



## West Point part of Hudson's 400th anniversary

This year marks the 400th anniversary of the exploration of English explorer Henry Hudson, sailing for the Dutch, and his discovery of the Hudson River. The yearlong event is informally known as the Quadricentennial. A myriad of activities are going on around the area, including at West Point. Local community leaders met at the West Point Visitors Center Wednesday to discuss the area's participation and posed for the photo above. From left to right are Jean Wort from the N.Y. State Quadricentennial Committee; Stella Bailey and Inga Quaintance, Town of Highlands Historian and Supervisor, respectively; West Point Garrison Commander Col. Dan Bruno; Village of Highland Falls Mayor Joseph D'Onofrio; and Tara Sullivan, the State Director of the Quadricentennial Committee, all holding one of the official banners for the celebration that Sullivan presented to the group. West Point plans to have a number of activities to include an exhibit at the Visitors Center based on Robert Juet's 1609 observations of the exploration along the Hudson April-May; participation in River Day and the flotilla of tall ships sailing up the river in June; a river-themed Trophy Point Concert by the U.S. Military Academy Band; and a visit by the royal Family of the Netherlands in September, to name just a few. Keep watch in the Pointer View for all the upcoming events and enjoy the year.

DAVE BRZYWCZY/PAO

## Construction of security gates at parking lots starts Saturday

By Linda Mastin  
Editor

As part of a new project, security gates will be installed at the entrances to Thayer Roof and Lincoln Hall lots. Construction at Thayer Roof begins Saturday morning, so all vehicles must be off the roof no later than 10 p.m. Friday. Vehicles left on the roof will be towed at the owner's expense.

Construction at Lincoln Lot begins Sunday, so all vehicles must be out of the lot no later than 8 a.m. Sunday or face towing at the owner's expense.

On Monday morning there will be 10 additional spaces reserved in Doubleday Lot

for handicapped parking for those people who would normally park on Thayer Roof or in Lincoln Lot.

A shuttle van will run from Doubleday Lot from 7-8:30 a.m. and 3:30-5 p.m. to the Library Corner, Mahan Hall, the Moat Area and Bldg. 606 turn-around for those employees requiring its service.

An additional shuttle bus will also run from Buffalo Soldier Field to K-Lot from 7-8:30 a.m. and 3:30-5 p.m.

For additional information, contact Chris Shaw, Directorate of Emergency Services at 938-2042 or Matt Cassidy, Directorate of Plans, Training, Mobilization and Security at 938-3650.

## West Point hosts 25th N.Y. State Science Olympiad

By Kathy Eastwood  
Staff Writer

High school students from throughout New York who competed in their regional science competitions in February are competing in the New York State Science Olympiad at West Point March 20-21, which West Point has hosted for 25 years.

Major Chi Nguyen, instructor in the Department of Chemistry and Life Sciences and NYSSO Coordinator, said having the community attend these competitions is a great way to encourage the students.

"It's like a sporting event," Nguyen said. "Community participation and attendance in these events is important to encourage students when they are showcasing (their talents) in the science arena. It will help to foster their interest."

The NYSSO is a non-profit organization dedicated to increasing interest in science and recognizing outstanding achievement in science and technology by providing teams of students an opportunity to participate in 22 regional and state Science Olympiad tournaments.

More than 700 students are expected to participate in the competition from roughly 50 schools. No local schools are competing, but schools from as far upstate as Vestal near Binghamton to Syosset in Long Island to Goshen High School will be competing.

One interesting project that is entertaining is the Egg-O-Naut, which is scheduled for 8 a.m.-3 p.m. March 21 at North Athletic Field. Teams construct rockets to carry a large raw chicken egg into the air, keep it aloft for as long as possible and then return it to the ground without it breaking.

Another project to consider watching is the design and building of an elevated bridge. This event takes place from 8 a.m.-3 p.m. March 21 at Robinson Auditorium.

SumoBots also seem to be a favorite of many observers and students. Competing robots are designed and constructed before the competition.

Each robot attempts to force an opponent's robot from a defined arena. This event is from 8 a.m.-3 p.m. March 21 at the Gillis Field House.

"I think it's wonderful just to see the youths very excited to be coming here and happy to show what they can do and to talk about their project(s)," Nguyen said. "Most high school youths actually expand their skills and knowledge and go on to science careers. They find an interest and they (become) good at it."

That is what happened to Plebe Nicole Siegrist in her junior year of high school when she competed in the Pennsylvania state Science Olympiad.

"It (the Olympiad) was one of my most favorite activities and I am glad that I was a part of it," Siegrist said. "It definitely increased my enthusiasm (for) chemistry and science, which is why I am looking into majoring in a field involving chemistry here at West Point."

"After starting some of the more advanced chemistry in my second semester here, I realized how much of it I recognized (from) before," she added. "It wasn't that I already had a class on it, it was because I had learned it through the Science Olympiad (competition)."

For more information on the NYSSO visit the Web site <http://newyorkscioly.org>.

## Welcome Parents to Plebe Parent Weekend.

Make sure you go to the  
PPW Reception Center in Eisenhower Hall.

For an abbreviated schedule, go to page 5.



## Getting the complete scoop on your questions to the Supe



**Hagenbeck**

During the Superintendent's semi-annual command interest brief Feb. 17, a number of questions were asked and briefly answered. To ensure the community has the correct facts, these issues were sent to the responsible agencies for more complete answers.

**Q1. How is West Point going to overcome losing more than 100 Families living here who are sponsors and participants in youth sports, etc.?(Garrison Commander)**

The Directorate of Family and Morale, Welfare and Recreation does use many volunteers to run its sports and instructional programs for children, etc.

The Directorates of Intercollegiate Athletics and Cadet Activities are also impacted by the loss of potential officer representatives and volunteer coaches.

Volunteer recruiting efforts for youth sports will continue. However, with the potential loss of Families on-post, the demand for the number of coaches may decrease also (fewer children using the West Point Youth programs).

We hope that parents not using the West Point programs will continue to be involved and get their children involved in youth sports and programs in the communities in which they live. These communities can then see the talent the Army has and thus strengthen the Army values in the civilian sector.

If parents continue to bring their children on-post, we hope they will continue to be part of the volunteer effort to help mentor and coach these children.

**Q2. Is West Point going to embrace the green initiative? (GC)**

Yes, it is. The Garrison is installing an E-85 and hydrogen fuel filling station in the area of the Old PX. Construction will be complete this spring.

Solar panels and a wind turbine are being installed to power the recycle center located at Range 2.

A successful "green cleaning" pilot program is ongoing in Bldg. 667. The intent is to expand the program to the Child Development Center and then to other West Point buildings. It replaces traditional cleaning supplies with green supplies.

Wind instrumentation equipment is being installed in the southwest portion of the reservation to measure wind yield, as that area shows promise for generating significant wind energy. The new USMAPS campus design will incorporate green cleaning, a recycling program and re-use of timber harvested from the site.

Additionally, a Lean Six Sigma project is ongoing to increase fuel efficiency on post, both at the work place and in housing areas.

**Q3. Why are communications not better? Some faculty only learn about things from the Times Herald-Record. (Director of Communications)**

Communicating news is important, and the leadership does want to arm the faculty and staff with the information they need to have informed discussions with their cadets.

The current medium for immediate communications is an e-mail to all users (reserved for a very few issues). We also can post information to the command information television channels 8 and 23, but not everyone watches that all the time.

The preferred method for command information is for leaders to communicate using the chain of command. This includes an e-mail from the leadership with the expectation that the chain of command will pass on the information. Less responsive methods include the *Pointer View* and news releases posted to the West Point Web page.

Unfortunately, we recently had call to communicate about recent cadet and staff deaths.

However, there are some legal and ethical issues with communicating about personnel. If a servicemember dies, including cadets and recent graduates, the military is required to wait 24 hours after the notification of all next of kin before making a public announcement—that is true even if the news media has already noted the death.

Certainly the chain of command can immediately inform the Soldier's unit (e.g.—the Corps of Cadets), but a wider message even to a purely internal audience is problematic.

Recognizing a deficit in internal communications, the Chief of Staff is starting an effort to institutionalize a Knowledge Management software solution that will result in a common intranet homepage for all faculty and staff.

**Q4. Why is there no family swim time in the Arvin Gym pools? (U.S. Corps of Cadets and GC)**

Unfortunately, Crandall Pool cannot be fully opened until a custom grate cover is manufactured, installed and certified by the state.

Once installed, FMWR will offer lap swimming during the lunch hours from noon-1:30 p.m. with potential to grow into an evening lap swim program (Monday and Wednesday evenings and weekend hours). This is lap swimming only, not a recreational play pool.

There will be a charge for Family members and DOD civilians. Active-duty military will be allowed to lap/exercise swim for free.

In addition, the Balfour Beatty Communities has plans for a community swimming pool with splash and play area in the Community Development Plan to be accomplished in the timeframe of FY13-14.

**Q5. What are we doing to stop rocks being thrown on the reservoir ice? (GC/**

**Directorate of Public Works)**

DPW will repair the retaining wall and will install a temporary sign advising against dismantling it. The West Point community is advised to notify the Military Police at 938-3333 if they witness individuals removing rocks for any reason.

**Q6. Is there going to be an issue with U.S. Military Academy Prep School cadets having more privileges while at USMAPS and then transitioning to the Corps of Cadets? (USMAPS and USCC)**

USMAPS cadet candidates will have a few more privileges than an underclass cadet just as they do right now at Fort Monmouth.

There may be some minor changes to cadet candidate privileges when they move to West Point, but it is important to not make that year at the prep school a fifth year at the academy.

During the academic week, cadet candidates will focus on academics and will have limited privileges. However, on the weekend they will have privileges in line with those of an enlisted Soldier.

The USMAPS campus has been placed at the Washington Gate area to maintain separation between the cadets and the cadet candidates. This will allow the candidates to remain separate and distinct from the Corps as reflected in different uniforms and privileges.

**Q7. With more people moving off-post, are we going to fix the parking problem here? (GC/Directorate of Logistics)**

The Superintendent initiated a Lean Six Sigma study on West Point Fuel Efficiency. This project is analyzing the current transit system, central area parking and the lack of availability of close parking and transit options.

The project goal is to develop an improved transportation system that increases ridership, decreases parking congestion, decreases environmental impacts, lowers net individual

See COMPLETE SCOOP, page 3

**Remember, the AER Campaign runs through May 1**

**Weekly Sudoku** by Chris Okasaki, D/EECS

Rules: Fill in the empty cells with the digits 1-9 so that no

		6			1		5	
	5		9	7	2	1		
3		9					8	
				8				
	6					5		2
		3	6	2	8		7	
	1		7			2		

Difficulty: Hard

digit appears twice in the same row, column, or 3-by-3 box.

See SOLUTION, page 9

**SHARP**

The members of the Sexual Harassment/Assault Response and Prevention program are Col. Jeanette McMahon, Shelley Ariosto (Garrison), Dan Toohey (Victim Advocate), Maj. Maria Burger (USCC), Capt. Vanara Nevels (ODIA) and Maj. Elizabeth Scioletti (Dean).

Community members can e-mail McMahon at [Jeanette.McMahon@usma.edu](mailto:Jeanette.McMahon@usma.edu) for advice or to offer any recommendations on the program here.

Cadets also can call the sexual assault support helpline at (845) 591-7215. West Point Soldiers and civilians needing assistance can call (845) 938-3369.

**POINTER VIEW®**

Printed weekly by the  
**TIMES HERALD-RECORD**

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# Local and National News

## Two DPW employees die

Compiled by Linda Mastin  
Editor

Two Directorate of Public Works employees died last week.

James W. Stevens Jr. of Walden, 60, died March 5 at Westchester Medical Center in Valhalla. He was a housing specialist for West Point DPW.

"As a maintenance representative for the Housing Office, Jim took great pride in ensuring that residents were guided to the right service. He inspected housing repairs through completion. At the conclusion of the repair, he always sought customer approval. Jim had a gentle manner that put recently arrived Army Families at ease," said Matt Talaber, Director of DPW.

Stevens retired from the Air Force after serving 25 years and was a member of the Maybrook VFW.

He is survived by his wife, Chong Suk Stevens; one brother, Frederick J. Stevens and his fiancée Deidra of Maybrook; aunts, uncles and cousins.

A memorial service was held Saturday at the Maybrook Methodist Church.

Cremation was at the Cedar Hill Crematory

in Newburgh.

Memorial contributions may be made to the Maybrook Methodist Church.

Michael B. Anderson of Highland Falls, 56, died March 5. He was the chief realty officer here.

Of Anderson, Talaber said, "I had the privilege of working with Mike for 20 years, a trusted and valued member of DPW, who crafted complex real estate documents related to rights-of-entry, divestiture of Stewart Army Sub-post and cell tower leases. Mike's positive attitude and infectious sense of humor will be greatly missed in the halls of the DPW building."

Anderson was predeceased by his brother, Rolf Rock, and survived by his children, Michael Beau, Dorianne D. and Gwen Ursula Anderson; and his siblings, Hildegard Schaefer, Troudel Rock and their families including the late Rolf's family and his stepmother Noi Anderson.

A funeral was held Wednesday at St. Catharine's Church in Blauvelt.

According to Talaber, DPW lost two valuable and well-liked employees.

"The loss of these two men is greatly felt throughout DPW," he said.

## COMPLETE SCOOP, cont. from Page 2

fuel usage and improves quality of life and mission effectiveness.

**Q8. Why is FMWR and/or also the DCA catering mandatory and so expensive? (GC/FMWR and DCA)**

The pricing is specific to the desires of what the customer wants (wait staff, types of place settings, table linens, etc).

The Army Club system pricing is contingent on the costs that must be covered to produce profits, which support the FMWR Soldier and Family programs post wide, not just the Club system.

In accordance with regulatory guidance, when using a government facility or funds, the right of first refusal does fall to FMWR

(locally, the West Point Club) for non-cadet events (official functions, promotion parties, etc.).

Use of private funds and caterers in non-government facilities is not restricted, except that the private caterer must be approved to operate on West Point in accordance with government solicitation policies described in AR210-7.

DCA and the West Point Club food sources are all government approved food sources inspected by the veterinary service. FMWR profits come back for Community Support and FMWR building improvements.

For a review of pricing, visit the FMWR Web site at [www.westpointmwr.com](http://www.westpointmwr.com).

## 2007 graduate dies in Iraq

Compiled by Linda Mastin  
Editor

U.S. Military Academy graduate 1st Lt. Daniel B. Hyde died March 7 in Samarra, Iraq, of wounds sustained in Tikrit when an explosive device struck his unit vehicle while supporting Operation Iraqi Freedom. He was 24.

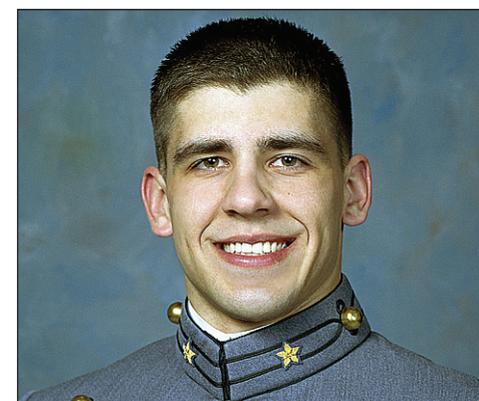
Hyde was a platoon leader in the 2nd Battalion, 35th Infantry Regiment, 3rd Brigade Combat Team, 25th Infantry Division, Schofield Barracks, Hawaii, and had been deployed since October, according to his family in an interview with the Modesto Bee.

He graduated 23rd in his USMA 2007 class and branched infantry. He also completed Airborne and Ranger schools.

Brigadier Gen. Patrick Finnegan, Dean of the Academic Board, said in an e-mail Monday, "Dan Hyde was a regimental commander as a firstie and a true superstar."

A civil engineering major at West Point, Hyde graduated in 2003 from Downey High School in Modesto, Calif., where he played basketball, football and golf. He was also elected student body president twice.

Hyde is survived by his parents, Brian and Glenda, and his sister, Andrea.



**First Lt. Daniel Hyde**

California governor Arnold Schwarzenegger issued the following statement Tuesday on NewsBlaze.com regarding Hyde's death.

"First Lieutenant Daniel Hyde was a brave Soldier who committed his life to serving our country and protecting the ideals that it was built upon. Maria and I are grateful for his service and we will never forget his sacrifice. On behalf of all Californians, we send our thoughts and prayers to Daniel's Family, friends and fellow Soldiers as they mourn this tremendous loss," Schwarzenegger said.

A memorial service was held in Iraq this week. Funeral arrangements are pending.

## AAFES continues to honor Certifichcks

From staff reports

The Army and Air Force Exchange Service announced March 3 that they would continue to honor and redeem Certifichcks, gift certificates that have been purchased for servicemembers, despite the recent announcement that Certifichcks has ceased operations.

Many Soldiers and Families in the West Point community received this product from the U.S. Military Academy and U.S. Army Garrison-West Point Holiday Share Program, according to Jill O'Brien, Army Community

Service director in an e-mail Monday.

"Soldiers, Airmen, Sailors or Marines can be assured that if they have one of these gift certificates they will still be able to use them to purchase whatever they need at our stores," said AAFES' Chief of Corporate Communication Lt. Col. Dean Thurmond.

When AAFES' Gifts From the Homefront troop support initiative was started nearly six years ago, Certifichcks allowed more flexibility than a traditional gift card since they could be redeemed at other exchange systems, regardless of branch of service. They can be redeemed at the West Point PX.

# Traumatic brain injury — symptoms, diagnosis, treatment

By Jerry Harben  
MEDCOM for ARNEWS

A roadside explosion throws a Soldier against the side of his vehicle, with force that shakes his brain inside his skull. Another Soldier is in a traffic accident on the way to work, her head thrown forward into the windshield. A Family member takes a hard fall during a sporting event, hitting his head on the ground.

Different situations, but often the same result—a mild traumatic brain injury (TBI), better known as a concussion.

A concussion is an injury that causes an alteration of a person's mental status. You had your "bell rung." You are dazed and confused. More serious brain injuries that cause unconsciousness for 30 minutes or more are usually quickly recognized, but concussions may be dismissed and go untreated.

"It's the same as we see in a football game on TV, but no one comes out and holds up two fingers for you to count," said Lt. Col. Lynne Lowe, TBI program director in the Office of the Surgeon General of the Army.

"If you have a car accident and the EMTs come, they are likely to tend to your bleeding and not check for concussion. You are likely to be so happy you're alive, you don't think about a concussion," she added.

Most people recover from concussions in a short time—as long as they do not repeat the injury.

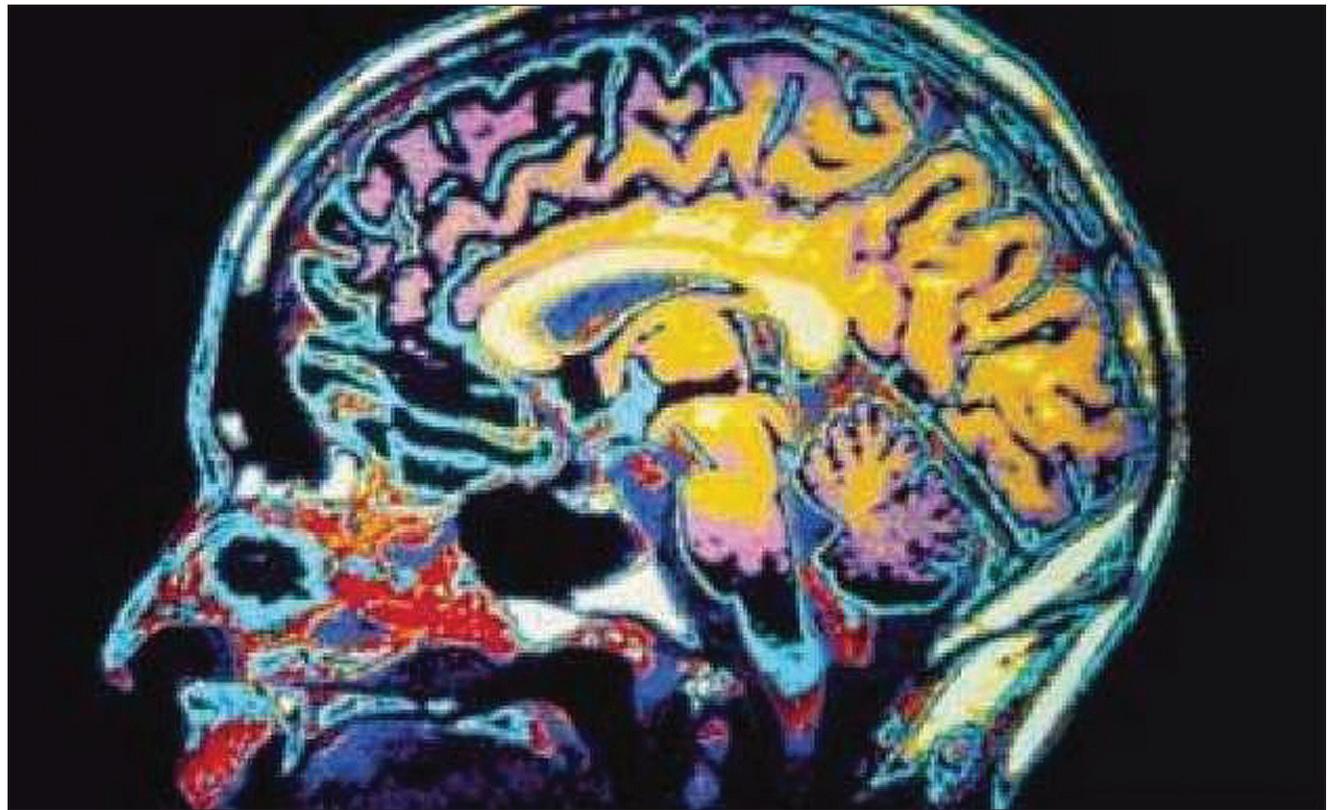
"If someone has a concussion, we want them to be evaluated. It is very important that we protect them from getting another concussion before their brain heals," Lowe said.

Symptoms of concussion can include confusion, headaches, dizziness, ringing in the ears or nausea. These symptoms usually resolve themselves within hours or a few days. Some people do have more persistent symptoms, which can include trouble sleeping, irritability or blurred vision.

"Providers can give medication for headaches or dizziness, and reassure them that they will be OK, because most people will be OK," Lowe said. "We teach them about what it means to have a concussion, and some of the warning signs of a worsening condition. If symptoms last longer, more formal testing can be done and, if needed, rehabilitation. It's a step care model, give them what they need, while always using our best judgment and available guidance."

"Just reassurance is very therapeutic in itself. Research proves that reassurance and education contribute to better outcomes," she said.

The military has developed two tools to help medical professionals diagnose concussions. The MACE (Mild Acute



**March is Brain Injury Awareness Month and no matter if a brain injury is sustained through work, travel or sports, it's important to understand the symptoms and know what kind of help to get.** ARNEWS PHOTO

Concussive Evaluation) is part of treatment protocols used in the Department of Defense for injuries less than seven days old. A doctor or medic will ask about the subject's medical history and test memory and thinking ability. The subject may be asked to repeat a sequence of words or count backward.

"It isn't that a bad score means you have a TBI," Lowe said. "The score means nothing by itself. It informs the decision, but doesn't form a diagnosis."

The ANAM (Automated Neuropsychological Assessment Metric) is a computer-based neurocognitive test. From the full 45-minute test battery, the military has extracted several tests associated with brain injury that take about 15 minutes to complete. Soldiers complete this test before deploying. If there is an incident that might produce a concussion, medical personnel on site can e-mail for the baseline results and compare them to a post-injury test.

Again, ANAM is not diagnostic. It is a tool used by a trained healthcare provider to help in making a diagnosis.

The Army has conducted a well-publicized campaign to

convince Soldiers who may have suffered a concussion in combat to seek treatment. But this is not an injury limited to combat. It can result from sports, vehicle accidents or everyday activities that produce falls or bumps.

"Whether you're going down a snow ramp on a tube, riding a bicycle or playing contact sports, it's a good idea to wear a helmet," said Larry Whisenant, chief of the safety office at Army Medical Command Headquarters. "Even children on a bicycle carrier should have helmets. It's such an easy thing to do and it can prevent a lot of grief."

"Some states don't require a helmet when riding a motorcycle, but the Army requires it of Soldiers regardless of state law," he added.

Whisenant said safe helmets should bear a seal of approval from either the U.S. Department of Transportation or the Snell Memorial Foundation.

"A Nazi-style helmet that lacks a DOT or Snell seal is not good. It may look good riding down the highway, but it doesn't provide the protection you need," he commented.

## News Notes

### Professor earns stipend for humanities award

English Department Assistant Professor Dr. Karin Roffman was awarded a National Endowment for the Humanities summer stipend.

Roffman is the first West Point instructor to earn a NEH summer stipend, according to the academy's Associate Dean for Academic Research Dr. Stephen Landowne.

Roughly 850 applicants from colleges and universities across the country, with a maximum of two applicants allowed per institution, compete for about 110 awards annually, he explained.

"It is truly a mark of national-level recognition in the humanities," Landowne said.

Roffman, who did her undergraduate work at Stanford and earned her Ph. D. from Yale, will receive a \$6,000 stipend to study the work of John Ashbery, one of the pre-eminent living poets in America today, according to West Point English Department Academy Professor Lt. Col. Brian Imiola.

Her project is titled "A Study of John Ashbery as a Poet and Collector in his Hudson Home."

"Professor Roffman is very excited about the opportunity to work closely with John Ashbery's poetry," Imiola explained.

The NEH program provides scholars with an opportunity to pursue research in the humanities that contributes to scholarly knowledge or to the public's understanding of the humanities.

### SOSH Department earns Army Superior Unit Award

The Secretary of the Army recently awarded West Point's Department of Social Sciences the Army Superior Unit Award for its meritorious service in support of the Global War on Terrorism.

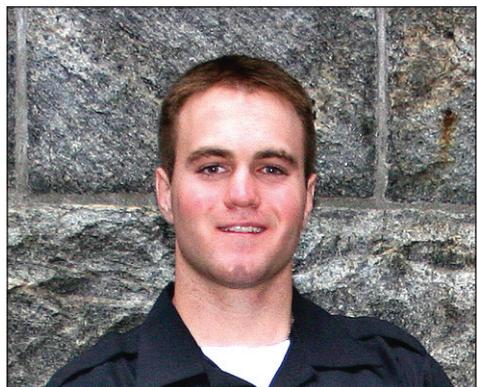
The award recognized the department for its exceptional work from Jan. 1, 2007 through Nov. 5, 2008.

Colonel Michael Meese, Professor and Head of the Department of Social Sciences said, "The award reflects the close connection between the subjects that we teach cadets and the contribution that our department members make to the Army every day."

Meese is currently deployed to Gen. Ray Odierno's staff in Baghdad, Iraq.

# Plebe Parent Weekend

## Cadet Chain of Command for the Class of 2012



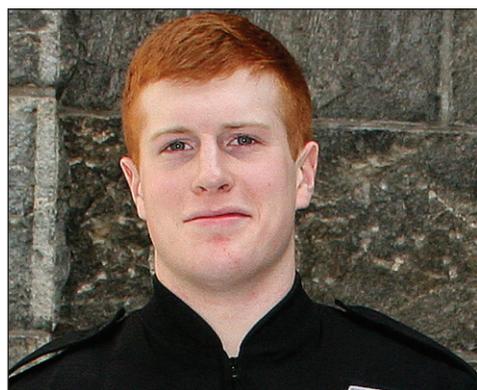
**Plebe Charlie Phelps**  
**Regimental Commander**  
 Hometown: Woodinville, Wash.  
 Company: D-1  
 Future hopes: To branch infantry.  
 PPW quote: "It will be an exciting weekend. We are getting the opportunity to share cadet experiences with the parents. I'm looking forward to it."



**Plebe Alexander Purdy**  
**Executive Officer**  
 Hometown: Midland, Texas.  
 Company: E-1  
 Before West Point: Attended prep school in Marion, Ala.  
 PPW quote: "I see myself helping where I can and helping our Regimental Commander doing what he needs me to do."

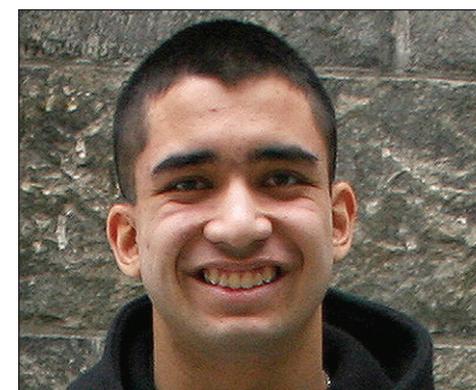


**Plebe Angela Smith**  
**Command Sergeant Major**  
 Hometown: Vestal, N.Y.  
 Company: C-3  
 Future hopes: To branch Military Police, "because there is a lot of action."  
 PPW quote: "My role as leader is mostly accountability. It's to make sure the event runs smoothly and to make sure parents know what is going on with their cadets."



**Plebe Daniel Zeller**  
**1st Bn. Commander**  
 Hometown: Camden, N.Y.  
 Company: F-1  
 Future hopes: To branch artillery.  
 PPW quote: "I need to make sure things are organized well and to fulfill my duties as well as any other commander. I need to set an example for my classmates."

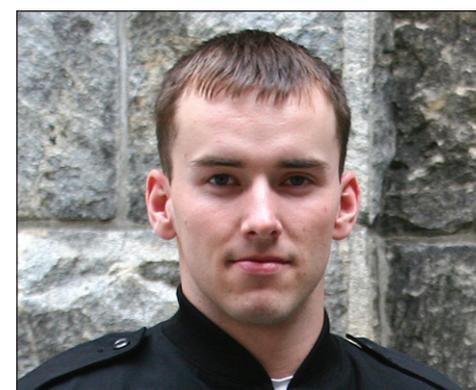
Partial Plebe Parent Weekend Schedule		
<b>Friday</b>		
You will not see your cadet until after their last class. Classes end at 12:50 p.m.		
7 a.m.-11:30 p.m.	Plebe Parent Weekend shuttle bus service operational	Post-wide
8 a.m.-4 p.m.	<b>Plebe Parent Weekend Reception Center</b>	Crest Hall, Eisenhower Hall
9 a.m.-noon	Cadet Uniform Factory Tours	Uniform Factory
2-3 p.m.	<b>Commandant's Welcome</b>	Theater, Eisenhower Hall
	<b>Question and Answer Session - Mandatory event for plebes.</b>	
3-5 p.m.	Dean's Academic Open House	Various Locations
	Commandant's USCC Open House	Arvin Gym Entryway
	DPE Physical Program Demonstration	Arvin Gym
	Simon Center for Professional Military Ethic Tour	Bldg. 747, Nininger Hall
5 p.m.-11:30 p.m.	Cadet Privileges (as duty permits)	See Privilege Memorandum
11:30 p.m.	<b>Taps</b> —Cadets must be in the barracks by 11:30 p.m.	
<b>Saturday</b>		
7 a.m.-1:30 a.m.	Plebe Parent Weekend shuttle bus service operational	Post-wide
8-10 a.m.	<b>Kimsey Center Sports Hall of Fame Tours</b>	Kimsey Center
	<b>Jefferson Hall Library Tours</b>	Jefferson Hall
10-11 a.m.	<b>Plebe Parent Cadet Review</b>	Shea Stadium
1-3 p.m.	<b>Tactical Officer Orientation and Cadet Barracks Open House</b>	Company Areas
3-5 p.m.	Superintendent's Quarters Tours	Quarters 100
	<i>Limited space available. Must register for a tour PPW Reception Center.</i>	
7-8 p.m.	Plebe Parent Banquet	Cadet Mess, Washington Hall
	<b>Mandatory Event for Plebes. All cadets must be in place to take seats no later than 6:45 p.m.</b>	
8 p.m.-11 p.m.	Academy Photo (Family and couple portraits during the Hop)	Theater, Eisenhower Hall
8:15 p.m.	<b>Receiving Lines</b> <b>Mandatory Event for Plebes.</b>	Crest Hall, Eisenhower Hall
8:30 p.m.-12:30 a.m.	Plebe Parent Hop	Ballroom, Eisenhower Hall
1 a.m.	<b>Taps</b>	



**Plebe Oscar Garzon**  
**3rd Bn. Commander**  
 Hometown: Brewster, N.Y.  
 Company: B-3  
 Future hopes: To branch armor.  
 PPW quote: "I see my role as a leader to guide others to do their best and to be more of a leader of action."



**Plebe Brett Jack**  
**2nd Bn. Commander**  
 Hometown: Corona, Calif.  
 Company: H-2  
 Future hopes: To branch infantry.  
 PPW quote: "I see myself keeping accountability (in the organization of the weekend) and to make sure everyone is having fun. It's exciting and an honor to be selected because everyone looks forward to this weekend."



**Plebe Jeffery Gulley**  
**4th Bn. Commander**  
 Hometown: Carrie Mills, Ill.  
 Company: F-4  
 Future hopes: To branch infantry.  
 Before West Point: The former Army Specialist spent eight months in Baghdad in 2006.  
 PPW quote: "My role is to help my classmates and (their) parents to have fun because this is the best weekend this year and to make sure the parents have a good time watching us in the parade."



## Psychology program spends week in Europe

By Lt. Col. John M Graham  
General Psychology Program Director

Six members of the Behavioral Psychology and Leadership Department cut classes Feb 23-28 to educate the active Army.

According to Col Tom Kolditz, the group was invited by Gen. Carter F. Ham, Commander of the Army in Europe, to spend three days with 26 of his general officers and senior executive service civilian equivalents and their spouses to discuss the head-on approach to understanding the psychology of deployment, combat experience and redeployment on Army Soldiers and their Families.

Ham made headlines across the nation last November when he told USA Today that he had sought treatment for symptoms of post-traumatic stress upon his redeployment from northern Iraq in 2004 after leading Task Force Olympia, based at Ft. Lewis, Wash., in combat operations. "I needed a little help, so I got a little help," Ham said.

For many decades, there has unofficially existed a stigma in the armed forces where servicemembers who reported their need for counseling may have historically been viewed as weak. Senior leaders across the Department of Defense, including Chairman of the Joint Chiefs of Staff Adm. Mike Mullen, have gone on the record recently stating there is

a need to change the military culture so it promotes this as a sign of strength.

Ham, well known for his intense leader development program, has held many sessions with his key leaders and said, "I recognized early on (as we developed the USAREUR Senior Leaders' Forum program) that the Department of Behavioral Sciences and Leadership, the Center for Enhanced Performance, and USMA, at large, were Army resources that could help us tackle this challenging and relevant topic."

The psychology program in BS&L has been tackling the hard problems of the human dimension in the Army, which is focused on how to improve the cognitive performance of every Soldier. This is a broad agenda as cognition is impacted by emotions, behavior and the physical processes of the body. Further, instead of being narrowly oriented on the Soldier in combat, the human dimension includes predeployment, post-deployment, spouses, children and anything that is related to the Soldier. As a result, it includes diverse topics such as training, performance under stress, networked organizations, PTSD, sexual harassment and cultural change.

"As an academic institution, West Point has access and is willing to explore the studies and science that the institutional



Army may shun," said BS&L instructor Maj. Joe Geraci. "We are able to brainstorm on solutions that the active Army may, culturally, not be willing to entertain."

Geraci gave a first-hand account of his personal experiences with PTSD during and after combat in Afghanistan. He has done extensive work with Veterans Affairs on the topic and has spoken at venues across the nation. Firsties Peggy Staun and Chris Carnes also engaged the Army's senior leaders.

"This has been three days of intense application of the theories I have been learning for the last four years," Carnes said. "I was impressed that while I learned a lot, I also had something to offer to the conference."

The cadets will spend the rest of the semester applying the lessons learned to their senior projects. Staun, a future Medical Services officer, will apply the lessons of the conference directly to her work after graduation.

Lieutenant Col. Carl Ohlson, Director of the West Point Center for Enhanced Performance, also made the trip.

"West Point's focus on individual and team performance enhancement has had major impact on how the Army trains and develops its people. Techniques perfected and tested at West Point are now making it to the active force. Leaders at all levels are really embracing the concept of incorporating mental and emotional strength into an overall pursuit of excellence," Ohlson told the leaders present.

Instructor Angela Rehak presented her series of children's books "Uncle Sam's Kids" at the conference. The series is an example for military children on how to deal with deployment.

"The same theories we teach in the classroom (at West Point) are represented in the books in a practical sense," Rehak said.

### Earth Day contest

West Point school children are invited to participate in an Earth Day poster contest for grades K-4 or an Earth Day essay contest for grades 5-8. The contest is sponsored by the Directorate of Public Works and Balfour Beatty Communities Lifeworks Program.

The theme for both contests is energy conservation. Each entry must be designed by an individual child.

The posters may be no larger than 18" by 20" and can be either a portrait or landscape-oriented submissions. Any type of paper or artistic media may be used. The essays may not be more than 200 words and can be hand-written or typed, but must be easily read by the judges.

Posters and essays must be submitted by April 7 to the Balfour Beatty office at 132 Bartlett Loop, West Point.

A first and second prize will be awarded in each age group and will be based on how well the poster/essay reflects how energy conservation helps to save the earth for the future. Specific contest rules are available at Balfour Beatty Communities Office at 446-6407 or the Directorate of Public Works customer relations at 938-4407.

# Cadets train with DEA

By Plebes Micah Ables and Kevin Kerr and Cow Chad Plenge

Cadets from the Law Enforcement Tactics Club went to New York City and Quantico, Va.,

to train with the Drug Enforcement Administration Feb. 26-28.

The DEA is a branch of the Justice Department that hunts down and prosecutes drug offenders domestically and internationally. Unlike local law enforcement

agencies who focus primarily on the lower level leaders, the DEA focuses on the higher level leaders of drug organizations.

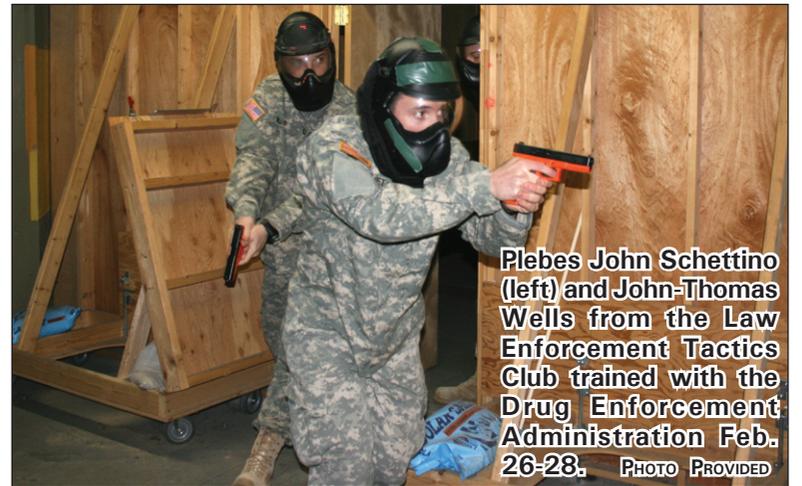
At the DEA field office in NYC, the cadets received a briefing on the inner workings of the administration.

Later they ran through scenarios in a virtual reality simulation that projected scenes on a screen that required the cadets to react to in different manners, learned room clearing tactics and trained in the DEA's raid house using simunition rounds.

"The scenarios, simunition training and everything else the DEA did for us was extremely enjoyable and informative," said Plebe Micah Ables.

The club also went to the DEA's training facility in Quantico where they were educated on the making of methamphetamine and the many considerations DEA agents need to account for when raiding and processing a clandestine drug lab.

The DEA's Foreign-deployed Advisory Support Team talked to the cadets about their international role in stopping the drug trade. The FAST teams are similar to Special Forces teams in the military, but they focus on disrupting the drug trade by removing key leaders.



Plebes John Schettino (left) and John-Thomas Wells from the Law Enforcement Tactics Club trained with the Drug Enforcement Administration Feb. 26-28. PHOTO PROVIDED

Cadets were briefed on the cooperation and relationships between FAST operators and their in-country military counterparts.

"Talking to the FAST team was pretty interesting, because it gave me an idea of possible professions after my military career, and showed how the DEA is integrated with the military overseas," said Plebe Bill Dorner.

The club also received one-on-one training with various weapons and they practiced marksmanship, with instructions on shooting in alternative scenarios, such as in and underneath vehicles and shooting on the run.

"It was very exciting to have the

opportunity to shoot with veterans of our law enforcement and to experience the different types of weapons at their disposal," said Plebe Aaron Miley.

The mission of this trip was two-fold—to expose cadets to a different type of law enforcement and to show cadets how the DEA will be affecting their careers as future military leaders.

Club cadet-in-charge Yearling Chad Plenge, explained, "It is important for the cadets to understand what the DEA's role and mission is in Afghanistan and other countries so they can see how it is interwoven with the Army's role and mission in those same countries."



## High School outreach

Cow Sarah Levy was one of nine cadets from the West Point Honor and Respect Committees who went to Paterson, N.J., as part of the Simon Center for the Professional Military Ethic high school outreach program Feb. 24. Levy, pictured here at lunch with some of her group of high school juniors, and the other cadets spent the day discussing why they make decisions based on values such as honor, integrity, respect and personal courage. There were students from more than 10 high schools in the Paterson area at the event.

PHOTO BY MAJ. CASEY MOES

# Cadets taking scuba knowledge to new depths

Story and photos by  
Emily Tower  
Staff Writer

Cow Josh Mauldin began to panic the first time he lifted his face mask while submerged in Crandall Pool. And then he realized he had an advantage—he could breathe under water.

“I calmed down and remembered, hey, I have this regulator in my mouth and can breathe,” Mauldin said.

He is still working to remember he doesn’t have to hold his breath while swimming, and if he successfully completes open-water dives in Belize over spring break next week, he’ll be a certified scuba diver.

Mauldin and dozens of other U.S. Military Academy cadets have learned to scuba dive from their

peers—certified scuba instructors who belong to the West Point Scuba Club. Cadets and active-duty Soldiers can pay a fee and learn to scuba dive in Crandall Pool.

Mauldin saw some posters about scuba lessons hanging up a few weeks ago and decided to give it a try.

“At West Point, they encourage us to try new things,” Mauldin said. “There are so many clubs here, but I joined the class on a whim. I thought if I don’t do it now, I probably never will.”

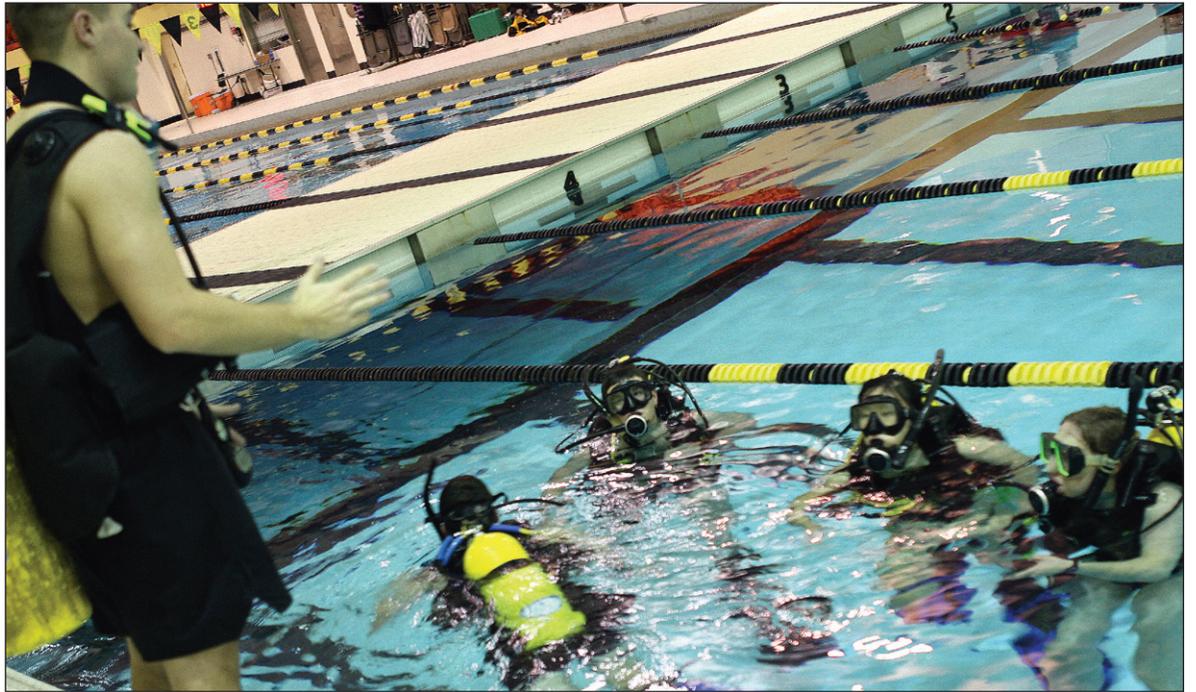
Mauldin has not yet ventured outside Crandall Pool. The club’s trip to Belize next week will be his first opportunity to dive in the ocean.

The water adjacent to Belize is considered one of the top places to scuba dive, Cow Mathew Magliozzi, also a scuba student, said. Divers get to enjoy nearly 300 miles of coral reef, a large population of whale sharks and rays and some of the world’s clearest water.

In fact, some of the cadets going on the trip don’t really care what there is to do on land in Belize.

“As long as I get to try some of the local food before we leave, I’m happy,” Magliozzi said.

Cadets are scheduled to dive twice a day for about five days in Belize plus one night dive. Because of the mixture of gases in the scuba air tanks and water pressure during dives, divers only can stay submerged for so long to prevent their blood from absorbing too much nitrogen, Mauldin said. The blood absorbs more nitrogen than normal during scuba diving as it is, so divers have to allow their bodies to get rid of extra nitrogen before diving again. Mauldin said



Scuba instructor Cow Jeff Mainwaring discusses safety before joining students in the water during a class Feb. 24 at Crandall Pool. Cadets can take scuba lessons from certified instructors in the scuba club and accompany the club on diving trips.

the divers will enjoy sun tanning on the boat while the extra nitrogen is burned off.

Getting to go under water so much—and still be able to breathe—is the most exciting part about the upcoming trip for Magliozzi.

“It’s addicting,” Magliozzi said.

Certified scuba instructor Cow Eric Bernau agreed. He didn’t learn to scuba dive until he came to USMA and discovered an upperclassman he admired was part of the class. But once he got used to being able to breathe under water, he wanted to do it even more.

“I like doing things that defy human ability,” Bernau said. “I like being in an airplane flying above the clouds. Aristotle would have given

his life for (such an experience), and we take it for granted. Going under water and being able to breathe is something I’m not supposed to be able to do.”

Bernau enjoyed diving so much, he decided to become an instructor. He first had to pass a rigorous physical and mental test to be accepted into the instructor training program. The details of the test are kept secret to make them that much more intimidating. More intimidating means a better test of mental stamina, Bernau said.

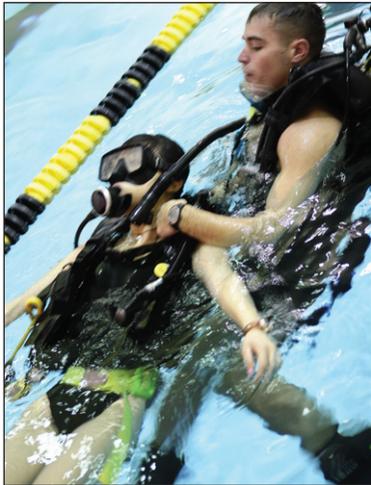
Once he passed the test, he was trained for the last couple of years with methods endorsed by a scuba association through which the USMA instructors and divers receive certification.

The trip to Belize will be Bernau’s second spring break scuba trip. He went to Honduras last year. This year, he hopes to see the scariest, biggest fish in the Belize area.

“I’d be 50 percent scared to death and 50 percent excited beyond belief,” Bernau predicted of his encounter with said scary and large fish.

He happened upon a sleeping reef shark during a previous dive and loved the rush of being close to such a powerful animal.

Active-duty and cadets wishing to experience scuba diving can contact Yearling Brandon Lesaichere at [brandon.lesaichere@usma.edu](mailto:brandon.lesaichere@usma.edu). There is a fee for the classes, which fill quickly. Lessons begin April 6.



Scuba instructor Cow Jeff Mainwaring demonstrates how to move an unconscious diver to safety with the help of Yearling Tianyi Xin during a class Feb. 24 at Crandall Pool.

# Community Leisure

## FMWR Blurbs

### AER campaign

Army Emergency Relief campaign will continue through May 1.

For more information, contact Amy Weyhrauch at 938-5839 or [amy.weyhrauch@us.army.mil](mailto:amy.weyhrauch@us.army.mil).

### Inprocessing briefings

To improve services for incoming Soldiers and Families, Army Community Service inprocessing briefings will take place at 9 a.m. Wednesdays in the ACS Training Room.

These briefings provide information about ACS programs and the West Point community.

Soldiers must attend to receive an ACS signature on their inprocessing checklist. Spouses are encouraged to attend.

For more information, call Ciara Luna, Relocation Program manager, at 938-3487.

### Bunco night

The West Point Club will be hosting bunco night at 6 p.m. tonight.

There will be food and the chance to win gift cards and other prizes. No experience is necessary, but participants must be 18 or older to play.

Make reservations by calling 938-8185.

### Morgan Farm

Morgan Farm kennels is offering affordable kenneling services during the spring break.

Services will be offered from Friday-March 22 and April 9-19.

To make reservations, call 938-3926 or go online to [www.westpointmwr.com](http://www.westpointmwr.com).

### Training session

FMWR Fitness Center is hosting a training session at 8 a.m. Saturday.

The session is called "Pump N Run" and involves bench pressing with a 5K run. For more information, call 938-6490.

### Defensive driving

The next defensive driving class will take place 8 a.m.-3 p.m. Saturday at ACS, Bldg. 622.

To register, call 938-2401.

### AFAP committee

A commander's AFAP steering committee meeting is scheduled from 1:30-4:30 p.m. Tuesday at the Jewish Chapel.

West Point agencies will report on the 16 new AFAP issues from the 2008 conference and the remaining six outstanding AFAP issues.

Members of the West Point community are welcome to attend.

Responses for issues submitted to AFAP but not prioritized/selected by the workgroups are available online at [www.westpointmwr.com/afap.htm](http://www.westpointmwr.com/afap.htm).

For more information, call Jen Pagio at 938-3655.

### Bid sale

FMWR Services Division is holding a sealed bid sale 1-3 p.m. Tuesday through March 20, for two 1996 Dodge Vans.

The vehicles are sold in "as is" condition and may be viewed at the West Point Auto Shop (Bldg. 648, behind Post Office.)

For more information, call 938-3926.

### Job fair

ACS and ACAP are hosting a job fair from 10 a.m.-2 p.m. March 26 in the Crest Room of The Hotel Thayer.

The fair is open to everyone.

For more information, call Amy-Jo Johnson at 938-5658.

### Basketball party

Yuengs and Wings at the West Point Club takes place March 26-29 and April 4 and 6. A special menu is available from 6-10 p.m. while NCAA March Madness is playing.

Prizes will be given away March 28. For more information, call 938-5120.

### Mother's Day essay contest

The West Point Club's Mother's Day Essay Contest is ongoing.

Write about why your mom is special and why she should be Mom of the Year.

Send the entry along with a picture of your mom via e-mail or postal mail.

Reference "Mother's Day Contest" on all entries and mail to The West Point Club, 603 Cullum Road, West Point, NY 10996 or e-mail to [nancy.amendola@usma.edu](mailto:nancy.amendola@usma.edu).

The winner will be announced May 1 and will receive a day at the spa plus four complimentary Mother's Day brunch tickets for May 10.

### English Language Learners

ACS is hosting English Language Learners 9 a.m.-noon through March 31.

Classes are held at ACS, Bldg. 622. All skill levels are welcome.

For more information, call 938-0632.

### Parenting class

ACS is hosting a parenting class about living with teenagers at 6:30 p.m. April 15, 22 and 29 at ACS, Bldg. 622.

For more information and to register, call 938-3921.

### Musical tickets

Free tickets to see "Guys and Dolls" at Albertus Magnus High School in Bardonia are available to military Families.

Performances are scheduled for 8 p.m. April 3-4 and 2 p.m. April 5.

To reserve tickets, call 938-6127 or e-mail [joel.flowers@usma.edu](mailto:joel.flowers@usma.edu) by March 6. The high school is located at 798 Route 304.

### Half-marathon training group

FMWR announces a half-marathon training group to prepare runners for the New Jersey half-marathon May 3.

Training begins Wednesday, and the group will meet twice a week for 15 sessions.

All runs are led by Certified Personal Trainer Andrea Ingram.

9	2	6	8	3	1	7	5	4
1	3	7	5	6	4	8	2	9
4	5	8	9	7	2	1	3	6
3	4	9	2	1	5	6	8	7
2	7	5	4	8	6	9	1	3
8	6	1	3	9	7	5	4	2
5	9	3	6	2	8	4	7	1
7	8	2	1	4	9	3	6	5
6	1	4	7	5	3	2	9	8

Call the Fitness Center at 938-6490 to sign up or e-mail [everywomanfitness@hotmail.com](mailto:everywomanfitness@hotmail.com) for more information.

### Story hour

Story hour at the Post Library is scheduled for 10 a.m. and 1:30 p.m. every Tuesday through April 28.

All West Point children ages 3-5 are invited to attend these free events. Registration is required weekly.

For more information, call 938-2974 or stop by the library, Bldg. 622.

The  
**West Point Band**  
presents

**Annual Young Artist  
Solo Competition  
Winner's Concert**

Featuring:

**Daniel Parrette - clarinet**  
Cornwall, NY

**Stephanie Stoitsits - flute**  
Putnam Valley, NY

**Rachel Perfecto - oboe**  
Poughkeepsie, NY

**Saturday, March 21<sup>st</sup> 7:30 p.m.**  
**Eisenhower Hall Ballroom**

Free & Open to the Public  
(845) 938-2617  
[www.westpoint.edu/band](http://www.westpoint.edu/band)

# What's Happening

## Harborcraft reservation lottery sign-up

Sign-up now through March 31 for the May-July harborcraft reservation lottery for non-official functions.

The lottery determines the order of selection only. (NOTE: Non-official is intended for personal and community support. The vessel may not be used to support any organization that is not part of the USMA Community.)

Results will be available April 2 and selections and reservations occur by appointment April 6-10. To sign-up, e-mail [Richard.Camarda@usma.edu](mailto:Richard.Camarda@usma.edu).

For more information, call the Harborcraft Division at 938-3011/2137.

## Book signings

Craig Mullaney, author of "The Unforgiving Minute: A Soldier's Education," and Roger Miller, photographer for "West Point: An Inside Look at the Long Gray Line," will be signing copies of their books at the USMA Bookstore beginning at 9:30 a.m. Friday.

Artist Bruce Frank is scheduled to sign copies of his paintings with depictions of West Point Saturday. The bookstore is located on the fourth floor of Thayer Hall.

## Red Cross classes

The American Red Cross is offering several classes in March. All classes are held at the Red Cross office next to the West Point Visitor's Center. Registration is required, and walk-ins will not be accepted.

Classes include:

- Adult and infant CPR, automated external defibrillator: 9 a.m.-5 p.m. today and 9 a.m.-4 p.m. March 21;
- Adult CPR, automated external defibrillator: 9 a.m.-2 p.m. Saturday;
- Responding to emergencies: 4:30-8:30 p.m. Monday-March 20;
- EpiPen injector: 8:30-9:30 a.m. March 20;
- First aid: 9 a.m.-1 p.m. March 24;
- First aid and adult CPR, automated external defibrillator: 9 a.m.-5 p.m. March 26.

To register, visit [www.nyredcross.org](http://www.nyredcross.org).

## Women's History Month observance

West Point's Equal Opportunity Office is sponsoring a Women's History Month observance luncheon at 11:30 a.m. March 30 in the West Point Club's Grand

Ballroom.

Guest speaker will be retired Col. Christine Gayagas, U.S. Military Academy class of 1984. For tickets or more information, call 938-2621/7082.

## Arvin holiday schedule

Arvin Cadet Physical Development Center will be open 8 a.m.-4 p.m. Saturday and Monday-March 21, 1-9 p.m. Sunday and March 22 and 5:30 a.m.-10 p.m. March 23.

## Diversity Leadership Conference

The 10th annual West Point Diversity Leadership Conference begins at 5:30 p.m. April 2 and concludes April 4.

The theme is "Building a Culture of Diversity and Inclusion." All members of the West Point community are invited to participate, but must register no later than Monday at [www.westpointaog.org/NetCommunity/Page.aspx?pid=3258](http://www.westpointaog.org/NetCommunity/Page.aspx?pid=3258).

For additional information, contact Col. Bryan Goda at 938-5572 or via e-mail at [Bryan.Goda@usma.edu](mailto:Bryan.Goda@usma.edu).

## Army Family Team Building

AFTB level II classes will be held 9 a.m.-noon March 23 and 30 and April 6 and 13 in Bldg. 626, 2nd Floor—the Soldier and Family Assistance Center Conference Room.

Contact Megan Calero at 938-0632 for more information.

## St. Patrick's walk

The annual St. Patrick's walk co-sponsored by Volkssport Club of West Point and Heart of the Hudson Girl Scout Council will be Sunday in Goshen.

Registration will be 1-2 p.m. at First Presbyterian Church, 33 Park Place. Participants also will be able to see the largest St. Patrick's parade in Orange County at 2 p.m.

Five- and 10-kilometer trails will be on village streets and sidewalks. Dogs are permitted if leashed. For more information, call Joan Kimmel at (845) 462-6845 or visit [ava.org/clubs/west\\_point/goshen](http://ava.org/clubs/west_point/goshen).

## Volunteers needed

Crew, fencing, volleyball, martial arts, sailing, Nordic ski and men's team handball competitive club teams all need volunteers to become an officer-in-charge of a club team.

For more information, contact Maj. Khanh Diep at 938-2340 or [khanh.diep@usma.edu](mailto:khanh.diep@usma.edu).

## Reading efficiency course

The Reading efficiency course, RS102, begins March 23. The course is open to cadets. Faculty and staff may be placed on a waiting

list for the course.

The course has 10 lessons designed to help increase reading speed without a significant loss of comprehension. There is no homework, text, out-of-class assignments or WPRs/TEEs.

Classes are offered during B, E, H, K and L hours of the cadet schedule. All classes take place in the reading lab in JH002, located in the basement of Jefferson Hall. The course syllabus will be sent before classes begin.

For more information or to enroll or be put on the waiting list, call 938-3421 or e-mail [yk8716@usma.edu](mailto:yk8716@usma.edu).

## Yard sale

The semi-annual West Point yard sale is scheduled for April 4.

The rain date is May 9.

## Former members of the 2nd (Indianhead) Division

The 2nd (Indianhead) Division Association is searching for anyone who ever served in the 2nd Infantry Division at any time.

For information about the association and its annual reunion Aug. 23-27 in Tacoma, Wash., visit its Web site at [www.2ida.org](http://www.2ida.org) or write to P.O. Box 218, Fox Lake, IL 60020-0218.

## Red Cross blood drive volunteers needed

The American Red Cross needs volunteers to assist with the upcoming blood drive March 30-April 2 at West Point.

A volunteer orientation will be held for new volunteers at 6 p.m. March 23 at the West Point Red Cross office outside Thayer Gate.

To sign up to volunteer and/or register for the orientation, contact Katya Viar at 859-4437 or [viark@nyredcross.org](mailto:viark@nyredcross.org).

## Baggers needed

The West Point Commissary is accepting applications for baggers.

Call 938-3663, ext. 202 for more information.

## Glass factory tour

Gillinder Glass Factory in Port Jervis is offering tours March 29 and May 10. Visitors can see glass making and glass blowing techniques the factory has used since 1861.

Groups are welcome with advance reservations.

For more information and to purchase tickets, visit [www.gillinderglassstore.com](http://www.gillinderglassstore.com) or call 856-5375.

## PWOC spring session

The Protestant Women of the Chapel is

beginning its spring session.

The group meets for fellowship and small group Bible study from 8:45-11 a.m. Wednesdays and 7-9 p.m. Thursdays at the Post Chapel on Biddle Loop.

Free child care is available.

For more information, call Robin Meyer at 446-8798.

## Art therapy

All female combat veterans in the West Point area are invited to attend free art therapy from 1-3 p.m. Wednesdays at Buffalo Soldier Pavilion. Therapy will be facilitated by Deborah Farber.

For more information or to register, call 938-0353.

## Fish fry

Holy Innocents Church, located at 401 Main St. in Highland Falls, is hosting a fish fry every Friday during Lent from 5-8 p.m. Friday, March 20, 27 and April 3.

Fried tilapia and catfish, chicken tenders, macaroni and cheese, cole slaw and rolls are on the menu.

A movie will be shown beginning at 6 p.m. each night.

For more information and to purchase tickets, call 446-2197.

## Jazz concert

A jazz benefit concert with the two-time Grammy-nominated Tierney Sutton Band takes place at 7 p.m. Sunday at Mount St. Joseph in New Windsor.

The show is to benefit Orange County AHRC, which is a not-for-profit company serving children and adults with disabilities.

For tickets, call 561-0670 ext. 1137 or go to [www.orangeahrc.org](http://www.orangeahrc.org).

## Charity marathon

The West Point community is invited to participate in the Potomac River Run marathon May 3 to raise money for the son of Sgt. Michael Robertson.

Robertson was killed in Iraq, when his son was only 2 months old.

Firstie Daniel Krieger, who served in Iraq in Robertson's squad before coming to the U.S. Military Academy, set up a trust fund for Robertson's son.

## Community grants, scholarships

The West Point Women's Club is accepting applications for community grants and scholarships for continuing education and high school seniors.

Download applications at [www.westpointwc.com](http://www.westpointwc.com), and e-mail [jkgilliam@hvc.rr.com](mailto:jkgilliam@hvc.rr.com) for more information.

The  
*West Point Band*  
presents

**The Jazz Knights**  
with composer  
**David Baker**  
and selected  
college and high school  
jazz bands

**West Point Jazz Festival**  
Wednesday, March 18, 6:30 p.m.  
Robinson Auditorium

**Staff Sgt. Eric Ordway**  
Trombone

Sunday, March 22, 3:00 p.m.  
Jewish Chapel

Concerts are Free & Open to the Public  
For more information  
please visit  
[westpoint.edu/band](http://westpoint.edu/band)  
845-938-2617

# Keller Corner

## Periodic health assessment

The periodic health assessment is now required annually for Soldiers.

This exam replaces the five-year physical.

If no exam has been done in the past year, one must be completed by July 1.

To schedule an appointment, call 938-7992.

## Blood drive

The American Red Cross Blood Program will be conducting a blood drive 11:30 a.m.-7 p.m. March 30-April 1 and 11 a.m.-5 p.m. April 2.

For an appointment to donate whole blood, call Mary Mandia at 938-2583.

Apheresis donors must make an appointment by calling (914) 760-3177 or signing up at [www.nybloodcenter.org](http://www.nybloodcenter.org).

Donors also can register with the C.W. Bill Young/DoD Bone Marrow Donor Program at the blood drive. A picture ID is required for whole blood and apheresis donations.

## School and sports physicals

The Primary Care Department is offering

school and sports physicals.

Those expecting to move this summer should schedule a physical at their next duty station because criteria can differ between school districts.

For West Point-area schools, a physical exam must be completed within one calendar year to be acceptable.

If the physical expires before the beginning of another sport, a new exam is required.

This is also the time to review children's immunizations and to prepare additional documentation for the administration of medications during school hours or emergency instructions for children with known allergies.

Obtain the necessary forms from the school nurse and bring them to physical appointments.

For an appointment, call 938-7992.

## Childbirth preparation classes

A four-week series of childbirth preparation classes will be held 6-8 p.m. April 9, 16, 23 and 30 in the second-floor classroom of Keller Army Community Hospital.

To register, call 938-3210.



## Black and Gold volunteers

The Black and Gold Volunteer Awards Ceremony was held March 5 at the Army Community Service building. This month's recipients of the volunteer awards are: front row (left to right) Julia Flowers, Ida Hahn, Don Hahn, Calandra Tate, Maj. Jennifer Minus, and Spcs. Eric Hill and Shedeem Stephens. Back row (left to right) volunteers are Kim Paine, Teki Snel, Katie Bellocchio and Kristen Crino. The volunteer of the month was Flowers, a 9-year-old student at West Point Elementary School.

PHOTO BY ANTHONY BATTISTA/DOIM MMB

## Command Channel 8/23

March 12-26

### • Army Newswatch

(broadcast times)

Thursday-Friday, Monday-March 19—8:30 a.m., 1 p.m. and 7 p.m.

March 20-26—8:30 a.m., 1 p.m. and 7 p.m.

### • RCI meeting

(broadcast time)

Thursday—7:30 p.m.

## NOW SHOWING

in the movie theater at Mahan Hall, Bldg. 752

Friday -- Hotel For Dogs, PG, 7:30 p.m.

Saturday -- Inkheart, PG, 7:30 p.m.

March 20 -- Paul Blart: Mall Cop, PG, 7:30 p.m.

March 21 -- New in Town, PG, 7:30 p.m.

March 27 -- He's Just Not That Into You, PG-13, 7:30 p.m.

March 28 -- Paul Blart: Mall Cop, PG, 7:30 p.m.

March 28 -- Taken, PG-13, 9:30 p.m.

THE THEATER SCHEDULE ALSO CAN BE FOUND AT

[WWW.AAFES.COM](http://WWW.AAFES.COM)

## TSP TICKER

### MARCH share prices (as of 3/6)

C Fund --	-0.20 ( 7.9471)
S Fund --	-0.30 ( 9.1863)
I Fund --	-0.12 (10.5435)

FOR PV HOME DELIVERY PROBLEMS CONTACT MATT O'SULLIVAN AT THE TIMES HERALD-RECORD AT (845) 346-3214 OR BY E-MAIL AT [MOSULLIVAN@TH-RECORD.COM](mailto:MOSULLIVAN@TH-RECORD.COM).

# Army and Community Sports

## Kyler, Starks solidify slots at NCAAs

By Tim Volkmann  
Athletic Communications

PHILADELPHIA—Army Cows Matt Kyler and Richard Starks both have advanced to the NCAA Tournament for the second-straight year based on their runner-up finishes at the Eastern Intercollegiate Wrestling Association Tournament Sunday, hosted by the University of Pennsylvania, in Philadelphia.

Kyler finished runner-up at 149 pounds, while Starks also was awarded second place at 197.

Army finished seventh in the team standings as Cornell took top honors with 138 points.

Lehigh finished second (103), followed by Bucknell (79), Penn (79), Navy (70), American (68) and the Black Knights (50) to round out the top seven of the 14-team field.

Top-seeded Kyler (39-5) lost a tough 5-4 decision to second-seeded Bryce Saddoris of Navy in a match that went to a couple of tiebreakers.

In the third meeting of the season between the two service academy rivals, Kyler took a 2-0 lead with a takedown in the first period and then escaped to take a 3-0 lead in the second.

Saddoris started the third by scoring a point with an escape and, with seven seconds left in the bout, was awarded another point after Kyler was called for stalling a

second time.

Saddoris then looked to have the bout wrapped up with a late takedown to take a 4-3 lead, but Kyler escaped with one second remaining to send the match into overtime.

After a scoreless sudden-victory period, Kyler started the first tiebreaker on bottom, but could not escape. The second tiebreaker saw Saddoris escape to score the winning point.

Kyler won the previous two meetings this season, taking a 4-2 decision at the Academy Championships Feb. 7, and then a 2-1 decision that also went to tiebreakers during the Army/Navy dual meet Feb. 21.

“Kyler and Saddoris both wrestled like a couple of animals out there today,” said Army head coach Chuck Barbee. “It was tough for Matt to lose that close of a match, but that is the type of intensity he will need to wrestle with to be an All-American at the NCAA Tournament.”

Kyler advanced to the final bout after taking a 3-2 tiebreaker win over Lehigh’s Kyle Borschoff in the semifinals.

Tied at 1-1 after regulation and the 30-second sudden-victory period, Borschoff took a 2-1 lead with an escape in the first tiebreaker, but a Kyler reversal early in the second tiebreaker earned him the



Cow Richard Starks (right) advanced to the NCAA Tournament for the second-straight year with his runner-up finish at the Eastern Intercollegiate Wrestling Association Tournament Sunday. He missed his chance at the EIWA championship because of an injury that caused him to forfeit the final. He currently has a 33-6 record this year.

ERIC S. BARTELT/PV

winning two points he was looking for.

Kyler opened the tournament with a 6-2 decision over Scott Heckman of East Stroudsburg, before taking an 8-0 major decision from Harvard’s Walter Peppleman to reach the semifinals.

Starks, seeded first at 197, was forced to forfeit the championship bout after sustaining an injury during his semifinal victory over American’s Andy Silber.

Starks (33-6) used a takedown with 10 seconds left in the third period to earn a 6-5 decision over the fifth-seeded Silber to advance to the championship bout.

“Richard wrestled an incredibly tough tournament as the three guys he defeated finished third fourth and

fifth on the weekend,” Barbee said. “It was disappointing he couldn’t wrestle for a conference title, but we are very excited to have him making his second trip to the NCAAs in a couple weeks.”

Starks started things off with a pair of tiebreaker victories to reach the semifinals. He defeated Brown’s Brandon Stearns, 7-5, and then Columbia’s Louis Miller, 2-1.

The NCAA Championships takes place March 19-22, in St. Louis at the Scottrade Center. Kyler earned his first All-America award after a sixth-place showing in the 141-pound division last year, while Starks finished 2-2 at 197 a year ago.



## Honoring a legacy

The Army Black Knights lacrosse team honored its five previous coaches during a halftime ceremony at the Army-Air Force game March 7 at Michie Stadium. During the on-field ceremony, Col. Sam Johnson (far left), Army Athletics Chief of Staff, presented coins to Army lacrosse’s five coaches previous to current coach Joe Alberici. The honorees (to the right of Johnson) were Anne Touchstone-Brinkerhoff, who represented and is the daughter of F. Morris Touchstone (1929-57); James “Ace” Adams, who coached Army from 1958-69; retired Lt. Col. David Hostetter, who was the former lacrosse officer representative for and represented on the field Dick Edell (1977-83); Al Pisano, who coached Army from 1970-76; and Jack Emmer, who coached Army lacrosse from 1984-2005. More than 170 Army lacrosse alumni were in attendance at the game.

ERIC S. BARTELT/PV

## Noontime Volleyball Standings

\*Standings as of March 6

NORTH DIVISION		W - L	SOUTH DIVISION		W - L
1.	SOC. SCI. #1	5 - 0	1.	Physics	5 - 0
2.	DPE	3 - 1	2.	English	4 - 0
3.	ODIA/PAO	2 - 1	3.	CLS	3 - 0
4.	EECS	1 - 1	4.	USMA Band	2 - 0
5.	GENE	1 - 1	5.	CME	5 - 1
6.	MATH #1	1 - 1	6.	SYS. ENG.	3 - 1
7.	BTD/USCC	0 - 0	7.	D/LAW	3 - 3
8.	MATH #2	2 - 3	8.	NSSB	3 - 3
9.	DMI	0 - 1	9.	SOC. SCI. #2	3 - 3
10.	DFL	0 - 3	10.	MATH #3	2 - 2
11.	History	0 - 3	11.	MEDDAC	0 - 20

# Army firsties strike, shoot down Air Force 14-9

Story and photos by  
Eric S. Bartelt  
Assistant Editor

Army Firstie midfielder Kevin LoRusso scored a career-high three goals and added an assist while Firstie attackman Jason Peyer recorded five points by adding two goals and three assists to lead the Black Knights to a 14-9 victory over Air Force March 7 at Michie Stadium.

Army (3-2) continued its historical dominance in lacrosse against the Falcons as the Black Knights won its 16th consecutive game in 16 meetings versus their academy rival.

Air Force (2-3) kept it close early after they tied the game at 5-5 with 12 minutes, 59 seconds remaining in the second quarter on a goal by sophomore midfielder Vinny Sandtrov, who finished the game with three goals.

Santrov converted off a feed by senior midfielder Griffin Nevitt off the faceoff 12 seconds after LoRusso scored his second of the game at 13:11 of the second quarter. It was the second time in the game Air Force scored immediately following a faceoff as they converted six seconds after Army took a 3-1 lead in the first quarter.

"I felt like we weren't at the defensive level that we are accustomed to playing and that probably had as much to do with Air Force's success as anything because they were aggressive in transition and aggressive with their poles," said Army head coach Joe Alberici. "They did a great job with their faceoff game as they scored two goals off the faceoff and they also scored two goals off of our failed clear.

"They were very opportunistic

on our mistakes defensively, but we were scoring," he added. "We had nine goals at halftime and that's very good output against a good defensive team."

After Air Force tied the game at five, Army took control and finished out the half on a 4-1 roll. Sandtrov knocked home his second of the game to draw the Falcons close at 7-6, but 51 seconds later Army went up 8-6 on a close range tally by Firstie attackman Brooks Korvin, his second of the game and seventh goal of the season, on a feed by Peyer with four minutes remaining in the second quarter.

Yearling midfielder Rob McCallion ripped a 15-yarder with 14.5 seconds remaining in the first half to put Army up 9-6. Yearling goaltender Tom Palesky, who finished with nine saves, made two critical stops in the last minute to keep Army up two goals before McCallion's goal gave them a bigger cushion.

"(Palesky's) saves were important," LoRusso said. "Air Force has a great attack and good midfielders, so we were relying a lot on our goalie and defense to come up with big stops when we needed them.

"They did that when we needed it most—when the game was close—so we could get the ball back on offense," LoRusso added.

The Black Knights would storm out of halftime and gain control of the game with three goals in the first three minutes of the second half.

Cow midfielder Andrew Maisano started the onslaught with an unassisted goal from close range 52 seconds into the third quarter. Peyer would score his second of the game and team-leading 14th goal of the season at 12:27 to put Army up 11-6, and then only 14 seconds later



Firstie attackman Jason Peyer (No. 28) takes a shot on goal during Army's 14-9 victory over Air Force March 7 at Michie Stadium. Peyer scored two goals, including his team-leading 14th goal, and added three assists.

Yearling long stick midfielder John Ciavarelli scored his first-career goal to give the Black Knights its largest lead of the day at 12-6.

"(The string of five goals) established our momentum," LoRusso said. "It got our whole team into it, especially the guys on the sidelines who did a great job cheering us on, and it motivated us to play better."

Alberici believed that the end of the second quarter and the beginning of the third quarter was the most critical sequence of the game for Army as they pulled away during the seven-minute, five-consecutive goal span.

"The start of the third quarter was key for us," Alberici said. "We

started to win some faceoffs and took advantage of some unsettled transition and got ourselves a six-goal lead."

Air Force climbed back within three with three unanswered goals before Army ended an 18-minute scoring drought at 9:24 in the fourth quarter as Yearling attackman Jeremy Boltus ripped in his second goal of the game from five yards out.

LoRusso, who scored to make it 2-0 and 5-4 earlier in the game, finished his career day by scoring the final goal of the afternoon on a nice assist from Peyer at 6:39 to seal the 14-9 win.

"Our coaches always stress, especially with the midfielders, to step up and have a big game," LoRusso said. "I did that today with the help of the attack, and Jason Peyer assisted on two of my goals, as he was looking to feed the ball all day. As a team, we really came through in the clutch."

Alberici commended his starting

attackmen on a great day as they combined for six goals and six assists among Peyer, Korvin (who added an assist) and Boltus, who finished with four points. However, he was most high on the team's captain, LoRusso, for his stellar play and first-career three-goal game.

"Kevin's our leader. Big-time players make big-time plays in big games and this was a big game. Kevin really stepped up his offensive game," Alberici said. "He's been very consistent in everything he does, but it was great to see him have that great offensive output in a big game against Air Force."

The victory was the fourth in the careers of LoRusso, Peyer, Korvin and the other firstie members of the Black Knights lacrosse squad against the Falcons. It was a very special victory for all of them.

"It's really awesome because it's one of our huge rivalries," LoRusso explained, "and being able to beat them four times means a lot to me and the other seniors on the team."



Yearling midfielder Rob McCallion ripped home an unassisted goal, his sixth of the season, with 14.5 seconds to go in the first half to up Army's lead to 9-6.



Firstie midfielder Kevin LoRusso netted a career-high three goals in the win against Air Force March 7.

# Nordic ski team beats Air Force

By Lt. Col. Bryndol Sones  
Officer-in-charge

The West Point Nordic Ski Team finished its season at the United States Collegiate Ski and Snowboard Association National Championships in Winter Park, Colo., March 3-7. This competition of the nation's elite alpine ski, snowboard and Nordic ski athletes brought together approximately 700 competitors from 60 different colleges and universities. The Army men's team finished fifth and the women's team finished eighth.

There were four events that decided the Nordic national championships.

The first event was the 1.5-kilometer freestyle sprint race held under the lights at a stadium-like, two-loop course carved out of the base of the Winter Park alpine ski slope, held in conjunction with the opening ceremonies.

The remaining three events took place at the Nordic Center at Devil's Thumb Ranch just north of Winter Park in Tabernash at an altitude of nearly 9,000 feet.

With unusually warm daytime temperatures, the second event, an 8.5-kilometer classical race, offered technical challenges with the snow's evening freeze and late morning thaw and a course that included steep climbs and sharp, S-turned descents.

The third event was a grueling 15-kilometer freestyle skate race that tested the mettle of all racers and, at an altitude where the oxygen is thin, left all racers gasping for air. The final event was a 3 x 5-kilometer relay in more traditionally cold, snowy conditions in which three racers team up for a 15-kilometer relay race, a 5-kilometer classical and a 5-kilometer classical followed by 5-kilometer freestyle skate.

In both the sprint and the 15-km freestyle skate race, Plebe Haley Johnson, a first-year skier, paced the Army women's team.

Cow John Spies finished in eighth place on the 15-km freestyle skate race earning himself the distinction of second team All-America for that event. He also finished 11th on the 8.5-km classical



**Firstie John Goodwill pushes through a harsh Colorado snowstorm and high altitude to share in the fruits of victory. Goodwill and Cows Aaron Demro and John Spies combined on the 3 x 5-kilometer relay race to finish fifth nationally.**

PHOTO PROVIDED

race, falling short of All-American status by just one racer.

Team captain Firstie John Goodwill finished 17th in the sprint race and forged the chain between the West Point pace setter Cow Aaron Demro and anchor Spies, who, as a 3-man team, finished fifth in the men's 3 x 5-km relay. The West Point men's team upset some of their Eastern Conference rivals and beat Air Force overall at the championships.

The team of 15 cadets was open to anyone interested, but the common trait of the West Point Nordic skier is a passion for the outdoors, endurance sports and self-discipline in body and mind. The team GPA was 3.43. Nordic connections to the Army are real and substantial.

Besides biathlon and the physical and mental hardening of the Nordic competitor, there is a historical connection with the 10th Mountain Division activated at Camp Hale, Colo., in 1943 as a light (alpine) division. World War II veterans from the 10th Mountain cheer the cadets at many national Nordic meets. This year, Chappy Chapman cheered for the Army team and visited with the cadets for about two hours, providing first-hand accounts of his winter and skiing preparation

for war and his unit's battles on Riva Ridge, Italy.

Co-captains, Firsties Erik Tomsen and John Goodwill looked back on their Nordic experiences.

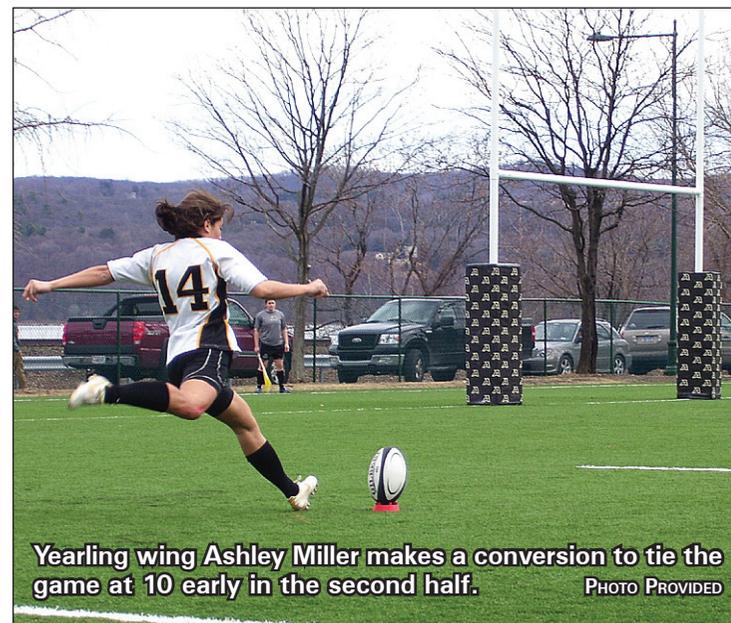
"Being on the Nordic ski team has been one of the seminal experiences of my cadet life. It taught me the true value of commitment, hard work and believing in your inner potential. The team sets common goals like all completing a marathon, trains for it, and our dedication really pays off. The strong interpersonal bonds built on the Nordic ski team have also greatly contributed to our success this season," Tomsen said.

Goodwill was also very positive about his time on the team.

"I learned that the Army values, and most especially the Warrior Ethos, are integral to excelling at the sport of Nordic skiing. My time on the team and especially the time I spent leading the team has been the most challenging and rewarding crucible I have endured at West Point. Finally, I am proud to say that West Point out skied the Air Force Academy for four consecutive years," Goodwill said.

The future looks bright for the team next year, as the entire women's team will return and a solid core of men skiers will be back to beat Air Force again.

## CLUB RESULTS



**Yearling wing Ashley Miller makes a conversion to tie the game at 10 early in the second half.**

PHOTO PROVIDED

• **Women's Rugby:** With tries by Firstie prop Roberta Usher, Yearling wing Ashley Miller and Plebe flyhalf Kaitlyn Kelly and a last second successful conversion by Miller, Army defeated Navy 22-20 Sunday at Anderson Rugby Complex.

Things didn't start well for Army as Navy attacked the interior part of its line to create several long runs that resulted in two quick tries, and an early 10-0 Navy advantage. Army settled down and put enough pressure on Navy inside their 22 to earn a penalty in front of the posts. Miller's penalty kick attempt was good and ended the scoring for the first half at 10-3 Navy.

Usher started the scoring in the second half, driving from 5 meters out with two Navy defenders on her back. Miller's conversion just went through the posts to tie the match at 10.

Miller added a try of her own 10 minutes later, touching down on the corner after a well worked third phase inside the Navy 22 to give Army its first lead of the game at 15-10.

Navy answered with authority. A momentary lapse in focus for Army gave Navy an easy score from a quick tap penalty 20 meters out to tie the game at 15.

With four minutes left in the match, a Navy attack in the middle exposed a weak spot in the Army defense. The resulting 40-meter run set up a Navy try after several restarts inside the Army 22.

The conversion attempt failed, but Navy once again held the lead in the match at 20-15.

Miller went deep on the restart and Plebe No. 8, Jessica Sexauer, made three huge tackles in a row inside Navy's 22.

After a back and forth scrum, Kelly beat the Navy ten to the gap and scored with no time left on the clock to tie the game at 20. Miller's successful conversion kick was followed by the referee's final whistle ending the match 22-20 Army, setting off a storm of celebration from the Army players and fans.

Army Head Coach Will Riddle said, "As always, Navy was a class act throughout. This match could have gone either way, and I was extremely proud of the way our players handled themselves in such a tightly contested, pressure filled match."

• **Women's Lacrosse:** Army women's lacrosse team traveled to Hofstra University in Hempstead Sunday to play a doubleheader versus Hofstra and Stony Brook.

They were the women's opening games of the spring season. They defeated Hofstra 18-5 and Stony Brook 17-10 sweeping their two games.

## Sports calendar

### March 12-28

#### Corps

**SATURDAY -- GYMNASTICS VS. WILLIAM & MARY, IOWA & SPRINGFIELD, GROSS CENTER, 6 P.M.**

**TUESDAY -- LACROSSE VS. LEHIGH, MICHIE STADIUM, 7 P.M.**

**MARCH 24 -- BASEBALL VS. QUINNIPIAC, DOUBLEDAY FIELD, 3 P.M.**

**MARCH 24 -- SOFTBALL VS.**

**MANHATTAN (DH), ARMY SOFTBALL COMPLEX, 5 P.M. & 7:30 P.M.**

**MARCH 24 -- LACROSSE VS. HOFSTRA, MICHIE STADIUM, 7 P.M. (ESPNU BROADCAST)**

**MARCH 25 -- SOFTBALL VS. YALE (DH), ARMY SOFTBALL COMPLEX, NOON & 2:30 P.M.**

**MARCH 25 -- BASEBALL VS. LONG ISLAND, DOUBLEDAY FIELD, 3 P.M.**

**MARCH 27 -- TRACK AND FIELD, DICK SHEA OPEN, SHEA STADIUM, HEP/DECATHLON, NOON.**

**MARCH 28 -- TRACK AND FIELD, DICK SHEA OPEN, SHEA STADIUM, WOMEN & MEN, 9 A.M.**

**MARCH 28 -- WOMEN'S TENNIS VS. ALBANY, LICHTENBERG TENNIS CENTER, 9 A.M.**

#### Club

**NO HOME EVENTS.**

## Football schedule time change

West Point and ESPN announced March 6 that Army's home football game against Rutgers has been moved to Friday, Oct. 23 and will be televised nationally on ESPN2. The kickoff at Michie Stadium is slated for 8 p.m.

In order to maximize national exposure of the U.S. Military Academy, West Point agreed to play at least one game per year on Thursday or Friday, and potentially two contests in Saturday prime time.

With the move to ESPN2, Army's game against Rutgers boasts the potential to reach approximately 98 million households nationwide.