

TACTICS TEAM TESTS SKILLS ON THE RANGE



Despite the cold temperature, fog and snow on the ground, cadets from the Small Unit Tactics team seized the opportunity to get on the range Jan. 12 to qualify on the M249 machine gun. Cadets regularly qualify on the M16 rifle as part of summer training requirements, but this was the first time for many of them to test their proficiency on a crew-served weapon. See Pages 8-9 for more about the team's training event.

MIKE STRASSER/PV

Cadet skates into history as first female to join inline hockey

By Jeff Lesmeister
Army Inline Hockey Public Affairs Division

As she took to the ice in the opening minutes of West Point Inline Hockey Club's recent win against the Merchant Marine Academy, Class of 2014 Cadet Jenna Vercollone became the first female to represent the U.S. Military Academy in any capacity in the sport of hockey.

Vercollone is a member of the West Point Inline Hockey Club, a hobby club within the Directorate of Cadet Activities. Although the club was originally founded in 2000, it took off

in earnest under the leadership of Pat Toffler, who is currently an infantry captain, from the Class of 2009.

The team is an affiliate member of the Eastern Collegiate Roller Hockey Association within the National Collegiate Roller Hockey Association. The team gained momentum each year culminating in a Division I Central Conference championship in 2011-12.

This year, due to scheduling and availability changes, the club branched out to include a few ice hockey games as an affiliate member of the American Collegiate Hockey Association, and Vercollone jumped at the opportunity to

return to the sport she loved growing up.

"Hockey has always been my favorite thing in the world," Vercollone said. "(This team) has made my time here at West Point a lot better."

Vercollone, who is also a member of Women's Army Rugby, had not even considered that she was the first female to represent West Point in this manner.

"I hadn't thought about it. I was a little worried, being the only girl on the team, but (the other players) have been great about helping me out and making me feel at home."

See HOCKEY HISTORY, Page 6

Taking a stand to stop bullying

Submitted by the Directorate of Family and Morale, Welfare and Recreation

Take a stand, lend a hand. Understanding the causes, warning signs and new laws surrounding peer bullying can arm you with valuable information needed to promote self-advocacy and bullying prevention.

Taking care of your needs and the needs of your children can be overwhelming. By educating yourself on the degrees and consequences of bullying, you, as a parent, will be better able to aid and intervene in your child's situation.

Bullying includes a wide range of aggressive behavior that is intentionally inflicted upon someone else. Bullying can take on many forms, in person and through electronic means, such as hitting, name calling, teasing, cyber bullying, gestures and derogatory slurs are some of the common forms of bullying experienced by today's school age children.

Bullying can impact developing and special needs children alike. Many children who experience this type of abuse from their peers do not tell their parents or authority figures and suffer a silent torture.

As a parent, it is important to recognize the warning signs of bullying and be able to identify personality and mood changes in your child that may lead you to suspect that they are being bullied.

Common warning signs include, but are not limited to, lost interest in school, torn or damaged clothing or personal belongings, frequent sickness and reasons to stay out of school, trouble sleeping and lack of social interaction with peers.

Recognizing the warning signs of bullying is pivotal but learning the steps you should take if you suspect your child is being bullied can make a world of difference in your child's ability to cope, react and maintain his or her optimal quality of life despite the actions of his or her peers.

Join the Army Community Service's Exceptional Family Member Program in conjunction with Special Education Attorneys Sheryl Frishman and Marion Walsh from 11 a.m.-1 p.m. Jan. 29 in Army Community Service Bldg. 622 for a special presentation on bullying and harassment of today's youth.

In the event of inclement weather, the presentation will be held Jan. 31 at the same time and place.

To make reservations, email josephine.toohey@us.army.mil by Jan. 25 to reserve a seat. The building is handicap accessible.

A limited number of childcare spaces will be available on a first come, first served basis. You are encouraged to bring a brown bag lunch, while light refreshments and desserts will be provided.

For more information, call 938-5655.



COURTESY GRAPHIC



Army Safety 2012 - A Year in Review and The Year Ahead

The significance of safety is one of many critical lessons our Army has learned after 11 years at war. We have learned that lesson well as demonstrated by a 9 percent annual decline in Soldier accidental fatalities. Fiscal 2012 was our third safest year on record. This is a great accomplishment for every member of our Force, and one that will sustain us as we transition to the Army of the future.

We can improve upon that performance in 2013 by treating safety as an imperative, not just a priority. As the mission changes, priorities may shift in importance. Safety, however, is non-negotiable in all that we do, both on and off duty. It must be at the center of every function throughout the chain of command for the proper care of our Soldiers, Civilians, and Families.

By focusing on several key actions, leaders at all levels can contribute to the safety of our personnel. First, commanders should evaluate unit safety culture and the degree of organizational risk by scheduling their individual formations for the Army Readiness Assessment Program (ARAP) (more information on ARAP is available at <https://safety.army.mil>).

Next, commanders at all levels must continue to ensure timely completion of accident reports. Lags in reporting time and incomplete reports complicate trend analysis and delay the distribution of vital safety information to the field. Reports must contain all relevant facts and be as comprehensive as possible before they are submitted through the reviewing chain. Safety information is only as good as the data used to analyze it, and incomplete accident reports may obscure emerging trends.

Finally, leaders must know what their Soldiers are doing off duty. Mishaps involving privately owned motor vehicles – both cars and motorcycles – remain the number one cause of accidental deaths of Soldiers. We must fight off-duty risk with the same tenacity and principles that we apply to minimizing accidental fatalities on duty.

By actively engaging Soldiers, Civilians and Families, we can and must work together to ensure our continued safety success. Thank you for what you do every day for our Army and the United States of America. Together, we are The Strength of the Nation!

Raymond F. Chandler III
Sergeant Major of the Army

Raymond T. Odierno
General, United States Army
Chief of Staff

John M. McHugh
Secretary of the Army

Life Works at Balfour Beatty Communities

• "I Have a Dream" essay contest—Dr. Martin Luther King Jr. had a dream for everyone in our country to be free and that all men are created equal.

What is your dream? Entries for the "I Have a Dream" essay contest are due via email to jgellman@bbcgrp.com or at 132 Bartlett Loop by Friday. The winner of the essay contest will win a PX Gift Card.

Solution to Weekly Sudoku

9	2	3	4	1	7	8	5	6
8	6	4	3	9	5	1	2	7
1	7	5	2	8	6	9	4	3
3	1	6	5	4	9	7	8	2
2	5	9	8	7	3	6	1	4
7	4	8	6	2	1	5	3	9
5	9	1	7	3	2	4	6	8
6	8	2	9	5	4	3	7	1
4	3	7	1	6	8	2	9	5

See SUDOKU PUZZLE, Page 12

POINTER VIEW

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West Point

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Superintendent meets with garrison on state of West Point

Story and photo by Kathy Eastwood
Staff Writer

U.S. Military Academy Superintendent Lt. Gen. David H. Huntoon Jr. spoke to garrison employees Jan. 9 at Eisenhower Hall Theatre about West Point's mission and their critical role in supporting that mission. He also spoke about new military construction and budget constraints.

"Our mission statement hasn't changed in many years, and everyone in this room contributes directly or indirectly to the accomplishment of this mission," Huntoon said. "It's about the development of leaders of character. It's the preparation of our cadets who come from every state of the union and from 36 countries around the world all here for all four years in common purpose to prepare for leading Soldiers."

Huntoon also spoke about the ongoing construction on post and the sustainment, renovation and modernization efforts toward some of the decaying infrastructure. He cited the recent demolition of Central Area Apartments, built in the first part of the 20th century. The vacant lot from those apartments will be used as the staging area for the construction of the new cadet barracks.

Huntoon said the sustainment, restoration and maintenance, or SRM, funding provided from the Installation Management Command to the garrison in recent years has not been able to keep up with the natural decline of the older and decaying buildings, but that is changing. Cadet barracks are overcrowded. Many rooms which have space for two cadets, have three cadets in them. Some space has been deliberately diverted for leader development purposes such as rooms dedicated for tactical officers and tactical noncommissioned officers.

"We are going to build a new set of cadet barracks," Huntoon said. "Building 720 is now a parking lot, but that parking lot is going away and it's going to take a year to set the base for a five-story cadet barracks."

That's just one part of the solution. There are currently nine cadet barracks housing the Corps of Cadets and Huntoon said the U.S. Army is committed to providing the levels of SRM funding needed to improve current conditions in the barracks.

Another construction initiative is the new Visitors Center, which will be adjacent to the current facility, but will re-set to face the Hudson River. Huntoon said visitors today have legitimate expectations of much more interactive and state of the art displays that will best tell the story of the United States Military Academy. The funding for the new Visitors Center will come from the donations of graduates.

Following Huntoon's remarks, the forum opened up for questions and answers, which ranged from reduction-in-force issues, privatization and a possible hiring freeze. Currently, while there are no RIF or privatization plans in the near future for garrison employees, future budget constraints make accurate predictions uncertain, according to Huntoon.

The garrison and its personnel sustain West Point as



U.S. Military Academy Superintendent Lt. Gen. David H. Huntoon Jr. addressed garrison personnel Jan. 9 on the current state of West Point and some of the ongoing issues facing the academy and West Point at large.

a national treasure for the millions of visitors who come here every year and the superintendent's bottom line was great pride in the garrison's day-to-day operations—from the Directorate of Public Works to the Directorate of Plans, Training, Mobilization and Security, from Family and Morale,

Welfare and Recreation to the Child Development Center, and from the Military Police to the snow plow operators. It is only through their untiring support that USMA continues to accomplish its mission of providing commissioned leaders of character for our Army and the nation.



Demonstrating selfless service Contributions doubled in support of Toys for Tots

The West Point community came together last semester to collect toys in support of Toys for Tots. ODK, a cadet leadership honor society, organized an event for victims of Hurricane Sandy and the Newburgh Boys and Girls Club. As a community, more than 1,000 toys were collected and a check for \$5,274.50 was presented to the Orange County Marines to help buy more toys. Certain clubs and cadets went above and beyond in raising twice the amount as the year before. Within the Corps of Cadets, Company B-3 provided the most support with 75 toys and the best faculty department was the Department of Behavioral Sciences and Leadership with 56 toys. The Theatre Arts Guild was the top club providing 233 toys.

COURTESY PHOTO

SHARP Program  **I.A.M. STRONG**
Sexual Harassment / Assault Response & Prevention  STRONG

If you have been a victim of sexual assault, contact the West Point Helpline...

- At West Point, call or text, 845-659-7467;
- Visit www.preventsexualassault.army.mil;
- Visit the DOD Safe Helpline at www.SafeHelpline.org;
- Call the Safe Helpline at 877-995-5247 or text 55247 inside the U.S. or 202-470-5546 outside the U.S.

Keller initiates annual disaster, mass casualty training

Story and photo by Kathy Eastwood
Staff Writer

The priority of a hospital is not just the caring and healing of patients, but ensuring their overall safety as well. What will the hospital staff do if the unexpected happens? If there is an active shooter incident, a bomb threat or a major accident, can the staff cope with a massive influx of injured patients?

Keller Army Community Hospital prepared for such an emergency with an annual disaster training event Jan. 10. Two types of training were initiated, one was a round robin classroom event at the hospital and the other was a hands-on initiative at the Youth Services Center.

The round robin training is familiarization training for hospital staff in a mass casualty event with activities and knowledge of 11 emergency codes.

Hospital staff had the option of utilizing the round robin training or participating in a competition in what KACH called the Disaster Olympix.

Sixty-four employees opted for the Disaster Olympix. The Disaster Olympix consisted of eight personnel groups who competed in eight events to test their knowledge and skills in disaster and emergency code operations.

“With the emergency operation procedures, we break events down to four

stations,” Sgt. 1st Class Christopher Dorman, primary care noncommissioned officer-in-charge, said. “In a real situation, someone will call a color code over the loud speaker. There will be people who are assigned to a particular code and will immediately go to their predetermined destination. A code blue for example means certain staff members will go to the emergency room. A code blue indicates a cardiac arrest.”

Other codes include pink, which indicates infant child abduction, black is a bomb threat, green is a combative person and white indicates an armed intruder.

Dorman managed the triage care station where staff members practiced the correct triage format, which is dividing patients in an emergency setting by prioritizing their injuries into immediate care, delayed or minimal.

Participants handled dummies representing various types of injuries such as broken bones, abdomen lacerations and head injuries. They practiced determining the severity of injuries and placing the patient onto a gurney in the proper way without causing more injuries to the patient or to themselves.

Other stations had question and answer sessions formulated into games.

In a “Jeopardy”-type game, one question asked about the two locations for decontamination in case of a chemical or



Four Keller Army Community Hospital staffers engage in triage training during the Disaster Olympix Jan. 10 at the Youth Services building. The disaster training is an annual event that prepares employees on how to react in emergencies, such as active shooter, bomb threats or mass casualties. Generally, the disaster training is classroom training, but for the first time the event allowed staff to engage in hands-on training and quizzes in television game show format.

radioactive incident.

In a pharmacy game, participants answered questions such as, what is the proper way of disposing of batteries?

“The (emergency operation procedure) is just for MEDDAC and this is the first time we have done the Disaster Olympix,” Britney Walker, KACH public affairs officer, said. “Typically we utilize the round robin classroom, but we made it interactive and a hands-on event.”

Joe Pfanzelter, KACH emergency management director, wanted the training to be hands-on and engaging for employees.

“I came up with the idea (of the Disaster

Olympix) when I attended a joint disaster conference at a civilian hospital,” Pfanzelter said. “I liked the idea because Disaster Olympix sounded more fun. My major goal is to get rid of the round robin event and just make it disaster training, but will continue with both (for now.)”

Izana Phillips from the human resources division also participated in the Disaster Olympix, which she preferred more to attending classes.

“I’m learning a lot, I think we are learning without realizing it,” Phillips said. “I work in human resources and don’t get the chance for hands-on training, and this is so much fun.”



Support from the Corps

Class of 2013 Cadet Kelsey Eargle, Company C-4 (foreground), and Class of 2014 Cadet Derek Hartman, Co. G-4, provide a much-appreciated donation during the Armed Services Blood Drive at Eisenhower Hall Jan. 9. The blood drive went above its quota due in part to 30 to 40 veterans arriving from Nutley, N.J., who chartered a bus and arrived in the morning of Jan. 10 to support the ASBD.

KATHY EASTWOOD/PV

West Point grapplers sponsor youth session wrestling

Story and photo by Kathy Eastwood
Staff Writer

The West Point Wrestling Club has sponsored a youth wrestling session for several years as a way to give back to the community and to introduce wrestling to the young.

The first youth session of 2013 began Jan. 7 at the Arvin Cadet Physical Development Center for elementary and middle school-aged children through high school.

“Volunteers are both members of the (Army) varsity team and the West Point Wrestling Club,” Enock Francois, West Point Wrestling Club head coach, said. “With the club being USA Wrestling sanctioned, it is a separate entity and completely separate from Army Wrestling, so it is under an umbrella of its own. Volunteers who participated, as well as other cadets who have participated before, serve as USA Wrestling coaches when it comes to anything affiliated with WPWC.”

Francois, who is also a volunteer assistant coach for the Army varsity wrestling team, said all cadet wrestlers participate in WPWC and are required to have USA Wrestling membership cards to take part in club activities and functions.

“I believe between our Prep School cadets and our cadets here, we have approximately 50 cadets with USA Wrestling membership cards who take part in WPWC activities in one way or another,” Francois said.

Francois said teaching youth wrestling also helps the children to develop and succeed in life.

“In wrestling, there are obstacles to overcome,” he said, “not specifically against an opponent, but against yourself. The fact that with wrestling, you are your biggest opponent—you have to ‘will’ yourself to become great by constantly trying to get better at every opportunity, becoming a student of the sport and striving for perfection, even though that is hardly obtainable, but striving for perfection in every aspect is the ultimate goal.”

Cadet wrestlers can volunteer in arenas other than the mat. Class of 2016 Cadet Bryce Barnes coaches youth wrestling but is also a Sunday School volunteer teacher.

“I’m used to dealing with children and have built up a lot of patience,” Barnes, a varsity team wrestler and member of WPWC, said. “Coaching youth wrestling helps me to look at the finer aspects of wrestling and I’m always learning something new from the youths.”

Barnes said sometimes when he is wrestling he can be carried away and forget the basic steps, and coaching youth wrestling gives him a second look at himself as a wrestler.

Francois said striving for perfection translates off the mat to every aspect of life. Giving the best effort in everything someone does on or off the mat means the result, more often than not, will be success.

“We build mental toughness, we become mentally strong and we become great,” Francois explained. “This mentality extends from our youth and high school children to our cadets as well. Discipline plays a major role in this aspect of striving for perfection and wanting to be great.”



West Point wrestling team member freshman Bryce Barnes shows Sam Benson wrestling moves at the first practice of the Youth Wrestling Club Jan. 7 at the Arvin Cadet Physical Development Center. The West Point Wrestling Club sponsors the event. Classes are Mondays and Wednesdays 6:30-7:30 p.m. in the wrestling room at ACPDC For details, contact Youth Services at 838-3550.

Unexpected goals lead to big road win for Inline Hockey Club

By Army Inline Hockey Public Affairs Division

Goals came from every part of the lineup Jan. 12 at the Prudential Center in Newark, N.J., as the West Point Club Hockey team defeated the New Jersey Institute of Technology Highlanders 11-1.

Army jumped out to an early lead when junior forward Adam Pasque put away a goal on an assist from Scott Machcinski. Less than a minute later, junior forward Rob Snook marked his first point on the night on assists from senior Frankie Candelmo and junior Jeff Lesmeister.

Throughout the night, the combination of Snook, Candelmo and Lesmeister would create three more tallies. The Highlanders answered West Point's early start with a goal of their own, as freshman goaltender Nico Candelmo had trouble reading a tricky slap shot on the power play.

Following the Highlander goal, it was all West Point as the late first period goal would be the only blemish on the evening and was quickly answered by sophomore Nick Pappas after being set up by junior John Roman.

The second period began with a bang as heavy-hitting senior defenseman Brett Kroll and Brian Tumolillo began dropping bodies left and right. Their physical dominance in the neutral zone and in the corners left no doubt as to who controlled the game. With six minutes

left in the second period, West Point added to its lead when sophomore John Anderson fired another one past the NJIT keeper, with the assist going to Pappas.

Two minutes later on the power play, freshmen defenseman Joe Kramer completely fooled the goaltender to add a marker of his own. The assists went to Candelmo and Lesmeister. Again on the power play with 18 seconds in the period, Snook put home a rebound off a Candelmo slap shot and Lesmeister assist.

Pasque opened up the third period's scoring with 10 minutes left in the game as he finished on assist from sophomore defenseman John-Connor Redmond and Machcinski. He took no time completing his hat trick when he tipped a Redmond slap shot out of mid air, deflecting it right under the cross bar. A minute later, Snook completed a hat trick of his own with help from Candelmo and Lesmeister as the three combined again to find the back of the net. The game finished out with an individual effort from Pappas and a beautiful tic-tac-toe by Candelmo, Snook and Lesmeister with Candelmo getting the tally.

The team heads into this weekend's three games with a 3-0 record and a combined score of 20-4. Army will look to continue its win streak 10 a.m. Saturday when it takes on the University of Scranton at the Revolution Ice Centre in Pittston, Pa.

HOCKEY HISTORY, cont'd from Page 1

Vercollone said.

Although she may not be the biggest player on the team, she is no slacker on the ice.

"She goes into the corners just like anyone else, and she's one of the most committed and driven players on the team," senior defenseman and captain Brett Kroll said.

Her dedication paid off against MMA, as Vercollone helped the team to a 6-1 victory by adding an assist of her own.

"I feel pretty comfortable out there," she said. "It's a faster game and I have to move the puck a bit quicker, but we have a group of really skilled players who have been helpful in getting me used to the higher speed and intensity."

She hopes that other cadets, both male and female, will follow her



Class of 2014 Cadet Jenna Vercollone. COURTESY PHOTO example in the future.

"I love this sport, and any chance to play is awesome," Vercollone said. "I think there is a large pool of people here (at the academy), male and female, who have a lot of experience playing hockey and would love to have a club hockey program as a

viable opportunity."

She hopes to see the club gain momentum during her time here and wants to show other female cadets that they can come out and play for this team.

"Our club is really something great, and I am very excited to see where it goes from here," she said.

Young artists display work at annual Fine Arts Exhibit



Children and adults attended the annual West Point Child, Youth and School Services and the Boys and Girls Clubs of America's presentation of the 2013 Fine Arts Exhibit Jan. 11 at the Youth Center. The year-round program encourages artistic expression among club members ages 6-18 through drawing, painting, print making, collage and mixed media. A total of 195 pieces of art were submitted by 75 children. The winners of this competition will advance to the regional and then national competitions with the hope of their work being included in the National Fine Arts Exhibit, which debuts at the BGCA'S National Conference and will be displayed throughout the ensuing year.

PHOTOS BY KATHY EASTWOOD/PV

ALL ABOUT THE TRAINING

Small Unit Tactics Team starts semester with weapons qualification and more

Story and photos by Mike Strasser
Assistant Editor

Because the pursuit of tactical proficiency doesn't end at summer training, the Small Unit Tactics Club exists. And the desire to achieve this proficiency is why cadets were found laying prone in the cold snow, mud and gravel for several hours Saturday on Range 5 qualifying on the M249 machine gun.

For more than a dozen team members there is nothing else they'd rather be doing on a Saturday morning. It isn't simply that they all



Snow kicks up and a member of the Small Unit Tactics Team takes aim at the target during M249 qualification at Range 5.



A member of the Small Unit Tactics Team worked quickly to adjust the sight while qualifying on the M249. Cadets familiarized themselves with the M145 Optic Sight for the first time while conducting qualification and training on the crew served weapons on a foggy Saturday at Range 5.

wanted to do this. These are the cadets who always want more of it.

That's the draw of being on the Small Unit Tactics Team. When summer training ends and cadets aren't ready to stow away their field gear, this team, one of a handful of military clubs provided through the Directorate of Cadet Activities, will provide it year-round.

They'd much rather be conducting room-clearing exercises or sending rounds downrange than do anything else outside the classroom, according to the team's cadet in charge, Class of 2014 Cadet Andrew Carlson. Even more than a commitment to the team, Carlson said it's a commitment to the Army and their sense of duty.

"Whatever it is you do, you want guys who care about it," Carlson said. "They're taking their free weekends—which are few and far between, especially after last semester where we had seven home football games. So this is the first free weekend of the semester and they want to train."

By the end of the day, the team expended more rounds on the range using both the M249 and M240 than the average cadet does throughout Cadet Basic Training, where they are only required to qualify with the M16 rifle.

"This is the only time I've ever heard where cadets have qualified on machine guns

at West Point," Carlson said. "I would say that more than half, maybe two-thirds of the team will qualify, which is incredible considering the only time they've shot live with these weapons was during a familiarization course at Beast (Cadet Summer Training). And the only time we've used them since was in training scenarios using blank rounds. It's a completely different experience."

As the team's cadet in charge, Carlson didn't get much of the hands-on action as his colleagues and spent most of the time in the tower in a "command and control" capacity. With planning and coordination for this operation starting two months out, Carlson acquired a different training opportunity. That included creating the operation order and arranging supply requests, Humvee and weapons draws and support from range control.

"A lot of people might not realize all the planning for even just a few hours of training," Carlson said. "There's a lot of planning and a lot of hours spent not sleeping for this one event."

Before qualifying, cadets had the arduous task of zeroing the weapon. Firing the machine gun one round at a time seems counterintuitive to its design and many cadets had never done so before with this weapon.

Maj. Dallas Cheatham, the team's officer in charge, and a group of noncommissioned officers from the Department of Military Instruction worked the range throughout the training and offered advice on adjusting fire because of weather conditions and familiarizing cadets with the M145 optical sight which they were using for the first time.

"They're all incredible instructors, very knowledgeable and professional, and have done a great job helping us out," Carlson said.

Following the qualification, the team conducted additional weapon drills using the M240 with four two-man fire teams.

Carlson said if there was enough ammo at the end of the day, the team would create a demonstration video for the Department of Military Instruction which could be used for military science courses or summer training.

It's not surprising the majority of them are on Sandhurst squads since the annual military skills competition is a good litmus test to some of the training they conduct. Carlson said while the Corps can handle the physical aspects of the competition, Small Unit Tactics team members frequently train up on the mental duress which is also factor.

During last semester's field training exercise, those new to the tactics team were challenged to perform as platoon leaders.

"We were trying to get back in before dark and all of a sudden we have a plebe



Taking cues from the range tower to move expediently, cadets grab their targets and exit the range to allow the next group of Small Unit Tactics Team members to qualify on the M249 Saturday at Range 5. The team would also conduct familiarization training and weapons drills.

leading a raid for the first time," Carlson said. "It went pretty well. Being able to handle that stress with a senior officer watching and 10 upperclassmen looking up to you for leadership can be difficult. There were complications but he was able to get through it."

As one of three military clubs among the rest offered through the Directorate of Cadet Activities, it's easy to get lost in the shuffle. Class of 2013 Cadet Matthew Berman, the team's former cadet in charge, said they're not a high-visibility group of cadets and are known mostly for being a team that spends a lot of time in the field. Sometimes the team is confused with the Combat Weapons Club.

When able, the team promotes themselves while participating in community outreach. Berman said they're particularly proud to support the Boy Scouts' Camporee every year. They are also active in the weekly Black Knight Alley festivities during the Army Football season.

Right after from weapon qualification, a few members supported the Army Boot Camp inside Foley Center prior to the Army Women's Basketball game. There, Berman, Class of 2014 Cadet Garrett Kennedy and Class of 2016 Cadet Alec Chosewood spoke to community members about their club, applied camouflage to the faces of several kids and allowed them to try on some of their gear.

Most clubs take it upon themselves to promote their activities and the Small Unit

YouTube See the Small Unit Tactics Team videos at www.youtube.com/user/USMAMSmallUnitTactics/feed

Tactics Club is doing their part. Carlson credits Class of 2015 Cadet Patrick Bauk for serving as the team's "combat cameraman," taking and editing most of the still photos and video found on their Facebook and YouTube pages. The team is embracing social media to highlight their training and show others what the team is all about.

"The level of training we do is at a higher proficiency level but on a smaller scale than what we do during summer training. That's harder to explain without the videos and pictures," Carlson said.

One video reveals last semester's tryouts, which was the team's first. In years past Carlson said they'd begin the semester with about 60 cadets signing up for the team which would whittle down to about two dozen by the end of the year.

"We held tryouts to try and get that attrition rate at the beginning so we can start the semester with those 20-25 dedicated team members," Carlson said.

Something that has yet to be documented on video was the morning training regimen the team developed last semester.

"It was the first time we actually had morning workouts based on what we could build for them where they could sustain themselves out in the field," Carlson said. "That meant a lot of rucks, leg lifts, Humvee pushes and things like that. We're developing our training scenarios mostly with foot patrols now and no Humvees."

The new standards have definitely yielded good results, Berman said, and it has created a team dedicated to the training.

"I've really been impressed," he said. "And I think it's the way we've recruited—we want tough guys who want to be there. No one needs to be here; they could all be sleeping in right now. This is what they've chosen to do and they want to be here."



(Above) Class of 2016 Cadet Alec Chosewood, Class of 2014 Cadet Garrett Kennedy and Class of 2013 Cadet Matthew Berman went from weapons qualification on the range to the Army Boot Camp inside the Foley Center, an event for community members prior to the Army Women's Basketball game Saturday, (Below) Kennedy, also a member of the Pistol Team, poses for a photo with a young Army fan.



Inside the Club

The Small Unit Tactics Club consists roughly of 25 team members, with about 17 joining last semester following the two-day tryouts.

The team originated as the Infantry Tactics Club and later merged into the Cavalry Scouts Club before its current status as Small Unit Tactics Club.

For many members, the highlight occurs at the end of the semester with a culminating field training exercise. Last semester, the team occupied areas of Camp Shea for three days where they conducted room-clearing scenarios and raids which they practice throughout the academic year.

"It was really good training and we were going all over the place on different missions with very little sleep and pretty rough conditions," said Class of 2013 Cadet Matthew Berman. "At the end we completely removed our change of command so the plebes could take over as platoon leaders and platoon sergeants, squad leaders and team leaders so they could organize and run a successful mission."

To learn more about the team, visit their Facebook page at www.facebook.com/WestPointSUTT/.

What's Happening

Wacky and Wild Weather at the Hudson Highlands Nature Museum

The Hudson Highlands Nature Museum presents "Wacky and Wild Weather," at 10 a.m. Saturday at the Outdoor Discovery Center, on Muser Drive, across from 174 Angola Road, Cornwall.

Join Environmental Educator Judy Onufer to find out the truths and myths behind weather prediction.

"Today's Farmer's Almanac bases its forecast, in part, on sunspot activity," Onufer said. "Many weather predictors that date back from maritime culture centuries ago are based on valid scientific climatology principles."

Is it true that when there is a red sky bad weather is coming? Or if the leaves of the trees show their underside a big storm is on the way?

Long before Doppler radar, weather was predicated by observing patterns in nature and animal habits. Come learn the fascinating science behind weather folklore.

For more information, visit the museum's website at www.hhnaturemuseum.org or call 845-534-5506, ext. 204.

DUSA Continuing Education Grant applications

The Society of the Daughters of the U.S. Army is accepting applications for Continuing Education Grants through Feb. 1. Applications are available at the DUSA Gift Shop, which is located inside the West Point Museum.

Applicants must be a member of DUSA by Sept. 30.

Transition Assistance Program workshops

Transition Assistance Program workshops are four- or five-day events designed to assist separating or retiring servicemembers in preparing for a smooth transition to civilian life.

The workshops provide information on entitlements and services available, including the Department of Veterans Affairs Veterans' Benefits Briefing.

The N.Y. Department of Labor also conducts an extensive Job Assistance Workshop.

For ACAP eligibility information, visit www.acap.army.mil/eligibility.aspx.htm.

Upcoming dates for the TAP workshops are:

- Feb. 11-15;
- March 4-8;
- March 25-29.

To register, contact the ACAP Office at 938-0634.

Reading Efficiency Course enrollment

There will be a Reading Efficiency Course, also known as the Speed Reading Course, that is open to all cadets, staff and faculty through Feb. 11.

There will 10 easy lessons as part of the course.

For more information, call 938-2871. The course point of contact is 2nd Lt. Kaitlyn Kelly at 938-6213.

Calling on Viva! Las Vegas volunteers

Mark your calendars for the West Point Women's Club 10th annual Viva! Las Vegas from 6-11 p.m. Feb. 15 at the West Point Club.

Be a part of the best party for a worthy cause. However, many volunteers are needed to make this event a success.

Volunteer benefits include a lowered admission price, double casino chips and the rewarding feeling that a small deed helps the greater good.

It is first come, first served for the choice of shifts.

Don't be late because this year only the Viva! volunteers who sign up before the event get the rewards.

To volunteer, contact Jen Wright, Viva! volunteer

coordinator, at vivavolunteer@aol.com.

DUSA 2013 Community Grant applications

The Society of the Daughters of the U.S. Army 2013 Community Grant applications are now available at the DUSA Gift Shop in the West Point Museum. Deadline is Feb. 17.

For more information, contact Patty Bastianelli at DUSAGrants@gmail.com.

Mass Transit Benefit Program

The rising cost of gasoline and increased commuter traffic on the roadways have many people considering mass transportation alternatives, including bus transportation, rail travel and vanpooling.

With the aid of the Mass Transit Benefit Program, federal employees can receive up to \$125 a month to supplement their commuting costs.

The funds are managed monthly on a personal debit card and can be used like cash for bus tickets, train rides or vanpooling related costs.

Currently, 90 employees at West Point are taking advantage of this benefit and are greatly reducing their monthly commuting costs.

Interested employees should contact Rosanne Chess at 938-2873 or by email for information about Mass Transportation Benefit Program.

Visit www.militaryvanpool.com or www.vride.com to learn more about vanpooling and take a tour of the vans.

West Point Community Diving Club

The West Point Community Diving Club is offering learn-to-dive lessons at Crandall Pool in the Arvin Cadet Physical Development Center.

All ages and experience levels are welcome. The ability to swim is a prerequisite.

Lessons are offered from 6:30-7:30 p.m. Monday-Thursday and from 11 a.m.-noon Saturday.

There are also noon-1 p.m. and 1-2 p.m. Saturday lessons when available.

For more information, contact diving coach Ron Kontura at ron.kontura@usma.edu or 938-4207.

Army Education Center

John Jay College Master of Public Administration Program at West Point is now accepting new students for the Spring sessions.

For more information, contact Jennifer Heiney, onsite administrator, at 446-5959 or email jjcwestpoint@yahoo.com.

Youth Wrestling sign-up

The West Point youth wrestling season has started.

Practices are 6:15-7:15 p.m. Mondays and Wednesdays in the wrestling room on the second floor of Arvin Cadet Physical Development Center.

If interested, contact Youth Services at 938-3550 or Coach Enock Francois at 561-319-6717.

NEW INFO

Dr. Martin Luther King Jr. Holiday Observance Luncheon

The U.S. Military Academy Equal Opportunity Office, the Simon Center for the Professional Military Ethic and the USMA Respect Staff is hosting the 2013 Martin Luther King Jr. Holiday Observance Luncheon from 11:30 a.m.-1 p.m. Wednesday in the West Point Club Ballroom.

This year is the 50th anniversary of Dr. King's famous, "I

Have a Dream" Speech. The guest speaker for the luncheon is Command Sgt. Maj. Jeffrey Miller from Keller Army Community Hospital.

The entire West Point community is invited to the event. Tickets can be purchased online at <http://bit.ly/MLK-luncheon>. Cadets can sign up for free.

For more information or to purchase tickets, contact the USMA Equal Opportunity Office at 938-7082 or email Master Sgt. Joseph Willis, Equal Opportunity advisor, at joseph.willis@usma.edu.

Celebrate Presidents' Day Weekend at the Continental Army Winter Encampment and Washington's Headquarters

During the winter of 1782-83, the Soldiers of the northern Continental Army anxiously waited, in New Windsor, for news of the peace treaty. Though peace might be announced, Washington still ordered his Soldiers to train for battle.

On Presidents' Day Weekend—from 10 a.m.-4 p.m. Feb. 16, 1-4 p.m. Feb. 17 and 10 a.m.-4 p.m. Feb. 18—Soldiers will bring to life the Continental Army's final winter encampment with musket and cannon firings, blacksmithing, medical demonstrations and other aspects of daily life at the New Windsor Cantonment. The state historic site is co-located with the National Purple Heart Hall of Honor on Route 300, 374 Temple Hill Road.

For more information, call 845-561-1765 (ext. 22).

At Washington's Headquarters, 84 Liberty Street, in Newburgh, there is a full schedule of activities for the Presidents' Day Weekend to honor our nation's founding fathers and the Soldiers who fought for our independence.

Washington's Headquarters is open from noon-4:30 p.m. Feb. 16-18. For more information, call 845-562-1195.

For more information about New York State Parks and historic sites, visit www.nysparks.com.

FMWR Blurbs

Family Night Out at the West Point Club

Bring the family from 5-7 p.m. tonight to the West Point Club for a night out.

The dinner includes a magic show, children's entertainment and other fun activities. Dine on the Club's traditional American buffet in the Pierce Dining Room.

Children 5 and under always eat free.

For more information, call 938-5120.

Teen Strength Program

A Teen Strength Program will teach your teens the importance of physical activity, as well as how to safely and effectively workout within a fitness facility.

The goal is to stress the importance of proper technique and instruct how to use the strength training equipment and cardiovascular machines.

The purpose is to create safe and healthy habits for your teens while they exercise.

Upon completion of this three-day course, your teens should have the basic knowledge, skills and abilities to effectively exercise within a fitness facility.

They will also be added to our teen roster, which will allow them to use the FMWR Fitness Center on their own, without a parent or guardian present. Classes will be offered from 4:30-5:30 p.m. Tuesday, Jan. 24 and 25.

Registration is available at the Fitness Center, or call 938-6490.

Guinness Dinner Night with Irish Music

There will be a Guinness Dinner Night held from 7-11:30 p.m. Jan. 25 at the West Point Club.

This dinner includes a magic show, children's entertainment and other fun activities.

The menu includes Triple threat Guinness cheese spread, Guinness beer bread, Guinness French onion soup, Guinness marinated London broil or beer battered fish and chips and Guinness gingerbread cake.

Child care will be available from 6-11 p.m. at the Lee CDC for Parents Night Out.

There is a minimal cost per child. For child care reservations, call 938-3921. For more information about the dinner, call the Club at 938-5120.

Polar Fest

The 2013 Polar Fest will be held from noon-7 p.m. Feb. 23 at West Point Ski Slope.

Pre-registration begins Feb. 1 and runs through Feb. 22 at the ski sales office.

Pricing includes food, drink and activities.

Activities include Buffalo chicken wing eating contest, live band and children's activities.

For more information, call 938-8810.

AFAP Conference postponed

The 2013 West Point Army Family Action Plan Conference and all Army mid-level AFAP Conferences are postponed.

Any AFAP issues which have been submitted to date will be forwarded to the West Point Garrison Town Hall Meeting.

Direct any questions to the West Point AFAP program manager at 938-3655 or email christina.overstreet@usma.edu.

Yoga with Angie

Combat stress and tension with yoga, no experience required.

Classes with Angie are scheduled at 5 p.m. Mondays for beginners.

All levels yoga is at 6:15 p.m. Mondays and Wednesday.

Vinyasa Flow starts at 10:10 a.m. Tuesdays and Thursdays.

For more information, call 938-6490.

Winterize Your Vehicle

Don't get frozen in your tracks, check your coolant.

Why is it important to check your coolant/antifreeze mix?

Frozen coolant can cause your engine to overheat, your engine block to crack, radiator and heater cores to split open, and hoses and coolant bottles to pop or crack.

These are costly repairs that can be prevented.

Get your coolant checked today. West Point Auto offers coolant/antifreeze checks and flushes at an affordable price. We carry universal coolant for all makes/models and can advise if a coolant flush is necessary.

We offer appointments for your convenience and are located on post behind the Post Office.

Let our A.S.E certified technicians help you make it safely through the winter.

For more information, call 938-2074.

NEW INFO

Arts and Crafts Shop January classes

Try a sewing class with Jenna at the West Point Arts and Crafts Shop 5-7 p.m. Tuesday and Jan. 29. Try a scrapbooking class from 4-7 p.m. Jan. 31.

For more information, call 938-4812.

Big Game Party at the Club

Come to the Benny Haven Lounge at the West Point Club Feb. 3 to enjoy the big game.

The bar opens at 5 p.m. At halftime, all you can eat chicken wings and taco bar will be available for a minimal price. A bar menu is available throughout the game.

For more information, call 938-5120.

Valentine's Day Dinner and Dance

Enjoy a Valentine's Day Dinner and Dance 6:30-10:30 p.m. Feb. 14 at the West Point Club's Pierce Dining Room.

The dinner includes a five-course meal and a complimentary glass of champagne or wine and a rose for the ladies.

Reservations are required by Feb. 11.

For reservations or more information, call 938-5120.

NOW SHOWING

Movies playing at Mahan Hall, Bldg. 752

Friday — Fun Size, PG-13, 7:30 p.m.

Saturday — Wreck-It Ralph, PG, 7:30 p.m.

Saturday — Red Dawn, PG-13, 9:30 p.m.

Jan. 25 — Red Dawn, PG-13, 7:30 p.m.

THE THEATER SCHEDULE ALSO CAN BE FOUND AT

WWW.SHOPMYEXCHANGE.COM.

Command Channel

8/23

Jan. 17-24

Army Newswatch

Today, Friday and Monday
through Jan. 24

8:30 a.m., 1 p.m. and 7 p.m.

Keller Corner

New Pharmacy/Primary Care Hours

Our number one priority is to provide you and your family with the best possible care.

As a result, the Pharmacy and Primary Care Department will close early every Thursday afternoon for mandatory training.

This weekly training is an Armywide requirement to ensure we continue to provide world-class healthcare.

The Pharmacy Department will be closed from 1:30-3:30 p.m. and the Primary Care Department from noon-5 p.m. every Thursday.

January Health Observances

- National Blood Donor Month
- National Glaucoma Awareness Month
- National Cervical Cancer Awareness Month

Seeking research volunteers (shoulder surgery rehabilitation)

If you had shoulder surgery in the past year or are scheduled to have shoulder surgery, excluding rotator cuff repairs, then you may qualify for this study.

Participants will be asked to perform the upper quarter Y-balance test and other assessments for strength, function

and motion on both shoulders.

In doing so, participants will learn how operative shoulder function compares to your non-operative shoulder.

Participants are requested to volunteer for one 40-minute visit.

For more information, contact the Arvin Sports Physical Therapy Clinic at 938-3067.

Immunization Clinic hours

The new Immunization Clinic hours are 8-11 a.m. and 1-3 p.m. Monday, Tuesday, Wednesday and Friday and 8-11 a.m. Thursday. The clinic is closed Thursday afternoons for training.

Please remember patients with appointments have first priority. Patients walking in without an appointment need to arrive before 11 a.m. and 3 p.m. in order to be vaccinated.

Upcoming Developmental Screenings

Not all children develop the same way—some need extra help. If you have concerns with your child's communication skills, motor skills, self-help skills, learning, behavior and/or social interactions, join us at our Free Developmental/Hearing Screenings.

The screenings will be conducted at the Lee CDC (140

Flu season is widespread, so get your shot

Submitted by Keller Army Community Hospital Public Affairs

Flu season in the U.S. is off to its earliest start in nearly a decade. Flu activity is already widespread in 47 states, to include New York, and experts at the Centers for Disease Control said this year's flu season will be a bad one.

The good news is the nation seems fairly well prepared with more than a third of Americans having already been vaccinated. In addition, the flu vaccine formulated for this year is well-matched to the strains of the flu virus seen circulating so far.

The best way to prevent influenza is to get immunized. There is still time to receive your seasonal flu vaccine. Speak with your primary care provider about the vaccine at your next scheduled visit.

The flu vaccine can also be received at the Keller Army Community Hospital Immunization Clinic on a walk-in basis from 8-11:30 a.m. Monday-Friday and 1-3 p.m. Monday-Wednesday and Friday for active duty Soldiers, cadets, cadet candidates and other beneficiaries, including family members of Soldiers and military retirees. Vaccinations are not available for West Point employees or contractors.

In addition, TRICARE retail network pharmacies are authorized to administer seasonal influenza at no cost to eligible beneficiaries.

You can call 1-877-TRICARE (874-2273) or go online at www.express-scripts.com/TRICARE/pharmacy/ or www.hnfs.com to find a participating pharmacy near you.

Of note, the governor of New York recently allowed for pharmacies in New York state to administer flu vaccine and give the vaccine to persons ages 6 months old and up.

Call your participating pharmacy prior to going to make sure they are vaccinating infants and children.

In addition to vaccination, there are some additional methods you can use to help fight and prevent the flu:

- Try to avoid close contact with people who are sick as much as possible;
- Place your nose into the crease of your elbow when

sneezing or sneeze into a tissue and then immediately discard the tissue. After sneezing, or anytime after touching your face, wash your hands with soap and water or use an alcohol based hand sanitizer;

- If you do become ill with a fever (100.5 degrees or higher) and flu-like symptoms (such as a cough, body aches or a sore throat) stay home from school or work until you are feeling better and at least 24 hours have passed since your fever has gone away;

- While you are ill, try and avoid contact with people as much as possible to avoid passing the infection to them.

- If you do become ill with a fever and flu-like symptoms, see your health care provider right away. There are certain patients who may be prescribed anti-viral flu medicine that can make symptoms less severe and shorten the course of the illness.

These medicines work best when given as early as possible during the course of illness.

Treatment with anti-viral flu medicine is indicated for hospitalized patients, those with severe, complicated, or progressive illness, and those patients at higher risk for influenza complications.

Persons at higher risk of influenza complications

- Children aged 4 years old (59 months) and younger;
- Adults ages 65 years and older;
- Patients having chronic medical conditions that affect the lungs, cardiovascular system, kidney, liver, nervous system, blood or that have metabolic disorders;
- Patients who have a weakened immune system due to disease or medication;
- Pregnant women;
- Children ages 18 years and younger who are receiving long-term aspirin therapy;
- Patients who are morbidly obese (body-mass index ≥ 40);
- American Indians/Alaska Natives.

Weekly Sudoku by Chris Okasaki, D/EECS

		3		1	7	8	5	
	6	4		9				
	7	5	2		6			
3			5					2
2			8		3			4
7					1			9
			7		2	4	6	
				5		3	7	
	3	7	1	6		2		

Rules: Fill in the empty cells with the digits 1-9 so that no digit appears twice in the same row, column, or 3-by-3 box.

Difficulty: Easy

See SUDOKU SOLUTION, Page 2

Buckner Loop) in conjunction with Audiology, EDIS and the West Point School for ages birth to 5 years old.

It is scheduled from 8:30 a.m.-3 p.m. Feb. 12. For details, call 938-2698/6868.

The Post Taxi

Who may use the Post Taxi?

The free Taxi is available for use by the following West Point workforce (including tenants):

- Military;
- Civilian government employees;
- Cadets;
- Government contractors.

Hours of Operation

The Taxi will be operational between the hours of 6 a.m.-6 p.m. Monday-Friday.

How is the Taxi acquired?

- Customers may call the TMP Taxi at 845-938-4486. This number is only for the taxi;

- Give your name, department, pick-up location, destination and time for the pick-up and receive a trip number from the TMP;

- Customers must give the trip number, their name and organization and show the driver a Military, CAC Card or Civilian Contractor ID upon entering the taxi;

- A new call will be made to the TMP for return trips. Return trips with a short wait time may be arranged with the driver, but are subject to prior scheduled trips;

- Off post trips will require a standard trip request through the VOCM mailbox by your department's transportation coordinator.

Where can the Taxi take customers?

- On post locations for the purpose of work or duty, to include South Post, the Transportation Motor Pool and training sites (e.g., Camps Buckner and Natural Bridge, Lake Frederick);

- Locations such as Stewart Airport, Camp Smith and Garrison Train Station require trip orders through the VOCM mailbox by a transportation coordinator.

This taxi service is intended for use by the personnel listed above when conducting business related to West Point and not as an augmentation to the present North/South Shuttle service, which can be used by West Point personnel fulfilling personal needs such as shopping.

Men's Track captures team title, women impact record book

By Pam Flenke
Army Athletic Communications

Army track and field hosted its first team-scoring meet of the season Jan. 12, a six-way competition featuring fellow Patriot League squad Lehigh as well as Rider, Ramapo, Binghamton and Monmouth. The Black Knight men cruised to a first-place finish, while the women placed fifth despite four marks which rank among the best in academy history.

The Army men tallied 214 points for a 64-point cushion over runner-up finisher Rider, which collected 150. Monmouth followed in third with 149.5, while Lehigh (98.5), Binghamton (62) and Ramapo (2) rounded out the men's team scores.

For the women, Monmouth ran away with the team title with 186 points, followed by Rider in second with 154.5 and Binghamton in third (115.5). Lehigh (fourth, 111), Army (fifth, 90) and Ramapo (sixth, 21) finished in the bottom three for team scoring.

The Army women won three events on the day, led once again by sophomore Lisa Junta. Junta won the day's first event, the 5,000-meter run with a time of 17:11.17. The time ranks second all-time at the academy and also surpassed ECAC Championship-qualifying standards. Junta achieved a similar feat a week ago in the 3,000 meters by qualifying for the ECACs while running the third-fastest 3K time in West Point history.

Army finished 1-2 in the women's 800-meter run in historic fashion as well, as junior Allie Sutherland captured first place in 2:17.61, while sophomore Jennifer Comfort was runner-up with a time of 2:18.36.

Sutherland's time is the sixth fastest in program history while Comfort's mark ranks 10th. Sutherland and Comfort were also

members of the winning 4x800-meter relay team which met ECAC standards with their first-place time of 9:25.14.

Another notable performance on the women's side was by freshman pole vaulter Megan Gemar. A week after recording the 10th-best vault height in academy history, Gemar bettered that by .35 meters with a second-place height of 3.45 meters on Jan. 12. Sophomore Laurel Neposchlan placed fourth in the event with a leap of 3.30 meters.

"On the women's side, our middle distance and distance runners ruled the day," Army head coach Troy Engle said. "Lisa Junta in the 5,000 and Allie Sutherland in the 800 and 4x800 were the high points in the women's meet.

"As for Megan Gemar, to have a plebe move up the top 10 list coming right out of basic training and her first semester at West Point—we know that's just the beginning for her; we expect great things from Megan," he added. "She's a joy to have on the team because of her enthusiasm for the sport and the team as a whole."

The Army men won five events on the afternoon, including a pair by the distance contingent. The men's milers made a strong showing by capturing the five fastest times, all personal bests, led by senior Kevin Russell's top mark of 4:15.14. Sophomore Andreas Kellas followed in second place (4:16.95), while fellow yearling Nathan Fisher rounded out the top three (4:17.43). Senior Mark Castelli finished fourth (4:18.05), as all four Black Knights qualified for the IC4As.

Junior Kendall Ward won the 5,000-meter run with a time of 15:14.62, while sophomore Clyde Wilson won the 800-meter run with a time of 1:56.36 to punch his IC4A ticket.

Junior Ian MacPherson, who finished third in the 1,000-meter run, met IC4A standards



Sophomore Clyde Wilson took first place in the 800-meter run with a time of 1:56.36 during Army's six-way competition Jan. 12.

COURTESY PHOTO

with his time of 2:30.16.

Army's 4x400-meter relay unit also won gold as freshman Stevyn Spees, sophomore Patrick Taylor and juniors Chris Smith and Matt Green combined for a winning finish of 3:21.06, meeting IC4A standards.

The men's 4x800 relay unit of Russell, Fisher, Wilson and MaPpherson also qualified for the postseason.

Sophomore Jacob Drozd was the lone field event winner on the day for Army as Drozd matched his career-best height in the high jump with a winning leap of 1.99 meters.

Senior Kyler Martin also had a notable

performance by qualifying for the IC4A Championships in the 60-meter hurdles. Martin was runner-up in the event with a time of 8.25 seconds.

"On the men's side, the sprints and the hurdles were impressive," Engle said. "Kyler Martin, to run as well as he did just a couple weeks off the football field is promising. The depth we have in the 400 and 500 was really exciting for us as well. Those are our bread and butter event areas in the indoor circuit, and to have that strength bodes well for us for the indoor championships. Our mile guys were pretty great as well."

Swimming splits dual meet with Bucknell

By Christian Anderson
Army Athletic Communications

The Army swimming and diving teams concluded their busy weekend slate Jan. 12 as the visiting Black Knights split a dual meet versus Patriot League rival Bucknell at Kinney Natatorium in Lewisburg, Pa.

Freshman Chris Szekely won three individual events in the pool to help the Army men (7-2, 2-1 PL) to a 165-135 victory over the Bison (5-4, 3-2 PL). The Black Knights won nine of the 16 events contested en route to the victory.

Freshman Molly Mucciarone had a hand in a pair of wins for the Army women (5-5, 1-2 PL), who suffered a 189-106 setback to Bucknell (4-5, 3-2 PL).

"I thought both sides turned in solid showings," Army head coach Mickey Wender said. "I was pleased with how hard

we raced, considering all of the training we have put in over the last couple of weeks. Obviously, Chris (Szekely) was outstanding today. He did an amazing job for us, winning all three of his events.

"It was a good team win for the men, and I thought our women performed well against a very talented Bucknell team," he added. "Both of our teams learned a lot today, and we now have a better understanding of where we are as we continue to close in on the Patriot League Championships."

Szekely, who continues to impress during his plebe campaign, dominated the freestyle events versus the Bison. The first-year standout began the day by winning the 200-yard freestyle (1 minute, 41.82 seconds) and he went on to take gold in the 100 free (46.55) and 500 free (4:40.04).

Sophomore Casey Woudenberg added

a victory in the 1,000-yard freestyle (9:38.77), while senior Ayman Andrews won the 100 fly (49.46).

Sophomore Will Viana chipped in with a win in the 200 back (1:53.32), while junior Kenny Yacynych took gold in the 100 back (52.59).

The Army men also prevailed in both diving events with sophomore Zachary Woods winning the one-meter competition (304.05) and senior Chris Nguyen capturing the title off the three-meter board (335.25).

Mucciarone opened the meet by teaming with junior Grace Hamilton, sophomore Kristen Barta and freshman Natalie Beale to win the 200-yard medley relay in a clocking of 1:49.03.

Mucciarone went on to take gold in the 100 fly (57.12). The first-year performer also chipped in a second-place showing in the 50 free (24.32).

Black and Gold Game set for Fort Hood March 8

By Brian Gunning
Army Athletic Communications

For the second straight season, the Army football team will hold its annual spring scrimmage on the grounds of a U.S. Army installation.

The 2013 Black and Gold Game will be played March 8 at Hood Stadium located on the grounds of Fort Hood, Texas.

"This is another great developmental opportunity for our football team," Army head coach Rich Ellerson said. "We had a great experience with our spring game last season, and we feel it is important to continue strengthening the bond between Army Football and the U.S. Army."

The annual scrimmage will cap the Black Knights' spring practice sessions, which begin Feb. 12.

Women's Basketball defeats Bucknell to open Patriot League play

By Pam Flenke
Army Athletic Communications

For the ninth consecutive season, Army women's basketball began Patriot League play with a win, defeating Bucknell for the second consecutive year, 68-60, Jan. 12 at Christl Arena. Three Black Knights scored in double figures led by senior Anna Simmer's 22, while junior Jen Hazlett recorded her first double-double of the season with 14 points and 11 rebounds.

Bucknell (9-7, 0-1 Patriot League) entered the game as the top rebounding team in the conference with Army ranked second, but the Black Knights (12-4, 1-0 PL) stepped up to the task by outrebounding the Bison, 38-36.

Army improved to 9-2 this year when winning the battle of the boards. Hazlett's 11 caroms were the most by an Army player on the day, and the most by the Syracuse, Utah, native since Feb. 15, 2012—the last time she notched a double-double.

The Black Knights shot over 40 percent for the seventh time this season, totaling a 42.9-percent clip, including 39.1 percent from outside. Army improved to 7-0 when shooting above 40 percent.

Simmer had the hot hand early, totaling a game-high 12 points on 5-for-10 shooting as Army took a nine-point lead (31-22) into halftime.

The Black Knight defense made things difficult for the Bison, who turned it over on four consecutive possessions midway through the period and seven times through the first 20 minutes. Bucknell made just one three-pointer per half, as Army drained nine for the game.

The Bison scored just eight seconds into the second half en route to a 6-0 run to trim Army's lead to three, 31-28, before head coach Dave Magarity called a timeout.

Despite turning it over out of the break, the Black Knights eventually collected themselves and went on a 7-0 run, including five points by freshman Kelsey Minato, who went on to finish with 18.

Army's lead reached double figures with 14:28 remaining after Minato made all three free-throws after being hacked on a long-distance attempt, and the lead got to as high as 18 after the under-eight media timeout.

Bucknell would not go away, however, as the Bison began chipping away at Army's lead with 3:30 remaining. BU went on a 9-0 run during a two-minute span as Army's once-cushy lead dwindled to five with 50 seconds remaining. The Black Knights scored just nine points through the final seven minutes compared to Bison's 19.

Bucknell played the foul game in the final minute, and despite shooting just 3-for-6 from the line in the final seconds, Army hung on for the eight-point win, due in part to the Bison's inability to make threes (2-of-12 for the game).

"That's on us, this team is going to give me cardiac arrest," joked head coach Dave Magarity after the game regarding Bucknell's comeback. "We were up by as many as 18, (but) give Bucknell a tremendous amount of credit—they're not going to stop playing, they're not going to pack it in. They kept coming at us.

"I thought our rebounding was huge today—to rebound them is amazing, especially since they're averaging a margin of over 11 more than their opponents," he added. "That was a huge difference in tonight's game."



Junior Jen Hazlett recorded her first double-double of the season with 14 points and 11 rebounds to help Army defeat Bucknell 68-60 in the Black Knights' Patriot League opener Jan. 12 at Christl Arena.

ERIC S. BARTELT/PV

Hockey skates to tie against Air Force

By Ryan Yanoshak
Army Athletic Communications

Three different players scored goals as Army skated to a 3-3 overtime tie with Air Force Jan. 12 in an Atlantic Hockey Association contest at Cadet Ice Arena in Colorado Springs, Colo.

Freshmen forwards Thane Heller and Andrew O'Leary and sophomore forward Zak Zaremba netted goals for the Black Knights who moved to 7-10-3 on the season and 7-5-3 in league games.

Sophomore goaltender Rob Tadazak made 42 saves for Army, which rebounded from a 4-1 loss Jan. 11.

Air Force goalie Jason Torf turned away 27 shots for the Falcons who are now 7-9-5 overall and 5-5-3 in league play.

Army took a 1-0 lead with a power play goal by Heller. Forwards freshman R.J. Burns and sophomore Josh Richards exchanged passes before passing to Heller in front of the net. Heller didn't waste the opportunity and scored his seventh goal of the season. Burns collected his sixth assist and Richards his seventh.

The goal stopped an 0-for-25 streak Army had on the power play and marked the Black Knights' first power play goal since scoring two at Merrimack on Dec. 11, a stretch of five games.

The Falcons knotted the game at 1-1 90 seconds into the second period. After Tadazak was bumped into, John Kruse netted his sixth goal of the season.

Army went back on top with a pair of goals 48 seconds apart. Zaremba scored the first, converting assists from linemates sophomore defenseman Maurice Alvarez and freshman forward Shane Hearn. It was Zaremba's seventh goal of the season, the third assist for Alvarez and the third for Hearn.

O'Leary then collected his first collegiate point. Freshman



Freshman forward Thane Heller scored his seventh goal of the season during Army's 3-3 overtime tie with Air Force Jan. 12 in Colorado Springs, Colo.

TOMMY GILLIGAN/WEST POINT PAO

forward Josh Roberts battled for a puck in the corner, gained possession and fed O'Leary who made it a 3-1 contest.

Air Force responded two minutes later when Eric Artman netted his second goal of the season, a tally that appeared to hit off an Army player.

The Falcons knotted the game at 3-3 with 16:36 left to play. Army killed off 1:01 of power play time to open the final period but Kyle De Laurell scored after an Army whistle for holding.

Both teams had chances in the final 15 minutes but both goalies came up with big stops to force overtime.

Army Sports home schedule Jan. 17-24

Friday—**Hockey** vs. RIT, Tate Rink, 7:05 p.m.

Saturday—**Rifle** vs. Ohio State, Tronsrue Marksmanship Center, 9 a.m.

Saturday—**Hockey** vs. RIT, Tate Rink, 7:05 p.m.

Sunday—**Men's Basketball** vs. Navy, Christl Arena, noon.

Sunday—**Women's Basketball** vs. Navy, Christl Arena, 2:30 p.m.

Wednesday—**Women's Basketball** vs. Colgate, Christl Arena, 7 p.m.

Attention: Tickets are still available for basketball and hockey. Stop by Gate 3 of Michie Stadium (8:30 a.m.-5 p.m. Mon.-Fri.), visit goarmysports.com or call 1-877-TIX-ARMY.