of assistance will be dropped off at Gates 3 and 6. All fans should meet their post-game shuttle bus at their respective drop-off points. Wheelchair seating is located at the top of Sections 8 through 11 and 14 through 17.

[*Editor’s Note:* The force protection and athletic communications offices and the directorate of logistics supplied

Mighty Mites win youth league opener

**By Ben Liotta
President, Junior Black Knights
Youth Football**

Four Junior Black Knights teams of the Town of Highlands/West Point Youth Football League opened their seasons Sunday.

The Mighty Mites (5, 6, 7-year-olds) opened their season in Pine Bush and came away with a four touchdown to none victory. (Mighty Mite games are not scored like the other divisions, TD's are counted as one point.)

Second-year running back Mitchell Morales had two touchdowns and Jean-Carlo Berrios also added two scores. The Mites open their home season this weekend against Marlboro at Michie Stadium.

Divisions 1, 2, and 4 all played against teams from Wallkill, and all came away with losses. D1 (ages 8, 9) played a hard-hitting game against the Panthers at home and lost 33-21. Most of the points were scored in a wild first half that saw six touchdowns scored between the two teams.

Quarterback Malik Johnson scored on a 65-yard TD run on the first play of the game, and he also added another score. Quarterback/running back Robert McGuinness

did a good job blocking for Johnson and also had hard hits on defense.

Division 2 (ages 10, 11) opened on the road in Wallkill and fell 25-7. The Junior Black Knights defense had two goal line stands early in the game, but a fumble inside their own five yard line led to a quick Panther score.

Wallkill added another TD, and then Derricke Shrieve answered with a 65-yard TD run to close the lead. The Panthers made it 25-7 early in the third quarter. Wing back Luke Vargas added a 27-yard run late in the game, but it was not enough to jump start the Junior Black Knights. D2 is home at Michie Stadium this Sunday against Pine Bush.

The D3 defending champions, moved up to Division 4 (ages 12, 13, 14) this season also fell to Wallkill, 30-6. The Junior Black Knights, playing in the division usually meant for larger towns were able to hold their own in the first half against the Panthers. James Santiago punched in a 10-yard quarterback sneak to keep the Junior Black Knights close, but Wallkill eventually wore down the Junior Black Knights.

D4 joins D1 in Pine Bush this Sunday in a game against the Bushmen.

HOME SPORTS SCHEDULE

Sept. 15

- Women's Volleyball vs. The Citadel, 6 p.m.
- Women's Soccer vs. Air Force, 7:30 p.m.

Sept. 16

- Men's Soccer vs. Colgate, 1 p.m.
- Women's Volleyball vs. Radford, 2 p.m.
- Women's Volleyball vs. Liberty, 6 p.m.
- Men's Rugby vs. Northeastern, 5 p.m.

Sept. 17

- Women's Soccer vs. Fairfield, 1:30 p.m.
- Sprint Football vs. Pace JV, 2 p.m.

Sept. 30

- Football vs. Rice, TBA