



## Decon Training

Tom Bocek, Battelle Corporation Decontamination Training Team manager, reviews decontamination techniques with personnel from Keller Army Community Hospital and White Plains Medical Center during an annual decontamination training event March 25. The mission was to decontaminate patients contaminated with nuclear, biological or chemical hazards and protect the hospital and its other patients from being affected by the offending agents.

TOMMY GILLIGAN/PV

## Men's soccer respectable versus MLS Red Bulls

Story and photos by  
Tommy Gilligan  
Assistant Editor/Photo

On a rainy Monday afternoon in March, the 2010 Army Men's Soccer Team took the field under first-year head coach Russell Payne during a friendly competition against the New York Red Bulls, a Major League Soccer team, in front of more than 600 spectators at Clinton Field.

The Black Knights lost the exhibition 3-1, but put forth a strong showing against the MLS squad.

"I can't be anything but proud of the way our guys played today," Payne said. "I thought the effort was

tremendous."

A plebe duo led the home team in the first 45 minutes of the contest. Plebe Michal Fiuk started in the net and provided the team with four brilliant saves while only giving up one goal during his commanding defensive performance from the goal line.

Plebe Josh Koepple scored his first collegiate goal on a 35-yard looping shot over the goalkeepers head in the 44th minute of the first half.

"I was just pushing up and, as soon as the ball popped out, I looked up and figured I would go for it," Koepple said. "I saw their keeper scrambling to get back so I

just shot the ball and it went in the net. It is the greatest feeling in the world and for it to happen against a professional team—it is something I'll never forget."

At half time, the team stormed into the locker room filled with confidence as the contest was knotted up at 1-1.

See **SOCCKER**, Page 2  
Yearling defenseman Jeffery Pickett (3) advanced the ball past New York Red Bulls' midfielder Irving Garcia (99) during a friendly soccer match Monday. The Black Knights fell to the visiting Red Bulls 3-1 in front of more than 600 spectators at Clinton Field.



# SOCCER, cont'd from page 1

Payne explained how important it is to keep up the defensive effort the team members were putting up, while showing them on the whiteboard that they could attack more on the offensive end by making small adjustments to the way they were playing.

Throughout the next 45 minutes, they stayed true to their coaches' lessons, challenging every ball to the last second of the game.

The experience level of the Red Bulls prevailed, however, as they outshot the Black Knights 21-4.

"At the end of the day, I am never happy with losing, but when you are measuring yourself against those guys, who are going to be a very good team this year, I can't be too disappointed," Payne said. "The mentality of professional players is what you want your guys to see and emulate, along with their professional approach, the speed they played with, and how to recover defensively against them. But it was also fun for our guys. They'll have the memory of playing against that team for the rest of their lives."

After the game concluded, the Black Knights and the Red Bulls lined the northwest end of the field to sign autographs for fans



Plebe goalkeeper Michal Fiuk (0) makes one of his four saves in the first half against Major League Soccer club, the New York Red Bulls.

young and old. The players signed everything from soccer balls, jerseys and flags. One fan even had his hand signed by Red Bulls goalkeeper Greg Sutton.

After the game, the West Point Men's and Women's teams held a clinic for more than 200 boys and girls. They went through different stations as the coaching staff and players gave guidance to the young players.



## Saving a Life

The American Red Cross held its blood drive at Eisenhower Hall's Grand Ballroom from Monday through today. You can still donate blood or platelets from 11 a.m.-5 p.m. today. Maj. Felix Ortiz, from Keller Army Community Hospital, checks his progress with technician Kelly Minerel.

KATHY EASTWOOD/PV

### FRAUD, WASTE and ABUSE HOTLINE

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### POINTER VIEW

Help us tell the West Point Story by submitting your ideas to: Eric Bartelt, managing editor, at 938-2015/3883, or e-mail [eric.bartelt@usma.edu](mailto:eric.bartelt@usma.edu). Story submissions should include point of contact information (name, phone number, e-mail address).

### Weekly Sudoku by Chris Okasaki, D/EECS

Rules: Fill in the empty cells with the digits 1-9 so that no digit appears twice in the same row, column, or 3-by-3 box.

		1	2				3	8
			6					
7					5	6		
9				8		4		
3								6
		8		5				7
		9	8					1
					3			
2	4				1	3		

Difficulty: Medium

See SOLUTION, Page 9

## SHARP

The members of the Sexual Harassment/Assault Response and Prevention program are Maj. Maria Burger (USMA/USCC), Shelley Ariosto (Garrison), Dan Toohey (Victim Advocate), Lt. Col. Kim Kawamoto (ODIA) and Bernadette Orland (Dean). Community members can e-mail Burger at [Maria.Burger@usma.edu](mailto:Maria.Burger@usma.edu) for advice or to offer any recommendations on the program here. Cadets also can call the sexual assault support helpline at 591-7215. West Point Soldiers and civilians needing assistance can call 938-3369.

# POINTER VIEW

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# Tough training prepares Sandhurst team to compete

Story and photo by Lt. Col. Mike Stoneham  
NMAA Academic Mentor and Sandhurst OIC

Cadets at the National Military Academy of Afghanistan have set their sights on the Sandhurst trophy. More than 150 cadets tried out for the 11-man team in December 2009.

The determined cadets chosen to compete have been training every afternoon since for the two-day competition. Guided by Sgt. 1st Class Bud Croy, the NMAA mentor who has been helping to train the team, these cadets have committed to traveling the 6,731 miles that separate Kabul from West Point in hopes of defeating the 32 West Point cadet teams and the other schools' team participating in the military skills competition April 9-10.

They know they will have some tough competition. Unlike their West Point allies, the NMAA cadets come from every Kandak (battalion) in the cadet corps at NMAA, and they don't have the home turf advantage. In fact, no terrain in their experience is anything like the terrain at West Point.

Forests do not exist in the Kabul area where both NMAA and the Kabul Military Training Area, the cadets' primary summer training area, are located. Barren 8,000 foot mountains surround Kabul and the terrain interval on the maps where they train is 50 meters. Also, there is only one lake within an hour of NMAA. Therefore, they have only rare opportunities to practice, or even experience, a boat movement.

Regardless, the cadets have been training hard for the 12-event competition. They even gave up their graduation leave (NMAA graduated 212 ANA lieutenants on March 18) to further refine their skills for the competition.

In several long days at KMTA, the cadets honed their shooting skills, developed their land navigation abilities, extended their knowledge of crew-served weapons and improved their decision-making processes.

They muscled through punishing road marches in the open plains surrounding the Gharib Ghar, the steep, rocky mountain that dominates the main Afghan training area in the Kabul area.

Blistered and visibly tired after their culminating training event (an octathlon combining shooting, road marching, land navigation, combat casualty care, casualty transport, manual truck recovery, strength training and crisis decision-making on a leadership reaction course), the cadets are now in final preparation for their trip to West Point.

They are excited about the opportunity to travel to the United States and are convinced they will be able to put on a good show during the Sandhurst Competition. For many members of the group, this will be their first trip out of Afghanistan.

For three, however, this is a return trip. Last year, three cadets, Yusuf Qorbani, Wahidullah Yaqubi and Taef Azizi, were part of the Afghan team that placed 40th. This year, with the help of a strong West Point cadet female volunteer, they intend to win.

Each NMAA team member is looking forward to meeting members of the West Point community and making lifelong friends with their West Point cadet counterparts, especially the cadets in Company C-2 (their Sandhurst host).

The NMAA cadets plan to fortify their learning about the United States and put all of their training to work during the annual event.



Cadets at the National Military Academy of Afghanistan practice marksmanship in preparation for the Sandhurst Competition April 9-10 at West Point.

## Exploring the history and future books at West Point

Submitted by the Department of  
English and Philosophy

On March 23, the Department of English and Philosophy and the U.S. Military Academy Library's Special Collections and Archives Division sponsored a presentation featuring an extensive selection of West Point's many rare book holdings.

Cadets and faculty were also treated to the premiere of an institutionally produced documentary "Unraveling the

Story of the Book" tracing the development of books over the last 5,000 years, followed by a lecture by Manuscripts Curator Susan Lintelman.

All were then invited to participate in an interactive exhibit that included, among many others, a copy of St. Augustine's "de Civitate Dei" (City of God), printed in 1486, Copernicus's "de Revolutionibus Orbium Caelestium," printed in 1543, and a 16th century illuminated liturgical manuscript text that was larger than the average kitchen table.

Other exhibit highlights included a "Thayer Book" purchased by Sylvanus Thayer in Europe, specially bound in France and brought back to establish the USMA Library collection.

In addition, cadets were given the opportunity to visit an interactive exhibit in the Heritage Room of Jefferson Hall.

Library and department personnel were on hand at these exhibits to answer questions and facilitate one-on-one interaction with these historic texts.



Company E-3 cadets (left) evacuate a casualty on foot during Third Regiment's Super Saturday training March 27. (Above) Cow James Morris of Company C-3 from Pittsburgh, coaches Firstie Jon Sizemore of Company F-3, an Atlanta native, while barrier shooting at Range 4 during the events of the day. Approximately 800 cadets participated in the training event, which tested their abilities to lead Soldiers, move tactically and problem-solve in a variety of scenarios. The cadets were tested on marksmanship skills and Soldier First Responder treatment among the many tasks throughout the eight-hour event.

## Super Saturday revisits combat fundamentals

Story and photos by Sgt. Vincent Fusco  
Dir. of Public Affairs & Communications

The cadets of Third Regiment stepped out of the classroom and into the woods for their eight-hour Super Saturday training event March 27. The training tested cadets' level of proficiency and ability to perform tactical tasks under the pressures of simulated combat.

Firstie Derek Henricks, Third Regt. operations officer, said planning for the event started back in September. Their goal was to develop a simple training event that validates the regiment's proficiency in four tactical tasks—Soldier First Responder, marksmanship, land navigation and communication.

From the beginning, Henricks and the rest of the cadet staff wanted to keep a focus on revisiting the fundamentals of soldiering used on the battlefield every day.

"Those are the things that aren't going to change. What might change are the different types of enemies, the different types of terrain," Henricks said. "But how we communicate together, how we move from one place to another—those are really the keys we're trying to (learn)."

Approximately 800 cadets fell into traditional squad elements and trained in scenarios developed to test their abilities to move tactically and problem solve and properly lead their squads while communicating. The two battalions conducted squad lanes in separate locations—First Battalion started their Outback Challenge at the Bayonet Assault Course, and Second Bn. began the Inferno Challenge from Camp Natural Bridge.

Each squad leader received a mission and was required to keep constant communication with headquarters while on foot patrol through the training area. The squads expected to encounter hostile enemy forces from three or four-man teams, similar to what platoon and squad leaders have come

to expect in Afghanistan.

The squads came across injured servicemembers at various checkpoints. Sometimes it was a lone casualty, other times it was more. The cadets administered Soldier First Responder treatment while keeping an eye out for possible ambushes.

When they encountered enemy contact, the squad leaders had to think quickly and communicate clearly with their fire team leaders to move across the battlefield and engage the enemy with suppressive fire.

"Communication is huge," Henricks, a Morton, Ill., native said. "That's one thing we can't get enough of—learning how to communicate tactically."

Cow Bryan Girouard, a squad leader from Company B-3, said the enemy contact situation was chaotic at first, but his squad was able to overcome the chaos and, thus, overcome the enemy.

"It really tested the squad's ability to communicate well," Girouard, a Chicago native, said. "It showed weaknesses in the squad's communication, but it also showed that after a little bit of time together we were able to mesh and get the mission completed."

To test their marksmanship skills, cadets moved to Ranges 4 and 5 to practice barrier shooting. Their task was to engage one target from three standing and kneeling positions, which tested their fighting position, accuracy and muzzle control.

Their support personnel included the Cadet Emergency Medical Technicians Club, which provided eight certified cadet EMTs to act as volunteer medical personnel at all the sites. Also, cadets from the Infantry Tactics Club volunteered to serve as opposition forces in the squad lanes.

With the numerous academic and athletic responsibilities that take up a good deal of the average cadet schedule, Henricks believes tactical training events like Super Saturday are essential to completing future leaders' education.

"If you don't practice, you quickly forget what it's like

to breathe on a zero (range), or forget what it's like to have to tell a fire team to maneuver in certain ways," Henricks said. "It's those instances of training that we don't receive enough of."

Girouard found Super Saturday to be an excellent opportunity for all the participants not only to have a break from the classroom, but to practice fundamentals they will one day present as second lieutenants to their Soldiers.

"This is the stuff we're going to be doing every day when we get out into the Army, and we're going to be expected to know what we're doing when we get out in front of our Soldiers," Girouard said. "Also, it shows that we're not perfect at everything and can always improve ... during our careers."



### Support AER

The Army Emergency Relief Campaign continues through May 15. To find out how to contribute to the West Point AER Campaign, call (845) 938-5839 or e-mail: [amy.weyhrauch@us.army.mil](mailto:amy.weyhrauch@us.army.mil).

# Educators bring 'West Point Experience' Back to Students

Story and photo by Mike Strasser  
Assistant Editor/Copy

West Point is not about fulfilling the dream of parents or the hopes of educators. Rather it is a personal decision that can only be made by the student—to answer the call of service as an Army officer.

This was the message West Point Admissions staff delivered to nearly 20 educators from across the country during a Minority Educator Visit March 23-25. The visit covered the spectrum of West Point, with briefings, informal discussions and an all-encompassing tour of the installation, arming the educators with an abundance of information to take back to their schools.

"Every day is a challenge," Yearling Pablo Rivera told the audience during a briefing at the Office of Admissions. "Every day you overcome a different challenge which teaches you how to deal with working under pressure. Nobody can make you want to come here. If someone was forced to come here, they'd leave because it is that challenging."

Rivera's first experience at West Point came early when he accompanied his father, a Fort Drum chaplain, on a training exercise here. He said that exposure as a 10-year-old may have served as a catalyst to his military career. But Rivera also admitted he wasn't a scholar in high school, and was more focused on sports. Like most junior-year students, he began seriously thinking about his future and decided to pursue admission into West Point. He was able to hone his academics at preparatory school before entering the academy.

Rivera shared his story, along with a "Day in the Life" perspective of cadet life at West Point and answered questions about different opportunities of which cadets can take advantage through club activities. The group was impressed to learn he had already completed Air Assault School and will soon be immersed in cultural training during an academic trip to Brazil.

The educators spent most of the day touring the cadets' barracks and day room, dining inside Washington Hall and exploring the classrooms and Simulation Center.

Major Michael Burns, minority admissions officer, said the objective was to empower educators with information and open lines of communication so they can assist students who may be interested in attending the service academy.

"About a year ago, we discovered that

educators didn't understand what West Point was all about, especially in large minority regions," Burns said. "There were misconceptions that the Army wasn't a place for minorities and by going to West Point, you're sending kids directly to the front lines. So we were trying to figure out what we could do, and bringing the educators here was the best idea imaginable because West Point sells itself."

Strolling down Thayer Walk, snapping pictures of massive gothic buildings and taking in the sights of cadets bustling to and from, some educators said they were excited to share the "West Point experience" with their students.

"I have become inspired to go back and try to inspire my students," Mary Ann Collins-Smith, representing George Washington Carver, an inner-city school in New Orleans, said. "It's a wonderful program here. I have some bright students who could avail themselves of this opportunity."

The schools represented are distinguished by both diversity in demographics and educational excellence. Salesianum School, an independent Catholic School in Wilmington, Del., was the state's first racially integrated school. Oakland Technical High School in Oakland, Calif., touts alumnus including Major League Baseball Hall of Famer Ricky Henderson, and the National Football League's Marshawn Lynch. Clarence Harris, a calculus teacher at the school's engineering academy, said he was fortunate to have been selected to attend the tour, whereas in years past, the opportunity went to their guidance counselors.

Prior to the visit, he said he was somewhat familiar with West Point's engineering program, but little else.

"I've learned this can be an opportunity for students who have talent but maybe not necessarily have shined in high school. I've run across students like that who, with a little bit of discipline, can achieve a lot more than they thought," Harris said.

Students at Chapin High School, located at Fort Bliss, Texas, are quite familiar with Army values and military discipline. Nearly half the school's population is military dependents.

Sharon Kay Uribe, the guidance counselor there said her predecessor, whose son was a West Point cadet, gave her a lot of the information she has passed on to her students. The two-day visit supplemented her knowledge of the academy.



Yearling Pablo Rivera shares a "Day in the Life" dialogue with a group of educators from around the country during a Minority Educators Visit March 24.

"Having been here, I discovered a lot more about cadet support, and how they are set up for success," Uribe said.

Shirley Deanna Hurley, a guidance counselor supervisor with the school district of Manatee County in Bradenton, Fla., was impressed with the information she got directly from the cadets. These one-on-one encounters helped form a different perspective of West Point than what the average admissions brochure can offer.

"During lunch I sat next to a cadet who is a Rhodes Scholar and will be going to Oxford," Hurley said. "Actually being here and seeing everything in a 'day in the life of' perspective gave me something unique."

Hurley summed up the "West Point experience" as a holistic development of an individual.

"I believe what West Point does that other universities do not is develop the whole person," Hurley said. "It's more than just academic development. They focus on every aspect of student development, from social to spiritual, and they have everything they need when they walk out of here."

Armed with this new fountain of knowledge, Hurley said it is the duty of the educators to bring what they've learned back into the classroom.

"It's my job to provide my students with every post-secondary opportunity there is, to include the service academies," Hurley said. "We're responsible for giving them this information and letting them make the decision. We can prepare students to go to West Point, but then it's their choice to make whether they go or not."

**Contact Matt O'Sullivan at the Times Herald-Record at 800-295-2181 or via e-mail at [mosullivan@th-record.com](mailto:mosullivan@th-record.com) for delivery problems.**

## In Memoriam

Irma Acosta Jones, longtime West Point resident and wife of retired Col. Michael L. Jones, former Director of Admissions and Class of 1970, was a friend to all who knew her.

Born in San Antonio, Irma had a bachelors degree in Psychology and masters degree in Environmental Science

from the University of Texas and a masters degree in Education from St. Thomas Aquinas College.

She was a mother, Army wife, grandmother, sister, daughter, aunt, Godmother, school teacher, Girl Scout leader, active participant in activities of the Catholic Church, potter, stained-glass maker, and, most importantly, the mother away from home for the hundreds of West Point cadets and their Families whom she sponsored for almost 20 years during two assignments to West Point.

She guided her Family's lives through an Army career of more than 37 turbulent years that included four major wars fought in by her husband, two sons, one daughter and one son-in-law.

Irma lived her life as an Army wife and mother by two mottos, "Home is where the



Irma Acosta Jones

Army sends you." and "Bloom where you are planted."

Irma loved to travel and had lived in or toured throughout Europe, some of Central America and 47 U.S. states.

She was a volunteer in many organizations throughout her life.

Irma, who passed away March 14, will be missed by her many

friends across the world.

She is preceded in death by her mother, Leticia Acosta, and survived by her husband, her children—Michael and his wife Valerie; Elisa and her husband Brendan; Austin; Victoria and her husband Clay; Joshua and his wife Emily, seven grandchildren; her father, retired Master Sgt. Salvador Acosta; and two brothers, Edmund and Sal and his wife, Suzanne Hutchinson.

A funeral mass was celebrated March 26 at the Chapel of the Most Holy Trinity followed by interment in West Point Cemetery.

Alzheimers Association donations may be made directly to Irma A. Jones Memorial Fund at [http://act.alz.org/site/TR/Events/Tributes-AlzheimersChampions?pxfid=25202&fr\\_id=1060&pg=fund](http://act.alz.org/site/TR/Events/Tributes-AlzheimersChampions?pxfid=25202&fr_id=1060&pg=fund).

Anna May Jannarone, widow of Brig. Gen. John R. Jannarone, Dean of the Academic Board from 1965-73 and Class of 1938; long-time West Point resident and supporter of Army athletics, died in her home in Highland Falls March 9 at the age of 96.

Born Anna May Miller in Manhattan in 1913, she showed early prowess in both academic and athletic pursuits. Diminutive in stature, she nevertheless excelled as a child in a variety of team and individual sports, notably swimming, basketball, and tennis.

She was especially proud of keeping up with the boys when she swam across the Hudson River near the present site of the George Washington Bridge. By the time she graduated as salutatorian of Cliffside Park (New Jersey) High School at the age of 16, she had added baseball and field hockey to her portfolio of athletic talents.

As the wife of a West Point professor, she was universally visible at the academy's sporting facilities, either as a player, an encouraging mentor or an enthusiastic Army fan.

After her husband's retirement as Dean in 1973, they moved to Ridgewood,



N.J., where she furthered her passion for athletics, skiing for another 20 years, winning multiple medals in New Jersey Masters swimming competitions, and becoming the ladies' singles tennis champion at her country club at the age of 70 by defeating a series of much younger challengers.

She lived out her years in Highland Falls and continued to be a regular presence at West Point sporting events, where her

proudest record was attending every Army home football game from 1957 to 2009.

In 2000, the West Point Association of Graduate's Assembly magazine featured her as "Army's #1 Sports Fan."

She is survived by sons Jack, Class of 1965, of Highland Falls and his wife Marilyn; Robert, Class of 1969, of Cornwall-on-Hudson and his wife Linda; Richard of Grapevine, Texas and his wife Susan; by daughters Dorothy Kemper of St. Louis and her husband David; and Nancy Bigelow of Winchester, Mass., and her husband Robert; and by 14 grandchildren and 11 great-grandchildren.

Donations in her memory may be made to Sacred Heart School, 7 Cozzens Avenue, Highland Falls, N.Y. 10928.

# Treating PTSD with effective counseling

Story by Sgt. Vincent Fusco  
Dir. of Public Affairs & Communications

The torment that witnesses of war feel through post-traumatic stress disorder is painful enough to get through day-by-day. But for the combat veterans who experience those horrors alone, it's certain to be a losing battle.

That is why Maj. Joseph Geraci, an instructor in the Dept. of Behavioral Sciences and Leadership, is conducting a study with West Point cadets and 10th Mountain Division Soldiers to find an effective method of treating PTSD patients through one-on-one counseling.

"How do you sit down and talk to somebody when they're going through a hard time?" Geraci asks the fundamental question in the study. "How can you help?"

While Geraci was in graduate school at Columbia University two years ago, his best friend and fellow company commander died. During a six-month period of grieving, he shifted his academic path away from the study of leadership and decided to learn about psychotherapy.

"Through this process, I very clearly reflected back on the pain related to deploying to combat," Geraci said. "I kind of found a new calling in life."

Since then, Geraci has spent time compiling combat loss statistics connected to the numbers of Soldiers suffering from post-traumatic stress. According to his research, more than 80 percent of Soldiers have almost died in combat. Also, about 80 percent of Soldiers have lost a good friend in combat.

According to Army Counterinsurgency FM 3-24, Sec. 7-12, it is the leader's responsibility to, "remain aware of the emotional toll that constant combat takes on their subordinates and the potential resulting psychoneurotic injury." When leaders see this high level of stress, they are expected to, "provide emotional 'shock absorbers' for their subordinates."

"So by default, our doctrine is telling us that the leader is responsible to help all these Soldiers," Geraci said. "But we give our leaders zero training to perform this function as an emotional shock absorber."

That missing training is what Geraci hopes his study can build—a way to help leaders increase their leadership skills, build resilience and find social support.

He believes that the keys to doing so are establishing a connection between social networks and PTSD, and helping leaders

build positive intrapersonal relationships with subordinates through counseling.

"For me, to be able to sit down and ask, 'hey, how's your day,' or, 'what's going on, tell me what's happening,'" Geraci said, "(that's how) the Soldier feels that their leaders care about them."

Geraci, a Class of 1998 West Point graduate, conducts some of the research for his study during his PL387 Foundations of Counseling class—a favorite of his as a cadet and one he enjoys teaching today.

Using a lab with a closed-circuit TV, he observes his cadets as they practice counseling their subordinates. Instead of evaluating job performance or giving criticism, they take time to learn how their cadet is feeling, if they're experiencing a problem and offering their support.

"The pass/fail (standard) for the class is, 'I want to see you interacting and talking to your Soldier, utilizing good leadership skills and showing concern,'" Geraci said. "It all goes back to that term, (being an) emotional shock absorber."

This process was also conducted with Soldiers of the 1st Brigade Combat Team, 10th Mtn. Div., prior to their deployment to Afghanistan in February.

Geraci brought one of his PL387 students, Firstie David Amenyro of Company D-2, with him to help collect data for the study. After taking the semester-long course and participating in a summarized, five-day version taught to the Fort Drum Soldiers, Amenyro found that he listens more now to what others have to say and knows how to better respond to their feedback.

"From my perspective, I feel like I've been able to connect with my friends ... on a deeper level than what I was able to before," the Mariposa, Calif., native said. "I'm more emotionally mature and receptive to be able to connect with somebody."

Geraci's prediction is that when he visits the Soldiers in Afghanistan this March to follow up, many of them will show symptoms of PTSD, but those without personal connections will experience more severe forms of it. Until then, there is no way of telling if social interaction has any effect on the severity of PTSD. But if Geraci's hypothesis is correct, then the next step will be to reproduce the training at West Point for use in the greater Army's ranks.

"Our Soldiers are too important to us," Geraci said. "We want to give them the best leadership possible."

## Delivery problems?

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# Drawing strength from Women's History Month

Story and photo by Kathy Eastwood  
Staff Writer

March was designated Women's History Month in 1987 by presidential decree to celebrate the achievements of women in history, government, politics, arts and from women in all walks of life.

West Point honors women every March with a luncheon at the West Point Club. This year's theme, "Writing Women Back into History" was recognized March 26 with an event featuring Donna McAleer, Class of 1987 and author of the book "Porcelain on Steel: Women of West Point's Long Gray Line" as guest speaker.

McAleer served as an Army officer in various leadership positions in Germany. Leaving the service in 1991 to further her education, McAleer delved into a variety of roles in the private and not-for-profit corporations.

Her real love, however, is sports. McAleer, who now lives in Park City, Utah, and is a ski instructor, placed fourth in the Bobsled event at the 2002 Olympics at Salt Lake City, Utah.

"I think recognizing achievements of women in all facets of life—be it science, community, music, medicine, government, arts and the military has an enormous impact on development of self respect and new opportunities for young girls and women," McAleer said. "The past shapes us and informs us and at times entertains us. It provides a source for our power and fuel for our dreams."

"We draw strength and inspiration from those that came before and those remarkable women today," she added.

"West Point is a place where bridges to the future are built on the foundations cemented in the past. When I was a cadet, there were six women on staff," McAleer said. "Those women embodied the traits and qualities of the goddesses of myth. They are leaders that begat leaders. The trajectories of women graduates began with their strong insightful and inspiring contribution to coaching."

McAleer said she mentions several women in her book



**Donna McAleer, Class of 1987 graduate, spoke about recognizing the achievements of women during the annual Women's History Month event March 26.**

who exemplify strength and character, because today, the role models for women are hard to find at times. She also discussed the importance of role models, how they renew a sense of optimism and increase the confidence to succeed.

"Americans are bombarded with images of women selling everything from beer to cars," she said. "Young women searching for role models have difficulty seeing past this 'sex sells' mentality that ties a woman's worth with their looks generated by the likes of Britney Spears, Lindsey Lohan and Paris Hilton."

McAleer includes in her book a wide spectrum of experienced women and voices that reflect a post-West Point life for all graduates.

"So who are these women in this book?" she asked. "Take for example Capt. Dawn Halfaker, a 2001 graduate who lost her right arm in an ambush while leading her troops in combat in Iraq. Halfaker (at first) questioned her ability to continue to serve her country. Yet, she founded Halfaker and Associates, a national security consulting company that employs 135 people."

In closing, McAleer said, "Women here (at West Point) have arrived, competed, led and performed as cadets, staff and faculty. The women who shared their biographies with me are a mere sample of the total," she said. "Many of us are familiar with the recruiting poster of West Point that states that much of the history we teach was made by the people we taught, and even though women have made their mark here, they have left untouched the values of 'Duty, Honor, Country.'"

Before the luncheon, two awards were presented. The inaugural Margaret Chase Smith/ Margaret Corbin award was given to Firstie Elizabeth Betterbed.

"This award is given to a first class female cadet that best enhances leadership and ethics, dedicated service and personal independence," Col. Mark McKearn, brigade tactical officer, said.

Betterbed was not present at the award due to a prior athletic commitment for soccer.

The Women's History Month Science, Technology, Engineering and Mathematics Award was presented to Col. Donna Korycinski, Systems Engineering deputy department head, for her achievements as an outstanding leader, aviator, role model and her promotion of careers in military service.

The annual Women's History Month event is sponsored by the Equal Opportunity Office, The Simon Center for the Professional Military Ethic and the Women's History Month Committee. Sergeant Vanessa Lackington, equal opportunity assistant, said the committee tries to find women of distinction to speak at the annual event, not necessarily a woman who is a West Point graduate, but someone who has contributed to the community, excelled in athletics or distinguished herself in some way.



## Keller welcomes new CSM

Keller Army Community Hospital hosted a change of responsibility ceremony March 26 at the '49er Lodge. Col. Michael A. Deaton (center), KACH commander, presided over the ceremony between outgoing command sergeant major, Command Sgt. Maj. Clayton Crooks and Command Sgt. Maj. Timothy Sprunger, incoming command sergeant major. The ceremony bid farewell to one noncommissioned officer while welcoming in another as the top noncommissioned officer for the Medical and Dental Command at West Point. The Medical Department Activity provides health care for more than 29,000 people, including cadets, active-duty personnel and their Family members and area retirees. It also provides occupational health care for government employees at West Point.

TOMMY GILLIGAN/PV

# Spring break dipolmacy in foreign lands

By Eric S. Bartelt  
Managing Editor

Today's world is much smaller due to technology that allows us to be one affordable phone call, text message or keyboard click away from having a conversation with someone in Europe, South America, Asia or the Middle East. However, to truly understand another culture and its people, it still requires some time spent in another country.

The U.S. Military Academy Foreign Academy Exchange Program is an international cultural program of cadet exchange designed to foster and promote goodwill between USMA and the foreign service academies of our allied nations.

This year during spring break, from March 12-21, 55 cadets traveled to 27 countries around the world to help further the United States' professional military ethic in foreign democratic societies.

The FAEP Program offers a healthy dose of military training, classroom attendance and cultural immersion, according to Carol Miller, G-3 (operations) Deputy Chief of the International Affairs Division.

While this year offered a new FAEP travel country (Tanzania) and several others that haven't participated in some time (Colombia, Moldova, Qatar and Uzbekistan), cadets continued to enjoy traveling to places like Austria, Belgium and the Ukraine.

Yearling Micah Ables traveled to the Ukraine with Yearling Jonathan Palmeri and they enjoyed their experience at the Ukrainian Ground Forces Academy. Although Ables is just learning Russian, he felt it was good to delve into the culture and experience some of what he's been reading about in school.

"Our hosts spoke pretty decent English," Ables said. "So between (knowing) a little

Russian and frequently using my pocket dictionary, we were able to communicate and learn a lot of their traditions and ways of life, both in the military and after hours in L'viv."

Two of Ables' best memories while at the academy were finding out how hard it is to drive a T-84 tank and receiving a perfect score while qualifying with their Makarov PM, a 9mm pistol.

However, his most indelible memory was going to an indoor aquapark in L'viv.

"With temperatures well below freezing for our entire trip, an aquapark was the last thing I expected to find," Ables said. "Luckily, it was indoors, but it was an awesome park and was a great way to spend a freezing afternoon."

Despite a slight language barrier, Ables felt it made for an entertaining event with his hosts. He said they were very patient with his and Palmeri's questions and it made for an overall remarkable experience that he hopes cadets in the future can enjoy.

"FAEP seems like an absolutely indispensable tool for future diplomatic and military relations," Ables said. "While there, you realize you're not just taking a field trip to see another academy. Not only are you representing the (U.S. Military) Academy and the U.S. Army, but you're representing the USA to their military, government and regular citizens who would otherwise have no interaction with us.

"It's an awesome responsibility and a great feeling to see how much other countries respect the U.S. military and West Point, in particular," he added. "On a more personal level, the relationships that we forged on FAEP were really neat. It was clear a strong bond was formed (with our hosts). It's cheesy to say it, but by the end (of the trip), there was this mutual



Ukrainian cadet Serhiy Hotenov (left) sits with Yearling Micah Ables in a truck driving simulator during his trip to the Ukrainian Ground forces Academy.

ALL PHOTOS BY KIRILL MALUSHENKO

feeling of respect, brotherhood and camaraderie that cuts across nationalities and languages."

Miller said the general consensus among cadets is this was the best experience of their lives and their friendships will last a lifetime.

The weather in the United States made travel to host countries during the "Visit Phase" bumpy at the beginning, but all the cadets eventually got to their destinations. The hope is the international cadets will not have to face the same predicament during the "Host Phase" when they travel to West Point in April.

The "Host Phase" will allow cadets to entertain their international counterparts with a karaoke icebreaker, a New York City trip,

a N.Y. Mets baseball game, three days in Washington D.C. with a trip to Kings Dominion Amusement Park and a farewell dinner at Thayer Hotel.

Miller is involved with the entire planning and execution processes of FAEP, which all starts in July of the previous year to identify the countries that will be involved and getting the interested cadets, who are chosen by November, prepped for their visit with passports and plane tickets.

It all works out to be a vivid reminder that this unique program offers an interesting look into other academies and shows cadets are the

same no matter where they learn their military skill.

"Cadets are cadets regardless of their country of origin and culture," Miller, who, quoting a cadet comment about the trip, said. "They all face the same challenges, experience the same excitement and anxiety about their military futures and they all like to have fun."

**(Editor's note:** This is the first of three-to-four articles, depending on how many photos the *Pointer View* receives, of FAEP and cultural immersion photos. Although a story accompanied this week's photos to introduce FAEP, the next few weeks may only be photo pages.)



Ukrainian cadet Serhiy Hotenov (left) shows Yearling Micah Ables the inner workings of a T-84 Tank at the Ukrainian Ground forces Academy during his FAEP Trip March 12-21.



Yearlings Micah Ables and Jonathan Palmeri learn how to use the T-84 Tank simulator from Ukrainian cadet Serhiy Hotenov.

# Keller Corner

## Tobacco Cessation Program

Want to stop using tobacco? If you need help or information, contact Trish Titus, Family Practice Clinic RN, at 938-3244.

## Childbirth Preparation Classes

There will be a four-week Childbirth Preparation Class Series in April. The series will be Tuesday, April 13, 20 and 27.

Classes are held in the KACH second floor classroom from 6-8 p.m.

Call 938-3210 to register.

## See Your PCM

It's a good idea to schedule an appointment with your Primary Care Manager after you've had any kind of emergency care.

This is especially important if you were hospitalized after visiting a civilian emergency room.

Your PCM can help you continue on the return trip to good health by

entering referrals for Health Net Federal Services to process.

Make that primary care appointment by calling 938-7992.

## Have you heard of ECHO?

Active Duty Family Members who are homebound or have serious medical or mental disabilities are entitled to supplemental TRICARE coverage under the Extended Care Health Option.

Special education, assistive services and training on assistive technology devices are just a few of the benefits offered through ECHO.

Enrollment in the Exceptional Family Member Program is required.

For more information, call Keller's Health Benefits Advisors at 938-4838.

Contact Health Net Federal Services at 888-874-2273 to enroll in ECHO.

## NOW SHOWING

in the movie theater at Mahan Hall, Bldg. 752.

**Friday—The Tooth Fairy, PG, 7:30 p.m.**

**Saturday—Percy Jackson and the Olympians:**

**The Lightning Thief, PG, 7:30 p.m.**

**Saturday—Valentine's Day, PG-13, 9:30 p.m.**

THE THEATER SCHEDULE ALSO CAN BE FOUND

AT [WWW.AAFES.COM](http://WWW.AAFES.COM).

## Command Channel 8/23

**April 1-8**

**Army Newswatch**  
(broadcast times)

**Thursday, Friday and Monday through April 8**  
8:30 a.m., 1 p.m. and 7 p.m.

**"The Point"**

(broadcast times)

**Thursday, Friday and Monday through April 8**  
8 a.m., Noon, 4 p.m. and 6 p.m.

## Solution to Weekly Sudoku

6	5	1	2	4	7	9	3	8
4	9	2	6	3	8	1	7	5
7	8	3	9	1	5	6	2	4
9	2	5	7	8	6	4	1	3
3	7	4	1	2	9	8	5	6
1	6	8	3	5	4	2	9	7
5	3	9	8	6	2	7	4	1
8	1	7	4	9	3	5	6	2
2	4	6	5	7	1	3	8	9

## Influenza hotline

For information about influenza and flu shots, both seasonal and H1N1, call 938-0888.



## Thrill of the Hunt

Two-year-old Andrew Overstreet is enthusiastic in his search for Easter eggs during the Easter Eggstravaganza March 27. Balfour Beatty Communities hosted the annual Easter Egg Hunt at the Boundless Playground.

MIKE STRASSER/PV

# FMWR Blurbs

## FMWR Sports Office Tournaments

The Family and Morale, Welfare and Recreation Sports Office will conduct a co-ed softball tournament for all USMA personnel 18 years of age and older.

The tournament will be double elimination and teams must have five females and five males at all times.

The tournament starts the week of April 12 with games at 8:15 p.m. and 9:15 p.m. at the FMWR H Lot complex.

To enter, contact Jim McGuinness at 938-3066 or e-mail [Jim.Mcguinness@usma.edu](mailto:Jim.Mcguinness@usma.edu).

The FMWR Sports Office will also conduct a pre-season softball tournament for all USMA personnel 18 years of age and older.

The tournament will be double elimination and deadline for entry is April 22. The tournament will start the week of April 26 and conclude, weather permitting, by May 6.

Games will be played at 8:15 p.m. and 9:15 p.m. at the FMWR H Lot complex.

To enter contact Jim McGuinness at 938-3066 or e-mail [Jim.Mcguinness@usma.edu](mailto:Jim.Mcguinness@usma.edu).

## West Point 5K/10K

Registration is ongoing for the West Point 5K/10K on **active.com** (keyword "West Point").

The West Point 5K/10K will be held May 15, which is Armed Forces Day, with both races kicking off at 8:30 a.m. and the Kids' Fun Run at 8:45 a.m.

For more information, call 938-6497.

## Fitness Center Tidbits

The Family and Morale, Welfare and Recreation Fitness Center is offering a lunchtime spin with Kate for 45 minutes at noon every Monday starting in April.

For more information and to register, call the Fitness Center at 938-6490.

## English for Language Learners

English for Language Learners is a free class for anyone who wants to improve their English skills. The next class will be held at 9:30 a.m. Monday in the ACS training room, Bldg. 622.

Classes will continue each Monday through May 31.

For more information and registration, call 938-3487 or e-mail [william.luna@usma.edu](mailto:william.luna@usma.edu).

## Art EDGE! Spring Photography

Art EDGE! Spring Photography classes start Friday for grades 3-12 and run weekly Mondays or Fridays after school depending on grade level.

Register at the Youth Center (Bldg. 500) or for more information, call 938-3727.

## Leisure Travel Services is moving

LTS is moving from Buffalo Soldier Pavilion Friday and will open at the FMWR Fitness Center Monday.

For more information, call 938-3601.

## Outdoor Recreation News

Round Pond opens for the season today. The hours of operation will be 8 a.m.-5 p.m.

For more information, call 938-2503.

The Bull Pond lottery will be held at 9 a.m. Saturday at the Bonneville Cabin, Round Pond.

Active duty military personnel may call 938-2503 for a lottery number.

## Give your Pets a Spring Break

Bring your pets to Morgan Farm Kennels

now through April 5 during spring break.

Located just minutes from West Point, Morgan Farm offers affordable kenneling services close to home, for both military and civilian personnel.

To make reservations, call 938-3926.

## Army Family Team Building training

The ACS Mobilization and Deployment Program is offering Army Family Team Building Level I training from 9-11 a.m. April 8 and 22.

AFTB Level II training is from 9 a.m.-1:30 p.m. Friday. All classes will be held at ACS Bldg. 622.

Free childcare will be provided for registered participants.

For registration and information, call 938-5654.

## Easter Sunday Brunch

There will be two seatings available at the West Point Club Sunday for an Easter Sunday Brunch.

The first seating is 10 a.m.-12:30 p.m. in the Pierce Dining Room.

The second seating is 1-3:30 p.m. in the Grand Ballroom.

For reservations and more information, call 938-5120.

## CYSS EDGE! Fun Run/5K Conditioning

The CYSS EDGE! is having a fun run/5K conditioning event for children in grades 3-12 from Tuesday-April 29 (Tuesdays and Thursdays), after school.

Register at the Youth Center, Bldg. 500.

For more information, call 938-0829.

## Driving Range Now Open

The West Point Golf Course Driving Range will remain open from 9 a.m.-5 p.m. daily.

For more information, call 938-2435.

## Horse Riding Camps

Register now for one of Morgan Farm's three- or five-day Summer Riding Camps.

Dates are available in June, July and August.

For more information, call 938-3926.

## CYSS Fit EDGE! Intro to Yoga

Fit EDGE! Introduction to Yoga classes begin April 14 for grades 3-12 and run weekly on Wednesdays after school until May 5.

Register at the Youth Center (Bldg. 500) or for more information, call 938-0829.

## Tax Deadline Buffet

Enjoy a stress free buffet at the West Point Club's Pierce Dining Room from 5-8 p.m. April 15.

The Club will feature debt stew, refund meatloaf and other delights. Spouses of deployed personnel eat at half price.

For more information, call 938-5120.

## Hunter Safety Course

Round Pond is hosting a New York State Hunter Safety Course from 6-10 p.m. April 16 and from 9 a.m.-4 p.m. April 17 at Bonneville Cabin.

All participants must be 12 years or older and must attend both classes.

For more information or to register, call 938-2503.

## Administrative Professional's Appreciation International Luncheon

The Administrative Professional's Appreciation International Luncheon will be

held from 11 a.m. -1 p.m. April 19 at the West Point Club's Grand Ballroom.

Enjoy this around the world themed luncheon with entertaining action stations prepared by our trained culinary staff.

For more information call 938-5120.

## FMWR Ballroom Dancing Classes

Eight classes of Ballroom Dancing will take place at 6:30 p.m. through April 27 at Cullum Hall.

Registration is at Leisure Travel Services, 628 Hodges Place, or with credit card by phone at 938-2401.

For questions concerning class content, call the instructor, Joe Maraday, at (914) 489-1444.

## Volunteer Recognition Ceremony

It's time to recognize all of the volunteers that give their time throughout the year.

The annual Volunteer Recognition Ceremony will be held April 26 at the West Point Club.

To ensure that your volunteers are properly recognized, contact the Army Volunteer Corps coordinator at 938-3655 or [christina.overstreet@usma.edu](mailto:christina.overstreet@usma.edu).

## Discounted Dog Grooming

Morgan Farm is offering 10 percent discounts on dog grooming throughout March and April.

For more information and appointments, call 938-3926.

## AER Campaign

The West Point Army Emergency Relief Campaign continues through May 15.

For more information, call 938-5839.

## WFSG Hearts Apart Support Group

The WFSG Hearts Apart Support Group, presented by the ACS Mobilization and Deployment Program, is for Families of deployed Soldiers.

Group meetings will be held from 5:30-7:30 p.m. Saturdays—April 17, May 15 and June 19. Dinner and special activities will be provided for the entire Family.

Group meetings will take place at Youth Services, Bldg. 500.

For more information, call 938-5658.

## Ski Rental Equipment and Ski Locker Returns

All seasonal equipment rentals must be returned no later than April 23 to avoid late fees.

Equipment can be returned from 8 a.m.-4:30 p.m. Monday-Friday at the ski rental building. After April 23, drop off your equipment at Round Pond and you will be charged \$1 per day that the equipment is late.

All season lockers must be cleaned out by May 1 to avoid late fees.

## Karaoke Night

Karaoke Night at the West Point Club's Grey Room takes place from 5-11 p.m. April 23.

Come out and strut your stuff and become a West Point star.

## General public annual greens fee passes on sale now

The West Point Golf Course will be offering a general public annual greens fee pass for the 2010 season.

The new pass allows holders to reserve tee times two days before general public players

who do not have the annual pass.

Visit the Web site at [www.westpointmwr.com/golf](http://www.westpointmwr.com/golf) for tournament information, fees, specials and general information.

## Earth Day Hudson River Cleanup

In honor of Earth Day, Better Opportunities for Single Soldiers is teaming up with DPW and Youth Services to do a Hudson River cleanup at South Dock.

The event takes place from 2:30-5:30 p.m. April 29.

There will be a barbecue following the cleanup at the South Dock picnic area.

For more information, call Sgt. 1st Class Jermaine Malone at 938-8063 or Sheryle Miller at 938-6497.

## Memorial Day Ceremony at Castle Point VA Hospital

BOSS is heading to the VA Hospital at Castle Point for its Memorial Day Ceremony May 28.

Volunteer a few hours of your time to help escort the veterans to and from the ceremony.

Transportation is provided and will be leaving the Buffalo Soldier Pavilion at 1 p.m. and returning by 4 p.m.

For more information, call Sgt. 1st Class Jermaine Malone at 938-8063 or Sheryle Miller at 938-6497.

## English for Language Learners

ACS is currently looking for individuals interested in increasing their English reading, writing and speaking skills at night.

English for Language Learners is a free class for anyone who wants to improve their English skills.

Night classes would be scheduled Wednesdays from 5:30-7 p.m.

Once we receive five or more registrations, we will begin holding the class.

For more information and registration, call 938-3487 or e-mail [william.luna@usma.edu](mailto:william.luna@usma.edu).

## 2010 ACS Needs Assessment Survey

Input from Soldiers and their spouses is critical for ACS program managers in making assessments of the utilization of ACS services by specific groups and decisions about the suitability of current ACS services.

The local community Needs Assessment takes place every three years. It's your chance to make an impact on West Point's Army Community Service.

Complete the ACS Needs Assessment Survey to let us know how to better serve you. There are two ways to complete the survey: Complete the paper form or the form online at [https://www.myarmyonesource.com/survey\\_WestPoint](https://www.myarmyonesource.com/survey_WestPoint).

There are 62 questions in total and the survey only takes about 10 minutes to complete.

For more questions regarding the survey, call Amy Rodick at 938-5658 or [amy.rodick@usma.edu](mailto:amy.rodick@usma.edu).

# TSP TICKER

## MARCH share prices (as of 03/29)

C Fund	—	+ 0.16	(13.9751)
S Fund	—	+ 0.24	(18.1694)
I Fund	—	+ 0.14	(18.6524)

# What's Happening

## Youth baseball

Youth baseball registration for ages 7-13 continues at Youth Services.

For more information, call 938-3550.

## Baggers needed

The West Point Commissary needs baggers. Duties include bagging groceries and carry out service.

Baggers work for tips only.

For more information, call Christina at 938-3663, ext. 224.

## Look out for your Census

The distribution of the Census to West Point residents via the Postal Service took place in mid-March.

Residents should complete the 10-question Census form and mail it back no later than today.

## Last Supper portrayal

Join the U.S. Military Academy Chaplain's Office as it hosts the portrayal of the Living Last Supper by Class of 2010 cadets at 7:30 p.m. tonight at the Cadet Chapel.

Everyone is invited to attend.

For more information, call the Cadet Chaplain's Office at 938-3412.

## Community Easter Egg Hunt

The West Point Community Easter Egg Hunt is scheduled for 2 p.m. Saturday at Trophy Point for West Point youths ages 10 and younger.

Children need to be accompanied by an adult and bring a basket.

For more information, call 859-4616.

## Wheelchair Rugby demonstration

The second annual New York Warriors Wheelchair Demonstration, organized by Helen Hayes Hospital Adapted Sports and Recreation Program, takes place at 9 a.m.-3:30 p.m. Saturday at Arvin Cadet Physical Development Center.

The Warriors will take on their rivals, the Philadelphia Magee Eagles, in a scrimmage.

Spectators will have an opportunity after the scrimmage to jump in the wheelchairs and test their skills against the players.

For more information, call Matthew Castelluccio, Helen Hayes Hospital Adaptive Sports coordinator, at 786-4950.

## Distinguished Leader Series

The Department of Behavioral Sciences and Leadership is hosting its Distinguished Leader Series at 12:50 p.m. Tuesday at Thayer Hall Room 277.

The Black and Gold Forum guest speaker is Vernon Jordan, the senior managing director for the Wall Street Firm Lazard Freres & Co.

Jordan is recognized as one of America's prominent Civil Rights leaders.

In 1961, he was involved in a landmark civil rights case that ultimately resulted in the desegregation of the University of Georgia.

For more information, call Maj. Daniel Hall at 938-2476.

## Relief Society birthday dinner

The Relief Society of the Church of Jesus Christ of Latter Day Saints will host a Relief Society birthday dinner to celebrate 167 years of worldwide sisterhood at 6:30 p.m. Wednesday at the '49er Lodge.

Reservations should be forwarded by Monday to Shaunna Tonelli at [shaunnatonelli@yahoo.com](mailto:shaunnatonelli@yahoo.com).

Weekly meetings are scheduled Sunday in Thayer Hall, room 451, noon-1 p.m., for all women ages 18 and older.

## Financial Readiness Classes

The following Financial Readiness Classes are scheduled at the Army Community Service conference room, Bldg. 622.

- First-Term Soldier Financial Training: 8:30 a.m.-4:30 p.m. Wednesday (mandatory for First-Term Soldiers);

- Retirement Planning: 3:30-4:30 p.m. April 14 (free and open to military and civilians);

- Debt Liquidation/Credit Management: 3-4:15 p.m. April 21 (free and open to military and civilians);

- Money 101: 3-4:15 p.m. April 28;

For more information or to register, call 938-5653/4621.

## Book Signing

Brian Shellum will be signing copies of his book "Black Cadet in a White Bastion: Charles Young at West Point," and his newest release "Black Officer in a Buffalo Soldier Regiment: The Military Career of Charles Young" 8:30-11:30 a.m. April 8 at the USMA Bookstore, fourth floor of Thayer Hall.

## Tour new CDC

Tour the new Lee Area Child Development Center with the Parent Advisory Board at 12:15 p.m. April 8.

Stay for a meeting afterward to discuss any ideas or issues with the new CDC.

For more information, call Heather Sapp at 938-4465.

## Penny Social

The Highland Falls Fire Department is sponsoring a Penny Social at 4 p.m. April 10.

The social includes refreshments and door prizes.

## Sandhurst Competition closings

During the Sandhurst Competition, which takes place April 9-10, Camp Buckner and Lake Popolopen will be closed.

Fishing and boating will not be

allowed at those locations on these days.

There are multiple fishing and boating venues to choose from in the area during this period.

For more information, call Alec Lazore, Range Control office, at 938-3007.

## G&EnE lecture

The Department of Geography and Environmental Engineering is presenting guest lecturer Jim Rokakis, treasurer in Cuyahoga County, Ohio.

He will present "Predatory Lending and Urban Collapse" to cadets enrolled in EV390B, Urban Geography, from 12:50-1:45 p.m. April 12 in Washington Hall's Room 5326.

For more information, call 938-8798 or 938-6320. Everyone is invited to attend.

## Scholastic Book Fair

A Scholastic Book Fair is scheduled April 12-16 in the West Point Elementary School's Multi-Purpose Room.

The fair is open daily 8 a.m.-4 p.m., with additional hours and a bake sale at 5-8 p.m. April 14.

## Customer Appreciation

Step back in time and relive the '70s during Paperclips Customer Appreciation Day 10 a.m.-2 p.m. April 13.

Meet industry vendors and enjoy '70s era food, music and fun.

Paperclips is located at Bldg. 667A, second floor.

## Guest lecture

The Department of Geography and Environmental Engineering is presenting guest lecturer C. David Cooper, Ph.D., Professor of Environmental Engineering, Department of Civil, Environmental and Construction Engineering at the University of Central Florida April 14.

He will present "Carbon Capture and Storage—Technology for the Future" to students enrolled in EV397, Air Pollution Engineering, from 7:30-8:25 a.m. and to D/G&EnE faculty and professional engineers from DPW from 12:50-1:45 p.m. Both lectures will take place in the D/G&EnE Conference Room 6004, 6th floor, Washington Hall.

For more information, call Maj. David-Michael Roux, EV397 course director, at 938-4622.

## DLS speaker

Behavioral Sciences and Leadership continues its Distinguished Leader Series as Mike Duke, President and CEO of Walmart, speaks to Black & Gold Forum members from 12:50-1:45 p.m. April 14 in Thayer Hall Room 348.

## Tax deadline approaching

There is still time to receive

free tax assistance before the April 15 deadline.

The West Point Tax Assistance Center is located in Bldg. 626, open 9 a.m.-4:30 p.m. Monday-Friday.

Assistance is available for active-duty military, retirees and their Family members.

Filers should bring all pertinent documents, to include W-2s, mortgage interest statements and childcare expenses.

For details, call 938-4145.

## Be Food Safe

The West Point Commissary has scheduled two Food Safety weekends, noon-4 p.m. April 16 and 11 a.m.-3 p.m. April 17; and noon-4 p.m. April 23 and 11 a.m.-3 p.m. April 24.

The U.S. Army Veterinary Command will provide information and handouts.

For more information, call 938-3663.

## Greek Independence Day celebration

Highland Falls will observe its 15th annual Greek Independence Day celebration at 2 p.m. April 18 at Memorial Park in Highland Falls.

Mayor Joe D'Onofrio hosts the ceremony and the keynote speaker is Anna Condoulis, executive director of NYU School of Continuing and Professional Studies.

Following the ceremony, there will be a reception at the Highland Falls Fire Department Hall.

Both the ceremony and reception are open to the public.

## Engineering Ethics Lecture

Marc Edwards, a Charles P. Lunsford Professor of Civil and Environmental Engineering at Virginia Tech, will present a lecture on engineering ethics at 1:55 p.m. April 21 in the Washington Hall Auditorium.

The lecture is titled "Lead in Drinking Water and Public Health: A Scientist's Descent into the Activist Netherworld." All are invited to attend.

## Special Olympics

The 2010 Hudson Valley Region Special Olympics takes place at 10 a.m. April 24 at Shea Stadium.

For more information or to volunteer, contact Col. Tom Hiebert at [Thomas.Hiebert@usma.edu](mailto:Thomas.Hiebert@usma.edu).

## Run for Education

Sacred Heart School in Newburgh is hosting a "Run for Education" four-mile race and one-mile kids' run April 24 at Chadwick Lake Park, Route 300 in Newburgh.

Race day registration begins at 8 a.m., with the kids run (children 13 and younger) starting at 9 a.m., and the four mile race beginning at 9:30 a.m.

Pre-registration is available online at [www.sacredheart.org](http://www.sacredheart.org).

## sacredheartsschoolnewburgh.org.

For more information, call 565-1637 or 566-6892.

## Formal Awards Dinner/ Induction Ceremony

The Department of Physics and Nuclear Engineering will be conducting a formal Awards Dinner/ Induction Ceremony at 6 p.m. April 27 in the Black, Gray and Gold Room of the Cadet Mess Hall.

The guest speaker will be Commander of the Missile Defense Agency, Lt. Gen. Patrick O'Reilly, who was also an instructor at the academy.

Cadets will be inducted into both the Society of Physics Students and the American Nuclear Society.

For more information, call Maj. John DeLong at 938-3082.

## Deliver the Pointer View

A newspaper carrier position is available for delivering the Pointer View in the local area.

For more information, call 346-3214.

## Family Fun Day

The Children's Angel Network of Highland Falls is hosting its 2nd annual St. Jude's Family Fun Day noon-5 p.m. May 8 in Roe Park.

For more information, call 446-2030.

## School Board elections

The West Point School Board has announced that an election will be held May 12 to fill four vacancies on the Board.

School board members are active-involved military community members who demonstrate interest in one of the most vital aspects of our American way of life—the education of our young people.

We encourage all interested community members to submit petitions to run for a position on the West Point School Board.

Beginning April 12, petitions will be available in the following locations:

- Office of the NY&VA DDESS Superintendent, Bldg. 705.

- Contact Eileen Ellingsen at 938-3506 or e-mail her at [Eileen.Ellingsen@am.dodea.edu](mailto:Eileen.Ellingsen@am.dodea.edu);

- Youth Services, Bldg. 500;

- Office of the Directorate of Family and Morale, Welfare and Recreation, Bldg. 681.

The completed petition, with the signature of one eligible voter, must be returned to the NY&VA DDESS Superintendent's Office by close of business April 26, for names to be placed on the official ballot.

School Board members are elected by parents of children attending school at West Point Elementary and Middle Schools and serve a two-year term. However, a two-year commitment is not required.

Voting will take place May 12 at a location to be determined.

# Off to best start since 2002, softball desires more success

Story and photos by  
Eric S. Bartelt  
Managing Editor

If the saying "good things come to those who wait" holds true, then Army Softball has a lot to look forward to in 2010.

After a terrible weather spell in February cost the Black Knights their first two tournaments of the season and delayed their opening game by three weeks, the team has stormed out to its best record (11-9) since the 2002 season.

The 2002 season was a special one because it was the last time Army won the Patriot League championship and earned a trip to the NCAA Regionals.

With only two firstie non-pitching regulars and six of the nine starters either plebes or yearlings, it may be tough for Army to continue its success, but chances are the talent that first-year head coach Michelle DePolo has compiled may make some heads turn by the end of this spring.

DePolo said the team's positive attitude and desire has led to its early success, and preparation and winning is the fuel that has kept the young squad going early in the season.

"Success breeds more success and confidence comes by making sure the unexpected becomes expected," DePolo said. "Defensively and offensively, we try to prepare for any potential situation that could occur. We've done a ton of repetitions, so everything is second nature.

"As we progress, we should start taking a step up by doing things quicker and more proficiently," she

added. "Once you do something, you have the confidence that you can do it again and almost a sense of being annoyed if you don't repeat it."

DePolo, who spent the last two seasons as an assistant at Army, is settling in as a first-time head coach and the transition has been made easier by the team's best start in eight years.

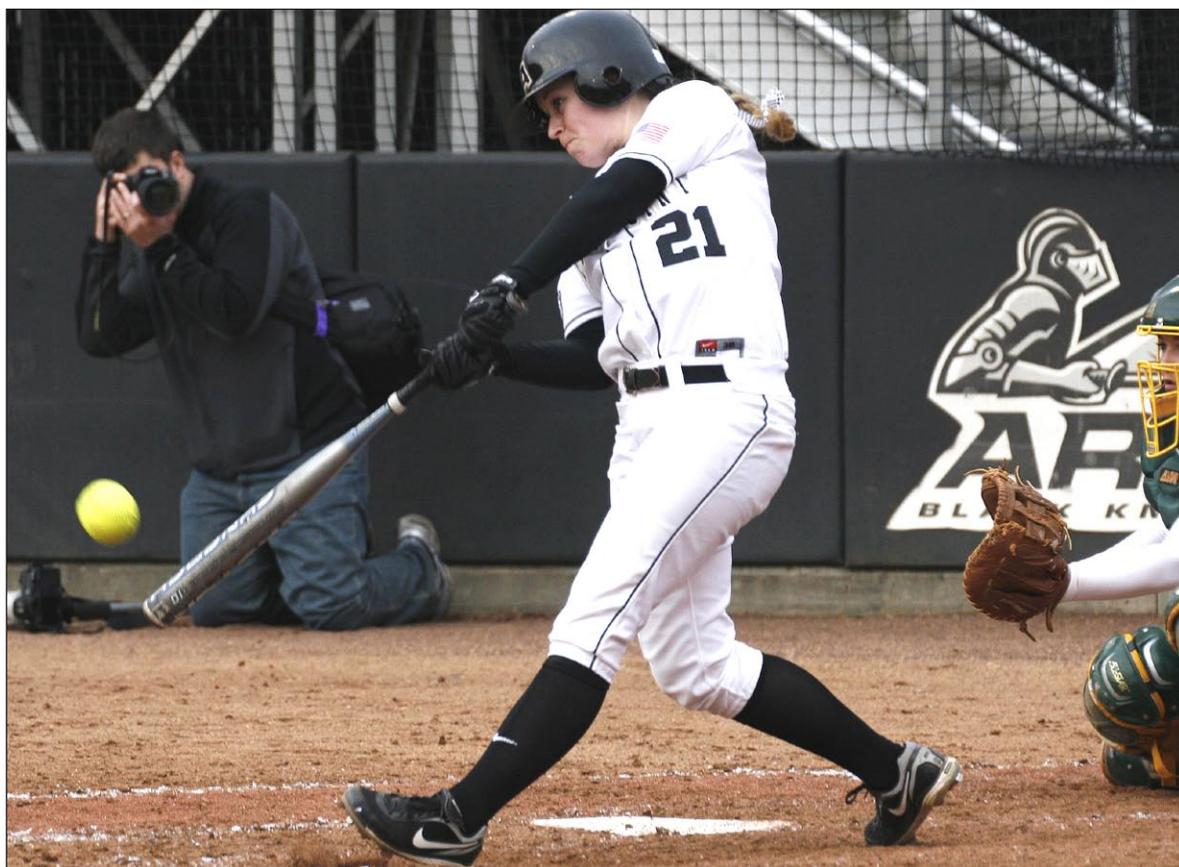
"I think winning helps everything," DePolo said. "Winning is a byproduct of what you do every day. You're going to build a true program day in and day out at practice and how you approach practice.

"I like games because it gives us a benchmark to what we need to do when we get back on the practice field," she continued. "Practice is where our habits are developed and the team is built. Games are about execution.

"I was upset (our first two tournaments) were cancelled more or less because I wanted something to keep fueling us at practice, something to work on with new goals to attain and keep that fire burning," DePolo continued. "We certainly have a long way to go (to get to where we want), and we're looking forward to it."

Two players DePolo has been impressed with early on are her captains, Firsties catcher Erin McClain and left fielder Jennae Tomlinson.

McClain has continued to do a great job calling games and handling the pitching staff, which includes current six-game winner Firstie Jessi Muckelroy, while performing excellently at the plate with a .404 batting average and a



Yearling first baseman Alexis AuBuchon leads all Army hitters with a .429 batting average and a .548 on-base percentage after 20 games.

team-leading 23 hits, eight doubles and 16 runs batted in.

Tomlinson, who DePolo calls the team's most improved player, is having her best season by far with a .361 batting average and knocking her first career home run in the first 20 games.

Two other players DePolo speaks highly of are Yearlings first baseman Alexis AuBuchon and third baseman Rachael Duval.

AuBuchon leads the team in hitting with a .429 average, but it's her fielding that jumps out most to

her coach.

"AuBuchon's defense at first base is stellar," DePolo explained. "She really picks us up a lot with catching bad throws or just her ability to backhand the ball."

Duval continues to provide a much-needed power stroke for the team and is tied for the team lead in home runs with two after leading the team as a plebe with six homers.

"(Duval) brings a little bit of everything," DePolo said. "She can absolutely hit for power, but she also hits in the number three spot and that's where you want her to be a very consistent batter."

In high school, Duval split time between third base and catcher, and she is digging in deep at third base.

"She definitely proved herself to be the best person to handle the hot corner," DePolo said. "However, she could easily play any position on the field, including pitcher. She is extremely versatile ... she's not afraid to lay down a bunt, she's not afraid to get her hands dirty and slide into any base, she's just a great athlete and one of our hardest workers."

Being one of the hardest workers, Duval is continuing to grow every day and that daily evolution could manifest itself into being one of the best players in the Patriot League. Her development with the team's growth could all come together within the next year or two and a Patriot League title.

"The learning curve is very steep for us, but everyone is growing by leaps and bounds," Duval said. "I think we will be really good by the time 2012 comes, my firstie season."

The Auburn, Ga., native, who spurned recruiting offers from

Georgia Tech and the University of Georgia, said her strongest asset that she brings to the team is her love for softball.

"Softball is my passion. It's my favorite thing to do and I try to bring that to practice every day," Duval said. "I try to remind girls why they love softball, what a great sport it is and how it is a privilege that we get to do it here."

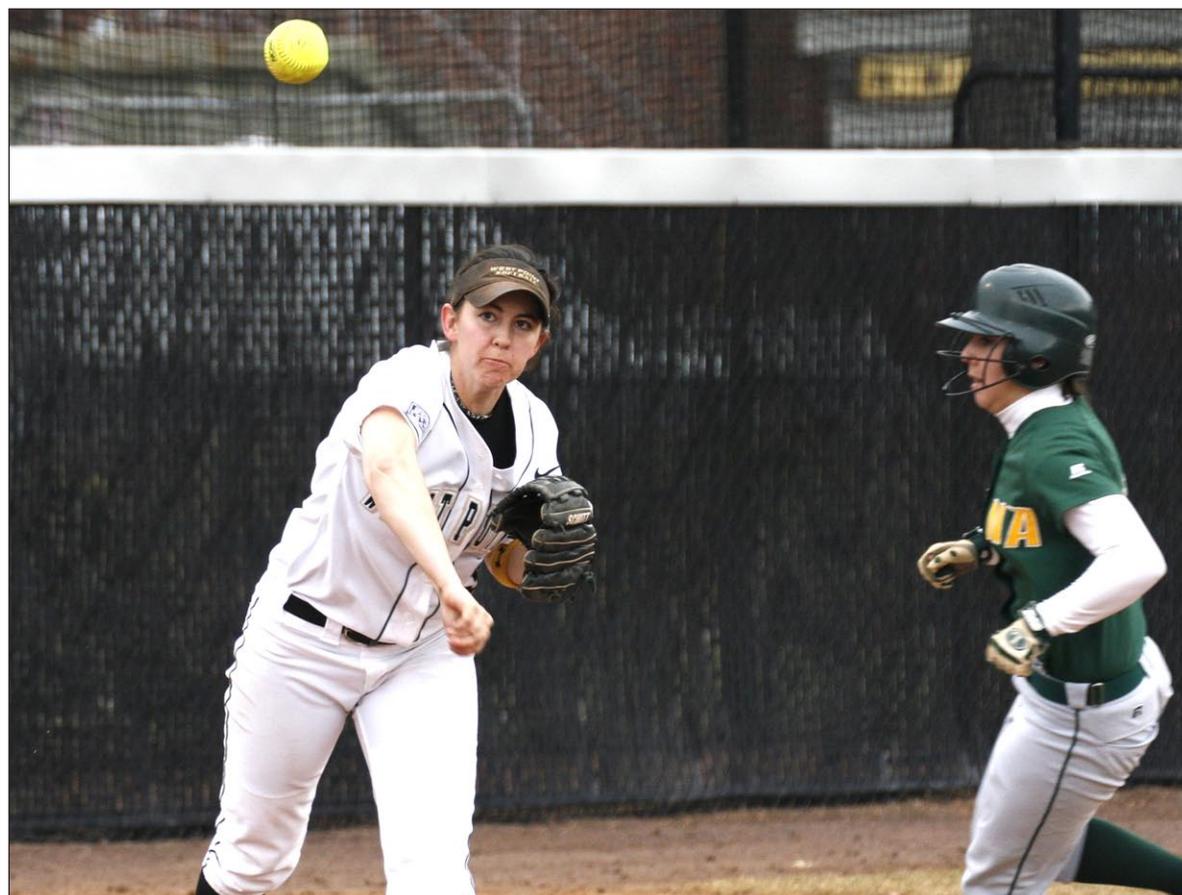
While there's really no feeling like hitting a ball in the sweet spot of the bat, Duval said the best part of the game is the little successes from situations she practices every day with her team.

"It's getting a chance to make a back handed play down the line at third when I've put in countless hours of ground ball practices," Duval said. "It's seeing (Yearling outfielder) Natalia (Gruenbaum) laying down a beautiful bunt on the left side after having caught for her in practice for hours or it's seeing (Yearling pitcher) Bonnie (DeAntona) get her first win after putting in so much work. It's the team's little successes more than anything that makes this game fun."

The biggest growth in Duval's game has been her mental approach, as she has learned to harness her newfound power stroke and reclaim her base-hits swing.

"I wasn't much of a home run hitter before I got here and once I got a taste of how good it feels to hit the long ball last year, I kind of got focused on that a little bit too much," Duval said. "It took away from my real strength and that's being a consistent singles, doubles hitter and hitting a home run when I get the perfect pitch. I think I'm a lot more confident in my swing and

See **SOFTBALL**, Page 13



Yearling third baseman Rachael Duval has been a solid defender in the field, leading all fielders in assists with 44. Offensively, Duval is batting .339 with two home runs, six doubles and 10 runs batted in from the third spot in the batting order.

# Defense claims win in annual Black-Gold Game

By Mike Strasser  
Assistant Editor/Copy

Hours before the kickoff to the annual Black-Gold Game March 27 at Michie Stadium, eight-year-old Sam Gwinn had an early Army Football moment. Running across the field to the 50-yard line, Sam stood and took in the Army Athletics logo painted center mass on the field before sprinting back to his family. Sam, along with his grandparents, father, sister and younger brother took advantage of the pre-game festivities which included a rummage sale, live music and a mini fan zone called Black Knights Alley.

"This is my first time here. It's been fun so far, and seems like there's a lot for us to do," said Jeremy Gwinn, Sam's father, and Social Sciences instructor at West Point. "We came here primarily for the Black Knights Alley, but we'll stay and watch the game."

The game itself proved to be a crowd-pleaser and the first opportunity for fans to see some of the newer talent on the Army football roster.

Before to the game, Army football coach Rich Ellerson said the contest would emphasize players who had not seen a lot of playing time during the fall. The game pitted offense (Black) versus defense (Gold) with a scoring system rewarding points on both sides for scores, changes of possession and other favorable stats.

Plebe quarterback Trent Steelman had a shaky start with two incomplete passes putting the defense ahead 4-0. The offense found its groove with the efforts of Cow Patrick Mealy, dodging into the end zone for a commanding 16-5 lead. Steelman's 23-yard pass to Yearling Davyd Brooks put the offense ahead 23-6.

However, the defense mounted a resurgence, with Cow Donovan Travis bringing the Gold within seven after an interception put the score at 24-17. Yearling Jack Finan also recorded an interception to tie the game 32-32, and a failed kick attempt put the defense ahead for the first time, 38-



Yearling defensive back Jack Finan helped the defense tie the game at 32-32 with his interception. The Gold team, all defensive players, won the Black-Gold Game 42-35 at Michie Stadium March 27. TOMMY GILLIGAN/PV

32. For the Gold, Yearling Andrew Rodriguez posted three tackles and a tackle for loss, while Cow Kingsley Ehie had three tackles and forced a fumble during the 42-35 win for the defense.

On the other side, Steelman completed 6-of-9 passes for 80 yards and Brooks recorded two touchdowns. Cow Jameson Carter rushed for 30 yards on four carries. Yearling QB

Jimmy Reitter went was successful for 28 yards on two-of-six passes.

An awards ceremony was conducted prior to the game with Firstie Alejandro Villaneuva receiving the Maj. William Whitehead Award, honoring the player with the highest class standing. Firstie Jude Cooke and Andrew DiEugenio were the recipients of the Col. Joel B. Stephens Memorial Award, presented to the

Most Valuable Players of the B Squad.

The Lt. Gen. Garrison Davidson Award, distinguishing the player with the Highest Military Standing on the team went to Firstie Matthew Coulthard.

Army Football will open the regular season on the road Sept. 4 at Eastern Michigan.

The home opener is scheduled noon Sept. 11 against Hawaii.

## SOFTBALL, cont'd from page 12

hitting style this year."

DePolo said because Duval is such a great athlete that the sky is the limit for her budding star third baseman.

"She has a great head on her shoulders, works hard and has a true passion for the game," DePolo said. "She loves being out there every minute of every day, and when one of your best players (gives everything she's got)—that's priceless."

The goal for the season, in DePolo's eyes, is to approach every practice and game, every minute of play with 100 percent investment. The biggest goal is to maintain consistency in the team's mentality and actions that will lead to wins down the road.

However, while DePolo is looking at things long term, Duval is thinking about the immediate and believes the team can surprise people now.

"(My goal this season is) a Patriot League championship," Duval said. "I believe we can play with anybody in the Patriot League. There's nobody better than us on paper or in real life.

"This team has heart, the inner fire and skill to be very good," she added. "I think it's our time to take the Patriot League."

## Women's Tennis streak continues, now 17-6

By Tracy Nelson  
Athletic Communications

Strong singles play up and down the lineup spelled victory for the Army women's tennis team March 27 as the Black Knights blanked visiting Colgate, 7-0, at Lichtenberg Tennis Center.

The victory marked Army's 41st consecutive Patriot League regular season win and extended the team's current win streak to six.

Army (17-6, 4-0 Patriot League) recovered from a sluggish start in doubles play to win all six singles matches in straight sets.

Colgate (5-5, 0-1) opened the Patriot League season with a solid doubles effort, pushing Army in both the second and third flights.

Cow Anne Houghton and Firstie co-captain Kristin Beehler remained perfect on the weekend, running away with an 8-1 victory in the top flight.

Meanwhile, Plebe Erin Colton and Cow Annie Hang outlasted Colgate's Samantha Inacker and Stephanie Bender in an 8-7 (1) tiebreaker.

Cows Michael Tollerton and Robie Verano picked up their team-high 18th doubles win of the year with an 8-5 win at No. 3 doubles.

Army entered singles play on a mission and all six players delivered.

Houghton won her first set at No. 1 singles by a 6-4 score and put the match away with a dominating 6-0 effort in the second set to defeat Colgate's Elise DeRose, who was a first team All-Patriot League pick during the 2009 season.

Houghton is the two-time defending Patriot League Player of the Year.

Beehler, who ascended into the No. 2 spot this weekend after playing the majority of the spring at No. 3, picked up a 6-1, 6-3 victory over Inacker.

Beehler has now won five-straight matches.

Head coach Paul Peck called upon Cow Jessica Ahn to face Colgate's Cameron Williams in the third flight.

Ahn responded with a 6-1, 6-2 win in her first singles bout since March 7.

Hang won her fourth in a row and improved to 11-3 this spring with a 6-0, 6-4 triumph over Stephanie Brown at No. 4 singles.

Tollerton and Verano both blanked their respective opponents in the fifth and sixth flights, respectively.

Tollerton's 6-0, 6-0 win stretched her singles win streak to eight matches.



Cow Anne Houghton earned singles and doubles victories. ERIC S. BARTELT/PV

# Women's Handball Black goes 3-2 at Walker Invitational

Story and Photo by  
Tommy Gilligan  
Assistant Editor/Photo

The fifth annual 1st Lt. Laura Walker Invitational Women's Handball Invitational was held March 27-28 at Arvin Cadet Physical Development Center.

The team established the event after 1st Lt. Laura Walker, Class of 2003, was killed in action by an IED while deployed in Afghanistan in August 2005.

Walker, a former West Point Handball Team captain who lead her squad to the national collegiate championship, was offered an opportunity to pursue the Olympic handball team, but turned it down to serve in the Corps of Engineers.

In her memory, the team took another step in their quest of becoming national collegiate champions this past weekend by defeating rival University of North Carolina, by a score of 16-10 for third place and first among college teams.

"The way the team has progressed this semester since their loss to UNC is a true testament to the teams' work ethic," Capt. Jana Fajardo (Class of 2001) women's team handball's co-head coach. "UNC beat us by more than a few goals last time we played and the girls have truly stepped it up to take this victory."

The Black team went 3-2, third overall and first among college teams, and had strong showings against the more experienced club teams that are primarily filled with players from European countries, traditionally hotbeds for handball talent. The Gold team made strides in improving their game as they became more of a unit throughout the weekend and continued their development.

"For the majority of the team, their first experience playing the sport is when they arrive here on campus," Fajardo said. "For many of the club teams such as Boston and NYCTH, they have players that have been playing since they were children."

Yet this year the team came into the fall semester taking a different approach than in



Plebe Trish O'Toole leaps over the University of North Carolina defense and passes to the left winger Firstie Joy Turner during the second half of the 1st Lt. Laura Walker Invitational March 27 in Arvin Gymnasium. O'Toole netted 10 goals over the two days of action.

years past to combat their lack of experience compared to the established clubs from major metropolitan areas.

"Our captains adopted the training standards of the U.S. Olympic team," Maj. Keirya Langkamp, co-head coach and team officer-in-charge. "They were not concerned about experience level. They developed the try-outs based on athletic ability, among other qualities, to assemble the best team on

the court."

Both coaches believe that this very well could be the best team they've had since they began coaching.

"Like many other competitive club sports, the team is comprised of many former corps squad athletes that bring another dimension to the team," Langkamp said. "Some on our team are former softball and basketball players. They all provide another dynamic

to the team."

As the team continues to gel and become better with every practice, the goals it established at the beginning of the season have become more of a reality.

With one more tournament scheduled during the April 23 weekend in South Carolina prior to the National Championships, the Lady Black Knights hope to keep the legacy of what Laura Walker stood for alive.

## CLUB RESULTS

• **Women's Lacrosse**—The Army Women's Lacrosse team traveled to Syracuse March 27 to face Cortland and Syracuse in back-to-back games.

Army came out strong in the first game against Cortland, earning a 13-10 victory. Of the Black Knights' 13 goals, nine goals came from three players—Cow midfielder Elizabeth Small, Plebe midfielder Cory Trainor and Yearling attacker Hannah Johnson. Two other yearlings, Lauren French and Casey Weliver, added a pair of goals each.

The team's offensive efforts were complemented by the goaltending of Cow Kyra Barone and solid defense of Firsties Elizabeth Connors and Stefanie Forgione and Cow Emeline Hood.

While the team lost to Syracuse 12-5, the offense continued to display its power thanks to goals by Johnson, Small and French.

Plebe defender Noreen Masciello contributed an impressive and morale-boosting goal after recovering a turnover from Syracuse and running it down the length of the field to score.

These two games not only highlight the offensive capabilities of this team but also the talent of many of the younger players, which surely promises a bright future for Army Women's Lacrosse.

The women return to action at noon Saturday at Daly

Field against the University of Rhode Island.

• **Cycling**—The West Point Cycling Team competed March 27-Sunday in Trenton and Princeton, N.J.

The race weekend consisted of three races—an individual time trial, a criterium and a circuit.

Firstie Kelsey Hassin was the only West Point competitor in the individual time trial and she placed very well.

The second race of the weekend was the criterium, a race characterized by short fast laps with a multitude of sprints throughout the race.

In the criterium, Plebe Kevin Rutherford won the race, which consisted of a field of more than 60 riders.

This first-place finish showcased his future for success on the West Point Cycling Team.

The final race of the weekend occurred Sunday, which was a circuit race, an endurance race ranging from 30-90 minutes where final position was the only criteria for points.

Rutherford added to his amazing criterium performance and placed fourth in the circuit of the Men's Novice field of more than 60 riders while Plebe Thomas Devane placed 11th. Cow James Thornton and Yearling Gregory Keith placed within the Top 10 in the Men's Advanced category race. West Point Cycling had a very successful race weekend in New Jersey and is excited as it prepares for Bucknell in Pennsylvania this weekend.

## Sports calendar

April 1-10

### Corps

FRIDAY—WOMEN'S TENNIS VS. DUQUESNE, 5 P.M., LICHTENBERG TENNIS CENTER (OR) MALEK TC.

FRIDAY-SATURDAY—TRACK AND FIELD, DICK SHEA OPEN, NOON (BOTH DAYS), SHEA STADIUM.

SATURDAY—LACROSSE VS. COLGATE, NOON, MICHIE STADIUM.

SATURDAY—WOMEN'S TENNIS VS. FAIRLEIGH DICKINSON, NOON, LICHTENBERG TENNIS CENTER (OR) MALEK TC.

SATURDAY—SOFTBALL VS. LAFAYETTE, 1 P.M. (DOUBLEHEADER), ARMY SOFTBALL COMPLEX.

SUNDAY—SOFTBALL VS. LAFAYETTE, 1 P.M. (DOUBLEHEADER), ARMY SOFTBALL COMPLEX.

WEDNESDAY—SOFTBALL VS. IONA, 4 P.M. (DOUBLEHEADER), ARMY SOFTBALL COMPLEX.

APRIL 9—MEN'S TENNIS VS. BUCKNELL, 3 P.M., MALEK TENNIS CENTER.

### Club

THURSDAY—WOMEN'S RUGBY VS. RMC, 3:30 P.M., ANDERSON RUGBY COMPLEX.

APRIL 8-10—BOXING, 2010 NATIONAL COLLEGIATE BOXING CHAMPIONSHIPS, TIMES TBA, EISENHOWER HALL.