

POINTER VIEW®

West Point
Community Fair,
5-7 p.m. today
at Eisenhower
Hall.

VOL. 69, No. 27

SERVING THE COMMUNITY OF WEST POINT, THE U.S. MILITARY ACADEMY

JULY 12, 2012

Rideout takes guidon, garrison command

By Kathy Eastwood
Staff Writer

Members of the West Point community gathered at Trophy Point Tuesday for the Garrison Change of Command as Col. Dane D. Rideout assumed command from Col. Michael Tarsa. During a change of responsibility ceremony, Command Sgt. Maj. Kevin Fauntleroy replaced Command Sgt. Maj. Jose Powell as garrison command sergeant major.

Rideout is a former enlisted Marine and a 1990 graduate of Ball State University. He branched aviation and was assigned to the 2nd Infantry Division in the Republic of Korea, one of his many deployments.

In 1997, Rideout was assigned to West Point as the Chief of Cadet Advanced Training and later helped establish the Simon Center for the Professional Military Ethic.

He deployed to Iraq in 2003, supporting combat operations across the Iraqi northern front. Later in July 2003, he was selected to serve as the J-1 for Special Operations Command Europe, Stuttgart, Germany and, while assigned there, he again deployed in support of counter terrorist operations for the Summer Olympics in Greece and directed the human resources operations for Operation Enduring Freedom-Trans Sahara in Northern Africa in 2007.

His most recent assignment was as the G-1 for the United States Army Special Operations Command.

Rideout is a senior rated aviator and is airborne and air assault qualified. His awards and decorations include the Bronze Star Medal, Defense Meritorious Service Medal and Meritorious Service Medal.

In saying farewell to Tarsa, Maj. Gen. Reuben Jones, Installation Management Command's deputy commanding general, spoke of how well Tarsa held to the expectations of this garrison.

"This is a great place because of your connection to the community," Jones said. "Tarsa came here with inspired leadership and to get it right. He also had a great battle buddy with Command Sgt. Maj. Jose Powell, who was a problem solver and shared the mantle of leadership.

"Mike, I'm sure as you leave here, you will remember Net Zero. Your vision is complete," he added.

Tarsa's new duty is in the Office of the Chief of Staff in Washington, D.C.

Jones said West Point has a great leader



Maj. Gen. Reuben Jones, Installation Management Command's deputy commanding general, hands the garrison guidon to Col. Dane D. Rideout, the incoming garrison commander, who replaced Col. Michael Tarsa Tuesday at the Change of Command/Responsibility ceremony at the Trophy Point Amphitheater. After the exchange, Rideout handed the guidon to the incoming Garrison Command Sgt. Maj. Kevin Fauntleroy.

TOMMY GILLIGAN/WEST POINT PAO

following Tarsa.

"When we were choosing someone to head the West Point Garrison, Rideout's name was right on top," he said. "This Soldier comes well-equipped. If you name one hot spot in the world, he's been there. He also will lead with a great battle buddy in Command Sgt. Maj. Kevin Fauntleroy."

Fauntleroy, the incoming garrison command sergeant major, is a native of Brooklyn, N.Y. He enlisted in the Army in 1985 and graduated from Basic Training and Advanced Individual Training as an infantryman.

He attended Airborne School at Fort Benning, Ga., and later re-enlisted, reclassified and received additional training at Fort Lee,

Va., as a supply and logistics specialist.

Fauntleroy served in a variety of units including service with the 4th Battalion, 22nd Infantry Regiment; 25th Infantry Division in Schofield Barracks, Hawaii; 82nd Airborne at Fort Bragg, N.C.; and many others.

He has deployed many times including operations in Panama, Saudi Arabia, Kuwait, Haiti, Somalia, Kosovo, Afghanistan and Iraq.

He is a graduate of numerous NCO educational courses and the U.S. Army Sergeants Major Academy.

On top of that, he holds an Associate of Arts degree in General Studies from

Fayetteville Technical Community College and a Bachelor of Science degree in Liberal Arts from Excelsior College in Albany, N.Y.

He has also recently completed his master's degree in Organizational Leadership in Business Management from Columbia Southern University.

Fauntleroy has been awarded the Legion of Merit, Bronze Star Medal (2 awards) and numerous foreign and service awards; Combat Infantryman's, Master Parachutist's and Air Assault Badges.

He also is a recipient of the Order of Saint Martin, Order of Saint Barbara, Order of Saint George and is a member of the Audie Murphy Club.

Physical fitness training part of rigors for new cadets

Story and photo by Kathy Eastwood
Staff Writer

The new cadets, who arrived July 2, are now getting into the routine of Cadet Basic Training and are quickly experiencing a military environment that entails such things as rendering salutes, following orders and completing a rigorous military physical training program—and all this before classes begin.

On July 6, they took the Army Physical Fitness Test, which consists of a two-mile run, pushups and situps.

Another test they had to perform was the Muscle Strength and Endurance Physical Test given by the cadet cadre Monday at the River Courts.

The MSE PT test included hanging onto a pole for as long as possible without letting go, which allows the participants to show their muscle strength and is used to determine and compare a person's general fitness level. Their fitness level should develop over time while at CBT and through their time as a cadet.

Other parts of the MSE PT test included squats and situps.

"With these exercises, the cadets are allowed to do as many repetitions as they can do," Class of 2013 Cadet Carl Rios, one of the cadet cadre leading the cadet fitness program, said. "There is always a lot of improvement in individuals as they complete Cadet Basic Training. After CBT, cadets will be graded on their physical fitness."

Physical fitness is part of the cadets routine throughout their 47 months at West Point, whether they are involved in fitness routines or sports.

During the cadets' first year, they must achieve a baseline of movement skills, physical fitness, knowledge and the self-confidence necessary to meet the future physical requirements of the U.S. Military Academy and the Army, according to the

Department of Physical Education.

Another physical requirement developed during Gen. Douglas MacArthur's tenure as superintendent in 1919 was the requirement for all cadets to join an intramural, club or company sport every semester.

The physical development of Soldiers is important because the effectiveness of Soldiers depends on their physical condition.

"There is so much physical activity in the Army," Maj. Beth Merrigan, DPE competitive sports instructor, said. "This could be in a combat situation or even stateside because officers and Soldiers can carry such a heavy (and demanding) load. It is the job of officers to train their Soldiers."

Many of the new cadets have had some practice in fitness because of involvement in sports, running or practicing for West Point physical admissions tests.

One of the requirements for admission to West Point is the passing of the Candidate Fitness Assessment Test or CFA.

The CFA consists of six events including a modified basketball throw from a kneeling position and cadence pullups, which is hanging on a bar with palms apart and feet not touching the floor.

They must also execute two or three chinups, moving legs up and hold and let legs down; a 40-yard agility run; two minutes of abdominal crunches; and a timed one-mile run.

"The CFA can be done anywhere," Merrigan said. "It could be given at their high school or anywhere as long as there is an adult physical instructor or trainer (giving the test)."

Another physically exhausting exercise that new cadets must do to complete CBT is march 12 miles from Camp Buckner to West Point, often escorted by their sister class, the class that graduated 50 years before them—which for the Class of 2016 is USMA Class of 1966. This year March Back is scheduled for Aug. 13.



New cadets test their muscle endurance Monday at the River Courts. New cadets go through many physical fitness routines, including cadence pullups (above), to get an idea of where their fitness level currently is. Fitness grades begin to count after Cadet Basic Training.

Solution to Weekly Sudoku

4	6	7	2	5	9	3	8	1
3	2	1	4	8	7	9	5	6
5	8	9	6	3	1	4	7	2
6	7	3	5	4	8	1	2	9
8	9	2	1	6	3	7	4	5
1	4	5	7	9	2	8	6	3
2	3	4	9	7	6	5	1	8
9	5	6	8	1	4	2	3	7
7	1	8	3	2	5	6	9	4

See SUDOKU PUZZLE, Page 12

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Lt. Gen. David H. Huntoon, Jr.
Superintendent

Lt. Col. Webster Wright
Public Affairs Officer

Linda L. Mastin
Command Information Branch Chief,
938-8366

Eric S. Bartelt
Managing Editor, 938-2015

Mike Strasser
Assistant Editor, 938-2015

Kathy Eastwood
Staff Writer, 938-2015

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West Point
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Website: www.pointerview.com

Sexual Assault Helpline

If you have been a victim of sexual assault, contact the West Point Helpline or other various support websites ...

- Call or text 845-659-7467 at West Point;
- www.preventsexualassault.army.mil;
- www.SafeHelpline.org or call 877-995-5247 at the Safe Helpline.

ATTENTION: The U.S. Military Academy Preparatory School is seeking volunteers to serve as cadet candidates for its R-Day Rehearsal, which is scheduled from 8 a.m.-1 p.m. July 20. Volunteers must be at least 12 years of age. Contact Christina Overstreet at christina.overstreet@usma.edu or call 938-3655 to sign up.

Fun in the Sun

Lynette Davis helps her 4-year-old daughter Caitlyn string a sun bracelet with beads that change color in the sun July 5 at the Stony Lonesome I housing area playground. The children read a book on how to protect their skin from the sun, using techniques such as applying sun block and not staying in the sun too long.

KATHY EASTWOOD/PV





Marching down Main

Nearly 90 Soldiers from the 4th Brigade Combat Team, 10th Mountain Division from Fort Polk, La., here to help with Cadet Summer Training, marched down Main Street in Highland Falls July 4 during the annual Fourth of July Parade. A majority of the Soldiers come from the 3rd Squadron, 89th Cavalry Regiment, and the officers wore their stetsons in formation during the march.

PHOTOS BY DAVE BRZYWCZY/WEST POINT PAO

In Memoriam—Prasnicki, 2010 graduate, dies in Afghanistan

Pointer View Staff compilation

First Lt. Chase Prasnicki died June 27 in Maidan Shahr, Wardak Province, Afghanistan, of wounds suffered when enemy forces attacked his vehicle with an improvised explosive device while in support of Operation Enduring Freedom, according to a Department of Defense press release.

Prasnicki, 24, of Lexington, Va., was assigned to 4th Battalion, 319th Airborne Field Artillery Regiment, 173rd Airborne Brigade Combat Team, Bamberg, Germany, at the time of his death.

A graduate of Rockbridge County High School in Virginia in 2006, Prasnicki came to the U.S. Military Academy as a quarterback recruit for the Army football team. After three years as a backup quarterback, he transitioned to safety his senior year where he played mostly on special teams. However, he did replace the injured starting free safety against North Texas and finished the game with seven tackles during a 17-13 victory Nov. 21, 2009.

Prasnicki graduated from West Point in 2010 and served as a graduate assistant for the U.S. Military Academy Preparatory School football team during the 2010-11 academic year. In 2011, he graduated with honors from the Field Artillery Basic Officer Leaders Course at Fort Sill, Okla. He also graduated from Ranger and Airborne Schools in late 2011.

In February 2012, Prasnicki graduated from Pathfinder School while in Bamberg, Germany. He had deployed to Afghanistan on June 22, five days prior to his death.

He is survived by his wife, Emily; father, David; mother, Debbie, and her husband, Phillip Arthur; his sister, Lauren; and brother, Tyler.

Funeral services were held at St. Patrick's Catholic Church in Lexington Tuesday. He was laid to rest at Green Hill Cemetery in Buena Vista, Va., following the funeral. In lieu of flowers, donations can be sent to USO Families of the Fallen, 116 Purple Heart Drive, Dover AFB, DE 19902.

(Editor's note: The obituary information was compiled from several sources.)



First Lt. Chase Prasnicki, 2010 USMA graduate.

In Memoriam

Former Dean, Brig. Gen. Smith, passes

Retired Brig. Gen. Frederick A. Smith Jr., the seventh Dean of the Academic Board, and wife Katherine were interred at the West Point Cemetery Monday. Smith, a member of the Class of 1944, passed away in San Antonio Dec. 19.

He first returned to West Point in the Department of Physics as an instructor from 1949-52, and then in 1965 returned as a professor in the Department of Mechanics (now the Department of Civil and Mechanical Engineering) and was named department head in 1969.

Smith was appointed dean of the academic board Aug. 16, 1974, a position he held until his retirement after 41 years of active Army service on July 31, 1985. He was the longest serving dean—almost 11 years—and the tenure for deans was limited to five years after he retired.

During his tenure, a number of changes occurred at West Point, to include transformations in the curriculum—fields of study and the addition of many electives and majors, the acquisition of Ladycliff College (now South Post), the integration of women into the Corps of Cadets in 1976 and the addition of mandatory computer courses, to name just a few.

He is survived by daughters Kathy of Washington, D.C., and Carol of Seattle, two grandchildren and his sister, Dr. Alice Lorraine Smith of Dallas.

FMWR Blurbs

Summer trips with Leisure Travel Services

Join Leisure Travel Services this summer for local trips and leave the driving to them. Here are some upcoming summer events:

- New York Philharmonic Orchestra on the Great Lawn, today. Leave West Point at 5 p.m. and return at 11 p.m.;
- N.Y. Aquarium and Coney Island Brooklyn trip, July 24. Leave West Point at 8 a.m. and return at 4 p.m.

All trips include transportation only. For more information, call 938-3601.

2012 West Point Community Fair

The 2012 West Point Community Fair is scheduled from 5-7 p.m. today at Eisenhower Hall.

The community fair is an opportunity for all newly-arrived personnel and residents of the West Point community to get a quick overview of what opportunities and services are available in the immediate area.

Local businesses, clubs and organizations will be on hand to disseminate information and meet the newest members of the community.

New to the Community Fair, the MPs will be registering vehicles for newly-assigned personnel. Just bring your ID card, vehicle registration, vehicle insurance and driver's license.

For more information, call 938-3487.

CYSS Parent's Night Out cancelled

The Child, Youth and School Services Parent's Night Out for Aug. 3 has been cancelled. However, the Parent's Night Out is still on for Friday.

For more information, call 938-3921.

Membership Appreciation Barbecue Cookout and Membership Drive

Join the West Point Club from 5-8 p.m. July 20 in the Hudson Room and Patio for great barbecue food.

Bring in a new member who joins and receive a gift.

Not a member? No problem. Become a member and the cookout is on the club.

Members eat free and their guests pay a nominal fee.

For more information, call 938-5120.

Coping with Deployment Course

The ACS Mobilization and Deployment program presents its Coping with Deployment Course from 8 a.m.-noon July 25 at ACS, Bldg. 622.

This course provides hands-on tools to help families cope with deployments and teaches adults how to support children as a result of changes they may experience due to a deployment of a family member.

For more information or to register, call 938-3487.

Reconnecting with Children

The ACS Mobilization and Deployment

program presents its Reconnecting with Children event from 2-4 p.m. July 25 at ACS, Bldg. 622.

This workshop offers an opportunity to help the participants build on their personal strengths and increase their ability to address the issues of children's adjustment to the return of a military family member following a deployment.

For more information or to register for this class, call 938-3487.

Post Library Summer Reading Program

This summer's theme for the West Point Library Summer Reading Program is "Reading is so Delicious."

The program runs through July 27.

It is open to all West Point community children ages 3-12.

Registration is ongoing.

To register your child, stop by the library at Bldg. 622 or call 938-2974.

Family Fun Month at the West Point Golf Course

Come to the West Point Golf Course through July for fun for the entire family.

Tuesdays, Thursdays and Sundays are Family Fun Nights.

Enjoy range specials every Saturday, two sessions of Junior Clinics (ages 5-10 and ages 11-17) and an eight-week Ladies Clinic.

On July 27, there will be a dinner and auction, with a chance to place a bid on one of the old wooden tee markers.

For more information, call 938-2435.

Army Family Team Building online challenge

Complete the Army Family Team Building's Level I, II and III online training through Aug. 8 and receive a free AFTB Polo shirt and coffee mug (while supplies last).

To collect your prize, bring in your certificates to ACS, Bldg. 622, before Aug. 9.

To get started with the online training, visit myarmyonesource.com.

To get more information, call 938-5654/4621.

West Point Military Appreciation Day

West Point Military Appreciation Day will be held from 11 a.m.-4:30 p.m. Aug. 9 at Lake Frederick.

This fun-filled event is open to all active duty officers, enlisted Soldiers and their families.

Food will be served from 11:30 a.m.-1 p.m.

Unit teams are forming now for the sporting events. WPMAD will be held rain or shine.

For more information, call 938-4690.

Outdoor Recreation swim season

The FMWR Outdoor Recreation swim season is open. Delafield Pond's hours of

operation are 11 a.m.-6 p.m. daily.

Round Pond's hours of operation are 11 a.m.-5 p.m. daily.

For more information, call 938-5158.

Lunchtime for Tots Bowling

Enjoy bowling with the kids every Tuesday from 11:30 a.m.-1:30 p.m. at the West Point Bowling Center.

Children get to bowl two games, which include rental shoes, small fountain soda and a slice of pizza for a minimal price.

For more information, call 938-2140.

Round Pond reservations

The Round Pond Recreation Area is now open for the season. Round Pond's hours of operation are 8 a.m.-6 p.m., seven days a week.

To make reservations or for more information, call 845-938-2503.

West Point Auto offering NYS motorcycle safety inspections

West Point Auto is offering New York State motorcycle safety inspections.

Call 938-2074 to schedule an appointment.

Instructors needed

The FMWR Fitness Center is looking for Certified Body Pump instructors.

For more information, call 938-6490.

Register now for Summer Riding Camps at Morgan Farm

Morgan Farm Summer Riding Camps for children are available now.

Children can learn either English or Western style riding.

Camps are geared toward beginner through intermediate riders.

For more information, call 938-3926.

NEW INFO

Two-person team championship at the West Point Golf Course

A two-person team championship will be held July 28-29 at the West Point Golf Course.

It will be a tee time start event, with tee times starting at 8 a.m.

A challenging 6-6-6 format is scheduled for both days of play:

- Six holes, two-person scramble;
- Six holes, two-person alternate shot;
- Six holes, two-person best ball.

Lunch will be served after the round on July 29 and prizes will be awarded.

There is minimal cost per player plus greens and cart fees for each day (cart is optional).

For more information, call 938-2435.

Wee Ones Play Group is cancelled for Monday

The Wee Ones Play Group is cancelled Monday. It will resume at 10:30 a.m. July 23 at the Lee Area Child Development Center.

Life Works at Balfour Beatty Communities

• **July Bal-4 Coloring Contest**—Stop by 132 Bartlett Loop to pick up the Bal-4 Fireworks Safety Coloring page.

Color the page, be creative and submit your entry no later than July 27.

Winners will be chosen by age with prizes to be awarded.

• **Sand Art Craft Day**—Summer has begun and Balfour Beatty Communities wants to bring the fun of the beach to you.

BBC will be making sand art crafts at Stony I playground/park from 10:30 a.m.-noon Tuesday. Registration is required so that BBC doesn't run out of supplies.

• **Gummy Worm Day**—Come join BBC for a fun child-oriented discussion and activities about worms, dirt and plants from 1-2:30 p.m. July 19 at 126 Washington Road.

Come prepared to taste a chocolate dirt cake, a creation that looks like dirt and worms, but is edible.

To register for both events, contact Jodi Gellman at jgellman@bbcgrp.com by Friday.

Command Channel 8/23

July 12-19

Army Newswatch

Today, Friday and Monday through
July 19

8:30 a.m., 1 p.m. and 7 p.m.

NOW SHOWING

in the movie theater at
Mahan Hall, Bldg. 752

**Friday—Battleship, PG-13,
7:30 p.m.**

**Saturday—Marvel's The
Avengers, PG-13, 7:30 p.m.**

**July 20—Men in Black 3,
PG-13, 7:30 p.m.**

**July 21—Snow White and the
Huntsman, PG-13, 7:30 p.m.**

**July 27—Snow White and the
Huntsman, PG-13, 7:30 p.m.**

THE THEATER SCHEDULE ALSO CAN BE FOUND
AT WWW.SHOPMYEXCHANGE.COM.

For more information, call Shelley Ariosto, Family Advocacy Program manager, at 938-3369.

What's Happening

Cadet Summer Training closures and restrictions

During the summer, there will be a number of closures and restrictions due to Cadet Summer Training. The closures and restrictions include:

- Mine Torne Road—closed Friday-July 19. It is closed each day from 7:30 a.m.-7 p.m.;
- Stilwell Lake—closed Friday-July 19. It is closed each day from 7:30 a.m.-7 p.m.

For more information, contact Alec M. Lazore, range officer, at 938-3007 or 938-3930.

Man's Ruin Roller Derby

Join Man's Ruin Roller Derby for a battle you won't want to miss. Some of the most brutal girls New York has to offer will be facing off to determine who reigns supreme. Will the "Pistol Packin' Pin Ups" bring the heat or will the "Suzie Home Wreckers" destroy everyone in their path?

There's only one way to find out ... come and experience Man's Ruin Roller Derby for a night you will never forget.

The event is scheduled for 6 p.m. Sunday at The Castle, 109 Brookside Ave., in Chester, N.Y. The doors open at 5:30 p.m. For more information, go to www.mansruinrollerderby.com or www.twitter.com/MRRDerby.

Bring this announcement to the merchandise table at the game for a free door prize.

Gymnastics Day Camp

The West Point Gymnastics Club is offering a gymnastics day camp Monday-July 20. For more information, visit www.westpointgymnasticsclub.com or call Carmine Giglio at 845-938-2880.

West Point Vacation Bible School

The West Point Vacation Bible School will be held from 8:30-11:30 a.m. Monday-July 20.

Because of construction at the West Point Elementary and Middle Schools, VBS will be held at the Sacred Heart School, 533 Main St., in Highland Falls.

Registration and volunteer forms are located at the Post Chapel Annex and at Most Holy Trinity in the Rectory.

For more information, contact Leslie Eichelberger at sisterles@live.com.

New Cadet Visitation Day

The New Cadet Visitation Day, formerly known as the Ice Cream Social, will take place from 1-5 p.m. July 22.

It's an event where volunteers from across the West Point

community spend an afternoon with the new cadets sharing stories, allowing them to communicate with friends and family and sharing light refreshments. With the Class of 2016 nearing 1,200 new cadets, there is a need for sponsors for this event.

It is encouraged that those who have volunteered in the past to volunteer again. Also, those who are new to the community or have not participated previously, it is hoped that they will consider giving their support.

For more information, go to the sign up page at <http://www-internal.uscc.usma.edu/cfdocs/qtrs-visitation/logon.cfm>.

Free Computer Training

The Information, Education and Technology Division is offering free computer courses.

The courses include Microsoft Office 2007 software such as Outlook, Word, Excel, PowerPoint, Access and SharePoint 2010. Other courses offered are Computer Hardware and Software Orientation and a Keyboard Typing Skills Lab.

Courses are given in Jefferson Hall, fourth floor, Room 414 (IETD Classroom) through July 27.

Courses are open to cadets, USMAPS cadet candidates and computer users from any USMA activity.

For course dates, go to the IETD Course Calendar at <http://usma-portal/dean/staff/ietd/training/Pages/default.aspx>. For more information, call Thomas Gorman at 938-1186 or send an email to Thomas.Gorman@usma.edu.

PWOC Summer Bible Study

The Protestant Women of the Chapel will have its Summer Bible Study from 7-9 p.m. every Thursday through Aug. 2 at the Post Chapel.

For more information, contact Vicki McPeak at vmcpeak@aol.com.

Sports physicals for the upcoming school year

For students planning to compete in sports during the fall and winter, there are sports physicals available from 8-10:30 a.m. Aug. 2 and 7-10 a.m. Aug. 9 at the nurse's office at James O'Neill High School. No appointment is necessary.

Town of Highlands Farmer's Market

The Town of Highlands Farmer's Market is open from 9 a.m.-2 p.m. every Sunday through October in the municipal parking lot on Main Street across from Sacred Heart Church.

The market features fresh fruit and vegetables from seven local farmers as well as prepared food, breads, pastries, and

eggs. Free range chickens will be available by the end of July.

For more information, suggestions and comments, contact Olga Anderson at 917-509-1200 or westpointfarmersmarket@yahoo.com.

Veterans Retraining Assistance Program

The Veterans Retraining Assistance Program is available for unemployed veterans between the ages of 35-60 years old.

The VA is now accepting applications for VRAP.

Eligible participants may receive up to 12 months of training assistance at the full-time payment rate under the Montgomery GI Bill-Active Duty program (currently \$1,473 per month). DOL will offer employment assistance to every veteran who participates in the VRAP program.

Learn more about VRAP at www.benefits.va.gov/VOW.

2012 Army Summer Sports Camps

This summer the following sports camps will be held at West Point: boys and girls basketball, track and field, distance/cross country, co-ed diving, hockey, boys lacrosse, boys and girls soccer, softball, sprint football team camp, co-ed swimming, co-ed tennis, co-ed volleyball and boys wrestling.

For more information or to register, call 845-446-5007, ext. 119, or visit www.goarmysports.com for more camp specific information.

NEW INFO

Volkssport Club of West Point walk

The Volkssport Club of West Point will sponsor a one-day event walk Saturday in the city of New Paltz. Join walkers as they explore new 5-kilometer and 10-kilometer trails in this historic area.

You will walk through the State University of New York New Paltz campus, down the "oldest street in America" with six original stone houses built by French Huguenots, through quaint residential areas and downtown New Paltz with many interesting shops and restaurants.

There are good views of the Shawangunk Mountains, which draw mountain climbers from around the world.

Register and start at the Huguenot Street public parking lot between 9 a.m. and noon. Walkers must be finished by 3 p.m. Follow Main Street through the town and turn right into the parking lot just before the Wallkill River bridge.

For more information, call Gail Vorbach at 518-731-8607, Cora Seats at 845-744-3260 or www.ava.org/clubs/westpoint.

DPW NOTES

Repaving main post roads

West Point's main road is being repaved during the summer. Repaving, which started Monday, will occur in the following areas throughout the summer:

- Washington Road from the intersection of Lee Road to the Stony Lonesome Road intersection in the vicinity of the Catholic Chapel;
- Cullum Road in the vicinity of Lincoln Hall, Thayer Road to the intersection of Thayer Road and Mills Road by Buffalo Soldier Field.

The section of road between those two areas (from the Washington Road-Stony Lonesome Road intersection to Cullum Road by Lincoln Hall) will be repaved at a later date after the planned fiber optics installation in the area.

The paving project started Monday with the Washington Road section of the work. The Directorate of Public Works anticipates that the first section will take about six weeks to complete and will be completed for the March Back Aug. 13.

The work will consist of milling off approximately 1 1/2 inches of blacktop and then resurfacing. Some curb, sidewalk

and manhole repairs will also take place as needed. At no time will the road be impassable.

Resident street parking will not be allowed when work is being done in the immediate area.

The contractor will have flagmen before and after each work area to direct traffic as appropriate.

The road will only be excavated in the immediate area of any curb, sidewalk and manhole repairs.

While the road surface will be rough during the milling and prior to the application of asphalt, it will be drivable at all times.

The project manager for the paving project is Joe Mack.

For more information, call 938-3025.

Washington Road-Stony Lonesome Road intersection closure

DPW personnel will replace the steam pipes/vaults at the intersection of Stony Lonesome Road and Washington Road by Quarters 109 and the Catholic Chapel beginning Friday through Monday.

This work requires the closure of that intersection beginning 7 a.m. Friday and is

Keller Corner

TRICARE Education

Health Net Federal Services will present an "Introduction to TRICARE" live webinar briefing at 11 a.m. Wednesday. Space is limited.

Register at www.hnfs.com/go/webinars.

It's that time of year—Get ready for school with physicals and vaccinations

When making your back-to-school to-do lists, be sure to add a physical exam at the top.

Whether your son or daughter plays sports or not, beginning the year with a visit to the pediatrician can help your child stay healthy.

expected to remain closed until completion of work no later than 5 p.m. Monday.

This work is urgently needed to replace deteriorating steam infrastructure in the area.

During the closure, traffic will be rerouted via Parke Place from the intersection with Cullum Road at Quarters 102, by Arvin Cadet Physical Development Center to the intersection of Stony Lonesome Road.

The project manager for this work is Brandon Dengler.

For more information, call 938-2182.

Call 938-7992 or 800-552-2907 to request an appointment for a school or sports physical.

Join the Keller Healthy Thursday Challenge

This week's challenge: Get championship ready. Go to the nearest basketball court and make 20 baskets.

If you're up for it, see if you can make 20 in a row.

Regular physical activity is one of the most important things you can do for your health. Basketball, one example of physical activity, creates a great balance of fun, exercise and a little competitiveness.

POINTER VIEW

Do you plan on entertaining new cadets for New Cadet Visitation Day July 22? The Pointer View is interested in covering the experience and if you are interested in welcoming us into your homes for a story, contact Mike Strasser at 938-2015 or email at michael.strasser@usma.edu.



Soccer champions

The West Point Boys Travel Soccer team won the Eastern Hudson Youth Soccer League spring season championship with an undefeated record of 8-0-1. As champions, the team was invited to a champions dinner the league held at Anthony's Pier 9 in New Windsor Tuesday. The members of the West Point team in the photo are: (Back row) Nick Verastegui, Caleb Johnson, Lucas White, Coach Jesse Germain, Christopher Germain, Chris Schultz, Donnie Feldman, Coach John Nawoichyk, Lucas Sanchez-Barriga, Will Svoboda and Eli Phillips. (Front row) John Germain, Michael Burich, Pablo Sanchez-Barriga and goalkeeper Grant Nawoichyk. Missing from the photo were Logan Prairie and Liam King.

COURTESY PHOTO

Rowley named CBI All-American

By Christian Anderson
Army Athletic Communications

Although he threw his last pitch of the 2012 campaign nearly five weeks ago, the postseason accolades continue to pile up for Army right-handed pitcher Chris Rowley, who was named a CollegeBaseballInsider.com All-American July 6.

It marks the third All-America citation for the rising senior, who was similarly honored by the National Collegiate Baseball Writers Association and Collegiate Baseball magazine.

Army players have now earned a total of seven All-America accolades this spring with Rowley's three awards leading the way. Kevin McKague (Collegiate Baseball All-American), Harold Earls (freshman All-American) and Zach Price (CoSIDA Academic All-American and Lowe's Senior CLASS All-American) round out the impressive list of honorees.

Rowley, who eclipsed several academy single-season records during his impressive 2012 season, was tabbed an honorable mention All-American by CBI. His gaudy numbers attracted a great deal of attention throughout the spring, helping him earn a slew of national and regional honors.

The Patriot League Pitcher of the Year also

earned first-team all-league laurels and was named a semifinalist for the

prestigious Dick Howser Trophy, which is presented annually to the nation's top player. In addition to his three All-America selections, Rowley was named first-team All-Northeast Region by the American Baseball Coaches Association and earned second-team ECAC All-Star plaudits.

Rowley (11-1, 2.40 ERA) finished the season ranked ninth in the nation with 11 victories, third in WHIP (0.88), ninth in hits allowed per nine innings (5.92) and 10th with six complete games.

The third-year hurler struck out 80 batters and walked only 22 in 97 1/3 innings pitched over 15 starts. He yielded just 13 extra base hits, and opponents batted just .190 against him. The Duluth, Ga., native established academy single-season marks for wins (11), shutouts (five), consecutive shutouts (four), consecutive scoreless innings (29), consecutive innings without giving up an earned run (29), innings pitched (97 1/3) and games started (15).

Rowley, who was named Patriot League Pitcher of the Week a record-tying four times this season, was nearly unhittable versus conference opponents during the regular season. He fired four consecutive complete-game shutouts to open the league season, and finished with a perfect 5-0 mark and a microscopic 0.51 ERA. He allowed just two runs on 12 hits and three walks over 35 innings, while striking out 33 batters. Conference foes batted .103 against him during the regular season.

West Point Summer Softball League

Standings as of Monday

SOUTH DIVISION		W	-	L
1. BTD		12	-	6
2. MATH		9	-	5
3. ENGINEERS		6	-	5
4. SCPME		7	-	9
5. DMI		7	-	9
6. SOCIAL/HISTORY		5	-	8
7. EECS		3	-	11
NORTH DIVISION		W	-	L
1. ODIA #1		16	-	1
2. MEDDAC (WHITE)		10	-	5
3. ODIA #2		8	-	4
4. MEDDAC (MAROON)		8	-	8
5. MPs		6	-	7
6. WTU		6	-	7
7. STEWART MARINES		5	-	10
8. DOC/BAND		1	-	14

Weekly Sudoku by Chris Okasaki, D/EECS

Rules: Fill in the empty cells with the digits 1-9 so that no digit appears twice in the same row, column, or 3-by-3 box.

		7	2					
			4				5	6
	8	9		3		4		2
6		3	5	4				9
8				6				5
1				9	2	8		3
2		4		7		5	1	
9	5				4			
					5	6		

Difficulty: Easy