

## Semiannual SOSH run is a multi-year tradition



Cow Ryan Martin, a Life Sciences major, springs along Thayer Walkway on powerstriders in front of more than a hundred staff, faculty and cadets along his route to turn in his mid-term International Relations paper Tuesday. Cadets taking this Social Sciences course continue the long-standing tradition of dressing up in costume to turn in their papers for the class to their professors' offices in Lincoln Hall at the last possible moment—just beating the deadline. TOMMY GILLIGAN/PV

## West Point celebrates 25th anniversary of Jewish Chapel opening

Story and photo by Tommy Gilligan  
Assistant Editor

Jewish cadet roots at the U.S. Military Academy stem back to the first graduating class in 1802, when Simon Magruder Levy of Baltimore finished second in the class. Since Levy's graduation, more than 900 Jewish cadets have matriculated from the grounds of West Point, while countless others have participated in the cadets' education in and out of the classroom.

However, the Jewish cadets did not have a sanctioned place to worship for many years until they began using a chemistry lab in Bartlett Hall Saturdays to practice their faith. In the 1960s, a serious movement began within the Jewish community to build their own chapel.

Unlike going to "the town hall" to get a building permit and proceed to the construction of the chapel, there were many other hoops to jump through to make their vision of this structure into a reality.

The reality occurred with the

groundbreaking in 1982 and the first service being held in 1984.

The Jewish Chapel celebrated its 25th anniversary Nov. 13 on the grounds of what only seemed to be a dream years ago. Flag level officers, West Point graduates, World War II veterans, cadets and members from the local community filled the pews of the Chapel to rejoice in the achievements of what it represents. Even though its main mission is catering to the needs of the Jewish community, the Chapel is a safe haven to all.

President Obama sent his remarks on the day. "Places of

worship like the West Point Chapel serve as temples of peace, fellowship and quiet solace for the cadets, officers, educators and staff. On this special occasion, I am pleased to join the West Point community in celebrating the proud heritage of the Jewish faith and the significance it holds in the lives of countless service men and women," he wrote.



Members of the Jewish Chapel Cadet Choir closed the ceremony commemorating the 25th anniversary of the Jewish Chapel Nov. 13 with the singing of the Alma Mater.

As the celebration continued, members of the official party shared their thoughts and feelings about the growth of the Jewish community at West Point through the years.

Major Gen. Jeffery A. Jacobs, Class

of 1979, spoke of his time at the academy prior to the Chapel being built, spending Saturday evenings in the chemistry lab. He recalled how he and his fellow cadets bonded during this time. As he closed his remarks, he looked over to the crowd of cadets saying, "For all we may know, our first four-star Jewish general may be sitting here in the pews."

As Jacobs stepped down from the podium, Lou Gross, Class of 1954, walked to the front of the congregation to recognize a man who had been influential in the fund raising for so many projects at West Point including the Jewish Chapel—the late Herbert S. Lichtenberg. Gross presented Lichtenberg's wife and two sons with a plaque for what he had done—helping to build the only free standing Jewish Chapel in the entire Department of Defense.

The ceremony closed with the Jewish Chapel Cadet Choir singing the Alma Mater. Members from the surrounding community then entered the community center for the holy evening and the beginning of Jewish Warrior weekend.

# Letter from the Supe: Religious tolerance



Dear Members of the West Point Community:

As we head into the Thanksgiving holiday week, let us remember why our forefathers came to build this great nation. They came to enjoy the blessings of liberty, as many of them were fleeing religious and ethnic persecution.

In the wake of the recent murders at Fort Hood, there has been much discussion in the media about religious diversity and tolerance. I am taking this opportunity to remind all military and civilian personnel in our community that West Point follows Department of the Army policy on Equal Opportunity published in Army Regulation 600-20, Army Command Policy.

The Army places a high value on the rights of servicemembers to observe the tenets of their respective religions.

Military discipline is founded upon self-discipline, respect for properly constituted authority and the embracing of the professional Army ethic with its supporting individual values. While military discipline is the result of effective training, it is affected by every facet of military life. It is manifested in individuals and units by teamwork, dedication, respect, steadfast loyalty and the swift execution of lawful orders. It is also manifested by fairness, justice and equity for all Soldiers, regardless of race, color, gender, religion or national origin. Additionally protected categories for civilians include age and disability.

Commanders and leaders will continue to maintain discipline in accordance with AR 600-20. Discrimination or unfair treatment, based on the categories listed above, will not be tolerated.

If individuals believe they are being persecuted, discriminated against or treated unfairly for any reason, they should attempt to resolve the problem at the lowest level possible, with assistance from another unit member or co-worker, their commander or supervisor, or another person in the chain of command.

Although processing complaints through appropriate command channels is preferred, other individuals and agencies are available to assist in resolving complaints, including the civilian Equal Employment Opportunity Office, the military Equal Opportunity Office, the Inspector General, any chaplain or the Office of the Staff Judge Advocate. The Garrison EEO and military EO offices are co-located at Bldg. 667A, Ruger Road.

Our thoughts and prayers are with the Fort Hood community, the victims and their Families in the aftermath of what occurred there Nov. 5.

As we contemplate this horrific event, let us continue to maintain our military discipline and our respect for one another.

*The Supe*

Lt. Gen. Buster Hagenbeck  
Superintendent

# Great American Smokeout is today

Commentary by  
Capts. Kerry Garth and Imani Price  
Preventive Medicine

It's that time of the year again—today is the Great American Smokeout. Although the Smokeout targets smokers, all tobacco users are encouraged to stop using tobacco products for 24 hours.

If you are not ready to quit today, consider using the day to plan a future quit date or to make contact with a health provider to quit.

So what impact would quitting tobacco have, even for one day, on your life? Some of the health benefits of quitting are almost instant.

Within 20 minutes of quitting, your heart rate and blood pressure drops to normal. Within eight hours of quitting, your carbon monoxide level in your blood drops to normal and the oxygen level in your blood increases to normal.

Within 24 hours of quitting, your chances of a heart attack or bleeding ulcers decrease. Imagine the impact permanently quitting could have on your mood and your overall health.

For Soldiers and cadets, tobacco use may be compromising their ability to accomplish the mission.

Tobacco is connected to decreased mental acuity, decreased night vision, increased need for water, decreased ability to deal with stress,

decreased stamina and increased injuries.

Smoking has also been identified with serious health problems such as cancer, a compromised cardiovascular system and heart and lung diseases.

Smokeless tobacco is not a safe substitute. Smokeless tobacco use has been linked to oral and pancreatic cancer.

In 2008, of the 2.4 million smokers in New York, 73 percent said they wanted to quit. Annually, smoking kills 25,500 people and secondhand smoke kills another 3,000. In addition, 570,000 New Yorkers' health is seriously impacted by smoking annually.

What can you gain from a tobacco-free lifestyle? Smokers who quit tobacco notice they are able to breathe easier, have more energy, a better sense of smell and taste, a regained sense of control over their lives and improved cardiovascular fitness.

Then, with thoughts of your pocketbook, the price of a pack of cigarettes is more than \$5 a pack in some locations, so you could save more than \$100 a month in tobacco expenses. Think of what you can do with the money you save.

For cadets interested in joining the USCC Tobacco Cessation Program, call 938-3022.

Keller Army Community Hospital hosts a tobacco cessation class at noon every Friday in the fourth floor classroom.

For more information, call 938-6093/3244.

## DSN access code is changing

West Point will be changing the DSN access code to comply with an Army requirement to standardize the dialing code for DSN access across all installations.

The West Point Garrison and the U.S. Military Academy have been directed to change the DSN access code used by individuals from 98 to 94.

Effective Dec. 1, personnel will dial 94 and then the seven digit DSN number (e.g—94-688-7000) to make a DSN call.

As a reminder, Army policy mandates the use of DSN numbers in lieu of commercial numbers when calling locations with DSN access. If you have any questions, call the Network Enterprise Center—West Point Telecommunications Branch at 938-7719/5898.

Want to read the Pointer View on crisp paper rather than online? To get a yearly subscription (48 issues) of the Pointer View, contact Theresa Gervasi at the Times Herald-Record at 800-295-2187.

### Weekly Sudoku by Chris Okasaki, D/EECS

		5	9			1		
	9			6				7
	2							
6					1		2	
		4	6		7	9		
	7		3					1
							7	
4				9			8	
		2			5	6		

Rules: Fill in the empty cells with the digits 1-9 so that no digit appears twice in the same row, column, or 3-by-3 box.

See SOLUTION, page 10

## SHARP

The members of the Sexual Harrassment/Assault Response and Prevention program are Maj. Maria Burger (USMA/USCC), Shelley Ariosto (Garrison), Dan Toohey (Victim Advocate), Lt. Col. Kim Kawamoto (ODIA) and Bernadette Orland (Dean). Community members can e-mail Burger at [Maria.Burger@usma.edu](mailto:Maria.Burger@usma.edu) for advice or to offer any recommendations on the program here. Cadets also can call the sexual assault support helpline at (845) 591-7215. West Point Soldiers and civilians needing assistance can call (845) 938-3369.

## POINTER VIEW

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# ENG is now ENG and PHIL

Story and photo by  
Sgt. Vincent Fusco  
Dir. of Public Affairs &  
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Philosophy has always been a part of the West Point academic curriculum. But as of Nov. 13, the study received a long-overdue recognition with its inclusion in the new name for the Department of English and Philosophy.

More than three years ago, department head Col. James Kerin advocated the study of philosophy belonged firmly associated with the studies of literature and the arts.

"It is a momentous occasion ... a long time coming," Kerin said. "It accurately and conclusively describes who we are and what we do."

Prior to 1908, the study of English was taught along with other modern languages in the same department. The academy featured a Department of English and History until 1926, when History separated into its own department.

West Point's formal approach to philosophy began in 1979, when the academy began sending officers to graduate school to earn masters' in philosophy. In the meantime, instructors taught the first classes following a "crash course" in the discipline.

"This was a strange new world to the cadets," Kerin said. "Cadets are fond of giving nicknames, (and) philosophy was known as 'drugs,' and the chief joke was that all cadets 'must take drugs.'"

Over the years, philosophy developed into a more robust program—the Class of 1985 was the first to be offered academic majors or fields of study, with philosophy and literature as some of the first electives. In the early 1990s, the first civilian professors became part of the faculty, which also developed the philosophy program.

The name change is a reminder of the

unity between the department's two main disciplines, Kerin said. Though they each have their own areas of focus and needs, both studies are—and have always been—under the leadership and guidance of the same faculty.

Members of the faculty, including philosophy professor Dr. Robert Tully, have welcomed the name change as promoting the study unfamiliar to many West Point staffers.

"When I arrived here over five years ago," Tully said, "I asked myself, 'why does philosophy take a low profile?'"

He recalled a conversation with a member of the superintendent's staff who, upon learning Tully was a philosophy professor in the English department, asked why philosophy was not part of Behavioral Sciences and Leadership.

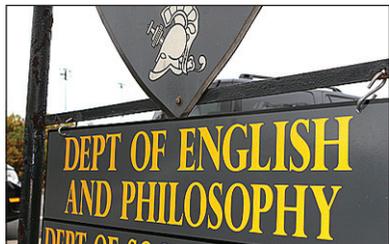
"I must have looked bewildered," Tully said. "He filled out his reasoning: 'philosophy is ethics, and ethics is leadership,' and we had (BS&L)."

Tully clarified that philosophy isn't just the practice of ethics, but of also metaphysics and theory of knowledge. He feels that the program at West Point has allowed cadets the opportunity to not just study philosophy, but to make their own contributions to the field as well.

"We members of the philosophy group are now hopeful that the presence of 'philosophy' (on the sign and department name) will make a difference in the thinking of our students," Tully said.

With the new prominence being given to the philosophy section of the department, Tully hopes more cadets will be attracted to study philosophy as a cross-disciplinary opportunity in addition to filling their core course requirements.

Kerin encouraged his department to start using the new name on a routine basis to ensure outside sources do not refer to the



## Nadd's Fortune

\$7,500

Cow Charles Nadd appeared on Wheel of Fortune Nov. 13. Although he didn't make it to the final round, his experience on the game show set was unlike anything he had experienced before. "I have experienced few moments as thrilling as when I realized that I had the correct answer to a puzzle while I was up to bat," he said. "Pat and Vanna seemed like genuinely nice folks that enjoy what they do. Mr. Sajak was especially kind to the contestants and helped us refocus when we were about to go live." Nadd won \$7,500 in cash and an Alaskan cruise worth about the same amount.

CAROL KAELSON/WHEEL OF FORTUNE

department by its old name. He also joked that the inferred initials will not result in the department accidentally, "receiving DPE's mail."

# USCC recognizes Cadets of the Quarter

By Sgt. Vincent Fusco  
Dir. of Public Affairs & Communications

The Corps of Cadets recognized three of its own who demonstrated proficiency and attention to detail under the scrutiny of their peers. They are the Cadets of the Quarter for the first of two competitions this semester.

The honorees, Plebe Heather Hernandez of Company F-2, Yearling Joshua Mathews of Company B-3 and Cow Jessica Coiffard of Company B-4, braved a board competition that tested their knowledge of cadet honor programs, tactics, leadership and other subjects.

The boards are a peer competition—cadet leadership presides over each board and evaluates the candidates based upon their knowledge and demonstration of West Point standards.

Their process began with each platoon selecting one cadet to compete against the rest of the company. Those winners moved up to a battalion-level competition, and then those winners advanced to the regimental competition.

Although they felt uneasy at first about getting into the competition, their comrades reassured and helped them prepare their uniforms and their knowledge base.

"I wasn't really sure why at first I was chosen," Coiffard said, a Lynchburg, Va., native, "but I was appreciative that they thought that much of me."

"I was also flattered that I was chosen for it by my chain of command," Mathews said. "(They) did a great job prepping me for it every step of the way."

Mathews was an 82nd Airborne Division infantryman in the two years prior to coming to West Point. With his experience in the active Army as well as earning the title of platoon honor grad during his basic training at Fort Benning, Ga., he had some confidence going into the competition.

"I think it definitely gave me a leg up on my classmates when it came to a lot of tactical matters," the Huntsville, Ala., native said. "I've seen different leadership styles and different ways situations are handled."

The final, brigade-level competition put cadets in front of a board of cadet sergeants major and first sergeants from companies other than those represented by the candidates. Hernandez' team leader, a prior Cadet of the Quarter, prepared her with study material and helped her keep up with current events. Nevertheless, she and her comrades felt a good degree of intimidation at the final board.

"I was terrified, especially at the brigade board," the Round Rock, Texas native said. "With a whole bunch of rank sitting in front of (me), it was scary. I was shaking pretty much the whole time."

The cadets' best method of getting through the final board was doing their best to keep composed and answering each question as calmly and clearly as possible. Firstie Richard

Starks, of Company G-3 and the brigade cadet sergeant major, said each cadet brought something different to the board along with the proficiency that brought them that far.

"From what we could tell about (Coiffard) from the questions she answered, she had a big heart and really cared about her job," the Midway, Ky., native, said. "Mathews was very squared away, had a lot of discipline and military bearing that we liked."

Starks also recalled the robust recommendation Hernandez' first-line supervisor wrote for her, detailing her volunteerism as laundry cadet-in-charge as well as the extra time and effort she put into accomplishing her duties.

"In the end they were all very squared away, but these three individuals brought something else to the board that established themselves above the rest," Starks said.

West Point's senior noncommissioned officer Command Sgt. Maj. Anthony Mahoney recognized the cadets for meeting and exceeding the West Point standard and presented them with coins for their achievement. Their names were also announced during lunch in the mess hall for all of the Corps of Cadets to hear.

Earning their places as Cadets of the Quarter is a testament to their professionalism and application of experience. Both Coiffard and Mathews have roommates who are nominated for the next board, and both are helping them get ready, using what they've learned during their competition experience.

## MCEC trains high school students as mentors

Story and photo by Kathy Eastwood  
Staff writer

Fourteen high-achieving high school sophomores and juniors from around the country and overseas, who are members of their high school student-to-student or S2S program, attended the third annual Frances Hesselbein Student Leadership Program, sponsored by the Military Child Education Coalition, for a five-day leadership development program at West Point that began Nov. 4.

Most of the students are part of a military Family. The MCEC funds the full tuition, meals, lodging, program materials and transportation from the student's home to West Point.

"The students participate in MCEC's S2S initiative and serve military children across the U.S. and overseas near military installations," Melanie Wong Dodge, assistant professor for the Department of Behavioral Sciences and Leadership, said. "The students come to West Point to learn more about leadership and interact with a number of different departments."

Team building workshops at the Center for the Enhanced Performance, Life Cycle Human Development through BS&L and counseling with the Center for Personal Development and



Jennifer Webster (right), a junior at Leavenworth High School, Kan., talks about what it is like to constantly travel from one place to another in a military Family with a group of cadets and the other attendees at the third annual Frances Hesselbein Student Leadership Program.

BS&L were all part of the program the students attended.

MCEC and the Frances Hesselbein Student Leadership Program's primary purpose is to serve as a model of positive leadership and advocacy for ensuring quality educational

opportunities for all military children affected by mobility, Family separation and transition.

High school students involved in S2S programs are trained to mentor younger students in the elementary and middle schools. It helps encourage the younger students to think about what they might want to do in the future as a career before they reach high school so they can take the appropriate classes to support those goals.

The high school students will spend the day with the younger set, arrange a tour of their school and introduce them to other children.

At one workshop, the S2S members talked with cadets in the BS&L program about the need to help children transitioning into unfamiliar schools, maybe for the third or fourth time.

"I grew up in California," Larissa Reichert, a junior at Ellison High School in Killeen, Texas, said. "But, when I was in the 8th and 9th grades, we moved to Texas. It was such a cultural shock—it was so different."

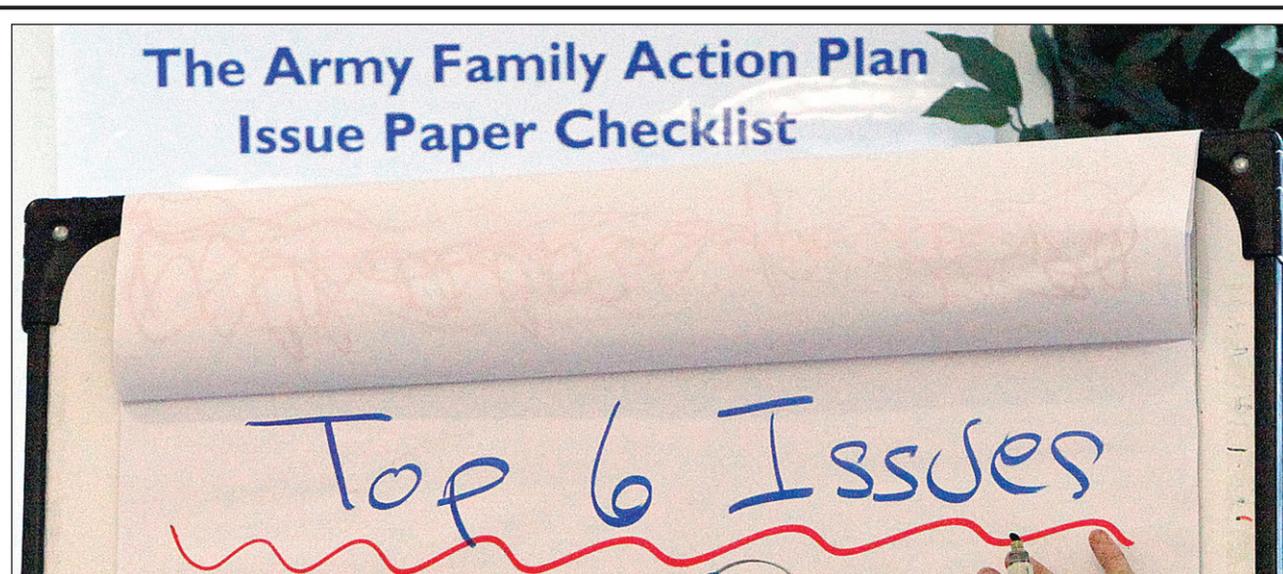
Sophomore Jay Han from the Seoul American High School Seoul, South Korea, said he has known the children in his school for years. Although his S2S program is small, they still help military children with transitioning.

"(When new children arrive) we show them around the school and take them around the shopping centers," Han said. "The shopping areas are real close."

David Splitek, MCEC vice president of program and services, said when servicemembers move, everything is the same, but for the children, nothing is the same.

"We have learned that Soldiers are being deployed to Iraq and Afghanistan over and over again," Splitek said. "(In 2006) we set up a program to encourage high school students to form a Student-to-Student program and to train counselors, special education teachers and parents to make the military child's transition easier."

When the students return to their schools, they will bring the knowledge and training they learned at West Point to other students and develop methods to support those who are transitioning to or from their schools. The transitioning student's needs are met through peer credibility, positive peer relationships and valued information concerning the school they are attending and the area they are living, according to [www.militarychild.org](http://www.militarychild.org).



### AFAP delegates review and prioritize issues

The 2009 Army Family Action Plan Symposium volunteers reviewed more than 120 issues and set priorities and developed recommendations for fixing them during the event Tuesday and Wednesday. More than 100 volunteers acted as delegates, facilitators, subject matter experts, observers and in other capacities, working throughout the two-day event to help make life better at West Point.

TOMMY GILLIGAN/PV



**Sobriety  
Checkpoint**  
Saturday  
and Sunday

# Kilner gathers more info in Afghanistan for CALDOL Web sites

Story by Kathy Eastwood  
Staff Writer

Lieutenant Col. Peter Kilner, assistant professor for the Center for the Advancement of Leader Development and Organization Learning, spent nearly two weeks, from Oct. 26 through Nov. 5, in Afghanistan interviewing 25 platoon leaders and junior company commanders about their experiences while conducting counterinsurgency operations.

During his assignment, Kilner saw how engaged the junior officers and Soldiers were with the Afghan Police and their Army.

“Our Soldiers and junior officers are living, eating, working, patrolling and sleeping with their Afghan counterparts,” Kilner said.

General Stanley McChrystal, the commander of the International Security Assistance Forces in Afghanistan, redirected the focus of the ISAF in August by issuing the Combined Action Plan.

Now, the U.S. forces do more to protect Afghan civilians and show more respect toward the Afghans to gain the trust and support of the Afghan Army and police forces.

“American convoys don’t go out alone. They always go out with their Afghan partners,” Kilner said. “They do everything with their Afghan partners. Our role has gone from eliminating the Taliban to working with the Afghan National Security Forces and the police. We partner with them to help (continue to) eliminate the Taliban.

“We are always the supporting effort,” Kilner added. “Afghan security forces are the main effort. This is different from what we are used to doing. One of the things that we as Army leaders need to get into our heads is we are there to support the government of Afghanistan and to help it develop and secure their country and their people—and to develop Afghan capacities.”

Kilner said platoon leaders have to exercise tough decisions and judgments as to how they can acknowledge the differences in cultures and help the Afghans build their country without undermining American values.

“One expression heard a lot is ‘Better the Afghans do it tolerably than we do it perfectly’ because we will leave at some point,” Kilner said. “We need the Afghans to get the job done.”

The reason for interviewing Afghanistan platoon leaders is to pass on those experiences and share them with other junior officers across the Army and the cadets via CALDOL’s Web sites at <https://platoonleader.army.mil> and [Companycommand.army.mil](https://companycommand.army.mil).

“Leaders have always shared their experiences with friends,” Kilner said. “What CALDOL does is create systems that enable peer-to-peer knowledge sharing to become more widespread and efficient. Today’s cadets can tap into (the platoon leaders) experiences and see what today’s platoon leaders are doing.”

Kilner said the focus is to bring together current, past and future company commanders and platoon leaders so these two critical practices in the Army can be more effective. Cadets are preparing to become platoon leaders and they can learn first hand from experienced platoon leaders via the Web sites and forums.

“We develop products, such as books, video clips and professional forums for today’s platoon leaders, which is very valuable with the (cadet’s) course work here,” Kilner explained. “Our products are used in the MX400, (which is a Corps capstone course of officership through the Simon Center for the Professional Military Ethic originated by retired Gen. Frederick Franks) that all seniors use, military science courses and other academic courses.”

Kilner said that by tapping into the ongoing professional conversation of today’s junior officer, CALDOL fosters lifelong learning, a living curriculum linking the field and

the schoolhouse.

Currently, more than 18,000 Army officers and cadets are active members of CALDOL forums.



Lieutenant Col. Peter Kilner (right) interviews 1st Lt. Philip Cooper, Class of 2007, at Forward Operating Base Sharan in Paktika Province, Afghanistan. Kilner went to Afghanistan to interview Soldiers, platoon leaders and junior commanders about sharing experiences in the field with cadets and other Soldiers by using the Web and books to give them a taste of what it takes to be a junior commander.

COURTESY PHOTO

Contact Theresa Gervasi at the Times Herald-Record at 800-295-2181 or via e-mail at [tgervasi@th-record.com](mailto:tgervasi@th-record.com) for delivery problems.

# Cadet media training takes many forms

Story and photos by Maj. Christopher Kasker  
Department of Military Instruction

Seventeen cadets knew the front page news of the New York Times well before it was delivered to their barracks Nov. 10. On Nov. 9, these cadets, currently enrolled in the Defense and Strategic Studies elective—MS350 Military Communication—were granted special access to the Times' Page One meeting where they watched and listened to various editors pitch stories in hopes the executive editor would grant their stories front page honors.

Cadets also visited Fox News as part of a two-day media immersion experience. The immersion finale was having graduate students from the Arthur L. Carter Journalism Institute of New York University participate in a simulation exercise as embedded reporters at West Point's Warfighting Simulation Center.

Cow David Liem considered the trip to New York well worth his time.

"Given the interrelated nature of modern military and media operations, the lessons I have learned during this block will undoubtedly enhance my effectiveness as an Army officer," he said.

Air Force Academy exchange Cadet Ryan Nichol also had a positive view of the exercise.

"I knew that by coming here, I would have unmatched opportunities, and that is exactly what the New York City media trip and exercise with New York University graduate students was," he said.

The cadets liked the immersion experience. However, Cow Andrew Nicholas wasn't expecting the reaction he got from the reporters he talked to.

"One of the things that surprised me was the overwhelming positive response that the reporters gave when asked about the military," he said.

The cadets heard stories and received advice from experienced reporters who embedded with combat units in Iraq and Afghanistan from both news organizations. The next day they used some of that advice with the NYU students who role played as embedded reporters.

In addition to talking with reporters and producers, the cadets watched a live broadcast of Fox News' America's News Room from the control room. Following the show, they went to the studio floor and met with anchors Juliet Huddy and Bill Hemmer. Hemmer had just returned from Fort Hood where he had been reporting on the Nov. 5 shootings, making his comments very relevant to the cadets.

During their Times visit, they met with James Dao, who also had covered the Fort Hood shooting, and with editors and other reporters with wide-ranging experiences. They heard both good and bad stories from veteran war correspondents.

The highlight of the trip to the Times was sitting in on the Page One meeting with veteran journalist and Executive Editor



Cadets are taught the inner workings of the New York Times Web page by the news desk editor.

Bill Keller while all the desk editors gathered and pitched their respective stories to Keller for front page placement.

The next day, these cadets saw the same photograph of Soldiers at Fort Hood running in a unit formation on the front page of their New York Times that they had seen the day prior in that meeting. Very few people have access to that meeting, and, according to one observer, it can change the way one digests the news.

After meeting with the reporters and others, Firstie Kelly Cecil realized that she will need to be proactive with the media after she is commissioned, so the media can give the public accurate information, not speculation.

"The American public is interested in how our nation is fighting its wars and is entitled to form their own personal opinions based on legitimate information relayed back to them via the media. Therefore, it is our job as leaders in the military to ensure members in the media have this access," she said.

The capstone exercise at West Point for the media relations and battlefield communication block included the NYU visitors acting as embeds as cadets conducted a battlefield communication exercise using Virtual Battle Space 2. Some cadets acted as Soldiers on the ground via computers, while others operated separate command posts.

The object was for ground troops to relay messages based on actions on the ground to higher level commands, with the only handheld radios for communication.

As the cadets performed various duties in a platoon, company and battalion CPs or on the computers, they also tried to communicate the issues of the moment accurately with NYU students next to them writing down everything that was happening and asking questions along the way.

Cow Amy Belaus didn't realize how busy she was going to be dealing with an embedded reporter and still doing her job as a platoon leader.

"I had to explain the graphics, the mission and all the military-related components to the operation. While ensuring

my reporter was clear on all the facets of the mission, I had to pay attention to the radios I was assigned as well ... I had to be really specific with the reporter when he asked questions. When I would normally reply with military terms, I had to simplify everything I was saying and explain in detail what everything meant," she said.

The cadets learned a lot about communicating on the battlefield and the journalism students learned a lot about the realities of battle and a little about cadets, too.

However, the exercise didn't exactly end Nov. 10. The NYU students still had to file a report and the cadets got to read them.

As the cadets read the 16 articles produced by the NYU students, some found they were portrayed as heroes and others were portrayed as doing their jobs. The NYU students saw the realities and difficulties in communicating on the battlefield. Regardless of their portrayals, the future officers and future journalists learned a little more about how the other operates.

Air Force exchange Cadet Andrew Cavallo reflected on the exercise after reading the reports.

"We were cadets, not yet active duty officers—our counterparts were merely graduate students still learning the art of journalism. It was not until afterward that I realized I was not witnessing current media-military relations but future media-military relations," he said.



New York University journalism students, playing embedded reporters, observe cadets as they track their platoons on a map at the company command post during a battlefield communication exercise.

COURTESY PHOTOS

# How to safely deep fry a turkey **Keller Corner**

By Susan Aman  
West Point Safety Office

A longtime food favorite in the southern United States, the delicious deep-fried turkey has quickly grown in popularity in all areas of the country thanks to celebrity chefs like Martha Stewart and Emeril Lagasse.

While some people rave about this tasty creation, safety experts are concerned that backyard chefs may be sacrificing safety for good taste.

There have been numerous reports of fires related to turkey fryer use.

Due to safety hazards, Underwriters Laboratories decided not to certify any turkey fryers with their trusted UL mark.

Here are a few reasons why using a deep fryer can be dangerous:

- Many units tip over easily, spilling the hot oil within the cooking pot;
- If the cooking pot is overfilled with oil, oil may spill when the turkey is placed into the pot and hit the burner or flames that can cause a fire to engulf the entire unit;
- Partially-frozen turkeys placed into the fryer can cause a spillover or spatter effect and may result in an extensive fire;
- With no thermostat controls, the unit also has the potential to overheat the oil to the point of combustion;
- The side of the cooking pot, lid and pot handles can get dangerously hot and are severe burn hazards.

## The Turkey—Size Matters

Smaller turkeys, eight-to-10 pounds, or turkey parts, such as breasts, wings, drumsticks and thighs, are best for frying. Turkey size does matter, as a 12-14-pound turkey is the maximum size bird that can be successfully deep-fried.

In addition to the obvious safety concern

of lowering and lifting a big turkey into a vat of boiling oil, larger birds simply take longer to cook.

The extra cooking time may result in overexposure of the turkey skin, which could be overcooked.

## Safety Tips:

- Use fryers outdoors only and away from any building or material that can catch fire, but ensure it remains in full view of the cook;
- Make sure there is at least two feet of space between the liquid propane tank and the fryer burner;
- Never place the fryer on wooden decks or under a garage, carport or breezeway;
- Never leave the fryer unattended during heating, cooking or cooling processes;
- Keep children and pets away from the cooking area at all times;
- Allow the oil to cool completely before disposing or storing;
- Immediately wash hands, utensils, equipment and surfaces that have come in contact with the raw turkey;
- Eat the turkey immediately and store leftovers in the refrigerator within two hours of cooking;
- If any smoke comes from the heating pot of oil, turn off the burner immediately, as this means the oil is overheating.

## In Case of Fire

If you experience a deep-fried turkey fire, do not use water to douse it. Call 911 immediately. Never attempt to use water to extinguish a grease fire.

While waiting for the fire department's arrival, an all-purpose fire extinguisher can be used, according to the Home Safety Council Web site at [www.homesafetycouncil.org/AboutUs/au\\_aboutus\\_w001.asp](http://www.homesafetycouncil.org/AboutUs/au_aboutus_w001.asp).

For more information, call the West Point Safety Office at 938-6133.

## KACH pharmacy hours for Saturday

Due to the planned power outage Saturday, the pharmacy hours are 8 a.m.-noon for refill pick up only. No new prescriptions will be processed during this time.

## KACH outpatient clinics closure

All outpatient clinics, laboratory, pharmacy and radiology will be closed Nov. 26 (Thanksgiving) and Nov. 27 (Training Holiday).

The emergency room will remain open.

## Childbirth preparation classes

The four-week series classes are now held each month from 6-8 p.m., KACH second floor classroom.

The next series is Dec. 8 and 15 and Jan. 5 and 12.

Call OBU at 938-3210 to register.

## Smoking Cessation Program

Keller Army Community Hospital

continues the Smoking Cessation Program. Classes will be held from noon-1 p.m. every Friday in the KACH fourth floor classroom.

You will be required to attend only one class to be enrolled in the program.

The class can help you to quit using tobacco products.

The program is open to all active duty military and TRICARE beneficiaries.

If you have any questions, call Jack Brennan at 938-6093 or Trish Titus at 938-3244.

## Clinical Breast Study

Female military health care beneficiaries between 30-45 years of age are invited to participate in an ongoing clinical breast study to evaluate a new non-invasive imaging technology for its ability to identify young women who may be at increased risk for breast cancer.

Contact Joyce Epstein-Ross FNP at 938-8387.

## DPW NOTES

### North post—six-hour power outage

There will be a six-hour electrical shutdown from 7 a.m.-2 p.m. Saturday affecting the north side of post from the Cemetery north.

The following quarters will be affected—Lee Area, Gray Ghost, Worth Place Housing, New and Old Brick and Sugar Bowl Housing areas plus Qtrs. 124, 125, 128, 130, 132, 138, 330, 332, 334, 336, 340, 344, 348, 352, 356, 358, 360, 362, 372, 421, 422, 501, 1000, 1002, 1004, 1006, 1008, 1010, 1012, 1015 and 1050. The following public buildings and facilities will be affected—Bldgs. 500, 683, 693, 695, 697, 705, 711, 715, 716, 718, 721, 729, 733, 785, 793, 795, 799, 813, 817, 821, 845, 855, 900, 901, 902, 905, 906, 907, 913, 917, the West Point Mint and the Anderson

Rugby Complex.

### Stormwater Plan available

The Municipal Separate Storm Sewer System Stormwater Annual Report and the Stormwater Management Program Plan are available for public review on the DPW internal Web site at <http://sodhpw/>, Other Resources, Stormwater.

All community members are invited to attend the Community Action Council Meeting at 9:30 a.m. Nov. 30 at the Jewish Chapel for a briefing on the program and to ask any questions on the report.

Questions or comments on the West Point program should be directed to the Environmental Management Division at 938-8000.

## NOW SHOWING

in the movie theater at Mahan Hall, Bldg. 752

Friday—Cloudy with a Chance of Meat Balls, PG, 7:30 p.m.

Saturday—Fame, PG, 7:30 p.m.

Saturday—Couples Retreat, PG-13, 9:30 p.m.

THE THEATER SCHEDULE ALSO CAN BE FOUND AT [WWW.AAFES.COM](http://WWW.AAFES.COM).



## Christmas is coming

Contractors from Wikes Arborist Inc. plant a 13-foot White Spruce as the newest holiday tree behind the parade ground. The Directorate of Family and Morale, Welfare and Recreation and the Directorate of Public Works will work together in the maintaining the holiday tree's lighting.

TOMMY GILLIGAN/PV

## BBC LifeWorks events

### Black Friday Breakfast and Woodbury Common Premium Outlet voucher

Are you headed out shopping? Stop by for a free Woodbury Common Premium Outlet voucher for additional holiday savings. Grab a bagged breakfast to take on the run or stop by to sit down and relax—join us for a cup of coffee. We will have muffins, coffee, juice and more. Breakfast will be served at 132 Bartlett Loop from 7:30-10:30 a.m. Nov. 27.

### Help decorate our Mitten Tree

Bring any new mittens, hats, gloves and scarves to help decorate our holiday tree. Make the holidays special for someone in need and feel good by doing it. The Mitten Tree will be in the housing office for our residents to help out needy children. Collections start Dec. 1.

# What's Happening

## Assumption of command

Brigadier Gen. William E. Rapp will assume command of the U.S. Corps of Cadets at 12:15 p.m. Monday at Eisenhower Hall.

The entire West Point community is invited to attend and asked to be seated no later than noon.

## Distinguished Lecture Series

Dr. Paul Ekman, University of California-San Francisco professor emeritus, is speaking as part of the PL100 Class of 1951 Distinguished Lecture Series from 7:45-8:45 p.m. tonight in Robinson Auditorium.

His lecture is titled "Uncovering the Face's Hidden Messages."

Members of the West Point community are invited to attend.

## Native American Heritage Month celebration

The Native American Heritage Month celebration is from 6-8:30 p.m. Friday in the Grand Ballroom at the West Point Club.

From 6-6:45 p.m., enjoy food samplings, children's crafts and stories led by cadets, followed by Native American dancing and demonstrations from the Red Hawk Dance Troupe.

Admission is free and open to all cadets, staff and faculty and community members.

## WPWC Gift Shoppe

The West Point Women's Club Gift Shoppe is now located in Bldg. 695 on Washington Road (formerly the ITR Office).

The Shoppe's grand re-opening is from 10 a.m.-2 p.m. Saturday.

Stop by for refreshments, prizes and holiday shopping.

## Scouting for food

Scouts from Troop and Den 23 dropped off bags to every house on West Point for the annual Scouting for Food Drive in conjunction with the Better Opportunities for Single Soldiers.

Bags can be filled with non-perishable food items and placed on the front steps of quarters for pick up at 1 p.m. Sunday.

Please consider supporting this community event.

For questions or more information, contact Cal Christensen at 938-7142.

## Turkey Bowl

The Brigade Tactical Department's annual Turkey Bowl takes place at 5:30 p.m. Tuesday at Shea Stadium.

The Turkey Bowl is a flag football game between BTM officers and noncommissioned officers.

Everyone in the West Point community is invited.

## Protestant Thanksgiving Service

There will be a combined Protestant Thanksgiving Service at 7:30 p.m. Tuesday at the Cadet Chapel.

This is a great opportunity for Protestants to join together for worship and to return thanks.

## Wyldlife Roll-out

The Wyldlife Roll-out for students in grades 6-8, takes place from 4 p.m.-midnight Friday.

The roll-out is an event packed with a pizza party, inflatable game factory, broomball and more.

For more information, call the Young Life office at 938-5386 or go to the Web site [www.oneill.younglife.com](http://www.oneill.younglife.com).

## Thanksgiving at Thayer Hotel

The historic Thayer Hotel at West Point is once again offering its traditional Thanksgiving dinner from 11 a.m.-6 p.m. Nov. 26 in its Main Dining Room.

For more information or reservations for the Thanksgiving buffet, call (845) 446-4731.

## Post Chapel 801 Worship Service

The West Point Community is invited to attend a contemporary worship service at Post Chapel at 8:01 a.m. Sundays.

The service features a Cadet Praise Band, a time for prayer and reflection and relevant preaching for practical Christian living. Watch-care is provided for preschool-age children.

A fellowship—including coffee, juice, pastries and sausage biscuits to be served—follows the service.

## Arvin CPDC holiday schedule

The Arvin Cadet Physical Development Center hours will change during the Thanksgiving holiday. The hours of operations from Wednesday-Nov. 29 are:

- Wednesday, 5:30 a.m.-4 p.m.;
- Nov. 26, closed;
- Nov. 27, 8 a.m.-4 p.m.;
- Nov. 28, 8 a.m.-4 p.m.;
- Nov. 29, 1 p.m.-9 p.m.

Arvin will return to regular hours Nov. 30.

## Hudson Highlands Nature Museum

After Thanksgiving, bring the entire family to the Hudson Highlands Nature Museum for a special celebration of the Museum's live animals.

The Museum's Wildlife Education Center, 25 Boulevard, Cornwall-on-Hudson, will be open from noon-4 p.m. Nov. 27-29.

Each day there will be two holiday "Meet the Animals" programs at 1 and 2:30 p.m.

There will also be special crafts for children.

For more information about costs or anything else, call (845) 534-5506, ext. 204.

## Mine Torne Road closure

Mine Torne Road is closed from 6 a.m.-5 p.m., Mon.-Sat. from Route 293 to the Stilwell Pump House for four weeks, which continues another week.

The closure is necessary to install water pipes under the road for the new Transportation Motor Pool being constructed in Training Area V.

Emergency vehicles will be able to pass, if needed. Flagmen will be on-site full-time and they can pull the heavy equipment off the road to allow passage in an emergency.

## Army-Navy shirts available

The 2009 Army-Navy shirts are available at the USMA Bookstore or can be ordered online at [www.usma.edu/uscc/dca/stores/2009ArmyNavy.pdfgame](http://www.usma.edu/uscc/dca/stores/2009ArmyNavy.pdfgame).

Sizes range from small to 2XL. The shirts are black with long sleeves. The Bookstore is located in Thayer Hall, fourth floor.

## Annual Candlelight House Tour

The Historical Society of Newburgh Bay and the Highlands will hold its annual Candlelight Tour of Homes from noon-5 p.m. Dec. 9.

The tour begins at the Captain David Crawford House, 189 Montgomery St. in Newburgh. This 1830s home will be decorated as it would have been in 1840.

For information about costs or to order tickets, call (845) 561-258, e-mail [historicalsocietynb@yahoo.com](mailto:historicalsocietynb@yahoo.com) or visit the Web site at [www.newburghhistoricalsociety.com](http://www.newburghhistoricalsociety.com).

# West Point school students honored for reading

By Kathy Eastwood  
Staff Writer

Students at the West Point Elementary and Middle Schools completed a readathon Nov. 3.

The readathon began earlier this fall as the children competed with each other and asked for donations while they read as many pages of print as they could.

"During the readathon, students combined to read 215,441 pages of print," Debbie Gerber, parent and volunteer, said. "Students collected pledges for their reading, which brought in more than \$19,000."

The money will go to the Parent Teacher Organization and fund field trips, assemblies and other events that add to the students' education.

Middle school student Gabriella Huggins and elementary school student Max Alberici were the top fundraisers.

Huggins received an iPod and Alberici received a Wii game for their fundraising efforts.



Elementary school winners of the readathon are (from left) Max Alberici, Coby Hirtz, Sarah Lathrop and Grace Frey. Alberici received a Wii game as the top fundraiser. The top readers received a \$50 gift certificate to Target.

PHOTO BY APRIL TRIBUS

Top readers for the elementary school were Grace Frey, Colby Hirtz and Sarah Lathrop. Middle school top readers were John Wilkins, Brigitte Gavin, Katrina Nnadozie and Nirmaliz Torres.

The top readers of both schools received a \$50 gift certificate to Target. Teachers threw pizza parties for the classes that read the most pages and cupcake parties for the classes that collected the most donations.

## Influenza hotline

For information about influenza and flu shots, both seasonal and H1N1, call 938-0888.

# FMWR Blurbs

## Craft Shop open house

See the renovation of the West Point Craft Shop at an open house from 10 a.m.-2 p.m. Saturday.

Learn about all of the new services and classes being offered.

Bring the children to check out the kids craft program and see samples from upcoming and past classes.

Do you have a special print or picture that you would like framed? Come in during our open house and receive 10 percent off your custom framed order placed that day.

For more information, call 938-4812.

## LTS has moved

Leisure Travel Services (formerly known as ITR) has temporarily moved to the Buffalo Soldier Pavilion, Bldg. 628. No BSP programs or reservations will be affected.

The LTS phone number will remain the same—938-3601.

Thank you and sorry for any inconvenience.

## Ski, Skate and Hockey Swap

There is a Ski, Skate and Hockey Swap at the Victor Constant Ski Slope from noon-6 p.m. Sunday and 3-9 p.m. Monday.

Discounted ski vendor merchandise and discounted season passes are available.

For more information, call 938-8623.

## Thanksgiving food drive

Better Opportunities for Single Soldiers and the Boy Scouts are teaming up to help Families in need throughout our community.

Spend a few hours at the Buffalo Soldier Pavilion from 1-4 p.m. Sunday to help make this holiday season a brighter one.

Bring work gloves if you have them.

For more information, call Sheryle Miller at 938-6497 or Sgt. Jennifer Weber at 938-6427.

## BOSS Thanksgiving Dinner

A Thanksgiving dinner sponsored by the Better Opportunities for Single Soldiers will be held from 4:30-6:30 p.m. Wednesday at the Buffalo Soldier Pavilion.

Come enjoy a traditional Thanksgiving Dinner in a fun and relaxed environment.

We're looking for people in the community to donate desserts or appetizers for our Soldiers.

Please drop them off at the BSP between 3-5 p.m. Wednesday.

For more information, call 938-6497.

## Macy's Thanksgiving Day Parade

Join FMWR's Leisure Travel Services trip from 6 a.m.-noon, Nov. 26 to New York City to enjoy the Macy's Parade.

There is a cost for transportation.

For more information, call 938-3601.

## Army Family Team Building

Army Family Team Building is designed to educate and empower members of the military community to develop skills and encourage behaviors that strengthen self-reliance, promote retention and enhance readiness.

Are you an AFTB Master Trainer or would you like to become a Master Trainer?

For more information, call Army Community Service at 938-5654.

## Fall Story Hour

The West Point Post Library has its fall preschool story hour at 10 a.m. and 1:30 p.m. every Tuesday, open to all West Point community children, ages 3-5.

Pre-registration is required on a weekly basis. Call 938-2974, or stop by the library in Bldg. 622 for details.

## Adult indoor tennis lessons

Lessons start in November at the Lichenberg Tennis Center.

Classes are available for beginner, intermediate and advanced.

Registration is between 10 a.m.-4 p.m., Monday-Friday at LTS, Bldg. 695.

For lesson days and times and more information, call 938-3066.

## 2009 All-Army Photography Contest

Enter your best digital images to compete against the best photographers in the Army and win cash prizes.

The categories are people, places, objects, military life, experimental and FMWR life. Both color and monochrome photographs will be accepted.

The competition is open to active duty and civilians. Submit entries to <https://artscrafts.fmwrc.army.mil>

The submission deadline is Nov. 30. For more information, call the West Point FMWR Craft Shop at 938-4812.

## Radio City Christmas Spectacular

ITR has tickets on sale now for Radio City's Christmas Spectacular. Tickets are limited, so don't delay.

Call 938-3601 for dates and times of show tickets available.

## Coping with Deployment Course

A course about Coping with Deployment sponsored by the American Red Cross will be held from 1-5:30 p.m. Dec. 12, at the Child Development Center, Bldg. 1207A.

This course provides hands-on tools to help Families cope with deployments and teaches adults how to support children as a result of changes they may experience due to a deployment of a Family member.

There are a limited number of slots for free on-site childcare available. Children must either be registered with CYSS or you must provide a copy of your children's current immunization records prior to the event. Dinner will be provided.

For more information or to register, call 938-5654.

## Breakfast with Santa

The West Point Club is hosting Breakfast with Santa from 9 a.m.-1 p.m. Dec. 6.

Take your picture with Santa and receive a free gift from 10 a.m.-noon.

There is a pay as you go Sunday breakfast menu and a free child's meal with each paying adult. For more information, call 938-5120.

## West Point's annual holiday tree lighting ceremony

The West Point annual holiday tree lighting ceremony will be held at 6 p.m. Dec. 7 at Daly Field (parking at Clinton Lot).

It's a new tree and location. An 18-foot spruce tree is being planted at Daly Field.

Activities include holiday caroling, a special guest appearance by Santa Claus, performances by the Cadet Glee Club and the Regimental Brass Quartet of the USMA Band.

Refreshments will follow at the West Point Club.

For more information, call 938-6497.

## Instructors needed

Certified Kickboxing, Step, Pilates and Body Pump instructors are needed at the FMWR Fitness Center.

If you are interested, contact the FMWR Fitness Center at 938-6490 or Rita Tenuta at 446-3630.

## November Celebrates Military Family Appreciation Month

Programs at West Point have joined together in appreciation of the Military Family.

Numerous activities are planned throughout the month of November such as:

- West Point Ski/Skate Hockey Swap, Sunday-Monday, with 10 percent off the cost for all military Family members purchasing a season ski pass;

- Family Thanksgiving lunch at the CDC, 11:15 a.m.-12:15 p.m.;

- Leisure Travel Services has Destinta movie tickets—buy one, get one free;

- Family Open House for military Families with children enrolled in SKIES through Tuesday at the Youth Center;

- Sports "open gym" for children and parents at 5:30-6:30 p.m. today at the Youth Center;

- Family Golf Days, Tuesdays and Wednesdays during November, after 2 p.m.

Parents pay a twilight greens fee and children play as many holes as they can play before dark.

## West Point Club closed

The West Point Club will be closed Nov. 27.

## Solution to Weekly Sudoku

8	4	5	9	7	2	1	3	6
1	9	3	5	6	8	2	4	7
7	2	6	4	1	3	8	9	5
6	5	9	8	4	1	7	2	3
3	1	4	6	2	7	9	5	8
2	7	8	3	5	9	4	6	1
5	6	1	2	8	4	3	7	9
4	3	7	1	9	6	5	8	2
9	8	2	7	3	5	6	1	4

## TSP TICKER

### NOVEMBER share prices (as of 11/16)

C Fund	—	+ 0.20	(13.1139)
S Fund	—	+ 0.25	(15.9585)
I Fund	—	+ 0.77	(18.8754)

### Command Channel 8/23

Nov. 19-26

Army Newswatch (broadcast times)

Thursday-Friday, Monday-Wednesday

8:30 a.m., 1 p.m. and 7 p.m.

Nov. 26—no broadcasts.

# Sefchik, linemates steer young team

Story and photos by  
Eric S. Bartelt  
Editor

Every season tends to have its chinks in the ice, and this season is no different for Army hockey as they haven't had a particularly optimum start to the 2009-10 schedule.

A challenging road test to begin the season, with eight of the first 11 games away from Tate Rink, may have hurt Army and led to their 2-7-2 start. However, a positive attitude by head coach Brian Riley and his players hasn't let them dwell on the negatives and kept them looking forward to the road ahead.

In spite of the record, Riley sees the 4-4 tie versus Colgate (5-2-4 record) and the 2-1 victory against RPI (7-4-1 record) Oct. 30-31, respectively, as a couple of reasons why he expects better days ahead for his team.

"I've been pleased with how the guys have progressed, and it certainly culminated (Oct. 30-31) with a road win and tie in two non-conference games with (Eastern College Athletic Conference) opponents," Riley said. "Anytime you can go on the road and get a win ... it's great to see the hard work pay off. Hopefully, the experience of beating a good team will help us as we get into league play.

"It's been a challenging start to the schedule," he added, "but hopefully that will go a long ways to helping us be a better team coming down the stretch when it leads into the playoffs."

The team is led by its top line of Firstie center Eric Sefchik and wingers Firstie Owen Meyer and Cow Cody Omilusik. It's the third

year in a row that the trio has played together and each of them brings a set of skills different from the other that has helped their continuity.

"They have the ability to be one of the top lines in our league," Riley said. "Owen Meyer is one of the most talented players to come through West Point. (Meyer) has the ability to take over a game and win games by himself. He's a very dynamic player.

"Eric (Sefchik), our captain, is a very smart player with great hands and good vision," he added. "Cody (Omilusik) is a spark plug out there with constant energy and plays physical and goes hard to the net, and, as a result, he leads the team in goals and points."

Omilusik leads Army in all offensive categories—goals (6), assists (6) and points (12) in 11 games. While Omilusik has always been a great contributor offensively, Riley is still surprised by his stellar production in the first 11 games.

"Omilusik leading the team in goals and assists stands out (as a surprise), but that's a product of how he plays," Riley explained. "He's a blue collar, hard-working type player who is not afraid to go to the dirty areas to score goals and he is getting rewarded for it."

Even with Omilusik's above average play to start, the guy who makes everything go on that line and the team as a whole is Sefchik.

Riley talked highly about Sefchik's hockey sense and his ability to get his linemates the puck as it led to a team-high 20 assists last season. However, it's Sefchik's overall game and his leadership that makes him stand out on this squad.



Firstie center Eric Sefchik is the on-ice leader for Army as well as the team's best playmaker and faceoff man. Sefchik has two goals and five assists in 11 games this season.

"(Sefchik's) our top faceoff man right now," Riley said. "He's someone who is out there late in the game, whether we're up a goal or down a goal, because getting possession is a key thing. We need him to be really good on draws and he is.

"It's been great to see Eric grow into, not only a player, but the person and leader he's become over the last four years," he added. "For him to have that 'C' on his sweater proves he's earned the respect of not only his coaches, but, more importantly, all of his teammates. He's done a great job so far handling all the responsibilities (of being captain), and I'm sure he'll continue to do a great job."

Sefchik is a player who has come up big in the big games for Army, which included the game-winning goal against #2 Miami (Ohio), the eventual national champion runners-up, last season.

"Big players play big in big games," Riley said. "You want guys who want to play in the big games, and for Eric, who's an Ohio kid, to go back home in front of Family and friends and to be on that stage and to play how he played—he created a

memory that will last a lifetime."

The Brooklyn, Ohio, native, from 10 minutes outside of Cleveland, has had many great moments at Army including a sweep of Air Force and winning the Atlantic Hockey Association season championship two seasons ago.

But, his greatest individual and team moments came last year against Mercyhurst and Miami (Ohio), respectively.

"I had a goal and three assists (in a game) against Mercyhurst, and we haven't played well against Mercyhurst over the years," Sefchik said. "We really buried them that weekend, and I think that was one of the best (weekends we've played) in recent years.

"But, I would say the best team moment was against Miami (Ohio) when Clarkie (Cow goaltender Jay Clark) made 56 saves and we had two shorthanded goals to beat the #2 team in the country," he added. "I had about 40 people there to watch me. That was probably the biggest goal (the winning shorthanded goal) of my hockey career. It was a pretty special moment and it showed how any team, in any league, on any given day can beat anyone ... it was a big thing for us."

Sefchik feels more special moments are ahead even though the team has been inconsistent this season.

He believes the play of Clark and an improving, young defensive group should help things improve by the end of the year.

Riley has the same line of thinking as Sefchik about the defense, considering three of the six regular defensemen are plebes

and the team's best defenseman is a yearling (Marcel Alvarez).

Riley is impressed by Alvarez's offensive skills and his ability to be a top-point producer (2 goals, 7 points in 11 games) on the team. His tremendous shot from the point helps him be very effective, especially on the power play where all seven of his points have come this season.

"Alvarez has great potential," Riley said. "He was recognized by the league last year by being selected to the all-rookie team. We're excited knowing what he's done so far, but we're really excited about what we feel he's going to do in the next 2 1/2 years."

Army has many up and coming players, including Yearling forward Mike Hull, who has three goals and four assists this year, who are trying to change the other league coaches' minds about picking them for sixth in the AHA preseason rankings.

"Our league is tough, but our plan is always the same in that we always hope to be playing our best hockey going into the playoffs," Riley said. "Ultimately, when we come into the month of February, I feel confident we'll be a team that's playing well and understands what it takes to win hockey games.

"By then, our plebes won't be plebes anymore and everyone will have gained a great deal of experience," he added about the team being made up of 66 percent (18 of 27) underclassmen. "It's a challenge every night to win with a young team, but our goal is to earn a spot in the first round where at least we're playing at home during the playoffs."



Cow forward Cody Omilusik is described as a spark plug by his coach and also has an offensive touch as he leads the team in goals (6), assists (6) and points (12).

# Anthony scores 27, Army wins opener 74-70

By Brian Gunning  
Athletic Communications

Cow forward Erin Anthony tied her career-high with 27 points, including the game-tying basket with less than 10 seconds left in regulation to lead the Black Knights' women's basketball team to a 74-70 overtime victory over Wagner Nov. 13 at Christl Arena. The game was the season opener for both schools.

Army led by as many as 16 points and enjoyed a double-digit lead with less than 14 minutes left in the game, but the Seahawks went on a 23-9 run to turn an 11-point deficit into a three-point lead with 32 seconds left to play.

Anthony cut the lead to one point, but Wagner took a 62-60 advantage on a free throw by Marie-Laurence Archambault with 13 seconds left on the clock. Archambault missed the second foul shot, and Cow guard Jessie Coiffard corralled the rebound, raced up the floor and found a streaking Anthony for the tying basket with only seven seconds left.

Anthony was fouled on the play, but was called for a lane violation after crossing the foul line before her shot went in, erasing what would have been the go-ahead score. Wagner missed its final

attempt, forcing the extra period.

"I think I just got a little over excited when I knew it was going in," Anthony said of her violation on the made free throw. "Obviously, I felt so terrible at that moment and I now know that I need to go work on my free throw shooting this season. We just went back in the huddle and knew we had to come out in overtime and establish a lead early."

Anthony scored five of the Black Knights' 10 points in overtime and the Black Knights never trailed in the extra session. Coiffard hit her career-best fourth three-pointer of the game on Army's first possession to give the Black Knights the lead for good.

The Black Knights had three players in double figures. In addition to Anthony, Cow guard Nalini Hawkins had 18 points and just one turnover in 42 minutes on the floor, while Coiffard chipped in with a career-best 12 points. Cow forward Laura Baranek notched a career-high 10 rebounds and four assists.

Army outshot the Seahawks 40.5 percent to 33.8 percent, helping to negate a 53-47 rebounding deficit. The Black Knights turned the ball over only 11 times, while forcing 14 Seahawk miscues. Army was able to capitalize in the open court and in the lane, outscoring the Seahawks



Cow forward Erin Anthony tied her career-high with 27 points to lead Army to a 74-70 overtime victory over Wagner in the women's basketball season opener Nov. 13. ERIC S. BARTELT/PV

18-4 on the break and 32-16 in the paint.

The Black Knights victory snapped a three-game losing streak in season openers.

"We showed great character

tonight and you could see that in all of them," head coach Dave Magarity said. "Wagner was a very good team that I knew would create some problems for us. This was a big win tonight in terms of

confidence."

Playing three games over a five-day span, Army traveled to Baltimore Sunday against Loyola (Md.) and lost 63-48 to even their record at 1-1.



## Villanueva reigns in the endzone

Army Firstie wide receiver Alejandro Villanueva skies for a ball and catches his fifth touchdown of the 2009 season. He finished with seven receptions for 119 yards and a touchdown in the Black Knights 22-17 win over VMI Nov. 14 at Michie Stadium. Army (4-6) faces North Texas at 4 p.m. Saturday in Denton, Texas. There is no television coverage of the game, but the game can be heard on local radio stations 770-AM and 1390-AM as well as Sirius Satellite Radio channel 152.

TOMMY GILLIGAN/PV

## USMA MMA successful at championships

By Maj. James Smith  
Mixed Martial Arts Club

The U.S. Military Academy Mixed Martial Arts Club enjoyed another successful day Nov. 14 when it competed at the North American Grappling Association Championship.

For the second time this year, the MMA team delivered a record number of competitors to the tournament, this time sending 21.

The North American Grappling Association Northeast Championships is the largest—and most competitive—tournament of its kind in the country, including nearly 1,300 competitors from around the world.

To parallel the team's success at the Northeast Championship earlier this year, West Point MMA finished with five medal winners.

The team officer-in-charge, Maj. James Smith, once again led the team by fighting through injury toward a second-place finish in his Masters Beginner No-Gi Cruiserweight division.

A phenomenal new resource to the team, Sgt. 1st Class Mike Branham, dominated the Masters Intermediate No-Gi Flyweight division, finishing the tournament in first place.

Team captain Firstie Travis Anderson made club history by



**Cow Michael Eoute works to submit his opponent with a bent arm bar during the North American Grappling Association Championship Nov. 14.**

COURTESY PHOTO

fighting toward a second-place finish in the Expert No-Gi Middleweight division.

Anderson is the first cadet in club history to medal in any expert division. With less than a minute to go and losing by two points, Anderson reversed his opponent while simultaneously submitting him with a combatives-style bent-arm bar, which ultimately led to a West Point cadet's first-ever berth in an expert finals match.

Firstie James Quigg represented the team well by taking medals in two divisions.

Quigg started the day by taking first place in the Intermediate No-Gi featherweight division, and then finished the day strong by taking third place in the Gi Blue Belt Flyweight division.

Plebe Alex Imbriale brought home a third-place medal in the Beginner No-Gi Light Heavyweight division.

## Volleyball captures regular season title

By Tracy Nelson  
Athletic Communications

For the first time in eight years, the 2009 Patriot League Volleyball Tournament will not be played in our nation's capitol. With a 3-1 victory over Lehigh Nov. 14, the Army volleyball team captured the Patriot League regular-season title and earned home court advantage for the Patriot League Tournament Saturday and Sunday.

Top-seeded Army finished the regular season with a 12-2 conference mark and will be joined by eight-time defending league champion No. 2 American (11-3), No. 3 Colgate (11-3) and No. 4 Lehigh (7-7).

The Black Knights and Mountain Hawks will clash again in the semifinals at Gillis Field House. That match will be played at 4 p.m. Saturday, while American and Colgate square off at 6 p.m.

The championship match is scheduled at 4 p.m. Sunday, with the winner advancing to the 2009 NCAA Tournament.

"I am so excited for this group," third-year head coach Alma Kovaci said. "They played well under pressure in two matches this

weekend. They are resilient and never stop fighting.

"It's an absolute honor to host the Patriot League Tournament," she added. "It's wonderful for the academy and it will certainly help having our loyal fans able to attend."

In the win against Lehigh, Cow middle blocker Amanda Rowell hit .412 with a career-high 17 kills and four blocks, while Yearling middle blocker Rachel Willis finished with 13 kills and hit .276. Plebe outside hitter Ariana Mankus and classmate right side hitter Francine Vasquez each added 10 kills in the victory.

"Mandi (Rowell) played amazing tonight," Kovaci said. "I also have to give credit to (Firstie outside hitter Rachel Dunn (six kills) for a great effort moving from middle back to the outside without skipping a beat. It was great to have Maureen (Bannon) back on the court and she delivered big time for us tonight."

In appropriate fashion, Firstie setter Maureen Bannon shined on Senior Day with her 12th double-double (27 assists, 15 digs) of the season. Mankus also completed a double-double and led all players with 17 digs.

## CLUB RESULTS

• **Women's Rugby:** The Army Women First XV are the Northeast Rugby Union champions after defeating Brown 36-10 in the final Sunday at the University of Massachusetts in Amherst, Mass. Army women's rugby has been awarded the fourth overall seed for the National Championship tournament to be played in the spring.

Army began the weekend, Nov. 14, in the NRU semifinal with a 48-0 win over Syracuse. Army try scorers were Yearling Jessica Sexauer (4), Plebe Emily McCarthy (2) and Cow Ashley Miller.

In the NRU Final, Army took the championship with a dominating 36-10 victory over Brown. Army try scorers in the final were Sexauer (3) and single scores by Plebe Annie Lee and Miller.

Sexauer was selected as the tournament MVP, while Yearling Kayla Orvik was awarded runner-up honors. The team's fall season is complete. The players will soon begin their winter strength training and conditioning program to prepare for the nationals.

## Sports calendar

Nov. 19-28

### Corps

**AIR FORCE**, 7 P.M. AT CHRISTL ARENA.

**SATURDAY—WOMEN'S BASKETBALL VS. DELAWARE STATE, 1 P.M. AT CHRISTL ARENA.**

**NOV. 27—HOCKEY VS. CANISIUS, 7:05 P.M. AT TATE RINK.**

**SATURDAY AND SUNDAY—WOMEN'S VOLLEYBALL, PATRIOT LEAGUE TOURNAMENT, 4 P.M. SAT. VS. LEHIGH AND 4 P.M. SUN. (CHAMPIONSHIP MATCH) AT GILLIS FIELD HOUSE.**

**NOV. 28—MEN'S BASKETBALL VS. YALE, 4 P.M. AT CHRISTL ARENA.**

**NOV. 28—HOCKEY VS. CANISIUS, 7:05 P.M. AT TATE RINK.**

### Club

**MONDAY—MEN'S BASKETBALL VS. HARVARD, 7 P.M. AT CHRISTL ARENA.**

**SATURDAY—MEN'S RUGBY VS. NAVY, 3 P.M. AT ANDERSON RUGBY COMPLEX. (THERE ARE SEVERAL EVENTS OFFERED PRIOR TO THE MATCH, INCLUDING THE CADET SPORT PARACHUTE TEAM JUMP ONTO WARRIOR FIELD 15 MINUTES PRIOR TO THE START.)**

**TUESDAY—WRESTLING VS. BUCKNELL, 7:30 P.M. AT GILLIS FIELD HOUSE.**

**WEDNESDAY—WOMEN'S BASKETBALL VS.**