

July changes (as of 7/19)	
C FUND	-- 0.72 percent
I FUND	-- 3.30 percent
S FUND	-- 2.85 percent

Federal employees flocking to the 'L fund'

By Irene Brown
Chief, Command Information

Government employees are signing up for the lifecycle funds of the Thrift Savings Plan in far greater numbers than officials initially predicted.

According to officials from the Federal Retirement Thrift Investment board, roughly 9 percent of TSP participants have added the L Fund to their portfolios. Officials had projected that only 5 percent would participate during the first two years.

"The participation rate has blown the doors off our wildest expectations," said Gary A. Amelio, the board's executive director.

The Thrift Savings Plan, a 401(k)-type program, features a government securities fund, stock funds and a bond fund. The L Funds build on the other funds and let participants select an investment mix based on the time they expect to

retire. The funds include an option, the L Income Fund, for those who expect to retire soon, Amelio explained, and four others for those with more distant retirement dates, known as the 2010, 2020, 2030 and 2040 funds.

The most popular L Funds are the 2020 for employees covered by the Federal Employees Retirement System, 2010 for employees in the older Civil Service Retirement System and 2030 for the military and other uniformed personnel, according to TSP data.

Despite the good start for the L Funds, not all investors turned to them when the stock market plummeted last month. The data shows that roughly 215,000 participants took several million dollars out of the international and domestic stock funds and transferred \$134 million into the L Funds and \$1.66 billion into the G Fund, which allows federal

'L' Fund cont. on pg. 3



Cadet Field Training in full swing

A cadet second class fires his vehicle's .50 caliber machine gun into the woods just off of Mine Torne Road during Cadet Field Training while taking part in the convoy reaction lane July 13. The mission was to clear the road of improvised explosive devices and fight off insurgents during the Operation Highland Warrior portion of CFT.

SPC. BENJAMIN GRUVER/PV

INSIDE



Top Chinese officer visits West Point, D.C, NYC

Compiled by Jim Fox
Editor

Gen. Guo Boxiong, vice chairman of the People's Republic of China's Central Military Commission, the equivalent to our Secretary of Defense, visited the U.S. Military Academy Thursday.

U.S. Military Academy Superintendent, Lt. Gen. Franklin L. Hagenbeck, briefed Guo on West Point and led him on a tour of cadet central area during his time here.

The visit was part of Guo's first visit to the U.S., which began earlier this week.

Defense Secretary Donald H. Rumsfeld hosted China's senior military officer in Washington, D.C. Tuesday to build on the growing U.S.-China military relationship and discuss issues of mutual interest, including North Korea.

Guo also visited the Pentagon Tuesday.

Guo and Rumsfeld spent about an hour and a half talking about a wide range of issues, from North Korea's nuclear program to plans for the two countries to participate in a search-and-rescue exercise, a senior defense official told Pentagon reporters following the meeting.

That exercise is expected to take place later this year within the context of the Military Maritime Consultative Agreement, the official said.

Rumsfeld and Guo also discussed U.S. interest in repatriating missing U.S. servicemembers lost over Chinese territory, the official said. Among them is a former comrade of Rumsfeld, Lt. James Deane Jr., a Navy pilot whose plane was shot down off the China coast in August 1956.

The secretary also urged Guo to participate in the sessions of the Asia Pacific Center for Strategic Studies in Hawaii as well as the annual

Shangri-La Dialogue in Singapore, both of which promote regional understanding and cooperation.

China opts out of both sessions due to Taiwan's participation, the

VISIT, cont. on 4



Vice Chairman of the People's Republic of China Central Military Commission Gen. Guo Boxiong, (left), is escorted into Thayer Hall Thursday by U.S. Military Academy Superintendent Lt. Gen. Franklin L. Hagenbeck. Guo was briefed and given a tour of cadet central area during his visit.

SPC. BENJAMIN GRUVER/PV

NEW CADET VISITATION DAY, see page 6

We are 'An Army of All'

**Commentary by
Maj. Carlos C. Huerta
Jewish Community Chaplain**

It's that time of the year again, time for mandatory training. From ethics to sexual harassment, workplace violence to suicide prevention, most of us feel the only thing this type of training offers is a chance to sit in air conditioning and daydream.

However, the extraordinary times we live in now are a good reason to re-evaluate the training we experience and use it to improve our everyday lives.

The other day, I received an e-mail from someone working at West Point. He asked me if I would be willing to write an article about plain old kindness and decency. He said that as beautiful as the physical surroundings are here, that beauty is marred by how inconsiderate and rude people treat each other. He felt that so many times in the

course of the work day he has had to deal with rude superiors, rude subordinates, rude customers and rude fellow workers.

West Point, he said, would be ideal if only the people here were kinder to each other.

I was thinking about that e-mail when I was stopped by the MPs on my way to get a cup of coffee at Bistro. As I sat there, annoyed by the traffic and annoyed by the delay, my annoyance disappeared quickly when I found out the delay was for the funeral procession of a graduate killed in Iraq.

And that's when it struck me. I shouldn't have gotten annoyed in the first place, after all, the MPs were only doing their jobs. This episode, coupled with the worker's e-mail, made me realize that we are all connected to each other in ways we do not fully understand.

Some say we are an Army at war, a phrase I dislike as it is not true. We are a nation at war. The

trauma of war affects all of us, whether we are on the battlefield or not, whether we think so or not. Our children are also vulnerable. They feel the pressures of society through marketing, news, the Internet and parents' absences.

Perhaps we are rude to each other because it hurts so much to see the faces of the cadets we knew so well come home to be buried. Perhaps we are impatient with each other because we have children or friends on the battlefield and we wake up every morning wondering if we will see them again. Perhaps we don't treat each other with

the dignity and respect deserved because we live under constant stress knowing that we, in fact, are connected to each and every Soldier fighting for our freedom.

We read about Soldiers everyday, see them in the news and hear of their sacrifices and commitment to duty. We owe them a workplace where every worker is treated with kindness, consideration and dignity. We owe them our attention during training and our willingness to use what we learn.

The importance of listening and learning was especially evident

when I was preparing for suicide prevention training and I came across some sobering numbers.

Over the last two years, suicides in the Army have grown to their highest levels in a decade. The most difficult figure to deal with is that more than 42 percent of those suicides were committed by Soldiers on the battlefield or those who have been home less than a year. In 2006 alone that number is up 36 percent.

So isn't paying attention during those mandatory training sessions little enough for us to give back to these warriors? Especially since the life we save may belong to one of those battlefield veterans trying to find a way home.

SARP INFO

The members of the Sexual Assault Response and Prevention Team are Col. Jeanette McMahan, Shelley Ariosto (Garrison), Maj. Samantha Breton (USCC), Maj. Kim Kawamoto (ODIA) and Catherine Ruvolo (Dean).

Community members can e-mail McMahan at Jeanette.McMahan@usma.edu for advice or to offer any recommendations on the program here.

Cadets can also call the sexual assault support helpline at (845) 591-7215.

West Point Soldiers and civilians needing assistance can call (845) 938-3369.

Weekly Sudoku by Chris Okasaki, D/EECS

Rules: Fill in the empty cells with the digits 1-9 so that no

						6		4
2		5			6			
	4			1		2		
		2		9			5	
8								2
	1			3		4		
		3		6			8	
			8			3		7
7		1						

Difficulty: Hard

digit appears twice in the same row, column, or 3-by-3 box.

See Solution on Page 13

POINTER VIEW®



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Community student receives national award

Submitted by the Alexander Hamilton Friends Association

SEATTLE -- Justin A. Bourque, a student at James I. O'Neill High School in Highland Falls, and a West Point resident, has received The Alexander Hamilton Citizenship Achievement Award for superior citizenship and achievement in a national competition announced Monday.

The award, called 'Hammie' for short, is given annually by the Alexander Hamilton Friends Association of Seattle. It includes a cash award, certificate, copy of the biography, *Alexander Hamilton*, autographed by its author Ron Chernow, and an opportunity to qualify for a one-week all expense paid "leadership academy" in Seattle in June 2007. Bourque completed his sophomore year in high school this spring.

The Alexander Hamilton Citizenship Achievement Award, now in its second year as a national award, is given to freshmen, sophomores and juniors

of accredited secondary schools throughout the United States.

"Alexander Hamilton was affectionately called 'Hammie' during the revolution by his peers on Washington's staff, so we call it the 'Hammie Award,'" said George Cox, AHFA founder and president.

Winners are judged on their achievements and community service. Achievement criteria are personal, scholastic and entrepreneurial. Service includes service to the community at large and service to the student's school.

"The award is competitive, but all winners must be rated superior in at least one achievement criteria and at least one service criteria," Cox said. "Our goal is to identify young people who are capable of achieving great things in their lives, and we believe Justin is such a person."

When Bourque's achievements are reviewed it is easy to see why the Seattle-based organization was so impressed with him.

Bourque is a top student-athlete at his school. He takes advanced placement courses and participates in varsity cross country, junior varsity baseball and ski racing.

His community service work reflects the fact that he is an Army "brat" -- his projects tend to be of high impact and short duration. He worked on Habitat for Humanity prior to moving to West Point, where his father, Col. Alan Bourque, the Chief of Staff for the U.S. Corps of Cadets, is currently stationed.

While Bourque says it is "unfortunate" there are no Habitat for Humanity volunteer centers near West Point, he found an equally challenging project. Late last year he conceived of a project to clean the approximately 2,000 headstones in the West Point cemetery.

The cemetery contains the remains of hundreds of bona fide American heroes, including military leaders from the Civil War to the present plus numerous Medal of Honor recipients. Bourque planned the cleaning detail, raised

funds for the effort and executed it to perfection.

His "command" included a company of approximately 100 West Point cadets -- probably the only time in academy history when a high school student was in charge of so many future military leaders.

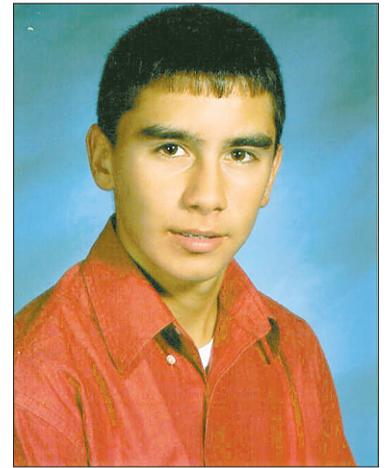
The project satisfied his community service requirements to become an Eagle Scout.

Bourque is active in scouting, participates in Young Life, a Christian youth group, and calls himself "a driven young man." He wants to get into a top university and calls his family his support system.

"My parents are always trying to push me in the right direction," Bourque said. "I also ask my older brother for advice often."

Bourque's brother, Jason, is a member of the cadet Class of 2009.

"Alexander Hamilton was a visionary in his day and he made a huge difference -- it has been said we may celebrate Jefferson, but



Justin A. Bourque
PHOTO COURTESY OF AHFA

we live in Hamilton's America. And America continues to produce young Hamiltons with the potential to lead," Cox added.

In its first two years, the AHFA has recognized over 60 young people for superior service and achievement. "Hammie winners are amongst those who, with proper inspiration, will aspire to greatness," said Cox.



Commander's Award

Thayer Hotel Manager, Don Sagaria (left) receives the Commander's Award for Public Service from Geoffrey Prosch, principal deputy assistant secretary of the Army, for installations and environment. Sagaria was instrumental in strengthening the ties between the U.S. Military Academy and the Village of Highland Falls through the Army-Community Heritage Partnership Program. KATHY EASTWOOD/PV

"L'Fund, cont. from page 1

employees to earn rates of interest similar to those of long-term government securities without risk of losing principal and with little

volatility in earnings.

Overall, the TSP has more than \$185 billion in assets and more than 3.6 million participants.

Evacuation capacity of U.S. citizens in Lebanon increasing daily

By Jim Garamone
American Forces Press Service

WASHINGTON -- U.S. evacuation capacity in Lebanon was expected to double each day for the next few days, a senior defense official said Wednesday.

Tuesday, between 250 and 300 Americans left Lebanon in the face of fighting between Israel and the terrorist group Hezbollah. U.S. military helicopters airlifted 120 U.S. citizens to Cyprus, while another 150 to 200 citizens left the country aboard a Norwegian vessel.

This morning, the Defense Department-chartered Greek motor vessel Orient Queen left the pier in Beirut and carried about 900 U.S. citizens on board.

The Navy amphibious ship USS Nashville has arrived in Cyprus and was to join evacuation efforts Thursday, the official said. This will increase the evacuation capacity to

2,000 people per day. The arrival of other craft -- including other Navy ships and another contract vessel, the Rahmah -- will boost the capacity to 4,000 per day by today.

Two destroyers - the USS Gonzalez and the USS Barry - were operating in the area Wednesday. The ships are providing protection for contract carriers and other U.S. warships. "Committed to the operation, but not yet directly involved in the operation, is the Iwo Jima, Whidbey Island, Trenton and HSV-Swift," the senior official said. "They are committed; we will see if they are needed or not."

The evacuation is a complex operation involving DOD and State Department personnel. The State Department directs the effort and collects the data from Americans who wish to leave the country. The paramount mission for the U.S. government is the safety of Americans who wish to evacuate,

officials said. "Our goal is to continue to have excess capacity to what is required by the State Department," the DOD official said.

A "permissive" threat environment exists in Beirut right now, officials said, adding that they continue to monitor the situation very closely and are prepared for any contingency.

The Marines aboard the Iwo Jima Expeditionary Strike Group bring a capability that will ensure the safety of American citizens in the evacuation. The sailors and Marines aboard the ships have rehearsed non-combatant evacuation procedures as a part of the typical training before a deployment, said Marine officials here.

Once the evacuees arrive in Cyprus, they become the responsibility of the State Department, which documents them and helps them find a way

back to the United States. The military has "rudimentary" medical facilities available in case of need, the official said.

The operation is under the command of Marine Brig. Gen. Carl Jensen, the commander of Task Force 59. It is based in Cyprus.



A woman and child are guided to the terminal as they exit a U.S. Marine Corps CH-53 Super Stallion helicopter at Royal Air Force Base Akrotiri in Cyprus following their flight from the U.S. Embassy in Beirut, Lebanon, Monday. At the request of the U.S. Ambassador to Lebanon the U.S. military is helping evacuate U.S. citizens from Lebanon. DOD PHOTO BY PETTY OFFICER 1ST CLASS MICHAEL B.W. WATKINS/USN

VISIT, cont. from page 1

official said.

Tuesday's visit reaffirmed commitments expressed by both U.S. and Chinese leaders and their mutual interest in promoting military-to-military relations, the official told reporters.

Rumsfeld and Chinese Defense Minister Cao Gangchuan agreed to that goal and committed to bringing the U.S.-China defense relationship up to par with progress in the political and economic realms during Rumsfeld's three-day trip to China in October 2005.

President Bush and Chinese President Hu Jintao reaffirmed this commitment in April, agreeing to step up cooperation and provide a more unified front against terrorism, North Korea's and Iran's nuclear programs, and other global security threats.

Guo began his visit Tuesday with a tour of the USS Ronald Reagan aircraft carrier and the 3rd Marine Aircraft Wing in San Diego.

He was scheduled to meet with Secretary of State Condoleezza Rice later Tuesday and to attend a dinner that night hosted by Marine Gen. Peter Pace, chairman of the Joint Chiefs of Staff.

Guo was also scheduled to deliver a speech Wednesday at the National Defense University in Washington.

After his visit Thursday to



Secretary of Defense Donald H. Rumsfeld and Vice Chairman of the People's Republic of China Central Military Commission Gen. Guo Boxiong listen to China's national anthem during welcoming ceremonies Tuesday at the Pentagon. Rumsfeld and Guo met to discuss regional and international defense issues of mutual interest.

DOD PHOTO BY STAFF SGT. GARY HILLIARD, U.S. ARMY.

West Point he heads to New York City for two days of cultural activities and meeting, a defense official said.

[*Editor's Note:* Information was used from a story by the American Forces Press Service's Donna Miles.]

Army nears end of AG Corps realignment

WASHINGTON (Military Report) -- The elimination of enlisted military occupational specialty 42L (administrative specialist) Oct. 1, 2007 marks the end of the Army's realignment of the Adjutant General's Corps.

The specialty shuffle involved the Regular Army, National Guard and Army Reserve.

The AG Corps realignment, which began five years ago, involved more than 50,000 enlisted and officer specialties.

It is part of a major initiative to streamline the delivery of personnel services while reducing the support forces needed to deliver those services.

The elimination of 42L will require the conversion of roughly 420 remaining administrative specialist authorizations to MOS 42A, human resources specialist.

To prepare for the consolidation, the Basic and Advanced Noncommissioned Officer Courses for 42L and 42A merged June 30.

Additionally, 42L Soldiers in the ranks of private through sergeant first class must complete an online distance learning transition course for 42A.

Failure to complete the course will result in the award of 42A with a skill identifier indicating the Soldier is not MOS-qualified and subject to possible involuntary reclassification to another specialty to meet the needs of the Army.

Soldiers who completed the 42A Advanced or Basic NCO courses or 42A advanced individual

training after Jan. 1, 2005, are exempt from taking the distance learning course.

Soldiers with 42L and 42A MOSs will compete for future 42A requirements beginning with the fiscal 2007 master sergeant board that meets in October.

Promotions to sergeant and staff sergeant will occur in 42A only after Oct. 1, 2007.

Soldiers who have not completed the 42A course or who are otherwise not MOS-qualified will not be considered for promotion.

Community Features and Photos

Healthwatch: Skin infections and drug resistant germs

By Preventive
Medicine &
Wellness
Keller Army
Community
Hospital



An increasing number of people of all ages are being diagnosed with skin infections caused by a drug resistant germ. This germ, a bacteria called Community Associated or Community

Acquired *Staphylococcus aureus* (CA-MRSA) can infect people of all ages and has been reported in many states across the country.

Infections caused by CA-MRSA are usually minor in the form of skin and soft-tissue lesions such as pimples, boils, abscesses, cellulitis or impetigo. In severe cases CA-MRSA can cause pneumonia and bloodstream infections. Many CA-MRSA infections are misdiagnosed as spider bites or insect bites.

CA-MRSA is spread primarily by direct skin-to-skin contact with an individual who is a CA-MRSA bacteria carrier or who is infected with CA-MRSA. Transmission occurs from the hands of a healthy carrier or the



A CA-MRSA infection. CDC PHOTO

drainage from an infected lesion or wound. Additionally, infection can spread from a contaminated surface. Close living quarters, sharing personal items, warm weather and poor hygiene may contribute to transmission and subsequent infection with CA-MRSA.

You can help prevent the spread of CA-MRSA infections by keeping cuts and scrapes clean and covered. See a healthcare provider promptly if you develop signs and symptoms of infection such as painful, red, warm, oozing skin. Take all medication when prescribed and do not share medications with others.

Follow directions for wound care, dressing change and dressing disposal provided by your healthcare provider.

Keep common areas in your home clean. You should clean kitchen and bathroom sinks and drain daily with a mild bleach solution.

About three times a week, clean all faucets, appliance handles and flush handles focusing on "high touch" areas.

Once a week clean toilets, shower or tub and drain, kitchen and bathroom floors and bathroom countertops.

For more information contact your healthcare provider or log onto the site at http://www.cdc.gov/ncidod/dhqp/ar_mrsa_ca_

Preventing CA-MRSA Infections

- Wash hands frequently with soap and water
- Use an alcohol-based hand sanitizer when soap and water are not available
- Shower daily using clean dry towels
- Do not share towels, soap or other personal care items
- When doing the laundry, prewash and rinse items that may have been contaminated with body fluids, then wash clothes for a full cycle in hot water and dry on the hottest cycle
- Clean commonly shared surfaces at least weekly using a commercial disinfectant or a fresh (mixed daily) solution of one tablespoon bleach in one quart of warm water
- Keep fingernails short
- Avoid jewelry and artificial nails that trap bacteria and prevent good thorough hand washing
- When at the gym: Clean athletic equipment/surfaces that you share with others before you use it
- Avoid contact with other people's wounds/infections

New Cadet Visitation Day gives Class of 2010 time to relax

Story and photos by
Kathy Eastwood
Staff Writer

Nearly 1,300 new cadets half way through cadet basic training or 'Beast Barracks', took a break Sunday by visiting community member's homes for food, soft drinks and phone calls.

"It used to be that cadets were more interested in the food because it gave them a break from the mess hall food," said Nancy Flowers, who hosted 21 cadets at her home. "Now they are more interested in the cell phones to call home."



A new cadet relaxes as he speaks to family members.

Many of those 21 new cadets will be part of the Army softball team under softball coach, retired Col. Jim Flowers.

Once a year, community volunteers treat new cadets to a relaxing afternoon of experiencing military family life where they meet other new cadets and to give them

a well-earned rest from marching and intensive initial training. New Cadet Visitation Day is the first time new cadets can call home and receive boxes of goodies from their families.

One new female cadet enjoyed the chance to relax and have someone actually call her by her

first name, which she jokingly said, she almost forgot.

Another new cadet called home while opening up her package, which included photos and her favorite sweets.

"I got cookies," she said.

The conversations generally turned to their experiences on

Reception Day and during Beast Barracks.

"I had a lot of problems carrying my bag around on R-Day and kept dropping it," said one female new cadet. "I think I had to report to the 'cadet with the red sash' 25 times, at least."

New cadets also shared their impressions of Beast as they go through the physically and mentally demanding training.

"Beast is okay, I don't seem to be having any problems," one new cadet said. "The cadre is great and I think that has helped a lot."

Another new cadet had a different impression.

"It's effective although I can't say it's fun," he said. "I'm learning a lot, especially about discipline and I know I'll make it."

The new cadet also talked about what he misses most in civilian life.

"Free will," he said.



A new female cadet opens a goody package from home containing photos and cookies while she phones home. New Cadet Visitation Day is the first time new cadets can call home.



Food and drinks take second place to cell phones.



Four new cadets open packages from home and make calls as they relax. Community members host New Cadet Visitation Day to allow new cadets a chance to relax and meet other new cadets half way through Beast Barracks.



A new cadet, and a soon-to-be member of the Army softball team, talks of her experiences to Nancy Flowers and Gwenn Wallace (far left) and fellow new cadets.

Directorate of Plans, Training, Mobilization, Security up and running

By Eric S. Bartelt
Assistant Editor

Military-to-civilian conversions have been prevalent at West Point, much like other Army installations, to help the Army place Soldiers in troop units rather than in a garrison environment.

Within the past year during a time of transition, the Directorate of Plans, Training, Mobilization, Security has taken over the duties of plans and operations once held by 1st Battalion, 1st Infantry's operations (S-3) section for the garrison commander.

As of June 26, DPTMS now has a new director, Charly Peddy, who becomes the first DPTMS after serving three years as the contractor anti-terrorism officer here. His new job will be bringing many post agencies together under one umbrella.

"We're responsible for developing plans that installations are required to have such as an anti-terrorism plan, emergency operations plan, evacuation plan for (a possible) Indian Point (incident)," Peddy said. "We have to integrate all the different garrison functions on post and put them all together."

Taking on functions that 1/1 used to do, such as, football game procedures to include coordinating with the Directorate of Operations, Plans and Security and taking on a role to help agencies such as Protocol to provide buses on game days through the Directorate of Logistics.

"Protocol needs so many buses on game day and gives that number to DOL and we're the ones that makes sure DOL is aware of the requirement and can do the requirement," Peddy explained.

The security portion of DPTMS is still the same as Colette Drouin, the chief of installation security, still provides background investigations and area of operations briefs.

The West Point Museum and range control are other entities that fall under DPTMS, and coordinating with the Directorate of Public Works and the Directorate of Emergency Services is another important aspect of DPTMS.

Having worked a number of years at West Point, Peddy, a retired lieutenant colonel, knows how things work around here. But unlike his job as the anti-terrorism officer,

he can't be as in-depth as he used to be with this current job.

"It gives me a broader perspective of what goes on here," Peddy stated. "But my personal interaction is much shallower."

"It's a better overview of everything and it's interesting dealing with such things as range control and its funding, building landing zones and that kind of stuff," he added. "We worry about things such as funding for new displays for the museum or helping 1/1 out with manning -- we're never bored."

Over the past year, men like Joe Colombo and Chawyer Jones have become chiefs of plans and training, respectively, and now are fully integrated into old 1/1 slots.

"1/1 used to have a commander, XO, S-3, S-4, a whole staff, but all those staff people went away and it's been replaced by us," Peddy said. "1/1 now has a commander, XO, Headquarters Company and MP Company, but we've taken over all the functions 1/1 used to do as the operations agency for the garrison commander."

The transition has been a good one thus far and should remain positive as the faces in the office remain the same over a longer period of time.

"The transition has gone pretty smooth, I would say it's been seamless," Peddy explained. "You're going to see the continuity in DPTMS because of the civilian workforce."

"Joe (Colombo) has the ability as the chief of plans and operations to say, 'I was here last year when we did this, here's the issues we had and let's look ahead now and get those problems fixed,'" Peddy added. "For three years, as I was the anti-terrorism officer, I had four battalion commanders and six operations officers, so we made a lot of changes, so continuity will definitely be the strongest part of DPTMS."

The 1975 U.S. Military Academy graduate has been at West Point for most of the past 10 years as he spent 2 1/2 years as a regimental tactical officer and then spent time as a deputy director of the Center for Professional Military Ethic and then retired working in the Office of Policy, Plans and Analysis.

He would return to West Point after graduating from Pace

University School of Law and working as an attorney to become the anti-terrorism officer. Now, he gets the chance to make an imprint as the first director of DPTMS.

"I want to establish a couple of things. I want to ensure we have smooth operations and serve as a bridge between garrison and other agencies on post," Peddy said. "There are changes that have occurred as garrison has come

under the Installation Management Agency and IMA has gone through some resourcing things.

"There have been some expectations that have been hard to meet under our constraints that we easily met before," Peddy added. "It's important to have someone who has walked both sides, the mission and the garrison side, and having a bridge between the two."

Peddy is excited about the

director's job and at the opportunity to work at the place that has been a home to him and his family for a good portion of their lives.

"I would have never thought back when I was a cadet or on active duty that I would be doing this job here," Peddy said. "I like this place, my wife works at Keller Hospital and we live in Fort Montgomery, so I can't ask for anything more."

Delivery problems?

For Pointer View home delivery problems contact Valerie Mullane at the Poughkeepsie Journal at (845) 437-4730 or by e-mail at vmullane@poughkee.gannett.com.

The new lo



Story and photos by
Spc. Benjamin Gruver
Staff Writer

War is not as simple as charging in with guns blazing down on the enemy, at least not in Iraq and Afghanistan, the hot zones cadets at the U.S. Military Academy are now training for.

For that reason the days of cadets down in the dirt digging foxholes and laying out concertina wire are over. They are now replaced with learning route clearance of improvised explosive devices, searching vehicles at access control

points and dealing with the cultural nuances in an Arabic village while conducting a cordon and search.

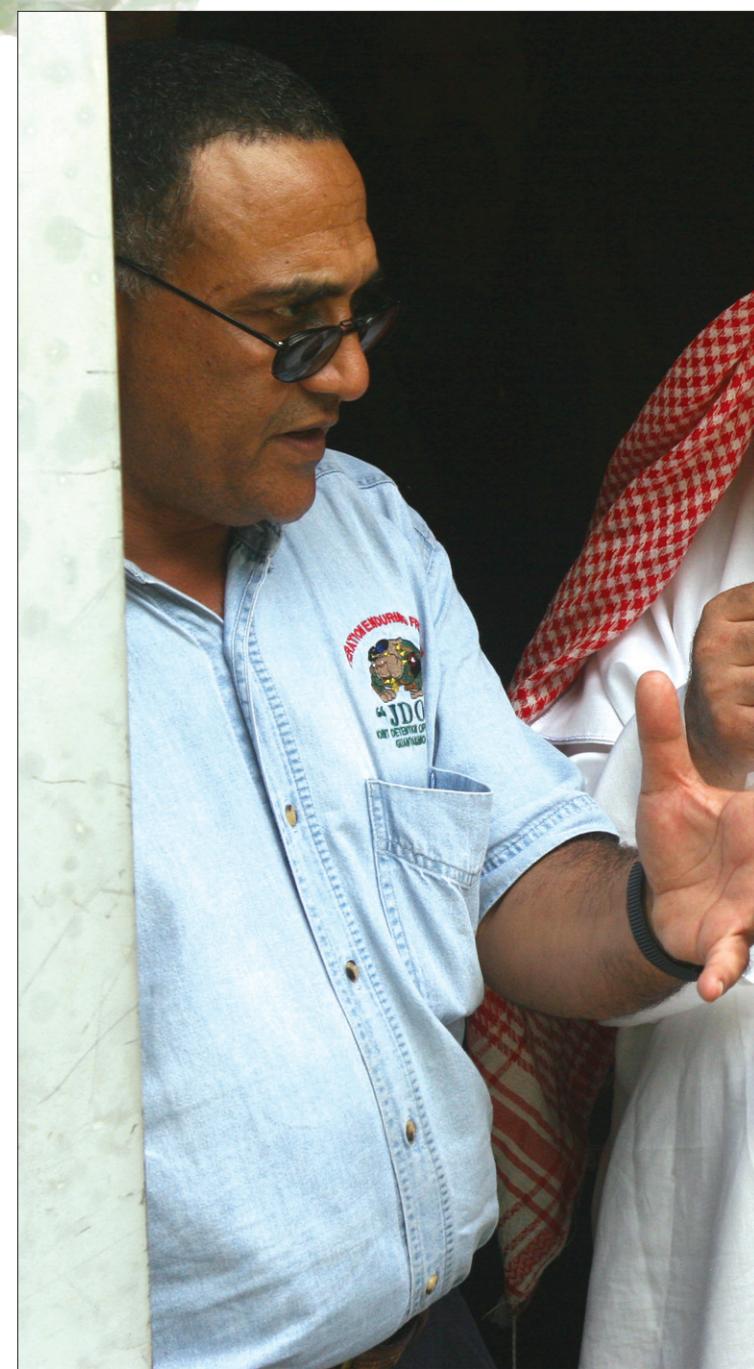
"The Global War on Terrorism is an urban insurgent fight, so we had to totally change the way we are training them -- replicating the insurgent fight," said Capt. Ryan Morgan, Cadet Field Training operations officer.

While still named the same as the Operation Highland Warrior portion of Cadet Field Training, it is being conducted from a much different approach than from years past, foregoing the days of carrying out independent missions again

A cadet (above left) pulls security for the convoy after gunfire erupts next to the "al Shakira Mosque" Monday. An "insurgent", (above right), actually a Soldier with the 2nd Battalion, 508th Parachute Infantry Regiment of the 82nd Airborne Division's 4th Brigade Combat Team, shoots at a cadet convoy Monday. Officers running the Operation Highland Warrior sites are hands off this year, according to Department of Military Instruction Director Col. Peter Curry, allowing the cadet chain of command to plan and execute their missions.



A cadet carries a casualty back to the convoy trucks under the protection of fellow cadets during the convoy reaction lane exercise on Mine Torne Road July 13. During the convoys cadets learn route clearance and how to react to enemy attacks while on convoy, a daily routine for Soldiers in Iraq and Afghanistan.



Government contract interpreter Magdi Rashid (left) translates the name of "Sharm al Shea," during the cordon and search exercise of seeking political asylum, and Rashid both spent time in Iraq and Afghanistan, sharing those experiences for cadets.

ook of Cadet Field Training

conventional forces. Each cadet company's mission now revolves around a forward operating base and is under control of the cadet chain of command.

Camp Buckner serves as the location of the FOB. Once past the friendly exterior of the guards in blue, a motorist soon realizes they are not going into summer camp. A maze of blockades and concertina wire guarded by Soldiers with machine guns are what welcome drivers into FOB Buckner. Every vehicle entering the access control point, one of six missions cadets face during OHW, is searched for

any possible threat.

Other missions include a convoy reaction lane for route clearance down Mine Torne Road, the main line of communication and supply for FOB Buckner; a cordon and search of the village of "Sharm al Shea," to search for a bomb-making factory; a live-fire ambush of the trails used by insurgents; a search and attack on insurgents firing mortar rounds into the FOB; and a quick reaction force able to be deployed by the regimental command.

"All of these missions are tied with each other," said Col. Peter

Curry, director for the Department of Military Instruction, "and I really think this is so much more improved than last year because last year each of the companies were doing their own thing. They weren't really supporting each other. This year they really are."

Soldiers from the 2nd Battalion, 508th Parachute Infantry Regiment of the 82nd Airborne Division's 4th Brigade Combat Team role play as the insurgents as well as innocent civilians to challenge cadets during their missions. They are often found in flowing white robes and turbans to replicate the Arabic

populous or black uniforms to look like the enemy.

Six government contracted interpreters were also brought in to replicate sheiks, militia officers and other Arab speaking parts to make cadets face the language and cultural barriers Soldiers deal with on deployments.

"They are all American citizens and all have been in Iraq and Afghanistan as interpreters there," Morgan said. "We brought them in and they lend a very real piece of the pie to the scenario."

Out at "Sharm al Shea" cadet company commanders have to talk through an interpreter to the village sheik played by a native of Iraq, now a U.S. citizen.

"We are trying to teach the cadets the cultural awareness for when they have to go to (Iraq or Afghanistan)," said Magdi Rashid, who was playing his normal role as interpreter during the scenario. "We are trying to give them the culture, how they have to meet with the people, how they have to greet them, how to separate the bad guys from the good guys. That is why we are here."

Deciphering the good guys from the bad guys at the

village was particularly challenging for the cadets who planned and executed the cordon and search.

"This would be tough for a company commander that is getting ready to go into Iraq," said Maj. Chris McKinney, the officer in charge of the site. "I wouldn't say that he may be able to conquer it a little better because his unit would have been together longer than a lot of the cadets, but I would say just the aspect of a leader engaging a changing environment, would be tough."

For one cadet the most valuable part is gaining from the experiences of Soldiers and interpreters who have already been deployed to where they one day will likely be -- on the ground in Iraq and Afghanistan.

"Really we only learn basic things that everyone, when we get to our unit, is already going to know, so we just need to know how to interact with them -- what to do," said Cadet 3rd Class John Green. "We ask them questions like what do you expect from a new lieutenant? Obviously they don't expect us to know how to do our job that well because we are new and don't know anything. They said just get to know your guys, start learning stuff, learn new things and basically everything else will just fall in line."



West Point's bomb sniffer, Jingles, was brought out to FOB Buckner's access control point to show cadets the role of a working dog in checking vehicles and searching for IEDs.

...tes the requests of a cadet company commander for 7th Company, to Sammie Sawa (center), the sheik of Cadet Field Training July 13. Sawa, who was originally born in Baghdad and came to the U.S. in 1992 in 2003 alongside American forces during the initial push into Iraq, and are here this summer to recreate



JULY/AUGUST MWR COMMUNITY CALENDAR

Visit MWR online at www.usma.edu/mwr

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<p>ACS, bldg. 622 ♦ 938-4621 AEC, bldg. 683 ♦ 938-3762 Arts & Crafts, bldg. 648 ♦ 938-4812 Auto Crafts, bldg. 648 ♦ 938-2074 BSP/BOSS, bldg. 628 ♦ 938-6497 Bowling Ctr., bldg. 622 ♦ 938-2140 CDC, bldg. 1207 ♦ 938-4798/4523 CDS, bldg. 1207 ♦ 938-2092/2035 Community Rec Div ♦ 938-2401 Delafield Pond ♦ 938-5139/5158 Fitness Center, bldg. 683 ♦ 938-6490 Golf Course ♦ 938-2435/2327 Holleder Center ♦ 938-4236</p>		<p>ITR, bldg. 695 ♦ 938-3601/2401 AVC, bldg. 2104 ♦ 938-3655 Morgan Farm, bldg. 2036 ♦ 938-3926 Outdoor Rec ♦ 938-2503 Post Library, bldg. 622 ♦ 938-2974 Round Pond ♦ 938-2503/3860 School Age Services, bldg. 1207 ♦ 938-8530 West Point Club, bldg. 603 ♦ 938-5120, 446-5506 Ski Lodge ♦ 938-3726/3727 Youth Services, bldg. 500 ♦ 938-3727 Veterinary Clinic, bldg. 630 ♦ 938-3817 PLEASE NOTE: For more information, contact the office listed for each activity.</p>				<p>West Point Bowling Center</p> <p>Open Bowling: Sun.-1300-1800 Mon. 1600-2100 Tue. Closed Wed. & Thur. 1130-1900 Fri. 1130-2300 Sat. 0900-2300</p> <p>Galactic Bowling: Every Fri. & Sat. 1700-2300</p> <p>Home of Lil' Skeeters BBQ & Primo's Pizza</p>	<p>21</p> <p>Palisades Mall Teen Trip, 1800 (grades 9-12) BOSS Poker Tournament, 1900</p>	<p>22</p> <p>Golf Course Closed for Outside Event</p> <p>Statue of Liberty/Ellis Island, 0900-1600, ITR Bosu & Core, 0900, Spinning, 1000, MWR Fitness Center</p>
<p>23</p> <p>Bosu Strength, 1600, Butts & Guts, 1700, MWR Fitness Center</p>	<p>24</p> <p>Beginner English Riding Camp, 0900-1500, M Farm, Jul 24-28</p>	<p>25</p> <p>Defensive Driving Class, 1800-2100, Register at ITR (Jul 25 & 26) Waiting Families Support Group, 1900-2000, ACS Middle School Night, 1800-2100, YS (grades 6-8)</p>	<p>26</p> <p>Overseas Briefing, Korea, 1330, Germany, 1500, ACS</p> <p>Teen Night, 1800-2100, YS (grades 9-12)</p>	<p>27</p> <p>Theater Van to Broadway, 1700-2330, ITR School Age Night, 1800-2000, YS (grades 3-5)</p>	<p>28</p> <p>Mongolian BBQ, 1700-2100, WP Club Teen Trip, Gasho/Woodbury Commons, 1800 (grades 9-12)</p>	<p>29</p> <p>Creative Movement, 0900, Jazz & Tap Combo, 1000, Ballet, 1115, YS</p> <p>BOSS Aloha Cruise, 1600-1900 Bosu & Core, 0900, Spinning, 1000, MWR Fitness Center</p>		
<p>30</p> <p>Tour NYC, 0900-1700, ITR</p>	<p>31</p> <p>Beginner Mini Western Riding Camp, 0900-1500, M Farm, Jul 31-Aug 2</p> <p>YS Swim Lessons, 1000-1145, session 3 (Jul 31-Aug 25)</p>	<p>AUGUST 1</p> <p>Middle School Night, 1800-2100, YS (grades 6-8)</p>		<p>2</p> <p>Re-Entry Workshop, 1030, Newcomer's Welcome Orientation, 0930, ACS Teen Night, 1800-2100, YS (grades 9-12)</p>	<p>3</p> <p>West Point Community Fair, 1800, Ike Hall</p> <p>Targeting Stress, 1130-1300, ACS</p>	<p>4</p> <p>Dinner in Little Italy/ Chinatown, 1700-2200, ITR</p>		
			<p>5</p> <p>Bike Rodeo, 1000-1200, PX Parking Lot Dance Awareness, Ballet, Tap, & Jazz, 0900-1200, YS (age 3 & up)</p>					

MWR Blurbs

BOSS Poker Tournament

BOSS is sponsoring a poker tournament tonight at the Buffalo Soldier Pavilion.

Doors open at 6:30 p.m. and play begins at 7 p.m. Contact Staff Sgt. Jermaine Malone at 938-8063 to pre-register.

Youth Services Boat Party

Youth Services will host a boat ride party on the superintendent's boat Thursday.

It is open to all students who just completed eighth grade at West Point, Highland Falls and Garrison middle schools and Sacred Heart.

Call 938-8897 for more information.

USMA 5K/10K, Kids Fun Run

Registration for the annual USMA 5K/10K and Kid's 1-mile

Fun Run, Aug. 26, is on the Web at www.active.com. (Keyword: USMA or West Point.)

Community Fair

Representatives from many community services and agencies offer information during West Point's annual Community Fair Aug. 3, 6-9 p.m., at the Eisenhower Hall Ballroom.

Register for free child care and youth services during those hours by Tuesday.

Call Megan Calero at 938-3487 for more information on the fair.

Bike Rodeo Aug. 5

The West Point Bike Rodeo is Aug. 5 from 10 a.m. to noon at the West Point Post Exchange parking lot.

The rain date is Aug. 6.

The rodeo is open to all children who reside at West Point and Highland Falls.

Meet McGruff and learn bike safety and security.

For more info., call 938-3312.

MWR Week is coming

Enter to win a trip for two to New York City during MWR Week Aug. 21-25. Exciting specials and prizes at MWR activities all week long.

For more info., go to the Web at www.usma.edu/mwr or call Liz Harrington at 938-8186.

Bowling Center

Sign up for a '101 Days of Summer' game card at the Bowling Center and your child will receive one free game for every paid game, all summer long until Sept. 4.

Arts & Crafts classes

West Point Arts & Crafts offers two new classes for the summer.

Stepping Stones: Saturday, July 29 and Aug. 5 from 10 a.m. to 1 p.m.

3D Stars will be offered Aug. 8, 15 and 22 from 6 to 9 p.m.

Materials are included in the cost for both classes.

Call 938-4812 for more information and prices.

Youth Services

Does your teen need to learn more about the employment process and money management? West Point Youth Services is now offering a Teen Job Shop on Friday evenings from 6 to 7 p.m. for eighth to 12th graders.

Teens will learn the basics of job application, resume writing,

budgeting, stocks and more.

Call Youth Services at 938-3727 for more information.

CVSG

ACS hosts the Combat Veterans Support Group for all service members at West Point who are veterans of Operations Enduring and Iraqi Freedom.

The group meets on the third Thurs. each month at the ACS, Bldg. 622, from 4 to 5:30 p.m.

For more information call Sgt. 1st Class Raymond Persaud at 938-4114 or Capt. Bobby Sidell at 938-3441.

YS wrestling coach needed

Child and Youth Services is currently looking for a youth wrestling coach.

For more info., call 938-3550.

James I. O'Neill JROTC cadets excel at Fort Dix summer camp

Submitted by OHS, JROTC

Twelve cadets from James I. O'Neill High School faced the challenges of Junior Cadet Leadership Challenge at Fort Dix, N.J., from July 9-14.

More than 400 JROTC cadets from 27 high schools in New York, New Jersey and Pennsylvania practiced leadership, while taking fitness tests, swimming, rappelling and completing obstacle and land navigation courses.

Brittney O'Connor from Fort Montgomery and Caitlin Hayes from Garrison joined West Pointers Amelia Wetzel, Jon Haveron, Brandon Rex, Cheryl Outing, J. D. Williams, Jim Phillips, Jeromy Rex, Katlyn Econom, Alex Imbriale and Katherine Mucke at the camp.

Wetzel, who is the cadet squadron commander at O'Neill

High School, also served as cadet battalion commander for the camp, as well as company commander and squad leader; she also got a medal for being on her company's top drill squad.

Haveron, O'Neill's operations officer, won a leadership medallion in competition in his company, as well as an award for aquatics.

Phillips won a medal for being the most fit male cadet in his platoon, while most of the O'Neill cadets came home with ribbons for high scores on physical fitness tests.

Outing, Hayes and Haveron all served as platoon leaders and Econom served as squad leader for their training units.

In spite of the hot weather and a number of physical activities that had cadets climbing on log ladders, balance beams, rappel towers and metal pipes, cadets at the camp

trained all week with very few injuries.

"Both adult and cadet leaders focused on safety throughout the camp," said 1st Sgt. Hector Correa, who served as Safety Non-Commissioned Officer in Charge for the camp. "The cadets really learned what it means to take care of your people. This was a great chance for these high school students, who normally focus on

themselves, to work hard at taking care of everyone in their group. We are very proud of how well they performed."

Mucke, one of the younger cadets from O'Neill, had never been to camp, but at the end of the week she didn't want it to end.

This camp provides a rare opportunity for students from the Highland Falls community to spend a week living, working and having

fun with all kinds of students from inner city, suburban and rural schools.

"The instructors learn a lot from each other at this camp as well," said retired Lt. Col. Mike Beckstrom, the OHS JROTC senior Army instructor. "It is one of the best opportunities we have to get ideas about how to make our program better. We can't wait to try some new things out this fall."



James I. O'Neill High School Junior ROTC Cadet Cheryl Outing bounds down a rappel tower at Fort Dix, N.J., earlier this month during the Junior Cadet Leadership Challenge. A dozen cadets from the OHS program took part along with more than 400 other JROTC cadets from New York, Pennsylvania and New Jersey.

PHOTO BY 1ST SGT. HECTOR CORREA/OHS JROTC

Orientation of Newly Assigned Personnel

July 31 and August 1

A historical tour of West Point Fortifications

7:45 a.m. to 1 p.m.

Reservations are required. Call the Dept. of History at (845) 938-3561.

Child care available at CDC.

Pre-registration and shot records required prior to use of CDC
(845) 938-3727.

August 3

Superintendent's Seminar

8:30 a.m. until 3 p.m.

Robinson Auditorium

Please be seated 10 minutes before the seminar.

Attendance is **mandatory** for all newly assigned personnel.

Lunch 11:45 a.m. to 12:45 p.m.

(on own)

Small Group Discussion

Thayer Hall, Third Floor, Classrooms

1 to 3 p.m.

Attendance is **mandatory** for all personnel attending the Supe's Seminar.

Community Fair

6 to 9 p.m.

Grand Ballroom, Eisenhower Hall.

(Spouses invited)

The Superintendent's and Garrison Commander's Welcome -- Question and Answer session

7 to 8 p.m.

Eisenhower Hall Theater.

Attendance is **mandatory** for all newly assigned personnel and spouses are invited.

August 8

Superintendent's Reception

3 to 6 p.m. at the West Point Club, Grand Ballroom

(SGS/Protocol provides MAD/activity report times)

Child care available.

Children six weeks to 5 years call (845) 938-4458.

Children 6 years and older call (845) 938-3727.

What's Happening

Garrison CSM ceremony

Garrison Command Sgt. Maj. Violet C. McNeirney will assume command today at 10 a.m. at Trophy Point, adjacent to the Great Chain.

Fife & Drum Muster

The Orange County Farmer's Museum is hosting a Fife and Drum Corps Muster Saturday in Montgomery, N.Y. at Route 17K and Berea Road. Call (845) 457-2959 for more info.

Summer playground fun

The Protestant Women of the Chapel will host weekly summer playground fun Wednesday from 9:30 to 11 a.m. at the Gray Ghost playground.

Call 859-4182/446-5307 for more information.

DENTAC COC

DENTAC Change of Command ceremony for Col. Linda Smith will be held July 28, 10 a.m., at Trophy Point.

The inclement weather site is the Crest Room at Eisenhower Hall.

SJA closed July 28

The Office of the Staff Judge Advocate will be closed July 28 for Organizational Day.

Vacation Bible School

A Vacation Bible School with the theme "Fiesta" will take place from July 31 through Aug. 4.

Register at the Post Chapel or call 938-2003.

All children are welcome and there is no cost.

WPWC Gift Shop

The WPWC Gift Shop is open by appointment during the summer. For more information call 446-8798 or 446-1099.

WPWC has table decorations and other party items to rent. Call 446-2974 for a complete listing of rental items.

WPWC is looking for community organizations, local

and home-based businesses to participate in the WPWC's Super Sign-Up Sept. 18.

Call Heidi at 446-2615 if you are interested in having a table.

Bike Rodeo volunteers

Volunteers are needed to help at the annual West Point Bike Rodeo Aug. 5. Contact Volunteer Corps coordinator, Christine Knight, at 938-3655 for more information.

Military Idol

Do you love to sing? You could be the next Military Idol. Initial competitions are being held at Fort Hamilton, N.Y., with a time and date still to be determined.

Registration ends Monday.

You must be active duty to participate. This is a vocal talent competition only. For more info., call 938-6497.

NOW SHOWING

in the movie theater
at Mahan Hall, Bldg. 752

Friday -- The Fast and the Furious:

Tokyo Drift, PG-13, 7:30 p.m.

Saturday -- Cars, G, 7:30 p.m.

July 28 -- Garfield: A Tail Of Two Kitties,

PG, 7:30 p.m.

July 29 -- Nacho Libre, PG, 7:30 p.m.

The theater schedule can also be found at www.aafes.com.

Keller Corner

Blood Drive Aug. 21-24

Hudson Valley Blood Services will be conducting a Blood Drive Aug. 21 to 24 at Eisenhower Hall, 4th Floor Ballroom from noon to 7 p.m. Aug. 21 to 23 and from 11 a.m. to 5 p.m. Aug. 24.

For an appointment to donate whole blood, please call Mary Mandia at 938-2583 (BLUD).

Apheresis services will be available for those individuals who wish to donate platelets.

Apheresis donors will be seen by appointment only and may call 914-760-3177, or e-mail *BLOOD.LADY@JUNO.COM* to book an appointment.

Individuals who wish to register with the C.W. Bill Young/DOD Bone Marrow Donor Program will be able to do so at the times of the drive.

Picture identification is mandatory for whole blood and apheresis donations.

Solution to Weekly Sudoku

1	3	9	5	8	2	6	7	4
2	7	5	9	4	6	8	1	3
6	4	8	3	1	7	2	9	5
3	6	2	1	9	4	7	5	8
8	9	4	6	7	5	1	3	2
5	1	7	2	3	8	4	6	9
4	2	3	7	6	9	5	8	1
9	5	6	8	2	1	3	4	7
7	8	1	4	5	3	9	2	6

DPW Notes

Lusk Reservoir seismic study

A Corps of Engineers contractor will conduct a seismic study on the Lusk Reservoir Dam beginning on or about July 28 with an anticipated completion date of Aug. 4.

The work will entail a dive visual inspection of the upstream face of the dam. The dive team will enter the reservoir from the area adjacent to the spillway. The work will include the taking of photos and a video.

Some of the equipment needed for this study will be set up along the top of the dam. In addition, the team will be using a boat as their diving platform and will place the boat in the reservoir daily. It is not expected that this activity will affect recreational fishing at the Reservoir.

Command Channel 8/23

July 21 - July 28

FRIDAY

9 a.m. Army Newswatch
6 p.m. Army Newswatch

MONDAY - JULY 28

9 a.m. Army Newswatch
6 p.m. Army Newswatch

Army and Community Sports

Army Athletic Communications earns six guide awards

Story and photo by
Eric S. Bartelt
Assistant Editor

Army's Office of Athletic Communications was lauded recently for its media guides when it received six certificates by the College Sports Information Directors of America for the 2005-06 academic year.

Athletic Communications received three national awards, three district awards and took two "Best in the Nation" titles for its wrestling and lacrosse media guide covers in 2005-06. It's the most certificates received since copping four in 2002-03.

"It speaks a lot to the depth of our office especially this year," said Michael Albright, AC associate director. "In the past, (senior associate athletic director) Bob Beretta has won awards nationally and I've been fortunate enough to win awards, but if you look at this year, the other guys carried the mail for us.

"I think that speaks to their growth as professionals, as designers and publication folks in the business," Albright added. "We've got people who are willing to put in the time, energy and effort to get better because they're passionate about what they do, they're passionate about West Point and the athletic department and that passion shows in the publication."

The lacrosse media guide received two national level awards as it was voted second in the nation as best overall publication and earned the best cover for the first time.

Jim Zuhlke, who is the athletic communications' lacrosse contact, said the hardest part of working on a media guide is the creativity and spicing things up from year-to-year. Zuhlke's idea with the help of Marc Tolen of Creative Graphics out of Goshen, N.Y., paved the way to the best cover certificate.

"I gave (Tolen) an idea, the photos and the artwork and told him I wanted to add motion to the cover to make it look more three dimensional than a flat piece of paper," Zuhlke said. "He added a blur effect at the top of John Walker and Matt Luyster's sticks to make them look like they were moving and the star effect he came up with on his own. He did a marvelous job."

Christian Anderson, who is the athletic communications' wrestling contact, got together with free lance photographer Jon Malinowski and wrestling coach Chuck Barbee to think outside the box with the team captain Patrick Simpson cover.

Simpson was pictured in three different uniforms to include his wrestling uniform, Battle Dress Uniform and Cadet Dress Uniform.

"Coach Barbee is easy to deal with because he values what the media guide does and he wants to see a good product," Anderson said. "He has a lot of ideas and wants to be involved, which I think is good because at the end of the day I want his message and his spin on the cover because it's their team guide. I may produce it and write for it, but it's their guide for their program."

Judging for the contest is

based on a 300-point evaluation scale with concentration on things like consistency throughout the guide, overall writing to individual sections such as a opponents section and a season review section that are judged for its meticulousness.

Three judges are picked, which could be a combination of sports information directors or newspaper writers, to judge each district. There are eight districts and West Point falls in the New York/New England region.

Certificates are given at the highest level achieved at either the district or the national level if the publication finishes in the top five in the nation.

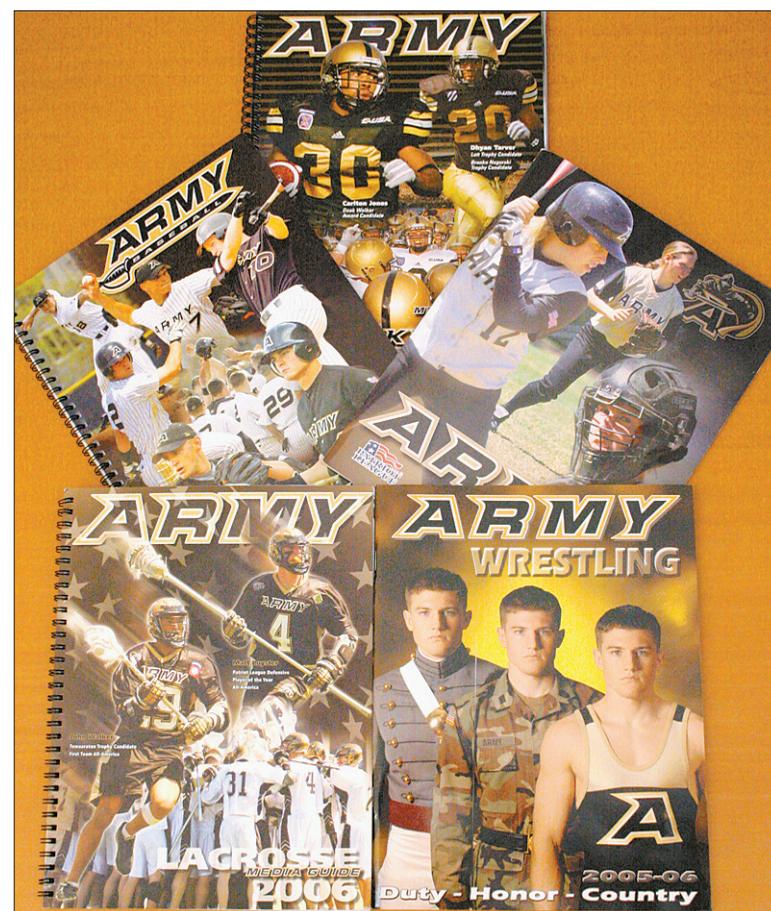
The 2005 Army football and 2006 Army baseball guides both took the top spot in District I, as the football guide remains a powerhouse in the region with its seventh top showing in 11 years.

"The football guide is about a two-month process. (Beretta) does most of the writing and I do the design, editing and updating of the history stuff," Albright said. "We do a bulk of the legwork on it, but our whole office is involved because they proof read and look for style errors.

"We try to involve as many folks as much as we can because it's a big project for Bob and me to try to do on our own," Albright added.

Also receiving regional recognition this year was the 2006 softball media guide, which received a second-place vote in District I.

Beretta, who has worked at Athletic Communications for 15



Army Athletic Communications earned six media guide awards as voted by the College Sports Information Directors of America for the 2005-06 academic year. The lacrosse and wrestling covers (pictured at the bottom) both received "Best in the Nation" honors in their respective sports.

years, is impressed by the highly skilled, deeply motivated and extremely talented individuals that work for him.

"They consistently produce high-quality publications, which rank among the finest in the nation," Beretta said. "Not only are they outstanding design specialists and gifted writers, they also understand

the mission of the academy and the role that intercollegiate athletics plays in accomplishing that mission.

"There is no greater honor than to be recognized by your peers," Beretta added. "So winning six awards from the top professional organization (CoSIDA) in our field is quite a distinction."

Former DPE instructors shine at triathlon championships

By Tim Higgs

SATENAS, Sweden (Army News Service) -- An Army officer won the senior women's crown at the 13th Conseil International du Sport Militaire's World Military Triathlon Championships in Satenas, Sweden.

Lt. Col. Heidi Grimm completed the 1,500-meter swim, 40-kilometer bike and 10-kilometer run in 2 hours, 13 minutes, 34 seconds July 8 to lead female-competitors ages 35 and older.

"I'm on cloud nine," said Grimm, 38, of Fort Lewis, Wash. "I am getting better with age and loving it."



Lt. Col. Heidi Grimm (front) earned top spot at triathlon championships for females 35 and older. MC2 KIMBERLY WILLIAMS

Grimm was a Department of Physical Education instructor at the U.S. Military Academy from 1999-2001.

Army National Guardsman Darin Shearer, 32, a cadet in the

Reserve Officers' Training Corps at the University of Florida, placed ninth overall, the highest finish ever by a U.S. male in the open division of the CISM Championships, with a time of 1:56:45. A member of the U.S. National Cross Country Team in 2000, Shearer once ran a 3:58 mile.

Maj. Michael Hagen, 44, commander of the U.S. Army World Class Athlete Program, was third among senior men (40 and older) with a time of 2:02:18.

Hagen was a DPE instructor, as well, from 2000-2002.

Team USA's trio of Grimm, Hagen and Navy Cmdr. Scott Jones, who was fifth among senior men at

2:06:31, won the elite senior mixed team title, followed by Belgium and France.

The Swedish Air Force hosted the event at Skaraborg Wing, the central authority of Satenas Garrison.

Remains of the Stone Ages bear witness of the early inhabitants on the isthmus, where the wing is situated on Lake Vanern, site of the swim.

"It was a beautiful setting," said Fort Carson, Colo.'s Hagen, who has competed seven times in the rotating event with a runner-up and two third-place finishes since joining the senior division.

DPE shines, see page 15

Soccer!

Want to play soccer! Lt. Col. Rob Rizza is trying to coordinate noon hour, for fun, "pick up" soccer game(s).

Details will depend on the feedback he receives from you. The basic plan is to play soccer at noon at one of several locations and play two to three times a week. The location and days would be based on your feedback.

Everyone high school age or older is welcome. No previous experience is necessary.

If you are interested e-mail Rizza at robert.rizza@us.army.mil. Let him know what days are best for you and what field you prefer.

DPE shines, cont'd from 14

“We had a beautiful lake to swim in and the bike race was on the airfield. Doing loops around the runways and taxi-ways was quite different.

“The location was really unique and made it even more fun,” added Grimm, who built an 8:40 lead on the bike. “They cleared all the runways and the pavement was perfect. It made for a sweet bike ride.”

“I can never say ‘thanks’ enough to all the folks behind the scenes at All-Army Sports and All-Armed Forces Sports,” said Grimm, who has competed in the CISM Championships four of the seven times she’s qualified for the event.

“It means a great deal to the athletes to compete and to represent Team USA and Team Army. You learn so much by going to CISM. There were 21 countries there,” she said. “It’s an opportunity to interact with every country regardless of what our postures are with that country. I think that’s the essence

of CISM. I really make an effort every time I go to talk to at least one athlete from each country.”

Grimm, a co-winner of the 2004 Army Female Athlete of the Year award, won the women’s open division of the 2006 Armed Forces Triathlon Championships June 24 at Naval Base Ventura County Point, Mugu, Calif. She completed the 1,500-meter swim, 24.8-mile bike and 6.2-mile run with a time of 1:59:09.

Navy Lt. Timothy O’Donnell won the race with a time of 1:41:46, and Shearer finished second in 1:45:53.

Air Force Capt. James Bales won the men’s bronze medal in 1:47:18. Hagen finished fourth with a time of 1:47:36.

Grimm prevailed on the run against silver medalist Brown, followed by Navy Ensign Rachel Beckmann, who took the bronze.

“It was one of those battles that remind you what you’re made of,” Grimm said of running against Brown, a former cross-country star at the U.S. Air Force Academy. “Stride for stride we were shoulder-to-shoulder for five miles -- neither one of us willing to relent.”

Grimm eventually pulled away and won by 12 seconds.

Editor’s note: Hipps writes for the U.S. Army Community and Family Support Center Public Affairs Office.

Locker rooms

Currently, the Department of Physical Education will accept Staff & Faculty requests for semi-permanent lockers in Hayes Basement. The locker rooms will open Aug. 1.

Lockers will be available to Active Duty (Sergeant E-5 and above) and to permanent Civilian Employees (GS-5 and above).

Locker request forms can be obtained from the Arvin Cadet Physical Development Center Front Desk. Please complete/sign the form and return back to the Front Desk. **E-mail’s will not be accepted.**

Lockers will be assigned on a first come, first served basis by Roger Miller, Arvin Security Supervisor. No other Recreation Assistant or Security Guard will assign a locker. You will be notified by e-mail with your locker number and combination.

Staff & Faculty personnel that were assigned a locker prior to the renovation will utilize the same locker and combination. If you have trouble remembering your locker number or combination, e-mail Miller for assistance.

Day Use lockers will be available in Hayes Basement for those who are not authorized a permanent locker.

The Day Use lockers located on the Crandall Pool Deck will be for pool use only.