



Super Saturday

Yearling Miguel Moyeno, from Company A-2, rappels down the back wall of Cullum Hall as a trainer from the Mountaineering Team belays. The training was part of Second Regiment's eight-hour military training March 6, also known as "Super Saturday." Firsties and Cows from each company set up five sites and trained squads in rappelling, Soldier first response, communications, weapons familiarization, reflexive fire and marksmanship. Super Saturday is a culminating event that brings together a collection of important military training that cadets have been practicing all year.

FIRSTIE BILLY HUANG/HOWITZER

West Point youths invited to Speak Out

By Mike Strasser
Assistant Editor/Copy

"Children should be seen and not heard" was a sentiment expressed generations ago, but nowadays, they're speaking out in a good way.

Speak Out for Military Kids is a program created by Operation: Military Kids to provide community service opportunities for military children across the country. The program is designed to raise community awareness of issues faced by geographically dispersed military children and foster community support for the sacrifices military Families make.

West Point has been chosen to establish the Hudson Valley

3 Things to Know About Speak Out for Military Kids

- 1.) SOMK is open to both military and non-military youths in grades 7-12.
- 2.) SOMK is a core program of New York State Operation Military Kids.
- 3.) Participants gain valuable leadership, research and public speaking skill.

SOMK team for students in grades 7-12, and more than a dozen gathered at Army Community Service Feb. 9 for an informational meeting. Amy-Jo Johnson, the Mobilization and Deployment Readiness program manager at ACS, said the program is a joint effort between ACS, Child, Youth and School Services and the Cornell Cooperative Extension of Jefferson County.

"I was really happy that we had so many kids come to the meeting," Johnson said. "Just the fact we needed to bring more chairs into the room says a lot."

She noted the good mix of both military and non-military youths in the room, which will contribute different perspectives to the team.

"The issues that affect military children also affect non-military children as well," Johnson said. "You could be best friends with someone for two years and then they move to another installation, or a parent is deployed and you find yourself helping your friend cope. It's always good to get different perspectives."

During the video teleconference, Tom Wojcikowski, the New York State 4H Military Clubs and SOMK coordinator, provided an overview of what activities they can look forward

See **SPEAK OUT**, Page 2

School Board Elections for West Point Schools

Submitted by West Point Schools

The West Point School Board has announced that an election will be held May 12 to fill four vacancies on the Board.

School Board members are actively involved military community members who demonstrate interest in one of the most vital aspects of our American way of life—the education of our young people.

We would like to encourage all interested community members to submit petitions to run for a position on the West Point School Board.

Beginning April 12, petitions will be available in the following locations:

- Office of the NY&VA DDESS Superintendent, Bldg. 705. Contact

Eileen Ellingsen at 938-3506 or e-mail her at Eileen.Ellingsen@am.dodea.edu;

- Youth Services, Bldg. 500;
- Office of the Directorate of Family and Morale, Welfare and Recreation, Bldg. 681.

The completed petition, with the signature of one eligible voter, must be returned to the NY&VA DDESS Superintendent's Office by close of business April 26, for names to be placed on the official ballot.

School Board members are elected by parents of children attending school at West Point Elementary and Middle Schools and serve a two-year term; however, a two-year commitment is not required.

Voting will take place May 12 at a location to be determined.

SPEAK OUT, cont'd from page 1

to as team members.

"This is a teen speakers' bureau for military and non-military youths to come together and build a message to create community awareness about what it's like to be a military youth," he said.

Wojcikowski told the group of pre-teens and teens what other teams have done in the past, to include a board game modeled from "The Game of Life."

A SOMK team in Iowa designed "Deployment: It's Not a Game," which takes players through a deployment from the perspective of a military Family.

The purpose of these projects, Wojcikowski said, is to educate schools and community organizations about the issues facing military youths and their Families.

The official kickoff is scheduled

at 9 a.m.-4 p.m. April 10 and 1-4 p.m. April 11, at the Buffalo Soldier Pavilion, which will include team-building exercises, games and brainstorming ideas for a service project.

In the meantime, the team was asked to think about a communication plan—what message they want to promote and the medium in which they can promote it.

"The possibilities are endless to what you can do," Wojcikowski told the team. "We're there to assist you, but it's all lead by you."

Not only will the team gain practical leadership and organizational skills, Wojcikowski said being a member could be beneficial when considering college admissions.

Johnson said there is still room for more students to join the team.

To learn more, call 938-5654.

Celebrating Passover

By Chaplain (Maj.) Shmuel L. Felzenberg

Passover is the 3,322 year-old Jewish holiday observance which commemorates freedom. Simply put, and as commonly understood, the freedom celebrated is the biblically recounted Exodus of the Israelite masses from ancient Egypt. The Lord heard the cries of their affliction, sent a redeemer (Moses) and emancipated them from their bondage under Pharaoh.

It is an eight-day holiday which starts this year on the evening of March 29 and concludes at nightfall April 6.

Passover is observed primarily through dietary requirements (obligations and restrictions), to include the mandatory eating of Matza (unleavened bread) and the avoidance of all Chometz (leaven items such as bread, crackers and cake), as well as the recounting of the Passover Exodus story at a ritual dinner meal held on each of the first two nights of the holiday (Monday and Tuesday).

Passover gets its name from the fact that during the 10th and final plague, as recounted in the Bible, the Lord would "pass over" the Israelite houses but would smite the first born of the Egyptian households, thus bringing Pharaoh and his people to their knees.

Passover abounds in meaningful traditions and is rich in symbolism.

However, when we talk "freedom" there surely must be more to this holiday than the memorialization of an ancient emancipation more than three millennia ago. Indeed there is, and in two distinct ways, one more relevant to the present time than the other.

First, tradition relates that were the Israelites not freed under Pharaoh at that time, their descendants, even today, would very well still be

subject to that same bondage and enslavement of body, mind and soul.

Thus by the Lord intervening and freeing those oppressed masses, He in turn has provided the freedom to their descendants (physical and/or spiritual descendants) for all time, even to this day.

Secondly, and not only relevant to the present but indeed to every single individual wherever they may be, is personal freedom.

True personal freedom of mind, soul and spirit; these elements are made possible via the Passover message and miracle.

Namely, that through faith in G-d and adherence to His timeless principles of morality and goodness, only then and through such can we hope to achieve true personal freedom of mind, soul and spirit.

Through proper divine servitude we can be set free and liberated from the potential enslavement and entrapment of our own limitations and constraints as finite human beings.

In fact, the Hebrew word for Egypt (e.g.—Mitzraim) comes from the root word of great similarity (e.g.—Meitzar or Meitzarim in plural) which means "limitations" or "constraints."

For indeed, by freeing the ancient Israelites from both Egypt as well as their own limitations, the Lord has afforded us all that power and potential even this very day.

It is therefore no wonder that the cornerstone of America's founding is that of freedom, and specifically freedom of religion, for by faith we can go beyond our own limitations and achieve greatness as individuals and as a society.

This indeed is the surest path toward ultimate fulfillment of the "pursuit of happiness." A "life" without "liberty" (or freedom), however, can never truly hope to achieve that same happiness.

SHARP

The members of the Sexual Harassment/Assault Response and Prevention program are Maj. Maria Burger (USMA/USCC), Shelley Ariosto (Garrison), Dan Toohey (Victim Advocate), Lt. Col. Kim Kawamoto (ODIA) and Bernadette Ortlund (Dean). Community members can e-mail Burger at Maria.Burger@usma.edu for advice or to offer any recommendations on the program here. Cadets also can call the sexual assault support helpline at 591-7215. West Point Soldiers and civilians needing assistance can call 938-3369.

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For information, call
(845) 341-1100

Lt. Gen. Buster Hagenbeck
Superintendent

Lt. Col. Brian Tribus
Director of Communications

Linda L. Mastin
Chief, Web & Print
Publications Branch
938-8366

Eric S. Bartelt
Managing Editor, 938-2015
Tommy Gilligan
Asst. Editor/Photo, 938-8825
Mike Strasser
Asst. Editor/Copy, 938-3079
Kathy Eastwood
Staff Writer, 938-3684

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Weekly Sudoku by Chris Okasaki, D/EECS

Rules: Fill in the empty cells with the digits 1-9 so that no

		7	2					
			4				5	6
	8	9		3		4		2
6		3	5	4				9
8				6				5
1				9	2	8		3
2		4		7		5	1	
9	5				4			
					5	6		

Difficulty: Easy

digit appears twice in the same row, column, or 3-by-3 box.

See SOLUTION, Page 10

Viva! Las Vegas delayed, but still a roaring success

Story and photo by
Kathy Eastwood
Staff Writer

The West Point Women's Club annual fundraiser was a "huge success," according to Deanna Grande, First Vice President of the WPWC Grants and Scholarships, despite all the challenges it took to launch this annual event.

Viva! Las Vegas had to be rescheduled due to a major snowstorm for a weekday, but the volunteers took it in stride, regrouped and held the event March 11 at the Thayer Hotel.

"This Viva! Las Vegas was a huge success," Grande said. "Thanks to the 125 volunteers who put in more than 2,000 hours (creating) donations for baskets and prizes from the community, and the tremendous support from the Thayer Hotel."

Along with the usual gaming tables, such as craps and poker with mostly instructors and professors volunteering as dealers, a few new attractions and opportunities were put in place. A couple were a dinner buffet and the availability of the Child Development Center for childcare.

"Silent and live auctions were other events people enjoyed along with bingo, casino chance and a special buy-in Texas Hold-em tournament," Grande said.

There was glamour along with a twist of humor as volunteers wore all black dresses or pantsuits with 'diamond' DIVA brooches.

"We did this just for kicks,"



Lt. Col. Wiley Thompson, academy professor in the Geography and Environmental Engineering Department, plays dealer at the Viva! Las Vegas fundraiser March 11 at the Thayer Hotel. Thompson was one of 125 volunteers to offer his time to the fundraiser.

Carrie Henderson, Viva! Las Vegas Chairperson said. "It makes it easy for people to identify us and to ask questions."

Henderson said she didn't think the change in date would change peoples' minds about coming.

"We had a great pre-sale for the dinner and had parents from the plebe-parent event ask about it," she said. "Besides, we have great gift baskets that were donated by faculty members, community members and Balfour Beatty Communities."

Some examples of the silent auction baskets were a parachute jump with Col. Tom Kolditz, Behavioral Sciences and Leadership professor and department head, and a wine-themed basket; a GPS and travel items from Geography

and Environmental Engineering; international drinks from the Department of Foreign Languages; and a Mary Kay Basket from the Girl Scouts.

Money raised from this event benefits West Point and the local community through Graduating Senior Scholarships, grants and Member Awards, which assist a member of the WPWC in updating their profession or continuing their education toward a degree.

"Every spring, the West Point Women's Club offers thousands of dollars in welfare grants to the greater West Point community from funds raised at our events," Grande said. "Welfare grants are available to organizations at West Point and in the surrounding areas."



Poster winners

The West Point Middle School announced March 10 two winners from its school in the 2010 Countywide Alcoholism and Substance Abuse Prevention Poster Contest. Seventh grader Annie Flowers (left) and eighth grader Carmen Gomez-Molina both earned Honorable Mention awards. Approximately 1,600 entries were submitted from children throughout Orange County. The school congratulates the two winners and are proud of all of its participants. The winners of the poster contest will be recognized at an awards ceremony April 9 in Middletown. The winning posters will go on tour to be displayed in local malls and government offices throughout the county.

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Projects Day preview: Kinesiology

Story and photo by Tommy Gilligan
Assistant Editor/Photo

In today's Army there is a major focus more than ever on making Soldier training more effective. West Point's 45th and latest academic major, Kinesiology, introduces cadets to that concept as it applies to the study of the principles of mechanics and anatomy in relation to human movement.

The Kinesiology majors will present three projects on Projects Day under the guidance of Department Head William F. Brechue, Ph.D, and his staff.

One project that is now being lead by Cow Michelle Kane with the assistance of former cadet Artem Boyev, among others inside the department, is a study to determine Total Daily Energy Expenditure and the physical activity of West Point cadets and military personnel.

The study will observe correlations between TDEE, physical activity and body competition. Starting with an original sample of 25 individuals participating in the study, Brechue said they expanded the study to 85 which helped form a wider spectrum of data to analyze.

"Once we had our test group, which consisted of 81 cadets and four officers, we gathered data about their body mass index, body fat, limb length among other tests to have a true base for our study," Kane said. "Once we had the data, the participants were given a SenseWear arm band to wear for seven days to determine the TDEE."

During the seven-day span, the participants kept a log on what they were putting into their bodies from food, caffeine, nicotine and alcohol to supplements.

They were also required to write down how much and when they slept, worked out, times they ate, as well as when the armband was worn.

"We asked the participants to keep the band on as much as possible to be able to collect the best data for the study," Kane said, "The only time we told them they could not wear the band was while they were in the pool or showering due to the fact (the armbands) were not waterproof."

The armband determined time lying down, and sleep was labeled as time lying down with little movement.

The efficiency of the sleep was given in



Firstie Jessi Muckelroy prepares to release a pitch during a game versus Siena March 11. Kinesiology majors have been examining the amount of energy that members of the West Point community from corps squad in-season athletes to off-season intramural athletes exert on a daily basis.

a percentage comparing the time lying down without movement to the total time lying down.

For six days the subjects recorded data into a questionnaire covering type, amount and time of consumption of caffeine, nicotine, alcohol and supplements; the quality and start and end times of sleep and naps; meal time of breakfast, morning snack, lunch, afternoon snack, dinner and evening snack; the type, duration and time of exercise; and the time the armband was taken off, time it was put back on and the activity conducted while the armband was off.

After the data was collected from the logs and the armband, the data was compiled and the activity levels were divided into three different groups.

"We divided the activity levels according to the American College of Sports Medicine definition. Then the subjects were divided into further categories by what type of athlete they were, ranging from a corps squad in-season athlete to an intramural sports athlete," Kane said. "The sample was controlled into these groups so a true comparison could be shown in each of the activity levels."

After the data was recorded, the team's initial findings determined a need to expand on the study and continue looking into matters such as the Army standards for the tape test and body fat index.

While this study is just in the beginning stages, Kane believes that it could possibly open the door for future research and perhaps change the way the military looks at weight

and body composition.

As Kane looked back at the experience of working on this project over the past year, being in the lab taught her so much more than she ever could have imagined.

"Overall, working in the lab for the past year on this project has been a huge learning experience," Kane said. "This was a great learning opportunity and has lead to a furthered interest in research and a greater understanding of the human body as it functions and overall within the Kinesiology field."

(Editor's note: This is the first in a series of stories leading up to Projects Day. The stories detail the process before the cadets' final outcome of their research that is exhibited on Projects Day.)

Rwanda President Kagame visits, addresses Class of 2013

Story and photo by Sgt. Vincent Fusco
Dir. of Public Affairs & Communications

Plebe-Parent Weekend is one of the few reprieves that plebe, or freshmen, cadets enjoy in their rigorous 47-month experience at West Point. Among the many faces here to visit their cadets and tour the historic grounds was Paul Kagame, President of the Republic of Rwanda.

As a military freedom fighter, Kagame led the resistance force that defeated Rwanda's genocidal government in 1994. As a current world leader, he promotes international accountability in the fight against ethnic extremism.

The president came to West Point March 13 to visit his son, Ivan, a member of the West Point Class of 2013. Kagame also met with senior academy leadership, toured his son's barracks and addressed the class during the Plebe-Parent Banquet in the evening.

In his speech inside the Cadet Mess Hall, the president directly addressed the challenges of maintaining security and international relations amid the global threat of terrorism.

Though they may appear persistent, Kagame believes there is no reason why a common understanding on sustainable solutions cannot be achieved among nations.

"Security can no longer be perceived solely (through) sovereign state affairs," Kagame said. "What affects one nation has inevitable consequences on others."

Kagame shared with the class a number of concepts directed toward preserving national security.

He promoted the adoption of a holistic concept of human security, in which all "citizens (who) are hungry, uneducated,



President of the Republic of Rwanda Paul Kagame marvels at the cramped space of his son Ivan's (far left) barracks room in Washington Hall during Plebe-Parent Weekend March 13. Kagame was the guest speaker at the Plebe-Parent Banquet.

susceptible to preventable diseases and jobless" deserve equal assistance.

The president also advocated addressing the root causes of conflict rather than its symptoms.

honor and country."

"There is something additional and crucial you get if you go to West Point," Kagame told the nearly 3,000 people in attendance. "This school develops people into leaders."

At the conclusion of his speech, Kagame was presented with a cadet saber, a token of thanks from the Class of 2013 for taking the time to share his personal leadership insights.

"West Point continues to prepare leaders who are capable of facing both contemporary and future challenges for their country," Kagame said. "I believe that the Class of 2013 (has) at their disposal everything they need to succeed."

In Memorium

John Albert Davis Jr., age 86, of Poughkeepsie, died March 18 at St. Francis Hospital, following a courageous battle with cancer. Davis was organist and choirmaster of The Reformed Church of Poughkeepsie from January 1986 until his retirement in October 2009.

Davis interrupted his studies as an organ major at Westminster Choir College in Princeton, N.J., to join the U.S. Army Air Corps as a second lieutenant during World War II. He served with distinction as a bomber pilot in the European Theatre of Operations, flying 66 missions over Germany and its occupied countries.

In 1955, Jack was appointed by President Dwight D. Eisenhower to serve as the organist and choirmaster at the U.S. Military Academy at West Point. During this period, he earned a Master's degree in Musicology from Boston University. In addition to his chapel duties, he taught music appreciation



John Davis Jr.

courses at West Point, and was affectionately known as "Doc" by the cadets because of the honorary doctorate in music bestowed on him by Westminster Choir College. While at West Point, he also directed the Ladycliff College Women's Glee Club for many years.

Davis retired from West Point in 1985, and became the organist choirmaster at the Reformed Church in Poughkeepsie.

Jack is survived by his daughter, Ellen and her husband, Owen; his son, John Alec; his son, Peter and his wife, Irma; two grandsons, George Adam and his wife, Martha, and John Adam and his wife, Erin; and one great-grandson, Riley Adam. He is further survived by several nephews and nieces.

He was preceded in death by his wife of 58 years, Dorothy Ann, and his two brothers, Richard and Harold.

Contact Matt O'Sullivan at the Times Herald-Record at 800-295-2181 or via e-mail at mosullivan@th-record.com for delivery problems.

Breaking taboo: Talking suicide, understanding mental health

Story and photo by Kathy Eastwood
Staff Writer

Suicide is the 11th leading cause of death nationally and the third leading cause of death of young adults ages 15-24, according to the National Institute of Mental Health. Suicide is also an issue within the U.S. military recently because the number of Soldier suicides is at an all-time high.

A community forum to address the issue of mental health was held at the Highland Falls Middle School March 15. The forum's theme was about understanding mental health, depression and suicide prevention by reducing stigma, opening minds and creating hope.

The forum focused on issues of suicide and depression. Suicide and depression affects not only Soldiers, it affects everyone at some point in his or her lives and depression is often at the root of suicidal thoughts.

In 90 percent of suicides, the cause was an underlying mental disorder, whether it is Post Traumatic Stress Disorder, depression or another form of mental disease.

"This is why we are here," Sean Gerow, of the Family Empowerment Council, said. "Suicide is no longer a taboo subject; we need to talk about it."

"In February 2009, a suburb of Chicago had a 10-year-old who committed suicide. The school district decided they needed to do something and in reaction to this, they held a series of forums for the community, just like we are doing now," Gerow added.

Gerow said many people just don't know enough about suicide and depression or the warning signs.

"We want people to have this dialogue and have a discussion to bring this topic to the forefront," he said. "Research is telling us 150,000 teenagers in New York attempt suicide. That means it happens in our community."

Gerow said while at a mental health forum in Washington D.C., he heard the same messages from people who spoke about the suicide of a loved one—that they just didn't

know.

"They didn't know they should be talking to their children about depression, about how they feel or about suicide," Gerow said.

The forum included three survivors who persevered through the suicide of a loved one. John Luedke of the Walter and Edward Luedke Foundation; Annemarie D'Aliso, Patrick Michael D'Aliso Foundation; and Carol Graham, wife of Maj. Gen. Mark Graham, provided stories of loved ones who committed suicide.

They talked about it in the hopes it helps educate others so they will know the importance of talking about depression and suicide.

Luedke told the story of his brother who committed suicide 28 years ago.

"My brother was my mentor and my father figure," Luedke said. "There isn't a day that goes by that I don't think about my brother Walter."

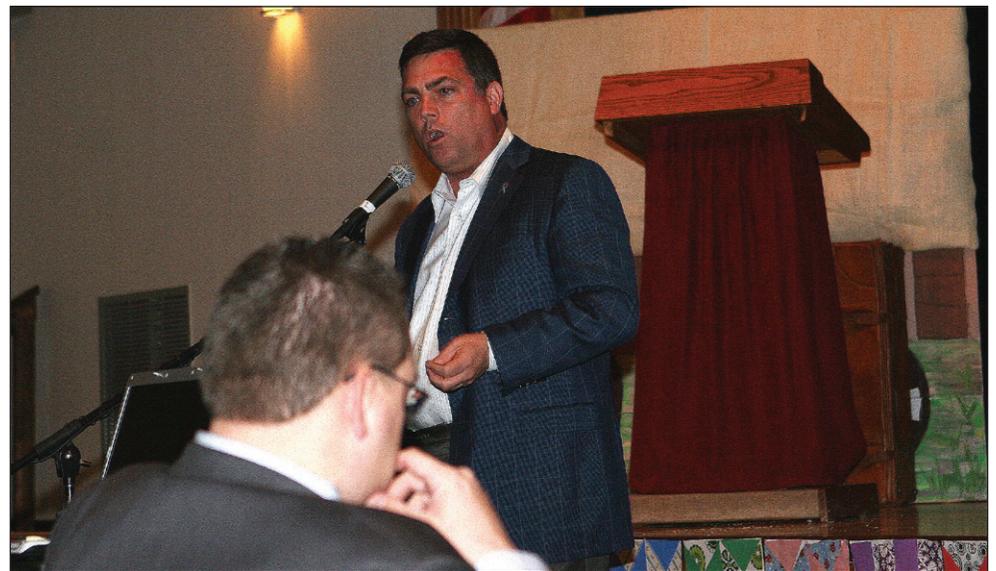
"He never talked about suicide," he said. "I was a typical teenager. My life was my friends, sports and school. I thought that was what life was, about life, not death."

Luedke said his brother suffered from depression, which is an illness that can often go unrecognized.

"We as a community, as friends, guidance counselors, schools and everyone here have thought about (the issue of) suicide and we all have had bad days," Luedke said.

The WEL Foundation works through the community, not just with the issue of suicide and depression, but also helping people who are in need. They provide scholarships to Washingtonville High School Students who pursue education in the field of medicine and public health.

"As parents, we need to let our children know that if there is anything they want to speak about, anything they want to know, they should be able to talk about it," Luedke said. "Whether you are a parent, teacher, student or coach, (we must) have open ears, talk to our children, partners and friends because we all need to go through mental wellness.



John Luedke, from the WEL Foundation, talks to the Highland Falls Community audience attending the community forum on depression and suicide March 15 at the Highland Falls Middle School. Luedke related a story about his older brother who committed suicide and how important it is for people to become educated on what the warning signs are and how to cope with the aftermath.

(Depression) happens to all of us."

D'Aliso spoke about losing her son Patrick to suicide at the age of 16.

"I never thought about suicide, it was never in my thought process," she said. "I thought about accidents or drinking and keeping my children safe. Patrick was in student government, after-school clubs, he was a Section IX champion wrestler and was involved in outreach programs and Habitat for Humanity."

"I knew he was a perfectionist. I knew he obsessed over things and was impatient," D'Aliso added. "What I didn't know is that a young boy's mind does not fully develop until the age of 23 or 24. I didn't know he was on the road of self-destruction (because of his perfectionism and supersensitivity)."

Although being active in school and in after-school activities seems like a normal part of being a teenager, if done to excess, it may indicate a mental disorder or someone who is at a high risk of suicide.

Overachievers or perfectionists are at a high risk for suicide because they generally have a compulsive need to achieve, and by achieving, they feel they have control and can make everything better.

Other warning signs of suicide are losing interest in school, sports and hobbies, change in personality, moodiness, anger, spending a lot of time alone, alcohol/drug abuse, talking about suicide or any change in behavior.

If you know of someone who is depressed or thinking about suicide, call one of the following:

- Helpline: 800-832-1200;
- DIAL 2-1-1: A confidential, multi-lingual, health and human services, information and referral telephone service;
- Mobile Mental Health Team 888-750-2266: provides help to individuals and Families experiencing an emotional or situational crisis;
- National Suicide Prevention Lifeline: 800-273-8255. Veterans press "1."

Domestic Affairs Forum explores NYC

By Mike Strasser
Assistant Editor/Copy

The West Point Domestic Affairs Forum explored New York City March 4-5 to learn about government affairs and met, among several political-savvy insiders, former President Bill Clinton and ABC News journalist Bob Woodruff.

Sitting down with the 15 cadets, Woodruff opened himself up to questions, and Firstie Cadet Molaro, DAF cadet in charge, was curious about when he first knew what career he would pursue.

"He was watching the evening news while in college, and Walter Cronkite was delivering the news in such a fashion that everyone around him were intensely watching. They wanted to learn the news and wanted to know it from Walter Cronkite," Molaro said. "Just to have that impact on people's lives, being able to make a difference really captivated him."

The cadets received a behind-the-scenes look into how the news is produced during the tour of the ABC News studio; then met with Gary Langer, ABC's director of polling.

"The hope of meeting with pollster Mr. Langer was for the cadets to better understand inherent media bias and how to become a critical consumer of news polls," Maj. Faith Chamberlain, officer in charge and instructor at the Department of Social Sciences, said. "Mr. Langer not only discussed his methodology in conducting polls, but he also explained the controls he had adopted for his department to avoid questions of poll validity and reliability."

As a journalist who deals largely with numbers, Langer told the group how significant an impact both words and numbers have in politics. Both can be manipulated in various ways, Molaro said, to create different messages.

The group met the 42nd president at the University Club, and what was supposed to be merely a photo opportunity, continued into a conversation that Plebe Gregory Blackburn said was the highlight of the trip.

"It was an honor for me to have been able to meet one of the few presidents who have been in office during my lifetime, and especially one as influential as President Clinton," Blackburn said. "Some of the stories he shared about his experiences were remarkable and very touching."

The Forum also met with Ted Sorensen, former speechwriter and advisor to President John F. Kennedy.

"Just to be in the same room with this gentleman who helped shape history was an amazing experience," Molaro said.

Two cadets from the Undergraduate Journal of Social Sciences, Nathan Ramia and Nathan Pendleton, interviewed Sorensen for the UJSS interview series.

The Forum also toured the New York Times building, meeting Sam Roberts, urban affairs reporter, and media reporter Brian Stetler.



Fifteen cadets from the West Point Domestic Affairs Forum went to New York City March 4-5 to learn about government affairs, but also got to meet several political-savvy insiders, including former President Bill Clinton.

COURTESY PHOTO

Molaro said the insight they received about the media was valuable as future Army officers.

"There's a very good chance as officers that we're going to be dealing with the media," Molaro said. "I asked Bob Woodruff specifically about the relationship between embedded media and the Soldiers. Mr. Roberts had a wealth of information about New York State and knew the history of every major politician and city demographics. Mr. Stetler, being almost the same age as myself, was interesting to talk to because he was the first blogger to get a job reporting at the New York Times."

The cadets' trip also included a visit to the Ed Sullivan Theater where they enjoyed a taping of the "Late Show with David Letterman." Molaro said they received a lot of on-air time during the show, being recognized by both Letterman and guest Tom Hanks. During the show, Firstie Nadi Kassim took the opportunity to present the host with a West Point coin.

Although entertaining, Molaro said the trip overall was designed more toward fact-finding and information-sharing to benefit the Corps of Cadets.

"Part of a cadet's uniform is a notebook and pencil," Molaro said. "This isn't meant to be a vacation in New York City. This is a trip to engage leaders in our society, to take away their experiences and knowledge and bring it back here to distribute it to the cadets, in our classrooms, at the dinner table; so everyone is expected to share this insight."

Months prior to the event, Molaro worked with Kassim to arrange for all the meetings. Molaro said that while the event itself was educational, the organizational and leadership skills cadets employ in creating these events is an experience just as rewarding.

"I attribute a lot of my success, motivation and learning to my Tactical Team (from Company F-3) for constantly feeding me motivation," Molaro said. "Without their support and acknowledgment of what the DAF is and the belief in our mission, I would not be allowed to attend these trips, nonetheless, organize them."

The Domestic Affairs Forum is a political science club that allows cadets to discuss important issues with various government officials and leaders of public institutions related to government.

The Forum takes three major trips to different cities throughout the year, focusing on a different level of government each time—federal, state and municipal.

"The various meetings with prominent leaders in government enhanced cadets' understanding of domestic politics and public institutions by allowing them to discuss the important issues," Chamberlain said. "For example, the meeting with President Clinton, albeit brief, was intended to excite and inspire cadets to leadership and a life of public service. The meeting with Mr. Woodruff at ABC allowed the cadets to better understand the watchdog role of the media and the military in reporting on the wars in Iraq and Afghanistan. Discussions such as this have direct relevance to preparing cadets for their future deployments as lieutenants."

Army Athletic Rummage Sale

An Army Athletic Rummage Sale is scheduled from 9:30 a.m.-3 p.m. Saturday at Michie Stadium, Gate #1.

An assortment of items, to include game and practice jerseys, new and used T-shirts, sweatshirts, and sweatpants will be available for purchase. Also, used shorts, shoes, gloves and equipment bags will be available.

For details, call 938-4320.



Keller Corner

American Red Cross Blood Drive

The next American Red Cross Blood Drive, sponsored by the U.S. Military Academy at West Point, is noon-7 p.m. Monday-Wednesday and 11 a.m.-5 p.m. April 1 at Eisenhower Hall's fourth floor Ballroom.

Walk-ins are always welcome, however appointments to donate whole blood for convenience purposes can be made by calling Mary Mandia at 938-2583.

Aphaeresis services will be available for those individuals who wish to donate platelets. Aphaeresis donors will be seen by appointment only and may call 800-933-2566 or may sign up online at www.nybloodcenter.org.

Individuals who wish to register with the C.W. Bill Young/DOD Bone Marrow Donor Program will be able to do so at the time of the drive.

Tobacco Cessation Program

Want to stop using tobacco?

If you need help or information, contact Trish Titus, Family Practice Clinic RN, at 938-3244.

Childbirth Preparation Classes

There will be a four-week Childbirth Preparation Class Series in April. The series will be April 6, 13, 20 and 27.

Classes are held in the KACH second floor classroom from 6-8 p.m.

Call 938-3210 to register.

Check your wallet

All TRICARE Prime beneficiaries, including active-duty servicemembers and cadets, should have a TRICARE Prime card.

You can request one by speaking to a customer service representative at 1-877-874-2273.

Present this card along with your military ID card whenever you need civilian health care.

The card also contains important information about emergency and out of area care.

Check your wallet ... now.

BBC LifeWorks events

Easter Egg-Stravaganza Egg Hunt

Join in on the Easter Egg Hunt at 10 a.m. Saturday at the Boundless Playground at 126 Washington Road.

Following the Easter Egg Scramble, proceed to the Post Chapel for lunch and prizes.

For more information on the event, contact Jody Gellman at 938-6407 or jgellman@bbcgrp.com.

FRAUD, WASTE and ABUSE HOTLINE

If you suspect or know someone who either is committing, or has committed, any type of fraud against the U.S. government in the West Point or surrounding area, report it by calling the Fraud, Waste and Abuse hotline at 938-3158.

DPW NOTES

Road Pothole Watch

This is the time of the year to look out for potholes on West Point roads.

The moisture underground from this winter's snow and ice and the freeze-thaw cycle of spring causes the asphalt to crack and potholes to form.

While traveling on post roads, if you spot a pothole, contact the DPW Service Desk at 938-2316 for roads in the main post area.

Contact Balfour Beatty Maintenance at 446-3570 for roads in the housing areas.

Thayer Moat parking restrictions continue

Due to unforeseen site conditions and supply delays, as well as the adverse weather conditions in the last month, the parking restrictions in the Thayer Moat will continue until mid-May.

The contractor has been working throughout the winter months, however, the above factors have prevented completion of the project by the March 31 completion date.

We regret the continued inconvenience.

2010 Construction activities increasing

The approach of spring and summer begins an increased

construction season for the West Point DPW.

DPW will continue to plan for many projects that will soon be starting, if they have not already, in the Central Post Area.

In addition to the ongoing renovations to turn the former Cadet Library into a "State of the Art" Science Building, there will be roof repairs made to Taylor Hall (Bldg. 600); Mahan Hall Parking Deck repairs; masonry repairs to Bradley Barracks (Bldg. 756), Lee Barracks (Bldg. 738) and Taylor Hall; steam manhole repairs in various central post areas including Buffalo Soldier Field; interior renovations to Lincoln Hall (Bldg. 607); tennis court repairs; Eisenhower Hall renovations (Bldg. 655) and emergency AC repairs for Thayer Hall (Bldg. 601).

DPW anticipates that some of these projects will require road closures, adjustment to direction of travel and limited parking restrictions.

There will be announcements about impact to the community on all construction activities as far in advance as possible.

We ask community members to stay alert to post media, messages from Balfour Beatty and their community mayor for the latest information.

Command Channel 8/23

March 25-April 1

Army Newswatch
(broadcast times)
Thursday, Friday and
Monday through April 1
8:30 a.m., 1 p.m. and
7 p.m.

"The Point"
(broadcast times)
Thursday, Friday and
Monday through April 1
8 a.m., Noon, 4 p.m. and
6 p.m.

West Point Band

Since 1817

PRESENTS

STAFF SERGEANT CARLA MOEBIUS

THE MANY FACES OF THE TRUMPET



A varied program featuring the music of Morton Gould, James M. Stephenson, Kent Kennan, and selections from *Les Miserables*

Plus the Regimental Brass Quintet!

SUNDAY, MARCH 28, 3:00 P.M.

JEWISH CHAPEL

FREE & OPEN TO THE PUBLIC

WESTPOINT.EDU/BAND

TSP TICKER

MARCH share prices (as of 03/22)

C Fund	-	+ 0.26	(13.8116)
S Fund	-	+ 0.26	(17.9282)
I Fund	-	+ 0.21	(18.5079)

Influenza hotline

For information about influenza and flu shots, both seasonal and H1N1, call 938-0888.

NOW SHOWING

in the movie theater at Mahan Hall, Bldg. 752.

Friday—Valentine's Day, PG-13,

7:30 p.m.

Saturday—Dear John, PG-13, 7:30 p.m.

Saturday—The Wolfman, R, 9:30 p.m.

THE THEATER SCHEDULE ALSO CAN BE FOUND AT

WWW.AAFES.COM.

FMWR Blurbs

FMWR Sports Office Tournaments

The Family and Morale, Welfare and Recreation Sports Office will conduct a co-ed softball tournament for all USMA personnel 18 years of age and older.

The tournament will be double elimination and teams must be comprised of five females and five males at all times.

The tournament starts the week of April 12 with games at 8:15 p.m. and 9:15 p.m. at the FMWR H Lot complex.

To enter, contact Jim McGuinness at 938-3066 or e-mail Jim.McGuinness@usma.edu.

The FMWR sports office will also conduct a pre-season softball tournament for all USMA personnel 18 years of age and older.

The tournament will be double elimination and deadline for entry is April 22. The tournament will start the week of April 26 and conclude, weather permitting, by May 6.

Games will be played at 8:15 p.m. and 9:15 p.m. at the FMWR H Lot complex.

To enter contact Jim McGuinness at 938-3066 or e-mail Jim.McGuinness@usma.edu.

West Point 5K/10K

Registration is ongoing for the West Point 5K/10K on active.com (keyword "West Point").

The West Point 5K/10K will be held May 15, which is Armed Forces Day, with both races kicking off at 8:30 a.m. and the Kids' Fun Run at 8:45 a.m.

For more information, call 938-6497.

Fitness Center Tidbits

The Family and Morale, Welfare and Recreation Fitness Center is offering a springtime spinathon from 8-10 a.m. Saturday.

The center is also offering a lunchtime spin with Kate for 45 minutes at noon every Monday starting in April.

For more information and to register, call the Fitness Center at 938-6490.

English for Language Learners

English for Language Learners is a free class for anyone who wants to improve their English skills. The next class will be held at 9:30 a.m. Monday in the ACS training room, Bldg. 622.

Classes will continue each Monday through May 31.

For more information and registration, call 938-3487 or e-mail william.luna@usma.edu.

AER Scholarship Deadline

Army Emergency Relief Headquarters has extended the application deadline for the Stateside Spouse Education Assistance Program and the Maj. Gen. James Ursano Scholarship Program for Dependent Children for the 2010-2011 academic year to April 1.

For more information, contact Amy Weyhrauch via e-mail at amy.weyhrauch@us.army.mil or call 938-5839.

Also, visit the Army Emergency Relief scholarship Web page at <http://www.aerhq.org/education.asp>.

Art EDGE! Spring Photography

Art EDGE! Spring Photography classes start April 2 for grades 3-12 and run weekly Mondays or Fridays after school depending on grade level.

Register at the Youth Center (Bldg. 500) or for more information, call 938-3727.

Outdoor Recreation News

Round Pond opens for the season April 1.

The hours of operation will be 8 a.m.-5 p.m.

For more information, call 938-2503.

The Bull Pond lottery will be held at 9 a.m. April 3 at the Bonneville Cabin, Round Pond.

Active duty military personnel may call 938-2503 for a lottery number.

Army Family Team Building training

The ACS Mobilization and Deployment Program is offering Army Family Team Building Level I training from 9-11 a.m. today, April 8 and 22.

AFTB Level II training is from 9 a.m.-1:30 p.m. Friday. All classes will be held at ACS Bldg. 622.

Free childcare will be provided for registered participants.

For registration and information, call 938-5654.

Easter Sunday Brunch

There will be two seatings available at the West Point Club April 4 for an Easter Sunday Brunch.

The first seating is 10 a.m.-12:30 p.m. in the Pierce Dining Room.

The second seating is 1-3:30 p.m. in the Grand Ballroom.

For reservations and more information, call 938-5120.

CYSS EDGE! Fun Run/5K Conditioning

The CYSS EDGE! is having a fun run/5K conditioning event for children in grades 3-12 from April 6-29 (Tuesdays and Thursdays), after school.

Register at the Youth Center, Bldg. 500.

For more information, call 938-0829.

Driving Range Now Open

The West Point Golf Course Driving Range will remain open from 9 a.m.-5 p.m. daily.

For more information, call 938-2435.

Horse Riding Camps

Register now for one of Morgan Farm's three- or five-day Summer Riding Camps.

Dates are available in June, July and August.

For more information, call 938-3926.

Tax Deadline Buffet

Enjoy a stress free buffet at the West Point Club's Pierce Dining Room from 5-8 p.m. April 15.

The Club will feature debt stew, refund meatloaf and other delights. Spouses of deployed personnel eat at half price.

For more information, call 938-5120.

Hunter Safety Course

Round Pond is hosting a New York State Hunter Safety Course from 6-10 p.m. April 16 and from 9 a.m.-4 p.m. April 17 at Bonneville Cabin.

All participants must be 12 years or older, and must attend both classes.

For more information or to register, call 938-2503.

FMWR Ballroom Dancing Classes

Eight classes of Ballroom Dancing will take place at 6:30 p.m. through April 27 at Cullum Hall.

Registration is at Leisure Travel Services, 628 Hodges Place, or with credit card by phone at 938-2401.

For questions concerning class content, call the instructor, Joe Maraday, at (914)

489-1444.

Club membership

Attention enlisted Soldiers and West Point cadets—did you know that your West Point Club Membership is free?

Stop by the club today to start taking advantage of your membership savings—just let us know at the register that you are a member.

For more information, call 938-5120.

Volunteer Recognition Ceremony

It's time to recognize all of the volunteers that give their time throughout the year.

The annual Volunteer Recognition Ceremony will be held April 26 at the West Point Club.

To ensure that your volunteers are properly recognized, contact the Army Volunteer Corps coordinator at 938-3655 or christina.overstreet@usma.edu.

Discounted Dog Grooming

Morgan Farm is offering 10 percent discounts on dog grooming throughout March and April.

For more information and appointments, call 938-3926.

Affordable Wheel Alignments

Have the roads wreaked havoc on your car? The West Point Auto Shop offers an affordable wheel alignment service along with many other services.

Call 938-2074 or stop by during business hours to set up an appointment.

AER Campaign

The West Point Army Emergency Relief Campaign continues through May 15.

For more information, call 938-5839.

WFSG Hearts Apart Support Group

The WFSG Hearts Apart Support Group, presented by the ACS Mobilization and Deployment Program, is for Families of deployed Soldiers.

Group meetings will be held from 5:30-7:30 p.m. Saturdays—April 17, May 15 and June 19. Dinner and special activities will be provided for the entire Family.

Group meetings will take place at Youth Services, Bldg. 500.

For more information, call 938-5658.

Ski Rental Equipment and Ski Locker Returns

All seasonal equipment rentals must be returned no later than April 23 to avoid late fees.

Equipment can be returned from 8 a.m.-4:30 p.m. Monday-Friday at the ski rental building. After April 23, drop off your equipment at Round Pond and you will be charged \$1 per day that the equipment is late.

All season lockers must be cleaned out by May 1 to avoid late fees.

General public annual greens fee passes on sale now

The West Point Golf Course will be offering a general public annual greens fee pass for the 2010 season.

The new pass will allow holders to reserve tee times two days before general public players who do not have the annual pass.

Please visit our Web site at www.westpointmwr/golf for tournament information, fees, specials and general information.

Earth Day Hudson River Cleanup

In honor of Earth Day, Better Opportunities for Single Soldiers is teaming up with DPW and Youth Services to do a Hudson River cleanup at South Dock.

The event takes place from 2:30-5:30 p.m. April 29. There will be a barbecue following the cleanup at the South Dock picnic area.

For more information, call Sgt. 1st Class Jermaine Malone at 938-8063 or Sheryle Miller at 938-6497.

Memorial Day Ceremony at Castle Point VA Hospital

BOSS is heading to the VA Hospital at Castle Point for its Memorial Day Ceremony May 28.

Volunteer a few hours of your time to help escort the veterans to and from the ceremony.

Transportation is provided and will be leaving the Buffalo Soldier Pavilion at 1 p.m. and returning by 4 p.m.

For more information, call Sgt. 1st Class Jermaine Malone at 938-8063 or Sheryle Miller at 938-6497.

English for Language Learners

ACS is currently looking for individuals interested in increasing their English reading, writing and speaking skills at night.

English for Language Learners is a free class for anyone who wants to improve their English skills.

Night classes would be scheduled Wednesdays from 5:30-7 p.m.

Once we receive five or more registrations, we will begin holding the class.

For more information and registration, call 938-3487 or e-mail william.luna@usma.edu.

2010 ACS Needs Assessment Survey

Input from Soldiers and their spouses is critical for ACS program managers in making assessments of the utilization of ACS services by specific groups and decisions about the suitability of current ACS services.

The local community Needs Assessment takes place every three years. It's your chance to make an impact on West Point's Army Community Service.

Complete the ACS Needs Assessment Survey to let us know how to better serve you. There are two ways to complete the survey: Complete the paper form or the form online at https://www.myarmyonesource.com/survey_WestPoint.

There are 62 questions in total and the survey only takes about 10 minutes to complete.

For more questions regarding the survey, call Amy Rodick at 938-5658 or amy.rodick@usma.edu.

Solution to Weekly Sudoku

4	6	7	2	5	9	3	8	1
3	2	1	4	8	7	9	5	6
5	8	9	6	3	1	4	7	2
6	7	3	5	4	8	1	2	9
8	9	2	1	6	3	7	4	5
1	4	5	7	9	2	8	6	3
2	3	4	9	7	6	5	1	8
9	5	6	8	1	4	2	3	7
7	1	8	3	2	5	6	9	4

What's Happening

MyCAA Program returns

The Department of Defense Military Career Spouse Program, MyCAA, has resumed.

As of March 13, military spouses enrolled in the program may once again receive tuition assistance.

The reinstated program enables DOD to pay up to \$6,000 in tuition assistance for spouses currently enrolled.

For more information, call Eugene Hickman at 938-3722.

Baggers needed

The West Point Commissary needs baggers. Duties include bagging groceries and carry out service.

Baggers work for tips only.

For more information, call Christina at 938-3663, ext. 224.

Look out for your Census

The distribution of the Census to West Point residents via the Postal Service will take place in mid-March.

Residents should complete the 10-question Census form and mail it back no later than April 1.

Distinguished Leader Series

Behavioral Sciences and Leadership is hosting its Distinguished Leader Series group session with the Black & Gold Forum at 12:50 p.m. today in Thayer Hall 277.

The guest speaker is Anne Mulcahy, chairman and CEO for Xerox. She is the first female chairman and CEO of Xerox, and she successfully guided the company through the economic troubles of the past couple years.

For more information, call Maj. Daniel Hall at 938-2476.

Women's History Month celebration

There is a Women's History Month luncheon featuring guest speaker, Donna McAleer, Class of 1987, at 11:30 a.m. Friday at the West Point Club's Grand Ballroom.

The luncheon program entitled, "Writing Women Back into History," features McAleer, who is a former Olympian, business leader and author of the book, "Porcelain on Steel," which is about women of the Long Gray Line.

For ticket information, call

Bobbi Liyari (EEO) at 938-4478, Dr. Michelle Craddock (Math) at 938-6309, Maj. Maria Burger (USCC) at 938-5966, Maj. Crystal Hills (English) at 938-3552, Maj. Megan McSwain (History) at 938-7348, Maj. Darren Spears (DMI) at 938-3906, Master Sgt. Ryan Goldsmith (EO) at 938-2581, Sgt. 1st Class Dwayne Key (USCC EO) at 938-8456 and Sgt. Vanessa Lackington (EO) at 938-2621.

Vietnam Veterans Recognition Day

There is a Vietnam Veterans Recognition Day at noon-4 p.m. Saturday at 55 Water Street in New York City.

The ceremonial observation takes place at the lobby promenade, adjacent to the Vietnam Veterans Memorial Plaza.

The day will include the reading of the names of the 1,741 individuals from New York City who lost their lives in Vietnam.

The event also includes Medal of Honor recipient Paul Bucha and Vietnam Veterans of America President John Rowan.

A proclamation will be presented by the State of New York with all Vietnam veterans in attendance receiving a personal copy.

To RSVP, call 212-693-1476 or e-mail unitedwarveterans@gmail.com.

Passover Seder Observance

The Passover Seder Observance will take place at 7:30 p.m. Monday and 8 p.m. Tuesday at the West Point Jewish Chapel, 750 Merritt Road.

It is strongly suggested to RSVP the events by Friday.

For more information, call Chaplain (Maj.) Shmuel Felzenberg at 938-2710 or e-mail at shmuel.felzenberg@usma.edu.

Goose and coyote hunters

West Point is extending its open dates for hunting geese and coyotes.

This year, West Point is permitting hunters to pursue Canadian geese on the military reservation through Wednesday.

Coyotes may be hunted until Sunday. All New York State and West Point regulations apply.

Check Range Control for area availability and to sign out at the hunt shack.

American Red Cross Blood Drive

The next American Red Cross Blood Drive is noon-7 p.m. Monday-Wednesday and 11 a.m.-5 p.m. April 1 at Eisenhower Hall's fourth floor Ballroom.

Walk-ins are always welcome, however appointments to donate whole blood for convenience purposes can be made by calling Mary Mandia at 938-2583.

Aphaeresis services will be available for those individuals who wish to donate platelets. Aphaeresis donors are seen by appointment only and should call 800-933-2566 or sign up online at www.nybloodcenter.org.

Individuals interested in registering with the C.W. Bill Young/DOD Bone Marrow Donor Program can do so at the blood drive.

Last Supper portrayal

Join the U.S. Military Academy Chaplain's Office as it hosts the portrayal of the Living Last Supper by Class of 2010 cadets at 7:30 p.m. April 1 at the Cadet Chapel.

Everyone is invited to attend.

For more information, call the Cadet Chaplain's Office at 938-3412.

Distinguished Leader Series

The Department of Behavioral Sciences and Leadership is hosting its Distinguished Leader Series at 12:50 p.m. April 6 at Thayer Hall Room 277.

The Black and Gold Forum guest speaker is Vernon Jordan, the senior managing director for the Wall Street Firm Lazard Freres & Co.

Jordan is recognized as one of America's prominent Civil Rights leaders. In 1961, he was involved in a landmark civil rights case that ultimately resulted in the desegregation of the University of Georgia.

For more information, call Maj. Daniel Hall at 938-2476.

Army Diversity Office

The Army Diversity Office is looking for personal inspirational stories of diversity and inclusion. These experiences could have happened to you or were witnessed by you.

More often than not, disturbing stories of discrimination and exclusion are heard rather than encouraging stories told.

These encouraging stories can be about any organization, military or civilian, or Family/neighborhood experiences.

For more information, call Sgt. Maj. Greg Jenkins, Army Diversity Office, at (703) 696-8889 or (703) 677-4245.

Penny Social

The Highland Falls Fire Department is sponsoring a Penny Social at 4 p.m. April 10. The social

includes refreshments and door prizes.

G&EnE lecture

The Department of Geography and Environmental Engineering is presenting guest lecturer Jim Rokakis, treasurer in Cuyahoga County, Ohio.

He will present "Predatory Lending and Urban Collapse" to cadets enrolled in EV390B, Urban Geography, from 12:50-1:45 p.m. April 12 in Washington Hall's Room 5326.

For more information, call 938-8798 or 938-6320. Everyone is invited to attend.

Guest lecture

The Department of Geography and Environmental Engineering is presenting guest lecturer C. David Cooper, Ph.D., Professor of Environmental Engineering, Department of Civil, Environmental and Construction Engineering at the University of Central Florida April 14.

He will present "Carbon Capture and Storage—Technology for the Future" to students enrolled in EV397, Air Pollution Engineering, from 7:30-8:25 a.m. and to D/G&EnE faculty and professional engineers from DPW from 12:50-1:45 p.m. Both lectures will take place in the D/G&EnE Conference Room 6004, 6th floor, Washington Hall.

For more information, call Maj. David-Michael Roux, EV397 course director, at 938-4622.

Greek Independence Day celebration

Highland Falls will observe its 15th annual Greek Independence Day celebration at 2 p.m. April 18 at Memorial Park in Highland Falls.

Mayor Joe D'Onofrio hosts the ceremony and the keynote speaker is Anna Condoulis, executive director of NYU School of Continuing and Professional Studies.

Following the ceremony, there will be a reception at the Highland Falls Fire Department Hall.

Both the ceremony and reception are open to the public.

Special Olympics

The 2010 Hudson Valley Region Special Olympics takes place at 10 a.m. April 24 at Shea Stadium.

For more information or to volunteer, contact Col. Tom Hiebert at Thomas.Hiebert@usma.edu.

Formal Awards Dinner/Induction Ceremony

The Department of Physics and Nuclear Engineering will be conducting a formal Awards Dinner/Induction Ceremony at 6 p.m. April 27 in the Black, Gray and Gold Room of the Cadet Mess Hall.

The guest speaker will be Commander of the Missile Defense Agency, Lt. Gen. Patrick O'Reilly, who was also an instructor at the

academy.

Cadets will be inducted into both the Society of Physics Students and the American Nuclear Society.

For more information, call Maj. John DeLong at 938-3082.

Growing as a Family Sunday mornings

From 9-10 a.m. every Sunday, Sunday School classes will take place.

Park on Thayer Roof, walk down to the third floor and pick up a bagel, a fruit dish and cup of coffee.

Children can enjoy the cadet-led Sunday School classes while the adults take part in classes as well.

Adult classes are led by Dave Hampton/Greg Parnell (study of the book of Ephesians), Ian/Laurie McCulloh (Parenting/Couples Growth), Mike Durham (Max Lucado, Traveling Light) and Marty Conkling (mission travels of the Apostle Paul). Cadet-specific spiritual fitness classes are led by Mike Warren (Discipleship and Bible Study) and Dwain Gregory (study of the life of Jesus).

For more information, contact the Director of Religious Education Eric Bryan, Protestant Chapels, at eric.bryan@usma.edu or 938-3412/4369.

Community Bible Study Groups

Are you interested in starting or joining an evening home-based study, or a mid-day study?

Consider the opportunity to connect with other men and women, Families, and singles while stationed at West Point. West Point Religious Education is eager to set you up with resources and ideas.

For more information, contact Eric Bryan, Director of Religious Education, Protestant Chapels, at 608-0457 or e-mail him at eric.bryan@usma.edu.

Government Airfare travel update

As of February, U.S. Airways and Delta Airlines have added government airfares out of Stewart Airport in Newburgh to more than 75 CONUS cities.

Due to the size of Stewart Airport, many of these fares are routed through airline hubs and are not direct flights, but they do eliminate the need to travel to LGA, JFK and EWR.

When requesting these city airfares through DTS, they will fall under "Other Government Airfare" on the selection page.

Carlson Wagonlit travel agents will be able to assist any official travelers without access to DTS.

Many of these fares rival the government fares from bigger city airports and now make travel from Newburgh possible. It is only through use that these fares can be made available in the future.

Tax Deadline Approaches

There is still time to receive free tax assistance before the April 15 deadline. The West Point Tax Assistance Center is located in Bldg. 626, open 9 a.m.-4:30 p.m. Monday-Friday. Assistance is available for active-duty military, retirees and their family members. Filers should bring all pertinent documents, to include W-2s, mortgage interest statements and childcare expenses.

For details, call 938-4145.

Softball finishes Florida trip with 14-0 win

By Mady Salvani
Athletic Communications

Army exploded for 10 runs in its first at bat as the Black Knights routed Fairleigh Dickinson University 14-0 in five innings to close out their eight-game softball slate March 20 at the Rebel Spring Games in Kissimmee, Fla.

The win was Army's second of the day after edging Cornell, 2-1, in the first game to post a 5-3 mark in Florida. Army now stands 8-6 overall for its best start since 2003.

The Black Knights raked two FDU pitchers for eight hits in the first inning along with a pair of walks and two wild pitches to score 10 earned runs. Army opened the floodgates on RBI singles by Firstie catcher Erin McClain, Yearling first baseman Alexis AuBuchon, Yearling second baseman Shawna Bleyl and Plebe right fielder Tiffany Held.

Yearling third baseman Rachael Duval, who scored the second run on a wild pitch after drawing a walk, knocked in three runs with a double her second time up in that inning. McClain followed with an RBI double to drive in her second run in that frame to close out the scoring as Army sent 14 batters to the plate.

The two-bagger was McClain's fifth of the season to move her into a two-way tie with Niki Posey

for sixth place on Army's all-time doubles list with 29.

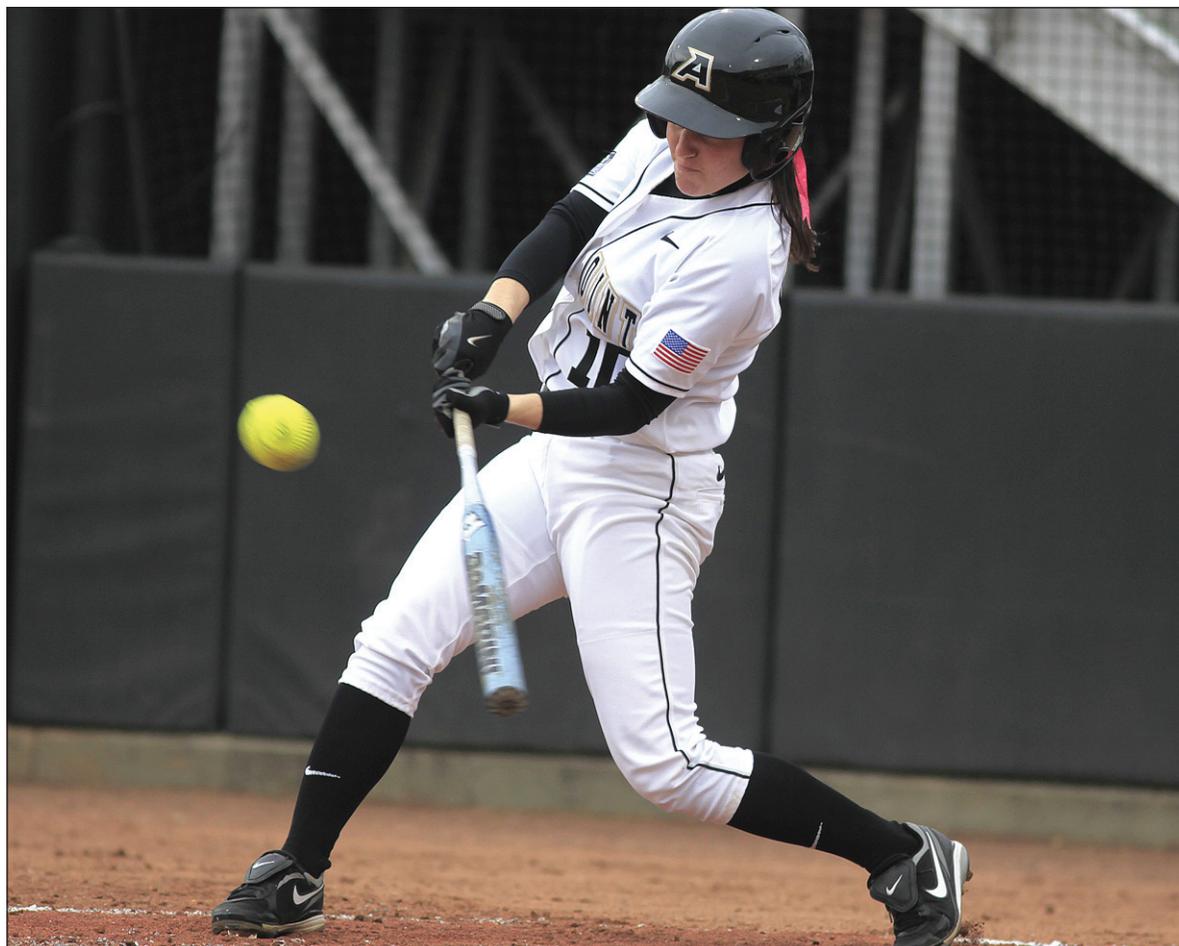
The Black Knights added a pair of runs in the fourth and fifth innings en route to posting a season-high 14 runs and their most since scoring 15 against St. Francis (N.Y.) at home in 2005.

Yearling center fielder Reanna Johnson singled home the first run with the second scoring on a wild pitch in the fourth inning for a 12-0 lead. Duval led off the top of the fifth inning with her second double of the game and team-high sixth of the season, and she came around on the shortstop's fielding to score her third run against FDU and fourth of the day.

Plebe shortstop Alex Reynolds' RBI double knocked in McClain, who was safe on the error, for Army's final run of the game.

Yearling pitcher Bonnie DeAntona pitched a four-hit shutout with one strikeout and a walk to move to a 1-0 record while earning her first career win and complete game. She stranded five batters with two in scoring position to preserve her first shutout and Army's third of the season.

DeAntona yielded her first two hits with two outs in the bottom of the first. With a runner at third, she got out unscathed on a fly ball to right field. Following a strikeout in the second inning, she walked the next batter followed by a groundout and single before retiring the side on



Plebe right fielder Tiffany Held had three hits in Army's 14-0 win over Fairleigh Dickinson University March 20 to finish out the Rebel Spring Games in Kissimmee, Fla. Army completed the eight-game trip with a 5-3 record.

TOMMY GILLIGAN/PV

a grounder to the shortstop. FDU never reached scoring position over the final three frames as they slipped to 5-13.

Army got a season-high 14 hits with Held and Reynolds collecting three hits along with an RBI. Duval was 2-for-2 with three RBI and three runs scored while McClain was 2-for-4 with two RBI and two runs scored. McClain's 11 runs batted in on the season moved her into fifth place on Army's career list with 79, which is two shy of fourth place.

The sweep was Army's second in Florida and third of the season.

"The trip to Florida provided us with the opportunity to get everyone experience and learn from every situation no matter what the results," first-year coach Michelle DePolo said. "All of our pitchers have been doing an excellent job picking one another up and keeping some big

bats at bay. Our defense has been very solid all around and our outfield has done an exceptional job.

"Offensively, we have been making some adjustments in the lineup. (Firstie left fielder) Jennae Tomlinson has done a great job in the leadoff spot and the other hitters are coming into their own," she added. "Rachael Duval, Erin McClain, Alexis AuBuchon and Alex Reynolds have had clutch hits while Tiffany Held found her groove and had a great week. (Yearling outfielder) Natalia Gruenbaum has developed from the left side nicely. Overall, we are looking forward to taking the things we learned about the team this week and improving them at practice."



Firstie catcher Erin McClain knocked in two runs, scored two runs and got two hits, including her 29th career double, to help Army to a 14-0 victory over FDU.

ERIC S. BARTELT/PV



Plebe shortstop Alex Reynolds led the team defensively with three assists and added three hits offensively, including a double, in Army's win March 20.

TOMMY GILLIGAN/PV

Lacrosse team upbeat as it heads in PL play

Story and photo by Tommy Gilligan
Assistant Editor/Photo

As the Army lacrosse team heads into the Patriot League portion of its schedule, the team looks to continue what it started after its 11-8 defeat of Rutgers March 20.

Playing one of the toughest non-conference schedules in the country, against the likes of perennial national powerhouses Syracuse and national championship runner-up Cornell, Army (3-4) seems to be firing on all cylinders as it entered the contest Tuesday against Lehigh (Army won 9-5) with a full complement of its roster for the first time this season.

Head coach Joe Alberici is optimistic after the way the Black Knights played over the weekend that their success can continue.

“We feel really good about ourselves right now; we are getting healthy,” Alberici said. “Our guys are excited and very encouraged after the performance they put forth last weekend against Rutgers.”

The offense is led by Army Athletic Association player of the week Cow attackman Jeremy Boltus, who had two goals while dishing out five assists against Rutgers last weekend.

“Having this win has made it (more upbeat) in the locker room,” Boltus said. “We came out to practice on Sunday excited for the opening of the Patriot League (schedule)—we know how much it means to us.”

Boltus quickly pointed out that the faceoff midfielder specialist and the strong goaltending efforts of Cow Tom Palesky allowed the team to successfully stop any potential comeback from Rutgers.

“Tom (Palesky) played really well in the cage, while the defense kept stepping it up every time,” Boltus said.

That is not a surprise to anyone as Palesky, along with Cow defenseman Bill Henderson, were named to Tewaaron Watch list.

With the leadership of this team intact, Alberici feels that things are going in the right direction.

“We are going to keep hammering on the rock and it is going to eventually break for us,” Alberici said. “We are not really that far away,



Cow attackman Jeremy Boltus scored two goals and added five assists in a 11-8 win over Rutgers March 20. Boltus leads Army with 28 points (11 goals, 17 assists) this season.

we have had a couple of really close games this year that could have gone either way.”

With the Patriot League being well

represented in the Top 20, and with other league members, including the Black Knights, receiving votes, the next few weeks will

surely be an action-packed road to see who gets one of the top four spots in the Patriot League playoffs.

Pistol team dominates for second straight championship

Submitted by the Pistol Team

Army Pistol repeated as national champions at the National Intercollegiate Pistol Championships at Fort Benning, Ga., March 16-20. The championship consists of three events, both team and individual in Free Pistol, Standard Pistol and Air Pistol.

In 2009, West Point placed third in Free Pistol, first in Standard Pistol and fifth in Air Pistol. The team finished with the highest aggregate score and was declared the overall National Intercollegiate Pistol Team Champion.

In 2010, the Pistol Team’s goal was to retain its title.

This year, the first event was Free Pistol, an Olympic event, in which each shooter has two hours to fire 60 record shots at a target 50 meters away using a single shot .22-caliber pistol.

Yearling Ben Poth led the scoring for West Point with a 525 out of a possible 600. Team captain Firstie Dave Matoi and Yearling Jake Shelton each shot a 507. Cow Adam Schinder

shot a 500, giving the team a score of 2,039 and the Gold Medal in the Free Pistol event. MIT shot a 2,016 for the Silver Medal and Navy shot a 1,990 for Bronze.

Standard Pistol is also a 60-shot event, but is fired using a semi-automatic .22-caliber pistol at targets 25 meters away. Plebe Heather Deppe shot a 540 and she was closely followed by Poth’s 539.

Cow Luis Rivas shot a 529 and Shelton shot a 510. West Point earned a score of 2,118, which was enough to take the Gold in the team event.

The Citadel claimed the Silver Medal with a score of 2,097 and Navy earned third with a score of 2,087. After two events, Army had increased its lead to 80 points over Navy in the overall scoring.

There were no finals shot in the individual Standard Pistol. As such, Deppe’s 540 earned her the individual Bronze Medal—a significant accomplishment in a male-dominated event.

The final event, Air Pistol, like last year, saw West Point holding a commanding lead

over archrival Navy.

Last year, West Point coasted to fifth place in Air Pistol, but the team had such a commanding lead it earned the overall national championship.

This year, the team was determined not to let up. Air Pistol is an Olympic event in which the competitor has one hour and 45 minutes to shoot 60-record shots from a .177-caliber air pistol at a target 10 meters away.

From the first shot, West Point turned up the heat and won the event pulling away from the other nine teams. Matoi led with a 557 score while Deppe was close behind with a 555. Poth shot a 554 and Schinder shot a 553 for a team score of 2,219. The Citadel placed second with a 2,178 and Ohio State was third with a 2,178. The tiebreaker rules gave the Silver Medal to The Citadel.

In the individual Air Pistol finals, Matoi maintained his composure under the intense pressure and claimed the individual Silver Medal.

West Point’s three-event aggregate score of 6,376 was the highest match score it had

shot all season.

“We really wanted to repeat as national champions and we peaked at the right time,” Matoi said. “This was the perfect end to a great season.”

The Citadel finished second with an aggregate score of 6,252. Navy was third with a 6,246.

The West Point Pistol Team kicks off the 2010-11 season by hosting The Ohio State University, which finished fifth at the pistol championships, at Tronsrue Marksmanship Center Oct. 15-16.

Can West Point three-peat next season to earn its third consecutive national championship?

Coach Duston Saunders claims, “I won’t make any promises as a lot can happen between now and then. Firsties Dave Matoi and Danny Moore are leaving big shoes to fill, but Cows Adam Schinder and Luis Rivas, Yearlings Ben Poth and Jake Shelton, and plebes Heather Deppe and Steve Halsmer have the talent and experience to take us all the way again.”

Kyler's wrestling season ends in consolations

By Tim Volkmann
Athletic Communications

Army Firstie Matt Kyler took the fourth-ranked wrestler in the country to a second sudden victory but fell in the fifth round of consolations during Session IV of the 2010 NCAA Division I Wrestling Championships at a sold out Qwest Center in Omaha, Neb., March 19.

Kyler, ranked and seeded sixth, dropped a 4-3 decision in the second sudden victory session that ended his season with a 32-5 mark.

A four-time national qualifier and an All-American as a yearling, Kyler fell into the consolation brackets and drew Kyle Ruschell of Wisconsin, the second consecutive match he faced someone ranked in the top four.

Kyler took a few shots early but the match was scoreless after three minutes. Kyler chose down in the second period and needed just 45 seconds to escape for a 1-0 lead.

Ruschell chose bottom in the final period and secured his escape, sending the match into overtime.

Neither wrestler scored during the first neutral session and Kyler chose down in the first tiebreaker. Kyler escaped but so did Ruschell when he was on bottom.

A second neutral sudden victory didn't produce any points either and Ruschell was in the down position first. He escaped and then picked up a penalty point for locking hands for a 4-2 lead.

Kyler escaped during his opportunity but was unable to score a takedown and fell, 4-3.

Army's all-time leader in wins, Kyler ends his career with a 146-32 mark.



Firstie Matt Kyler fell to Kyle Ruschell of Wisconsin, 4-3, in the fifth round of consolations at the 2010 Division I Wrestling Championships in Omaha, Neb. Kyler finished his career with a 146-32 mark. ERIC S. BARTELT/PV

CLUB RESULTS

Judo Team wins National Collegiate Championship

The West Point Judo Team won the National Collegiate Championship title in the senior division at the 2010 National Collegiate Judo Championships at Texas A&M in College Station, Texas, March 13.

West Point Judo athletes made history in Collegiate Judo by handing San Jose State University its first team defeat in a half of a century, as well as placing ahead of 24 other colleges represented at the event.

West Point Judo athletes placed in every division with the exception of the 73kg division and collected a total of 20 points, which was seven points better than second-place San Jose State.

Firstie Nathan Horswill and Yearling Kyle Schlauch took home the gold medal in the 66kg and heavyweight divisions, respectively, while Cow Anthony Adez and Yearlings Patrick Singley (100kg), Jung Sung-Won (81kg) and Samuel Ellis (66kg) brought home the silver in their respective weight classes.

In the women's division, Firstie Nargis Kabiri and Yearling Heather Purkey became the second and third West Point women National Champions by taking home the gold in their divisions.

The West Point women finished second to only San Jose State despite only having five athletes participate at the event.

Yearling Ariel Espinoza-Levy brought home the silver



Firstie Nathan Horswill (white) earned the gold medal in the 66kg division.



The West Point Judo Team raises the national championship trophy after winning the National Collegiate Judo Championships March 13 at Texas A&M in College Station, Texas. The judo team earned the title by outpointing San Jose State University, 20-13.

COURTESY PHOTOS

medal at the 57kg division while Plebes Catherine Donohoe and Katherine Clarke-Pounder earned bronze medals in the 57kg and 70kg weight divisions, respectively.

Also earning bronze medals in the men's division were Firstie David McCurdy (81kg) and Firstie Kris Kilgroe (100kg).

Lt. Col. Hector Morales was selected as the 2010 NCJA National Coach of the Year, and he was pleased with his team's outcome.

"West Point Judo athletes represented the academy extremely well and demonstrated the Warrior Ethos, perseverance and character expected of them in every fight," Morales said.

The team will host the 2010 West Point Judo Classic April 17, the Hoteikan System Seminar April 24, and cadets who placed on the top two spots on their weight division along with selected black belts will attend the USA Judo Senior National Championships during the first weekend of May to close their 2010 season.

Sports calendar

March 25-April 3

Corps

CORNELL, 1 P.M., DOUBLEDAY FIELD.

FRIDAY—MEN'S TENNIS VS. LAFAYETTE (NOON) AND HOLY CROSS (3 P.M.), LICHTENBERG TENNIS CENTER.

MONDAY—MEN'S SOCCER VS. NEW YORK RED BULLS (EXHIBITION), 1:30 P.M., CLINTON FIELD.

FRIDAY—BASEBALL VS. CORNELL, 3 P.M., DOUBLEDAY FIELD.

APRIL 2—WOMEN'S TENNIS VS. DUQUESNE, 5 P.M., LICHTENBERG TENNIS CENTER (OR) MALEK TC.

FRIDAY—WOMEN'S TENNIS VS. HOLY CROSS AND LAFAYETTE, 6 P.M., LICHTENBERG TENNIS CENTER.

APRIL 2-3—TRACK AND FIELD, DICK SHEA OPEN, NOON (BOTH DAYS), SHEA STADIUM.

SATURDAY—MEN'S TENNIS VS. COLGATE, 9 A.M., LICHTENBERG TENNIS CENTER.

APRIL 3—LACROSSE VS. COLGATE, NOON, MICHIE STADIUM.

SATURDAY—WOMEN'S TENNIS VS. COLGATE, NOON, LICHTENBERG TENNIS CENTER.

APRIL 3—WOMEN'S TENNIS VS. FAIRLEIGH DICKINSON, NOON, LICHTENBERG TENNIS CENTER (OR) MALEK TC.

SATURDAY—BASEBALL VS. CORNELL, NOON (DOUBLEHEADER), DOUBLEDAY FIELD.

APRIL 3—SOFTBALL VS. LAFAYETTE, 1 P.M. (DOUBLEHEADER), ARMY SOFTBALL COMPLEX.

Club

SATURDAY—FOOTBALL, BLACK & GOLD GAME (SPRING BALL FINALE), 1 P.M., MICHIE STADIUM.

SATURDAY-SUNDAY—WOMEN'S TEAM HANDBALL, 1ST LT. LAURA WALKER INVITATIONAL TOURNAMENT, ALL DAY, ARVIN GYM.

SUNDAY—SOFTBALL VS. RIDER, 1 P.M. (DOUBLEHEADER), ARMY SOFTBALL COMPLEX.

SATURDAY-SUNDAY—MEN'S RUGBY, OPPONENTS TBA, 1 P.M. BOTH DAYS, ANDERSON RUGBY COMPLEX.

SUNDAY—BASEBALL VS.