POINTER VIEW®

Celebrate Women's Equality Day 11:30 a.m.-1 p.m. Aug. 26 at the West Point Club Grand Ballroom

VOL. 67, NO. 32 | SERVING THE COMMUNITY OF WEST POINT, THE U.S. MILITARY ACADEMY | AUGUST 19, 2010

Welcome to the Corps of Cadets

More than 1,300 Plebes joined the Corps of Cadets on the Plain Saturday during the Acceptance Day Parade. The Class of 2014 marched onto the field and joined their new companies in front of hundreds of Family members, friends and the West Point community. The Plebes are now adjusting to the classroom environment during their first academic semester at West Point.

SGT. VINCENT FUSCO/DIR. OF PUBLIC AFFAIRS & COMMUNICATIONS

Forbes ranks West Point among the top schools at No. 4

Staff Reports

A report released Aug. 11 by Forbes magazine ranked West Point, The U.S. Military Academy, fourth in the country in their annual ranking of America's Best Colleges.

"West Point is again honored and pleased to be selected as one of America's top five best colleges," West Point Superintendent Lt. Gen. David Huntoon said. "It is a testament to the hard work and dedication of our exceptional cadets, faculty and staff operating in world-class facilities. This excellence, as recognized by Forbes, is a key element in preparing our cadets for the challenges they will face as future Army officers."

Forbes uses more than 10 factors in compiling these rankings, with no single factor counting as much as 20 percent. The rankings are objectively determined, with the only subjective judgments being those of the Center for College Affordability and Productivity and Forbes as to which factors to include and the weights to be used in evaluating each factor.

"We review just nine percent of the 6,600 accredited postsecondary institutions in the U.S., so appearing on our list at all is an indication that a school meets a high standard," Forbes stated in their release.

The Center for College Affordability and Productivity in conjunction with Forbes, compiled its college rankings using five general categories, with several components within each general category.

The weightings are listed below:

1. Student Satisfaction: 27.5 percent
2. Postgraduate Success: 30 percent
3. Student Debt: 17.5 percent
4. Four-year Graduation Rate: 17.5 percent
5. Competitive Awards: 7.5 percent

The complete rankings are available at **www.forbes.com/colleges**.

Letter from Keller Commander

Dear Parents:

As the Commander of the MEDDAC, it has come to my attention that the process we had in place for conducting annual school/sports physicals did not meet the needs and/or expectations for you and many of our beneficiaries, leaving many extremely dissatisfied.

I offer my sincerest apologies for any inconvenience we may have caused you and your Family during this already stressful time. I have directed my staff to determine what went wrong and develop an efficient process that ensures we appropriately meet the need for annual school/sports physicals in the future.

If you were unable to get a school/sports physical, please call 938-7992 to reschedule a physical appointment. Again, I offer my sincerest apologies.

Sincerely,

Col. Land

Col. Beverly C. Land
Commander, Keller Army Community Hospital

Let your voice be heard

Garrison calls for feedback about services

Submitted by Plans, Analysis and Integration Office

West Point's annual Customer Service Assessment, sponsored by HQ Installation Management Command begins Aug. 30.

Available online at **www.mymilitaryvoice.org** until Sept. 24, it collects feedback from leaders, Soldiers, Family members, civilians, retirees and veterans on garrison services.

This includes services from Family and Morale, Welfare and Recreation facilities, housing, military personnel services, transportation, religious services and more.

This is the opportunity for all customers of these services to let the garrison know what is important to them and how the garrison service providers have performed over the past year.

As well as rating service delivery, survey participants will have an opportunity to provide comments about what has been done and where there maybe opportunities for improvement.

"The annual Customer Service Assessment is just one method for the garrison to get the 'Voice of the Customer'," said Dawn LaBay, Plans, Analysis and Integration Office, Customer Service Officer.

"It's essential that we capture feedback from senior leaders and junior enlisted Soldiers and get feedback from Family members, veterans, retirees, civilian employees, and contractors as well," she said.

Survey results will be reported separately by the different constituent groups.

"The best way the Garrison Commander and Directors can get an accurate picture of customer satisfaction and expectations is from maximum participation," LaBay said. "For this year's survey, we will be making a big push to get more feedback from all constituent groups. Their input will enable the garrison leadership to determine where improvements can be made."

For more information on the 2010 Customer Service Assessment, contact LaBay at 938-0627 or via e-mail at *dawn.labay1@usma.edu*.

Let your voice be heard.

Parking, traffic alerts for Ring Friday and Saturday events

Ring Ceremony—Friday

- **Traffic vicinity of Trophy Point will be blocked starting at 4:35 p.m., at the intersection of Washington and Stony Lonesome roads; intersection of Howard and Ruger roads; intersection of Brewerton and Parke roads (Arvin) and by the entrance to Clinton Lot;**
- **Traffic in the area will remain blocked until the completion of the Ring Ceremony;**

-Vehicles parked in the Clinton, Doubleday and surrounding lots will be allowed to depart by exiting south on Cullum Road past Jefferson Hall;

-There will be no vehicles authorized on Jefferson Road and the Thayer Road extension at Trophy Point after 4 p.m. Vehicles parked on these roads are subject to towing;

- **Bus transportation is available from Buffalo Soldiers Field parking lot to Trophy Point 3 - 6:30 p.m.**

Ring Weekend Banquet and Formal Dance—Saturday

- **Washington Road area in front of Qtrs. 101 is subject to brief closures after 7:45 p.m;**
- **There is no parking on Jefferson Road.**
- **Bus transportation is available from Buffalo Soldiers Field (BSF) to the cadet barracks area from 4:30-7 p.m.;**
- **A shuttle bus is available to return participants from Eisenhower Hall to Buffalo Soldier Field once the dance concludes;**

For questions about parking, traffic or force protection questions, call Directorate of Plans, Training, Mobilization and Security at 938-3650.

Solution to Weekly Sudoku

9	2	3	4	1	7	8	5	6
8	6	4	3	9	5	1	2	7
1	7	5	2	8	6	9	4	3
3	1	6	5	4	9	7	8	2
2	5	9	8	7	3	6	1	4
7	4	8	6	2	1	5	3	9
5	9	1	7	3	2	4	6	8
6	8	2	9	5	4	3	7	1
4	3	7	1	6	8	2	9	5

See SUDOKU PUZZLE, Page 15

POINTER VIEW®

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West Point
The United States Military Academy

West Point's second CDC opens for business

Story and photo by Mike Strasser
Assistant Editor/Copy

West Point youths unwrapped a giant, multimillion dollar present on Aug. 11 and couldn't wait to play with it.

After the ribbon-cutting ceremony for the new Child Development Center at 140 Buckner Loop, kids clamored inside to tour their new "home away from home." They twirled around the dance studio, checked out the childcare classrooms and snacked inside the demonstration kitchen, where children can develop their culinary skills. The Lee Area CDC also features a 3,770-foot playground in the front and back of the facility for outdoor recreation and spacious technology, art and science rooms.

"It's like Christmas, right?" Anthony Brown, Family and Morale, Welfare and Recreation director, asked the pre-kindergarten children.

The Lee Area CDC is one of more than 60 new facilities opening Army-wide, reaffirming a commitment made four years ago when the Army Family Covenant was launched. The goal across the Army is to increase child care capacity from 65 to 80 percent. The 15,085 square foot facility on West Point will service an additional 135 children on post, and supplements the existing Child Development and School Age Centers.

"This enormous investment is a testament to our serious intentions to fulfill the Army Family Covenant," Col. Mike Tarsa, garrison commander, said. "The Child and Youth Programs are instrumental in minimizing parent absenteeism, enhancing productivity in the workplace and promoting retention across our force. Quality child care is a meaningful contributor toward sustaining the all-volunteer force."

The Part-Day Pre-school program has relocated from the Stony Area CDC into the Lee Area CDC, which will also absorb some of the SKIES and EDGE! Programs. The two multipurpose rooms will be used as a dance studio for all dance and musical theatre programs and tothe other will centralize all pre-school programs to include Kindergym, Start Smart and Wee Ones. The new facility will also serve as Parent Central to process registrations for all youth programs and childcare.

West Point children were among the first to tour the new Child Development Center, located at 140 Buckner Loop, after the ribbon-cutting ceremony Aug. 11.

Town Hall Meeting

Aug. 24, 6-7 p.m.

Garrison Commander Col. Michael J. Tarsa is hosting a Town Hall Meeting from 6-7 p.m. Aug. 24 in the Ballroom at the West Point Club to provide an update to the West Point community and a forum for questoins and concerns. The Superintendent, Lt. Gen. David H. Huntoon, Jr., will also attend. A question-and-answer session will follow the initial part of the meeting.

Light refreshments will be served before the meeting, beginning at 5:30 p.m.

The entire community is invited to attend or to send questions to *8gc@usma.edu* (include "Question for Town Hall Meeting" in the subject line) not later than 4 p.m. Aug. 23. Residents can also call in questions during the meeting at 446-5504.

From 'Beat the Dean' cadet to 'Dean to Beat'

Trainor challenges Corps of Cadets

Story and photo by Mike Strasser
Assistant Editor/Copy

Snow in New York isn't a big deal, but in 1983 the U.S. Military Academy was blanketed by a severe winter blizzard that crippled the region. It was business as usual under unusual circumstances at West Point and among the 861 second lieutenants commissioned that year was Brig. Gen. Timothy Trainor, USMA's 13th Dean of the Academic Board.

Trainor doesn't recall any significant snowfall that year. Like most native New Yorkers, it was just typical winter weather. But what he clearly remembers are the lifelong bonds forged among colleagues from the "Proud to be '83" class.

"Everything you go through here develops these fairly strong bonds, so when I think back, I automatically start thinking about those close friends and buddies I had going through the academy," Trainor said. "It's funny now, because I may not have contact with some of them for several years, but you see them again—whether at a reunion or elsewhere —and you just pick up instantly from graduation or when you last saw them."

The Engineer Corps officer returned to West Point nearly a decade after graduation to teach engineering economics and production operations in the Department of Systems Engineering, which didn't exist when he was studying at the Academy. His next stint here as an instructor started in 2001, and Trainor would eventually be named director of the Engineering Management Program in the Department of Systems Engineering, and then department head in 2006.

Changes

The West Point he returned to was in stark contrast to what Trainor experienced as a cadet—a time when society was just becoming comfortable with computers and viewed them as "the wave of the future."

"A lot of what you see around you now did not exist back in 1983," Trainor said. "Jefferson Hall, the learning center, that is an incredible facility and hands down, in my eyes, the best addition to the infrastructure at West Point."

The most significant change at West Point, Trainor believes, has been the transition from an attrition model to a developmental model within the Corps of Cadets. Trainor said when he entered West Point there was a "survival of the fittest" mentality which didn't support the potential of struggling cadets as it does today. In the early '90s, West Point adopted the Cadet Leadership Development System, which concentrates on six domains of development—militarily, physically, intellectually, socially, moral/ethically and spiritually.

"We bring in young men and women who are very young and immature at 17, 18 years old typically, and we send them away from here ready to be second lieutenants at about 22 years old to operate in a very complex, dangerous environment," Trainor said. "We're not just going to make it as hard as we can and spit them out the other end hoping they're ready to do that. We've got to take deliberate approaches to how we achieve that desired end state."

Brig. Gen. Timothy Trainor leads the Yearlings in a Rocket Yell at the water confidence training area during Cadet Field Training in June.

Beat the Dean

As a cadet, Trainor thought meeting with the dean meant being in trouble. The dean's face was prevalent only among the chain of command photos adorning the walls throughout the academy. Yet his presence was constantly felt in a popular phrase—Beat the Dean.

"The academic program here is challenging. It was challenging back then, and it's challenging today," Trainor said. "And cadets respond to competition. One way to stir up their competitive juices is to say 'Beat the Dean.' Particularly around exam time and the end of semesters, you'll hear cadets more and more talk about beating the dean, and it's just seen as a motivating phrase that gets them in the mindset that they've got a tough set of challenges to deal with academically in the courses, and they're going to buckle down and 'Beat the Dean.' "

As cadets wage scholastic war against the Dean, Trainor said it is his job to keep the academic program relevant and challenging for the Corps of Cadets.

"It's my charge to make sure that academic program is preparing cadets to be successful as young officers in our Army and beyond," Trainor said. "It's also my charge that those folks who execute the academic program—the academic department—that they have the resources they need to provide that relevant and dynamic curriculum."

Issuing a Challenge

While his interaction with cadets may not always be of the face-to-face variety, Trainor said his biggest contribution to the Corps of Cadets is to make sure they have the tools they need to succeed after West Point. In order to 'Beat the Dean," Trainor offers a challenge.

"Specifically, what I will want the cadets to do, and what I see myself doing, is to challenge them to challenge themselves," Trainor said. "We want folks who are ready to be creative and critical thinkers. They need to think through, delve deeper into their academics. It's my experience in the Army that the best officers are the ones who become creative and are willing to challenge the status quo."

Trainor said this applies to all facets of training—academic, physical and military.

"We need them to succeed in all domains, and I want them to know that the academic year is not all about classroom studies," Trainor said. "They still need to stay physically fit, they still need to retain their military training. I will challenge them to develop themselves holistically and to really embrace what we're doing here at the academy. I don't want them to see this as just a series of requirements they need to meet in order to graduate. I expect more out of them than that."

The Class of 2014 is just days old in the Corps of Cadets, and Trainor understands the growing pains associated with new cadets.

"I expect them to feel overwhelmed at first, and that's OK. The mindset I want to get across to them is that there is a lot of help available," Trainor said. A lot of these kids coming out of high school are among the best and brightest and never had to ask for help before; things came easily to them, and that's not the environment here."

Developing the new Plebes will be the responsibility of the upperclass cadets, and Trainor expects the three classes to step up to the challenge.

"I'm going to challenge the Yearlings as team leaders to watch out for the Plebes—when they need help to provide it and to encourage them to seek it," Trainor said. "The Cows are now encountering a larger leadership role and I want them to take to heart this role and take an interest in what the younger cadets are doing academically, physically and whatnot. And the same with the Firsties, I will challenge them to truly be the leaders of the Corps, set the appropriate standards and develop that creative environment."

Star Man

After the Senate confirmed his appointment last week, Trainor's shoulder boards felt the weight of a star pinned on by his wife, Col. Donna Brazil, and his parents Janet and James, during a ceremony Tuesday.

As the new Dean, the challenge, Trainor said, may lie in quickly recognizing the diversity of disciplinary expertise throughout West Point and integrating it across the curriculum in all of the academy's programs. Trainor said his job is made easier by the dedicated group of professional officers and educators serving in the academic program and academic board—people he has worked with in various capacities over the years.

"Serving as an instructor, researcher, academic program director and department head within the Academic Program, and also working with cadet companies, teams and clubs have helped prepare me for this challenge," Trainor said. "I have to admit that I struggled at times to 'Beat the Dean' so that is why I am particularly humbled to now be the 'Dean to Beat.'"

First Captain Beaudoin: Pride in everything we do

Story and photos by Sgt. Vincent Fusco
Dir. of Public Affairs & Communications

During summer training, Firstie Marc Beaudoin served as the regimental commander of Beast Barracks I and led the Class of 2014 into the U.S. Corps of Cadets. Now as the First Captain, the Augusta, Maine, native will lead them and the other classes into success on the playing fields and in the classrooms during the academic year.

The one word that sums up how Beaudoin and his brigade and regimental staff will achieve this is pride—that was the keyword when the cadet leadership met for the Cadet Leader Development Conference on Aug. 7. In that forum, they put together ideas that would focus on improving physical excellence, esprit de corps, customs and courtesies and communications.

Beaudoin is the co-captain of the men's handball team playing for the team for his third year. The experience he gained from playing team sports taught him valuable lessons in how to foster cohesion and unity among teammates, whether or not the team was winning.

In addition to recognizing achievements in events like the Army Physical Fitness Test and the Indoor Obstacle Course Test, Beaudoin will encourage cadet participation in extracurricular events such as the Marine Corps Marathon or Tunnel to Towers Run to increase the Corps' visibility to the American public.

"Image is so important for West Point," Beaudoin said. "People hear, see and talk about West Point and have a clear picture in their head of what a cadet should look like, so we want to uphold those standards."

Beaudoin and his team have made plans to turn the Friday nights before football games or other major events into opportunities to boost morale and encourage friendly competition in the Corps. One new Friday night event Beaudoin hopes to finalize is an extension of the boxing smokers to include boxing between cadet company and/or regimental commanders.

There are also plans to put together a company-on-company dodgeball tournament to be played the night before the first home football game Sept. 11. Beaudoin believes that by motivating cadets to cheer on their company on Friday night, they will cheer on the greater Corps at Saturday football games and other sporting and competitive events.

"When things are going well and the team is working well together, you have that sense of pride," Beaudoin said "If you have that unit pride, you're going to support those individuals in everything they do, whether that's athletic events, the debate team or whatever it is they're doing, and that support extends across (the Corps)."

The cadet command staff is also working to improve communications from the top to the bottom of the chain of command and to discourage using "e-mail leadership" to manage daily business.

"As a cadet, it's important to have your computer turned on as you're receiving 20, 40 or 50 e-mails a day depending on what your position is," Beaudoin said. "We want to eliminate some of those e-mails where it's just as easily done by picking up the phone or talking (face-to-face)."

This year, the upper class echelon put together a fourth-class development program, which consists of a training manual that Yearlings will use as team leaders to mentor their Plebes.

"What's so important about the team leader role is that the performance of the Plebe is a direct reflection of the team leader," Beaudoin said. "So it's their responsibility to make sure their Plebe knows everything they're supposed to know about being a cadet—how to access a computer, how to check their mail, how to appropriately wear the uniform."

A lesson in problem solving that Beaudoin cites is, "Taking the Message to Garcia," a short story about how 1st Lt. Andrew Summers Rowan, Class of 1881, delivered a message to a Cuban general during the Spanish-American War under intense pressure and with little guidance from his command.

"The moral of the story is, when you don't get a lot of guidance, be innovative, be a problem solver and find solutions," Beaudoin said. "Don't come with problems to your superiors, come with answers."

Beaudoin said that when he and his peers came to West Point, they came to be the best. Although there will be times when cadets will start to lose that vision, he encourages everyone to help each other and find ways to keep the Corps moving forward.

First Captain Marc Beaudoin and his staff wait for entire Corps of the Cadets to march on the Plain during before joing their ranks duirng the Acceptance Day Parade on Aug. 14.

Corps Leadership

Cadet First Captain Marc Beaudoin, centered in front row, the U.S. Corps of Cadets regimental commanders, front row, and the regimental sergeants major, rear, pause for a photo at the start of the Cadet Leader Development Conference Aug. 7. The upperclass cadet chain of command met with Col. Mark McKearn, USCC Brigade Tactical Officer, and his regimental tactical officers in order to prepare for the challenge of leading the Corps through the academic year. The brigade and regimental cadet staff met with the officers in groups to discuss topics such as guidance from the commander, team building, goal setting, goal plan development and backbriefs. The cadets learned how to become more effective leaders by understanding the importance of loyalty, communication, accountability and mentorship.

Cadet joins Army Research Team in Tanzania

Story and photo submitted by the Department of History

Firstie Kayla Khan recently completed an advanced individual academic development trip to Tanzania where she served as an integral part of a team from the Army Research Office sent to evaluate the potential of land mine detecting rats from the Belgian non-governmental organization, APOPO.

Part of the observation process involved traveling to APOPO's facilities in Morogoro, Tanzania. Working with Maj. John Ringquist, AIAD officer-in-charge, Khan learned about the breeding cycle, training methods and employment of the mine-detecting African giant pouched rats. Direct observation verified the rats' TNT detection abilities.

APOPO also trained some rats for tuberculosis detection. Khan played an important role as an observer for the multi-disciplinary ARO team, contributing an important section on rat training and socialization to the group's report. After the rat observation phase of the AIAD concluded, the team then traveled to South Africa for the second part of the evaluation mission.

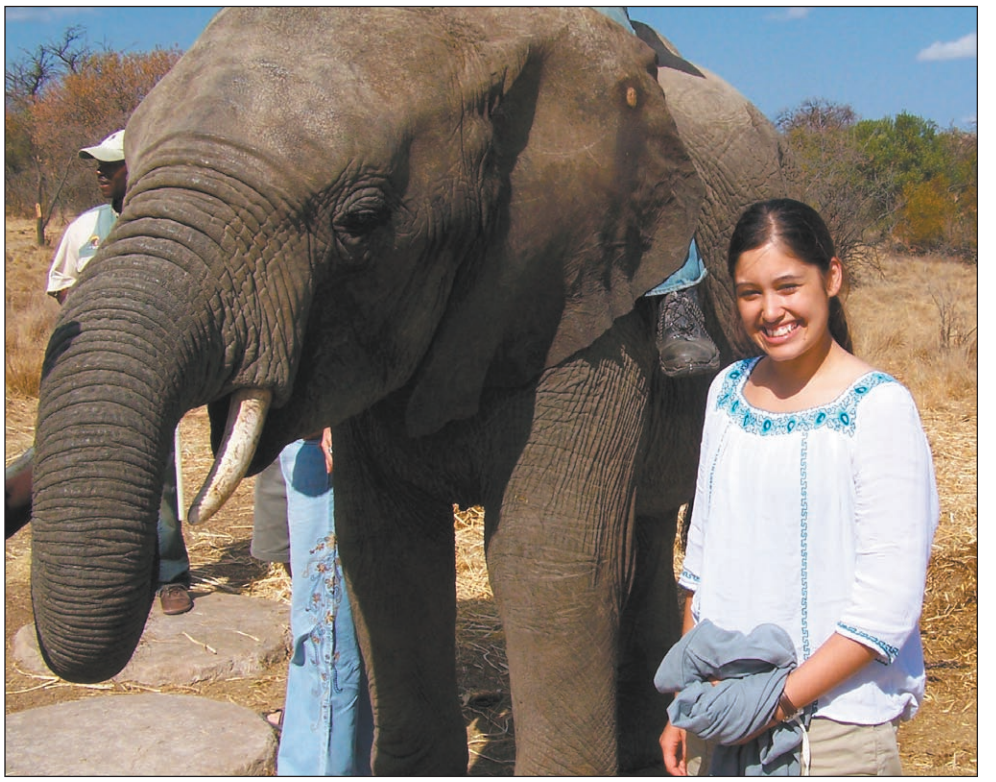
In South Africa, Khan and Ringquist visited the demining company Denel Mechem, where they spent three days observing dogs in action, detecting explosives and contraband in a variety of settings.

At Mechem, Khan experienced the newest CASSPIR armored personnel carrier as a passenger in the mine resistant vehicle's troop compartment, then had the opportunity to don a mine clearance suit and experience it first-hand. The Mechem experience offered a number of opportunities to meet and converse with legends in the demining community and to learn more about remote scent testing for explosives. Khan integrated well with the Mechem team and was privileged to be permitted to tour and handle some of the trained and untrained contraband dogs.

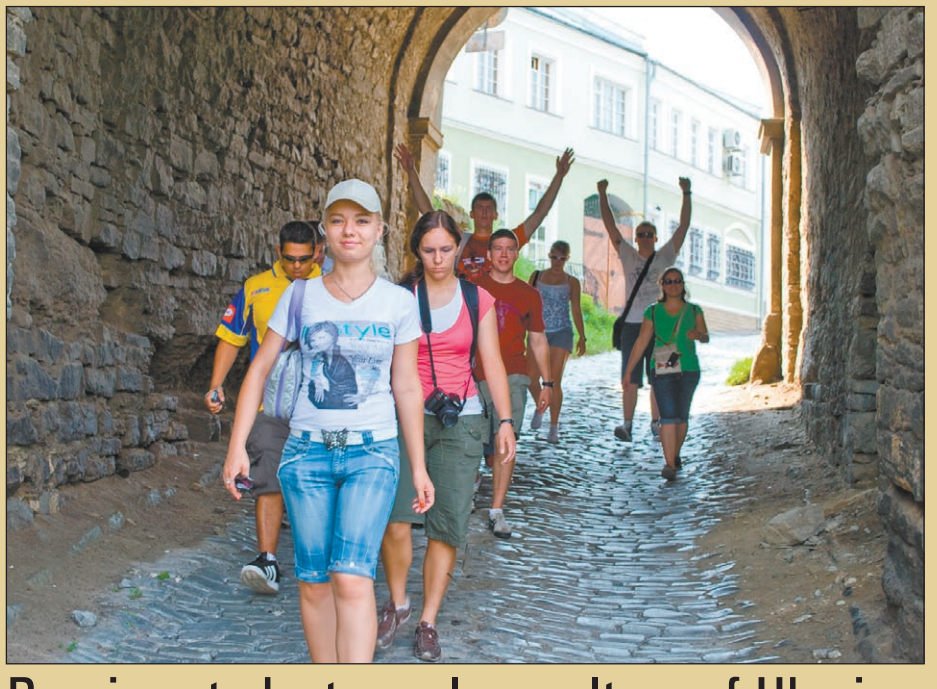
Elephants comprised the grand finale of the AIAD, as Khan and Ringquist spent a day with the Elephants Forever, an NGO and former Zimbabwean organization that trains orphaned and unwanted juvenile elephants to detect contraband. The elephants are equipped with a sense of smell keen enough to detect contraband from hundreds of meters away. During demonstrations the elephants identified poacher equipment, fugitives and explosives.

The elephant experience concluded with a five-mile elephant safari and a brief lecture by the NGO's founder on the intelligence and sociability of the elephants.

"Overall, the AIAD gave me a chance to undertake more unconventional studies in history," Khan said. "With graduation so close, I appreciate having been able to explore potential future war-fighting assets."



Firstie Kayla Khan explores the contraband-detecting abilities of elephants.



Russian students explore culture of Ukraine

Class of 2011 and 2012 cadets who have studied Russian explore an ancient castle in the city of Kamenets-Podolsky, located in western Ukraine. After two weeks of language and cultural immersion in Kiev, the cadets visited various regions of Ukraine to further experience its culture and regional dynamics.

Dr. Jeff Watson/Dept. of Foreign Languages

West Point ranked first

Staff Reports

U.S. News & World Report announced its "2011 America's Best Colleges Rankings" today and ranked West Point the "Top Public Liberal Arts College" for the third consecutive year.

West Point was also named the third-best "Undergraduate Engineering Program," where a doctorate is not offered, tying with Cooper Union (N.Y.). In the Best Undergraduate Engineering Programs category, West Point's Civil Engineering Program was ranked second, the Mechanical Program tied for second and Electrical tied for third.

"We are very pleased with U.S. News & World Report's acknowledgement of the quality of the educational experience at West Point," said Dean of the Academic Board Brig. Gen. Tim Trainor. "We are proud of our nationally renowned curriculum and the well-earned recognition our engineering program receives from independent organizations."

The engineering rankings are based solely on a spring 2010 peer survey of deans and senior faculty that asked them to rate each program they are familiar with on a scale of 1 (marginal) to 5 (distinguished). West Point's average was 4.1. In other categories U.S. News ranked West Point #2 in The High School Counselors' Picks.

DIRECTORATE OF EMERGENCY SERVICES
West Point, NY

Sobriety Checkpoint

Friday and Saturday

Lucas earns Hundred Tab

By Firstie Karl Schoch
Special to the Pointer View

Cow Joseph Lucas, Company H, 4th Platoon, qualified this summer for the President's Hundred tab finishing 87th out of 1,277 competitors.

Civilian and military participants can qualify for the tab by placing in the top 100. The President's Rifle and Pistol Match was held at Camp Perry, Ohio, as part of the National Rifle Matches.

The event is comprised of 30 shots, performed with a service rifle and iron sights. Ten shots are fired standing at 200 yards within 10 minutes; another ten are fired in the prone position at 300 yards within 70 seconds, with a mandatory reload.

Participants then fire ten rounds prone at 600 yards within 10 minutes. Each shot is worth a maximum of 10 points (an "x" at center mass of the 10 ring is used as a tie breaker).

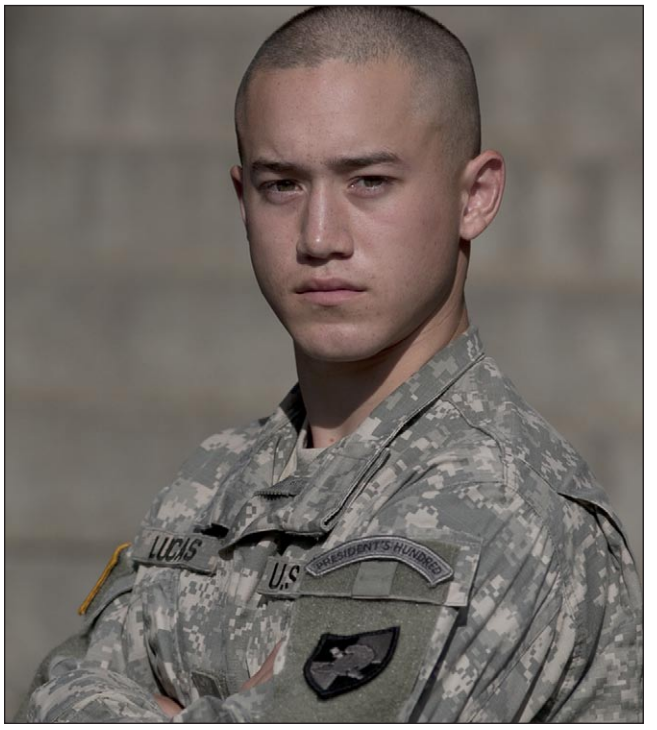
"This was my third time attending the event," Lucas said. "It was a great opportunity to see some friends and fellow competitors again."

Following the 30 shots, the top 20 participants are selected to fire another 10 rounds during a tie-breaker stage.

Lucas began competing at the age of 12, and participated in the National Matches in 2005 and 2006, prior to entering West Point. He was a member of the Zen Shooting Team and the Pennsylvania State Rifle Service Team.

"It's been nice to validate the things I've learned and apply them to something that will help me in my military career," Lucas, a Harrisburg, Pa., native, said. "Since I've been working toward this goal for several years, it's an honor and a relief to have finally achieved this."

In 2006, he was the National Intermediate Junior Service Rifle Champion, the Marine Corps Cup Match Junior Champion and the Wimbledon Cup Junior Champion.



Cow Joseph Lucas wears the President's Hundred tab he earned this summer. TOMMY GILLIGAN/PV

Classes are underway once again for the Corps of Cadets

Story and Photos by Tommy Gilligan
Assistant Editor/Photo

The somewhat fluid transition from summer training to academia for the cadets began Monday as the West Point professors and instructor welcomed their students into the classrooms for the first time for the 2010-11 academic year.

Less than two weeks ago, the cadets that are now firmly entrenched in the storied grounds of West Point were spread all over the world learning the basic elements of what it takes to be a cadet to studying advanced military training tactics with allied countries.

After being back on campus for a week adjusting to the rigors of the West Point way-of-life, the cadets began right where they left off in May.

"I am very excited that this day is finally here," Firstie Jack Glasgow said. "I know that this is going to be a great semester."

While that same sentiment was very apparent throughout Thayer Walkway, as classmates catch up on the adventures of the summer and what classes and professors each will have during the fall semester.

"It has been great catching up with my friends and talking about what we have done this summer since we were all out doing different things," Cow Tanner Robertson said. "But more importantly I am just excited to get back into school."

While many are excited about the return to class, others are excited about the leadership role the school year brings.

"I am looking forward to developing my own leadership style while being in a leadership role for the first time," Yearling Sarah Haight said. "After completing CFT, I am really looking forward to upholding the standards of West Point and assisting my subordinates through their first year."

Cadets stand in formation on the apron in front of Washington Hall during the first Monday Review of the 2010-11 academic year on Aug. 12. The weekly review is held so the entire Corps of Cadets practices marching weekly with their assigned companies.

Cadets move along the walkway leading to and from Thayer Hall during class change on the first day of classes.

Former DMI instructor earns Best Paper Award

Staff Reports

Maj. Chris Kasker, a former instructor in the Defense and Strategic Studies branch of the Department of Military Instruction, teamed up with Chris Kowal, University of Connecticut Ph.D. candidate, to co-author a paper titled "Cadet Emotions: The effects of the emotional quality of life on the perception of leadership styles in the military."

They received the Best Paper Award at the 7th annual International Conference on Emotions and Organizational Life Aug. 4-5 in Montreal for their efforts.

The paper, based on data collected by Kasker during Cadet Leader Development Training in 2009, was presented to professors, consultants and students from around the globe at the conference.

The data collected supported the hypothesis that the higher cadets rated their leader's charisma, the higher they rated their credibility. The research also indicated that participants' ratings of their leaders' compassion and credibility was lower when they scored higher on the of depression, anxiety and/or anger factors.

The descriptive scales used were part of the emotional quality of life scale used to collect the data.

A version of this paper is also being presented in November at the National Communications Association annual conference in San Francisco.

Maj. Chris Kasker and Chris Kowal were presented the Best Paper Award at the 7th annual International Conference on Emotions and Organizational Life.

Courtesy Photo

ASCE honors C&ME professor

Staff Reports

Department of Civil and Mechanical Engineering Department Head Col. Steve Ressler was named the American Society of Civil Engineers Outstanding Projects and Leaders award in the Education category for 2011.

Ressler was honored for his 31-year Army engineering career and specifically for developing and leading, among other things, the ASCE Excellence in Civil Engineering Education Teaching Workshop for the past dozen years and service as director of the West Point Bridge Design Contest.

"Steve is a huge contributor to both ASCE and ABET (Accreditation Board for Engineering and Technology)," said Dean of the Academic Board Brig. Gen. Tim Trainor, "the accreditation organization for our engineering programs."

Established in 1999, OPAL, ASCE's highest award, recognizes and honors outstanding civil engineering leaders whose lifetime accomplishments and achievements have made significant differences in one of five categories: Construction, Design, Education, Government and Management.

MILITARY APPRECIATION

Story and photos by Tommy Gilligan
Assistant Editor/Photo

West Point's Family and Morale, Welfare and Recreation Directorate hosted the annual Military Appreciation Day at Lake Frederick on Aug. 12, with nearly 600 active duty Soldiers and their Families in attendance.

The first Military Appreciation Day was held in May of 2006. Its origin stemmed from a newspaper article published in Wilmington, N.C., about local restaurants refusing service to a group of Marines recently returned from deployment overseas. Several community members were outraged by the story. They visited those restaurants and met with the young Marines.

Overwhelmed with the desire to show appreciation to American servicemembers, the idea of Military Appreciation Day was born, and after two months of planning, men and women from all five branches of the Armed Forces arrived for the inaugural event on May 20, 2006.

The message shared at West Point last week was in the same spirit as its origin, with FMWR and the local community volunteering their time to show their appreciation toward the academy's active duty component.

The theme of the day was all about fun—from barbecue to various games and activities for adults and children alike.

However, for some, there was also a very important mission for the day—winning the Commander's Cup.

As each team competed valiantly through the gauntlet of athletic events that challenged their strength and quickness, that goal was included in their actions.

Each team comprised primarily of active duty members played in a elimination tournament through each event and MEDDAC took first place overall, accumulating 45 points and edging out VETCOM by three points.

Sgt. Sam Innocent, along with his teammates from MEDDAC, dig into the sand as friends and co-workers cheer them on against the Military Police during the first round of the tug-o-war, Aug 12. MEDDAC went on to win the tug-o-war and the Commander's Cup during the annual Military Appreciation Day at Lake Frederick.

(Left) A player from Team VETCOM jumps to tap the ball past the Military Police Company team during the final set of the volleyball championship. (Center, left) Attendees at the event enjoy a free buffet hosted by the Directorate of Family and Morale, Welfare and Recreation. (Center, right) Children enjoy bouncing in the bounce house while their parents look on. (Bottom) An attendee takes a row boat across Lake Frederick during West Point's third annual Military Appreciation Day.

What's Happening

(New Info) Save the Date

The West Point Women's Club and the Daughters of the U.S. Army scheduled a welcome event for Margaret Huntoon and Donna Brazil from 7-9 p.m. Sept. 8 at the Thayer Hotel.

Mark your calendars. More information will follow in future issues of the *Pointer View*.

West Point Women's Club Events

The WPWC Gift Shoppe is open from 10 a.m.-2 p.m. Friday.

The shoppe is located near the Subway parking lot.

Join the WPWC for a welcome boat ride down the Hudson River on the Superintendent's boat from 6-9 p.m. Aug 25.

Boarding begins at 5:45 p.m. at South Dock. Snacks and beverages will be served.

RSVP to *wpwcreserve@hotmail.com*.

(New Info) Pack 23 Cub Scout sign up

Sign up and information briefings for West Point Cub Scouts will be held at 6:30 p.m. Aug.27 in the West Point Elementary School multi-purpose room.

All Cub Scout eligible West Point youths are invited to attend.

For additional informaiton or answers to questions, contact Col. Grant Crawford at 446-3851.

West Point Early Bird moved

The e-mail version of the WP Early Bird ended July 16 and transitioned to the new West Point Knowledge Management portal.

Go to **https://portal.westpoint.edu/Dashboard.aspx** and choose the tab called "West Point News."

This brings you to the "Daily News" page which includes the West Point Early Bird at the top in its current form—"Today's Early Bird."

The WP Early Bird is only updated Monday-Friday.

You must have Vista to access the KM site.

All archived versions through July 16 are still available on the sharepoint page.

Catholic Religious Education Classes at the Chapel of the Most Holy Trinity

Register for Catholic religious education classes at Chapel of the Most Holy Trinity. Classes begin Sept. 12.

There is a Catechist Orientation meeting at 7 p.m. Aug. 23 and RCIA inquire night is at 7:30 p.m. Aug. 24.

For more information, call Cindy Ragsdale at 938-8761.

Hudson Valley Blood Drive

The Hudson Valley Blood Services will conduct a blood drive Aug. 23-26 at Eisenhower Hall ballroom from 11 a.m.-7 p.m. Aug. 23-25 and 11 a.m.-6 p.m. Aug. 26.

Walk-ins are welcome, but those who wish to make an appointment can call Mary Mandia at 938-2583.

Apheresis platelet services are available for those individuals who wish to donate platelets and will be seen by appointment only.

Call 924-760-3177 or sign-up online at **www.nybloodcenter.org**.

To register with the C.W. Bill Young/DOD Bone Marrow Donor Program, do so at the time of the blood drive.

Army Education Center

John Jay College MPA at the West Point Army Education Center is now accepting applications for the fall session.

Deadline to register is Aug. 31.

For more information, call (845) 446-5959 or (860) 430-9468, or e-mail *jjcwestpoint@yahoo.com*.

Basic Motorcycle Training course

The next Basic Motorcycle Training course is scheduled for Aug. 26-27.

For more information, call Sandy at 938-3717.

Register at **https://airs.lmi.org/default.aspx**.

Prayer Shawl Ministry

Do you love to knit or crochet or teach others to crochet?

The Post Chapel 12:30 p.m. Protestant Service is beginning a prayer shawl ministry to provide shawls to those who have lost loved ones, are experiencing distress or are overcoming an illness.

This ministry is part of the Health Ministry.

For more information, contact Revita Page at 446-0820 or e-mail her at *getreal44@hotmail.com*.

The Barclays golf playoffs

The Barclays golf playoffs at the Ridgewood Country Club in Paramus, N.J., invites active duty/retired and reserve military personnel and their dependents free of charge Aug. 24-29.

Present a valid CAC/military ID and downloaded complimentary military tickets from **www.thebarclaysgolf.com** and present them when you arrive.

Events include a military appreciation day Aug. 25 featuring a color guard, a National Anthem performance and a military appreciation ceremony on the 18th green.

Children 18 and under get in free with a ticketed adult. For tournament details, visit **www.barclaysgolf.com**.

Post Chapel

The Post Chapel needs watch care providers for Sunday mornings and Protestant Women of the Chapel Wednesdays.

For more information, call Andrianne Stiff-Adams at (914) 382-2392.

Women's Equality Day

The West Point Equal Opportunity Office and the William E. Simon Center for the Professional Military Ethic are hosting a Women's Equality Day observance luncheon 11:30 a.m. - 1 p.m., Aug. 26 at the West Point Club Grand Ballroom.

The theme for the observance is "Celebrating Women's Right to Vote."

The guest speaker is Anucha Browne-Sanders, a former executive of the NBA's New York Knicks, currently the senior associate athletics director for marketing and senior woman administrator at the University at Buffalo.

Points of contact for the event are Sgt. 1st Class Dwayne Key, USCC EOA, at 938-8456; Master Sgt. Ryan Goldsmith, installation EO office, at 938-2581; Maj. Casey Moes, SAC-R, at 938-2494; and Capt. Elizabeth Mason, installation EO office, at 938-7082.

PWOC annual kickoff

The Protestant Women of the Chapel is having its annual kickoff from 9-11 a.m. Aug. 25 and 7-9 p.m. Aug. 26 at the West Point Chapel.

The theme is "Shine in the Light of His Glory."

Child care is provided, but parents must pre-register for the child care.

For more information, call 926-1965 or 839-0122.

Highland Falls/West Point Farmer's Market

The Highland Falls/West Point Farmer's Market runs through Oct. 31.

The market is located at the Municipal parking lot across the street from the West Point Museum and Sacred Heart Church from 9 a.m.-2 p.m. every Sunday.

(New Info) Patriot Day Gold Scramble

Come and enjoy 18 holes of golf with a cart, cookout and fun times at the Somers Pointe Country Club in Westchester County Sept. 12 at 9:30 a.m. for a nominal fee.

The golf scramble helps the Folds of Honor Foundation, the scholarships for dependents of fallen Soldiers.

Respond to Joe Damore at *rigatoni500@aol.com* or call 914-241-0261 for more information.

(New Info) Volkssport Club of West Point

Join the Volkssport Club of West Point Aug. 29 for a pre-walk breakfast and social hour at Park Restaurant, Main Street, Highland Falls at 8 a.m.

Register to walk at 9:15 a.m. at the West Point Visitor's Center.

There are 5 k and 10 k trails with a difficulty rating of two.

The walks are on sidewalks throughout West Point and suitable for strollers.

Wheelchairs are not recommended due to hills.

The walk is free but AVA credit has a fee.

This walk qualifies for many AVA special programs, to include Artistic Heritage, Authors and Literary Landmarks, Cemetery Stroll, Firehouses, Forts of the U.S., Historic Churches, and Law Enforcement.

For more information, call 845-446-4709. or go to **www.ava.org/clubs/westpoint**.

FMWR Blurbs

(New Info) Bike Rodeo

West Point's Annual Bike Rodeo is from 10 a.m. – noon Saturday at the West Point Middle School.

Kids, bring your bikes to be registered, run through the proficiency course and meet Darren the D.A.R.E. Lion.

For more information, call 938-0249.

WPC's Enlisted Soldier Night

Play Wii Rock Band from 4:30-9 p.m. Friday at the West Point Club's Hudson Room and Patio Deck during a free Enlisted Soldier Night.

Beverages will be available for purchase and the kitchen will be grilling burgers, ribs, and chicken served with a salad, potato bar and corn on the cob.

For more information, call 938-5120.

WFSG Hearts Apart Support Group

The WFSG Hearts Apart Support Group is presented by ACS' Mobilization and Deployment Program.

The support group is for the Families of deployed Soldiers.

A group meeting will be held from 5:30-7:30 p.m. Saturday.

Dinner and special activities will be provided for the entire Family.

Group meetings will take place at Youth Services, Bldg. 500. For more information, call 938-5658.

Celebrate "Right Arm Night"

At the West Point Club's Hudson Room and patio deck from 5-9 p.m. on Aug. 26.

Enjoy a free BBQ featuring grilled ribs, hamburgers and hot dogs as well as potato salad and coleslaw.

For more information, call 938-5120.

Burn Your Own Steak Night

At the West Point Club's Hudson Room and patio deck from 5-9 p.m. on Aug. 27.

Although called Burn Your Own Steak Night, we will have a cook available to prepare what you select.

Ribeyes, New York Strip, and T-Bone steaks will be offered by the ounce.

There will be grilled chicken breasts and various salads available too. For more information, call 938-5120.

West Point's Career Expo

A career expo will be held from 10 a.m. - 2 p.m. on Sept. 8 at the Thayer Hotel.

The expo is hosted by Army Community Service, Employment Readiness Program along with **Military.Com** and NCOA.

Military.com, the largest online military membership organization, and the Non Commissioned Officers Association have joined forces for this expo, which is designed to place separating and retiring veterans and Family members in direct contact with companies and corporations seeking individuals with military training and experience.

Individuals looking to attend the Career Expo may register to attend the event online at **www.military.com/career-expo/**.

For more information, call Amy Rodick at 938-5658.

Fit EDGE! Fitness Rangers

Fitness Rangers is for children in grades 3-5 enrolled in CYSS programs.

The classes run Thursdays from 3:30-4:30 p.m. Sept. 9-30.

Enroll at CYSS Parent Central at the Lee Area CDC.

For more information, call 938-4458.

Family Child Care Program

The FCC program is looking to train individuals interested in providing child care services from the comfort of their homes.

You can choose from working with children ages 6 weeks through 12 years, for hourly, full/part time, before/after school, and weekend/evening care.

For more information, contact Elizabeth Peralta at 938-6170 or *Elizabeth.Peralta@usma.edu.*

Instructors needed

Certified Spinning instructors are needed at the FMWR Fitness Center.

Contact Rita Tenuta at (845) 446-3630 if you are interested.

New Location for CYSS Registration

All Child, Youth and School Age Services registrations will be located in Bldg. 140, Buckner Loop.

All sports, SKIES, SAS, Youth Center and CDC registrations will now take place at Bldg. 140—located behind the FMWR Fitness Center.

All sports programs require a current sports physical prior to registering children.

Registration hours are 8:30-10 a.m. by appointment only. Drop-in enrollment and appointments can be made from 10 a.m.-5:15 p.m.

For more information, call 938-3921.

Wanted—Coaches for Youth Services

Youth Services programs rely on the support and contributions of their volunteer coaches.

All training is supplied by the Youth Sports Office for new and returning coaches.

If you are interested in coaching, call Brian at 938-3550 or Erin at 938-8896.

Win Zumba gift certificates and prizes

Each time a member attends a Zumba class at 6:45 p.m. Tuesdays or 10 a.m. Thursdays, you will earn one raffle ticket.

The contest runs through August with a raffle draw at the end of each month.

For more information, call 938-6490

Child Care Available for Football Saturdays

Child care will be provided from 9 a.m.-4 p.m. for Football Saturdays at the West Point CDC Registration is nine days prior to the game day.

For child care fees and more information, call 938-3921.

Game Date	Reservation Deadline
Sept. 11	Sept. 1
Sept. 18	Sept. 8
Oct. 2	Sept. 22
Oct. 30	Oct. 20
Nov. 6	Oct. 29

Recreational vehicle storage rules revamped

Submitted by Directorate of Family and Morale, Welfare and Recreation

Over the past couple of years, recreational vehicle (RVs, boats and trailers) owners have had to move and re-locate their RVs during football season and other special events to make room in the parking areas, because the old RV storage lot that has now become part of the U.S. Military Academy Preparatory School construction site.

No longer will this be the case. Effective Aug. 23, RVs will be assigned a permanent storage location on West Point under the RV Storage Program, organized by FMWR Outdoor Recreation Branch.

The areas for permanent storage designations are located on the Access Road to the rear of the PX and Commissary, behind the Stony Fire Station and South Post overflow parking lot. Details on the size of parking spaces were available Wednesday from the Outdoor Recreation Branch.

Owners of vehicles currently in these spaces will be contacted with further instructions. Each RV spot will be assigned with a number.

As required by Army Regulation, all RVs are required to register through the Directorate of Emergency Services at Bldg. 616 before being eligible for an RV storage slot. Only West Point residents will be eligible for RV storage here—one vehicle per family. Residents living off post are encouraged to check the yellow pages for alternative storage options.

Outdoor Recreation will monitor all storage areas, ensure areas are kept clean and properly marked and ensure all RVs are properly registered through DES before RV storage slot assignment. There is a monthly fee or one can pay quarterly for the storage. Fees are due by the 1st of each month and a late fee will be added to the storage bill for each day late. The fee schedule goes into effect Sept. 1—there will be no charge for August.

Revenues received by the FMWR Outdoor Recreation program support the RV storage program, as well as contribute to the overall capital replacement programs within the community recreation programs at West Point.

Beginning Aug. 23, FMWR Outdoor Recreation at 938-3791/2503 will accept reservations for the slots. RVs may be parked in assigned slots upon registration. To review the SOP on RV Storage, go to **www.westpointmwr.com** under Outdoor Recreation.

All RVs currently parked in "D" Lot must vacate not later than Sept. 1.

For questions or additional information, contact Recreation Division Chief Thane Kelley, 938-8249 or Susan Jones, 938-6127.

PointerView

Help us tell the West Point Story by submitting your ideas to: Eric Bartelt, managing editor, at 938-2015/3883, or e-mail **eric.bartelt@usma.edu**.

Story submissions should include point of contact information (name, phone number, e-mail address).

Constitution Island hosts reenactors this weekend

Submitted by Constitution Island

West Point's Constitution Island and the Constitution Island Association will host the annual Reenactment Weekend from 10 a.m.-4 p.m. Saturday and Sunday.

Approximately 100 uniformed troops representing the American Revolution and the Civil War will perform an array of activities to include tactical weapon demonstrations, inspections, formations, musket firings, artillery demonstrations, camp life and drills.

The event features non-stop activities depicting Gen. George Washington's efforts to defend Fort Constitution and Fortress West Point over the course of the American Revolution.

Additionally, this year's event will include a Civil War camp to offer a preview of the Sesquicentennial of the bloodiest of America's wars.

Constitution Island's Resident Manager Roddy MacLeod welcomes members of the West Point, Highland Falls and Hudson Valley communities to one of his favorite weekends of Constitution Island's calendar.

Retired Col. Jim Johnson, the Military Historian of the Hudson River Valley National Heritage Area and one weekend's sponsors thinks the event will be of interest to many.

"You will enjoy the chance to celebrate Fort Constitution's role in the American Revolution as part of Fortress West Point––what General Washington called the Key of America—and to remember New York's pivotal role in the Civil War," Johnson said.

Boats to the Island depart West Point's South Dock at 10:15 and 11:15 a.m. and 12:15, 1:15, and 2:15 p.m. and depart the island on the half hour until 4 p.m.

Bus transportation is available at the south end of the Cold Spring Metro-North Train Station.

Chalet on the Hudson will "man the grills" and offer sausage and peppers, hotdogs, burgers, snacks and drinks for purchase. Boat reservations are not required, it is suggested you get "on board" early. Donations for tickets are accepted (and suggested amounts will be listed at the event).

For additional information, contact MacLeod at 938-4105 or at *Roddyci@aol.com.*

Leap into Fall, pledge to get fit with IMCOM Challenge

By IMCOM Public Affairs

SAN ANTONIO, Texas—The Department of Defense's "Leap Into Fall" Fitness Challenge kicked off Monday, challenging DOD personnel to include more physical activity in their daily routine.

Each participant is challenged to get at least 30 minutes of physical activity at least five days a week. The DOD goal is to log more than1.5 million hours of physical activity by the end of the challenge on Oct. 31.

Civilians are encouraged to assess their emotional, spiritual, social and Family fitness with the Global Assessment Tool (survey). The GAT, located at **www.army.mil/CSF/**, is part of the Comprehensive Soldier Fitness.

The vision of the CSF is to create an Army of balanced, healthy, self-confident Soldiers, Families, and Army civilians whose resilience and total fitness enables them to thrive in an era of high operational tempo and persistent conflict.

The Army's Installation Management Command is also encouraging its workforce to complete the GAT survey prior to joining the challenge.

The tool allows participants to assess themselves on the dimensions of emotional, spiritual, social, and Family fitness at **www.army.mil/CSF/**. The survey is available to Soldiers, Army civilians and Family members.

Challenge contestants may choose from more than 100 activities, including a wide range of sports and games—even Nintendo Wii Sports.

The emphasis is not on what participants do, but on working toward improved health and readiness in whatever way they find fun and motivating.

The Fitness Challenge is part of a year-long DOD employee wellness campaign that aims to increase employee awareness of and commitment to the elements of a healthy lifestyle, including physical activity. The DOD challenge is linked to the President's Challenge, which began as a national youth fitness test and is now a series of programs designed to help improve anyone's activity level.

Installation Management Command has formed the "Army IMCOM" team to encourage command members to participate, health permitting.

To join the team, go to **www.presidentschallenge.org/login/register_individual.aspx** and use the group ID number 90878.

The website also has information on how to register as an individual or start a group.

DOD personnel who log in at least 30 hours of physical activity from August through October will receive certificates of achievement, with special recognition going to the three individuals and groups who record the most hours over the three-month period.

Keller Corner

KACH Outpatient Clinics Closures

All Outpatient Clinics, Laboratory, Pharmacy and Radiology will be closed Sept. 3 (Training Holiday) and Monday Sept. 6 (Labor Day). The Emergency Room will remain open.

Refractive Surgery Seminar

The KACH ophthalmology service will conduct a Refractive Surgery Seminar from 7:30-8:30 p.m. Sept. 7 in Robinson Auditorium.

The seminar is open to cadets and active duty Soldiers interested in obtaining laser vision correction. Find out how laser surgery works, the pros and cons of surgery, and how to get treated here.

For more information, call the ophthalmology clinic at 938-2207.

Make the most of your appointments…Arrange your priorities

• Make the most of your time—If you have several things to talk about, let the provider know at the beginning of your visit.

Concentrate on those questions which are most important to you.

• If it's an embarrassing issue to you—Sometimes it's hard to talk about certain subjects.

Don't wait until the end of the visit to finally get up the nerve to discuss them.

No matter how embarrassing your problem, you're not the first person in the world to have it.

• Give the provider relevant information—Be prepared. You will probably be asked about your symptoms, medical history or things that may have caused your problem.

This could include things you ate, strenuous or unusual exercise, places you have traveled or medications you've been taking.

TIP: Write down your problem, your symptoms, where it hurts, how it hurts, when it hurts, and other information at home when it's fresh on your mind. Also write out your questions and uncertainties from your last visit.

DPW CONSTRUCTION UPDATE

• Due to extensive steam line renovations and unforeseen site conditions, the closing of Brewerton Road (Scott Place to Thayer Walk) from 10 a.m.-10 p.m. Mondays, Tuesdays and Wednesdays, and at 10 a.m. Thursday until 10 p.m. Sunday will extend through August. Pedestrian traffic will still be allowed during the road closure;
• Paving of sidewalk, curbs and replacement of pavers in the vicinity of the Superintendent's Review Box and Doubleday Field is ongoing. Only minimal impact to the community is anticipated during the work. Work will continue until the end of August;
• Replacement of sidewalks on Merritt Road between the intersection of Stony Lonesome Road and the parking lot above the Catholic Chapel has started and is expected to take 60 days to complete. Execution of work is weather permitting. To allow a safety margin for the work, one lane of traffic will be restricted with flag person directing traffic;
• Steam line repairs on Ruger Road between Bldgs. 667 and 146/Clock Tower has begun. Ruger Road is closed for approximately 3 weeks ;
• Steam line replacement between the West Point Elementary School and Keller Hospital parking lot has begun and is estimated to be complete by mid-September;
• Stony Lonesome Gate is closed to all traffic from 6-10 a.m. Saturday to allow for the testing/commissioning of the Active Vehicle Barrier security system installed as a part of recent upgrades to the gate. All traffic will be diverted to other gates. Commercial vehicle traffic should use Washington Gate during the closure

NOW SHOWING

in the movie theater at Mahan Hall, Bldg. 752

Friday—The Twilight Saga, PG-13, 7:30 p.m.
Saturday—Grown Ups, PG-13, 7:30 p.m.
—Knight and Day, PG-13, 9:30 p.m.

THE THEATER SCHEDULE ALSO CAN BE FOUND AT **WWW.AAFES.COM.**

Command Channel 8/23

Aug. 20-26

Army Newswatch
(broadcast times)
Thursday, Friday and Monday through Aug. 26
8:30 a.m., 1 p.m. and 7 p.m.

Aug. 24 - 6-7 p.m. - Town Hall Meeting (LIVE)

The Point
(broadcast times)
Thursday, Friday and Monday through Aug. 26
8 a.m., 10 a.m., 2 p.m. and 6 p.m.

Weekly Sudoku by Chris Okasaki, D/EECS

		3		1	7	8	5	
	6	4		9				
	7	5	2		6			
3			5					2
2			8		3			4
7					1			9
			7		2	4	6	
				5		3	7	
	3	7	1	6		2		

Rules: Fill in the empty cells with the digits 1–9 so that no digit appears twice in the same row, column, or 3-by-3 box.

Difficulty: Easy

West Point Band

Music Under the Stars

"Kind of Blue"

The Jazz Knights

Play the music of

Miles Davis

Sunday, August 22, 7:30 p.m.
Trophy Point Amphitheatre
West Point, NY

Free & Open to the Public
845-938-2617
www.westpoint.edu/band

BBC adopts Resident's Bill of Rights

Submitted by Balfour Beatty Communities

Recently, Installation Management Command, with input from all its privatized partners including Balfour Beatty Communities, came out with the Resident's Bill of Rights. The document contains a list of fundamental rights and privileges of residents living in Family housing.

All companies associated with privatized military housing are expected to follow it.

BBC has adopted the bill, recognizing that the care, respect and trust of its residents is its top priority. Community Management will provide a copy of the Resident's Bill of Rights to each of the Families residing in Family housing and has posted it to its website—**www.westpointfamilyhousing.com**.

"We endeavor to deliver the highest quality customer service," said BBC Community Manager Randy Tucker, "and the Resident's Bill of Rights exemplifies exactly what we consistently strive for."

According to the bill's list, privatized partners will provide residents with excellent service, honest and straightforward communications, and service in a timely manner. They also will continually strive to be the "best," practice teamwork, treat residents with integrity, respect and professionalism as well as encourage and consider ideas that will aid in achieving continuous improvement and excellent customer service.

"BBC made a long-term commitment to this project at West Point," said Inez Whittington, BBC Regional Vice President, "a 50 year partnership that allows the Company to sit down with the Army and our residents and work through issues together, continuously looking for ways to build upon past successes and fix those areas in need of improvement."

Stay current with all the West Point happenings on Facebook

Visit: **www.facebook.com/WestPointUSMA**

Athletes stand ready as a wave of competitors begins the 800-yard swim at the start of the 21st annual West Point Triathlon on Sunday. More than 600 participated in the event held at Camp Buckner.

Hundreds take on West Point Triathlon

Firstie James Teskey finished his second West Point Triathlon 69th overall with a time of 1:24:15.

Story and photos by Mike Strasser
Assistant Editor/Copy

Before returning to the classrooms, several cadets spent their last day of summer leave enjoying a little swimming, biking and running. They joined more than 600 athletes Sunday at Camp Buckner for the 21st annual West Point Triathlon, hosted by the U.S. Military Academy and the Directorate of Cadet Activities.

This was the first triathlon for Firstie Lauren Bullis who used to watch from the sidelines as her younger sister Jennifer competed in this event the past three years. Lauren reached her goal of finishing under two hours (1:50:36) and was ranked 477th overall. The triathlon capped off a summer that found Lauren in Landsthul, Germany, where she worked on a capstone project before attending Airborne School. Now the co-captain of the Crew Team is focused on her final year at West Point.

"Besides being a little sore, my mind has switched gears completely from getting ready for the triathlon to getting ready for school," Lauren said. "But I am really happy that I did it and plan on doing more in the future—hopefully with my sister so we could push each other a bit harder."

There was little time for triathlon training, as Firstie James Teskey spent his summer interning at Boeing Satellite in Los Angeles, Calif., and attending the Sapper Leader Course and Chilean Mountain Warfare School. Teskey managed to finish the course at Camp Buckner 69th overall with a time of 1:24:15.

"I'm pretty used to a heavy physical workload and, since it's a sprint distance triathlon, I don't anticipate being too tired starting classes on Monday," Teskey said.

Teskey will continue his physical training during his final academic year, preparing for a half-Ironman event in September and a 50-mile run in November.

"It's nice to have the normal schedule and the regular workouts that you can do during the academic year," Teskey said. "I play basketball and soccer with friends and intramural soccer. However, primarily I run long-distance and train for triathlons."

With members of the West Point Triathlon team volunteering throughout the course, Cow Nate Martins hoped a good showing in front of them would improve his chances of making the team this year. Martins was recruited onto the cross country team his plebe year and played intramural soccer, but now he's focused on triathlon tryouts.

"This was my second triathlon and I think I did OK," Martins said. "Running is definitely my strength, then biking because the leg strength carries over. I've had to work on my swimming a lot."

Seventeen-year-old Clayton Petty from Mendham, N.J., finished first overall with a time of 1:06:21. Kristen Goett, previously finishing first at her last youth triathlon, was among the 972 registered triathletes in her first adult event. The 14 year old finished third in her age group with a time of 1:39:49. Maj. Matthew Lorenz, chemistry instructor, recorded the winning time for a military triathlete and finished 28th overall with a 1:18:08 race time. Lorenz received the Grinstead Cup, which honors the memory of David Grinstead, a Marine Corps officer who wanted to recognize the challenge of triathlon and the toughness of military athletes who participate in them.

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Maj. Brian Bailey, course director, worked with Maj. Andy Caine, officer-in-charge of the Triathlon Team, and the team itself to organize and execute the event. Triathletes across the nation registered for the annual West Point race, and with more than half of the participants returning year after year, the feedback was phenomenal, Bailey said.

A number of civilian volunteers and club teams are credited with supporting the Kids Triathlon on Saturday, with 96 competing, and the main event on Sunday. The West Point Crew Team was tasked with oversight on the swim course, to include the starting corral, the buoy placement and swim exit; all while keeping safety a priority. The Nordic Team provided the 25-kilometer bike course, making sure the entire route is free of debris and cleared of traffic. The Marathon Team set up the 5-kilometer run course, establishing water points and aid stations along the way. Bailey said the volunteers measured every step of the route for accuracy.

"Let me tell you, the racers know when the distance is mis-measured," Bailey said.

Parking and directing traffic was tasked to the Alpine Team to alleviate vehicle congestion and get athletes and fans where they needed to be.

"They did an incredible job directing and handling the parking," Bailey said. This was a significant part of the organization of the race."

The Grappling Team assisted with the post-race cleanup to return Camp Buckner from triathlon course to training camp.

"The event was an incredible success and showcased West Point's ability to plan, organize and execute a top-notch world class race event," Bailey said.

Audra Sichler from Patterson, N.Y., receives a little support as she makes her way to the finish line at the West Point Triathlon on Sunday.

(Above) Maj. Matthew Lorenz received the Grinstead Cup for recording the best race time for a military triathlete during the West Point Triathlon. (Above, right) The 25-kilometer bike route took more than 600 triathletes on a trip outside Camp Buckner along Route 293 to Camp Natural Bridge.

Sign up for Staff & Faculty Flag Football

The Directorate of Family and Morale, Welfare and Recreation's Sports Office has announced sign-ups for the 2010 Staff & Faculty Flag Football League.

The league is open to all USMA Departments and units, as well as Stewart Air National Guard and Marine units. Departments and units may combine personnel to form a team. The season will start on or around Sept. 8 at Shea Stadium.

For more information or to register a team, contact James McGuinness at 938-3066. Deadline to register a team is Aug. 27.

West Point Cycling competes

The West Point Cycling Team competed this past weekend in conference velodrome races in Trexlertown, Pa., hosted by the Penn State Cycling Team. Racing was fast and furious but cut short because of inclement weather. Although most cycling competitions are held rain or shine, velodrome racing is performed on a banked surface that becomes dangerous when wet resulting in postponing or cancellations of races. Outstanding results before cancellation included Cow Nick Garcia's posting the third fastest 200 meter time of the day with 12.1 seconds, and Firstie Stacie Burak's win in women's sprint competition. In collegiate men's points race finals, Cow Greg Keith and Garcia finished third and fourth respectively. The team is looking forward to improved weather conditions this weekend when conference competition continues at Kissena Velodrome in Queens, N.Y.

Courtesy Photo

ODIA claims summer softball championship

Story and photos by Tommy Gilligan
Assistant Editor/Photos

The summer has come to a close, the dreams of so many will have to wait to be fulfilled possibly next season. The staff and faculty softball league has crowned a new champion after a three-game set under the lights of the Family and Morale, Welfare and Recreation athletic fields Thursday in front of a crowd of Family and friends.

ODIA took home its first intramural softball championship since going back-to-back in 2002-03, by defeating DPE/EE&CS in a hard fought series.

With the picturesque lighting in the first of three sets, ODIA jumped out to an early lead behind Matt Beihle's three-run shot to right field and the well-seasoned arm of pitcher Tommy Mrazek. ODIA never looked back in this game taking a 12-3 victory and a 1-0 lead in the series.

DPE did not lay down at all in the second game; Nate Merrigan held the ODIA's bats in check allowing five runs over seven innings. Merrigan and the DPE defense may have had its best defensive stand of the season in the bottom of the seventh, clinging to a one-run lead to put ODIA down to push the series to a decisive game three.

In the rubber match, DPE jumped out to a 2-0 lead in the bottom of the first inning, keeping what seemed to be the momentum from the previous game. However, in the top of the second, ODIA captured a 3-2 lead behind three straight singles, striking a crucial blow against its opponents. They took the game 15-2 and the series' victory.

For both of these two teams to advance to finals they had to battle their way through the division finals.

DPE upset top-ranked SE, winning two of three contests, while ODIA swept DPW to win the South Division.

(Above) Ron Kontura bats for the championship ODIA team during the season finale Thursday. (Right) Kenny Hall turns a double play in the second inning for ODIA en route to a 12-3 win in the first game over DPE/EE&CS.

Fanatasy Football players invited to compete

By Tim Hipps
FMWRC Public Affairs

Morale, Welfare and Recreation patrons from all five branches of the U.S. military are invited to play in a free fantasy football league with $100,000, a trip to Super Bowl XLV, and championship rings on the line.

Participants can create an account and begin drafting teams to compete in the RapidDraft Fantasy Football League at **www.mwrfantasysports.com.**

Registration and all drafts must be started by Sept. 12 at 8 a.m. EDT. Do not wait until deadline time because draft rooms could be full and computer servers can get overloaded, so draft early.

And draft often. Each player can field as many as 60 teams, each of which will draft and play a full season of fantasy football games against 11 Fantasy Football Professionals, including Joe Namath, MVP of Super Bowl III. The league is open to all Active Duty personnel, their Family members, Retirees, Reservists, National Guard, DOD and Coast Guard civilians.

The overall military winner, based on the accumulation of points throughout the season, will win a trip for two to Super Bowl XLV on Feb. 6, 2011, at Cowboys Stadium in Arlington, Texas.

The winner from each branch of the military – Army, Navy, Air Force, Marine Corps and Coast Guard – will receive a custom championship ring. All MWR contestants also will compete for the national grand prize of $100,000.