Gen. Brown speaks on mentorship

U.S. Army Pacific Commanding General, Gen. Robert B. Brown, addresses U.S. Military Academy staff and faculty during a Leader Professional Development session March 2 at the West Point Club. Brown, USMA Class of 1981, spoke on the opportunities and challenges the U.S. Army faces in the Asia-Pacific region, as well as the importance of empowering and mentoring Soldiers.

Photos by Kathy Eastwood/PV

INSIDE & ONLINE

SEE PAGE 11

#USMA Social Scene

SEE @ dennisrodman meet with cadets
Dear West Point community,

On March 16, 1802, President Thomas Jefferson signed legislation establishing the United States Military Academy along the banks of the Hudson River at West Point. Although originally established as a school of engineering—our nation’s first—over the years, the curriculum expanded to encompass a more well-rounded education, while adding programs that focused on physical, athletic and military training and discipline. Always at the heart of what we did was to educate and train officers who would lead our nation’s Army.

For the past 215 years, we have had the honored duty and privilege of preparing the leaders who will lead America’s Army.

While much has changed over the course of more than two centuries, what hasn’t changed is our product—leaders of character, committed to the values of Duty, Honor and Country who will serve our nation as officers in our Army.

Since the Academy’s founding, members of the Long Gray Line have made significant contributions to our Army and the nation in a variety of ways.

They’ve served as heads of state, cabinet members, members of Congress, state governors, astronauts and captains of industry. Many have been trailblazers, making history and paving the way for future generations of leaders of character.

This past year, West Point has enjoyed excellence in many areas. Our academic program continues to rank among the best in the nation.

For the eighth year in a row, Forbes has ranked us as the number one public college in the country, while U.S. News and World Report again ranks us as the number two public liberal arts college nationwide, as well as the number four best undergraduate engineering program.

The one ranking of which we’re the most proud is Princeton Review ranking us number one for most accessible professors, for the fifth consecutive year. This ranking speaks to the commitment and dedication of our incredible faculty, both military and civilian, to cadet success.

That commitment to success from our faculty translates into academic excellence from our cadets. Each year, members of our graduating classes earn a number of prestigious graduate scholarships, and this year is no exception.

To date, nine cadets from the Class of 2017 have earned major scholarships, to include one Rhodes Scholar.

In addition to the classroom, we have enjoyed success on the athletics fields, most notably, our victory on the gridiron over arch-rival Navy for the first time in 15 years.

Most importantly, our greatest successes are the thousands of graduates who, throughout our history, have led America’s sons and daughters in defense of our nation and many of whom are, at this moment, in harm’s way.

Regardless of what history demanded of them, they rose to the challenge every time, responding to the call of duty to stand in the gap between the American people and anything that would threaten our values and ideals.

As we celebrate our proud heritage on this Founders Day, I’d like say thank you to the entire West Point community and every member of the Long Gray Line for all that you do each and every day for this great institution, and for the example you continue to set for our next generation of Army leaders.

Happy Founders Day! Beat Navy!

USMA Superintendent

The Black and Gold Volunteer Recognition Ceremony for the 2nd Quarter was held March 2 at Army Community Service. The event was hosted by the Garrison Commander, Col. Andrew Hanson, and Garrison CSM, Command Sgt. Maj. Roderick Taylor. The Volunteer for the Quarter was Richard Walls, a longstanding volunteer for Army Community Service. Volunteers receiving the 2nd Quarter Black and Gold Awards include: Front Row (left to right) Rachael Bryant, Steve Suarez, Capt. Micah Klein, Cadet Patrick Caughey, Cadet Ekaterin Gjonaj, Amanda Bundt, Brittany Hatzinger, Donna Schlegel, Rebecca Hyleman, Karen Dyson, Carol Sobiesk, Cindy Arenas Nieves, Capt. Carlos Comas Horta and Col. Hanson. Second Row (left to right) were Command Sgt. Maj. Taylor, Lt. Col. Michael Lanham, Kieran Lanham, Richard Walls, Robert Reeg and his therapy dog Hunter, Allison Capozza, Cadet Michael Garrett, retired Col. Michael Colacicco, Joanne Collins, Diana Armstrong, Lindsay Hartig, Judy Collins, Samantha Robertson, Krista Hennen, Staff Sgt. Brian Mansfield and Spc. John Kyle.
West Point staff and faculty gathered in the Haig Room at Jefferson Hall Library and Learning Center Feb. 27 for the inaugural celebration of more than 100 works of West Point authors during the months of July through December 2016. The works could be in the form of a scientific paper, capstone project or a publication.

Four authors were selected to present short excerpts of publications or presentations around the topic of security.


Hajjar conducted a survey, went through over 100 documents, reducing it to 20 that were relevant to his project and conducted 11 interviews that lasted an hour each for the linguist project.

“Advising a military mission is when U.S. Soldiers serving as military advisers provide consultation, advice, strategy, tactics and a variety of things that make a foreign military counterpart more efficient, competent and professional. Unless the counterpart shares the same language, there is usually a linguist there,” Hajjar said. “Often times a linguist is there to help initiate the communication and over time actually builds a relationship with the military counterpart. It stretches beyond mere language skills.”

Hajjar said the linguist’s background is important. They should be cross-cultural and open with working with different people.

“And in regard to security requirements in the 21st century, I think the use of linguists and the variety of soft missions including the military adviser mission are growth industries and moving forward. It is something for us to consider given our mission here at West Point,” Hajjar explained.

Lt. Col. Tanya Estes, assistant professor in the Department of Electrical Engineering and Computer Sciences, presented a capstone project she worked on with four second lieutenants who were from the Class of 2016 and faculty members titled “A Capstone Design Project for Teaching Cybersecurity to Non-technical Users.”

“This two-year capstone project in the EECS department stems from the fact that there is a huge need for cyber security education for non-technical users,” Estes said. “We actually created a curriculum to create virtual machines to use in classrooms with a guide. The machines require Wi-Fi. When students use this system, we help them learn how to use the machine.”

All of the materials are packaged and free to download on the Internet. The education packages help students acquire knowledge on grey, black or white hat hackers.

Black hat hackers are people who try to steal your information, gray hats just might want to show you that certain vulnerabilities exist and white hats are hired specifically to find weaknesses.

“We had great feedback and great results by bringing together the download of the package and the curriculum,” Estes said.

Dr. Kenneth McDonald, engineering management director in the Department of Systems Engineering, spoke on his topic “Food Security Network Modeling.” The work was initiated by the Nuclear Science and Engineering Research Center.

“The research essentially was to develop a model to assess national food security networks and apply system dynamics to these networks to show causal relationships,” McDonald said.

“Food security relies on food availability, stability and easy access.”

McDonald said the three areas of concern are mega cities where population is more than 10 million, rapid increase of human population and global warming will have an impact on food.

“The World baseline, according to the United Nations, is we have 793 million people in the world that are undernourished,” McDonald said. “We look at disruptions or things that are occurring throughout the world like fast moving airborne pathogens that can kill more than 30 million people in less than a year. And the Army Chief of Staff and their special interest topic want to examine the Army’s capability at food operation in a post nuclear time. We see the disruptions, either natural or manmade that lead to high density areas, which leads to food insecurity, which leads to malnutrition, which leads to disease and reduces health security and national security.”

Dr. Robert Person, assistant professor in the Department of Social Sciences, remarked on his “Balance of Threat: The domestic insecurity of Vladimir Putin” during a Celebration of West Point Authors. This event was a celebration of the more than 100 works of scholarship produced at the Academy between July and December 2016 with four professors and instructors adding their expertise of publications or presentations around the topic of security Feb. 27 at Jefferson Hall.

“The conventional wisdom is that we all know that Russia has become much more authoritarian under Putin since he first took power,” Person said. “Most see Putin as a power hungry autocrat and seeks power for powers sake. The argument that I put forth is that Putin is not a power maximizer for his own sake, he doesn’t just after more power but in fact he is a security maximizer who reacts primarily defensively to threats. It’s the reaction to these threats that click the ratchet tighter and tighter to autocrat rule. Key players in Russian politics are those that have the capability to act offensively or defensively against Putin. Many may have the resources but remain loyal and some are against the regime, but don’t have the resources to act.”

Person believes the key players in Russia are the economic elite, the Russian oligarch. Some have played by the rules and kept their resources while some have not played by the rules and who also have resources, but are now in prison, living in exile or six feet under.

“West Point is one of the Nation’s best academic institutions. Events such as these highlight the work of the top-tier faculty who are charged with the education of cadets both in and out of the classroom,” Maj. Emily Spencer, executive officer to the Dean, said.

“The passion of each presenter within their discipline demonstrates the passion they bring to the classroom and to the cadets.”

The next celebration of authors will occur this fall and will include publications from January 2017 through June 2017.
By Maj. Charles Phillips
Department of English and Philosophy

West Point’s Ethics Debate team beat out 36 teams across the country to win the 21st annual Intercollegiate Ethics Bowl Feb. 26 in Dallas.

Dr. Graham Parsons, team assistant coach from the Department of English and Philosophy, said the team performed consistently well through competition, but definitely peaked in the final round.

“The case they presented to win the championship was superb. As luck would have it, the case we got for the final was on targeted killing and drones. As the United States Military Academy, the bar for us on this one was especially high,” Parsons said. “The team stepped up and nailed it. One of the judges awarded them a near perfect score.”

Class of 2017 Cadet Robert Laval-Leyva echoed the irony of the team’s final round subject.

“We had been anticipating it all day because that sort of thing is (in) our wheelhouse and it could not have come at a better time,” Laval-Leyva said.

The team, consisting of five debaters, included Class of 2017 Cadets Araceli Sandoval (Psychology, CIC), Nathan Hernandez (Economics) and Laval-Leyva (Philosophy), Class of 2018 Cadet Carolyn Kehn (Sociology & Spanish), and Class of 2020 Cadet Nathan Frederickson as well as two alternates Class of 2019 Cadets Reed Johnson (Philosophy) and Hunter Daniels (Philosophy) who prepared for six weeks before traveling to Dallas in order to compete.

USMA won the Northeast Regional Ethics competition in November 2016, gaining an invitation to nationals.

Because these teams only received invitations by placing near or at the top of each regional competition, the national tournament represented some of the finest collegiate minds in the nation.

USMA competed against Ripon College, Xavier University and Oklahoma Christian University in the opening rounds, winning all three and securing a spot in the top eight single elimination quarterfinals. There, they defeated Tufts University and Santa Clara University, moving on to the championship round against Youngstown State University.

In the final, USMA came together and won all three judges’ scorecards by the largest victory of the night, securing first place and the National Championship.

In order to prepare, the team had to study a diverse range of ethical case studies released to all invitees in early January. These 15 cases ranged from drone strikes, government whistle blowers, data mining on social media networks and refugees.

During each round, two teams sit across each other, observed by three judges who reveal the specific case and questions to be debated.

The presenting team then has two minutes to prepare a 10-minute presentation without using notes. After their presentation, the opposing team has five minutes to pose any questions. After being allowed five minutes to answer questions from the opposing team, the team then must answer 10 minutes of questioning from the judges. The teams then swap roles, going through the process with a different case study and question.

Team captain Sandoval cited adaptability and teamwork as the keys to their success in Dallas.

“The key to our victory, simply put—team cohesion,” he said. “We all knew how to support, defend and improvise together on the spot and under pressure.”

Art of Auschwitz-Birkenau concentration camps on exhibit at West Point

Story by Kathy Eastwood
Staff Writer

The Polish Mission of the Orchard Lake Schools in Detroit the U.S. Military Academy Class of 1965, and the Sehn family sponsored the Forbidden Art exhibition Feb. 9 at Jefferson Hall. The event was hosted by the Center for Holocaust and Genocide studies at West Point, and the Jefferson Library.

The Forbidden Art exhibition is a collection of 20 examples of artwork created by concentration/death camp inmates.

The collection is on loan from the Auschwitz-Birkenau State Museum of Poland and coincides with the commemoration of the 72nd anniversary of the liberation of Auschwitz (Jan. 27, 1945).

“Focusing on camp art as a part of the greater study of the Holocaust is a relatively new field of research,” J.J. Przewozniak, curator at the Polish Mission of the Orchard Lake Schools, said. “Forbidden art was created by A-BSM in 2012 specifically for exhibition in the United States, and examples were chosen that highlight the wide variety of camp art, from small crudely-fashioned wooden carvings to lavishly-illustrated books. If camp prisoners were caught making art, the punishments would be severe and horrendous. The artwork is a fascinating act of humanity in the inhumane world of Auschwitz-Birkenau; under the most terrible of conditions, people still had a desire to create, which teaches us much about the human condition.”

Przewozniak said the purpose of the forbidden art exhibition is to present Polish culture to the United States. The Polish Mission works with a network of educational outlets in Poland and have many ongoing partnerships with well-known Polish museums that allow them to showcase cutting-edge exhibitions and programs.

“We chose to establish a partnership with A-BSM because it is the world’s most recognizable and authentic symbol of the Holocaust,” Przewozniak explained. “Poland protects the memory of the tragedy there, and the museum team is one of the absolute best anywhere in the world. In a deeper sense, we recognize the importance of studying the Holocaust both as a way to honor the victims of senseless tragedy and as a way to shape a better future knowing what man is really capable of. Our bottom line is raising awareness.”

A-BSM Director, Dr. Piotr Cywinski, opened the exhibition and offered a lecture series to the cadets on the following day to talk about the Holocaust and the creation of the Auschwitz-Birkenau State Museum on the site of the camps.

“After the war, the concept of a memorial wasn’t thought of,” Cywinski said. “The question is what to do with the remains of Auschwitz. Survivors decided to create a museum to preserve things forever and in 1947, an institution of memory was created to remember this very sad place.”

Cywinski said that for the most part, survivors were running the museum until the 1970s.

“It was something very special,” Cywinski explained. “If you were three (years old), you were liberated from the camps and in a few years you are going back to preserve the memories of your family and friends who didn’t survive. Millions of people have visited the museum since then. Now, no survivors are running the museum, but it is run by a museum staff that can speak 20 languages so that more people will learn about the camps. Auschwitz wasn’t just an important point in history; it was the turning point. The victims don’t need the memory, but you need the memory for the future.”

J.J. Przewozniak, curator at the Polish Mission of the Orchard Lake Schools, spoke briefly during the Forbidden Art exhibit Feb. 9 at Jefferson Hall. The Forbidden Art exhibit is artwork created by victims of the concentration camps, Auschwitz-Birkenau.
2016-17 Cadet Club Activities

Additionaly, Navy had a strong showing at this event and on Sunday, Groton beat all the women representing Navy. Class of 2018 Cadet Jacob Slife had a strong race on both days, finishing 10th on Saturday and seventh on Sunday. Class of 19 Cadet Anna Devries (above photo) placed seventh on Saturday in the AG race and 32nd on Sunday in the EDR. Class of 20 Cadet Julius Shepherd placed 18th on Saturday.

Overall, a successful weekend and a great boost in preparation for Nationals in April.

Ultimate Frisbee: Army Ultimate hosted its annual West Point Classic March 4-Sunday. The club hosted seven other teams from the Northeast region.

Army went 3-0 in pool play, sweeping Wheaton, Stevens Tech and Bates B. In bracket play, Army won its first two games against Stevens B and SUNY-Cortland. Army suffered its only defeat of the weekend in a tightly contested game against Bates College.

Building on their first tournament of the season, Army continued to improve against adverse conditions as temperatures were low and the wind was strong.

As a very young team, Army has seen huge improvements already and looks to put forth their best performance of the season after spring break when Navy comes to visit March 25.

Army started the tournament with a game against Wheaton, the top seed in the tournament. Army played an outstanding game and pulled off an 11-4 victory.

Due to adverse conditions, Army only played one more game on Saturday, claiming a 10-7 win over Stevens Tech. On Sunday, Army finished off pool play by defeating Bates B 9-7.

In bracket play, Army faced off against Stevens B in the first round. Completely in control from start to finish, Army cruised to a 13-2 victory.

In the semifinal round, Army took on SUNY-Cortland, one of the teams in Army’s conference.

After trading points early, Army took control of the game and finished with an 11-8 win.

In the championship game, Army played Bates, the only other team to go undefeated through five games.

The teams were back and forth for the entire game. On the last point of the game, Bates ended up taking a 9-8 victory.
DPE offers Survival Swimming to staff and faculty

Survival Swimming is one of the more novel course offerings to cadets at the U.S. Military Academy. By learning to endure extreme conditions in full uniform in a pitch-black wave pool, the course simulates a real-life scenario that some cadets may face as officers.

While the Survival Swimming course is normally exclusive to cadets, the Department of Physical Education invited staff and faculty to get a taste of the unique class, Feb. 21.

Although DPE hosts a different staff and faculty fitness outreach session each month, Aquatics Instructor, Capt. Matthew Lensing, said that this specific session covered unfamiliar territory.

“This course in particular has a lot of myths about it and we wanted to dispel any rumors about what we do here and show people a little portion of our curriculum,” Lensing noted.

“We’re trying to build confidence in cadet swimming ability and then manage fear through putting them in some unknown situations like we experienced today.”

The outreach session began with instructors demonstrating the breast stroke, elementary back stroke and the side stroke. As the staff and faculty practiced, they had to get comfortable wearing shirts and pants in the water; civilians wore jeans and long-sleeved button down shirts while military personnel wore ACU’s.

“It is a key portion of our curriculum here to get cadets swimming with their uniform because it’s the operational uniform that they would find if they were deployed or on a training exercise,” Lensing explained.

Instructors then taught the participants different techniques on how to inflate their blouses and trousers to stay afloat without expending too much energy. After covering the basics, the wave pool was turned on, sprinklers mimicked rain and lights flickered. Then, the staff and faculty members had to test their newly learned skills.

“We put them through an exercise where they had to enter the water down the slide, which causes some disorientation when they hit the water, swim a certain distance to a buoy and then from that point, they’d have to inflate their trousers through wave conditions,” Lensing said. “That’s just a small taste of what we put cadets through in their culminating event in Survival Swimming.”

The sample of the 19-lesson mandatory course offered to Yearling cadets proved to be a hit, bringing in roughly 30 staff and faculty members from USMA and the U.S. Military Academy Preparatory School.

Commandant of USMAPS, Col. Christopher Budhhas, participated in the session and says the outreach event offered a great deal of insight to him and his staff.

“We had an opportunity to see firsthand what the cadet candidates are going to go through and then take that information back and use it for our future training in order to prepare them to start off their Plebe summer here,” Budhhas explained. “It was good training and instruction, it shows you that simple fundamentals make a difference.”

This is the first fitness session that USMAPS staff and faculty have been a part of but they plan to continue to connect with DPE and learn more of what the cadet candidates will endure when they enter USMA.

Sgt. 1st Class Brandon Flick, a USMAPS TAC-NCO, says that he and his colleagues enjoyed the opportunity as well.

“We don’t get to see what kind of training they’re getting here when it comes to survival swimming, so it was a great experience,” Flick said, noting that he hasn’t done anything like this in a few years. “I would say that this is probably one of the better experiences when it comes to the big Army resources, trying to figure out how to make training more realistic, we don’t get to see that often in the regular Army, we just get a pool.”

Women’s Rowing team coaches Jennie Kiesling and Kate Brownson learned some new skills as well.

“It was wonderful, I’ve seen the cadets do it and I was really, really excited to get to try it,” Kiesling, who is also a USMA history professor, said. “ I learned that it’s possible to inflate ones uniform and make it into a life jacket… and also that being in the wave pool is actually rather fun and it’s not as scary as it looks!”

Brownson agreed.

“I thought it was really informative and I wanted to do it because I wanted to learn about more of what the cadets go through in their physical training here and really open my eyes on what they do, especially outside of our practice time,” she said. “So I really enjoyed learning a survival mode, if we’re ever out in the water, and especially in our sport, but we don’t flip our boats often!”

In addition, Brownson said the event allowed her to interact with members of the USMA community that she normally wouldn’t.

“We met new people from USMAPS, so that was great, just making new connections,” she said. “We learned a lot of physical training that DPE taught us, but also some networking too, it’s great to meet new people.”

DPE hosts Faculty Outreach Fitness Sessions each month and they invite all members of the USMA community.

“The fitness sessions are an opportunity as a department to be able to demonstrate what we do, give everyone a little taste of what cadets experience in our curriculum, and hopefully bring some fun and new activities to people that they maybe wouldn’t experience otherwise,” Lensing said. “I know the West Point community hears a lot about what the physical program is like for cadets and this is an opportunity to showcase some of that, as well as giving people a workout or a new skill that maybe they didn’t have before they came to the fitness session.”

The next DPE Faculty Outreach Fitness Session will be Strength Training at 12:15 p.m. March 22 in the 3rd Floor Gym of Arvin Cadet Physical Development Center.
SHARP Resources

- West Point Sexual Assault/Harassment Response Hotline: 845-659-7467;
- USMA SHARP Program Manager, Samantha Ross—call 845-938-0508;
- USCC SARC, Capt. Kathryn Hermon—call 845-938-7479 or email kathryn.hermon@usma.edu;
- USMAPS SARC, Dr. Stephanie Marsh—call 845-938-1950 or email stephanie.marsh@usma.edu;
- Garrison SARC, Dan Toohey—call 845-938-5657 or email dan.toohey@usma.edu;
- KACH SARC, Sgt. 1st Class Cheri Safford—call 938-4150 or cheri.k.safford.mil@mail.mil;
- USCC Victim Advocate, Kerry Dunham—call 845-938-3532 or email kerry.dunham@usma.edu.

Religious Services at West Point

**Religious Services POCs**

**USMA Chaplain**—Col. Matt Pawlikowski at 938-3316.


**Catholic Community Chaplain**—Maj. Ken Bolin at 938-3721/8760.

**Jewish Community Chaplain**—Capt. David Ruderman at 938-2766/2710.

**Protestant Community Chaplain**—Lt. Col. Brett Charsky at 938-0585/3412.

**USCC Brigade Chaplain**—Lt. Col. Harold Cline at 938-0585/3412.


**Religious Services**

**Assembly of God**—Sunday, 10 a.m. at 134 Old State Road in Highland Falls.

**Church of Christ**—Sunday, 10:30 a.m. at the Cadet Interfaith Center, Bldg. 147.

**Church of Jesus Christ of Latter Day Saints**—
Sunday, 10 a.m. at Thayer Hall, Room 144.

**Eastern Orthodox**—Sunday, 9 a.m. at St. Martin’s Chapel in the Cadet Chapel.

**Episcopal**—Sunday, 10 a.m. at the Church of the Holy Innocents in Highland Falls.

**Jewish**—Friday, 7 p.m. at the Jewish Chapel.

**Lutheran**—Sunday, 10:30 a.m. at the Old Cadet Chapel in the West Point Cemetery.

**Muslim**—Friday, noon-1:45 p.m. at the Cadet Interfaith Center, Bldg. 147.

**Gospel**—Sunday, 12:30 p.m. at the Post Chapel.

**Protestant**—Sunday, 10:30 a.m. at the Cadet Chapel and the Post Chapel. Sunday, 5 p.m. in Robinson Auditorium.

**Catholic**—Saturday, 5 p.m. and Sunday, 10:30 a.m. and 5 p.m. at Most Holy Trinity Chapel.
Korean peninsula crisis: Cadets generate strategic options

By Maj. Steve Ferenzi
Defense and Strategic Studies Program

North Korea’s ballistic missile test on Feb. 12 and the murder of dictator Kim Jong-un’s estranged half-brother a day later by assassins wielding a VX nerve agent demonstrate the volatility of the Korean conflict. With about 28,000 U.S. troops still stationed in the Republic of Korea, stability on the peninsula remains a vital national interest in the region.

Against this backdrop, cadets enrolled in the Defense and Strategic Studies Program joined graduate students at Columbia University’s School of International and Public Affairs on Feb. 19 to participate in their 2017 Crisis Simulation Exercise—“Escalation on the Korean Peninsula.”

This was the second time that DSS contributed to SIPA’s annual crisis simulation, the leading event of SIPA’s International Security Policy graduate degree program. Cadets had the opportunity to work through the security challenges surrounding the enduring conflict on the Korean peninsula.

In addition to reinforcing core concepts of the DSS and Social Sciences curriculums, this event provided an exclusive opportunity for cadets to foster relationships with their peers in the security studies field at a civilian institution, and for West Point to strengthen its outreach to New York City.

Col. Jonathan Neumann, West Point’s Director of Military Instruction, emphasized the positive impact of participating in this event on leader development.

“The time our cadets’ critical thinking skills are put to the test in ‘real-world,’ time-constrained scenarios, we greatly enhance their academic growth and preparedness for the challenges they will face as officers,” Neumann said. “To participate in this crisis simulation alongside graduate students closely replicates the interagency teams they are likely to be a part of in the future.”

SIPA’s crisis simulation director Daniel O’Quinn echoed this sentiment.

“One of the simulation’s strengths is the participation of such a diverse international student body, with each member bringing knowledge and experiences from their respective countries,” O’Quinn said. “The inclusion of the cadets and faculty advisors amplifies this effect by incorporating valuable military expertise, which is crucial for the realism of the simulation. Cadet participation also allows SIPA students, who are likely to be leaders in this country and abroad, the opportunity to build relationships with future U.S. Military leaders.”

The all-day event proceeded over eight rounds, beginning with North Korea’s recent ballistic missile test and culminating with an attempted Russian/North Korean nuclear attack on the U.S. homeland coinciding with a U.S.-backed rebellion in North Korea.

Students competed on one of eight teams representing either a state or international organization with equity in the Korean conflict by crafting policy actions to achieve their respective strategic objectives.

It highlighted the difficulties of building coalitions during international crises, specifically emphasizing the challenges of decision-making with imperfect information, the influence of social media, and the importance of aligning ends, ways and limited means in support of national interests.

Cadet Megan Bryn, an International Relations major, described the simulation exercise as, “A unique opportunity to better understand the decision-making processes and considerations of foreign policy-makers in times of crises and the challenges and complexities of engagement on the international stage through diplomatic, economic and military methods.”

“Having a vast pool of participants allows for a wide range of knowledge, expertise and experiences to create a holistic understanding of any given situation, rather than just follow a single viewpoint,” Cadet Jonathan Bishop, a Class of 2018 DSS major, said. “These partnerships will be essential when we all graduate from our respective institutions and actually become capable of making a significant change.”

Army Brazilian Jiu Jitsu defeats Navy

The West Point Brazilian Jiu Jitsu team (above) traveled to the U.S. Naval Academy for the second annual Army-Navy Brazilian Jiu Jitsu tournament March 4. The Army Jiu Jitsu team seized victory by a score of four wins, one loss and five draws. The tournament rules were submission only, which resulted in Army literally forcing Navy to tap out.

The Army Winners were the following: Ian Macdonald (180 lbs.), Matt Rohleder (160 lbs.), Evan Collier (150 lbs.) and Erica Forktus (130 lbs., right photo on top of her opponent).
The Lost Art of Spoken Communication

Submitted by the Installation Alcohol and Substance Abuse Program

When we go out to restaurants, very often we see people together on their phones sharing their status or checking in but not really engaging with each other. Technology has made it easier to reach people in our lives: tweets, text messages, snapchat, instant messages and emoji’s, but they’ve turned it into the preferred way we communicate.

While we have more instant access and ways to communicate because of technology, we are losing a key ingredient which is the emotion that comes from us as we talk and listen to others.

None of these innovations can convey accurately the feelings we experience from joy, happiness, love, sorrow, despair, hurt and loneliness.

The best way to truly understand and lend support is to hear someone’s voice and see the expressions they display as they communicate.

Every day we get notifications from social media and at times we learn that some of our friends and family are going through life challenges and we send a response or check in assuming they are OK and strong enough to get through whatever the problem is.

Later we hear or see that they are engaged in self-destructive behaviors to deal with their problems and in some cases they attempt to escape their pain by attempting suicide.

We then question ourselves and wonder what could I have done to help?

There is a way for us to possibly help reduce and or eliminate those self-destructive alternatives—Make Time to Talk and Listen.

The MTTL method is an acronym I thought of, which means when engaging family, friends and co-workers, you convey a sincere desire to understand what they are truly going through.

Think about how many times in your life that you have struggled with something and couldn’t find your way to a solution and a friend, family member or co-worker asked what’s wrong? You start to talk and when the conversation is done you say thanks for your help, I feel so much better and know what to do for things to get better?

Thinking back I bet that they said little to nothing but the fact that someone invested the time to listen and talk made all the difference.

If you ever find yourself using MTTL also remember to refer them to one or more of the professional assistance agencies on and off the installation.

These agencies mission is to help military members, cadets, retirees, family members and civilian employees. MTTL could make the difference in someone’s life.

For additional information and assistance to contact additional resources please contact the Installation Alcohol and Substance Abuse Program at 938-7693.

Celebrating Dr. Seuss

In conjunction with Dr. Seuss’s birthday and Read Across America, residents celebrated the LifeWorks event with West Point Family Homes with various activities March 2 at B126 Washington Road. The children started the event by coloring Dr. Seuss pages and put their party hat together. Once everyone arrived, an 8-year-old resident read two Dr. Seuss books to the residents. He read “Hop on Pop” and WPFH served popcorn while reading this book. When he read “One Fish Two Fish Red Fish Blue Fish,” WPFH gave the residents multi-colored goldfish going along with the theme. The children (above) had a wonderful time, especially when it was time to sing Happy Birthday and have a slice of Dr. Seuss cake and drink Lorax juice (below). At the end of the party, each child received a loot bag filled with Dr. Seuss bookmark, stamp, flash cards, eraser and pencils.
MWR Arts and Crafts offers projects to the community

Story and photo by Kathy Eastwood  
Staff Writer

The instructor greeted children and adults by name Feb. 23 for the Cookies and Canvas, dog and cat sunset painting project. The project starts out with a choice of colors for the background of the painting, blue and green for daytime and orange, yellow and red for sunsets with the silhouette of either a dog or cat as the main subject.

Most of the participants have taken courses from Barbara Pagan, the instructor, before and learned how to paint and create interesting craft projects.

Olivia Pitcher, who turned 9, celebrated her birthday party with the painting class.

“I like the classes and I like when Ms. Pagan says there is no right or wrong way to do anything here,” Pitcher said. “I really liked the Halloween tree with a bat that I painted during Halloween.”

Adults and kids also enjoy creating personalized wooden Lazy Susans, and learning an art form that is all the rage today, pallet painting.

“Children paint on small canvases while adults will use the bigger canvases,” Pagan said. “I always tell them that there is no wrong or right and it is their painting so they can do anything they want. It takes the pressure off. If parents are here, I tell them to do their own painting because some will want to help their children out.”

Although many of the painting projects are for children, families and adult members of the community also join in and many painting projects are themed, such as wine and paint for adults or pint size Picasso for children.

A beverage like apple juice and cookies are served during the painting sessions for children.

“We did Pint Size Picasso for children last week where the theme was “Starry, Starry Night” using Van Gogh’s famous painting,” Pagan explained. “We do a lot of classic artists because it’s an art history class too. We also use American artists that are still alive or cartoonists.”

“We don’t do just painting,” Pagan said. “There is a variety of craft projects like glass projects using glass fusion, which is melting glass in a kiln and painting wine glasses and placing them upside down on LED candles for a candle lamp and a lot of people have expressed interest in pallet art, especially American flags.”

Sewing projects are also available at certain times. A past project was sewing a fleece wrap sweater.

In painting projects, Pagan will detail paint strokes on a canvas while standing in the front of the class and show them how to use colors such as white to smooth out a painting with too much of one color. Although green is one color that isn’t necessarily available, Pagan has instructed the class about the art of mixing colors, such as blue and yellow to create green.

“I sometimes will pre-sketch a painting but only use a couple of lines in the sketch and the class builds it from there. Every person can accomplish painting,” Pagan stated.

Projects that involve tools like a nail gun for pallet art, which often requires the joining of two or more pieces of pallet wood; Pagan will use the nail gun while the children pull the trigger. This is a safe way for children to learn about tools in a safe manner.

“Wood is cut to size and we will give the children sandpaper to use on the wood,” Pagan said. “Safety is important. The instructors will place glass projects in the kiln and we will cut vinyl for whatever the class needs.”

The Arts and Crafts program also hosts summer camps of one to four weeks in the summer and runs from 10 a.m.-3 p.m. Monday through Friday.

“We do about 16 to 25 projects a week and the camp ends with an art show on Friday afternoon where children can show off their projects.”

For more information on the Arts and Crafts projects, call 938-4812.

Children go all in for an evening of painting with Arts and Crafts instructor Barbara Pagan Feb. 23 for the Cookies and Canvas, dog and cat sunset paintings. Pagan shows the technique for painting the background using various colors for either a blue or orange sky. Once the background is painted, the children will then paint either a dog or cat in silhouette.

The Arts and Crafts program through the Directorate of Morale, Welfare and Recreation offered paint night Feb. 23 with the theme Cookies and Canvas, dog and cat sunsets.
#USMA Social Scene

Instagram & twitter: @westpoint_usma
facebook.com/westpointusma

Thetoddcornett: Only at West Point do you get briefed by the Army Pacific Commander (4-star general) one day and have Dennis Rodman speak about North Korea and international relations the next.

Commandant.usmilitaryacademy: Proud to preside at Marcus Wildy’s (3rd RTO) promotion to Colonel. Here, his wife Adrienne and son Xavier change out his shoulder boards. Congrats to the entire Wildy family!
Most Holy Trinity Catholic Chapel events

Most Holy Trinity Catholic Chapel has events through the Lent season.
- Every Friday through Lent—Stations of the Cross—6-7 p.m.;
- March 29—Lenten Reconciliation Service—6:30 p.m.;
- April 9—Palm Sunday procession—10 a.m., from religious education to MHT;
- April 13—Holy Thursday Mass of The Lord’s Supper—7 p.m.;
- April 14—Good Friday Service of the Cross—5 p.m.;
- April 15—Holy Saturday Easter Vigil—10 p.m.;
- April 16—Easter Sunday—10:30 a.m. Service.

EDUCATION and WORKSHOPS

FAST Class
The FAST Class to help service members with their ASVAB/AFCT score improvement is scheduled 5-8 p.m. March 20-April 27. The class meets three days a week during the six-week course on Monday, Wednesday and Thursday. Enrollment forms can be obtained from your education counselor. The enrollment form, signed by the student’s commander, must be returned by April 10. An AFCT (in-service ASVAB) is administered at the end of the course. A DA Form 4187 is required. For details, call 938-3464/5389 or email Nancy Judd at nancy.judd@usma.edu.

Army Education Center
College courses are offered through the Army Education Center at West Point, located at 683 Buckner Loop. Undergraduate classes:
- Mount Saint Mary College—Call Shari Seidule at 845-446-0535 or email shari.seidule@msmc.edu;
- Saint Thomas Aquinas—Call Eric Rodrigue at 845-446-2555 or email ERodrigue@stac.edu.
Graduate studies:
- John Jay College of Criminal Justice—Master’s Degree in Public Administration—Call Jennifer Heiney at 845-446-5959 or email jjcwestpoint@yahoo.com;
- Long Island University—Master’s Degrees in School Counseling, Mental Health Counseling and Marriage and Family Counseling—Call Mary Beth Leggett at 845-446-3818 or email marybeth.leggett@liu.edu.

Army Personnel Testing programs
The Army Education Center at West Point offers Army Personnel Testing (APT) programs such as the AFCT, DLAB, DLPT, SIFT through the DA and DLI. Tests are free of charge to Soldiers. Call the Testing Center at 938-3360 or email gwenn.wallace@usma.edu for details or an appointment.

Employee Assistance Program
West Point Garrison offers an Employee Assistance Program that provides free and confidential counseling for civilians, family members and retirees.

DANTES testing
The Army Education Center at West Point offers academic testing programs through the Defense Activity for Non-
FEATURED EVENT

West Point Brew Fest
Join the West Point Club from 6-9 p.m. April 7 for its inaugural Brew Fest. Vote for your favorite local and national brews. Enjoy live music and get a free drinking glass.

There is a minimal fee for this event. For more details, call 938-5120 or visit thewestpointclub.com.

JUST ANNOUNCED

Growing Up in the Digital Age
Join parents, students and teachers from Highland Falls-Fort Montgomery CSD, West Point Schools and the Garrison Union Free School District to attend a documentary about the biggest parenting issue of our time—“Screenagers: Growing Up in the Digital Age.”

The screening is scheduled for 7 p.m. March 22 at the Highland Falls Intermediate School Auditorium. There is no cost to attend, but please register at https://impactflow.com/event/1544.

For more details, call 938-2092.

FOR THE ADULTS

Ski Special Cadet Discount Week
• Class of 2020—Plebe Parent Discount—through Sunday. Hours available to get the discounts: 3-9 p.m. Monday-Friday; 9 a.m.-7 p.m. Saturday and 9 a.m.-5 p.m. Sunday. For details on special discounts, call 938-8810.

2017 West Point Racquetball League
The Family and MWR Sports office will conduct the 2017 West Point Racquetball League open to all USMA personnel 18 years of age and older.

The League will be held on the fourth floor of Arvin Cadet Physical Development Center.

This will be a monthly league with different formats being held from month to month. The second months league sign-ups are ongoing.

For more information, contact James McGuinness at 845-938-3066 or by e-mail at jim.mcguinness@usma.edu.

Winter Bowling Leagues
The MWR Bowling Center is seeking individuals who may be interested in playing in a winter bowling league. No experience is needed.

The Bowling Center has openings on Sunday, Monday and Thursday nights.

If interested, contact Edward Marvin@usma.edu or call 938-2140 for details.

FOR THE FAMILIES

MWR Fitness Center’s Shamrock 5K
The MWR Fitness Center’s Shamrock 5K is scheduled for Saturday with a shotgun start at 8 a.m.

Race day registration begins at 7 a.m. Register today at http://tiny.cc/MWRShamrock. There is a minimal fee for this event. Cadets can run free, but must register. There are free T-shirts to the first 100 pre-registered runners. For more details, call 938-6490.

Events with Leisure Travel Services
Join Leisure Travel Services for its February and March events. The upcoming event includes:
• Monday—Philadelphia Flower Show. Leave West Point at 8 a.m., leave Philadelphia at 4 p.m. Don’t miss the nation’s largest flower show. Tickets available at the door;
• March 17—St. Patrick’s Day Parade in NYC. Leaves West Point at 10 a.m., leave NYC at 4:30 p.m. See New York’s greenest parade march up Fifth Avenue.

There is a minimal fee for transportation with LTS. For ticket pricing, reservations and more details, call 938-3601.

Arts & Crafts March and April classes (updated)
• Tuesday—Pint Size Picasso—Georgia O’Keeffe, 3:30-4:30 p.m. Supplies included;
• March 21—Pint Size Picasso—Degas, 3:30-4 p.m. Supplies included;
• March 28—Pint Size Picasso—Frida Kahlo, 3:30-4:30 p.m. Supplies included;
• April 4—Pint Size Picasso—Mary Cassatt, 3:30-4:30 p.m. Supplies included;
• April 6—Little Impressionists—10:30-11 a.m. For ages 2 and up;
• April 11—Pint Size Picasso—Van Gogh, 3:30-4:30 p.m. Supplies included;
• April 18—Pint Size Picasso—Monet, 3:30-4:30 p.m. Supplies included.

New at Arts & Crafts—Pick your own projects. Choose a day and time that works for you.
• Tuesday, March 16, 28 and 30—Pick your own project, 10 a.m.-7 p.m.;
• March 18—Pick your own project—9 a.m.-3 p.m. Projects include Canvas painting, featuring many of the Wine and Paint and Cookies and Canvas offerings that Arts & Crafts has had in the past. Pallet Painting—featuring 4"x24"signs, 12"x12" signs, 14"x24" signs and Lazy Susans.

Make a one of a kind piece for your home or as a gift. Glass Fusion—featuring small dishes, ornaments and cheese boards. Registration is required for all classes. There is a minimal fee for the classes. For more details, call 938-4812.

Easter Bunny Morning Egg Hunt
Come out to the West Point Club from 10 a.m.-noon April 8 for its annual Easter egg hunt.

There will be two hunts for children: Ages 1-6 and ages 7-11. Enjoy Easter Bunny photos, egg coloring, cupcake decorating, bounce houses and a manicure station. There is a minimal fee for this event. Two adults per child limit.

For more details, call 938-5120.

Easter Sunday Brunch and Egg Hunt
Join the West Point Club April 16 for its traditional Easter Brunch. There are two seatings and egg hunts will be available.

The first seating at 11 a.m. takes place in the Pierce Room with an egg hunt at 12:30 p.m.

The second seating at 1 p.m. is in the Grand Ballroom with an egg hunt at 2:30 p.m. There is a minimal fee for this event.

Last day to cancel is April 13. To make reservations, call 938-5120.

CYS Sports Winter Swimming sessions
Registration is now open for the winter beginner and intermediate/advanced swim sessions.

There will be an eight-week session for beginners, a six-week session for intermediate, and two eight-week sessions for advanced.

Register now to reserve your spot. For more details and pricing, call 938-8525.

Ski Lesson registration
The West Point Ski Lesson registration at Victor Constant Ski Area is ongoing. Patrons can register from 9 a.m.-5 p.m. Monday-Friday.

For more details, call 845-938-8810.

FOR THE YOUTHS

CYSitters Babysitting Course
The Babysitting Course is designed to familiarize teens with the responsibilities of babysitting and also teach skills and techniques needed for sitters to become competent and caring.

Students will receive training materials, a certificate of completion and a wallet size babysitting course card.

There is course from 9:30 a.m.-2:30 p.m. Saturday for ages 12 and up with a minimal fee at the Lee CDC.

To register, call 938-3969.

CYS Sports Soccer and Baseball registration
Recreational soccer and baseball registration for West Point residents and off-post residents runs through March 13.

Registration will only be granted to children whose physical will run through the full 10-week session.

Recreational soccer games will be played from 5-6 p.m. Mondays and Wednesdays.

Recreational baseball games will be played from 5-7 p.m. Tuesdays and Thursdays.

For pricing and more details, call 938-4458.

West Point School Age Center Summer Camp
The School Age Center offers weekly summer camp programming for children in kindergarten through fifth grade.

The West Point SAC provides a variety of experiences for children through planned and developmentally appropriate activities and experiences that promote learning and exploration.

Weekly sessions begin June 12.

To request summer camp care, log on to militarychildcare.com anytime beginning Wednesday.

For more details, call 845-938-4458/0939.

CYS Services need Soccer and Baseball coaches
CYS Sports is looking for coaches for our spring recreation soccer and baseball season.

There will be four divisions for soccer and three divisions for baseball.

For details, call 938-8896.

CYS Services needs Basketball coaches
Child, Youth and School Services is looking for coaches for its winter recreation basketball season.

There will be four divisions: Little Shooters for 4 year olds, Training League for 5-6 year olds, Collegiate League for 7-8 year olds and Jr. NBA for 9-11 year olds.

Training and Collegiate Leagues will take place between 5-8 p.m. on Mondays and Wednesdays and the Jr. NBA will take place between 6-8 p.m. on Tuesdays and Thursdays.

Little Shooters will take place from 10-10:45 a.m. on Saturday mornings.

For details, call 938-8896.
Keller Corner

Save the Date: 2017 American Red Cross Blood Drive at West Point

The 2017 American Red Cross Blood Drive will be held from noon-7 p.m. March 27-29 and noon-6 p.m. March 30 at West Point’s Eisenhower Hall.

The Blood Drive is open to active and reserve duty military members, cadets, dependents, retirees and civilians.

The need for blood (whole blood), platelets, plasma and power red is constant, and your contribution is important for a healthy and reliable blood supply.

Donation types are identified as:

• Blood (or Whole Blood)—This is the most common type of donation, during which approximately a pint of ‘whole blood is given.

• Platelets—Collected at select ARC blood donation centers. Platelets are a vital element of cancer and organ transplant treatments, as well as many surgical procedures as they help prevent massive blood loss.

Recieve more information at https://goo.gl/7M5Ow3.

• Plasma—Collected simultaneously with a platelet donation.

Recieve more information at https://goo.gl/fsU0Unj.

• Power Red—Collects the red cells, but returns most of the plasma and platelets to the donor.

For more information, visit https://goo.gl/dJK0r1.

Visit http://goo.gl/4rzZDK to learn if you are eligible to donate; or go to http://goo.gl/ucj6sl and schedule a blood donation appointment.

Help to quit smokeless tobacco is ‘Always’ available at West Point

The Great American Spit Out has passed, but the opportunity to stop using smokeless tobacco is always available at West Point.

Contact any one of these facilities for more information and/or to get help quitting.

Keller says “Thank You” to our Beneficiaries

A Thank you to Keller Army Community Hospital beneficaries. Through your input, via the Joint Outpatient Experience Survey (JOES), more than $256,000 was provided to 32 medical departments/clinics at Keller.

Keller Army Community Hospital ranked first in the Regional Health Command-Atlantic for patient satisfaction, at 98.8 percent, for the month of January in JOES.

Your returned JOES provided direct feedback on your experience, and a ‘satisfied’ survey provided Keller with additional funds.

These funds will assist Keller with improving access and quality of care; and will increase capabilities for “you” by allowing Keller to keep our medical facility up-to-date with the latest equipment and service available to you.

Thank you again for trusting Keller Army Community Hospital with your medical care.

Keller’s social media campaigns (every specified day) for March are:

• Monday—National Nutrition;

• Tuesday—National Athletic Trainer;

• Wednesday—Brain Injury Awareness;

• Thursday—Women’s History Month;

• Saturday—Irish & Greek Heritage.

March is Colorectal Cancer Awareness Month

By Gwendolyn Swinson
Population Health Nurse, Keller Army Community Hospital

Colorectal cancer is the fourth most common cancer in the United States and the second leading cause of death from cancer. Colorectal cancer affects all racial and ethnic groups, and is most often found in people ages 50 and older.

The best way to prevent colorectal cancer is to get screened regularly starting at age 50. People over the age of 50 have the highest risk of colorectal cancer. You may also be at higher risk if you are African-American, smoke or have a family history of colorectal cancer.

There are a few no signs or symptoms of colorectal cancer—that’s why it’s so important to get screened.

To increase awareness about the importance of colorectal cancer screening, Keller Army Community Hospital is proudly participating in Colorectal Cancer Awareness Month. Locally, in Orange County, New York, there were 164 average annual cases of colorectal cancer between 2009 and 2013.*

“The U.S. Preventive Services Task Force (USPSTF) recommends screening for colorectal cancer using fecal occult blood testing or colonoscopy in adults, beginning at age 50 years and continuing until age 75 years,” Lt. Col. Troy Prairie, MD, director of Primary Care Department at Keller, said. “The clinical evidence supporting these screening recommendations is vast and receives the highest recommendation given by the USPSTF (Grade: A Recommendation). In other words, the benefits of screening are proven to outweigh risks and save lives.

“Here at Keller Army Community Hospital we highly recommend screening by a colonoscopy performed by our general surgery team,” Prairie added.

If the study is normal (no polyps or cancer), the procedure is repeated every 10 years until you turn 75 and then it becomes a case by case discussion between you and your physician whether screenings should continue.

If you prefer not to have a colonoscopy, we are happy to discuss yearly testing through the use of Fecal Immunochemical Test. However, colonoscopy is more accurate and the preferred method.

To discuss your colon and rectal cancer screening options, call the Keller Appointment Line at 845-938-7992 and schedule an appointment with your primary care provider today.

Everyone can take these healthy steps to help prevent colorectal cancer:

• Get screened starting at age 50;

• Quit smoking and stay away from secondhand smoke;

• Get plenty of physical activity and eat healthy.

For more information, visit www.TRICAREonline.com, or the public website at http://kach.amedd.army.mil.

Our team of providers, nurses and medics at Keller stand ready to help every patient develop a goal directed diet and exercise program tailored to your individual needs.

Call today to schedule an appointment aimed at reducing your risk of colorectal cancer.

(EDITOR’S NOTE: *National Cancer Institute and CDC – CDC State Cancer Profile 2009-2013.)

LifeWorks

• Spring forward: Don’t forget to “Spring Forward” one hour and replace the batteries in your smoke detector at 2 a.m. Sunday. Spring ahead as Daylight Savings Time begins.

• St. Patrick’s Day celebration: WPFH invites you to participate in a St. Patrick’s Day Scavenger Hunt from 10-11:30 a.m. March 17 at B126 Washington Road.

After the hunt, every child will try their Irish luck to open the treasure chest filled with prizes.

To register, email jgellman@bbcgrp.com by Tuesday with number of children. Don’t forget to wear green attire.

• Melody in Motion with Desrae: Sing children’s songs, dance with ribbons, play instruments, marching in parade and more from 3:30-5 p.m. March 27 at B126 Washington Road. We will enjoy a variety of music from a variety of countries with a variety of movements.

To register, email jgellman@bbcgrp.com by March 23.

MOVIES at MAHAN

Theatre schedule at Mahan Hall, Bldg. 752.

Friday—“Split,” PG-13, 7:30 p.m.

Saturday—“Sing,” PG, 7:30 p.m.

Saturday—“XxX: Return of Xander Cage,” PG-13, 9:30 p.m.

March 17—“Beauty and the Beast,” 7:30 p.m.

March 18—“Beauty and the Beast,” 7:30 p.m.

(For movie details and updated schedules, visit www.shopmyexchange.com/reel-time-theatres/West-Point-1044343.)

West Point Command Channel

Channels 8/23

Army Newswatch

Thursday, Friday and Monday-March 16

8:30 a.m., 1 p.m. and 7 p.m.
Women’s Basketball advances to PL Semifinals

By Matt Faulkner
Army Athletic Communications

Aliyah Murray’s double-double and Madison Hovren’s 23-point performance propelled the Army West Point Women’s Basketball team to a 83-76 win over Colgate in the Patriot League Quarterfinals on Monday at Christl Arena.

The third-seeded Black Knights (22-8) move on to play second-seeded Navy on Friday night as the Mids escaped a scare from Lafayette, but had a big fourth quarter to secure the rematch with Army.

Hovren had a game-high 23 points and added seven boards, while Murray had 12 points and 11 rebounds for his seventh double-double of the year. Janae McNeal finished with 15 points, while the Morris twins finished with 11 points each. Daizjah Morris helped Army overcome an early deficit and ended up with a team-high four steals.

Colgate (10-20) had three players in double figures, including rookie Rachel Thompson, who recorded a double-double with 13 points and 10 rebounds and caused Army a lot of problems. Kateri Stone had a team-high 17 points and Katie Curtis finished with 15.

Army highlights and game notes
• The 83 points scored were the fourth highest point total this season and the most since scoring 90 against Mercy College on Dec. 17.
• The 83 points scored were the most in the postseason for Army since the Black Knights beat Colgate, 89-62 in last year’s quarterfinals on March 7.
• The Black Knights and Colgate played their eighth postseason contest and 64th all-time meeting.
• This was the fourth Patriot League quarterfinal matchup between the two schools in the last five seasons and Army has a 5-3 record in postseason against the Raiders and won its 42nd game against Colgate.
• Army secured a spot in the Patriot League semifinals for the fourth consecutive year and the win gave the Black Knights 22 wins for the sixth time in program history.
• Daizjah Morris started her 30th game of the season and is the lone Army player with starts in every game.
• Murray turned in her seventh double-double of the season and has one in three of her last five games.
• The Patriot League Defensive Player of the Year had a career high three blocks.
• Hovren had seven rebounds and is now eight boards shy of the sophomore record for the Black Knights which is held by Pam Pearson ‘86.
• Army had four players in double figures for the first time since the American game on Feb. 11.
• The Black Knights are now 17-2 when leading at the half and 21-2 when ahead in the final five minutes of the game.
• Army finishes the year 13-3 at home and the Black Knights have at least 13 wins at Christl Arena for the fourth straight season.

Turning point
• McNeal made a steal after a Hovren layup and converted on the fast break to put Army on top 64-59 with 9:19 remaining in the game. Colgate was only down one prior to the Hovren layup and Army made it a five-point game in a matter of seconds.

How it happened
• The Raiders jumped out to an early 12-4 lead but Army chipped away and tied the game with a Murray jumper at 18-18 to end the quarter. The Black Knights closed the quarter on a 10-4 run, including four points from Murray.
• The Black Knights were having trouble taking the lead in the second, but Cori Schnell buried a three-pointer to give Army a 34-32 lead with 3:31 left in the frame and Army built the lead up to 41-36 at the break.
• Hovren had 13 points and three boards in the first 20 minutes and Daizjah Morris had a great first half with seven points, four assists and three steals.
• Army opened up a nine-point lead at 45-36 in the first few minutes of the second half with Hovren and Libby Tacka scoring back-to-back layups.
• Colgate hung around and capitalized with a 10-2 run to take a 57-56 lead on a step back three from Stone, but Tacka responded for the Black Knights on the next possession with two points and they never gave up the lead again.
• The Raiders closed the gap again and Army had a 60-59 lead at the end of three.
• A short 7-2 run, highlight by McNeal's steal and layup after a Hovren score, sealed the win for the Black Knights in the first few minutes of the fourth.
• Army did struggle at the free throw line, but Daizjah Morris and Destinee Morris drained two each from the charity stripe in the final minutes for the 83-76 win.
Wrestling finishes fourth at EIWA Championships

By Stephen Waldman
Army Athletic Communications

The Army West Point Wrestling team closed out the Eastern Intercollegiate Wrestling Association (EIWA) Championships March 4 with a fourth-place finish and qualified two more cadet-athletes for the NCAA Championships at Sojka Pavilion in Lewisburg, Pennsylvania.

Senior co-caption Russ Parsons and junior Andrew Mendel each earned a berth to the national tournament, joining senior Samson Imonode. Parsons competed in his first-career EIWA Championship finals in three years, finishing as the runner-up at 157 pounds March 4 in Lewisburg, Pa. It will be Parsons’ first appearance at the NCAA Championships, becoming the 14th cadet to make three or more appearances at the bid dance.

Imonode will be making his second showing in as many seasons, while Mendel qualified for the national tournament for the first time in his career.

Army highlights and match notes
• The Black Knights placed fourth at the conference tournament for the second year in-a-row.
• This is the first time since the 1990-91 and 1991-92 seasons Army has finished with consecutive top-five finishes, having placed fourth in both of those years.
• Army placed seven Cadets on the podium in their respective weight classes, the most since the 2006 tournament when it earned seven place winners.
• Freshmen Trey Chalifoux and Ben Harvey and sophomore Rocco Caywood all placed in their debut at the EIWA Championships.
• Senior co-caption Logan Everett earned the 30th bonus-point victory of his career with a technical fall to open the final day of the tournament.
• Parsons competed in his first-career EIWA Championship finals in three years, finishing as the runner-up at 157 pounds.
• The Clinton, N.J., native earned his 10th-career victory at the conference tournament in the semifinals with a 10-2 major decision.
• All three of Parsons’ victories in the tournament came with bonus points with a pin, technical fall and major decision throughout the two-day event.
• Mendel earned the most wins for Army in the tournament with five, having also earned two bonus-point wins throughout the season.
• The Mason, Ohio, native earned his first victory of the season against a ranked opponent in his first bout of the second day which qualified him for the NCAA tournament.
• Imonode, who qualified for the national tournament on day one, earned his 70th-career victory in the third-place match.
• The Phoenix native documented his fourth-career victory against a ranked opponent in that match, taking down Binghamton’s Steven Schneider for the second time this season.

How it happened
• 125 lbs.—6-seed Trey Chalifoux (5th):
  1-2.
  Semifinals: L, MD, 12-0 vs. 2-seed #10 Josh Terao (American);
  Cons. Semifinals: L, 7-5 vs. 8-seed Jordan Gessner (Bucknell);
  Fifth Place: W, 9-4 vs. 3-seed Tanner Shoap (Drexel).
• 141 lbs.—5-seed #19 Logan Everett (6th):
  1-2, Technical Fall.
  Cons. Round of 4: W, TF, 18-2 vs. 8-seed Jacob Macalolooy (Columbia);
  Cons. Semifinals: L, 12-5 vs. 3-seed #16 Tyler Smith (Bucknell);
  Fifth Place: L, 3-2 vs. Dylan Caruana (Binghamton).
• 157 lbs.—2-seed #12 Russ Parsons (2nd):
  1-1, Major Decision.
  Semifinals: W, MD, 10-2 vs. 6-seed Mike D’Angelo (Princeton);
  Finals: L, 4-2 vs. 4-seed Dylan Palacio (#7 Cornell).
• 165 lbs.—6-seed Andrew Mendel (3rd):
  3-0.
  Cons. Round of 4: W, 10-8 vs. 2-seed #22 Cole Walter (#11 Lehigh);
  Cons. Semifinals: W, SV-2, 7-5 vs. 4-seed Jonathan Virtue (Brown);
  Third Place: W, 5-2 vs. 3-seed Tyrel White (Columbia).
• 174 lbs.—7-seed Ben Harvey (7th):
  1-1.
  Cons. Round of 4: L, MD, 11-0 vs. 6-seed #22 Jon Schleifer (Princeton);
  Seventh Place: W, 6-1 vs. Anthony Lombardo (Binghamton).
• 184 lbs.—4-seed #25 Samson Imonode (3rd):
  2-1.
  Semifinals: L, Fall at 4:24 vs. 1-seed #1 Gabe Dean (#7 Cornell);
  Cons. Semifinals: W, 4-1 vs. Jason Grimes (American);
  Third Place: W, 5-3 vs. 2-seed #15 Steven Schneider (Binghamton).
• 197 lbs.—Rocco Caywood (6th):
  0-3.
  Semifinals: L, 3-1 vs. 1-seed #12 Tom Sleigh (Bucknell);
  Cons. Semifinals: L, 6-0 vs. 7-seed #30 Jeric Kasunic (American);
  Fifth Place: L, MD, 11-2 vs. 2-seed #14 Brett Harner (Princeton).

Coaches corner
• Head coach Kevin Ward—“I think we wrestled better than we have all season as a team. Eight of our 10 guys competed to an equal or better level than their seed. “We put seven guys on the podium and are guaranteed three in the NCAA Championships. Logan Everett should be joining that group as well, deserving an at-large bid to the tournament.”

Up next
• The Black Knights will send seniors Samson Imonode and Russ Parsons and junior Andrew Mendel to the Scottrade Center in St. Louis on March 16-18 for the NCAA Championships.
Army Softball completes sweep at Patriot Classic

By Stephen Waldman
Army Athletic Communications

The Army West Point Softball team completed its 5-0 weekend at George Mason’s Patriot Classic with victories over Columbia and Fairfield Sunday.

The Black Knights improved to 11-4 on the season, while Columbia dropped to 1-6 and Fairfield fell to 2-6.

Army highlights and game notes
• Army is now 4-6 against Columbia in the all-time series and 16-17 versus Fairfield.
• The Black Knights are currently on an 11-game winning streak.
• With the win over Columbia, the Cadets defeated a non-conference opponent three times in a single season for the first time when it won against Delaware 4-2, 4-3 and 7-0.
• Freshman Emily Ballesteros and sophomore Ashley Yoo led the offensive effort on the weekend, hitting at a clip of .412 (7-for-17) with six RBIs each.
• Ballesteros recorded two doubles, a triple and scored twice, while Yoo scored three runs and had a double and triple.
• In the circle, Kristen West captured two of Army’s five wins as the senior allowed just one earned run in 8.1 innings of work (0.84 ERA).
• Sophomore Renee Poirier also picked up a pair of complete games while tossing 15 innings, allowing four earned runs and tallying a team-high 11 strikeouts.

Lineup breakdown vs. Columbia
• Yoo (2B): 2-for-3 with a run scored
• Trotter (RF): 1-for-1 with a run scored
• Ballesteros (3B): 1-for-3 with a double and an RBI
• Ontiveros (C): 0-for-2 with a walk and a run scored
• Gaff (1B): 0-for-3
• Gray (DH): 0-for-3
• Rashenskas (SS): 1-for-3 with an RBI
• Poirier (P): 1-for-2
• Swafford (LF): 1-for-2 with a triple
• McKinney (CF): N/A

• Poirier (P): Seven innings, eight hits, two runs (zero earned runs), two walks, seven strikeouts

Facts & Figures
• Army scored two runs on seven runs and committed two errors, while Columbia totaled two runs on eight hits and had one error.

How it happened vs. Columbia
• After shutting down the Lions in the top of the first, the Black Knights sprinted out to a 3-0 advantage.
• It started with a leadoff single by Ashley Yoo, who scored on a throwing error that advanced Amelia Trotter to second.
• Emily Ballesteros followed that up with an RBI double to left field, before Katie Ontiveros scored on an Alee Rashenskas single.
• Columbia notched its first hit against Renee Poirier on the season in 6.1 innings in the second inning with an RBI infield single from Ashley Yoo that plated Taylor Gaff.
• The score would remain until the fifth inning, when Alee Rashenskas scored on a wild card.
• Rashenskas drove in the final run of the contest with another bases-loaded walk that plated Ballesteros.

Sophomore second baseman Ashley Yoo led Army West Point’s offensive effort going 7-for-17 with six RBIs as the Black Knights went 5-0 over the weekend, including wins over Columbia and Fairfield Sunday.

Lineup breakdown vs. Fairfield
• Yoo (2B): 3-for-5 with a triple and four RBIs
• Trotter (RF): 1-for-4 with a walk
• Ballesteros (3B): 2-for-3 with two walks and a run scored
• Ontiveros (C): 0-for-4 with a walk and a run scored
• Kim (DH): 0-for-3
• Hartman (PH): 0-for-0 with a walk
• Gaff (1B): 1-for-2 with two runs scored and an RBI
• Rashenskas (SS): 0-for-0 with four walks, two runs scored and an RBI
• West (P): 1-for-2 with a walk, run scored and RBI
• Smith (P): 0-for-1
• Swafford (LF): 1-for-3
• McKinney (CF): N/A

• Poirier (P): Four innings, four hits, one run (earned), one walk, one strikeout
• Smith (P): Three innings, one hit, zero runs, three walks

Facts & Figures
• The Black Knights totaled seven runs on nine hits and one error, while Fairfield notched one run on five hits and one error.

How it happened vs. Fairfield
• Army opened the scoring in the second inning with an RBI infield single from Ashley Yoo that plated Taylor Gaff.
• Fairfield answered in the bottom half of the frame with a fielder’s choice to even the score at 1-1.

Sports calendar

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<tr>
<th>Friday</th>
<th>March 22</th>
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<tbody>
<tr>
<td>7:05 p.m.—Hockey vs. Mercyhurst, Tate Rink.</td>
<td>3:30 p.m.—Softball vs. Yale (DH), Army Softball Complex.</td>
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<th>Saturday</th>
<th>March 24</th>
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<tr>
<td>7:05 p.m.—Hockey vs. Mercyhurst, Tate Rink.</td>
<td>3:30 p.m.—Women’s Tennis vs. Holy Cross, Lichtenberg Tennis Center.</td>
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<tr>
<td>7:05 p.m.—Hockey vs. Mercyhurst, Tate Rink.</td>
<td><strong>View the upcoming Army West Point Black Knights Schedule at <a href="http://www.goarmywestpoint.com/calendar.aspx?vttype=List">www.goarmywestpoint.com/calendar.aspx?vttype=List</a>.</strong></td>
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<th>Monday</th>
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<td>3 p.m.—Men’s Lacrosse vs. NJIT, Michie Stadium.</td>
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