

# POINTER VIEW®

Combined Arms Tailgate, Saturday at Howze Field. See Page 5.

VOL. 69, No. 36

SERVING THE COMMUNITY OF WEST POINT, THE U.S. MILITARY ACADEMY

SEPTEMBER 13, 2012



## Branch Week

See Pages 8-9

Far from the typical college career fair, Branch Week at the U.S. Military Academy afforded many opportunities for the Corps of Cadets to learn about the profession of arms from Soldiers representing 16 Army branches. Static displays were dwarfed by several hundred tons of vehicles, equipment and weapons systems. (Above) Seen through a pilot's helmet, a group of cadets learn more about the Aviation branch and get an inside look at a UH-60L Black Hawk.

PHOTO BY MIKE STRASSER/PV

# Suicide prevention: A healthy force is a ready force

By Kirk Frady  
Army Medicine

The Army has designated September as Suicide Prevention Month and joins the nation in observing National Suicide Prevention Week, Monday-Friday, and World Suicide Prevention Day Friday.

The Army will expand its observance with events occurring during the entire month of September, focusing efforts on total Army family well-being, resilience, stigma reduction and positive results achieved by getting involved and reaching out for help.

"We are committed to every Soldier and our efforts are focused on prevention well before the individual chooses suicide as (his or her) only option," Lt. Gen. Patricia D. Horoho, Army Surgeon General and commander of the U.S. Army Medical Command, said.

To reduce the number of suicides, the Army is taking a holistic approach to health promotion, risk reduction and suicide prevention.

It takes into account the challenges derived from financial, relationship, legal, substance abuse and medical issues.

The Army has partnered with the National

Institute of Mental Health, or NIMH, to conduct the largest behavioral health study of risk and resilience factors among military personnel.

Agencies and organizations throughout the Army are planning appropriate educational activities to observe the Army's Suicide Prevention Month.

The Department of the Army sponsored a health fair in the Pentagon Courtyard, Wednesday and today, with representation from various government and non-government agencies. Similar activities will occur throughout the Army.

Former NFL player Herschel Walker will attend the health fair to share his testimony with attendees. A Suicide Prevention webpage has been established on the Army Suicide Prevention website to facilitate suicide prevention training and resource needs at [www.preventsuicide.army.mil](http://www.preventsuicide.army.mil).

Public Service Announcements with senior leaders' messaging have been developed and disseminated throughout the Army to support Army leaders.

A stand down has been directed by Vice Chief of Staff of the Army Gen. Lloyd J. Austin III for Sept. 27. The theme for the stand down is "Shoulder to Shoulder, We

Stand up for Life."

"Leaders across our Army recognize that the health of our Soldiers, Army civilians, and family members is a top priority," Austin said. "We remain committed to doing what is needed to care for our most precious asset—our people—thereby ensuring a healthy and resilient force for the future."

Defeating suicide will take active involvement from everyone. Civilian and military research on suicide has demonstrated that it is a complex phenomenon which defies easy solutions.

The Army has expanded access to services and programs to help Soldiers and family members improve their ability to cope with the stresses associated with military service (e.g., separation, deployments, financial pressures, etc.).

The increased use of these services indicates that Soldiers and families are using these programs.

For example, the number of Soldiers who

have been seen in behavioral health clinics has steadily increased over the past five years, the total number of behavioral health clinic visits increased and the number of Soldiers that participate in Strong Bonds marital retreats has increased.

These types of programs are geared toward getting the Army out "in front" of the suicide, and will ultimately help lower suicide rates.

"Despite the tough enemies our Army encountered in Iraq and Afghanistan, suicide is the toughest enemy we've faced, and I'm confident we will defeat this enemy," Joseph Westphal, under secretary of the Army, said. "I've served as a senior leader in the Army and various capacities, across several administrations, and I have never seen a challenge that, when Army leadership put their minds to it, they weren't able to address it successfully."

Stigma toward seeking behavioral health  
See **SUICIDE PREVENTION**, Page 3

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3	4	1	6	7	5	2	9	8
4	7	5	9	6	1	8	3	2
8	1	2	5	4	3	9	6	7
9	3	6	8	2	7	4	1	5
7	6	8	1	9	2	3	5	4
1	2	3	7	5	4	6	8	9
5	9	4	3	8	6	7	2	1

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Lt. Gen. David H. Huntoon, Jr.  
Superintendent

Lt. Col. Webster Wright  
Public Affairs Officer

Linda L. Mastin  
Command Information Branch Chief,  
938-8366

Eric S. Bartelt  
Managing Editor, 938-2015

Mike Strasser  
Assistant Editor, 938-2015

Kathy Eastwood  
Staff Writer, 938-2015

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# 9/11 Tribute



(Left) Class of 2014 Cadet Sam Strader was one of 125 cadets, U.S. Military Academy Preparatory School cadet candidates, staff, faculty and family members who took part in a memorial run throughout West Point honoring the victims of 9/11 Tuesday. The run began at reveille from the West Point cemetery, with each runner carrying Old Glory for 30 minutes until 6 p.m. (Above) Seventy-five cadets volunteered to climb a 15-foot rope 182 times to represent the 2,730 feet of the combined height of the twin towers at Hayes Gym Tuesday. This was a tribute to the first responders, firemen, police, military, EMTs and other professions that separated themselves by moving toward danger to preserve life and protect the innocent.

(LEFT PHOTO) TOMMY GILLIGAN/USMA PAO AND (ABOVE PHOTO) KATHY EASTWOOD/PV

## SUICIDE PREVENTION, cont'd from Page 2

support is a national problem which the Army takes very seriously. Numerous surveys indicate that some Soldiers are reluctant to seek help because they view it as a sign of weakness, or they believe their leaders will view it as a sign of weakness.

However, over the past several years there has been a decrease in the percentage of Soldiers that hold these views.

At the same time, the number of Soldiers who are using treatment programs such as behavioral health and substance abuse has steadily increased, which indicates Soldiers are overcoming those stigma barriers.

It will take time to change this culture, but through actions and example, Army leaders are beginning that transformation.

Army leaders have developed and implemented numerous initiatives to address the issue of stigma as it relates to seeking behavioral (mental) health services including:

- The co-location of behavioral health and primary

healthcare providers (Respect-Mil and Medical Home Model) within medical service facilities;

- Stigma reduction messaging is included in all suicide prevention training videos;

- Strategic communications initiatives launched to promote help-seeking behavior for Soldiers and their families (to include PSAs using celebrities as well as Army leaders);

- Policy revisions have been promulgated to discontinue use of the term 'mental' when referring to mental health services and replace it with 'behavioral';

- Continued exploration of opportunities to employ confidential behavioral health and related services.

The Army has expanded its Applied Suicide Intervention Skills Training, or ASIST, efforts and developed and fielded a number of training tools to facilitate units' training.

Other resources include ACE cards, Suicide Prevention Training Tip cards, Leaders' Guides and videos. Additional

resources may be accessed on the Army G-1, Suicide Prevention website.

Other programs designed to combat suicide include the Comprehensive Soldier and Family Fitness, or CSF2, program, which the Army instituted in 2012. CSF2 is an update to the Comprehensive Soldier Fitness program, which equips and trains Soldiers, family members and Army civilians for the psychological as well as physical rigors of sustained operations.

The CSF2 training equips individuals with valuable life skills, which helps to better cope in stressful situations, bounce back from adversity and avoid self-defeating behavior.

CSF2 resilience training will help commanders with "Health of the Force" issues to include suicide prevention.

For assistance, Soldiers and family members can contact The National Suicide Prevention Lifeline/Military Crisis Line at 1-800-273-TALK (8255).

# Firefighters recognized by Giants on 9/11 anniversary

Story and photo by Mike Strasser  
Assistant Editor

Jim Cordle hesitated when asked to sign the firefighter's helmet worn during post-9/11 recovery operations at Ground Zero. The N.Y. Giants offensive lineman wanted to be sure it was OK to mark up something so memorable, but West Point Firefighter Timothy Say said it was fine.

"That was a surreal experience for me and I wanted to make sure I should sign it," Cordle said. "I'll always remember that moment here today at the West Point Fire Department. Whatever we can do to help is great."

Say was volunteering with the Rockland County Technical Rescue Crew and Cordle was years from making his start in the NFL. Now it was his turn to give back.

"Certainly New York sports have been a big part of the healing process for so many after 9/11," Cordle said.

Cordle and Domenik Hixon, the Giants' wide receiver, visited the Stony Lonesome Fire Station Tuesday and had lunch with West Point firefighters and emergency personnel. They also presented a check for \$5,000 as part of the Giants' ongoing Adopt-A-Fire Station program. Other team members visited local fire stations in the N.Y.-New Jersey area.

"It's obviously a huge morale booster for us today," West Point Fire Chief Chris Reed said. "West Point is a national treasure for all of us here, and for them to come and recognize us is a big honor."

Hixon said it was an honor for them to visit West Point. He enjoyed talking football with the civilian and military personnel here, and rode in one of the fire trucks.

"We appreciate so much of what they do and they don't get enough credit for sacrificing pretty much their whole lives in providing America with freedom," he said.



Jim Cordle and Domenik Hixon (presenting check) from the N.Y. Giants met with West Point Fire Chief Chris Reed outside the Stony Lonesome Fire Station Tuesday and presented a check for \$5,000 as part of the Giants' Adopt-A-Fire Station program. The players stayed for lunch with the firefighters and emergency personnel on the anniversary of 9/11.

# West Point students encouraged to stay fit, study hard

*Two Giants visit Middle School to get kids to commit to NFL Play 60 Program*



It was the first assembly of the new school year at the West Point Middle School and students were treated to a visit from two N.Y. Giants who were promoting the NFL's Play 60 program to encourage healthy lifestyles among the nation's children.

Story and photos by Mike Strasser  
Assistant Editor

Since 2007, the NFL has promoted healthy lifestyles for the nation's youths through the Play 60 program, and two members of the N.Y. Giants visited the West Point Middle School Tuesday to motivate students to stay fit.

Offensive lineman Jim Cordle and wide receiver Domenik Hixon provided tips on staying healthy and advised children to ration their time on video games and choose outdoor activities instead.

Cordle listed all the activities he enjoys while staying active, but also admitted, to the cheers of students, that he also likes video games.

"You guys have to prioritize all your time," he said. "You are all military brats, and my dad was a Marine, so you know what it takes to prioritize ... do your homework, do what you have to do and then do what you want to do."

"Childhood obesity in America is a big problem, and video games have a lot to do with it," Hixon said. "So playing 60 minutes every day consistently, getting your metabolism up and eating healthy will definitely contribute to better health and a longer life."

They also reminded students to practice healthy eating habits, which means starting the day with a good breakfast and being careful not to eat too many sugary snacks during the day.

Children should also be encouraged to become active beyond the 60-minute pledge, and they can add education into their routine.

Hixon told the students he used to go on walks with his mother and they would practice his multiplication tables together.

They also told students to study hard because school should always come first.

Cordle said it is easy for football players to get their 60 minutes in because they practice and play every day.

"Not everyone will play in the NFL but you can get your 60 minutes and have fun playing outside," Cordle said.

West Point Middle School Principal David Rudy said it was a great opportunity to have NFL players at the school and validate what has been taught to students through the physical education and health curriculum.

"It's about emphasizing the importance of healthy living, daily fitness and making the right choices," Rudy said. "The other thing that I heard loud and clear from the Giants is hard work and perseverance. When they asked who wants to be a professional athlete, every child raised their hands. But what was right behind that was how much work it takes to get there and then to stay there. It was very special to hear that from them."

Hixon asked the students about their note-taking

See PLAY 60, Page 5



**Domenik Hixon, wide receiver for the N.Y. Giants, quizzes the students at West Point Middle School Tuesday with some sports trivia. He was joined by Jim Cordle, offensive lineman, to promote the NFL Play 60 program and encourage students to stay fit and make healthy choices.**

## Combined Arms Tailgate

The Combined Arms Tailgate is the culminating social event for Branch Week (through Saturday). The tailgate is scheduled for after the Army Football home opener against Northern Illinois from 3:30-8:30 p.m. (all times approximate) Saturday at Howze Field adjacent to Foley Center to the south of Michie Stadium.

The Combined Arms Tailgate provides cadets an opportunity to interact with branch representatives and leaders in a relaxed environment. Cadets of all classes are invited, although it is mandatory for Class of 2014 and 2015 cadets.

The menu includes hamburgers, hot dogs, sides, water, soft drinks and beer.

The uniform for all attendees, cadets and military staff and faculty, is ACUs.

# PLAY 60, cont'd from Page 4

abilities, because, along with playing football, team members prepare themselves for games by taking meticulous notes.

“Pretty much four hours a day we do physical activity, but what do you think we do the rest of the day? Take notes,” Hixon said. “We’ve got books full of notes—about who we’re going against, what they do well and what they don’t do well. So if you don’t like taking notes, you might want to start liking it.”

The visit coincided with the first school assembly of the year, in between a National Day of Service and Remembrance program and an announcement about the read-a-thon program.

“The students had no idea and we wanted to keep it a surprise,” Rudy said. “It followed our Sept. 11 anniversary program, and the message from the president was about community service—turning our sorrow into service, essentially. So to have these gentlemen here today in an act of service was so fitting.”

The majority of students were dressed in Black Knights apparel—obviously favoring the home team—but there were more than a few Giants jerseys in the auditorium, and one student wore an Eagles jersey, which Hixon was quick to point out.

After their presentation, the two Giants riddled the students with sports trivia and awarded team hats to those who answered correctly. There were also two sessions for students to ask questions. One student asked how long training

sessions for the Giants are.

“We have to be there from 8 in the morning until 5 (p.m.), but there are guys who show up at 6 in the morning and stay until 7 at night, just trying to get better,” Hixon said. “They’re trying to get better.”

The children, many of whom have lived overseas with their families, cheered when they heard Hixon was born in Neunkirchen am Potzberg, Germany, and his father was a 21-year Army veteran stationed in Heidelberg.

The Giants departed with some final words, “Do well in school, play 60 and have a good year.” Amidst the applause, one student shouted back to the reigning Super Bowl champs, “You too.”

According to the NFL website, the league has dedicated more than \$200 million to youth health and wellness, and the NFL Play 60 program has benefitted children throughout the nation. To learn more about the NFL Play 60 program, visit [www.nfl.com/play60](http://www.nfl.com/play60).

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# Honoring cadet competitive club leaders

## *Centurion pin recognition hails the accomplishments and dedication of team captains*

Story and photos by Kathy Eastwood  
Staff Writer

Forty-two cadet captains from 42 competitive club sports teams were honored Sept. 7 at Washington Hall to recognize the accomplishments and dedication of their leadership. Cadet competitive sports clubs are not as well known as football, soccer and various other corps squad sport teams.

“We felt we wanted to show the rest of the Corps of Cadets what these clubs could do because they don’t get the publicity that varsity teams receive,” Maj. Beth Merrigan, Department of Physical Education instructor and officer-in-charge of the Competitive Sports program, said.

The cadet captains each received a silver Centurion Pin resembling a Roman Centurion helmet, which has a horizontal red crest on the top. Centurions in ancient Rome were Soldiers who were awarded the rank of Centurion based on their strength, size and skills, as well as years of dedicated military service. They also commanded 100 men.

One cadet team captain who received a pin was Class of 2013 Giovanna Camacho, captain of the Women’s Boxing Team.

“I can tell you that I feel very honored to be receiving the Centurion Pin as I feel like I am accepting the pin and wearing it to represent not only our current team, but those female boxers from years past,” Camacho said. “They aspired to box, but did not have the opportunity

See CENTURION PIN, Page 7



**Class of 2013 Cadet Giovanna Camacho, captain of the Women’s Boxing team, receives a Centurion Pin from Col. Gregory Daniels, Department of Physical Education director, at a ceremony at Washington Hall Sept. 7. Camacho also received congratulations from U.S. Corps of Cadets Command Sgt. Major Todd Burnett and Lt. Col. John Cross, 1st Regiment tactical officer.**

## CENTURION PIN, cont'd from Page 6

or privilege to be part of a Women's Boxing Team here at West Point.

"These past years have been a struggle for our team as we have had to overcome a lot of adversity to our program and although we still have many more obstacles to face, I know that this pin is a small symbol representing our greatest struggle of finally achieving acceptance as a competitive sport," she added.

Camacho said she grew to love boxing and got the chance to try it when she was in high school working long hours at the gym to help her single foster mom pay bills.

"My boss came up to me and asked me if I would be interested in kickboxing," she said. "This opportunity was one of a lifetime as my boss knew I couldn't afford to attend classes, but allowed me to come for free and led me to my first victory."

Camacho said she loves the feeling of a challenge and boxing provides that challenge of never quitting,

"It's a way of survival as your body learns to become comfortable in any fighting situation," she said.

Class of 2014 Cadet Chris Price, captain of the climbing club, received his second Centurion Pin.

"It is a great honor to be receiving the pin for the second year in a row," Price said. "It is always a good feeling when your teammates vote you to be the captain and their leader. I got interested in climbing when I lived in Colorado and was hiking in the Garden of the Gods Park in Colorado Springs and looking up at the enormous 300-foot rock features, saw people climbing and thought that was pretty cool and made it my goal to do that some day. I joined a club in high school and since then, I've been hooked on the thrill that outdoor rock climbing has brought and the dedication to always better myself by training as often as I can."

Price said climbing is more than just a sport for him now.

"It's a lifestyle and I can honestly say that without climbing in my life, I would not be the leader that I am today."

The Centurion Ceremony began with former Commandant of Cadets Maj. Gen. William Rapp four years ago to honor those leaders in the competitive sports clubs and to amplify Gen. Douglas MacArthur's quote "On the fields of friendly strife are sown the seeds that on other days and other fields will bear the fruit of victory."



**The Centurion Pin (above) was presented to team captains of cadet competitive sports in recognition of their achievement, dedication and leadership for their team. The pin was given to 42 cadet club competitive sports team captains. The first Centurion Pin was given in 2008 and was the idea of former commandant, Maj. Gen. William Rapp. Rapp felt the cadet sports clubs were not given the recognition they should receive.**

# Academy concentrates on branch education, mentorship during BRANCH WEEK

Story and photos by Mike Strasser  
Assistant Editor

The U.S. Military Academy's Department of Military Instruction hosted its first Branch Week, Monday-Saturday, bringing in several hundred tons of military equipment, vehicles and weapons for the academy's spin on a college career fair.

While the tanks, attack helicopters and armored vehicles attracted crowds, the weeklong event was really an opportunity for the Corps of Cadets to learn about the various career fields they will either enter after graduation or work with in joint operations.

To that end, dozens of uniformed officers and noncommissioned officers representing the 16 branches provided cadets with insight into their profession.

Capt. Eric Tolska, 1-150th Assault Helicopter Battalion, New Jersey National Guard out of Joint Base McGuire, came to West Point on the same UH-60L Black Hawk he flew over MetLife Stadium for the N.Y. Giants home opener Sept. 5. After a few



Class of 2015 Cadet Spencer Petzold receives some instruction on operating the howitzer from a corporal with the 1-321 Army Field Artillery Regiment from Fort Bragg, N.C.

hours at the academy he was becoming familiar with cadet rank and how close they were to making their branch selections. Parked next to his helicopter on The Plain was an AH-64 Apache with Capt. Steven Lancianese from Task Force Night Hawk, 10th Combat Aviation Brigade, Fort Drum, N.Y., who was also answering cadet questions.



Capt. Steven Lancianese, a West Point Class of 2006 graduate, answered questions from cadets about the aviation branch during Branch Week, Monday-Saturday.

Lancianese said most cadets are focused on a 50-meter target, meaning their questions center on the most immediate objectives ahead, like flight school or being a platoon leader. Lancianese knows this all too well, as a member of the Class of 2006. He said the academy's effort to expose the entire Corps to all the branches at once is a good idea as indicated by the type of questions he's fielded throughout the week.

"These are all questions they can find out on their own and information they can get from their instructors," Lancianese said. "But they want to hear it from a pilot; they want to get the information from people in the field right now and I think it's good for us to come down here this week."

Class of 2014 Cadet Kyle Cardillo, Company I-4, made a beeline toward the aviation displays early Tuesday morning. Like Lancianese, his desire to become a pilot developed at an early age.

"I knew when I came to West Point that I wanted to be a pilot, so that's obviously my top choice," Cardillo, from Bellingham, Wash., said. "Now it's just a matter of cycling out my B and C plans, and those constantly change. All the branches do cool stuff and they all have unique missions. So it may come down to that night before Branch Night when you think, 'What do I really want to do?' and then submit the top three choices."

Lancianese said more than 100 members of his class were selected to become aviation officers, and it's more competitive than some would think.

Cardillo said he needs to work harder to improve his class standing to ensure he makes the cut for



The Explosive Ordnance Disposal suit and various breaching equipment were on display at the Chemical Corps booth, with representatives who explained that while the items are associated more with combat engineers, Soldiers assigned to the Chemical Corps often work with the Engineer Corps.

aviation. Last year, he completed the required aptitude test and will schedule the flight physical shortly, as he checks off all the requirements toward his goal.

"Then I just need to demonstrate to the branch that this is where I want to be," Cardillo said.

There were more than a few West Point graduates participating in Branch Week. Second Lt. Nargis Kabiri, Class of 2010, is a field artillery platoon leader, and introduced cadets to the Soldiers she brought from 1-321 Army Field Artillery Regiment from Fort Bragg, N.C.

They demonstrated teamwork in operating the light artillery weapon called a "Triple 7," or more properly known as the M777A2 medium towed howitzer.

Three graduates joined forces during a branch panel discussion to represent the Engineer Corps. Capt. John Chambers, a 2006 graduate, serves as the chief of training for the Sapper Leader Course. He spoke to cadets alongside 1st Lt. Rachel Neasham, Class of 2009, and 2nd Lt. Michael Eckland, Class of 2011, both of whom are serving as platoon leaders in the 57th Sapper Company at



Cadets got a close look at the Stryker vehicle and spoke with infantry officers and noncommissioned officers at the static display in Central Area and at branch panel discussions during Branch Week at the U.S. Military Academy.

Fort Bragg, N.C. Maj. Anna Maria Slem, a Class of 1995 graduate, joined her husband Maj. Timothy Slem from Fort Leonard Wood, Mo., to represent the Military Police.

In years past, branch education has largely been presented to upperclass cadets with a Branch Day organized each summer for rising yearlings during Cadet Field Training and subsequent junior leader panels to allow cadets to gain perspective from various branch proponent officers.

Branch Week serves to consolidate those events and organize activities to educate the entire Corps. It involved an integrated effort with faculty encouraged to discuss branches in the classroom, lead tours of branch equipment and review mission capabilities. Cadets in the Military Science (MS200) course are required to write a paper listing their top three branch choices and explain why they are suited to those branches. Cadets in the Class of 2013 and 2014 rotated through three branch panel discussions at Eisenhower Hall. These also allow squad and team leaders to pass on their knowledge about branch missions to the members of the Class of 2016 and lead them on display tours.

Maj. Dallas Cheatham, DMI's infantry and armor branch representative, said by shifting the focus away from just the upperclass cadets, it has become a stronger four-year program to benefit the entire Corps. Previous events mostly centered on combat arms, whereas Branch Week is all-inclusive. This will help cadets to think about their choices early on and avoid making any misguided or uninformed decisions, he said.

"We are revitalizing the way cadets learn about these branches ... and Branch Week allows us to bring in all the branches at once so we can focus on cadet education," he said. "Now all four classes are involved."

Cheatham said most senior cadets have narrowed down their branch preferences into a top three list and have had opportunities to hone their decisions while conducting Cadet Summer Training and Cadet Troop Leader Training programs. In addition to Branch Week, the junior cadets will have one more summer of military training to assist in making their branch choice.

"A lot of times we assume the cadets, being who they are and where they are, already know this stuff but that's not the case," Cheatham said. "So we have to put in the extra effort to get them smart about what they want to do for the rest of their careers."

Class of 2016 Cadet Pablo Zuniga, Company D-1, took advantage of the vast array of Army knowledge spread out in Central Area.

"I really like this opportunity because, for me, the whole idea of planning ahead and being ready to follow through on a goal and a mission to accomplish—it's nice to get started so early," Zuniga, from Chicago, Ill., said. "Getting this now, we have four years to adjust our schedules and adjust what we are aiming for so we can focus toward a goal of what we want to do and how to get there."

Class of 2014 Cadet Emily Monk, Company H-2, said Branch Week was a great opportunity to explore Army careers, and because it is a weeklong event, what she didn't get to visit one day will still be available the next.

"For me, it's a great chance to learn more about what each branch is all about, so I can make a more informed decision about what I want to do," Monk, from Rochester, Minn., said.

The week of branch orientation ends Saturday following the Army-North Illinois football game with a Combined Arms Tailgate where cadets can speak with branch leaders in a social atmosphere.

**(Editor's Note:** The story has been expanded and is available on the U.S. Military Academy website at [www.usma.edu](http://www.usma.edu)).

# FMWR Blurbs

## Arts & Crafts September classes

The West Point Arts and Crafts Shop is offering classes throughout September.

Try one of our photography classes with Jana from 5-7 p.m. tonight. This class will focus on portraits.

Try a sewing class with Jana from 5-7 p.m. Tuesday and Sept. 25. Bring an old T-shirt or material.

Enjoy our crop class with a ladies night out at Arts and Crafts from 4-7 p.m. Sept. 20. Bring your own photos, adhesive, scissors and ruler. Registration and pre-payment are required for all classes.

For more information, call 938-4812.

## Home Football Dinner Buffets

Starting tonight, the West Point Club will begin its Thursday and Friday night dinner buffets from 5-9 p.m. in the Pierce Dining Room. Ask about our member discounts.

For more information, call 938-5120.

## ACS Fall Expo and CYSS Day for Kids

ACS' Fall Expo and CYSS Day for Kids is a fun-filled combined family event that takes place Friday at the Lee Area CDC, Bldg. 140.

The Expo is scheduled from noon-3 p.m. and 4-6 p.m. for the Day for Kids.

Come see author and military columnist Jacey Eckhart and receive her free CD "I Married a Spartan."

Try one of ACS' workshops like the EFMP Symposium or the School Transition Workshop. Bring the children to enjoy a unified theme: Pirates on Parade.

For more information, call 938-0628.

## West Point Oktoberfest

Grab your lederhosen and join FMWR from 4-9 p.m. Sept. 21 and noon-8 p.m. Sept. 22 at the Victor Constant Ski Slope for traditional German food, drink and music with American flair.

There will be live bands, Oktoberfest Olympics, Mr. and Mrs. Oktoberfest Contest, Wiener Dog Race and Kinder Korner (Sept. 22 only).

The event is open to the public. There will be a courtesy shuttle bus for people living on post who have had too much to drink.

For more information, call 938-4690.

## Saturday Youth USBC Bowling League

Every Saturday from 9-11 a.m. starting Sept. 22, join the West Point Bowling Center for a Youth League.

There will be no bowling on home Army football game Saturdays, but there will be bowling on the following Tuesday from 3:30-5:30 p.m.

For more information and to register, call 938-2140.

## ACS Hope for the Warriors Above and Beyond Workshop

Join ACS and ACAP for a three-day

Hope for the Warriors Above and Beyond Workshop preparing you for the executive workforce environment.

This workshop is scheduled for 8:30 a.m.-4 p.m. Sept. 25-27 at the West Point Education Center.

Topics will include professional/personal goal setting with a career coach, resumé preparation and mock interview session.

For more information, call 938-0628.

## Enlisted Right Arm Night

Join BOSS at 4 p.m. Sept. 26 at the West Point Club for a Band of Brothers Enlisted Right Arm Night.

Active duty and retired service members from all branches are welcomed to enjoy free food and a live DJ.

For more information, call 938-6497.

## CYSS parent education classes

CYSS is offering several parent education classes.

The classes include:

- Parenting Strategies for Young Children is scheduled for noon-1 p.m. Sept. 26 at Stony Area CDC and is geared toward families with children from birth to age 5.

Learn some basic skills for activities that can enhance and support positive parent/child communication.

- Parenting Strategies for Teens is scheduled for noon-1 p.m. Oct. 10 at Lee Area CDC and is geared toward families with children from 13-17 years old.

Considering adolescent development, learn some tips and techniques to increase positive communication are topics that will be covered.

- Re-Directing Your Child is geared toward families with children from birth to age 5.

Learn how to get out of saying "NO! Don't do that!" with a few simple steps. It takes place from noon-1 p.m. Nov. 7 at Stony CDC.

For more information or to register, contact Kim Tague at 938-3921.

## Haunted House help wanted

Love Halloween? FMWR is looking for people to help put on our Haunted House with acting, set building, make-up and much more.

The Haunted House is scheduled for Oct. 25-26.

For more information, call 938-8185.

## Macy's Thanksgiving Day Parade tickets

Join Leisure Travel Services for the traditional Macy's Thanksgiving Day Parade Nov. 22. Tickets are on sale now at LTS.

Motor coach transportation leaves West Point at 6 a.m. and returns immediately following the parade.

For reservations and payment, call LTS at 938-3601.

## Benny Haven Bar open three nights weekly

The West Point Club's Benny Haven Bar is now open three nights weekly with a bar menu available.

The new hours of operation are 4-10 p.m. Wednesdays, 4-11 p.m. Thursdays and 4-11 p.m. Fridays.

Come to the bar Fridays from 4-6 p.m. for Happy Hour while enjoying the bar menu.

All departments are welcomed.

For more information, call 938-5120.

## CYSS offers child care during home football games

West Point Child, Youth and School Services will be providing child care during home football games this season.

Reservations can be made at the Stony or Lee Child Development Centers and need to be made by Wednesday, nine days prior, to the game day.

Child care will be provided from 10 a.m.-4 p.m. with a minimal cost per child.

For more information, contact Stony CDC at 938-4798 or Lee CDC at 938-0941.

## Preschool openings

Child, Youth and School Services has openings in their three-day, two-day and five-day preschool programs. The hours are from 9 a.m.-noon.

Children 3 years and older are eligible to attend.

For more information, call Parent Central at 938-4458/0939 to sign up.

## NEW INFO

### Hunter's Education Course

West Point Outdoor Recreation is hosting a New York State Hunter's Education Course from 6-10 p.m. Nov. 2 and 9 a.m.-4 p.m. Nov. 3 at Bonneville Cabin, Round Pond.

You must attend both classes to receive credit.

To register for the course, call 938-2503.

### SAC Night

School Age Children Night is scheduled from 6:30-9:30 p.m. Sept. 21 at the Lee Area CDC.

The theme is pajamas and movie night, but also includes activities.

There is a minimal fee per child for this event, which is open to children in grades 1-5.

For reservations and information, call the Lee Area CDC at 938-0942.

### Fall trips with Leisure Travel Services

Join Leisure Travel Services this fall for local trips and leave the driving to them. The fall trips include:

- San Gennaro Festival in New York, Sept. 22, leave West Point at 11 a.m., return at 5:30 p.m.;

- Hudson Valley Garlic Festival in

Saugerties, N.Y., Sept. 30, leave West Point at 11 a.m., return at 5:30 p.m.;

- The Meat Packing District in New York and walk at Highline Park, Oct. 7, leave West Point at 10 a.m., return at 4:30 p.m.;

- Norman Rockwell Museum in Stockbridge, Mass., leave West Point at 8 a.m., return at 4 p.m.

There is a minimal transportation fee for these trips.

For more information, call LTS at 938-3601.

### ACS Hearts Apart Support Group

Please join Army Community Service and Hearts Apart for a monthly gathering to build resiliency, camaraderie and self-reliance.

Each event will begin with valuable education and training and follow up with optional crafting time with friends.

While you are gaining knowledge that will set you up for success, you can also finally get around to completing those scrapbooks like you always meant to.

Learn how to organize your scrapping into manageable chunks and produce beautiful mementos you will be proud to share with family and friends.

Sessions will be held at ACS from 4:30-6:30 p.m., on the dates indicated below. Snacks and activities for kids will be provided.

- Tonight—Getting the Most Out of Volunteering;

- Oct. 11—MRT: Thinking Traps;

- Nov. 15—Crazy for Coupons;

- Dec. 13—Stress Management for the Holidays.

For more information, call 845-938-3487 to reserve your spot today.

Space is limited.

# What's Happening

## Book signing

A book signing is scheduled for the new release "Soldiers First: Duty, Honor, Country and Football at West Point" by author Joe Drape.

The book reveals extensive and unfettered access to the players and the coaching staff of the 2011 Army football squad. A reading, book signing and audience Q&A is scheduled to start at 1:30 p.m. Friday at the Cadet Bookstore, fourth floor of Thayer Hall.

## Puppies Behind Bars training

Puppies Behind Bars will hold its fall training session for the West Point community from 1-5 p.m. Sunday at the 49er Lodge.

The point of contact for community member sign-up is TaraRose Macuch at 212-680-9562 or [tara@puppiesbehindbars.com](mailto:tara@puppiesbehindbars.com).

## West Point Schools Read-a-thon and picture day

The West Point Schools will have two upcoming events in the month of September.

A Read-a-thon will begin Monday, so parents should look for information in children's folders. Also, the West Point Elementary and Middle School Picture Day is Tuesday.

For more information, contact Christina Overstreet, 2012-13 WPS Publicity Chair, at [christina.m.overstreet@gmail.com](mailto:christina.m.overstreet@gmail.com).

## Book signing

A book signing is scheduled for the new release "When Saturday Mattered Most: The Last Golden Season of Army Football," by author Mark Beech, a 1991 U.S. Military Academy graduate and an editor at Sports Illustrated, from 1-3:30 p.m. Tuesday at the Cadet Bookstore, fourth floor of Thayer Hall.

The book chronicles the end of an era, the last season before the surge of professional football began to lure the nation's best young student-athletes away from the military academies.

That fall, Army was the class of the nation and "When Saturday Mattered Most" tells the stirring story of the undefeated 1958 Army football team.

## USAG West Point community meeting

The U.S. Army Garrison-West Point community meeting, formerly known as the Community Action Council, is scheduled 6-7:30 p.m. Wednesday at the Jewish Chapel.

The garrison leadership and staff invites the whole community to join them to discuss their concerns and resolve issues in the West Point community.

During the forum, light refreshments will be served.

For more information, call garrison headquarters at 938-2022.

## West Point Hunt Club's 3D archery range is open

The West Point Hunt Club's 3D archery range, located on Patrick's Trail just past the ski lift, is now open.

Bring your bow and a friend and shoot at 14 targets ranging from deer and bear to turkeys. This is a walking course in all types of terrain. Wear proper foot wear.

The date the range is open is 7 a.m.-1:30 p.m. Sept. 22.

There is a small fee to shoot at the 3D range.

## Hispanic Heritage Month Observance

The installation Equal Opportunity Office and the William E. Simon Center for the Professional Military Ethic will be hosting this year's Hispanic Heritage Month Observance from

5-8 p.m. Sept. 25 at the Eisenhower Hall Ballroom.

This year's theme is diversity united, building America's future today. There will be food samplings along with cultural displays, dancing and much more. The event is free.

Points of contact are Capt. Linda Wade, USCC respect officer, at 938-2494 and Master Sgt. Joe Willis, USMA EOA, at 938-7082.

## International/Diversity Day Observance

The installation Equal Opportunity Office, Department of Foreign Languages and the William E. Simon Center for the Professional Military Ethic will be hosting this year's International/Diversity Day Observance from 6-9 p.m. Oct. 2 at the Eisenhower Hall Ballroom.

This year's theme is strength through diversity.

The International/Diversity Day Observance is an optional DoD special commemoration/ethnic observance that allows West Point's international cadets and others from across the community the opportunity to share some of their cultures with the Corps of Cadets and the community.

Points of contact are Capt. Linda Wade, USCC respect officer, at 938-2494; Master Sgt. Joe Willis, USMA EOA, at 938-7082; Lt. Col. Linda Emerson, USMA diversity officer, at 938-0508; and Erin Lunday at [erin.lunday1@us.army.mil](mailto:erin.lunday1@us.army.mil).

## Garrison Command's new Facebook page

The West Point Garrison Command is the new owner of a Facebook page. The main goal is to put out updates on what's happening in the community, recent news and photos and interact with other West Point fans.

The primary purpose of this page is for the West Point Garrison leadership to communicate directly to the entire West Point military community while highlighting or emphasizing specific information, issues and activities that affect the community.

You can reach the page at [www.facebook.com/WestPointGarrison](http://www.facebook.com/WestPointGarrison).

## Storm King Mountain Bike and Hike Program

The Storm King Mountain Bike and Hike Program is up and running for the season and will run through November this year.

The gates on Route 218 at Washington Gate and at Cornwall-on-Hudson are closed to motor vehicle traffic from 10 a.m.-3 p.m. every Sunday to allow pedestrians and bicyclists to enjoy this scenic road safely.

More detailed information is posted on the Storm King Bike and Hike Facebook page at [www.facebook.com/pages/Storm-King-Bike-and-Hike/151899924947472](http://www.facebook.com/pages/Storm-King-Bike-and-Hike/151899924947472) or call Olga Anderson at 917-509-1200.

## ID Card Facility offers services by appointment

Appointments are now available at the West Point ID Card Facility. Make an appointment, visit <https://rapids-appointments.dmdc.osd.mil>.

Appointments are currently available between 8:20 a.m.-3:40 p.m. Tuesdays and Thursdays. You must bring your appointment confirmation sheet with you. The West Point ID Card Facility is located on 622 Swift Road.

For more information, call the ID Card Facility at 938-3746 or 938-4736.

## NEW INFO

### Retired Col. Michael Endres visitation and funeral information

Visitation for retired Col. Michael T. Endres, Class of 1986

graduate and most recent Deputy Director of Admissions, who passed on Sept. 6, will be held from 6-8 p.m. tonight at Sacred Heart Church on Main Street in Highland Falls.

A funeral mass will be held at 10 a.m. Friday at the Cadet Chapel and interment will follow immediately after at the West Point Cemetery.

Memorial contributions may be made to: the Michael T. Endres Memorial Trust, P.O. Box 225, West Point, NY 10996 or the Military Service Initiative-George W. Bush Presidential Center, P.O. Box 600610, Dallas, TX 75360 or [www.bushcenter.com](http://www.bushcenter.com).

## A 5/50 Celebration Concert

There is a 5/50 Celebration Concert for Bishop Jeffrey C. Woody at 7:30 p.m. Sept. 21 at The Cathedral at the House on 131 Broadway in Newburgh. This is a celebration of Woody's five years as a Bishop and 50 years of his life.

To purchase tickets in advance for the concert, contact Loretta Woody at 938-4088 or [mzladyywoody@hotmail.com](mailto:mzladyywoody@hotmail.com).

## IETD Training Program

IETD is offering a training program course in Word, Excel, PowerPoint, Outlook, "What's On My Computer?," SharePoint and a computer/typing skills lab.

The course runs from 1-4 p.m. every Tuesday-Thursday through Dec. 20 at Jefferson Hall, Room 414. For course schedules, visit <http://usma-portal/dean/staff/ietd/training/Pages/default.aspx>.

For more information, call Thomas Gorman at 938-1186 for details and registration or contact [Thomas.Gorman@usma.edu](mailto:Thomas.Gorman@usma.edu).

## Motorcycle Training classes

The West Point Safety Office is offering Motorcycle Training classes over the next couple of months. There are classes available for the Basic Riders Course and the Experienced Riders Course.

The courses and dates available are:

- BRC (staff and faculty)—Oct. 17-18 and Nov. 7-8;
- BRC (cadets only)—Sept. 21-23, Oct. 19-21 and Nov. 9-11;
- ERC (staff and faculty)—Tuesday, Oct. 15 and Nov. 6.

BRC training for staff and faculty will be held at Bldg. 667A 3rd floor, Corps of Engineers Conference Room for classroom at 7:45 a.m. and the Range will be at the Motor Pool, for staff and faculty. BRC training for cadets will be held at the Education Center. ERC training will be held at A Lot.

Cadets who are interested in signing up, contact Shannon Lindey at 938-8682 and staff and faculty members interested in either the BRC or ERC, contact Aubrey Posey at 938-6131.

## DUSA Continuing Education Grant applications available

Society of the Daughters of the U.S. Army Continuing Education Grant applications are now available at the DUSA Gift Shop located inside the West Point Museum.

Grant applications are available to 2012-13 DUSA members (must be a member by Sept. 30) and completed applications are due by Oct. 1.

## Holiday Craft Bazaar

The West Point Women's Club Holiday Craft Bazaar is scheduled for 10 a.m.-6 p.m. Nov. 10 and 10 a.m.-5 p.m. Nov. 11. Admission is a suggested donation, and it is free for cadets and children 12 and younger.

If you would like to be a vendor at the event, email [wpwcbazaar@gmail.com](mailto:wpwcbazaar@gmail.com).

# Keller Corner

## West Point/Keller under construction

Please pardon our appearance as construction is taking place at Keller Army Community Hospital.

We know that to expand our facilities, we'll need to change the way our patients and visitors arrive at Keller.

Although these changes are temporary, we want your visit to be as easy as possible.

Also, as of Monday, we recommend that you allow extra time to reach Bldg. 606 at least 30 minutes prior to your scheduled appointment time to allow for parking and arrival at your care location.

## Suicide prevention is everyone's business

To find a Behavioral Health provider:

- North Region: 877-747-9579;
- West Region: 866-651-4970;
- South Region: 877-298-3514.

24 hour crisis/suicide assistance line:

- North Region: 800-273-Talk (8255);
- West Region: 866-284-3743;
- South Region: 904-254-2313;
- VA and National suicide prevention life line: 800-273-8255;
- Military One Source suicide prevention life line: 800-342-9647.

## Kick the habit now

Do you want to breathe better? Do you want to smell better? Do you want to look better? Do you want to feel better?

Let's face it, smoking tastes bad, smells bad, chokes the life out of you and could make you ill.

Come join Keller every first and third Friday of every month in the 4th floor classroom for the Tobacco Cessation Program.

For more information, call the Preventative Medicine Department at 938-2676.

## File your household goods claim within 75 days

By Allisa Minchillo  
Claims Examiner

Service members are eligible for Full Replacement Value protection of their household goods on official PCS moves.

Providing prompt notice of loss or damage is an essential part of the claims process. To qualify for full replacement value of your items, you need to notify your carrier of any loss or damaged property within 75 days of delivery.

You can do this either by listing missing or damaged items on DD Form 1840 at the time of delivery, by mailing or faxing DD Form 1840R to the carrier within 75 days or by initiating a loss/damage report on the Defense Personal Property System

website ([www.move.mil](http://www.move.mil)) within 75 days.

After notification, you must file a claim with your carrier within nine months of delivery on the DPS website. For items that are lost or destroyed, the carrier will either replace the item with a new item or pay the full, undepreciated replacement cost. For damaged items that can be repaired, the carrier will settle the claim by repairing or paying to repair the items.

If you file your claim with the carrier more than nine months after delivery, the carrier will only pay the depreciated replacement cost or repair cost, whichever is less.

If you properly notify your carrier, then file your claim within nine months of delivery and are dissatisfied with the carrier's final offer, or if you do not receive a final offer from the carrier within 30 days, you may transfer your claim (or a portion of your claim) to the USMA claims office. The Army cannot pay you the full replacement value immediately.

On transferred FRV claims, the Army will pay you the depreciated replacement cost or repair cost, and then try and recover the full replacement value from the carrier. Once the Army has recovered the full replacement value from the carrier, the Army will then pay you the difference between what it recovered from the carrier and the amount it has already paid you.

If you fail to notify the carrier within 75 days, or do not file a claim on DPS within nine months, you can still file your household goods claim with the USMA claims office within two years of delivery. The claims office will settle your claim by paying the depreciated replacement or repair cost, whichever is less.

The USMA Claims Division is located in Bldg. 626 and accepts walk-ins from 8 a.m.-5 p.m. Monday-Thursday and 8-11 a.m. Friday. You may call the Claims Division at 938-2016 or email [claims@usma.edu](mailto:claims@usma.edu).

## Weekly Sudoku by Chris Okasaki, D/EECS

2		9			8		7	
		7				5		3
	4		6		5	2	9	
	7	5			1			
			5	4	3			
			8			4	1	
	6	8	1		2		5	
1		3				6		
	9		3			7		1

Rules: Fill in the empty cells with the digits 1-9 so that no digit appears twice in the same row, column, or 3-by-3 box.

Difficulty: Easy

See SUDOKU SOLUTION, Page 2

## NOW SHOWING

Movies playing at Mahan Hall, Bldg. 752

**Friday—Diary of a Wimpy Kid:**

**Dog Days, PG, 7:30 p.m.**

**Saturday—The Dark Knight Rises,**

**PG-13, 7:30 p.m.**

**Sept. 21—Total Recall, PG-13, 9:30 p.m.**

**Sept. 22—Ice Age: Continental Drift,**

**PG, 7:30 p.m.**

THE THEATER SCHEDULE ALSO CAN BE FOUND AT

[WWW.SHOPMYEXCHANGE.COM](http://WWW.SHOPMYEXCHANGE.COM).

## Life Works at Balfour Beatty Communities

• **West Point Yard Sale**—The West Point Yard Sale is scheduled for 8:30 a.m.-4 p.m. Sept. 22, rain or shine, throughout post. Yard sales are a great way to make a little extra space and put some cash in your pocket.

## Command Channel 8/23

**Sept. 13-20**

**Army Newswatch**

**Today, Friday and Monday  
through Sept. 20**

**8:30 a.m., 1 p.m. and 7 p.m.**

**Shoulder to Shoulder Finding Strength and  
Hope together**

**Today, 7:30 p.m.; Friday, noon;  
Monday, 10 a.m.; Tuesday, 4 p.m.;**  
**Wednesday, 7:30 p.m.**

# Army Cross County took second in tri-meet

By Pam Flenke  
Army Athletic Communications

Army cross country concluded the home portion of its fall schedule Sept. 7, just two weeks into the season, as the Black Knights took on regional rivals Cornell and Binghamton in a tri-meet at the West Point Golf Course.

The team results were identical for both the men and the women as the Big Red swept both contests, followed by the host Black Knights in second and the visiting Bearcats in third.

In the men's race, Cornell totaled 18 points as all seven point earners finished among the top 11, including the top-two times. The Big Red's Ben Potts won the individual title, completing the course, which measured just shy of 8,000 meters, in 24:09.80.

Army, which tallied 53 points, was led once again by junior Ricardo Galindo. Galindo captured third-place overall with a time of 24:28.00. The Black Knights' No. 2 finisher was senior James Hodgen, who was a front runner throughout the meet. Hodgen crossed the line in 24:45.20, earning Army's second-best time for the second week in a row, and placing eighth overall.

Senior captain Kevin Russell worked his way into Army's top three after a 13th-place finish (25:01.90) and was joined by senior Mark Castelli (16th; 25:15.30), newcomer Tom

Girardot (17th; 25:16.00), senior Dan Jester (21st; 25:28.70) and freshman Eric Fenton (23rd; 25:41.00) as the Black Knights' point earners.

Binghamton, which earned 64 points, was led by Jeffrey Martinez, who placed seventh overall with a time of 24:41.60.

On the women's side, the impressive Cornell women registered 17 points to win the team belt, taking seven of the top-eight finishes. The Big Red's Katie Kellner won the individual title, finishing the 5K course in 17:02.50.

Sophomore Lisa Junta was the one non-Cornell runner to finish among the top nine, edging her way into fourth place with an Army-best time of 17:26.80.

Junta has solidified her spot at the head of the Army pack, capturing the top Black Knight time for the second week in a row. Similar to last week's Army Open, freshman Lisa Gabow and junior Liz O'Donnell followed Junta to earn Army's second- and third-best marks, respectively. Gabow placed 10th overall with a time of 18:02.20, while O'Donnell captured 12th with her finish of 18:14.40.

Also earning points for Army was sophomore Rachel King (23rd; 19:04.00), senior captain Mary Praker (25th; 19:12.40), classmate Jill Busby (28th; 19:22.30) and newcomer Angelica Dickson (30th; 19:23.50).

All seven of the Black Knights' scorers finished among their top eight at last week's competition.

The Bearcats, who totaled 82 points, were led by Alexis Hatcher, who placed 26th with a time of 19:14.40.

"A couple weeks ago I was concerned about our men's upperclassmen understanding the leadership role I needed them to play," Army head coach Troy Engle said. "But the way that Ricky Galindo and James Hodgen have stepped up makes it clear that they've gotten the message.

"Their performances, combined with some strong ones from our younger guys like Tom Girardot and Eric Fenton, shows how we're making strides," he added.

"For the women, the youth up front is exciting. Lisa (Junta), of course, is running well and Lindsay Gabow,



**Sophomore Lisa Junta was the only non-Cornell runner to finish in the top nine, placing fourth with a time of 17:26.80, during a tri-meet with Cornell and Binghamton Sept. 7 at the West Point Golf Course. TOMMY GILLIGAN/USMA PAO**

a freshman, (has) shown that she will end up being an outstanding competitor on the Patriot League level. I'm happy with how the women are doing; we're in a solid place right now," Engle said. "These were good teams we faced today. We've done an awful lot of hard work these past two weeks, so at the trajectory we're going, we can be successful at Iona next weekend. We will absolutely be a different team in five weeks than we are right now, in a good way."

# Women's Soccer upsets Seton Hall on late goal



By Mady Salvani  
Army Athletic Communications

Junior forward Kim An's goal with 45 seconds left lifted Army to a hard fought 1-0 win over Syracuse and second-place honors at the Black Knight Classic Sunday at Clinton Field. Unbeaten Iowa (8-0-0) trounced LIU 4-0 in the first game of the day to capture the team title with a 2-0-0 tournament record.

Army leveled its season record to 4-4-0 following the win after closing out the tournament with a 1-1-0 mark. The Black Knights fell 2-1 to the Hawkeyes Sept. 7, and Army's goal is just the third scored against Iowa this season.

Syracuse (3-3-1) went 1-1-0 to place third followed by LIU (0-2-0).

An was named to the all-tournament team along with junior defender Molly McGuigan and sophomore goalkeeper Linda Rosas. It is the third straight year that An has been selected for Black Knight Classic all-tourney honors, and is the second straight year for McGuigan.

Syracuse outshot Army 8-2 in the first half and 11-4 in the second half for a 19-6 advantage, but only six shots were on goal with Rosas (4-3-0) turning all six aside in notching her second shutout in her career this week.

Army and Syracuse each had six corner kicks with the Black Knights collecting four in the second half.

The sophomore keeper made four saves in the second half, two spectacular stops late in the game. In the 77th minute, Alexis Koval's shot hit the right post and Rosas smothered the ball off the ricochet. Six minutes later Rosas made a diving save to her right following a shot by Koval. Less than two minutes before An's game winner, Rosas rejected a long shot by Rosina Callisto.

An was thwarted by Orange keeper Brittany Anghel just over 16 minutes into the second half when she booted a hard shot at her in front of the goal that was rejected.

"When I hit that kind of shot, you just kind of know it is going in," An, who had all three of her shots on goal, said. "I

thought I shucked it well. The keeper had an awesome save so it was all her, but I was frustrated."

Two minutes later, junior midfielder Joey Molacek's shot hit the post and went right into the hands of Anghel.

With the seconds ticking away, An took a cross from classmate Ruthie Rosenberger inside the six and booted it into the right corner of the net at the 89:15 minute mark. The goal is her second of the tournament, third of the season and second game winner.

The Oak Ridge, N.J., native has 22 career goals and 10 game winners to take over sole possession of sixth place on Army's all-time chart in the latter and is just two shy of sharing ninth place in the former.

The assist is the second of the season for Rosenberger and career fourth.

"I went a few games not scoring before the tournament," An said, "and scoring a pair of goals this weekend helped get my confidence up. My team gave me great opportunities. I scored on two crosses, so it tells you how hard we are working with the outside mids doing a great job serving the ball in."

Though Army was held to just two shots in the first half, both were on goal, the first at the 16-minute mark by freshman Katie Holder and the second by An that was tipped away at the last second by Anghel, who finished with four saves.

"Our team played ridiculously hard," Army head coach Fred Thompson said. "Things could have bounced either way, but I am glad it bounced our way. I think it was a very good result for us.

"We made some adjustments on defense in the second half. Overall, we were very solid, but we need to fix a couple of issues in our midfield as Syracuse put a little too much pressure on our defense. They held up and Linda (Rosas) did a great job in goal as well," he added. "Our team always tries hard. I didn't think we started out as well as we should have and put too much pressure on ourselves. We fought through and made adjustments along the way, and different players stepped up. In the end, it was a great goal—stuff that we work on in practice almost every other day, and it was good to see that."

Junior forward Kim An scored a goal with 45 seconds left to defeat Syracuse 1-0 Sunday during the Black Knight Classic at Clinton Field. TOMMY GILLIGAN/USMA PAO

## Volleyball defeated Air Force, went 2-1 at Service Academy Challenge

By Tracy Nelson  
Army Athletic Communications

Senior co-captains outside hitter Ariana Mankus and right-side hitter Francine Vasquez once again paced the Army offense as the Black Knights hung on for a 3-1 win over rival Air Force in the final match of the Service Academy Challenge at the Pentagon Sept. 8. Army improved to 6-4 on the season and outlasted the Falcons in a marathon 31-29 fourth set to clinch the victory.

"This was a special win tonight," head coach Alma Kovaci said following the victory. "To be renewing a series with Air Force in the Pentagon was very special. Give credit to Air Force and its staff. They were as tough as tough gets.

"After losing earlier today to a very good Denver team, I was so proud of the way we responded tonight. Some players struggled today, but it was those players in particular who came up huge in that fourth set with everything on the line," she added.

Mankus topped Army with 14 kills, while Vasquez added 13 in the effort. Mankus completed the double-double with 19 digs. Sophomore setter Mary Vaccaro also added a double-double with 42 assists to go with 12 digs.

Junior libero D.J. Phee anchored the Black Knights' defense with a team-high 24 digs. Sophomore middle blocker

Molly McDonald led Army with five total blocks, including a solo block for the Black Knights' match-clinching point (31) in the fourth set.

The Black Knights finished the tournament with a 2-1 mark, registering wins over The Citadel (3-0) and Air Force. Army's lone loss came in a 3-0 decision to Denver earlier on Saturday.

Army took the opening set, 25-21, but watched Air Force take a 2-1 lead with 25-18 and 26-24 wins in sets two and three, respectively.

The Black Knights and Falcons played through 14 ties in the final set, but it was Army's Vaccaro serving for match point with a 30-29 lead. It was then that McDonald produced her biggest block of the weekend, stopping Air Force's Taylor Parker in the middle to clinch the match.

The Black Knights opened the match with a seemingly comfortable 14-7 lead midway through the first set. Army pushed its lead to 22-14 not long after, but the Falcons still had a run in them.

Air Force outscored Army 7-3 down the stretch, but the damage had already been done.

The second set belonged to Air Force much of the way. The Falcons took a commanding 17-6 lead on an Army miscue. This time it was Army's turn to make a late push, but the Black Knights' 12-8 run was too late as an error ended the set.

Tied at 1-1, the match heated up with a back-and-forth third set that entertained 11 ties and seven lead changes throughout.

Neither team led by more than five points (Army, 12-7) the entire way. A Phee service ace late in the action gave the Black Knights a 24-22 lead.

Army would surrender two additional points, but Vasquez came up huge with a pair of points via a kill (25) and service ace (26) to seal the win.

The epic fourth set began with the Falcons taking an 11-8 lead on an Army error. Neither team led by more than three points the rest of the set. With both teams fighting point-for-point during the closing plays of the match, Army's key players stepped up.

Trailing 24-22 with Air Force serving for set-point, Army broke a timeout huddle with "as one." The result was two quick points to level the score at 24-all on a Mankus service ace. Five additional ties ensued as both teams had a chance to get the win.

Tied at 29-29, Air Force was whistled for a ball handling error and Vaccaro returned to the service line for the Black Knights. One trip over the net and McDonald stuffed Parker for the win.

Air Force's Cami Richan led all players with 19 kills. She was the only Falcon to register double-digit kills.