

LTC Morales' Schedule

August 2009

August 2009							September 2009						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1			1	2	3	4	5
2	3	4	5	6	7	8	6	7	8	9	10	11	12
9	10	11	12	13	14	15	13	14	15	16	17	18	19
16	17	18	19	20	21	22	20	21	22	23	24	25	26
23	24	25	26	27	28	29	27	28	29	30			
30	31												

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Jul 26 - Aug 1	Jul 26	27	28	29	30	31	Aug 1	
Aug 2 - 8	2	3	4	5	6	7	8	
Aug 9 - 15	9	10	11	12	13	14	15	
		Reogy Week 1700 Comp Clul					Judo Commitr	A/C Weekend Acceptance D.
Aug 16 - 22	16	17	18	19	20	21	22	
		Club Tryouts; Various					Ring Weekend	A/C Weekend
Aug 23 - 29	23	24	25	26	27	28	29	
	Ring Weekend Gripping Newaza: Guar Tachi: Hip Tec	PP: Upper Boc Tachi Waza	National Tean NeWaza PP: Cardio/Lo	PP: Upper Boc Tachi Waza	Newaza PP: Plyometri	Open Mat Referee Certif	A/C Weekend Open Mat 10-	
Aug 30 - Sep 5	30	31	Sep 1	2	3	4	5	
	Newaza: Atta Tachi: Foot Te	PP: Upper Boc Tachi Waza						

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September 2009

September 2009

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2009

S	M	T	W	T	F	S	
					1	2	3
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30	31	

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aug 30 - Sep 5	Aug 30	31	Sep 1 Judo Academi NeWaza	2 Kohaku Shiai PP: Upper Boc Tachi Waza U73-WU57	3 Newaza PP: Plyometri	4 Open Mat	5 Army @ East I
	6 Newaza: Attar Tachi: Foot te	7 PP: Upper Boc Tachi Waza	8 NeWaza NT at NJ PP: Cardio/Lo	9 PP: Upper Boc Tachi Waza	10 Newaza PP: Plyometri	11 Open Mat	12 Army Vs Duke
Sep 6 - 12	13 Newaza: Subr Tachi: Hand T	14 PP: Upper Boc Tachi Waza	15 NeWaza PP: Cardio/Lo	16 100U/57+ Kohaku PP: Upper Boc Tachi Waza	17 Newaza PP: Plyometri	18 Open Mat	19 East Coast Open Mat
	20 Newaza: Subr Tachi: Hand T	21 PP: Upper Boc Tachi Waza	22 NeWaza PP: Cardio/Lo	23 PP: Upper Boc Tachi Waza	24 Newaza PP: Plyometri	25 Open Mat	26 Army @ Iowa Open Mat Ses
Sep 13 - 19	27 Newaza: Seq Tachi: Combir	28 PP: Upper Boc Tachi Waza	29 NeWaza NT at NJ PP: Cardio/Lo	30 PP: Upper Boc Tachi Waza	Oct 1	2	3
Sep 20 - 26							
Sep 27 - Oct 3							

LTC Morales' Schedule

October 2009

October 2009							November 2009						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3	1	2	3	4	5	6	7
4	5	6	7	8	9	10	8	9	10	11	12	13	14
11	12	13	14	15	16	17	15	16	17	18	19	20	21
18	19	20	21	22	23	24	22	23	24	25	26	27	28
25	26	27	28	29	30	31	29	30					

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sep 27 - Oct 3	Sep 27	28	29	30	Oct 1	2	3
					Newaza PP: Plyometri	Naval Academy Tournament	Army Vs Tular
Oct 4 - 10	4	5	6	7	8	9	10
	Newaza: Subr Tachi: Combir	PP: Upper Boc Tachi Waza	Academic day NeWaza	PP: Upper Boc Tachi Waza	Newaza PP: Plyometri	Hoteikan Clinic Open Mat	Army Vs Vand
Oct 11 - 17	11	12	13	14	15	16	17
	Newaza: Posi Tachi: Sacrific	PP: Upper Boc Tachi Waza	NeWaza PP: Cardio/Lo	PP: Upper Boc Tachi Waza	Newaza PP: Plyometri	Eastern Conference Collegiate C	Army @ Temp Open Mat
Oct 18 - 24	18	19	20	21	22	23	24
	Newaza: Posi Tachi: Sacrific	PP: Upper Boc Tachi Waza	NeWaza NT at NJ PP: Cardio/Lo	PP: Upper Boc Tachi Waza	Newaza PP: Plyometri	Open Mat	Army Vs Rutg
Oct 25 - 31	25	26	27	28	29	30	31
	Newaza: Arm Tachi: Hip Tec	PP: Upper Boc Tachi Waza	NeWaza PP: Cardio/Lo	PP: Upper Boc Tachi Waza	Newaza PP: Plyometri	Open Mat	A/C Weekend

LTC Morales' Schedule

November 2009

November 2009							December 2009						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7			1	2	3	4	5
8	9	10	11	12	13	14	6	7	8	9	10	11	12
15	16	17	18	19	20	21	13	14	15	16	17	18	19
22	23	24	25	26	27	28	20	21	22	23	24	25	26
29	30						27	28	29	30	31		

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Nov 1 - 7	Nov 1	2	3	4	5	6	7
	Newaza: Chok Tachi: Foot Te	PP: Upper Boc Tachi Waza	Academic Day	PP: Upper Boc Tachi Waza	Air Force Newaza PP: Plyometri		Open Mat Chavez Memori Army @ Air Fc
Nov 8 - 14	8	9	10	11	12	13	14
	Chavez Memori Newaza: Tran Tachi: Hand T	PP: Upper Boc Tachi Waza	NeWaza PP: Cardio/Lo	PP: Upper Boc Tachi Waza	Newaza PP: Plyometri	Open Mat	Armed Forces Army Vs VMI
Nov 15 - 21	15	16	17	18	19	20	21
	Newaza: Playi Tachi: Sacrific	PP: Upper Boc Tachi Waza	NeWaza PP: Cardio/Lo	PP: Upper Boc Tachi Waza	Newaza PP: Plyometri	Open Mat	Army @ North
Nov 22 - 28	22	23	24	25	26	27	28
	Review Test F	PP: Upper Boc Tachi Waza	NeWaza PP: Cardio/Lo	PP: Upper Boc Tachi Waza	Newaza PP: Plyometri	Open Mat	A/C Weekend
Nov 29 - Dec 5	29	30	Dec 1	2	3	4	5
	Review Test F	PP: Upper Boc Tachi Waza					

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December 2009

December 2009						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

January 2010						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Nov 29 - Dec 5	Nov 29	30	Dec 1	2	3	4	5
			Academic Day	PP: Upper Boc Tachi Waza	Newaza PP: Plyometri	Open Mat	A/C Weekend
Dec 6 - 12	6	7	8	9	10	11	12
		Academic Days Open Mat Test Review		Judo Testing			Army Vs Navy
Dec 13 - 19	13	14	15	16	17	18	19
		TEE Week					
Dec 20 - 26	20	21	22	23	24	25	26
		Corps Winter Leave					
Dec 27 - Jan 2	27	28	29	30	31	Jan 1, 10	2
		Corps Winter Leave					