

Annual AER campaign kicks off Monday

By Emily Tower
Staff Writer

An empty dinner table made preparing to deploy to the Middle East that much harder for then-Pfc. Anthony Bayes.

"I just got (married)," Bayes, now a first sergeant and the senior noncommissioned officer of Headquarters and Headquarters Company, U.S. Army Garrison-West Point, said Tuesday. "We were living off post. We were having some difficulties with some of our regular bills and didn't have a lot of food to put in the refrigerator."

One of Bayes' sergeants told him about Army Emergency Relief, a charity that helps Soldiers, Army retirees and their Families through tough financial times through no-interest loans and grants. Bayes received a loan, set up a repayment plan and got his growing Family back on track before deploying in support of the 1991 Persian Gulf War.

"What was really great about it was it got me through that tough time," Bayes said. "But it also took into consideration—without me asking—my deployment to Desert Storm."

Bayes noticed his payments to AER had stopped when he deployed. When he returned and asked about it, he was told his loan was converted to a grant and he no longer had to

repay AER because he was deployed.

"Ever since then, I always give every month" to AER, Bayes said.

For those who perhaps haven't considered contributing to AER, now is the time to help Soldiers and their Families through tough times.

Officials with West Point's Army Community Services, the Family and Morale, Welfare and Recreation program through which AER is administered, are hoping to raise \$100,000 in the next two months. The AER fundraising campaign begins Monday with a 3 p.m. kickoff at ACS, Bldg. 622, and continues through May 1.

More than \$142,700 was provided to West Point Soldiers and Families through AER grants and loans in 2008, according to statistics provided by Jill O'Brien, West Point ACS director. The money helped pay mostly for rent, emergency vehicle repairs and utilities for Soldiers with ranks ranging from private to lieutenant colonel.

AER loans and grants at West Point also paid for funeral and emergency travel expenses, food and to cover essential bills for

Soldiers who were not paid on time.

The money donated to AER at West Point last year only covered about two-thirds of the loans and grants that were provided, according to figures provided by ACS. About \$88,000 was raised last year, which is about equal to what was given out in 2007.

But, as economic hardships grow, so do demands on the charity. In 2008, the greater AER organization provided \$83 million—\$9 million more than the previous year—in loans and grants.

While donations to AER have increased in recent years, the organization had to spend each donation plus \$51.5 million in investments to fulfill the needs of Soldiers between 2003-07, retired Lt. Gen. Robert Foley, AER director, said in a statement posted on the AER's Web site.

According to figures provided by Foley, \$252 million was used to help 258,000 Soldiers from 2003-07, which differs from what was published by the Associated Press on Sunday. Citing tax records, the AP reported only \$64 million went to help Soldiers and

their Families during that time period.

"The recent Associated Press article on AER incorrectly infers that Army Emergency Relief withheld financial assistance from Soldiers and Families during a time of need," Foley said.

Foley—Medal of Honor recipient, U.S. Military Academy class of 1963 and the 63rd Commandant of Cadets—cited AER's four-star rating by Charity Navigator, an independent charity evaluator, as further proof of the organization's credibility. The rating is based on "sound fiscal management," according to the letter AER officials received in October notifying them of the rating. AER has received the four-star rating, Charity Navigator's highest, for three straight years.

In 2008, AER also awarded \$13 million in scholarships to Soldiers' spouses and children, Foley said.

Four college students who list West Point as their home of record received \$12,800 in 2008 from the Maj. Gen. James Ursano Scholarship Program and the Stateside Spouse Education Assistance Program, both of which are administered by AER.

Anyone interested in donating to AER may contact Amy Weyhrauch for more information at 938-5839, attend the kick-off Monday or visit the AER Web site at www.aerhq.org.



Some military housing is allocated to civilians—AFAP Issue 0809

By Michael Colacicco
Residential Communities Initiative
Projects and Assets Manager

During the November Army Family Action Plan meetings, the Housing, Relocation and Public Works working group raised several issues about civilians living in military housing. This concern of military residents for many years was brought up again because of the reduction in housing units at West Point

from 963 to 824 as part of the Residential Communities Initiative under AFAP issue 0809.

West Point housing is divided into three different categories—RCI (formerly Army Family Housing) with 963 units currently, the Directorate of Intercollegiate Athletics with 31 houses (most of which were paid for by private funds) for the athletic director and coaches, and the Directorate of Family and Morale, Welfare and Recreation with two for

the Constitution Island and Morgan's Farm caretakers.

By the end of the summer, 13 civilians whose positions are considered key and essential by the West Point leadership will be living in RCI housing.

Key and essential personnel are incumbents of designated key and essential positions as established by the garrison commander in coordination with the senior mission commander.

The list of key and essential positions is available in the offices of Balfour Beatty, West Point's RCI civilian contract partner. All the remaining housing will be occupied by military personnel. The 31 Athletic Dept. houses and two FMWR houses are occupied by civilians and were never available for military Families.

The priority for assignment of housing is also a significant concern. Balfour Beatty follows the priorities approved by the West Point leadership and included in the project's legal documents.

There are 13 priorities. No. 1 is key and essential personnel and No. 2 is active duty personnel assigned to West Point.

With the demolition of 82 Stony Lonesome I units and the continued renovation of historic units, the number of occupied RCI houses will be approximately 850 from July 2009-July 2010 and will decrease to approximately 780 from August 2010-July 2011 because of the demolition of an additional 108 Stony I units in August 2010.

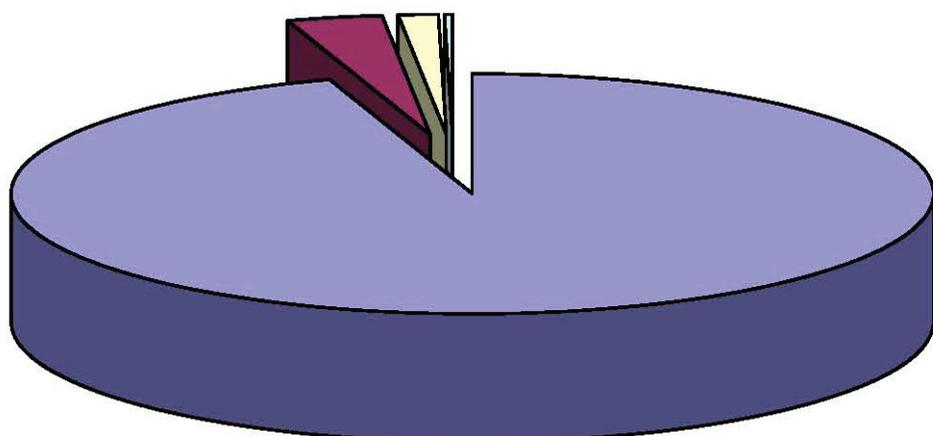
When all the new Stony Lonesome units

are complete, the number of occupied units will be approximately 880 in late 2011, which will decrease slowly to 824 by June 2016 after the conversion of units from duplexes to single Family units is completed.

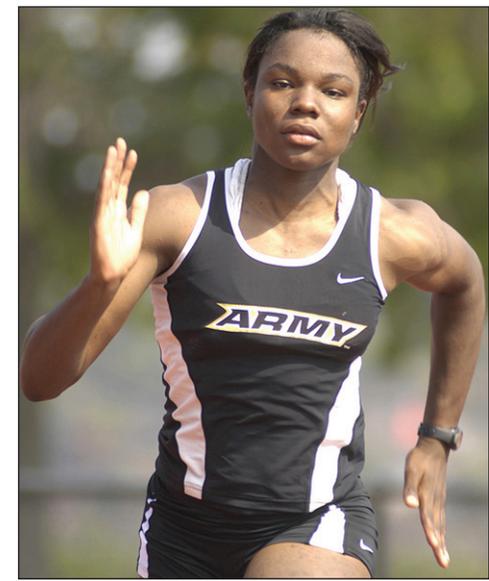
This number is the final endstate for West Point as approved by the Department of Defense. However, the West Point leadership is actively investigating the possibility of increasing that number.

West Point Housing breakdown from July 2009 - July 2010

- RCI (Military housing) - 850
- ODIA (Athletic director and coaches housing) - 31
- Civilian (Key and essential personnel) - 13
- FMWR (Caretakers) - 2



INSIDE



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Ice Rescue Training



The West Point Fire Department completed ice rescue training at Lusk Reservoir Monday and Tuesday. Firefighter James Rohner rescues Mike Aniello during the firefighters' annual recertification. Fire Chief Curt Krieger said ice rescues are rare, but because of the many lakes and ponds on West Point and in the surrounding area, the firefighters need to be able to respond to ice-related incidents. They wear waterproof outfits of sealed cell neoprene or nylon shell and need to practice moving and maneuvering in them. To be certified, firefighters must perform one self-rescue and two victim rescues, using various techniques and equipment.

KATHY EASTWOOD/PV



Military Police Company changes command

Captain Jamie D. Bazdaric receives the guidon from Garrison Commander Col. Daniel Bruno at the Military Police Company change of command Friday. Bazdaric takes over for outgoing commander Capt. Claudius S. Felix. Felix will be the next operations officer in the Provost Marshal's Office, the position Bazdaric left. Bazdaric entered federal service in 1992 as a Military Police Soldier. He received a regular Army commission from Officer Candidate School in 2002 and has a bachelor's degree from Columbia College of Missouri and a master's degree in business organizational security management from Webster University in St. Louis.

KATHY EASTWOOD/PV

Umpire praises Army women's softball team's conduct

I have been a Collegiate Umpire for 36 years now, either in baseball or softball, and I would like to say that this weekend (Feb. 13-15), in the tournament in Charlotte, was my first experience with the Black Knights' team. And may I say it was fantastic.

I am the assignor as well as a working official in this region, and I have not encountered a team that carried itself with as much grace and honor, in both victory and defeat.

It was a pleasure being around your entire team and coaches, and in today's society, it is wonderful to see young people carry themselves the way the Black Knights did in Charlotte. This is definitely a credit to the military academy, your coaching staff, the players' parents and especially to the players themselves.

I would hope that others paid attention and would have learned some valuable lessons.

My 19-year-old daughter was present at the games and was highly impressed with the Knights.

Give my regards and thanks to the players and coaches, and I hope our paths cross again sometime in the future.

Randy Hearn
Coordinator of Officials / Umpire

SHARP

The members of the Sexual Harassment/Assault Response and Prevention program are Col. Jeanette McMahan, Shelley Ariosto (Garrison), Dan Toohey (Victim Advocate), Maj. Maria Burger (USCC), Capt. Vanara Nevels (ODIA) and Maj. Elizabeth Scioletti (Dean).

Community members can e-mail McMahan at Jeanette.McMahon@usma.edu for advice or to offer any recommendations on the program here.

Cadets also can call the sexual assault support helpline at (845) 591-7215. West Point Soldiers and civilians needing assistance can call (845) 938-3369.

Weekly Sudoku by Chris Okasaki, D/EECS

Rules: Fill in the empty cells with the digits 1-9 so that no

								5
	5	1				6		2
8	3		5	7			9	
				8			6	
				5				
	4			2				
	9			3	1		5	4
4		7				1	8	
3								

Difficulty: Medium

digit appears twice in the same row, column, or 3-by-3 box.

See SOLUTION, page 11

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Cadets' initial deposit is \$900 less starting this year

Story and photo by
Kathy Eastwood
Staff Writer

Incoming cadets lining up to see the cadet in the red sash on June 29 for Reception Day will pay \$900 less than the classes of 2010-12 for their initial deposit to cover the cost of uniforms and equipment.

Because of inflation concerns in 2006, cadets (or parents) had to dig deeper into their pockets to meet the initial deposit increase of \$500 from \$2,400 to \$2,900 for the class of 2010.

That increase was the first raise in the deposit in 10 years.

The incoming cadets of the class of 2013 can breathe a bit easier as they will pay a \$2,000 deposit.

"The discount (in the deposit) is to help relieve some of the burden on parents in these economic times," Thomas Remo, U.S. Military Academy treasurer, said. "There are 110 cadets that (had difficulty) paying the deposit. This reduction will make a difference."

New cadets also will receive an increase of \$35.10 in their gross monthly pay.

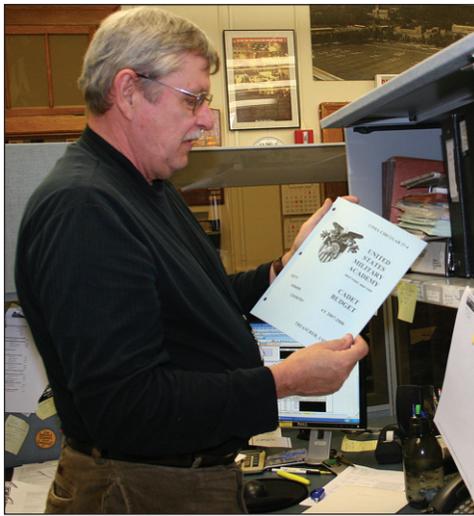
Fifty-five percent of cadet expenses occur within their first year.

West Point is reimbursed through monthly pay deductions of \$265, an increase of \$40 from the \$225 monthly pay deduction of last year.

"A plebe's first year expenses total \$11,808.47," Remo said. "The full four-year expense for a cadet is \$24,628.27."

On top of books, activity fees and equipment, a cadet also must pay federal and state withholding taxes and Social Security deductions.

"Cadets will receive a pay increase in



Tom Remo, U.S. Military Academy treasurer, reviews items in the cadet budget.

military pay that will represent 35 percent of a second lieutenant's pay as they go up in class," Remo said.

The initial deposit is necessary to help recover expenses if a plebe decides to leave West Point before finishing his/her plebe year.

For example, if a cadet decides to leave West Point within a month of arriving here, \$1,800 will be deducted from the deposit to cover the expenses USMA incurred for items issued that are nonrefundable. The balance will be returned.

Remo's office is responsible for overseeing more than 4,000 cadet accounts. The initial deposit of \$2,000 plus a pay advance of \$6,360 plebes receive covers the costs of items the cadet are issued within their first two months at West Point.

For more information about the cadet deposit, call Remo at 938-4262.

DUSA grant enables DENTAC to give students extra goodies

Story and photo
By Kathy Eastwood
Staff Writer

Deborah Albert's first grade class at West Point Elementary School got a treat Monday from Dental Activity Hygienist Betty Moretti, who demonstrated how to properly brush one's teeth using a dog with big teeth.

She also showed the children how cavities begin by using a large model of a tooth. Moretti and first-grader James Koyn used the tooth model to demonstrate the proper way to floss.

The event coincided with National Children's Dental Health Month in its 60th year of raising awareness about oral health. It is celebrated every February, according to the American Dental Association.

Moretti talked to the children about nutrition and what foods can cause tooth decay, such as sugar and starch. She discussed brushing after every meal or rinsing the mouth if brushing isn't possible.

"Do you brush your teeth sideways or up and down," Moretti asked the first graders.

"Up and down," the children responded.

Moretti's question of how much time one should spend brushing teeth elicited several responses of 10-20 minutes.

"That would be very tiring," Moretti said. "It should be one minute."

Ginger Hopkins and Alicia Adams, West Point chapter of the Daughters of the United States Army president and vice president, respectively, gave the students dental kits with a toothbrush with a one-minute lighted timer, a pencil and toothpaste. DUSA presented DENTAC with a grant last year to help with its dental health awareness program.

"The kits are presented to children according to age," Moretti said. "For example, an eighth grader would receive an adult kit."

The toothbrush with the timer is given to younger children to encourage children to use good brushing habits by brushing their teeth for at least a minute.



AER Campaign kicks off Monday

Better education benefits on horizon for Soldiers, Families

By C. Todd Lopez
Army News Service

WASHINGTON — A full ride to college is on the way for qualified Soldiers and veterans.

The Post-9/11 Veteran's Education Assistance Act of 2008, sometimes called the Post-9/11 G.I. Bill, paves the way for thousands of qualified Soldiers, sailors, airmen, Marines and military veterans to get a complete four-year degree at no cost to them.

Soldiers and veterans can begin applying for benefits under the Post-9/11 G.I. Bill Aug. 1. Benefits from the program can be paid out for a total of 36 months. Under a typical

degree program, during which students attend school for nine months at a time and are then off during the summer months, the plan would allow veterans to get a four-year degree while attending school in residence.

"We've moved from a program that pays, in essence, a flat rate to individuals to a program that is based on what it is actually costing an individual to go to college," Keith Wilson, director of education services for the Department of Veteran's Affairs, said.

Under the Montgomery G.I. Bill program, the VA sent out individual checks to recipients, and recipients used the money any way they saw fit—for tuition, housing, food, etc.—Wilson said. But the payment was not based on how much their tuition cost.

"It was up to the individual to come up with whatever additional money they needed to go to school, if any," Wilson said.

The new program changes all that. The Post-9/11 G.I. Bill, Wilson said, pays for tuition by sending payments directly to the school. It also pays for student housing by sending a payment to the student. An additional payment for books and supplies also goes directly to the student.

With the Post-9/11 G.I. Bill, a Soldier may be entitled to tuition payments equal to the cost of the most expensive public, undergraduate, in-state tuition and fees in his/her home state.

For instance, if the most expensive public state school in the state of a Soldier's home of record costs \$1,250 for a semester of courses but the student opts to attend a private school instead, that school will receive up to \$1,250 a semester for tuition.

"Potentially, a student can get up to the full cost of tuition for the school they attend," Wilson said.

Tuition is not the only benefit extended to potential college-goers. For students attending school more than half the time, the Post-9/11 G.I. Bill also pays housing costs, up to a rate equivalent to the Basic Allowance for Housing rate for a sergeant with dependents in the ZIP code where the school is located.

Active-duty Soldiers may tap into the Post-9/11 G.I. Bill and apply benefits toward tuition, books and supplies. However, active-duty Soldiers are not entitled to receive the housing allowance from the program.

Students also are entitled to a yearly stipend of up to \$1,000 to cover the cost of books and supplies, and students from highly rural areas who are transferring to a school may also be entitled to a one-time payment of \$500.

Perhaps one of the best-known benefits of the Post-9/11 G.I. Bill is the ability to transfer the benefits to Family members.

"For a lot of folks, that's a key issue," Wilson said of the change. "That section of the bill was specifically designed as a retention tool. And it is set up for those individuals who have served six years in the armed forces and agree to serve an additional period of service after Aug. 1, 2009."

The details of who may transfer benefits to their Family members, however, are being set by the military services, not the VA. That policy has not yet been determined.

Unlike the MGIB, which required Soldiers to pay up to \$1,200 to participate, the Post-9/11 G.I. Bill requires no such payment. All Soldiers who served after Sept. 11, 2001, may qualify for some or all of the benefits, depending on how long they served. Additionally, the program also serves National Guard and Reserve servicemembers, depending on how much time they were mobilized for active duty.

"There are different tiers of benefit payment, depending on how much active service you have," Wilson said. "The lowest level is for those that have between 90 days and six months of active service after 9/11."

The amount of active service a member has after Sept. 11, 2001, determines what percentage of benefits he/she can receive under the Post-9/11 G.I. Bill: 100 percent for 36 months of service or 30 continuous days on active duty but discharged because of service-connected disability, 90 percent for 30-36 months, 80 percent for 24-30 months, 70 percent for 18-24 months, 60 percent for 12-18 months, 50 percent for 6-12 months and

40 percent for 90 days-six months.

"The percentages go on up until you reach the point where you have 36 months of active duty, and those individuals qualify for 100 percent of everything," Wilson said.

Soldiers who invested in the MGIB by paying the \$1,200 buy-in for the program, and who elect to participate in the Post-9/11 G.I. Bill, will be refunded a proportional amount of their buy-in, after all entitlement under the Post-9/11 G.I. Bill is used.

Those who do not use all their entitlement under the Post-9/11 G.I. Bill, do not receive a refund of their MGIB buy-in. Additionally, those who paid into the \$600 MGIB "buy-up" program, which increased the benefits under MGIB, will not receive a refund for that money.

Wilson said that the Post-9/11 G.I. Bill is not the only game in town for Soldiers. There are other programs the VA still administers that can help Soldiers get their education, including the MGIB (active duty), the MGIB (selective reserve) and the Reserve Educational Assistance Program. About 400,000 people were taking advantage of those programs in fiscal year 2008.

"VA's previous programs are still available," he said. "They are still in existence. It is just that we have a fourth program we are administering now. Individuals do need to clearly understand their educational goals as well as understand all available programs to ensure they make the best use of their educational opportunities. For many people, they are going to receive a higher benefit under this program than they would have received in the other programs that we still continue to administer. Potentially, a lot more people will find college affordable."

Wilson said it is important to understand the new program may not be the program best suited for an individual's needs. Such factors as type of training and availability of other educational assistance are important factors to consider before deciding which program to use, he said.

There are limits on what kinds of education a student can get with the benefits of the new Post-9/11 G.I. Bill.

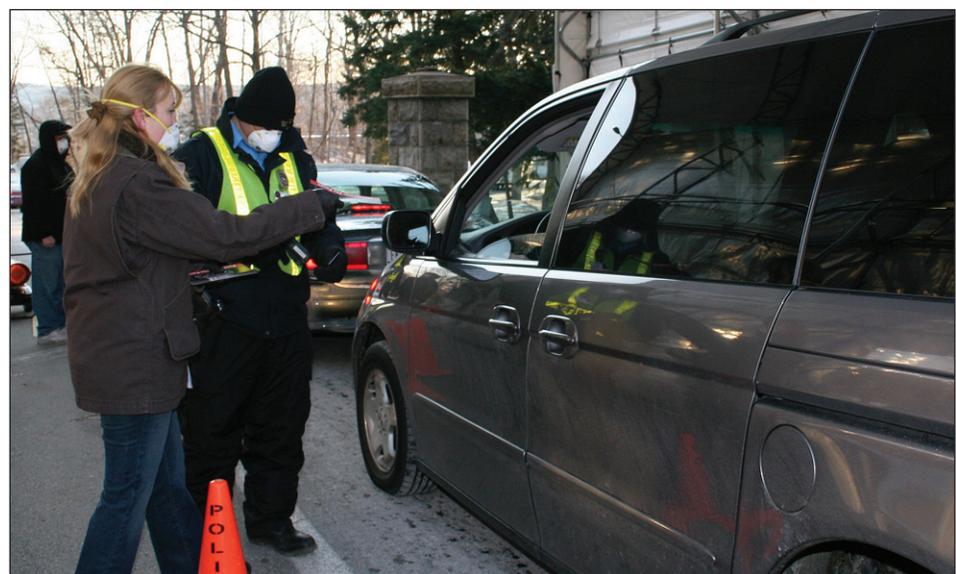
For instance, the benefits only can be used for graduate and undergraduate degrees and vocational/technical training. And all training must be taken at an institute of higher learning.

"The new program does not cover all the kinds of training the older programs do," Wilson said. "For instance, on-the-job training, apprenticeship training or flight training -- those types of things are only covered under the MGIB, not the new program."

Benefits under the Post-9/11 G.I. Bill can be used for all levels of degree programs, however. The program allows Soldiers to earn a second degree, a master's degree or even a doctorate. About 8 percent of the MGIB beneficiaries use the program toward graduate training, Wilson said.

Soldiers or veterans who bought into the MGIB and who have already tapped into that program still can transfer the remainder of their benefits to the Post-9/11 G.I. Bill program, Wilson said. Both programs offer 36 months of "eligibility," which means a Soldier or veteran can draw benefits for 36 months from one program or the other.

"If I use 30 months under program A (MGIB), I can transition to program B (the Post-9/11 G.I. Bill) and get six months of coverage there," Wilson said.



Pandemic flu exercise

Susan Foley (left), operations assistant in the Directorate of Plans, Training, Mobilization and Security, was one of the volunteers assisting gate guards by handing out literature about pandemic flu at Washington Gate Friday during the post-wide pandemic flu exercise. Volunteers were at all three West Point entrances, and electronic signs and other means were used to practice spreading the word about a potential event, should a flu pandemic or other similar event affect the West Point community.

KATHY EASTWOOD/PV

Community Features and Photos

Scouts take developmental mission to Vail

By Cow Brad Davis
Scoutmaster's Council Club

VAIL, Colo.—Après-ski.

For most of American society, the term refers to relaxing by a fire, sipping a hot beverage and recounting the day's conquests on the groomed trails of the ski slope. For 16 West Point Scoutmaster's Council Club cadets, it was climbing into World War II gear, hoisting 90-pound, wooden-frame rucksacks and reliving the lives of three of the 10th Mountain Division's original ski troops—all in Colorado.

Club members, cadets who were Boy or Girl Scouts before coming to the U.S. Military Academy, added this trip to the various projects they do each year.

"Every year our club runs Army Football Scout Day, conducts tours for visiting scouts, works with Habitat for Humanity over spring break and runs the West Point Camporee in May," Firstie Matt Schlesinger, club cadet-in-charge, said. "I wanted the club to do one event that was physically challenging and helps build my leadership team."

This year that was a trip to Vail, Colo., home of the 10th Mountain Ski Museum and world-class skiing, to challenge every ability.

Justin Henderson, anthropologist and curator for the Colorado Ski Museum, hosted three 10th Mountain veterans at Vail's premier resort just to meet with the cadets.

Dick Over, Sandy Treat and Chappy Chapman each spoke at length with the cadet team and highlighted their shared bond as warriors in a time of war.

"I was just so impressed with these young men and women," Over said. "Like us, they are training to head into combat and they know the stakes are high."

Similar to the Scoutmaster's Club members, the original 10th Mountain Soldiers had to be proven and accomplished outdoorsmen before they could join. They also had to have either ski or mountaineering experience.

"We thought it was normal to wake up to icicles hanging from the insides of our tents, and we knew how to keep weapons and machinery operating in intense cold," said the 86-year-old Treat, who has won the National Alpine Ski Championship three times and was an active skier until a bad fall knocked out one of his eyes. Chapman discussed the use of mules as the dominant mode of transport in the mountains.

"I watch for the mules at every Army game and chuckle over memories of cleaning their hooves," he said. "When we got to Italy, the 10th was given Italian mules...they didn't speak English!"

Firstie Brian Kent was equally impressed with the veterans.

"These men fought and sacrificed to fight an entrenched enemy, but look back on it with a sense of adventure and necessity," Kent said. "Their unit, the 10th Mountain Division, had to be built from scratch at Camp Hale in the harshest of conditions. While on a smaller scale, we face similar challenges when we turn Lake Frederick into a 3500-person village for the camporee this May."

"As a club, I encourage the leadership to never do anything for one reason," Lt. Col. John Graham, club officer representative, said.

Plebe Matt Mitchell, club trip coordinator, set the trip up so the group could meet with the World War II 10th Mountain veterans, learn how West Point can set up an adaptive ski program, test some new high-tech winter gear from PM-Soldier at 11,000+ feet and ski until everyone's legs were like rubber. Oh, and add a few minor cases of altitude sickness for additional experiences.

Lindsay Blanton, adaptive program manager for the Vail Adaptive Program, volunteered part of Saturday to explain the program requirements.

The adaptive program is "dedicated to adaptive skiers, including the blind and physically challenged" according to vail.snow.com. Blanton made it clear that there were many complexities to the program.

"Not every ski instructor can be an adaptive ski instructor—they are a special breed," she said.

Cow Nate Sheehan, clubsergeant major, was impressed with the program and the equipment needed.

"Our club makes an equipment donation to USMA MWR

every year," Sheehan said. "This year, we would like to donate adaptive ski equipment to the Cadet Ski Instructor Club and Victor Constant Ski Slope so they can support the West Point wounded warriors and local Families."

The cadet team members were easy to pick out anywhere on the Vail slopes as they wore Advanced Winter Army Combat Fleece shirts.

The new shirts are made with a moisture-wicking fleece base and a new fire-resistance sleeve designed to be worn by Soldiers operating at high altitudes in places such as Afghanistan. PM-Soldier sent the prototypes to the Dept. of Behavioral Sciences and Leadership for testing.

"I wore the shirt constantly as we transitioned from 11,555 feet to 8,000 feet and back again," Yearling Sean Wester said. "I have some opinions to share with the designer, but the overall performance far exceeded the high-end winter gear you can purchase in any outdoor store."

One shirt was left behind at the Ski Museum to add to the Army Winter Gear display.

In summing up the trip, Firstie Derek Brown had nothing but positives to relate.

"This was an incredible experience," Brown said. "Every time I rode a chairlift or gondola, I spoke with a Family or individual riding with us. They all either had a connection to



Firstie Brian Kent (left) and Yearlings Mike McCullogh and James Whitler were excited to find their favorite U.S. Military Academy alumnus at the 10th Mountain Ski Museum. Retired Brig. Gen. Pete Dawkins, class of 1959, was a member of the National Ski Patrol. the academy or they had a lot of questions."

Classes of 1960 and 2010 connect on PME

Story and photo by
Sgt. Vincent Fusco
Directorate of
Communications

A 50-year connection was made Friday in the tradition of teaching cadets the professional military ethic. Members of the U.S. Military Academy's class of 1960 met with the class of 2010 cadets to discuss the roles of commissioned and noncommissioned officers.

Eight 1960 alumni—some visiting with their 50-year class for the first time—sat in on a block of instruction centered around how new officers interact with NCOs and combat-seasoned Soldiers at a new assignment.

Part of the instruction was viewing "Outside the Wire," an interactive DVD produced by WILL Interactive, Inc.

The DVD is an experiential learning tool that presents personal interaction and combat situations. Periodically, the video stops to present possible solutions to a given problem.

Based on what decisions the cadets make, each situation plays out until it ends either in a good or bad outcome.

Through "Outside the Wire," the cadets saw their first important decisions as platoon leaders aren't those on the battlefield but those

made in first meeting their platoon sergeants. The scenario showed that making the right first impressions with their sergeants can build character within the team.

"One of the first things you will do (at your new assignment) is read the environment," retired Col. Vic Letonoff said in his discussion with the cadets. "Do you have a platoon sergeant who is strong with his Soldiers? Or do you come into an environment with weak NCOs?"

They learned that most of the Soldiers in their platoons already will have combat experience when they assume responsibility. This was promoted in the class as a source of team-building strength and not intimidation.

"When there's experience in the platoon, it's way above what you have," Letonoff said. "You're going to be looking forward to learning from that."

In watching how the new officer interacts with the experienced platoon sergeant, cadets could see the impact of their decisions as future officers.

They affect not only the platoon sergeant but the Soldiers of that platoon as well.

"I learned that building trust with your NCOs is an essential part to being a leader," Cow Bryan Kantner, of Company A-1 from Hyde Park, N.Y., said. "It is also

very important to use your NCO's knowledge and experience to help make sound decisions for the platoon."

The Army has declared this year the Year of the NCO, and as such, cadets continue to learn the importance of NCOs throughout their academic classes.

Letonoff was impressed with how "Outside the Wire" showed the class with point-and-click simplicity how the professional military ethic works in real-world situations.

"With the interactive stuff you can (make decisions), then go and show the ramifications," Letonoff said. "I wish we had more of this kind of thing (as cadets)."

The cadets also enjoyed learning firsthand from an officer who, like they will in the future, earned his commission from West Point and was assigned to a platoon full of war veterans.

They could easily draw the parallels between what Soldiers such as Letonoff did with World War II and Korean War veterans and what they will soon do with Global War on Terrorism veterans.

"I think having (Col.) Letonoff really added to the class and made it much more interesting and engaging than most other (professional military ethic) classes," Kantner said. "As cadets, we like to hear about the experiences of old grads



Retired Col. Vic Letonoff, USMA class of 1960, was one of eight 1960 alumni to talk with class of 2010 cadets about interaction with noncommissioned officers during a class on the professional military ethic in Thayer Hall Friday. Letonoff and the class also viewed, "Outside the Wire," an interactive DVD that teaches how a new platoon leader's decisions affect his/her Soldiers in positive and negative ways. Cadets found their first important decision wasn't on the battlefield but during their first meeting with their platoon sergeants.

so that we can be more prepared to be platoon leaders when we graduate."

While recognizing how teaching methods have changed and made learning easier for cadets, Letonoff finds that the basic principles of military ethic remain the same: Officers and NCOs increase the strength of their Soldiers by training as they fight and fighting as they train.

"The Army is a lot of little things getting done well," Letonoff said.

"In 50 years, it hasn't changed a bit."

Letonoff and his classmates have been impressed with the level of dedication in their 50-year class cadets.

He was present at their affirmation ceremony last August and felt moved when those cadets connected to that long gray line by giving their commitment of service to their nation.

"I knew we were in good hands," Letonoff said.

Cadets put other students in print

By Sgt. Vincent Fusco
Directorate of Communications

In the world of academia, the pen can hold a power like the sword. Like the flash of a swinging blade, the credit of a published thesis or article can bring career advancement to accomplished undergraduate and graduate students.

A dedicated team of cadets at the U.S. Military Academy are giving those students a fighting chance by producing the Undergraduate Journal of Social Sciences. The UJSS is a peer-reviewed, Web-based publication that posts written work by cadets, college students and prominent personalities.

The credit of a published paper is beneficial for students seeking admission to graduate school or law school, Firstie Alex Mikstas, journal publisher-in chief, said. It gives an on-record recognition of a students' applied knowledge and expertise in academics.

"It's a great experience to go through the process of editing a paper," the Wilmington, Del., native, said, "and having professors single it out in an academically rigorous process to better hone their skills as a writer... and member of academia."

The journal covers areas of social sciences to include economics, political science, comparative politics and international relations.

The journal was founded early last year by Maj. T.S. Sowers, Department of Social Sciences assistant professor, and a couple of cadets from the class of 2008.

"Major Sowers worked with the cadets to launch the idea of the journal and to start thinking about how we can bring papers forward to get published," Cow Tyler Matthews, UJSS editor-in-chief and a Midland, Mich., native, said. "Our mission statement for the journal would be that it's all about getting the best quality undergraduate work from West Point and beyond... into the public domain."

Since publishing its first issue in late September, the UJSS staff has been working to expand the scholarship experience of undergraduate students by providing a means to share their research efforts.

Yearling Sam Goodgame, associate editor and head of the UJSS marketing team, said the two goals of the journal are to encourage cadets to read and contribute to the journal and to promote other college students to do

the same.

"There are a lot of fantastic undergraduate students around the country we would love to see published in the journal," the Westport, Conn., native, said. "A big part of my job is communicating to them and getting our name out there."

The journal has received strong support from students and faculty from across the country.

Last fall, the journal's call for papers brought in 44 works, 14 of which were from external colleges and universities. The U.S. Coast Guard Academy, Georgetown, Princeton, Washington and Lee, Emory, The University of Maryland, Adelphi and Seattle University each had students submit papers.

The UJSS also has posted discussions with Ambassador Robert Hutchings, media mogul Richard Engel and political strategist Paul Begala, some of the personalities who have visited West Point.

"We do have somewhat of a marginal advantage over our peer journals at other institutions," Goodgame said. "People who we would naturally like to interview just happen to be at West Point all the time for other reasons."

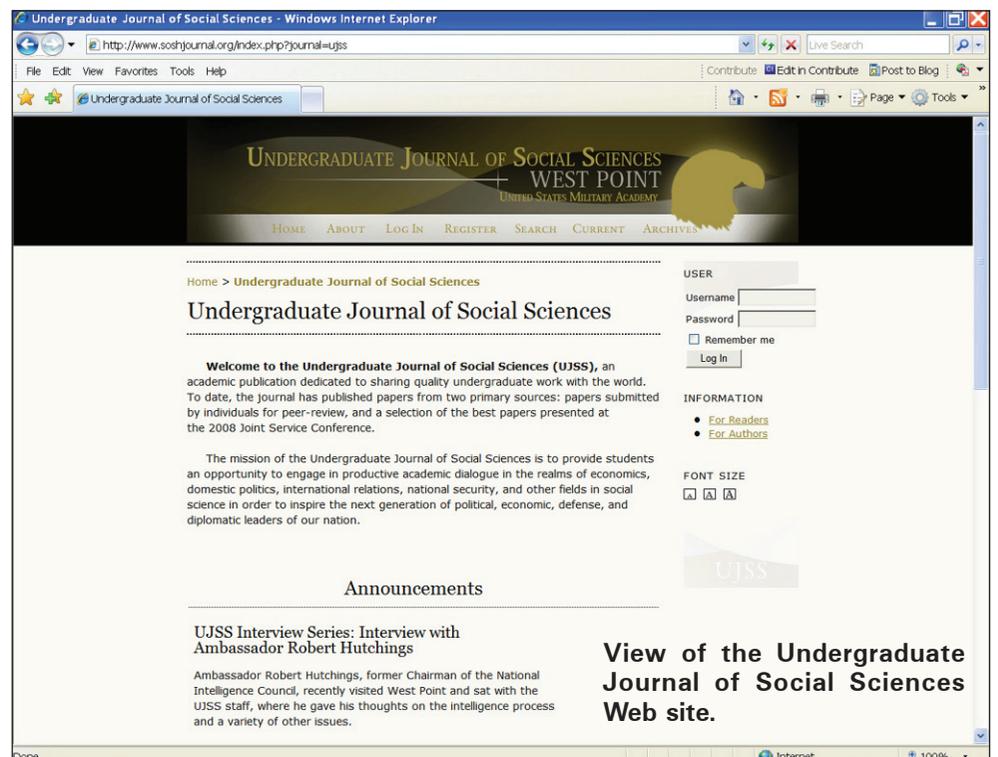
Matthews said the journal has about 25 cadets involved as the primary staff, to include editing, publishing, marketing, interviewing and budgeting teams. Working on an academic journal in its first year has proven to be a tough but fulfilling project.

"The challenge is working with each other, combining 25-30 very different, very busy schedules to come together," Matthews said. "I'm very impressed with the dedication of everyone on the team."

Sowers has encouraged cadets to contribute to the journal and have their intellectual abilities put on record for other students to see. On more than one occasion, he has likened a published product to an academic Ranger tab that establishes credibility and proficiency.

"One of the things he says is, 'it's a great thing (to have) if you want to prove to someone your intellectual worth,'" Goodgame recalls. "Also, it's just exciting to be able to stand on the shoulders of what other people have done... and then add your contribution to the academic conversation."

In addition to its second annual issue, which will post from four-six articles, the staff is considering creating two special issues. One will include the premier West Point senior theses, and a second will include pieces from



the annual USMA Student Conference on United States Affairs.

The journal plans to publish its second volume in the spring on USMA Projects Day.

The 2009 issue will feature a student from Georgetown, a student from Seattle and a 2009 Rhodes Scholar.

The UJSS journal can be seen online at www.soshjournal.org.

DPW NOTES

Boy Scouts help DPW protect water systems

Boy Scouts from Troop 23 and other participants conducted their annual stream watch and storm drain stenciling event recently. The scouts stenciled logos on catch basins along Mills Road which read "Dump No Waste, Drains to River" as a reminder to the West Point community that it is everyone's responsibility to protect storm water systems and the Hudson River. Some of the scouts were taught how to measure the dissolved oxygen in Kinsey Farm Brook.

West Point is covered by a New York State general permit, which addresses the management of storm water collection and discharges from all storm water conveyances postwide.

Two of the control measures required by the permit are public awareness and public participation.

These stenciling and stream watch projects accomplish both requirements. The DPW Environmental Management Division is hopeful others in the community will arrange for a catch basin stenciling event in their neighborhood.

For more information, e-mail StormWater@usma.edu.

DOD Education Activity Survey

At a recent West Point School Board meeting, there was much discussion about the 15 percent West Point response rate to the bi-annual Department of Defense Education Activity Survey.

Parents of West Point School children are encouraged to fill out the survey and provide feedback on how well DODEA and the West Point School are doing in the education of their children.

The survey is easily accessed at www.dodea.edu. It takes about 20 minutes to complete. Twenty minutes invested in this survey can pay dividends in improving your children's education.

Surveys must be completed by Saturday.

Great fun for all at Polar Fest

Story and photos
by Kathy Eastwood
Staff Writer

A clear ski and mild weather of 36 degrees, made the fifth-annual Polar Fest held at Victor Constant Ski Slope Feb. 21 a day for fun with a crowd of 625 enjoying the event. Polar Fest is sponsored by the Directorate of Family, Morale, Welfare and Recreation and several commercial sponsors.

The Polar Fest is always a wonderful family experience, with lots of activities and demonstrations for the young and old, FMWR Marketing Director Liz Harrington said.

Nearly 800 people came to the Polar Fest last year due to the aftermath of an eight-inch snow fall the day before. That event grossed \$17,000 in ticket sales with proceeds going back into FMWR.

"I think the heavy snow fall put people in the mood (to get outside) last year," Harrington said.

Sergeant 1st Class Andre Rush, enlisted aid for the U.S. Military Academy Superintendent, Lt. Gen. Buster Hagenbeck, demonstrated his prowess with a chain saw in sculpting figures out of ice to the delight of the audience. Rush took requests of what to sculpt from the children watching with many demanding a cat.

The West Point Craft Shop was on hand

to help children create winter scarves inside the ski lodge while snow tube bowling went on outside.

Participants also were treated to Rudy Zimmerman and Abby Mayer playing Alphorns, which are horns 10 to 13 feet long made of wood typically found in the mountainous area of Switzerland.

There were snowboarding and skiing competitions for all age groups.

Although Samantha Bundick, 14, has more experience in skiing than she has in snowboarding, she opted for snowboarding at the festival.

"I've been snowboarding for two years," Bundick said. "My sister told me about it, and I thought it was fun, even though I think I'm better at skiing. It was fun learning to snowboard, but I fell down a lot."

Another young skier, 5-year-old Zoe Rodi, with a little experience in skiing under her belt was enjoying herself going down the beginners slope.

"I like to ski," she said. "I've been doing it for a few months now."

Rodi, holding the number 114, also was competing.

A freshly roasted pig and drinks were available to participants free of charge with several tables and chairs set up outside, which quickly become crowded when the aroma of food permeated the air.



Seven-year-old Aubrey Matalon tries snow tubing at the fifth-annual Polar Fest Saturday.



Zoe Rodi, 5, enjoys skiing during the Polar Fest Saturday at the Victor Constant Ski Slope. Rodi learned how to ski a couple of months ago. A crowd of 625 people showed up to the fifth-annual Polar Fest, which was a winter wonderland of many activities for young and old.

Heart health depends on lifestyle choices

From staff reports

The heart is a muscle that beats more than 2 billion times during an average lifespan. During Heart Month in February, Community Health Services at Keller Army Community Hospital reminds the community how important it is to take care of heart health.

More New Yorkers die of cardiovascular diseases, including heart disease and stroke, than all other causes of death combined.

Coronary heart disease is a narrowing of the small blood vessels that supply blood and oxygen to the heart.

This disease usually is caused by a condition called atherosclerosis, which occurs when fatty material and a substance called plaque build up on the walls of arteries and cause them to narrow.

As the coronary arteries narrow, blood flow to the heart can slow down or stop, causing chest pain, shortness of breath, heart attack and other symptoms.

"Heart disease has a close relationship to lifestyle choices," Capt. Kerry Garth, chief of Community Health Services at KACH, said. "Physical activity and healthy nutrition help assure that your heart will stay strong."

The New York State Department of Health recommends people of all ages engage in at least 30 minutes of physical activity on most or all days of the week.

"Poor nutrition can lead to many health problems, including high blood cholesterol levels, obesity and diabetes," Garth said. "Eating foods high in saturated fat (whole milk, full-fat dairy products, butter and red meats), trans fats (food with hydrogenated or partially hydrogenated oils such as some boxed cookies, crackers, doughnuts and margarine) or sodium (many processed foods) can increase your risk of getting heart disease. Replacing less healthy foods with more vegetables and fruits is an easy and enjoyable way to reduce fat, cholesterol

and calories."

The single largest contributor to the risk of having a heart attack is smoking.

Smokers are twice as likely to have a heart attack as nonsmokers, and they are between two and four times more likely to die suddenly from heart disease.

Exposure to smoke in the home and at the workplace also has been shown to increase risk.

Men in their 40s have a higher risk of heart disease than women. As women get older, their risk increases so that it is almost equal to a man's risk.

Many things increase the risk for heart disease. People are more likely to develop the condition if someone in their family has had it -- especially if they had it before age 50.

The risk for heart disease also increases with age.

Here are signs of a heart attack:

- Chest discomfort. Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain;

- Discomfort in other areas of the upper body. Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach;

- Shortness of breath with or without chest discomfort;
- Other signs may include breaking out in a cold sweat, nausea or lightheadedness.

Men and women often have different signs and symptoms of a heart attack. Chest pain is the most common for both.

Women are more likely to experience the less-known symptoms of jaw and back pain, nausea and vomiting.

Often, people aren't sure what's wrong and wait too long before getting help.

Even when you're not sure it's a heart attack, tell a doctor about symptoms. Fast action can save lives. Don't wait more than five minutes to call 911.

Post Library entices children to read

Story and photo by
Kathy Eastwood
Staff Writer

The Post Library and the Directorate of Family and Morale, Welfare and Recreation believe reading to children at a young age instills an interest in books and is a great way to enhance a child's interest in reading.

"Attendance at story hour introduces children to the immense and wonderful world of children's literature," Donna Lord, library technician and story teller, said. "The Post Library's story hour is a team effort of all library staff and features a variety of resources including books, videos and craft projects."

The Post Library began its annual spring story hour Feb. 17 for preschool children ages 3-5. The library hosts two story hour sessions—one in the fall and one in the spring. The current session ends April 28.

Story hours are 10:30 a.m. and 1:30 p.m. every Tuesday. Weekly registration is required.

"We read stories to the children," Lord said. "After the stories are read, (library staff reinforces what they read) by introducing crafts and showing a video based on the theme of the stories."

The theme for the first session was snowmen. The children were read stories about what snowmen are up to at night when everyone is asleep such as leaving the yard and playing in the snow and a story about the anticipation of building a snowman during a hoped-for school snow day only to find out school was in session because it didn't snow as much as expected. The children then watched a video about a dog building a snowman and went onto coloring top hats and scarves, which were then pasted onto a snowman.



Donna Lord, (right) library tech, reads to children before showing a video at story time at the Post Library Feb. 17.

"My favorite part today was the dog movie," 4-year-old River Wilson said, though she admitted she prefers stories about princesses.

Story hour is a big hit with children such as 5-year-old Sophie Drewes, who enjoys fairy tales.

"We attended story hour last year," her mom, Jade Drewes, said. "It has piqued Sophie's interest to the point that she doesn't want to go to dance lessons because she would be missing story time. She gets excited when she comes into the library and sees the craft table being set up because she knows that story time is about to begin."

The Post Library also holds a Summer Reading Program for 3-12-year-olds, which will be held June 22-July 31. Last year, there were a roughly 200 participants enjoying the six-week program.

For information about the reading programs or to register, call 938-2974.

Command Channel
8/23

Feb. 26 - March 5

Army Newswatch

(broadcasts times)

Thursday-Friday, Monday—March 5 -- 8:30 a.m., 1 p.m. and 7 p.m.

RCI meeting

(broadcasts times)

Monday -- 9 a.m.

Wednesday -- 2 p.m.

March 5 -- 7:30 p.m.

LifeWorks at Balfour Beatty Communities

The LifeWorks Program at Balfour Beatty Communities offers events and activities throughout the year to foster community spirit and a strong neighborhood environment.

The program is open to all residents of West Point Family housing, and all events are free. Upcoming events include:

- **Celebrate Dr. Seuss' birthday** — All moms and tots are invited to come celebrate Dr. Seuss' 105th birthday at 9:30-11 a.m. Monday at the Jewish Chapel.

Dr. Seuss' books will be read, and children will be involved in activities pertaining to the stories. Refreshments will be served. Call Jodi Gellman at 446-6407 to R.S.V.P. by Friday.

- **Fire Safety Open House** — The West Point Fire Department and Balfour Beatty Communities will hold an open house from 3-4:30 p.m. Wednesday at the Stony Lonesome Fire Station.

Firefighters will talk about smoke detectors and planning an escape route. Sparky the fire dog will lead a tour of the fire house. Refreshments will be served.

Contact Gellman, LifeWorks coordinator, at 446-6407 or jgellman@bbcgrp.com with any questions or suggestions.

What's Happening

Art therapy

All female combat veterans in the West Point area are invited to attend free art therapy from 1-3 p.m. Wednesdays at Buffalo Soldier Pavilion. Therapy will be facilitated by Deborah Farber.

For more information or to register, call 938-0353.

Infantry Ball

The 2009 Infantry Ball is scheduled for 6-11 p.m. Friday at the Eisenhower Hall Ballroom. Guest speaker will be Maj. Gen. Michael D. Barbero, commander of the U.S. Army Infantry Center and commandant of the U.S. Army Infantry School.

For more information and tickets, send an e-mail to darren.spears@usma.edu or jared.wilson@usma.edu.

Fish fry

Holy Innocents Church, located at 401 Main St. in Highland Falls, is hosting a fish fry every Friday during Lent from 5-8 p.m. Friday, March 6, 13, 20, 27 and April 3.

Fried tilapia and catfish, chicken tenders, macaroni and cheese, cole slaw and rolls are on the menu.

A movie will be shown beginning at 6 p.m. each night.

For more information and to purchase tickets, call 446-2197.

African American History Month observance

West Point Equal Opportunity Office and Special Emphasis Programs is presenting an education display from 11 a.m.-4 p.m. Friday at the West Point Post Exchange.

A slide and video presentation is planned.

Salvation Army

Volunteers are needed to help with a Salvation Army ministry event Saturday morning in Newburgh.

Men are needed for setting up, cooking and mingling with those who visit the event. For more information, contact Cal Christensen at 938-7142 or cal.christensen@usma.edu.

Red Cross classes

The American Red Cross is offering

several classes in February. All classes are held at the Red Cross office next to the West Point Visitor's Center.

Registration is required, and walk-ins will not be accepted. Classes include:

- EpiPen injector from 5-6 p.m. Friday;
- First aid for cats and dogs from 10 a.m.-2 p.m. Saturday.

To register, visit www.nyredcross.org.

Fight 4 Phia

The "Fight 4 Phia" community spaghetti dinner, sponsored by the Town of Highlands Volunteer Ambulance Corps, Highland Falls Fire Department and the Fort Montgomery Fire Department, takes place 1-6 p.m. Sunday at the Highland Falls Fire Department on Mountain Avenue.

The menu will include spaghetti and meatballs, salad, garlic bread and refreshments.

Three-year-old Sophia Farina was diagnosed with leukemia during Christmas. All proceeds from the dinner will help the Farina Family with medical costs.

For more information, go to www.thvac.org.

PWOC spring session

The Protestant Women of the Chapel is beginning its spring session.

The group meets for fellowship and small group Bible study from 8:45-11 a.m. Wednesdays and 7-9 p.m. Thursdays at the Post Chapel on Biddle Loop.

Free child care is available.

For more information, call Robin Meyer at 446-8798.

Book fair

The West Point Elementary and Middle Schools' Parent-Teacher Organization book fair is scheduled for 8 a.m.-4 p.m. March 9-12 at the middle school's gym.

Shopping for parents also is available 7 a.m.-4 p.m. March 6. Family shopping is scheduled for 7-8 a.m. and 5:30-8 p.m. March 11.

Community grants, scholarships

The West Point Women's Club is accepting applications for community grants and scholarships for continuing education and high school seniors.

Download applications at www.westpointwc.com, and e-mail jkgilliam@hvc.rr.com for more information.

Jazz concert

A jazz benefit concert with the two-time Grammy-nominated Tierney Sutton Band takes place at 7 p.m. March 15 at Mount St. Joseph in New Windsor.

The show is to benefit Orange County AHRC, which is a not-for-profit company serving children and adults with disabilities.

For tickets, call 561-0670 ext. 1137 or go to www.orangeahrc.org.

Charity marathon

The West Point community is invited to participate in the Potomac River Run marathon May 3 to raise money for the son of Sgt. Michael Robertson.

Robertson was killed in Iraq, and his son was only 2 months old.

Firstie Daniel Krieger, who served in Iraq in Robertson's squad before coming to the U.S. Military Academy, set up a trust fund for Robertson's son.

A group of about 50 cadets already has committed to participating.

For information about how to participate or support the cadet runners, contact Krieger at daniel.krieger@usma.edu.

Baggers needed

The West Point Commissary is accepting applications for baggers. Call 938-3663, ext. 202 for more information.

Reading efficiency course

The Reading efficiency course, RS102, begins March 23.

The course is open to cadets, faculty and employees at West Point.

It is a 10-lesson course designed to help increase reading speed without a significant loss of comprehension.

There is no homework, text, out-of-class assignments or WPRs/TEEs. Classes are offered during B, E, H, K and L hours of the cadet schedule.

All classes take place in the reading lab in JH002, located in the basement of Jefferson Hall.

The course syllabus will be sent before classes begin.

For more information or to enroll, call 938-3421 or e-mail yk8716@usma.edu.

ODIA Promotions

This weekend the Army Athletic

Association is offering promotions at three sporting events. The promotions include:

- 7 p.m. Friday, hockey vs. American International. A post-game autograph session is available for everyone who attends.

- 1 p.m. Saturday, women's basketball vs. Bucknell. It is Scout Day, which will include free scout patches, camo face painting and discounted admission.

There is a free pizza party for members of Black Knight Buddies and free admission for West Point youth wearing their team jerseys.

A post-game autograph session is available for everyone who attends.

- 5 p.m. Saturday, lacrosse vs. Cornell. The lacrosse game will be televised by ESPNU. Black Knights Alley is available in A Lot and will open at 3 p.m.

The
West Point Band
presents



Staff Sgt. Diana Powers — Flute
Sunday, March 1st, 3:00 p.m.
West Point Band Building
Egner Hall — 685 Hardee Place

Program to include:
Lipstick for amplified flute and
boombox
Trio (sic) Sonata S. 3(4) for flute, tuba
and tambourine by P.D.Q. Bach

Also featuring:
Staff Sgt. Nathan Eby — claves
Staff Sgt. Nathan Turner — tuba
Staff Sgt. Phil Helm — double bass
Noriko Herndon — viola
Bonnie Ham — flute



Free & Open to the Public
(845) 938-2617
www.westpoint.edu/band

NOW SHOWING

in the movie theater at Mahan Hall, Bldg. 752

Friday -- The Curious Case of Benjamin Button, PG-13, 7:30 p.m.

Saturday -- Bedtime Stories, PG, 7:30 p.m.

Saturday -- Gran Torino, R, 9:30 p.m.

THE THEATER SCHEDULE ALSO CAN BE FOUND AT

WWW.AAFES.COM

TSP TICKER

FEBRUARY share prices (as of 2/20)

C Fund	--	- 0.65 (8.9417)
S Fund	--	- 0.95 (10.4275)
I Fund	--	- 0.81 (11.6625)

FMWR Blurbs

Craft Shop sale

The Craft Shop sale continues through Saturday.

The sale includes 50 percent off all in-stock molding and mats and 10 percent off custom orders including shadow boxes and PCS/retirement gifts.

Go to www.westpointmwr.com, print out the sale ad and bring it in to receive a free mat cut design.

For more information, call 938-4812.

Armed Forces Vacation Club

The Armed Forces Vacation Club is lowering prices on its vacation destinations booked by Saturday for travel between April 17 and June 12 to places such as Spain, Colorado and Florida.

For more information, call 938-3601 or visit www.westpointmwr.com.

Mother's Day essay contest

The West Point Club's Mother's Day Essay Contest begins Sunday.

Write about why your mom is special and why she should be Mom of the Year. Send the entry along with a picture of your mom via e-mail or postal mail.

Reference "Mother's Day Contest" on all entries and mail to The West Point Club, 603 Cullum Road, West Point, NY 10996 or e-mail to nancy.amendola@usma.edu.

The winner will be announced May 1 and will receive a day at the spa plus four complimentary Mother's Day brunch tickets for May 10.

AER campaign

Army Emergency Relief campaign kick-off is scheduled for 3-4 p.m. Monday at Army Community Service, Bldg. 622.

Light refreshments will be served. The campaign will continue through May 1.

For more information, contact Amy Weyhrauch at 938-5839 or amy.weyhrauch@us.army.mil.

AFAP committee

A commander's AFAP steering committee meeting is scheduled from 1-4 p.m. Tuesday at the Jewish Chapel.

West Point agencies will report on the 16 new AFAP issues from the 2008 conference and the remaining six outstanding AFAP issues.

Members of the West Point community are welcome to attend.

Responses for issues submitted to AFAP

Keller Corner

Patients should keep list of medications

To help prevent medication overdoses and interactions, bring a complete list of all prescription, over-the-counter and vitamin or herb supplements taken including dosage and times taken to all appointments.

Carry the list in a wallet to always have it. Take the list to all doctor's appointments, medical lab testing and all emergency room and hospital visits. Keep the list current.

When a medication is discontinued, draw a line through medication and note the date regarding the dosage change.

Always inform Family members of the existing list.

Keep a list on the refrigerator in case an ambulance is ever called.

Meningitis case not cause for alarm

but not prioritized/selected by the workgroups are available online at www.westpointmwr.com/afap.htm.

For more information, call Jen Pagio at 938-3655.

Half-marathon training group

FMWR announces a half-marathon training group to prepare runners for the New Jersey half-marathon May 3.

Training begins Wednesday, and the group will meet twice a week for 15 sessions.

All runs are led by Certified Personal Trainer Andrea Ingram.

Call the Fitness Center at 938-6490 to sign up or e-mail everywomanfitness@hotmail.com for more information.

Story hour

Story hour at the Post Library is scheduled for 10 a.m. and 1:30 p.m. every Tuesday through April 28.

All West Point children ages 3-5 are invited to attend these free events.

Registration is required weekly.

For more information, call 938-2974 or stop by the library, Bldg. 622.

Texas Hold'em

FMWR is hosting a Texas Hold'em tournament at 2 p.m. March 7 at the Buffalo Soldier Pavilion, Bldg. 628.

Order forms and payment can be dropped off at ITR, Bldg. 695, through March 6.

Order forms are available online at www.westpointmwr.com.

Walk-ins will be accepted the day of the event on a space-available basis.

This event is open to civilians, Soldiers and Family members 18 years and older.

Volunteer dealers also are needed. Experience is not required, and a practice night will be held at 5 p.m. March 3 at the BSP.

If interested, please call 938-6497.

Fitness training sessions

Upcoming fitness training sessions include the Army Ten-Miler self-paced challenge at 8 a.m. March 7 at the FMWR Fitness Center, a cross-fit challenge at 9 a.m. March 7 at Arvin Cadet Physical Fitness Center and a bench press with 5K run at the FMWR Fitness Center.

For more information, call 938-6490.

Bunco night

The West Point Club will be hosting bunco

night at 6 p.m. March 12.

There will be food and the chance to win gift cards and other prizes. No experience is necessary, but participants must be 18 or older to play.

Make reservations by calling 938-8185.

Defensive driving

The next defensive driving class will take place 8 a.m.-3 p.m. March 14 at ACS, Bldg. 622.

To register, call 938-2401.

English Language Learners

ACS is hosting English Language Learners 9 a.m.-noon through March 31.

Classes are held at ACS, Bldg. 622. All skill levels are welcome.

For more information, call 938-0632.

Musical tickets

Free tickets to see "Guys and Dolls" at Albertus Magnus High School in Bardonia are available to military Families.

Performances are scheduled for 8 p.m. April 3-4 and 2 p.m. April 5.

To reserve tickets, call 938-6127 or e-mail joel.flowers@usma.edu by March 6.

The high school is located at 798 Route 304.

Parenting class

ACS is hosting a parenting class about living with teenagers at 6:30 p.m. April 15, 22 and 29 at ACS, Bldg. 622.

For more information and to register, call 938-3921.

Volunteer of the Year awards

The Volunteer of the Year awards will be presented at the annual Volunteer Recognition Ceremony from 9:30-11:30 a.m. April 20 at the West Point Club Grand Ballroom.

This year, awards will be given in six categories: active-duty military member, military spouse, military Family, civilian/retiree, youth and cadet.

All registered West Point volunteers are eligible to receive these awards.

If you know someone who exemplifies selfless service to this community, please fill out a Volunteer of the Year nomination form available on the ACS Army Volunteer Corps page at www.westpointmwr.com or from Army Community Service, Bldg. 622.

Return to Jen Pagio, Army Volunteer Corps Coordinator, at jennifer.pagio@usma.edu by March 13 or fax to 938-3019.

ACS volunteers wanted

ACS can help build marketable skills to incorporate into resumes.

Volunteer and develop professional references and community networks while giving back to the Army community.

Volunteer areas include Financial Readiness, Employment Readiness, Army Family Action Plan and Relocation.

Child care costs will be covered.

For more information, call 938-5658.

Lifeguards needed

FMWR is looking to hire Red Cross (or equivalent) certified lifeguards to monitor swimmers at Crandall Pool for a noon weekdays lap swimming program.

Those who are interested should submit an application to NAF Civilian Personnel, which can be reached at 938-2822.

For more information, call 938-8249.

Skate program

The FMWR Community Skate Program takes place 3:30-5 p.m. Sundays through March 8 at Tate Rink.

Call 938-3066 for more information.

BOSS resale lot

Do you have a vehicle you want to sell? Consider the BOSS Resale Lot located in the Commissary Parking lot.

Call 938-6497 for more information.

CYSS SKIES

Child, Youth and School Services SKIES Instructional Program sessions are ongoing.

For more information about CYSS SKIES, visit www.westpointmwr.com or call 938-3727/8893.

Hockey program

The West Point Sports Office Staff and Faculty Hockey Program continues through the winter. Sessions are 9-10:30 p.m. Wednesdays and 7-8:30 p.m. Sundays at Tate Rink.

For more information, call 938-3066.

Weekly job listings

The Employment Readiness Program offers weekly job listings to military Family members living on West Point and in the surrounding community.

This is a free service.

To list your available openings with the Employment Readiness Program, please e-mail amyjo.johnson@usma.edu.

Summer camps

Child, Youth and School Services will begin taking summer camp applications for previous summer camp users beginning at 6:30 a.m. March 9.

Applications can be found at www.westpointmwr.com. Click on the School Age Services section for more details.

For more information, call 938-4458.

Camp counselor opportunities

Teenagers are needed as volunteer camp counselors during the Child, Youth and School Services 2009 Summer Camp from June 8 - Aug. 14. Teens must be at least 13 years old and have completed the eighth grade.

Potential counselors must complete an application and attend six hours of training.

If interested, call 938-8525 for a teen volunteer application.

Solution to Weekly Sudoku

9	6	4	3	1	2	8	7	5
7	5	1	4	9	8	6	3	2
8	3	2	5	7	6	4	9	1
2	7	3	1	8	4	5	6	9
1	8	9	6	5	3	2	4	7
5	4	6	7	2	9	3	1	8
6	9	8	2	3	1	7	5	4
4	2	7	9	6	5	1	8	3
3	1	5	8	4	7	9	2	6

FOR PV HOME DELIVERY PROBLEMS CONTACT MATT O'SULLIVAN AT THE TIMES HERALD-RECORD AT (845) 346-3214 OR BY E-MAIL AT MOSULLIVAN@TH-RECORD.COM.

Army and Community Sports

McLaughlin, Adao earn two titles at PLs

By Tim Volkmann
Athletic Communications

Cows James McLaughlin and Lindsey Adao each won their second individual titles in two days to lead the Black Knights on the third and final day of the Patriot League Swimming and Diving Championships, hosted by Bucknell University at Kinney Natatorium, Feb. 19-21.

After finishing runner-up in both

diving events for the last two years, Adao completed the two-board sweep after compiling a 255.45 score on the 3-meter diving board.

Named the Patriot League Female Diver of the Year for her efforts, Adao also took top honors in the 1-meter competition with a 259.70 score.

McLaughlin picked up his second breaststroke championship in as many days, out-touching the field in the 200-meter swim with a

time of 2 minutes, 2.04 seconds.

His 55.47 clocking was tops in the 100-meter breast.

For three years, a male Army swimmer has swept the breaststroke events.

Jake Mentele, USMA class of 2008, swept the events during his cow and firstie campaigns.

The Army men finished third in the eight-team field with 596 points, behind second-place Bucknell (635) and champion Navy (1,031).

The Black Knight women ended up in fifth place with a team score of 303 as Colgate defended their title with a winning score of 862.

Plebe Paige Brink was named

the Patriot League Female Rookie of the Year after an outstanding competitive weekend.

Brink finished second in the 200-meter butterfly with an academy and plebe record 2:01.54 time, which was only .23 behind first-place finisher Caren Guyett of Colgate.

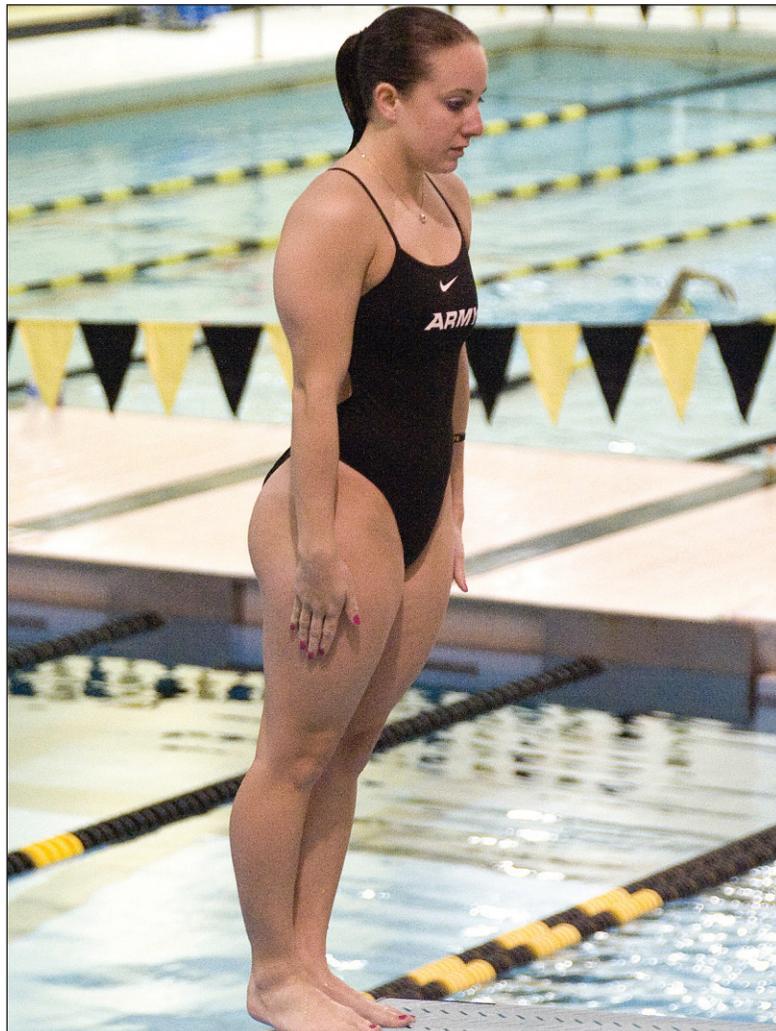
She then teamed with Yearling Corri Payne and Cortney Heaps and Plebe Leigh Rosenberger to finish fourth in the 400 free relay with a 3:29.21 clocking that set another academy record.

In three days, Rosenberger set academy records in the 100 free, 100 fly, 200 fly and was a member

of academy record 400 and 800 free relays.

She also set new plebe standards in the 50 free, 100 free and 200 individual medley.

"I am really proud of the way our team competed this weekend, especially our young group of underclassmen that keep getting better and better every time out," Head Coach Mickey Wender said. "Most of the swims were lifetime best performances and it is a testament to everyone working hard to be at their best at the end of the year when it means the most. I see nothing but great things in the future."



Cow Lindsey Adao was named Patriot League Female Diver of the Year after earning top honors in the 1-meter and 3-meter dives Feb. 20-21.

PHOTOS PROVIDED BY ARMY ATHLETIC COMMUNICATIONS

Cow James McLaughlin earned two individual titles during the Patriot League Swimming and Diving Championships Feb. 19-21. He won the 100-meter and 200-meter breaststrokes, marking the third straight year that an Army male swimmer has swept those two events.

• **Men's Handball:** The Army Men's Team Handball program experienced an action-packed Presidents' Day weekend and came away with a gold medal.

The Army Gold and Black teams were exceptionally competitive at the Blue Cup Invitational, which was hosted by the University of North Carolina.

The Blue Cup consisted of several of the best teams in the United States, many of which attended the West Point Invitational tournament.

The Army Black team went 5-0 on the weekend and won the gold medal at the tournament. The team outmatched UNC and North Pitt in early round action.

The third match-up of the tournament was against Atlanta, the same team that knocked Army out of the winner's bracket at the West Point invitational just less than a month ago.

After a hard-fought game, Army came out on top by one goal, leading to a semifinal matchup against a big and strong UNC alumni team.

At halftime of the semifinal matchup, Army trailed 14-7. After some defensive adjustments, intensity and heart allowed Army to fight back and win the game 22-19.

The on-court leadership from Firsties Brian Walsh, Justin Key and Jake Abramowitz was exceptional and fueled the comeback.

CLUB RESULTS

In the other semifinal game, Atlanta defeated NYC, which won the West Point Invitational.

In the Gold Medal game, Army faced Atlanta again. Army took the motivation that they had in the semifinal game and poured it on Atlanta for 60 minutes and defeated them by nine goals, winning the Blue Cup for the first time since 1998.

In addition, the developmental Army Gold team learned a lot from playing and watching and finished in seventh with a record of 1-4.

• **Powerlifting:** The West Point Powerlifting team defeated Navy for the eighth consecutive year Feb. 20-22, giving them one of the longest successful records against Navy for competitive club sports.

West Point lifters won every weight class except one as cadets set several New York powerlifting records at this meet.

The best lifter award was given to Plebe Caleb Shifflett. Shifflett is one of the strongest lifters in the nation.

Yearling Mike McKenna took first place at 132 pounds with a squat of 374 pounds, a bench press of 242 pounds and a 402-pound deadlift.

Plebe Ryan McCormack performed well at his first meet

as a 148-pound lifter. McCormack blasted up a squat of 400 pounds and a bench press of 268 pounds.

The deadlift would be the deciding lift for the 148-pound win. For the last attempt, Ryan stepped up on the platform and made the deadlift of his life (424 pounds), clinching the victory for West Point.

The 165-pound weight class was won by Plebe Tyler Wright. Wright squatted 462 pounds, benched 300 pounds and deadlifted 475 pounds.

In the 181-pound weight class, Firstie Scott Schultz (team captain) had a battle on his hands all day for the first place trophy.

Schultz put up some strong numbers (squat - 525; bench press - 330), but he missed his second deadlift attempt of 510 pounds.

Schultz needed a strong pull to win. Scott's tenacity were put to the test. He called for 520 pounds for his last lift of the meet, made the courageous lift and sealed the victory.

Coach Rick Scarpulla has never lost in a head-to-head competition to Air Force or Navy.

Scarpulla will bring his lifters to Louisiana next month to compete in the USAPL Collegiate National Championships.

Thomas sets two records at PL indoors

By Mark Brumbaugh
Athletic Communications

Cow Ebony Thomas continued her assault on the Patriot League record books Sunday by breaking the records she set in the preliminaries of the 60-meter and 200-meter dashes Feb. 21 en route to winning both events at the 2009 Patriot League Indoor Track and Field Championships in Annapolis, Md., at the Wesley Brown Field House.

The Army women's track and field team finished third overall.

Thomas defended her two indoor titles, winning the 60-meter dash in a meet record 7.57 seconds and the 200-meter dash in a meet record 24.61 seconds.

Joining Thomas as first-team All-Patriot League honorees were Firstie Geryah White (shot put) and Plebe Jari Ross (triple jump). Second-team honorees included Cow Kim Mallard (weight) and Firstie Meg Curran (5000-meter).

Navy won the meet with 151 points and was closely followed by Bucknell with 142. Army took third with 94 points.

"We just ran out of firepower and didn't quite have the numbers to win," Army Head Coach Troy Engle said. "The competitive spirit of the team was tremendous and there were a number of seasonal bests across the board. We just have to be patient, and we'll get there."

Thomas tied or broke a meet record each time she stepped on the track. She first competed in the 60-meter preliminaries Feb. 21, where she ran a personal-best time of 7.65 to tie the previous meet record set by Navy's Loni Forsythe in 2007 at West Point's Gillis Field House.

Thomas then broke the record later in the day in the semifinals with a time of 7.60.

Following the two 60-meter rounds, Thomas broke the 200-meter

meet record with a time of 24.85. Forsythe had set the previous best of 24.87 in 2007.

This is the second consecutive weekend in which Thomas has rewritten record books.

She broke her own academy indoor 200-meter record of 24.75 last weekend at the BU Invitational with a time of 24.50.

"There is no doubt in my mind that Ebony Thomas is the premier female track and field athlete in the Patriot League," Engle said. "She has established herself from day one as being in a league of her own in the sprints. I honestly believe that if she ever decided to pole vault and throw the shot put that she would excel at those. She brings an 'A-game' to this level of competition that is unmatched and unsurpassed by anyone in the conference."

White earned her first career Patriot League Championship in the shot put with a season-best throw of 45 feet, 10 inches. Firstie Kelcee Moody, the 2006 indoor PL shot put champion, took third with a mark of 43-1 3/4.

Ross, a three-time Patriot League Rookie of the Week during the regular season, earned the Patriot League title in the triple jump with a mark of 38-9.

"Jari (Ross) just continues to show that she is going to be a powerhouse for the next four years," Engle said.

Army has now won the indoor triple jump in three consecutive seasons. Firstie Angela Jenkins was the 2007 and 2008 champion but was unable to defend her title because of injury.

Army claimed two scoring places in the pole vault. Yearling Hallie Huggins nearly eclipsed the academy indoor pole vault record of 11-6 1/4 with a personal-best mark of 11-5 3/4 to place third, and Yearling Kaci Clark tied for fourth with a vault of 10-11 3/4.



Cow Ebony Thomas broke records in the 60-meter and 200-meter dashes Sunday at the 2009 Patriot League Indoor Track and Field Championships in Annapolis, Md. JOHN PELLINO/DOIM MMB

Huggins is now tied for second with Anna Diko on Army's Top 10 performers list in the event. Diko owns the outdoor academy record

at the same height. Carrie Bennett holds the indoor mark. Both records were set in 2001.

The Black Knights will return

to action Friday when they return to the Armory in Upper Manhattan for the NYU Fastrack Invitational. Competition will begin at 1 p.m.

Thurman leads Army men to 13th PL indoor track title

By Mark Brumbaugh
Athletic Communications

Firstie Brandon Thurman was named the Most Outstanding Track Athlete of the Meet as his three event titles led the Army men's track and field team to their conference-leading 13th Patriot League Indoor Track and Field Championship Sunday at Navy's Wesley Brown Field House in Annapolis, Md.

Thurman won the 200-meter and 500-meter dashes before anchoring a winning effort in the 4x400-meter relay.

Additionally, Army's first-team All-Patriot League honorees included Yearling Alfred McDaniel (long jump), Plebe Michael Hutchins (400-meters and 4x400-meters), Cow Andy Ferrara (4x800-meters, 800-meters and DMR), Yearling Torre Santiago (1,000-meters, DMR),

Yearling Chris Michels (4x400-meters), Cow Brandon Wright (4x400-meters), Cow Andrew Tingan (4x800-meters), Yearling Chris Wagner (4x800-meters), Yearling Tom Meyer (4x800-meters), Firstie Jonathan Anderson (DMR) and Yearling Rob Weir (DMR). The second-team included Anderson (5,000-meters), McDaniel (60-meters and 200-meters), Yearling Domonick Sylve (60-meter hurdles), Wright (500-meters) and Tingan (800-meters).

Head coach Troy Engle, who is in his first season as Army's head men's and women's cross country and track and field coach, was named as the Men's Indoor Coach of the Year. The Black Knights saw a remarkable improvement after last season's disappointing third-place finish where Army did not have a single individual or relay event

winner.

Hutchins was named the Male Rookie of the Meet after scoring in all four of the events he competed in, earning wins in the 400-meter dash and 4x400-meter relay. Hutchins was a two-time Rookie of the Week selection during the regular season.

Army took three of the top four places in the 200-meter dash with Thurman winning in a personal-best, IC4A Championship qualifying time of 22.05 seconds. McDaniel took second in 22.10 while Michels took fourth in 22.55.

Thurman had earned his first Patriot League Championship earlier in the day in the 500-meter run. The Pine Bluff, Ark. native, who had set an Army record in the 500-meters last weekend in Boston, won in 1:03.68 and was followed by Cow Brandon Wright to give

Army the top-two spots. Wright ran a personal-best, IC4A qualifying 1:04.34 and now ranks seventh all-time at West Point.

"Brandon Thurman was huge for us today," Engle said. "He led the charge in the sprints and tipped the scales solidly in our favor winning the 500-meters and 200-meters. Our speed and power events really set the tone for us, so I think he was a very clear choice as the top track athlete of the meet."

Hutchins won the 400-meter run in just his second ever attempt in a running event at Army. Hutchins bettered his top high school performance with an IC4A qualifying time of 48.91. Michels also took fourth in the event for Army in 49.73.

"We put Hutch on a relay leg last week in Boston just to see," Engle explained. "Honestly, almost by

accident, we were short of a leg and he stepped up and volunteered and ran a pretty incredible time. With his two primary focuses being the long jump and high jump yesterday, he asked if he could enter the 400-meters here, knowing that he did not have a seed time so he would have to run in the slowest section. He won the heat by seconds, so he almost ran the entire race by himself and won the competition."

After winning the 4x800-meters Feb. 21, Army completed a sweep of the relay events with wins in the 4x400-meters and distance medley relay. Michels, Wright, Hutchins and Thurman won the 4x400-meters in 3:18.40, while Santiago, Weir, Ferrara and Anderson won the DMR in 10:09.88.

The Black Knights return to action at 1 p.m. Friday in Manhattan for the NYU Fastrack Invitational.

Anthony scores 19; Army earns star over Navy

By Tracy Nelson
Athletic Communications

Yearling forward Erin Anthony scored 19 points while classmate guard Nalini Hawkins added 14 points to lead Army in its fifth-straight star game and 58-50 victory over Navy Feb. 21 at Alumni Hall.

The Black Knights improved to 17-10 overall and 7-5 in the Patriot League while Navy dropped its fourth in the last five games and fell to 13-14 overall and 6-6 in conference action.

The victory moved Army into a three-way tie with Holy Cross and Bucknell for third in the Patriot League standings.

"It felt like we picked up where we had left off on Wednesday with a big win at American," Head Coach Dave Magarity said. "This team has really showed toughness in this second cycle of Patriot League play. We're playing some of our best basketball right now."

Anthony led Army in scoring for the fourth game in a row, shooting 7-for-13 on the afternoon. Hawkins' 14 points complimented her five rebounds and four assists.

Firstie guard Alex McGuire finished with eight points while tying Hawkins with a team-high four assists.

McGuire's eight tallies moved her into fourth-place on Army's all-time scoring ledger with 1,413 career points.

"The way Anthony has progressed, she is about a year ahead of schedule in my mind," Magarity said. "I'm thrilled with that. We all knew that she had the talent, but it was a matter of her putting it together and playing with a little more confidence. More than anything, she's looking to score. I give a tremendous amount of credit to my staff—Maureen Magarity and Ty Grace—who works with the forwards. They have been pounding on her to be more aggressive and it's paying off."

"I have to give a lot of credit

to (Nalini) Hawkins playing the way that we need her to play every day," Magarity added. "She's still learning, but today she gave us a solid effort, which is what we're looking for from her."

Earning her second-straight start, Firstie forward Courtney Wright led all players with nine boards.

Firstie forward Megan Evans came up with eight rebounds off the bench, as Army won the battle of the boards by a 38-35 margin.

Army shot 38 percent (21-of-55) from the field and 50 percent (7-of-14) from three-point range.

Anthony nailed a career-high three of Army's seven triples on the afternoon, while Yearling guard Jessica Coiffard added two.

The Black Knights held Navy to 34 percent (18-of-53) from the floor.

Hawkins scored Army's first three buckets of the game, but the Midshipmen hit their first four three-point baskets to keep pace.

Navy's Emily Cordle and Army's Coiffard each drained back-to-back three-pointers, including Coiffard's baseline triple that pulled Army back to within one, 16-15, with 10 minutes, 45 seconds to play in the half.

An Anthony free throw at 9:17 tied the score at 16 apiece while her fifth career three-pointer on Army's next possession gave the Black Knights a 19-16 cushion.

Anthony's next bucket also came from three-point land and handed the Black Knights their largest lead of the game to that point (24-20) with 5:21 on the clock.

The teams exchanged baskets over the remainder of the half and entered the locker room tied, 26-26.

Navy's K.C. Gordon led all scorers with 10 points at the break, while the leading scorers for both teams were held without a single point in McGuire and Navy's Cassie Consedine.

Consedine finished with just



Yearling forward Erin Anthony (#32) continued her hot streak Feb. 21 versus Navy as she scored a team-high 19 points to lead Army over the Midshipmen 58-50. It was the fourth game in a row during which Anthony led Army in scoring.

ERIC S. BARTELT/PV

four points on the afternoon.

Both players got on the board within the first minute of the second half, as their teams traded baskets to open the second stanza.

Anthony remained on fire from long range, draining her third three-pointer of the game (16:15) to start an 11-2 Army run that gave the Black Knights an eight-point edge (35-43).

Hawkins capped the spurt with a steal and ensuing fast break layup with 12 minutes to play.

After an Anthony free throw put Army in front by eight (45-37), Navy responded with a 9-1 run that leveled the score (46-46) for the fifth time of the afternoon.

Army went on to score the next six points unanswered, including Baranek's first three of the game (3:40), while McGuire capped the surge with a coast-to-coast layup

with 3:13 to go and put Army in front, 52-46.

Myers' free throws accounted for Navy's first points in nearly five minutes and pulled the Mids back to within four (52-48) with a minute to play in the game.

Navy was forced to foul over the final minute of the game, where

Hawkins, McGuire and Evans combined to go 6-for-7 from the line.

Gordon and Whitney Davidson led Navy with 14 and 12 points, respectively.

After a game Wednesday, Army finishes its home schedule at 1 p.m. Saturday versus Bucknell.

Sports calendar

Corps

Feb. 26 - March 8

FRIDAY -- HOCKEY VS. AMERICAN INTERNATIONAL, TATE RINK, 7:05 P.M.

SATURDAY -- WOMEN'S BASKETBALL VS. BUCKNELL, CHRISTL ARENA, 1 P.M.

SATURDAY -- MEN'S TENNIS VS. VILLANOVA, LICHTENBERG TENNIS CENTER, 1 P.M.

SATURDAY -- WOMEN'S TENNIS VS. FAIRLEIGH DICKINSON, LICHTENBERG TENNIS CENTER, 4 P.M.

SATURDAY -- LACROSSE VS. CORNELL, MICHIE STADIUM,

5 P.M. (ESPNU BROADCAST).

SUNDAY -- WOMEN'S TENNIS VS. MASSACHUSETTS (8 A.M.) & NJIT (3 P.M.), LICHTENBERG TENNIS CENTER.

SUNDAY -- MEN'S TENNIS VS. FAIRLEIGH DICKINSON (NOON) & MONMOUTH (6 P.M.), LICHTENBERG TENNIS CENTER.

WEDNESDAY -- LACROSSE VS. BRYANT, MICHIE STADIUM, 4 P.M.

MARCH 7 -- WOMEN'S TENNIS VS. QUINNIPIAC, LICHTENBERG TENNIS CENTER, 9 A.M.

MARCH 7 -- LACROSSE VS. AIR FORCE, MICHIE STADIUM, NOON.

MARCH 8 -- WOMEN'S TENNIS VS. MARIST (9 A.M.) & COLGATE (NOON), LICHTENBERG TENNIS CENTER.

Club

SATURDAY -- WATER POLO, WATER POLO INVITATIONAL TOURNAMENT, ARVIN GYMNASIUM INTRAMURAL POOL, 8 A.M.

SATURDAY -- MARTIAL ARTS (TAEKWONDO), ARMY TOURNAMENT, ARVIN GYM (2ND FLOOR), 9 A.M.

Staff and Faculty Basketball Playoffs

*Playoffs through Monday

North Division Final:

DMI defeats DAD/ODIA 2-0.

Game 1 -- DMI 38, DAD/ODIA 28.

Game 2 -- DMI 38, DAD/ODIA 35.

*DMI is crowned North Division Playoff Champions

South Division Semifinals:

W.P. Garrison-GENE/DFL tied at one.

Game 1 -- W.P. Garrison 41, GENE/DFL 22.

Game 2 -- GENE/DFL 31, W.P. Garrison 25.

Central Division Semifinals:

Math #1 defeats Social Science 2-0.

Game 1 -- Math #1 28, Social Science 23.

Game 2 -- Math #1 41, Social Science 29.

DPE defeats BTD/USCC 2-1.

Game 1 -- BTD/USCC 20, DPE 18.

Game 2 -- DPE 15, BTD/USCC 13.

Game 3 -- DPE 29, BTD/USCC 22.

Central Division Final:

Math #1 defeats DPE 2-0.

Game 1 -- Math #1 39, DPE 20.

Game 2 -- Math #1 26, DPE 12.

*Math #1 is crowned Central Division Playoff Champions